

That Tired Feeling

Is a dangerous condition directly due to depleted or impure blood. It should not be allowed to continue, as in its debility the system is especially liable to serious attacks of illness. It is remarkable how beneficial Hood's Sarsaparilla is in this enervating state. Possessing just those elements which the system needs and readily seizes, this medicine purifies the blood, and imparts a feeling of strength and self-confidence. Hood's Sarsaparilla is the best remedy for that weakness which prevails at change of season, climate or life.

Hood's Sarsaparilla

"I believe it is to the use of Hood's Sarsaparilla that I owe my present health. In the spring, I got so completely run down I could not eat or sleep, and all the dreaded diseases of life seemed to have a mortgage on my system. I was obliged to abandon my work, and after seeking medical treatment and spending over \$50 for different preparations, I found myself no better. Then my wife persuaded me to try a bottle of Hood's Sarsaparilla. Before the first bottle was gone I began to amend. I have now used two bottles and have gained 22 pounds. Can eat anything without it hurting me; my dyspepsia and biliousness have gone. I never felt better in my life." - W. V. EULOWS, Lincoln, Ill.

Makes the Weak Strong

"Early last spring I was very much run down, had nervous headache, felt miserable and all that. I was very much benefited by Hood's Sarsaparilla and recommend it." Mrs. J. M. TAYLOR, 1119 Euclid Ave., Cleveland, O.

"I was very much run down in health, had no strength and no inclination to do anything. I have been taking Hood's Sarsaparilla and that tired feeling has left me, my appetite has returned, I am like a new man." CHAUNCEY, LATHAM, North Columbus, Ohio.

Hood's Sarsaparilla

Sold by druggists. \$1; six for \$5. Prepared only by C. I. HOOD & CO., Lowell, Mass.

HAGYARD'S YELLOW OIL

FOR EXTERNAL AND INTERNAL USE.
The Quickest, Surest and Best Remedy for Rheumatism, Neuralgia, Lumbago, Sore Throat, and all Stiffness, Soreness and Lameness. It stops all pain, and cures Sprains, Bruises, Burns, Frost Bites, Chills, Headaches, Chafing, etc. For Croup, Colds, Croupy, etc., from 10 to 20 drops on sugar taken internally, gives quick relief. Price 25c.

The Emulsion of the D.L. Cod Liver Oil

AND THE Hypophosphites of Lime and Soda.

No other Emulsion is so easy to take. It does not separate nor spoil. It is always sweet as cream. The most sensitive stomach can retain it.

CURES

Scrofulous and Wasting Diseases. Chronic Cough. Loss of Appetite. Mental and Nervous Prostration. General Debility, &c.

Beware of all imitations. Ask for "the D. & L." Emulsion, and refuse all others.

PRICE 50c. AND \$1 PER BOTTLE.

JARVIS RECORD

IS PUBLISHED
Every Wednesday Morning,
AT ITS OFFICE,
JARVIS, - ONT.,
MAIN STREET.

SUBSCRIPTIONS—\$1.00 Per Year when paid in advance, or \$1.50 when not so paid.

Rates for regular advertisements made known on application.

TRANSIENT ADVERTISEMENTS—Eight cts. per line for first insertion and four cents per line for each subsequent insertion. Local Notices—Ten cents per line for each insertion. Farms to Rent, Strayed Cattle, etc., three insertions for \$1.00.

Excellent facilities for all kinds of Job Printing. Good presses, new type and experienced workmen. Prompt attention given to all orders by mail.

J. W. RODGERS,
Editor and Proprietor.



JARVIS RECORD.

Wednesday, August 5, 1891.

How to Keep Health.

DON'T WORRY ABOUT DISEASES THAT YOU DO NOT HAVE.

(From the Monthly Bulletin.)
One of the best ways to keep in good health is not to think or worry too much about it. If you feel strong and well don't imagine that some insidious disease may be secretly attacking your constitution. Many people are like the inexperienced traveller, who anxiously enquired about the symptoms of sickness and how he should know when he had it. One generally knows when he is sick and frequently many supposable alarming symptoms prove upon investigation, to be either perfectly natural occurrences or of very slight importance.

Eat and drink what you desire, as long as it agrees with you. Your stomach knows pretty well what it can digest. Plain, simple food is desirable as a general thing, but the luxuries of the table, in moderation, will do no harm. Alcoholic beverages are not fit for habitual use. They are true medicines, and should only be used like any other medicines—under the advice of a physician. As a regular beverage they can do no good, but will almost certainly do harm.

Take all the sleep you can get, but remember that the necessary amount varies greatly for different persons. Some must sleep at least nine hours, while others thrive under six. Only don't rob yourself of what you really need. The "midnight oil" is a terribly expensive illuminant to burn either for purposes of labor or study.

Always treat a common cold with great respect. Ninety-nine times out of a hundred it will get well anyway, but the hundredth cold, if neglected, may lead to bronchitis, pneumonia or consumption. It is best to take no such chances.

If you are sick enough to need any medicine at all, beyond the simple remedies familiar to all, you are sick enough to need the attendance of a physician. By all means take as much exercise as you can and be in the open air as much as possible. Outdoor life is the natural condition of mankind, and the more one can have of it the better.

Fresh air, sunlight, good and sufficient food, pure water, outdoor exercise, temperance in all things and a cheerful disposition are the chief remedies in nature's dispensary and are worth more than all the drugs and medicines in the shops. Dr. Holmes has truly said that if nine-tenths of all medicines, patent, proprietary and otherwise in the world were poured into the ocean it would be all the better for mankind and all the worse for the fishes, and the best physician can do little without good nursing and thus aid nature in throwing off disease.

For Over Fifty Years

Mrs. Winslow's SOOTHING SYRUP has been used by millions of mothers for their children while teething. If disturbed at night and broken of your rest by a sick child suffering and crying with pain of cutting teeth send at once and get a bottle of "Mrs. Winslow's Soothing Syrup" for Children Teething. It will relieve the poor little sufferer immediately. Depend upon it, mothers, there is no mistake about it. It cures Diarrhoea, regulates the Stomach and Bowels, cures Wind Colic, softens the Gums, reduces inflammation, and gives tone and energy to the whole system. "Mrs. Winslow's Soothing Syrup" for children teething is pleasant to the taste and is the prescription of one of the oldest and best female physicians and nurses in the United States. Price twenty-five cents a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup." 16

Fall wheat is expected to yield from 30 to 40 bushels per acre in Oxford county.

Only Six Times, But Effective.

(A Story by Walter Besant.)

One poor man—he is now dead—I knew, who was ruined half a dozen times by drink in a very curious, and, I believe, unique manner. He was miserable enough about his sins, but his penitence never drove him to get drunk. Quite the contrary. Drink ruined him, and yet he was drunk exactly six times during his whole life and no more. Most unfortunately these were the very days when he ought not to have got drunk. He had, I believe, a weak and excitable head. As a rule he drank very little. Now, the first time he got drunk was when he was made captain of his school, and got a scholarship for the university. He drank champagne and it went to his legs, and he met the head master. Result, loss of his place and his scholarship. The next time he got drunk was the night before the final examination for his degree. It was of the highest importance to him that he should take a good degree; if he did himself justice he was sure of a good first and of a fellowship. Unluckily he got drunk on the very evening when he should have gone sober and early to bed: the next day he was a wreck, and failed altogether. In the end he took a third.

After this he renounced scholarship and went into journalism. He did pretty well, writing leading articles, and making a good income and being perfectly steady, though of course he had the reputation of the man who had got drunk and lost his first. Then there came a moment when a certain editorial chair was vacant. He knew that he was mentioned for it. He got drunk, and was seen by the proprietors in a condition of hot coppers and imbecility. So he failed. He then got engaged to be married. Will it be believed that he got drunk the very evening before the wedding and was seen in that condition by the unhappy bride and all her friends? Result: marriage ceremony not performed. So he remained a bachelor. And there was once a lawsuit in which his evidence was all-important. He got drunk the day before the case came on. When he went into the box his brains were addled and the case was ruined. Lastly, he got drunk on his birthday—I believe his sixtieth—went home in a pelting rain, took pneumonia and died. "I've only been drunk six times in my life," he lamented, with his latest breath, "and each time it has ruined me. For a tenth part of the penalty that I have paid for these six times most men might have got drunk every night of their lives. If I had it to do all over again I would, too." And in this impenitent frame of mind he departed.

"Just as Good."

Say some dealers who try to sell a substitute preparation when a customer calls for Hood's Sarsaparilla. Do not allow any such false statements as this induce you to buy what you do not want. Remember that the only reason for making it is that a few cents more profit will be made on the substitute. Insist on having the best medicine—Hood's Sarsaparilla. It is Peculiar to itself.

In the cities and towns where business is dull this summer the cry is, the crops, the crops—wait till they move, then money will be plenty. Fortunately in most parts of the country crops are abundant and of fine quality. It may possibly bring anew to the commercial and speculative mind remembrance of the fact that do as men may the prosperity of a country comes out of the ground, in one shape or another. The farmer and the stock raiser literally carry the world on. In years when crops are abundant the merchant looks to sell goods, because the farmer will buy generously. The railroads expect good dividends, for they earn large freight money carrying the agriculturist's products to market. In view of these facts the lawmakers, business men and railways may well understand that their success does not lie in squeezing the farmer, but in making freights, taxes, mortgages and everything else as easy for him as possible. His prosperity means the prosperity of all.

Nicole's Notes.

"I suffered continual pain from canker of the stomach and my face and body were almost covered with pimples. I tried Burdock's Blood Bitters, the first dose occasioned slight pain, but I soon found relief, and after taking 5 bottles I became completely cured. I think B.B.B. the most powerful remedy known to science."—Stephen Edge, Nicolet, P. Q.

The British Court of Appeals has reversed the verdict of the lower court giving \$1,500 damages to Miss Wiedmann in her suit against Capt. the Hon. Horace Walpole for breach of promise.

Buzz-z-z-z-zip.

There he is again, first on my nose, then in my ear, and I dare not open my mouth for fear he should fly down my throat. Hello, John, just run over to the drug store and buy a packet of Wilson's Fly Poison Paste, I can't stand this any longer. Price 10c. Sold by all druggists.

The Empire correspondent at Windsor reports that the wheat yield in Essex county will average over 30 bushels to the acre. Other crops promise an abundant yield, including fruit, with the exception of apples.

Minard's Liniment cures Diphtheria.

HARD TIMES PRICES!

Having engaged the services of a first-class woodworker, Mr. George Livingstone, who has worked in the village for some time, I am now prepared to do all kinds of work on shortest notice.

—Parties in want of a—
BUGGY, DEMOCRAT, or WAGGON,

would do well to call before purchasing elsewhere.

ORDERED WORK A SPECIALTY!

HOESE SHOEING DONE ON SHORTEST NOTICE.

Repairing promptly attended

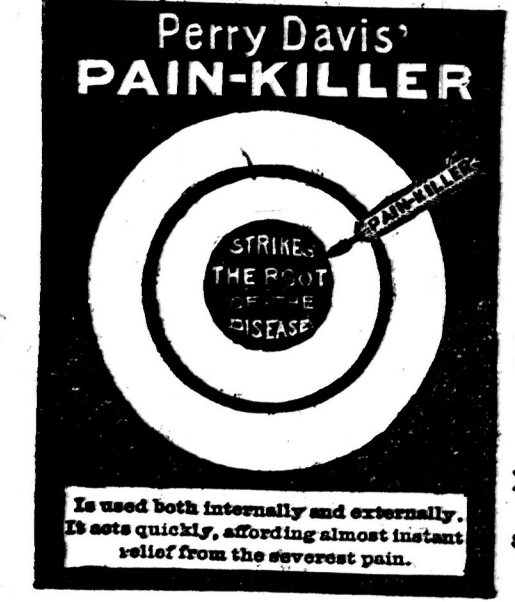
ALLEN ROSS.

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Diseases of the Lungs, Asthma

Are cured. The method, quick and certain, is aided by excellent and most effective remedies. After four weeks' use a decided relief will be felt. Send full accounts of symptoms and address, enclosing postage stamps for answer.

36 "HYGIEA OFFICE," New York.



Is used both internally and externally. It acts quickly, affording almost instant relief from the severest pain.

BURDOCK

Regulates the Stomach, Liver and Bowels, unlocks the Secretions, Purifies the Blood and removes all impurities from a Pimple to the worst Scrofulous Sore.

BLOOD

→ CURES ←
DYSPEPSIA. BILIOUSNESS. CONSTIPATION. HEADACHE. SALT RHEUM. SCROFULA. HEART BURN. SOUR STOMACH. DIZZINESS. DROPSY. RHEUMATISM. SKIN DISEASES.

BITTERS

THE LARGEST SCALE WORKS IN CANADA.

OVER 100 STYLES OF

HAY SCALES,

GRAIN SCALES,

FARM SCALES,

TEA SCALES,

IMPROVED SHOW CASES

MONEY

DRAWERS

Meat Choppers

AND BUTCHERS' SUPPLIES

ADDRESS IN FULL. Write for terms.

C. WILSON & SON,

8 ESPLANADE STREET EAST

TORONTO, ONT.

Mention this paper every time you write.

DIRECTLY TO THE SPOT.

INSTANTANEOUS IN ITS ACTION.

For CRAMPS, CHILLS, COLIC, DIARRHOEA, DYSENTERY, CHOLERA MORBUS, and all BOWEL COMPLAINTS.

NO REMEDY EQUALS

THE PAIN-KILLER.

In Canadian Cholera and Bowel Complaints its effect is magical. It cures in a very short time.

THE BEST FAMILY REMEDY FOR

BURNS, BRUISES, SPRAINS, RHEUMATISM,

NEURALGIA AND TOOTHACHE.

SOLD EVERYWHERE AT 25c. A BOTTLE.

Beware of Counterfeits and Imitations.

LOOK! LOOK! LOOK!

—GO TO—

M. C. BROWN & SON,

—SIMCOE—

The Largest Retail Harness Shop in the Province,

AND SAVE MONEY.

Carriage Harness, Single Harness, Team Harness, Lap Dust-

ers, Wool Rugs, Rubber Rugs, Stable Sheets, Cooling

Blankets, Fly Nets, Buggy Mats,

Trunks, Valises, Satchels, Whips, Curry Combs, Brushes,

Sweat Pads, Riding Saddles, Rubber Horse Covers,

Halters, etc., in endless variety.

Customers can save 10 per cent. and upwards on all purchases.

Call and be convinced.

M. C. BROWN & SON, - SIMCOE, ONT.

As the Season Advances Our Prices Fall.

\$1,500.00 WORTH OF SUMMER GOODS

That must be sold within the next Two Months regardless

—of cost, in—

Summer Dress Goods, Wide Embroidered Flouncings,

Allover Embroideries, Checked Muslins and Seersucker,

Flannelettes and Gingham, Tweeds and Pantings,

Ready-Made Clothing,

Men's and Boys' Hard and Soft Felt Hats, Men's and Boys'

Straw Hats, Ladies' Jackets and Parasols.

ALL MILLINERY AT HALF REGULAR PRICES.

Special Cash Discount on Boots and Shoes, and Staple Dry

Goods at mill prices.

Everybody Invited to Attend This Sale.

AT SCOFIELD'S

PORT DOVER

Headquarters for Hardware, Paints, Oils, Carriage Goods, Harvest

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