AN OPEN LETTER

All Sufferers From Angemia and Kindred Troubles.

Mr. Wm. Wilson, of Sarnia, Teils How He Regained Health After an Illness of Over Two Years.

Mr. William Wilson, who is well known to the citizens of Sarnia, Ont., writes: "It affords me much pleasure to be able to add my testimony to the great benefit that I have derived from your famous Dr. Williams Pink Pills. It is now a little more than two years since I became afflicted with anaemia. During that time I have received almost continuous treatment from medical men of the highest rank in their profession, yet apparently deriving no benefit. Indeed I continued to grow worse until I became unable to walk. I came to the conclusion that I was deriving no benefit from the treatment and decided to give it up. It then was the question, what shall I try? Having read the testimony of so many who had suffered in a simtlar manner and who had received great benefit from your Dr. Williams' Pink Pills, I decided to give them a

It is now about three months since commenced to take your pills and to-day I feel almost completely restored. Two weeks after I began to take the pills I felt a decided improvement. Three months ago when began to take your pills my flesh looked like wax, and my face, feet and legs were badly swellen. These conditions have all disappeared and to-day my color is natural and my blood vessels full of good rich blood. It will afford me pleasure to recom-mend Dr. Williams' Pink Pills to any one suffering from anaemia or kindred ailments.'

fair trial.

Dr. Williams' Pink Pills are praised amongst the highest in the land, as a strengthening and tonic medicine, whether for men, women or children. They are not like other medicines, nor can they be imitated, as is sometimes dishonestly pretended by dealers who offer substitutes. that the package bears the full name. Dr. Williams' Pink Pills for Pale People, and in case of doubt send direct to Dr. Williams' Medicine Co., Brockville, Ont., which will supply the pills postpaid at 50e a box or \$2.50 for six boxes. There pills cure all disorders which arise from impoverished blood, such as muscular weakness, loss of appetite, shortness of breath, pains in the back, nervous headache, early decay, all forms of female we kness, hysteria, paralysis, ocomotor ataxia, rheumatism and

The Mamie "Taylor."

Washington is reveling in a new drink invented by a group of correspondents. It is called the "Mamie know why. This is the recipe: Squeeze a lime in a tail, thin glass; drop the lime in the glass; put in a handful of cracked ice; pour a good-

ared hooker of Scotch whisker over and drink. The drink has superseded Scotch high-bails and all the rickeys.-Wash-

Diarrhoea Checked.

ington correspondent, St. Louis Dis-

At this season of the year many persons are subject to this dread malady, but no one need suffer when such a helpful remedy as Polson's Nerviline is to be had. A few drops taken in a teaspoonful of warm water once or twice is sure to check it. For all stomach disorders, headache, rheumatism, neuralgia, etc., nothing can excel Nerviline. Prompt, pleasant and efficient. Try it. Sold by all dealers. Send loe to N. C. Polson & Co., Kingston, Ont., for a trial outfit of their guaranteed cure for catarrh and asthma.

Life-Saver Rewarded.

The Chairman and Board of Investigating Governors of the Royal Canadian Humane Association have unanimously awarded a medal to Mr. P. MeD. Liddell for promptitude and conspicuous bravery in saving Edwin Gully from drowning at Brockville, on Jan. 11th, 1900. Also a parchment certificase to Mr. Liddell for promptitude and courage in saving a child from drowning in July, 1899.

Defined.

Willie-Pa, what's a p-h-i-l-a n-t-hr-o-n-1-8-t? Pa-My son, he is a man who spends

his time influeing other people to spend their money for charity-Philadelphia Press.

Miller's Grip Powders cure.

A Reasonable Explanation. Squire (engaging coachman) - Are you married?

Coachman - No, sir. These 'ere scratches came from a cat.—Punch.

Painting Dresses.

One of our most wisely alert importers has hit upon a novel and valuable idea. As you know, these splendid imported pattern dresses are here today and sold to-morrow, and that's the end of them. But that is so no more-in this one instance at leastfor the importer engaged a water colorist to catch and fix their fleeting beauty upon paper. So here they are, securely embalmed for the future reference of the firm, as well as eustomers who came too late to possess. If one or more of the best examples of each year are preserved how valuable and interes ag a collection would the harvest of many years yield.

That weak, tired condition will soon change by the use of Miller's Compound Iron Pills. 50 doses 25 cents.

I want to help you to grow as beautiful as God meant you to be when He thought of you first.-Geo.

THE CAPABLE WOMAN

We hear so much of the capable woman that we have come to regard her with awe, without wholly understanding why we do so. "A capable woman" sounds solid and comforting somehow, even if we don't know just what kind of a woman she is and do not know where among our acquaint. ances to locate her.

I am not quite sure that I can throw a great deal of light upon that matter. I won't admit that I don't know a capable woman when I see one, but I am doubtful of being fully able to explain her. First of all, she belongs to no social class and is-formed by no special training. If she is found among the highest ranks she will see no degradation in being useful, and if she needs the comforts of life she will seek them by means of her talents without a thought of the social consequences. That is the reason that trade has so far encroached upon the life of swelldom. If she is middle class she believes that hands were made to be used, and faithfulness in the performance of her duties is the only course open to an honorable woman. If she comes from the lower class she accepts work as her sa vation.

The capable woman is a good, allround worker. There is no woman's work she cannot do, and do without fuse and bother, even while always active. She seems to have as many eyes as a fly, judging from results, yet her efforts are never obtrusive. If she has servants they respect her and would no more think of offering her rudeness than of taking possession of the drawing room when their labors for the day were finished.

Minard's Liniment Cures Distemper.

Shopping in Scotland. It has been said that the Scottish dialect is peculiarly powerful in

ite use of vowels, and the following dialogue between a shopman and a customer has been given as a specimen. The conversation relates to a plaid hanging at the shop door: Customer (inquiring the material)

-Oo ? (wool ?) Shopman-Ay, oo (yes, of wool). Custome"-A' oo? (all wool?) Shopman-Ay, a' oo ? (yes, all wooh. Custome"-X' ae oo? (all same

Snopman-Ay, a' ae oo (yes, all same wool).- Weekly Telegraph.

St. Martin, Que., May 16, 1895. C. C. RICHARDS & CO.: Gentlemen,-Last November child stuck a nail in his knee causing

inflammation so severe that I was advised to take him to Montreal and have the limb amputated to save his A neighbor advised us to try MIN-ARD'S LINIMENT, which we did, and

within three days my child was all right, and I fee so grateful that I send you this testimonial, that my experience may be of benefit to

LOUIS GAGNIER. linard's Liniment Cures Colds, etc.

Lighten . Postman's Load. A reform whilch is being pushed in burdens of the postman. The people who write ale earnestly requested to use light weight paper and never two sheets where one would be sufficient. The promoters of the reform have some formidable figures to illustrate what the total reduc-tion in weight would be if the suggestions were carried out.

If the child is restless at night, hascoated tongue, sallow complexion, a dose of Miller's Worm Powders is what is required; pleasant, harmless.

Why They Go.

She-And, no doubt, many young fellows will get married to avoid being sent to the front. He-Great many more will go to the front-to avoid being married !-

Ally Sloper.

Minard's Liniment Cures Diphtheria. Egotists cannot converse; they talk

to themselves only .- A. B. Alcott.

CORNS CORNS WARTS.

An Absolutely Safe and Painless

Putnam's **Painless Corn and Wart** Extractor.

Everybody speaks well of "Putnam's Extractor." It is painless and prompt, and is positively he only remedy for removing corns and warts that does all that is claimed for it.

When the ordinary corn remedies are used the sufferer is obliged to lay up for several days, perhaps for a week, but with Putnam's Painless Corn and Wart Extractor such is not the case.

Painless Corn and wart Excellent the case.

"Putnem's" can be applied at night before retiring, and you rise in the morning without the slightest pain or discomfort about the sore part. About three applications, perfectly pain-ing, are sumplent to bring the offender out by

the route in the often you have used corn remailes without success you will not be disappearated if yourse "Putnam's." Try it. It alwits cures.

Sold by all declers in medicine, or sent by mail for 25c by N. C. POLSON AND CO.

s Rheumatism of the back. The cause is Uric Acid in the blood. If the hidneys did their work there would be no Uric Acid and no Lumbago. Make the kidneys do their work. The sure, positive and only cure for Lumbago is

Dodd's Kidney

Why He Called it "She." It was deliberately planned and executed in cold blood.

They were talking of summer vacation plans, and she wanted to know if he could afford a certain trip on which she had set her heart. "Well, I don't know," he replied. "She isn't very plentiful now."
"She!" exclaimed his wife. "What

do you mean by 'she'?" "Why, money, of course," he swered, apparently astonished the question. "And why do you use the feminine

pronoun in speaking of money?" demanded. If anything, he seemed more sur-prised than before. "Money talks, doesn't it?" he asked.-Chicago Post.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for Ist of testimonials.

Address, F. J. CHENEY & CO. Toledo, O. Sold by druggists, 75c.

Sold by druggists, 75c. Hall's Family Pills are the best.

Testator Making Use of His Will A recent will taken into court in an eastern city contains large bequests, but the estate is not believed to be worth a dollar. The lawyer who "was one of the cutest men I ever saw: I had to write that will four times before I got every word to suit him. My own lies was that he who, by the way, is mentioned in the will for a bequest, and who had been helping him right along financially. I think he wanted to get more

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure.

25c. E. W. Grove's signature is on each box.

Not Up to Date.

Salesman-The very latest Bible? Yes, ma'am, this is it. Lady-It has a place for family records. I suppose? Salesman-Yes, ma'am, for all of

them. Births and marriages and deaths. Lady-That's not the latest. I

want one that has a place for divorces.-Philadelphia Press. Yes, it is true, I was very weak and

Miller's Compound Iron Pills made me

Bicycle Factories in Germany. Germany has thirty-six fewer bicycle factories than it had last year, and only a few of the largest establishments are making meney.

A dose of Miller's Worm Powders occasionally will keep the children

As Things Go. "My cook broke three \$2 teapots

in one month." "How dreadful!" "Yes: then I bought a 10-cent one,

and it has lasted a whole year."

Mrs. G. Howell, Dante, Ont., says I find Miller's Worm Powders a good medicine

Knew the Photograph? A Post-office was opened in a growing town in Australia, and on the first day a man entered it in order to cash a Post-office order. The new postmaster, puffed up with dignity of his office, examined the order, and said: Yes, you've signed it ' J. Brown'; but how am I to know you are J.
Brown?" The man produced his
handkerchief, "Look," he said, "my name's marked in the corner." "Pshaw," grunted the other, "you probably stole it." "Here it is again on my shirt." "Probably stole that, The man was in despair. He too." knew no one in the town, and had no more money. Then a brilliant idea struck him. He put his hand in his pocket, and produced a photograph. "Look here," he said, "here's my The postmaster examinportrait." ed it carefully. "Quite right," said, and handed him the money.

That which is called liberality is frequently nothing more than the vanity of giving, of which we are more fond than of the thing given.-RocheMARTE THE GREATEST ONOS

Every girl has a desire to be at least pleasant looking. She may not long to be a great beauty, indeed she may be artisfied with what is known as an agreeable face, but she can achieve nothing unless she possesses one jewel—the jewel that endows her with charm, grace and loveliness—the with charm, grace and loveliness the jewel that is called good health. The girl of the last generation—she of the chignen and crinoline, of tiny waists, of narrow shoulders, and, worst of all, of the head piled with false hair—is a thing of the past. In Hawaii they have a proverb: "If strong be the frame of the mother, her sons will make laws for the nations," and surely every girl can understand as she looks into that future wherein she hopes to be wife and mother how necessary it is for her to have the greatest of all blessings, good health.

The girl who is dyspeptic, bilious and nervous, with her stomach con-

timually fermenting, is not the girl to succeed in any position in life. It is impossible with a splitting headache to manage a set of books correctly, and if a back aches so that it feels as if composed of a thousand shricking nerves, is it probable that a girl can work or even enjoy herself? Copying many of the follies of England we have also copied one of her virtues the cultivation of good health. As a result the girl of to-day, especially the girl of good breeding, is upright, well formed, has a finely poised head, while round and about her is a suggestion of physical perfection. Few sports are kept from the English maiden. She begins by swinging the croquet mallet, soon learns to play tennis; controls the golf stick and rides well, but, best of all, she can walk well, and holds herself erect, whether she sit or stand.—Pittsburg

New vigor and energy are soon at tained by the use of Miller's Compound Iron Pills. 50 does 25 center

" He Done His Level Best." Mrs. Snail-So you have returned, sir, after deserting me and the children two years ago.

Mr. Snail—Deserted you! Why, my

dear, I only went out to the woodshed to get some kindling ! Minard's Liniment Cures Garget in

All the possible charities of life night to be cultivated, and when we can neither be brethren nor friends let us be kind neighbors and pleasant acquaintances. — Edmund

Indolence is the mother of misery.

NOTICE TO HORSE OWNERS. It is a well-known fact that Horses troubled with Heaves, if placed on Prairie pasture, are soon cured of the heaves.

PRAIRIE WEED Heave Powder Is composed of the Prairie Weed "which has been found so effectual in curing Heaves," combined with other valuable remedial agents and will prove an effectual remedy for Heaves and Coughs in Horses and Cattle.

25 cents per package at all Druggists, or ma

WANTED.

Agents, in EVERY TOWN and VILLAGE in CANADA, to sell Made-to-measure Tailor-made Cloth-

For particulars apply to

ISSUE NO 27, 1900

When your throat and lungs are perfectly healthy you needn't worry about the germs of consumption. They don't attack healthy people. It's the weak, debilitated, inflamed membranes that are first affected. Hard coughs and colds weaken your throat and lungs and make consumption more easy. If your lungs are weak

soothes and heals and gives tone and strength to these delicate membranes. In this way you can prevent consumption. And you can cure it also if you haven't had it too long. Keep taking it until your lungs are strong and your weight restored. SCOTT & BOWNE, Chemista, Toron ********

Berlin now has a school for women librarians. One of its two courses of instruction lasts six months, and is for the training of librarians for the ordinary public libraries, while the other, of three years, prepares the students to take their places at the heads of scientific libraries.

FRUIT FARM FOR SALE.

One of the finest in the Niagara Peninsula, as Winona, 10 miles from Hamilton, on two rail-ways. 170 acres, 45 of which is in fruit, mostly peaches. Will be sold in lots to suit purchasers. This is a bargain. Address JONATHAN CARPENTER, P.O. Box 499, Winona, Ont,

VIRGINIA HOMES.

You learn all about Virginia lands, soil, water, climate, resources, products, fruits, berries, mode of cultivation, prices, etc., b reading the VIRGINIA FARMER. Send 10c. for three months' subscription to

Farmer Co., Emporia, Va.

LIVE AGENTS Seek PROGRESSIVE COMPANIES See our new "Illness" and 'Return Premium plans. Agents (Men or Women) even without experience, wanted in your locality. Insurance in force over Eighty Million. Star Life Assurance Society, Toronto.

PERMANENTLY CURED BY DR.
Kline's Great Nerve Restorer. No
fits or nervousness after first day
use. Send to 30 Arch street, Phile
delphia, Pa., for treatise and free 32 trial bettle
For sale by J. A. Harte, 1739 Notro Dame street

For particulars apply to

Grown 610thing 60., Toronto.

Mrs. Winslow's Soothing Syrup should atways be used for Children Teething. It soothes the child, softens the gums, cures wind college and is the best remedy for Diarrhose. Twenty-five cents a bottle.

All Refiners Make Sugar -But-ST. LAWRENCE SUGAR REFINERY

Makes THE SUGAR.

Their Granulated is.

100 Per Cent. Pure. -IT PAYS TO USE IT.-



If You Worl

A Washington who has finishe and Scotland, w ed to hear him ed, is now on in Russia, in which ready well know tion of transl In the following sent for publicat a prescription fo riment and illust pathy for all wh struggle. The 12, "and his di Jesus." An outrageon

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to hear it, then cry it aloud to th and the waters. that was willing a tender pathos most admirable my text, "They He could unders and he immedia burdens are not heavy to carry put under the off We find Christ, Hi grief, standing ar ciples, who, with ticulations and v outery of bereav their wee. Raph brush putting upo some scene of sac skillful a stroke hand of the evar went and told Jes I feel that I brit propriate message all your griefs in them on fire with altar. The prescri sorrow of the dis your headraches. I Godfrey and his a capture Jerusalem nacles of that bear that had marched shout that made the you soldiers of Je: on toward heaver day, by some glea of God's mercy ar you might be lift joicing, and that its peace breaks gaze you might ra

inna to the Lord! In the first place ened souls who are comes a time in al history when he fee that he has an err thought may not ha fell him. It may be in an evening cloud hot summer day. of that impression. another will stimula ent spirits, and anot deeper into seculari times a man canno impressions. The fac finds out that his e upon a perfect uncert next moment his foot do something violent forget where he star Some of you croud

and you bite the du ment you might ris conqueror. Driven : you have been by sin To relax the grip o soul and plant your upon the golden thre tortures of the bloo Him. With the bear He will break down dungeon. From the crown He will pic make your brow victory. In every cheek, in every gas every long, blackention from shoulder grave shattering. death groan, I hear that cometh unto m cast out. You will neve

in any other that the broad extend to you tended. King A timepieces were vide the day in hours each, and candles. By th dle had burned hours had gone. candle had bur other eight ho when all the thi out then the day that some of us. our days and nigh earthly timepiece them by the numb and mercies which and out, never to be last we be amid the who cried, "Our lam; Again, I commend he disciples to all

have heard men they had never betion. If you have ft is because you right. A man

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wind lying on your oars