

TRENCH'S REMEDY FOR EPILEPSY AND FITS

IMPORTANT NOTICE
A BRANCH OFFICE has been established at 107 St. James' Chambers, Toronto.
REDUCTION IN PRICE
This important change permits of prices being reduced to those prevailing in Europe, namely—Full package, \$12.00; half do., \$6.50; quarter do., \$3.75; postage and express charges extra.

STRENGTH AT DIFFERENT AGES.
Years in Which It Increases—When It Fails Most Rapidly.

According to excellent authority the muscles, in common with all organs of the human body, have their periods of development and decline, our physical strength increasing up to a certain age and then decreasing. Tests of the strength of several thousand individuals have been made and the following figures are given as the averages derived from such tests.
The lifting power of a youth of 17 is 260 pounds, in his twentieth year this increases to 320 pounds and in the thirtieth and thirty-first years it reaches its height, 365 pounds. At the expiration of the thirty-first year the strength begins to decline, very gradually at first. By the fortieth year it has decreased eight pounds and diminution continues at a slightly increasing rate until the fiftieth year is reached, when the figure is 330 pounds.
Subsequent to this period strength falls more and more rapidly until the weakness of old age is reached. It is found impossible to obtain trustworthy statistics of the decline of strength after the fiftieth year, as the rate varies greatly in different individuals.—From the London Globe.

Killing Two Birds.
A neatly dressed woman rushed into a Euclid avenue grocery yesterday and priced the different sizes of pots of baked beans that the grocery keeps put up hot ready to take home and serve.
"I guess the small size will do," she said, hesitating.
"How many do you desire to serve?" inquired the clerk, ready to advise.
"Oh, I'm not buying them to serve," the customer replied. "Of course I shall use them, but I'm getting them to keep my hands warm on the car. I came away from home without either muff or mittens."—From the Cleveland Plain Dealer.

CURED HIS RHEUMATISM

Yarmouth, N. S. June 2nd, 1903.
"I have been bothered with Rheumatism for the past year and have taken a good many kinds of medicines and found no relief for it. One day a friend advised me to try Minard's Liniment and after taking only one bottle of it, I felt like a new man.
"I thought I would write you a few lines to let you know how thankful I am for the relief they gave me, and would advise all sufferers from Rheumatism to get Minard's Liniment."
W. M. CONY.
Sample free if you write National Drug & Chemical Co. (Dept. H.L.), Toronto, Ont. Dealers have 50c bottles at a box of \$2.50.

Inns With Literary Associations.
According to the legend, the Spaniards Inn, still in existence, dates its rendezvous of Dick Turpin, and it is said that in the stable there he stalled his Black Bess. But the Spaniards has other associations. Its tea garden was certainly the spot that Dickens chose for Mrs. Bardell and her party to take tea in. Jack Straw's Castle is quite as well known. Washington Irving mentions it in "The Sketch Book." In "The Tales of a Traveller" Irving makes Dribble, the poor scribbler of Grub Street, say that during his rambles he visited Hampstead and occasionally took his dinner at the castle. It is with Dickens, John Foster, Maclise and their friends, however, that Jack Straw's Castle is most intimately associated. In the bedroom which Dickens occupied may still be seen the chair in which the novelist used to sit.—From the Westminster Gazette.

FREE TO OUR READERS.
Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedy. Your Special Case. Your Druggist will tell you that Murine Relieves Red Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

He Showed Him.
A local physician who acts as examiner for an accident insurance company, said that he has to be watchful in order to keep the company he represents from being "set up" on accident claims.
"A man was in my office," he said, "who said that he had fallen from a street car. I examined his arm, and though there were a few bruises on it it didn't appear to be badly hurt.
"How high can you raise it?" I continued, and he answered by raising his arm with apparent difficulty until his hand was a few inches above his head.
"Pretty bad," I commented. "Now show me how high you could raise it before this accident happened."
"He lifted it easily then 'way up in the air, and it wasn't until I began to laugh that he realized that he had exposed himself. He cleared out in a hurry then."—From the Louisville Courier-Journal.

DODD'S KIDNEY PILLS
CURE FOR KIDNEY DISEASE
RHEUMATISM
BRIGHT'S DISEASE
DIABETES
R23 THE PR

"HOWLERS." Unconscious Humor in Pupils' Essays.

The schoolboy "howler" is always popular. The following selection from a large number which were sent in for a prize essay competition arranged by the London University Correspondent are excellent examples of the mistakes which pupils perpetrate:

Women's suffrage is the state of suffering to which they were born. The earth is an obsolete spheroid. Lord Raleigh was the first man to see the invisible Armada. Shakespeare founded "As You Like It" on a book previously written by Sir Oliver Lodge. Tennyson wrote "In Memorandum" King Edward IV. had no claim by geological right to the English throne. George Eliot left a wife and children to mourn his geni. The capital of Russia is St. Petersburg on the Duma. The Test Act of 1673 was passed to keep Roman Catholics out of public houses. Henry I. died of eating paltry. Louis XVI. was gelayined during the French Revolution. The Rhine is boarded by wooden mountains. Gender shows whether a man is masculine, feminine or neuter. James I. died from argue. An angle is a triangle with only two sides. Algebraical symbols are used when you don't know what you are talking about. Geometry teaches us how to bisect angles. Parallel lines are the same distance all the way, and do not meet unless you bend them. The whale is an amphibious animal because it lives on land and dies in the water. A parallelogram is a figure made of four parallel straight lines. Horse power is the distance one horse can carry a pound of water in an hour. The magnesium salt in the sea creates the effervescence when the tide comes in. If the air contains more than 100 per cent. of carbonic acid it is very injurious to health. Gravitation is that which if there were none we should all fly away. The press to-day is the mouth organ of the people. A vacuum is a large, empty space where the Pope lives. Martin Harvey invented the circulation of the blood. A deacon is the lowest kind of Christian. The isles of Greece were always quarrelling as to which was the birthplace of Homer; Chaos has the most right to claim him.

Ostriches in Australia.
There are now about 2,000 ostriches in Australia and, although the industry was first established nearly 30 years ago, and despite the fact that it has at different times been the recipient of Government assistance, it can hardly be called a flourishing one. A great many of the birds were imported from South Africa, where there are many flourishing farms devoted to their culture. The outlook is a little more promising and the latest to embark in the business have been more successful, profiting by the failures and the experiences of those who were the pioneers.

Minard's Liniment Co., Limited.
Gentlemen—I have used MINARD'S LINIMENT from time to time for the past twenty years. It was recommended to me by a prominent physician of Montreal, who called it the "great Nova Scotia Liniment." It does the doctor's work; it is particularly good in cases of Rheumatism and Sprains.
Yours truly,
G. G. DUNSTAN,
Chartered Accountant.
Halifax, N. S., Sept. 21, 1903.

Tool Hardening by Gas.
The use of the gas furnace for forging, tempering and hardening steel is a successful invention of a Scotchman. The instruments and tools are made. The old "hearths" are disappearing, replaced by small, clean gas furnaces, which are not only economical in space and cost of running, and comparatively clean and neat, but furnish a uniform temperature of any desired degree, thus avoiding damage to the steel through "burning," or irregularity of temperature. The working of the furnaces is economical, because the gas can be cut off the moment the operation is finished.

TO CURE A COLD IN ONE DAY
Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.
Crime Increasing.
Whereas in 1850 there was only one convict to every 3,400 of population in the United States, in 1890 there was actually one prisoner to every 750 inhabitants. During the last thirty years we are told that our criminal population has increased, relatively to population, by one-third.—Bench and Bar.

Minard's Liniment Cures Diphtheria.
Showing Oxen at Pennsylvania Shop.
The shoeing of two yoke of oxen at the Embreeville smithy a day or two ago was such an unusual event as to attract a great deal of curious interest and awaken much reminiscence. Thirty years ago the shoeing of oxen in winter was a general custom, but of late it is rare that the cumbersome beasts of burden are shod. Indeed, there are few oxen in Chester county these days, and it is probable that there are not half a dozen stocks in the county where oxen may be swung and shod.
It is seldom that one meets an ox team on the highways, and when he does it is regarded with curiosity. So unaccustomed, in fact, is the sight of a pair of plodding steers under the yoke that horses—even well-mannered country horses—sneer at them, and pass unnoticed the modern automobile, which used to terrify the rural equine.—West Chester Local News.

ARE YOU WEAK AFTER SICKNESS?

Now is the Time to Enrich Your Blood, Strengthen Your Nerves, and Get Real Well.

You can profitably take a page from the volume of Mrs. Geo. E. Amarilla's experience—she has been through the mill—she knows. "The many months of almost sleepless depression, the nervous fears and the sleepless nights I might have prevented—to think of them is almost enough to make me ill again. A little care and just a simple remedy at first would have averted a long serious illness.
"In the spring, two years ago, I had typhoid fever. I gained in weight, but my flesh was puffy and my strength feeble. I was easily tired, and my color not good. But I depended on a hit-or-miss constitution to keep it off, and kept on doing more than I ought. The result was collapse and came a nervous character. From the improvement 'Ferrozone' has made, giving me strength, color and endurance, it is reasonably certain that had I used it when I first felt poorly my strength would speedily have been restored. I can strongly urge those recovering from illness, those who feel ill, in fact every one who needs better health can quickly gain it by using 'Ferrozone.'
You eat into nourishment, because it contains blood-making and nerve-strengthening qualities. These are the reasons why it builds up the weak and cures the sick. Try one or two Ferrozone Tablets with your meals, and watch the gain. Fifty cents per box, six for \$2.50, all dealers, or the Cattarhoxone Co., Kingston, Canada.

FERROZONE BUILDS UP THE WEAK

Rapid Radiograms.
Radiograms may now be made with the same rapidity as ordinary photographs. This has been accomplished by a German inventor, who has devised an induction coil which produces one sudden and very intense spark, and this makes it possible to take an instantaneous radiogram. The effect is produced by using a fuse in place of the interrupter in the primary circuit, and the current is melted when the proper intensity of the current is reached, thus very suddenly breaking the circuit and producing an intense discharge. The exposure is from 1-50 to 1-250 of a second, and as it is a simple matter to replace the fuse, a large number of exposures can be made in the course of an hour. The fuse consists of a small silver or copper wire.

Dr. Morse's Indian Root Pills
exactly meet the need which so often arises in every family for a medicine to open up and regulate the bowels. Not only are they effective in all cases of Constipation, but they help greatly in breaking up a Cold or La Grippe by cleaning out the system and purifying the blood. In the same way they relieve or cure Biliousness, Indigestion, Sick Headaches, Rheumatism and other common ailments. In the fullest sense of the words Dr. Morse's Indian Root Pills are

A Household Remedy
How the Mule Got His Mate Up.
The street was slippery and the driver pulled at the reins. The mules strained in their effort to turn the wagon. One slipped. The next moment it was down and mixed up in the harness. The driver swore—and not gently.
"Twenty minutes now before I get that fool mule up," he grumbled as he left his seat on the wagon. But he didn't count on his feet looking at the one on the ground. Then he reached over and bit him on the "topknot." There was an animal grunt and a kicking of feet. Then without aid the mule got up. By the time the driver was back on his seat the mules were tugging again.—Kansas City Star.

FURS
Do you trap or buy Furs? I am Canada's largest fur dealer. I pay highest prices. Your shipments solicited. A day's mail and express charges; remit promptly. Also largest dealer in Beesfides, Cereals, etc. Quotations and shipping tags sent free.
JOHN HALLAM, TORONTO

Bargain Days.
They're here.
Hats are "off."
Boas are sacrificed.
Stockings are down.
Coats are actually "cut in half."
Mused linens are often great bargains.
Why not put by an umbrella for a rainy day?
A pair of rubbers or overshoes is a safe investment.
Fur hats of the popular sorts are down with a dull thud.
Bargains in blouses of every variety are scheduled for these post-Christmas days.

Minard's Liniment Cures Distemper.
Collapsible Steel Dam.
A collapsible steel dam has, says the Engineering Record, been in use for some time in Bear River Canyon, near Garland, Utah, about 35 miles above the point where this stream empties into Great Salt Lake. It is essentially a steel crest, built upon an existing crib dam of the Utah Sugar Company, which may be lowered to reduce the water level on the upstream side and enable drift-wood and floating matter that might injure the structure to be carried off. In order to place the steel dam in position it was necessary to cut down the old dam five feet, so that when the steel portion had been built it was at the same height as that of the original dam. The steel addition is hinged to the main structure in such a way that it may be folded into a longitudinal pocket or slot, reducing the height about four feet and eliminating the danger of water cutting around the ends of the structure during floods and washing out the canals and headgates.

PUBLIC PORTRAITS.

A Chance for Effective Decoration in Public Institutions.

It is the custom of banks, hospitals, universities, schools of medicine and public buildings such as city halls, State houses and Federal Halls to collect portraits of their representative leaders. Would not these buildings gain in dignity and beauty if the portraits were given a mural setting that contributed to the enrichment of the halls and chambers of the structure?
English country houses, guild halls, college buildings at Oxford and elsewhere, as well as many palaces on the continent, have successfully employed this kind of decoration. The country is particularly rich in portraits. Those are preserved with much care and become in some cases a feature of decoration in great houses, pointed to with pride.
There are collections of portraits owned by municipal and State buildings in this country which could be readily made available for really handsome decoration by removing the frames, which are often ugly objects in themselves, and with an architectural purpose arranging these pictures as a frieze above a high wainscoting.
An acquaintance who is planning a country house tells me that he is really building his house around the portrait, which he highly prizes, of his father. It is placed, set in, over the dining room fireplace and may be approached through a suite of rooms and seen at a distance of 90 or 100 feet.

OUR BURDEN BEARER.
The little sharp vexations,
And the brins that catch and fret;
Why not take pictures of these,
Who has never failed us yet?
Tell Him about the heartaches,
And tell Him the longings too;
Tell Him the baffled purpose
When we scarce know what to do.
Then, leaving all our weakness
With the One divinely strong,
Forget we bore the burden
And carry away the song.
Margaret D. Sangster.

CHILDHOOD INDIGESTION MEANS SICKLY BABIES
The baby who suffers from indigestion is simply starving to death. If it takes food it does the child no good, and it is cross, restless and sleepless, and the mother is worn out caring for it. Baby's Own Tablets always cure indigestion, and give the little one healthy, natural sleep. Mrs. A. P. Daigle, Lower Sappin, N. B., says: "For several cases of indigestion I think Baby's Own Tablets are worth their weight in gold. My little one suffered terribly from this trouble and the Tablets was the only thing that removed the trouble." Sold everywhere at 25c a box or by mail from The Dr. Williams' Medicine Co., Brockville, Ont.

New Indian Woman.
Glare-in-the-Sun, a member of the Spokane tribe, whose forebears hunted and fished and smoked, as they were inclined, while their faithful squaws did menial tasks without a word of complaint, created a sensation among the old timers in Riverside avenue when he appeared in a papoose with an ease and indifference seemingly born of practice.
His squaw, gown in a bright dress and shawl, walked by his side, apparently unconscious of any irregularity. Glare-in-the-Sun is a wealthy Indian and owns several tracts of land on the Columbia River.—Spokane correspondence Minneapolis Journal.

Minard's Liniment Cures Garget in Cows.
Police Sergeant Bradley's Latest Poem
If I should go to church one day in seven
And pious be, arise and speak,
What would my chances be of heaven,
If I raised a rim for all the rest of the week?
If I attended a meeting every night,
And should get up and sing and pray,
And then with every neighbor fight,
Would it avail me in the judgment day?
If I should hire a hall and preach,
And be as meek as Mary's little lamb,
And swear and steal all things within my reach,
Would such a religion be worth a d—?
Some have much scripture on the tongue,
And quote it in their defence,
They'll urge the aged and the young:
Ought heaven to be their recompense?
That's just what many people do,
Some preach and pray and some say mass,
We must discard that impious crew,
In every church these things all come to pass.
But list! We don't condemn the whole;
A few in every church oft bring disgrace;
True as the needle to the pole,
The church protects the home and helps the human race.
DOLLY'S ECONOMICAL WAYS.
"Did you peel your apple before eating it, Dolly?"
"Yes, mother."
"But where have you put the peel, dear?"
"Oh, I ate it first!"
ESPECIALLY AT THIS SEASON.
(Boston Transcript.)
Tom—My wife is an angel.
Dick—I notice she is always flying around.
SUBJECTIVELY.
Barber—Do you wish a close shave, sir?
Customer—Yes—a close mouthed shave, if you please.
"Here," exclaimed the railway official. "What do you mean by throwing those trunks about like that?" The porter gazed in astonishment, and several passengers pinched themselves to make sure that it was real. Then the official spoke again: "Don't you see that you're making big dents in this concrete platform?"—Newark Star.

SUNLIGHT SOAP



DON'T BE AFRAID
that Sunlight Soap will spoil your clothes. There are no ferocious chemicals in Sunlight Soap to bite holes in even the most delicate fabrics. \$5,000 are offered to anyone finding adulteration in Sunlight Soap.

Novelty in London Club Life
The fact that in all existing clubs it is against the rule to use the premises for business purposes has suggested the formation of a new club to combine business with social facilities. The promoters of the institution, the premises of which are in Piccadilly, have called it the London Club.
In addition to the ordinary club rooms there will be a "business reception room" where members can discuss business with each other. Boards will occupy the wall space, on which, by permission of the secretary, the details of business propositions will be displayed. Desire co-operation will be displayed.—London Evening Standard.

PILE CURED IN 6 TO 14 DAYS
PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c
Election Expenses.
Sir F. Delaval totalled seven votes in an attempt on Andover in the general election of 1768. An item in his election agent's bills is typical of the reckoning he had to pay: "To being thrown out of the George Inn, Andover, to my legs being thereby broken, to surgeon's bill and loss of time and business, all in the service of Sir F. Delaval, £500." Then in later times Lord Landaff won Dundarvan in 1868. The item, "£547, whisky," caused an eyebrow to twitch, and he faintly protested, "Beggorra," said his election agent, "if ye want to squeeze a pippin like that ye'll never do for Dundarvan."—From the London Chronicle.

Liebow Soap is delightfully retreating for bath or toilet. For washing underclothing it is unequalled. Cleanses and purifies.
SUFFERING.
(George Macdonald.)
May my God give me grace to prefer a hundred deaths to a life gained by the suffering of one simplest creature. He holds his life as I hold mine, by finding himself where I find myself.
KINDNESS TO ANIMALS.
Humanity to animals is a great point. If I were a teacher in a school I would make it a very important part of my business to impress every boy and girl with the duty of his or her being kind to all animals.
It is always easy to be good if you can be absolutely lonesome.

HANDSOME WATCH FREE.
A Gentle or Ladies' Solid Gold Watch costs from \$25 to \$80. Do not throw your money away. If you desire to secure a Watch which will keep time and last well, we will send you a Solid Gold Watch worth \$25.00 only if you send us your name and address immediately and agree to sell 10 boxes only of Dr. Maturin's Famous Vegetable Pills at 25c. a box. They are the greatest remedy on earth for the cure of constipation, nervous troubles, liver, bile and kidney disease, and all female weaknesses; they are the Great Blood Purifier and Invigorator; a Grand Tonic and Life Giver. With the Pills we send you articles of jewelry to give away with the pills—this makes them cost you nothing. This is the chance of a lifetime. Do not miss it. Send us your order and we will send you the boxes, post paid. When you have sold them send us the money (\$25.00) and we will send you
A GENTS or LADIES WATCH
We are giving these beautiful Watches to advertise our Remedies. This is a grand opportunity to secure a valuable Watch without having to spend a cent. The watch is a stem wind and stem set and not the cheap back wind article generally given as premiums. Send for our pills without delay. Address
THE DR. MATURIN MEDICINE CO. Watch Dept 20 Toronto, Ont.

Everybody Who Eats Bread
Should avoid danger of impurity in delivery from the oven to the home. Insist on your baker wrapping his bread in
EDDY'S BREAD WRAPPERS
We are the original manufacturers of bread wrappers now used by leading bakers of Ottawa, Montreal, Toronto and other cities.
The E. B. EDDY COMPANY, Limited, Hull, Canada

FREE
This elegant watch, ladies' or gents' size, stem wind and set, fancy engraved cases, fully guaranteed, will be sent to you ABSOLUTELY FREE, if you will sell only \$3.00 worth of Lovely Picture Post Cards, for 10c. These are the most artistic, beautiful, fully colored and embossed cards issued this season. Views, Motions, Floral, Holiday, &c. These are the fastest sellers. Get the best. Write to-day and we will send you a package. Sell them and return the money and win this Handsome Little Watch. You can also win a lovely Tea Set FREE if you will help us to enlarge our business by getting only other agents and without having to sell any more goods. 50c
COBALT GOLD PEN CO., Care Dept. 50 Toronto, Ont.

ISSUE NO. 3, 1910

AGENTS WANTED.
Boys, Start in Business
Be independent. Sell our HOCKEY TAPE. Everybody buys at sight. Hockey, Lacrosse, Baseball Players, Automoblilists, Bicyclists, Electricians and others use it to wind handles, punctured tires, leaky garden hose, mending broken furniture, factory belts, insulating wire and thousands of other uses. We make it in small rolls, 25 to the pound, 10 feet to the roll, nicely wrapped in tin foil. They sell fast at 10 cents each. Will send sample trial pound package by registered mail 75 cents. Write quick and get the Agency for your town.
WALPOLE RUBBER CO., LIMITED.
Dept. A, Montreal.

PERSONAL.
Dr. Martel's Female Pills
SEVENTEEN YEARS THE STANDARD
Prescribed and recommended for women's ailments, a scientifically prepared remedy of proven worth. The result from their use is quick and permanent. For sale at all drug stores.
Beach of Etiquette.
The two women stopped in front of a dentist's showcase on Tremont street. "There, mamma," said the younger woman, pointing. "I want a set just like that."
"Hush, my child," commanded her mother, "don't you know that it's vulgar to pick your teeth on the street."
—Boston Transcript.

Shiloh's Cure
quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.
AN UNKIND CUT.
(The Sketch.)
Proud Father—Bless me, it's really marvellous about that baby of mine. You'll hardly credit it, but every time it looks up into my face it smiles—positively smiles.
The Friend—Well, I suppose even a baby has some glimmering sense of humor.

BETTER THAN SPANKING.
Spanking does not cure children of bad habits. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 8, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chance are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

WOMAN'S INHUMANITY.
(The Sketch.)
The Kind Lady—You clear off, or I'll set the dog at you.
The Tramp—Ah, 'ow deceptive is 'uman nature. For two nights I've slept in yer barn, eaten of yer poultry 'an' drunk of yer cider, and now yer treats me as an utter stranger.
Minard's Liniment Cures Colds, Etc.
PROFESSIONAL ATTITUDE.
(Philadelphia Record.)
"I had a new hat sent home to-day," exclaimed the editor's wife, "and it is a poem."
"That's what it is all right," replied the editor, "and it goes back."
Prof. James Barr Ames, dean of the Harvard Law School, and formerly chairman of the Athletic Committee of the university, died at Cambridge, Mass.

EVERYBODY WHO EATS BREAD
Should avoid danger of impurity in delivery from the oven to the home. Insist on your baker wrapping his bread in
EDDY'S BREAD WRAPPERS
We are the original manufacturers of bread wrappers now used by leading bakers of Ottawa, Montreal, Toronto and other cities.
The E. B. EDDY COMPANY, Limited, Hull, Canada

FREE
This elegant watch, ladies' or gents' size, stem wind and set, fancy engraved cases, fully guaranteed, will be sent to you ABSOLUTELY FREE, if you will sell only \$3.00 worth of Lovely Picture Post Cards, for 10c. These are the most artistic, beautiful, fully colored and embossed cards issued this season. Views, Motions, Floral, Holiday, &c. These are the fastest sellers. Get the best. Write to-day and we will send you a package. Sell them and return the money and win this Handsome Little Watch. You can also win a lovely Tea Set FREE if you will help us to enlarge our business by getting only other agents and without having to sell any more goods. 50c
COBALT GOLD PEN CO., Care Dept. 50 Toronto, Ont.

Sunday

LESSON IV.—JAN True Blessedness.—
Commentary.—I. The Christ's preaching and attracted great crowds. Their needs and knew they would do them good. He the opportunity to pass we see the needy souls do we seek to help them?—It is generally held was "The Horns of Hat Capernaum. There are above the level plan, with thus designated. The pl able for addressing comman speaker could command hearers. There are so many for the speaker to dressing an audience. I the people of the East a ting posture at every open upon the ground. His twelve apostles and dou his followers. They occu close to him, while the n beyond them. 2. Opened This expression indicates of what was to be utte than Christ's preaching manner of teaching, givin Saying—This and the v chapters give us the su Christ said upon this oc
II. The Beatitudes (su are nine in number, each with the word "blessed," gate with "beati," Latin These have been group ed: 1. The blessedness whi our wants or longings, i first four. 2. The ble comes from what we are, next two. 3. The ble grows out of what we do, last three. 3. Blessed. It is too weak to express the Blessed implies a joy tha whose source is divine, "God's sunshine in the sou spirit.—The spirit is the im in man; and especially th wherewith a man is rel ceive and communes wit Spirit.—Whedon. The poor these who realize their their spiritual poverty. T tent and hence, in a co receive the promised bless are proud and self-satisfi being poor in spirit. The ble themselves and repen are candidates for the ble to this condition. Kingd —There is a sharp con temporal poverty and a kingdom, so there is a si between spiritual poverty session of the kingdom of h comes into the heart and a kingdom, which "brigh peace, and joy in the Holy reigns there himself.
4. Mourning—Here is exp a longing. They mourn have sinned. This does worldly or temporal sorrow mean mourning for lost or friends, but godly sorrow with regard to ourselves, we repentance not to be comforted.—The Lord speaking in the words of par to their hearts. True joy the fruit of sorrow, comfort positive, "shall be" comfort —"Of gentle and long suffi sion; of peaceable temp sive, compliant, yielding," due composure of mind has God, it is termed "resignatio is exerted toward men, it and gentleness," when we with regard to ourselves, we tience." Wesley. Inherit The land; an expression fr by the prophets to signify Canaan. Under this figur promises the abundance of sp provided for in the gospel of perfect rest and joy and inheritance of those who are 6. Hunger and thirst—The pressions set forth the long soul for spiritual good. If there are the strongest of appetites and as figures the played to represent the inter dre that prepares the way for tion of the grace that save Filled.—The soul is satisfied.
7. Blessed are the merciful— feel for the woes and distr ofers, whether friends or en open their hands for their merciful," says Erasmus, "ar weep over the calamities of a feed the hungry and clothe almsimon those in error and offending," obtain mercy. I dealt with in mercy by God. The exercise of mercy brings ward. "It is genuine satisfi ing merciful to others, and fellowmen repay us in addition compassionate toward us. W by nature to extend mercy though this ability is greatl by grace. 8. Blessed are the heart.—Paul says, "Now the commandment is charity un heart" (I Tim. 1:5). The pur goal is to make his heart be pure in heart is to have moved, and John says, "The Jesus Christ his Son cleanse all sin" (I John 1:7). Man can his heart pure, but God can. God—Only those whose hearts have correct spiritual eyes, pure in heart are like God, he are able to discern him. They his word, in his providences, hearts. They use him because sive him above every other
9. Blessed are the peacea peacemaker is one who is peace self and seeks to promote pe ever his influence extends. Je great example of this class, to bring peace to earth, yet ways opposed to unrighteousn very denounced hypocrisy a forms of sin, children of God spoken of in the Bible as the peace. Those who "follow peace men" (Heb. 12:14) are like him called his children. They bec by being born of the Spirit and into the family of God. 10. P for righteousness' sake.—Pursu ily hounded, because they main practice righteous principles. T to make the world better and a