

Man Shorn of Strength

Weak Liver So Undermined His Vitality That He Almost Died.

"Early manhood vigor easily led me to view irregularities of my system as incapable of affecting my strength. I am a barrister," writes a well known legal light, "and there are times in our professional work so exciting and exhausting that any weakness reveals itself in all its naked awfulness. Pressure of work prompted me to ignore some of the distressing symptoms of impaired liver activity—sour stomach, fumes after eating and dulness of intellectual activity. It was not until following an exacting session of court, and nervous excitability that later developed, that I realized fully my condition. My physician ordered complete change and rest, but my engagements rendered impossible this course.

"To correct the system I began using Dr. Hamilton's Pills, and to my delight, not only did they establish regularity, but the liver activity of my earlier days returned. The solution of my health problem was immediate, digestion improved, appetite became active, and my nerves were speedily up to my old fighting mark. Please head me as a Dr. Hamilton Pill man."

No medicine so valuable for those leading a sedentary life as Dr. Hamilton's Pills, sold in yellow boxes, 25c, all dealers, or the Catarthozos Co., Kingston, Canada.

A Bird's White Feathers.

The occurrence of white feathers in a bird's plumage is very common. It is, of course, due to lack of coloring matter, and is liable to appear in both young and old birds. I have known of several old birds to exhibit this peculiarity (mostly in the wing feathers, however), and it may be due to imperfect nutrition and circulation in the bird's ages. I have also noticed it in young birds in a number of instances. The phenomenon, thus, cannot be said to occur simply as a result of old age, but is rather one of those slight changes in the bird's system, the causes of which we do not fully know. There is this much more to be said, however: When a young bird starts out with a few white feathers, they are usually retained throughout life, and old birds may exhibit this loss of coloring at any time. From "Nature and Science" in March St. Nicholas.

Try this NEW and SURE HOME DYE-DY-O-LA. ONE DYE FOR ALL KINDS OF GOODS.

You don't have to know what your goods are made of. DYE-DY-O-LA for ALL—No chance of mistake. All colors in nature. Try our Dye at any time. Sample Card and Booklet Free. The Johnson-Richardson Co., Limited, Dept. 1, Montreal, Que.

The Atmosphere of Cities.

German cities are studying their atmospheric conditions, says the Chicago Tribune. The fact that sunshine lessens as population becomes more dense, and especially when the activity of industrial centers expands superficially and increases in intensity, has long been noted. An increasing tendency to fog has also been observed, and both are effects of the imperfect and incomplete combustion of coal.

Modern industry pays toll for this in the injury of delicate fabrics, the general depreciation in the value of many articles of trade and household use, and the increased cost of cleansing. Since the battle is waged with growing energy against tuberculosis, physicians and students of social science feel that the problem of purer air for the dwellers in cities has become primarily important.

Statistics have been collected for some time past. They demonstrate how little sunshine falls to the lot of the residents of industrial cities even when the sun is obscured by smoke particles. In no German city has the loss of sunshine during the fog, equalled that of London, where the foggy days during the three months, December, January and February increased from eighteen to thirty-one during the last half of the last century.

Imitators of the Rattlesnake.

At least two observers, Messrs. F. B. Lottis and J. A. Harris, have within the last two years noted the curious fact that the braire dog or burrowing owl sometimes imitate in a most realistic way, the rattle of the rattlesnake, among whose dens they are often found. When the owls are disturbed they utter this warning sound in such a manner that even experienced horses are startled and deceived by it. Mr. Harris suggests that this trick is intended as a measure of self-protection. Even young birds, he says, make the same sound when taken from the nests.

River Power Going to Waste.

It is claimed that enough horse power goes to waste in the rivers and streams between Austin and San Antonio, Texas, to run all the industries in the State.

Fishguard proposes to supplant Queenstown as a stopping place for transatlantic passenger vessels.

DODD'S KIDNEY PILLS. THE GREAT KIDNEY PILLS. 23 THE PR...

RELICS 6,000 YEARS OLD.

Many Remarkable Discoveries Made by Assyriologists.

The Rev. G. W. H. Johns, while speaking on Assyriology yesterday at the Royal Institution, showed a number of pictures and pieces of crude sculpture, which archaeologists have assigned to as remote a period as 6,000 or 8,000 B. C. The lecturer, describing a great find at Susa, in 1904, stated that for a long time explorers were uncertain what such an enormous amount of booty could evidence. It was finally settled that the articles were a deposit of the foundations of a great temple. There were hundreds of gold objects, 400 silver, 200 bronze statuettes, jewelry, 1,300 bronze objects and an enormous quantity of articles of stone and clay, as well as precious stones. They were of great beauty and variety, and all apparently belonging to one period, 1800 B. C. There were children's toys which had evidently been put with the deposit as a votive offering.

The explorations in Assyria and Babylonia had changed the outlook of human history; we had doubled the length of the period which we called historic.—From the London Leader.

Women Hanged in Canada.

Following is the list of women executed since Confederation, 1867, in Canada: Phoebe Campbell, at London, Ont., May 6, 1872; Elizabeth Workman, at Sarnia, Ont., May 23, 1873; Cordelia Vian, at Leamington, Que., March 5, 1899; Emily Hilda Blake, at Brandon, Man., Dec. 26, 1890.

MOTHERS FEEL SAFE WITH BABY'S OWN TABLETS

Mothers who have used Baby's Own Tablets say they feel safe when they have this medicine in the house, as the Tablets are a never-failing cure for the ills of babyhood and childhood. And the mother has the guarantee of a government analyst that this medicine contains no poisonous opiates. Mrs. Walter Barr, Mountain Grove, Ont., says: "My little boy suffered terribly when teething, and from constipation. Nothing I gave him did the least good until I gave him Baby's Own Tablets and these brought him speedy relief. Every mother of young children should keep the Tablets in the home." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Car Coming!

A ribbon of open road beneath a summer sky. Far whirring the sand like a phantom hand; "Car coming!" is the cry.

From beyond the dim horizon, where green and azure meet, Comes a muffled thrum like a choking sob, Or the hum of a busy street.

The strength of a hundred stallions is straining beneath the hood; The crowd leaps back from the dusty track As from one of Satan's brood.

On each side death and horror, Straight ahead success and fame; With a crash and sigh it flashes by; 'Tis surely a wondrous game!

It leaped up out of the distance, And into the distance died. And time and space in the straining race Drove backward side by side.

—Henry Stuart Dudley, in February Smart Set

KENDALL'S Spavin Cure. Cures your horse of any Spavin, Curb, Splint, Ringbone, Bony Growth, or Lameness with a 60-day guarantee.

Cynthia Gray's Correspondents.

Dear Miss Gray,—Please give me recipes for cookies and cinnamon cakes. Millicent.

A—A subscriber has given me a cookie recipe which is cheap and good. I've tried it: One cup sour cream, two-thirds cup lard, one and two-thirds cups granulated sugar, one egg, one teaspoon soda, one teaspoon baking powder, one teaspoon nutmeg, and flour to make dough just stiff enough to be handled.

Cinnamon cakes are made by mixing, in the order given, one-half cup butter, one cup sugar, two eggs, one-half cup milk, one and one-quarter cups flour, two and one-half teaspoons baking powder, and one teaspoon cinnamon. Bake in buttered gun pans.

Dear Miss Gray,—What will take milk stains from a brown cashmere dress? How can I loosen the ground around my house plants? The ground is very hard. Mrs. L. G. C.

A—(1) Benzine or gasoline. Be very careful and do not use near fire. (2) A common two-tined cooking fork is the best utensil to use. Do not go down too far in the ground or you will injure the roots of the plants.

Dear Miss Gray,—I am a girl of 19, and have had two proposals of marriage. One young man is rich, but I do not like him as I do the other, who is not so well off. Which shall I take? Puzzled.

A—Since you hesitate in making a choice, it is plain you love neither. You are young—wait until you meet someone whom you love so much that you'll accept the moment he proposes. When the right one comes along, you'll not wait to ask advice from me, and neither wealth nor poverty will count—if you are a true-hearted woman.

DR. COOK'S RIVAL. (Ottawa Journal.) The wooden-legged man who tells a tale of falling through a hole in the ice and being forced to swim half a mile, against current, under the ice till he came to the next air-hole, seems to be making an effort to win that place in history which Dr. Frederick Cook has marked for his own.

Camphor Ice MASERINE. FOR CHAPPED SKIN AND LIPS, CHOLD SORES, WINDBORE. 12 Vaseline Remedies in Tubes.

THE SHARK'S EYE WAS ON HIM

And the Skipper Got a Shock Which He Thinks Was Mesmeric.

"Ever got mesmerized by a fish?" said the skipper. "No? Well, I have been many a time. It was a shark that did it."

"I don't know the scientific name of this particular variety of shark, but it abounds on the Newfoundland shoals. When full grown they are from eight to ten feet long and weigh from 500 to 700 pounds. They have a broad head, with the mouth well under it. They have saw teeth, five rows of them, about an inch and a half long, and they can flatten the lot and chew their gums. But for a human being the peril is in the eyes.

"I don't believe in man-eating sharks. I don't believe that if a shark is in bloody water he gets excited and will snap at anything he sees; but let one of those fellows get his eye on you and you don't know where you are at."

"They have a habit of coming up alongside of your live boxes and lying there while you fish. Then when you get anything on your line the shark has it off before you get a chance to pull."

"I remember the first time I saw one of them. I was a boy at the time, and one of these fellows had come up alongside of my live box and I put my hand out and touched his back. He didn't seem to mind it at all, but a minute later when I stood up I caught sight of his eyes, or one of them. Well, sir, I just tumbled back in the boat and was as helpless as a jellyfish out of water."

"I don't know how to explain it. The eyes of this fish are no bigger than the point of your little finger, but there is something that comes out of them that makes you tumble all in a heap. Many a time after that did I have a similar experience, and I know of a lot of men who have felt the same effect. The only explanation I could suggest is that the shark's eye has some sort of mesmeric power."

I OWE MY LIFE TO GIN PILLS

If you want to see a happy woman, just call on Mrs. Mollie Dixon, 59 Hoakins Ave., West Toronto.

"After ten years of suffering from kidney trouble, I believe I owe my life to Gin Pills. Before I began using Gin Pills my back ached so much that I could not put on my shoes, but after taking three boxes of Gin Pills the crowd leaps back from the dusty track for me to add one more testimonial to the grand reputation of 'Gin Pills.'"

50c a box, 4 for \$2.00, at all dealers. Sample free if you write National Drug & Chemical Co., (Dept. H. L.) Toronto, Ont.

It Doesn't Pay.

It doesn't pay to be a grouch, It doesn't pay to wear a frown, Nobody ever made his pile By knocking everyone in town.

There are some better reasons why A man should smile upon his way, But here is one, financially, A gloomy visage doesn't pay.

There's money in a cheerful smile, A fortune in a cheerful word, And money often reaches souls That finer things will leave unstirred.

Don't I put it up to you, And so mope and whine along your way, If it is money you desire, A gloomy visage doesn't pay.

'Twere better that you smile because You wish to cheer your fellowman, And speak the cheerful word, to help A weaker brother, if you can. But if these reasons don't appeal To you, I write it down to thee, There's money in a happy face, A gloomy visage doesn't pay.

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Quinine Tablets. Drugists refund all money if it does not cure. W. GROVE'S signature is on each box. 25c.

Force of Habit.

"I understand that all-star cast was rather languid."

"Yes, they played poorly for stars. Even the life they put into the mob scene was accidental, and came about merely through each of them trying to grab the centre of the stage."—Philadelphia Bulletin.

Gobs of Gloom.

To have your sweetheart far away, It makes existence dark and drear; But worse it is—alackaday! To have her distant when she's near.

BE WARNED.

Fourteen Errors of Life All Should Avoid.

The 14 mistakes of life, Judge Renton recently told the Bartholomew Club, of London, are:

To expect to set up our own standard of right and wrong and expect everybody to conform to it.

To try to measure the enjoyment of others by our own.

To expect uniformity of opinion in this world.

To look for judgment and experience in youth.

To endeavor to mold the dispositions of everybody alike.

Not to yield to unimportant trifles.

To look for perfection in our own actions.

To worry ourselves and others about what we cannot be remedied.

Not to alleviate if we can all that needs alleviation.

Not to make allowances for the weaknesses of others.

To consider anything impossible simply because we ourselves happen to be unable to perform it.

To believe only what our finite mortal minds can grasp.

To live as if the moment, the time, the day were so important that it would live forever.

THE INITIAL DIG.

Hicks—Has the excavating begun for your new house yet, Wicks? Wicks—Yes. I've just dug up a thousand advance money for the contractor.

A Peersmist.

There are two kinds of people in the world—the one who looks on the bright side of things and those who do not. Each sort is sure to extract his or her own moral from everything.

Two old ladies, both of whom were well cared for, were once conversing about their affairs. One was a jolly old lady, the other was of a sour disposition.

"Well, well," said the jolly one, "it's pleasant to be old. We get the best of everything—the easiest chairs, the best places, the tenderest morsels."

"Yes, yes," sighed the other, forced to admit that her life was an easy one, "that's all very true, but what's the use? We can't be old but once."—Youth's Companion.

LIVE HAIR, CLEAR SKIN.

All who delight in a clear skin, soft white hands, a clean, wholesome scalp and live, glossy hair, will find that Cuticura Soap and Cuticura Ointment more than realize every expectation in promoting skin and hair health and the bodily purity. A single cake of Cuticura Soap and box of Cuticura Ointment are often sufficient to cure torturing, disfiguring eczemas, rashes, irritations, scaling and crustings of the skin and scalp, with loss of hair, thus rendering them the most economical treatment known for affections of the skin and scalp.

To Tell the South.

A new qualified judge in one of the small towns of the south was trying one of his first criminal cases. The accused was an old lady who was charged with robbing a hencoop. He had been in court before on a similar charge and was then acquitted.

"Well, Tom," began the judge, "I see you're in trouble again."

"Yes, sah," replied the ducky, "the last time, judge, you was my lawyer."

"Where is your lawyer this time?" asked the judge.

"I ain't got no lawyer this time," answered Tom. "I'm going to tell the truth."—Baltimore American.

FREE TO OUR READERS.

Write Murine Eye Remedy Co., Chicago, for a 4-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedy. Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Hurt, and is the Best Eye Pain, and sells for 50c. Try It in Your Eye and in Baby's Eyes for Sore Eyes and Granulation.

SURVIVAL OF THE FITTEST.

That is the Law or Progress for the Men Who Work on Locomotives.

"Among every 100 men who become firemen, only 17 are ever made engineers," says Warren S. Stone, chief of the Brotherhood of Locomotive Engineers, one of the most powerful labor organizations in the world. "Out of every 100 engineers only six ever get a passenger run. The next time you see a white-haired man on the cab of a big passenger locomotive, don't wonder at all at his white hair, but make up your mind that he has the goods or he wouldn't be there. It is a case of the selection and the survival of the fittest. It takes nerve to run the fast trains these days, for you sit at your throttle, tearing across the country at the rate of more than a mile a minute, and if any one of the dozen people, down to a man who spiked the rails, has made a mistake you ride to certain death."

The day when an engineer could drive his train ahead at full speed, at his own discretion, and make up much lost time as the recklessness of his daring permitted has passed with the romantic age of railroading. No longer does he gamble thus with death to win back minutes. A cool-headed human machine sits in an office miles away and tells him exactly how fast he may go. Mute signals stretch out their arms to him by day and glow red-eyed at night along the track and halt him if he rides too fast or if there is danger ahead. At intervals of from 1,000 feet to five miles there is a tower with a man in it who notes and telegraphs it forward and backward over the line. Nowdays the engineer is rarely out of touch with possible orders for more than a few minutes at a time. In place of the daring and the old speed madness that used to characterize the making up of time, the man who lasts the longest now in the cab is the one who possesses the calculating skill developed by long experience. He accomplishes much more simply by taking advantage of every trifle in winning back his time second by second.—Thaddeus S. Dayton, in Harper's Weekly.

EMBARRASSING.

(Life.) "You must have struck it rich, old man. I see you in this taxicab every day."

"It isn't that. You see, one night I told the chauffeur to drive me around until I told him to stop. I fell asleep, and when I awoke I did not have enough money to pay his bill. So I've got to keep on riding in it till I die."

"DISTEMPER"

Spohn's Distemper. Sure cure and positive preventive, no matter how horses at any age are infected or "spiced." Fully guaranteed, will be sent to you absolutely FREE. Large stock of Distemper in the Blood and Glands, expels the poisonous germs from the body. Cures Distemper in Donkeys, Cattle, and Poultry. Largest selling livestock remedy. Cures Croup, Croup, and all other ailments. 50c and \$1.00 a bottle. 50c and \$1.00 a dozen. Cut this out. Keep it out. Show to your druggist, who will get it for you. Free Booklet, "Distemper, Causes and Cures." DISTRIBUTORS: ALL WHOLESALE DRUGGISTS. SPOHN MEDICAL CO., Chemist and Bacteriologist, 655ER, TOR., U.S.A.

FANCY ENGRAVED WATCH DECORATED TEA SET

This elegant watch, ladies or gents size, stem wind and set, fancy engraved cases, FULLY GUARANTEED, will be sent to you ABSOLUTELY FREE. If you will sell only \$2.00 worth of high grade collar buttons at 10c. per card (4 buttons on each card). These buttons are very fast and we will send you a package; sell them and return the money and win this HANDSOME LITTE WATCH. You can also win this lovely TEA SET FREE if you will help us sell our buttons; by getting only 10c. agents and without having to sell any more goods. Only \$3.00 worth—no more, no less, and you can win both these splendid premiums FREE.

COBALT GOLD PEN CO., Button Dept. 19 Toronto, Ont.

Everybody Who Eats Bread

Should avoid danger of impurities in delivery from the oven to the home. Insist on your baker wrapping his bread in

EDDY'S BREAD WRAPPERS

We are the original manufacturers of bread wrappers now used by leading bakers of Ottawa, Montreal, Toronto and other cities.

The E. B. EDDY COMPANY, Limited, Hull, Canada

SOLO ACCORDION FREE

Sweet toned, deep voiced instrument, with which you can play beautiful music for concerts and dances. Large frame, 10 keys, full set of reeds, two stops, double bellows, chromatic case, nickel plated valves and trimmings. To advertise Dr. Maturin's Famous Vegetable Pills, a great remedy for the cure of weak and impure blood, indigestion, headache, constipation, nervous troubles, liver, bladder and kidney diseases and all female weaknesses; a Great Blood Purifier and Invigorator, a Grand Tonic and Life Builder. We will give this Beautiful Accordion FREE, for the sale of 12 boxes of these Famous Vegetable Pills, for the sale of 12 boxes. Every person buying from you a box of these Pills, also receives a piece of jewelry which we send you with the Pills. This makes them easy to sell. Send us your name and address, and we will send you this Grand Accordion, immediately. We send you with the goods until sold. Write to-day. Address: THE DR. MATURIN MEDICINE CO., DEPT. 28, TORONTO, ONT.

Don't Cough!—Use PISO'S CURE. THE BEST REMEDY FOR COUGHS AND BRONCHITIS. Will instantly relieve your coughing throat. There is nothing like it for Asthma, Bronchitis and lung troubles. Contains no opiates. Very pleasant to take. All Druggists, 25 cents.

The Point of View.

William had just returned from college, resplendent in peg-top trousers, silk hosiery, a fancy waistcoat and a necktie that spoke for itself. He entered the library where the father was reading. The old gentleman looked up and surveyed his son. The longer he looked, the more disgusted he became.

"Son," he finally blurted out, "you look like a d—fool!"

Later, the old major who lived next door came in and greeted the boy heartily. "William," he said, with undisguised admiration, "you look exactly like your father did 20 years ago when he came back from school!"

"Yes," replied William with a smile, "so father was just telling me."—Everybody's Magazine.

PILES CURED IN 6 TO 14 DAYS

FAZO OINTMENT is guaranteed to cure any case of Itching, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c

A Peers's Busy Day.

Never perhaps since the Hastings trial have happenings at Westminster attracted the peereesses as did the debates on the finance bill. The trial of Hastings of course was a society function. An attendance at the hall was quite in the day's work of the lady of fashion. The Duchess of Gordon's round of duties on a day of 1791 gives the illustration.

For the duchess "went to Handel's music in the Abbey; then she clambered over the benches and went to Hastings' trial in the hall; after dinner to the play, then to Lady Lucas' assembly, after that to Ranelagh, and returned to Miss Hobart's faro table, gave a ball herself in the evening of that morning, into which she must have got a good way, and set out for Scotland the next day. The scurry and rush of society folk is not so modern a failing after all.—Westminster Gazette.

Dr. Morse's Indian Root Pills

Owe their singular effectiveness in curing Rheumatism, Lumbago and Sciatica to their power of stimulating and strengthening the kidneys. They enable these organs to thoroughly filter from the blood the uric acid (the product of waste matter) which gets into the joints and muscles and causes these painful diseases. Over half a century of constant use has proved conclusively that Dr. Morse's Indian Root Pills strengthen weak kidneys and

World's Largest Room.

The largest room in the world is said to be in St. Petersburg. It is under one roof, unbroken by pillars, and it is 630 feet long by 150 feet in breadth. It is used in the day for military displays, and a whole battalion can manoeuvre in it. Twenty thousand wax tapers give it a beautiful appearance at night. The roof is a single arch constructed of iron.

SAVED BY A TECHNICALITY.

(Smart Set.) Maybelle—But it has been said that you are a gambler. Harold—That's a mistake. Gamblers sometimes win.

EMBARRASSING.

(Life.) "You must have struck it rich, old man. I see you in this taxicab every day."

"It isn't that. You see, one night I told the chauffeur to drive me around until I told him to stop. I fell asleep, and when I awoke I did not have enough money to pay his bill. So I've got to keep on riding in it till I die."

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Very Proud.

Frederick Townsend Martin, at a dinner in New York, said apropos of the ancestral pride of an old Knickerbocker family:

"But the Scotch have the greatest ancestral pride. MacDonald, the Lord of the Isles, was invited to an entertainment given by the Duke of Buchan, but, coming late, he took a seat near the door.

"The Duke called to MacDonald to come and sit beside him at the head of the table. The Lord of the Isles frowned and answered in his pride:

"Wherever MacDonald sits, there is the head of the table."—Washington Star.

BETTER THAN SPANKING.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 8, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it isn't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.