

Recipes

GREEN TOMATO CATSUP. One peck green tomatoes and two large onions, sliced. Place them in layers, sprinkling salt between them; let them stand twenty-four hours and then drain them.

COFFEE CHARLOTTE RUSSE. Soak one level tablespoonful of gelatine in one tablespoonful of cold water and dissolve with one or two tablespoonfuls of strong hot coffee.

POTTED LAMB BREAST. Two pounds lamb breast. Season with salt, paprika, one bay leaf, one onion. Put in kettle, cover with lid tight so steam does not escape.

CROULE SOUP. Cook three tablespoonfuls of chopped green peppers and two tablespoonfuls of chopped onions in a quarter of a cup of butter five minutes.

FRIED CUCUMBERS. Brown an ounce of butter in a frying pan and add to it some thick slices of pared cucumber.

POTATOES WITH ONIONS. Pare and slice across enough new potatoes to make three generous cupsful, also slice enough thin fresh onions to make one cupful.

CREAMED CARROTS. Cook young carrots whole in boiling water, or if old, cut the carrots in slices. Make a cream sauce with one and one-half level tablespoonfuls of flour blended with two level tablespoonfuls of butter in a saucepan set on the fire.

CABBAGE SALAD A LA ROSE. Chop very fine one-half of a head of cabbage. Pour on it the juice from a can of tomatoes to make it pink; add sugar, salt, vinegar and oil to taste.

Sick Headaches. are not caused by anything wrong in the head, but by constipation, biliousness and indigestion. Headache powders or tablets mayadden but cannot cure them.

Dr. Morse's Indian Root Pills. The crinoline of the '30's is believed to have been invented by one of three Frenchmen—a certain Joseph Thomas who died about two years ago in the United States; a drapier, named Jean, who is nameless, or one Heintzmann, an executioner, who "flourished" during the Second Empire.

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Send for free sample to Dept. H. L. National Drug & Chemical Co., Toronto. Why the English Went to Egypt. An essay on Egypt by one of Blackburn's brightest school children: "Pharaoh was noted for making bricks, and he had his named stamped on every brick. He was a very extravagant ruler and in 1879 he brought the country into debt and oppressed the people and he had to work for nothing. He was very cruel. England then sent Lord Cromer, and he has ruled Egypt wisely and well."

A FALL FROM THE SKY. The one question we are asked everywhere, even to this day, just as we were asked it on the roof at Friedland, is "How did it feel to fall a third of a mile in a balloon?" If you want to know how it felt to pass through the experience we did, think first of what we had to do. We had to move a ton of sand out of the car, and we had to do it in less than two minutes and a half. If you want to know how that feels, go down into the cellar and move a ton of coal from one side to the other while some one holds a watch and tells you when two minutes and a half goes by.

FREE! This elegant watch, with engraved dial, is a beautiful timepiece. It is made of solid silver and is a fine example of watchmaking art. It is a perfect gift for any occasion. It is a beautiful timepiece that will last for many years. It is a fine example of watchmaking art. It is a perfect gift for any occasion.

A Stirring Incident in Canadian History. The middle-aged Canadian of today, if he belongs to a family Liberal in politics, will be pretty sure to remember engaging, in his boyhood days, in some such dialogue as this with his father: "Say, dad, Bill Jones is a Tory and he says that the Grits are all rebels."

Shiloh's Cure. Dr. Bingham H. Stone, director of the State Laboratory, who recently attended the annual convention of the American Health Association in Milwaukee, Wis., is sure he brought back one idea that will prove valuable to all persons when it is fully tested. This is a new method of disinfecting books. Trials of the method were made at the laboratory yesterday, resulting very satisfactorily.

Shiloh's Cure. BOTH REELING. (Puck.) Bystander (as everybody ducks for cover)—"What's the matter?" Citizen—Jones is coming up one side of the street with a jig, and his wife is coming up the other side with a hoarse shriek on.

Shiloh's Cure. WHERE TIM EIS WASTED. (St. Louis Times.) The woman lecturer who is pointing out the evils of what can prove that a great deal of valuable time is lost in the game—especially in shuffling and dealing.

Shiloh's Cure. A CONFESSOR. (Washington Star.) "I'm the victim of a system," exclaimed the gloomy man. "What system?" "My own. I have dyspepsia half the time."

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REASONING OF DREAMS. Only to a few people there comes occasionally in dreams a dim realization of the unreality of the experience. "After all, it does not matter," they are able to say to themselves with more or less conviction. "This is only a dream."

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INTESTINAL PARALYSIS. "Fruit-a-tives" The Only Medicine That Will Really Cure Constipation. The Liver both causes and cures Obstructive Constipation or Paralysis of the Bowels.

When the Liver becomes torpid or weak, then it cannot give up enough bile to move the bowels. "Fruit-a-tives" acts directly on the liver and makes the liver strong and active. By curing the liver, "Fruit-a-tives" enables this important organ to give off sufficient bile to move the bowels regularly and naturally, and thus cure "Intestinal Paralysis."

RAILROAD SCHOOL IN CHINA. An indication of the interest taken by the Central Government in the future of railways in China is afforded by the establishment last year, in connection with the Ministry of Communications at Peking, of a school for training railway officials.

STRENGTH. "Maria," demanded Mr. Dorkins, "what has become of my pipe?" "The last time I saw your old pipe, John Henry," said Mrs. Dorkins, "it was moving in the direction of the alley."

Home DYEING. Save Money and Dress Well. DYOLA. ONE DYE FOR ALL KINDS OF COLORED CLOTHING.

THE GIGGLER. (Peterboro' Review.) But not a word about the giggle. We enjoy a "giggling girl." She relieves us the journey long and the way tiresome, and we are at home before we know it.

Shiloh's Cure. Auto Was All Right. A small, quiet, but sorrowful, if not disgusted man sat by the side of a medium-sized automobile drawn out of the road as a large touring car came along, driven by a man with an interrogatory aspect.

Shiloh's Cure. HOW TO DISINFECT BOOKS. Dr. Bingham H. Stone, director of the State Laboratory, who recently attended the annual convention of the American Health Association in Milwaukee, Wis., is sure he brought back one idea that will prove valuable to all persons when it is fully tested.

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Dr. Martel's Female Pills. SEVENTEEN YEARS THE STANDARD. Prescribed and recommended for women's ailments, a scientifically prepared remedy of proven worth.

FREE TO YOU. MOVING PICTURE MACHINE AND MAGIC LANTERN COMBINED. If you wish to give your friends an entertainment that will make them split their sides laughing at the comic pictures get one of these machines.

ODDITIES OF THE GREAT. Napoleon never went on a lecture tour. Julius Caesar did not keep a chauffeur. Alexander the Great never sat for a photograph.

BETTER THAN SPANKING. Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble.

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Sunday LESSON. Review.—Lesson. true standard. Place: Caesarea five miles north of Ptolemais. Peter's converts of the Pentecost had so far unlearned their master that they were called "Hellenists."

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