Fads and Nostrums

By Joseph Greenway

Back in old London after a five months wandering from place to place; from hotel to lodging-house, from lodging-house to—well, I won't go into details too carefully. There are some things that are best left unsaid.

At any rate, I have visited New York and bathed in the surf at Atlantic City. I have seen once again eastern Ontario. I have worked out in the open fields—aye, harvesting in the sunshine. Then again over the western ocean, in an old tramp steamer to Antwerp. Twenty days on hard grub and twenty nights in a narrow, derby fo'castle. From Antwerp to Brussels, then through Belgium to Paris ,and over the "Straits" to England.

And at last back in old London town. Leaving out the novelty of the different new sights, one thing struck me most vividly. How badly the artificial life of the big cities compare with the clean, honest, work-a-day life of the country!

I was only in New York about three weeks, but during that short time I was worried and pestered up with circulars and letters and budgets advising me what I should do, and what I shouldn't do. First one advised me to live on nuts like a monkey. Next I was told that I devorured too much meat (God only knows where my candid friend got his information from). One learned citizen mailed me a budget of scientific facts—compiled in a wonderful artistic fashion—lauding to the skies "a newly invented, highly concentrated fod tablet." There was no need to trouble about cooking any longer—swallow a pill and you were nourished for the day.

If, by any chance, we ever follow our learned friend's advice, the next generation will be born toothless.

And it is very much the same in all big cities. Life becomes artificial. In Brussels and Paris everyone talks and dreams and exists solely for pictures, statuary and cafes. Of course. Art is a wonderful thing—of course. But after all it is only an imitation of life. It ought to show us how to be able to lead a more noble and beautiful existence. But solid facts prove different. I don't suppose there could be a more degenerate, insipid crowd of human beings than the general run of students that throng around the so-called art centres of Brussels and Paris.

Eccentric dress and long hair and a thorough acquaintance with indecent tales seem to be their stock in trade.

And even here in old London, life is just the same. The present fad seems to be politics. Everybody talks and argues in politics. If men want work or the fleet needs enlarging, a leading public man gives the town a wonderful worded harangue in beautiful, stately English, and the matter is then supposed to be remedied.

Poverty becomes an interesting topic at afternoon tea, and national danger is discussed in the dining rooms.

Perhaps I am of an old fashioned turn of mind. But to me the country life seems to be the only life worth living. What men especially working men—can see in city life, I fail to understand. Outside of moving picture shows, and other like excitements, it is not worth the candle.

No Give me the countryside. Give me the purling brook and the green fields. A place where one can breathe freely, where one doesn't feel cramped up.

And above all, where life is a solid fact and there is less humbug and fads and rostrums.

London, 15th Nov., 1911.

BETTER THAN SPANKING

Spanking does not cure children of bedwetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 3, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

POINTED PARAGRAPHS.

(Cincinnati Commercial Tribune)

More names get into the paper on accounts of divorce cases than good deeds.

It seems hard for some women to have faith in their husbands unless nobody else has.

A man can telephone and find his wife is there, but she can telephone to his office and find he isn't.

Apparently nobody ever made a fortune without thinking, when he settled down to enjoy it, how small it was.

Money that burns a hole in the pocket of most men seems to be a double lining for the pocket of a certain kind of man.

Minard's Liniment Cures Diphtheria.

TOO TALKATIVE.

(Success Magazine)

It was a beautiful evening and Ole who had screwed up courage to take Mary for a ride, was carried away by the magic of the night.

"Mary," he asked, "will you marry me?"

"Yes, Ole," she answered softly.

Ole lapsed into silence that at last became painful to his fiancee.

"Ole," she said desperately, "why don't you say something?"

"Ay tank," Ole replied, "they bane too much said already."

"All arrivals are washed," explained the warden of the prison. "And if they pick up a fuss?" "Then they are ironed."—Pittsburg Post.

DODD'S KIDNEY PILLS

23

TRICKS OF TEMPERATURE.

Queer Contradictions In Its Effects on Substances.

On an ordinary Fahrenheit thermometer there is written opposite 212 degrees "Boiling point of water," and opposite 32 degrees, "Freezing point of water." Neither of these is correct, says the Baker's Weekly, except for a certain condition of the atmosphere, and that is when it gives on the barometer about 30 inches, or 15 pounds pressure to the square inch.

This is the ordinary pressure at what is known as sea level, and to this all thermometers are calibrated. In a mountainous region the pressure is hardly ever so much as 15 pounds, and water boils at sometimes as low as 200 degrees.

If water is boiled in a diving bell, where the pressure is 40 or 50 pounds, a square inch, its temperature will be several hundred degrees instead of 212. If water is boiling in a near vacuum the temperature is so small that the hand thruse into the water would actually feel cold.

What has been sai dabout the boiling point applies to some extent to the freezing point; but here it differs for different material; whereas the remarks about the boiling point of water aply to the boiling points of all liquids. Some substances when they freeze become larger, while others are smaller.

On this depends the freezing point at different pressures of atmosphere. Water expands on freezing; so do type metal and some other things. All other substances become smaller on freezing. Water pipes burst when the water freezes. Coins of gold and silver are stamped instead of being moulded, for the metals grow smalle ron freezing or solidifying, and consequently the coin would be wabbly.

It has been found that the things that expand on solidifying, like water, freeze at a lower temperature, whe nthe pressure is increased, while the others freeze at a higher. When a substance that expands freezes under higher pressure than usual it has to exert more force to shove the pressure away, and consequently has to use up more of its heat and consequently becoming colder.

Take the substances that contracts when it solidifies. The pressure will help it to get smaller and consequently the greater the pressure the less heat it has to lose on attaining the solid state; so it will freeez at higher temperature. If the pressure is great enough it may freeez or solidify at 1,000 degrees temperature, which is high enough to change most substances to vapor under ordinary atmospheric pressure. This is one of the reasons advanced to prove that the interior of the earth is solid, for the assumption is that the core is made up of substances that contract when freezing, and there is of course an enormous pressure a few hundreds of miles below the surface.

TRY MURINE EYE REMEDY

For Red, Weak, Weary, Watery Eyes and GRANULATED EYELIDS.

Murine Doesn't Smart—Soothes Eye Pain

Murine Eye Remedy, Liquid, 25c, 50c, $1.00
Murine Eye Salve, in Aseptic Tubes, 25c, $1.00
EYE BOOKS AND ADVICE FREE BY MAIL.
Murine Eye Remedy Co., Chicago

LITTLE SURPRISES.

(Chicago Tribune)

"This is Mr. Johnson's house, isn't it? Here is that ton of coal you ordered an hour or two ago."

"Hello, Is that the janitor? Say can't you shut off the heat somehow? We're roasting to death up here."

"Mamma, I'm not going to eat any more of that painted candy; teacher says it ain't wholesome."

"My dear son; I can't think of anything you'd like for a birthday present. Take enclosed check for $100 and buy it for yourself."

"You want me to name the day, do you Harry? Well how will to-morrow do?"

"Paw, wouldn't you like to go to Sunday School with me this morning?"

"Here's the mortgage on the house, Susan; I made the last payment yesterday!"

Minard's Liniment Cures Distemper.

APPENDICITIS.

Underneath one curve of the intestines is a little fishy tube known as the vermiform appendix. When this becomes inflamed, it gives rise to a disease known as appendicitis.

This inflammation is generally brought on by the use of too many cold drinks, or by other means which will have a tendency to chill the appendix. Small bits of food or seeds lodging in the apendix also cause appendicitis.

The first symptom of appendicitis is a severe cramping in the right side, to relieve which the leg is drawn up close to the body.

The severe pains may come and pass away shortly. Two or three such attacks are not unusual before the disease really becomes dangerous.

It is the wisest course in the case of apendicitis to consult a physician at the first intimation of the disease. He may advise that the organ be removed.

If this is the case his advice had better be followed, because at the beginning of the disease the operation is rarely fatal. If it is not attended to the malady becomes so serious that an operation is useless. Then death will follow.

Removal of the appendix has no effect on the body as the appendix is a quite useless organ.

CORNS, WARTS, BUNIONS

Removed for all time and without pain, by applying Putnam's Corn and Wart Extractor. Contains no acids, never burns, always cures, prompt and effectually. Use only "Putnam's." Price 25c.

WHAT CAUSES THUNDER.

Whenever there is a violent storm, many people make up their minds to look up the authorities and see what causes thunder. Then the storm passes and they forget all about it.

Thunder is the violent report which follows a flash of lightning. It commences at the same moment as the flash but, as the sound travels only at the rate of about eleven hundred feet a second, while light does so at the rate of about 200,000 miles, the flash of the lightning is the first to be perceived.

The noise of the thunder arises from the disturbance produced by the electric discharge in the air, but why the sound should be so prolonged is differently explained.

One hypothesis was that the sound is echoed from every precipice, from every building, and from every cloud in the sky. Another is that the lightning itself is a series of discharges, each producing a particular sound according to the distance at which it commences, and the varying densities of the portions of air it traverses before reaching the ear. A third is that the noise arises from the zig-zag movement of the electric fluid.

AFFECTION BY PROXY.

"I find that my husband has been having the office boy call me up every day and mumble terms of endearment. That's a nice way to fool his wife. He's been going to the ball game."

"How is it that you didn't catch on to the voice?"

"Well, I'm busy at bridge every day, and I've been having the cook answer the telephone."

The Judge was examining a butler. "How long were you in your last place?" he asked. "Six months, your Honor," replied the applicant, "you ought to know, sir, you sent me there yourself."

You May Have Catarrh And Not Know It

HEAD AND THROAT BECOME DISEASED WITH CATARRH FROM NEGLECTING COLDS AND COUGHS.

Catarrh is Treacherous—When Fully Developed is a Horror—Note Its Symptoms.

"Is your breath bad?"
"Is your throat sore?"
"Do you cough at nights?"
"Is your voice raspy?"
"Does your nose stop up?"
"Have you nasal discharge?"
"Dou you spit up phlegm?"
"Has your nose an itching feeling?"
"Have you pain across the eyes?"
"Is your throat irritable, weak?"
"Do you sleep with mouth open?"
"Are you subject to sneezing fits?"
"Do your ears roar and buzz?"
"Are you hard of hearing?"

If you have any of these indications o fCatarrh, cure the trouble now—stop it before it gets into the lungs or bronchiel tubes—then it may be too late. The remedy is "Catarrhozone," a direct breathable cure that places antiseptic balsams and healing medication on every spot that's tainted by catarrhal germs.

There can be no failure with Catarrhozone—for years it has successfully cured cases that resisted other remedies. "No one can know better than I the enormous benefit one gets from the very first day's use of Catarrhozone," writes T. T. Hopkins, of Westvale, P.Q. "I had for years a stubborn case of Bronchiel Catarrh, ear noises, headache, sore eyes, stopped-up nose and throat. It affected my appetite and made my breath rank. Catarrhozone cured quickly."

Get Catarrhozone, use it, and you are sure of cure—beware of imitations and substitutes. Large size Catarrhozone, with hard rubber inhaler, lasts two months, and is guaranteed. Price $1.00, at all dealers, or the Catarrhozone Co., Buffalo, N.Y., and Kingston, Ont.

HER NIGHT AT THE THEATRE.

What a woman calls going to the theatre is something very different. It means taking a nap in the afternoon, so her eyes will be bright at night, and then starting in about 5 o'clock to dress and lay her husband's clean things out on the bed. She loves it. She even enjoys getting her bath towels ready and putting his shaving things where he can get his hands on 'em, and telling the girl to have dinner ready promptly at 6.30. Ie means getting out her good dress that hangs in the closet with a cretonne bay covering it, and her black satin coat, and her hat with the paradise aigrettes that she bought with what she saved out of the housekeeping at 6.30. It means getting out her good ings, and her diamond sunburst that he is going to have made over into a La Valliere just as soon as business is better. She loves it all, and her cheeks get pinker and jinker, so that she really doesn't need the little dash of rouge that she put on "because everybody does it, don't you know?" She gets ready all but her dress and then she puts on a kimono and slips out to the kitchen to make the gravy for the chicken because the new girl can never get it as smooth as he likes it. That's part of what she calls going to theatre, and having a husband.—American Mazazine.

SHORTHAND TUITION FREE

Write for particulars.
THE BUSINESS UNIVERSITY of Canada.
Correspondence Dept.
King's Hall. Montreal, P. Q.

STAMPEDING THE JURY.

(Chicago Tribune)

In the Patterson marder trial the chief counsel for the prosecution began his address to the jury as follows:

A fool there was and he made his prayer
(Even as you and I)
To a rag and a bone and a hank of hair.
(We called her the woman who did not care)
But the fool he called her his lady fair.

"So she shot him in the back," interpolated Mr. Benson.

And the counsel for the defence indulged in the following flower of eloquence:

Consider her your daughter, just budding into womanhood. Isn't it a travesty upon men, bathed in the image of the Great Father, that there never bloomed a lily so fair that there was not a heel to crush it?

Now criticism directed silely at these two attorneys would be unjust. They were only making use of the license permitted under our system of legal forensics. It is thet system that is wrong.

Tommy—Say, Pop.. Tommy's Pop—Well, what is it now? Tommy—If heaven is a place of perfect peace, where do all the policemen go when they die?

Dr Morse's Indian Root Pills positively Cure Constipation and all kindred & resulting troubles. 25¢ a box.

FORESTRY PRESS BULLETIN NO. 44.

An interview with an engineer given recently in a western paper to the effect that there is abundant timber on the line of the Hudson Bay Railway is an illustration of the misapprehension in regard to this matter that exists in the public mind. Because there are large areas of land on the north on which there is timber of some kind, the conclusion is reached that it is all of present value and that the country has an unlimited supply. As a matter of fact a careful inspection of the timber along the line of the Hudson Bay Railway made in the years 1910 and 1911 by the Department of the Interior, shows that there is not enough mature timber along the line of that railway to build the road. There are no prairie districts of any extent along the route, there are trees everywhere, but owing to repeated fires the forest is, except on the merest fraction of the area, too small for commercial purposes and unless it can be protected from fire until it recahes maturitl, will never be of any use to the country. Explorations in other parts of the northern forested districts tell the same tale. Everywhere fire has worked havoc, and the forest is a mere wreck of what it might have been if fires could be prevented. And unless adequate measures are taken now to protect the young and immature forests which form the most part of the stand, the outlook for the future is none too good.

If the northern forests are to continue to be a permanent source of wealth to the country, it is agsolutely necessary that the fire ranging system should be applied, and public education to the value of the forest is even more necessary.

In Sweden, which has large extents of northern forest, practically uninhabited, similar to those in northern Canada, has about eliminated the fire danger in such districts mainly by educating her people to the value of the forests.

POINTED PARAGRAPHS.

(Cincinnati Commercial Tribune.)

Better a drawback than a set back.

A wise man may forgive, but only a fool will forget.

And a lazy man will take any kind of a job he can't get.

Nearly all beautiful things are expensive—including women.

Take care of the to-morrows; yesterdays will take care of themselves.

Firmness is feminine and obstinacy is masculine—so says a woman.

How a man does like to have people think he is wealthy when he isn't.

Sometimes a girl gets even with a persistent young man by marrying him.

A rolling stone gathers no moss—and a man who is going down hill gathers no coin.

What some women would like to hear of is a company that will insure against loss of alimony.

Fortunately a girl's graduating essay dcesn't have to mean anything to make her family proud of it.

Most of us feel that we could get along nicely on double our income.

A girl says it is better to have been engaged and have it broken off than never to have worn a solitaire at all.

A Good Grade

of sugar costs but little more than a poor grade. In

St. Lawrence Sugar

you get the BEST that money can buy. Its recognized economy—its delightful flavor and its crystal purity make it a favorite wherever it is used.

Order St. Lawrence Sugar and note the decided superiority there is between it and the ordinary nameless sugar. St. Lawrence Sugar Refining Co., Limited, Montreal.

THE SNAKE STONE.

In most accounts of snake charming in India the snake stone plays an important part. When the charmer is bitten the stone is applied to the bite and is supposed to aid in his recovery. Writing to the London Field, Lieut. L. Mackenzie gives some notes on two of these stones, which he had the opportunity of seeing. They were triangular in shape, flat and rounded, with smooth polished black surfaces. They are said to come from the hills of Thibet and to be the solidified saliva of the markhor. This animal is spoken of in Lieut. Mackenzie's note as the "Persian snake eater." Its saliva is thought to contain an antidote to snake poison. The markhor is a species of wild goat found in India, Thibet and Kashmir.

SCENERY HE NEVER SAW.

The most notable of a novel dealing with a country which the author had never seen was Shorthouse's "John Inglesant." The second volume of that remarkable romance deals in the most detailed way with Italian manners and Italian scenery. Many of the descriptions—tht of Umbria, at night, for instance, and the scene in the pavilion in the forest—are charged with the very atmosphere of Italy; and Florence during the plague lives horribly before our eyes. Yet Joseph Henry Shorthouse had never been in Italy. Enthusiasm and the genius for assimilation evolved it all in a quiet house at Erdbaston. — London Chronicle.

Minard's Liniment Cures Garget in Cows.

LEAD PRODUCTION.

In 1910 the lead production of this country was 372,227 tons from domestic ore and 108,553 tons from foreign ore and base bullion. The principal producing States were: Missouri, with 161,659 tons; Idaho, 99,324; Utah, 57,081, and Colorado, 35,685. Seventeen other States contributed.

THE SNOW.

The snow is the holy garment
God wraps around the earth,
That his dream may remember
How fair it looked at birth.
That on its perfect beauty
He may look unafraid—
The snowdrift glory hiding
The scars that man has made.

A GENUINE HUSTLER.

(Kansas City Journal)

How is this for enterprise? Every time a Topeka undertaker hears of some one being sick he sends an invitation to the family to inspect his undertaking rooms and inspect the fine lot of supplies and his up-to-date methods of caring for the dead.

VICTORIAN NURSES.

(Ottawa Citizen.)

At the headquarters in Ottawa a corps of horses is maintained, who are ready at a moment's notice to undertake emergency work on the lines shown indicated. The extent of their usefulness may be judged from the fact that last year 1,128 cases were nursed by members, representing a total of over 14,000 visits. Among the poor of the city and surrounding counties the services of these nurses are always available free of charge, or at a nominal rate when the patients can afford to pay.

NA-DRU-CO HEADACHE WAFERS

will cure you Headache of any kind. They stop the Headache but do you no harm. 25 cents a box, at all druggists.

NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED.

ISSUE NO. 50, 1911

AGENTS WANTED.

AGENTS WANTED, TO SELL LA France Laundry Tablets. Washing without washboard or washing machine. Makes clothes as white as snow. Blues them and will not injure the finest silk. Eaton's and Simpson's sell them; also Stanley Mills Co., and G. F. Robinson Company, of Hamilton. Write H. Arland, 352½ Queen street east, Toronto, agent for the Dominion.

JAPANESE SHOE POLISH
GO SHINES FOR 10¢

CHILDBIRTH

Without Danger & Almost Painless.

A Boon to Prospective Mothers.

Nurse Elliot's BATHING Restores the Parts of Childbearing & Shortens Labor and Child. Filled with Lymph. Safe Information. $5 or three for $12.

The Education Remedy Co.
52 ADELAIDE ST. EAST, TORONTO.

FREE WATCH & FOB

Do You Wish a Genuine Roskoff Gent's Watch and Handsome Silk Fob Free?

This Gent's Watch is a wonder for price, genuine Roskoff movement with works enclosed in glass, thin model, with case either fine black gun-metal or solid nickel, porcelain dial and fancy hands, stem-wind and stem-set, free for helping us to introduce our wonderful remedies.

Just send us your name and address and agree to act as our agent and and we will send you 14 boxes of our New Life Pills to sell at only 25c. per box. The Remedies are wonderful and easily sold.

You can sell them very quickly, as each customer who buys a box of medicine from you is entitled to receive from us a handsome piece of silverware, gold finished cuff links or ring. Don't miss this grand opportunity.

When sold send us the money, only $1.50, and we will send you this beautiful Watch and Fob, without cost to you. Write now

Address, Dept. 65 NEW LIFE REMEDY CO., Toronto, Ont.

TREE TOP TRAVELLING.

That the squirrel carries a compass and a sextant in his little head along with marvellous memory can only be explained by the wonderful faculty of direction which he shows when travelling along the tree tops. Gray squirrels are migratory, travelling sometimes many miles until they find a good fall of "mast," as the fall of nuts is called when they decide to locate a home there. A squirrel may be entirely ne wto the woods, but many old hunters wil recollect the muerring way in which he can make his way through the thickest tre tops to his home, and that by the shortest possible route. In times of food scarcity he has been caught foraging fuly half a mile from his home. If the hunter happens to have a dog the gray never touches ground all the way home, but travels through the thick tree tops almost as fast as a man can run through the thrush below.—New York Press.

FLAGGED BY A HAT.

A through train running after dark abcut 40 miles an hour rounded the curve in a suburban town, and the engineer was scared nearly out of his boots, for there floating above the pitaform he saw a brilliant red something by the rays of the headlight. Putting on the air and reversing his engine he came to a quick stop, shaking up the passengers like popcorn, but even he had to smile, for it was a society dame waiting for the local, and in her hat she wore three enormous red ostrich plumes. Perhaps it would be better for women standing on stations—where lightning express trains pass—to have the plumes green and white. Anyhow, it takes a pretty hot hat to stop a lightning express train.—New York Press.

I was cured of painful Goitre by MINARD'S LINIMENT.
BAYARD MULLIN.

Chatham, Ont.

I was cured of Inflammation by MINARD'S LINIMENT.
MRS. W. A. JOHNSON.

Walsh, Ont.

I was cured of Facial Neuralgia by MINARD'S LINIMENT.
Parkdale, Ont. J. H. BAILEY.

THE WALTZ WILL BE MODERATE.

According to a statement made by a well known teacher of dancing, there will be a revival this year of the old-fashioned dances. "The rapid and somewhat boisterious dances of a few years ago," he said, "had their day of popularity, but for several seasons the moderate and more temperament movements have taken their place. Possibly the style of women's dresses had something to do with this. The quadrille and the minuet are in favor with many persons, and the are 'coming back.' There will always be young people who prefer wild waltzes, even up to the Apache limit, but the waltz of the coming season—and the waltz is really the only dance—will be moderate."—New York Tribune.

CALIFORNIA WATER POWER.

California, ranking second in the matter of activity in the development of water powers, has 1070 wheels generating 466,774-horsepower. There are several States with more wheels, but less horse-power.

HEARING COMPLETION.

Work on the Chateau Laurier, Ottawa, the new $2,000,000 hotel, constructed by the Grand Trunk System, is progressing very favorably.

Nearly all the plastering of the hotel is now completed, and these remains to be done only the lobby, bar and grill room ceiling. Most of the marble floors for the dining room corridor are laid, and after the plaster work of the lobby is completed work will be started on the marble work of that floor. Heat and light have been in the building for the last two months, and when the plaster is sufficiently dried in the various public rooms, the decorators will be able to commence the interior decorations. Some of the woodwork for the big rooms is in the hotel, and the erection of this is going on. The general appearance of the various rooms is beyond expectation, and when completed will be of the richest effect, artistic in design, and wonderfully beautiful.

THE DEVIL'S TAIL.

(Detroit Free Press)

But as to the caudal appendage of his satanic majesty, there is no evidence, scientific, theological, or otherwise that he is not equipped with such an organ. All the best portraits of the great artists approved by the highest authorities, that we have seen, give him that useful and ornamental equipment and we have claimed to have seen him personally deny his possession of one. Hammond does not claim ever to have seen him at all. We are not personally acquainted with any actual eyewitness, but among those whom whom we have consulted in the books there seems to be a consensus of opinion that as to the actuality of the tail. It is true the dramatic representations of him leave i off, at least in Faust and similar performances, but it is well understood that in those musical or dramatic pieces he is always in disguise, and who knows but he has a tail after all carefully concealed away under his clothes for purposes of deceit, as he is well known to be an arrant liar and deceiver.

RICH WOMEN'S BILLS.

(Leslie's Weekly)

Why don't rich women pay their bills? The neglect by women of society and the stage to pay their bills promptly has driven a fashionable New York milliner into bankruptcy. With monthly regularity the bills were sent out, but the thoughtless women, away for the summer, paid no attention to their debts. Butchers bakers, grocers and tailors of the rich everywhere can tell similar stories of embarrassment they have to undergo through the neglect of their wealthy patrons to settle their bills in a business-like way.

SCIENCE SAYS ALUM IS UNFIT FOR USE IN FOOD.

In Great Britain no one is allowed to sell alum hidden in baking powder, because the English law protects the people from this injurious acid.

Canada has not yet enacted a law against the use of alum, and as alum in baking powder cannot be detected by its appearance, many manufacturers are using this condemned acid because it is a cheap adulterant.

It is a fact that alum in your stomach produces the same disagreeable results to the delicate organism as you will feel in your mouth by putting a tiny piece on your tongue. Science shows that alum reduces the flow of the gastric juices and weakens their power of assimilation, causing indigestion and the ills that follow.

No housewife should buy a baking powder made by a manufacturer that is afraid to print the ingredients plainly on the label of each can, and the wording should state that there is no alum in disguise inside.

SOME DAY.

Some day the gentle dove of peace
Will coo upon the nest,
And not a wave of anger roll
Across the human breast.
The lion and the lamb will sleep
Together side by side,
And eggs will live in amity,
The scrambled and the fried.

And Bryan and Bill Lorimer
Will love each other so—
And Teddy's Ananias Club
Will cease to thrive and grow;
And Edward Bok will join in song
With Lydia Parkham dear;
And Charley Fairbanks love the drys
Without a cocktail near.

Doc Cook and Peary will make up,
And Taft and Pinchot, too;
And Jeffries and Jack Johnson cry
"How dearly I love you."
Oh, it will be a gladsome time,
With all our fightings done,
And Bob LaFollette will be loved
By folks in Washington.

Minard's Liniment Cures Colds, &c.

SCIENCE JOTTINGS.

Florida has the greatest amount of swamp and overflow lands of any of the States. These cover 18,560,000.

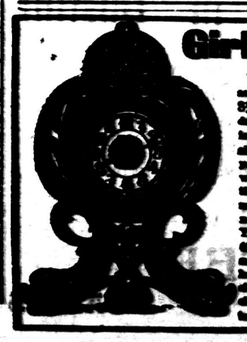
Domestic exports from the United States for the year ending June 30 amount to more than $2,000,000,000.

No receptacle has ever been made with sufficient strength to resist the bursting power of frozen water.

At the beginning of the present year there were 25 irrigation projects under Government patronage in the course of construction. Four have been finished in the meantime.

all the debutantes for society leaders and all the society leaders for debutantes.—Princeton Tiger.

Girls, This Clock FREE!



Here is a beautiful mantel or desk clock, a number of which we will give away to girls and boys for selling our celebrated Overland Cards. This clock is 8¼ inches high - strikingly made as you can see from the picture. It has a very handsome Gold Finish, Bright Gold finish; it keeps good time, beats as the movement furnish by one of the reliable manufacturers. The cost only gives you an slight fifteen of the small beauty of the clock and you have to see it yourself to fully appreciate it. All you have to do to get one your self is sell $5.00 worth of our high grade post cards at 2 for 5c. You can easily do this between the cards sell on sight. Everyone wants them, as soon as they see them, your many people will take $5 or $6 worth from you. One girl writes, "They are the cards that I ever handled from any seller of cards." - we have heaps of letters like this. You have to buy and the will send the cards - you sell them and return the money and we will send the clock. Girls who have this clock are very proud of it. It is not a toy but a beautiful ornament for the mantel or desk, and they appeals every time they look at it. Remember you get from which you let them take their own selection according to the amount of cards they sell, so if you have a small selection and you could take something else that you would prefer, write us before the premium assortment is gone. Write to-day.

THE OVERLAND PREMIUM CO., Dept. 78 Toronto.

SUNDAY SCHOOL LESSONS

LESSON XII.—D

Ezra Teaches the

Commentary.—I. Go for and read (vs. gathered—The comple marked an epoch in t tion. The work had e tion of all, and the pe the unifying effect of years. They also were knowledge that God h by favoring them.

Ezra—The place of ne seat of the temple b gate, through which for use in the temple. Ezra had returned to the land of captivity t fore this time, but in events of twelve year not mentioned. The g that he returned to he remained for seve engaged in copying the book of the law—It that Ezra's return pr ple's request to have them. Which the Lord —It was the word of

2. Ezra the priest—E priestly tribe, being a ant of Aaron (Ezra 7. law before the congre assembly included men, dren, who could hear gently. The later rab was to the effect that excluded from hearing t teaching was opposed t God. First day of the The month Tisri was th of the ecclesiastical yea month of the civil year day was a great day a The month Tisri corresp ter part of our Septemb mer part of our October morning until midday continued from early until noon. It is probable read in turn, thus relieving attentive unto the book is no word in the Hebrew tive," yet the meaning is ly given: "The ears of were to the book" fixed on nothing else.—Pulpit ple were eager to know had said. The religious tion was being revived.

4. Pulpit of wood—This form raised sufficiently all in the congregation a to see the reader standin was broad enough to Ezra and the persons men verse. And beside him stod etc.—Nothing is known these persons except their were probably prominent haps chiefs of the court who ministered in the te They gave dignity to the probably aided Ezra in t the law.—Peloubet.

5. Opened the book—Be days were long strips rolled at either end upon to open a book meant to scroll. All the people stod had evidently been sitting ing for the reading to be to their feet out of respect of God. It is likely that t after the exercises mentio next verse, and remained Ezra read the book of the

6. Blessed the Lord. Amen. The old people's praise. The word means Lifting up their hands. they showed that they words read as the law of G be obedient to it. Lifting in worship is referred to in t (Psa. 63:4; 1 Tim. 2:8) heads.....with their faces t They assumed an attitude humility. They were imp the goodness and mercy the sacredness of his word etc. The names here record of Levites, who assisted the words of the law to the Read...distinctly. Those who careful to speak clearly great assembly could catch The people were eager to was important they should sense. The Jews had been tivity and were unfamiliar hence explanations were they might grasp the mean words read. Some think that to a considerable extent lost ledge of the pure Hebrew through their contact with t

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