DAINTY ICES AND DELICACIES

Having had it proven by actual experience, I wish to advocate the economy of keeping on hand a supply of the principal flavoring syrups used in soda fountain beverages. Just what flavors to select must depend upon the taste of the individual. Vanilla, chocolate, coffee, strawberry, raspberry, peach and orange syrups may be purchased from almost any reliable druggist. With a supply of syrup on hand, a housewife can solve almost all of the "cooling drink" and "delightful dessert" questions put to her and save money ,providing she makes her family patronize the home market. As an inducement she can offer the reliability of her wares, their lack of nefarious adulteration and the cleanliness of her apparatus.

The apparatus consisting of a milk-shaker in its simple form, and also a freezer for more elaborate dainties. A syphon of soda is a useful addition.

MILK SHAKES.

In the shaker, milk shakes, some of the simpler glaces, frappes, ades, punches and ices can be made. In making a milk shake, take one ounce of syrup—any flavor desired—to one half a tumbler each of rich milk and shaved ices. Shake vigorously a few minutes and pour into a glass. It is then ready to drink. A dash of soda from the syphon makes it identical with the product of the public soda fountains.

ICED COFFEE MILK SHAKE.

This is a delightful drink, made by shaking two ounces of coffee syrup, one egg and three ounces of cream in a shaker with shaved ice.

CLARET GLACE.

Take one ounce each of claret and lemon (either juice or syrup), and a half-glassful of shaved ice. Shake well, dash liberally with soda water, toss and serve with two straws stuck through a slice of lemon.

PINEAPPLE SNOW.

Pineapple snow made by mixing pineapple syrup with cream and cracked or shaved ice, with or without the addition of carborated water. A little shaved ice should be placed on the glass before serving.

I making glaces with crushed fruits, use the following proportions: Crushed fruits, an ounce and a half; the juice of half a lemon, and shaved ice. Stir well and serve with spoon and straws.

Almost all of the juices of fresh fruits extracted by sugaring, prune juice etc., make satisfactory flavorings if used while they are still fresh.

FRAPPE.

Among the semi-frozen beverages the frappes are prime favorites. They are served in glasses or sherbet cups and are delicious drinks in hot weather. Their chief ingredients are fruit juices, sugar and flavoring syrups. They are also made of different kinds of punch, coffee or champagne.

In freezing them, place them in a freezer or packer, imbedded in broken ice, salted and turned the vessel from right to left alternately, or place in a freezer that has a whipper attachment. Scrape all the frozen frappe from the sides of the can and mix it in with the less frozen portion, remembering that frappe must be only half-frozen being just sufficiently liquid to permit its being poured into glasses.

COFFEE FRAPPE.

To every quart of clear, good Mocha or Java coffee add one pound of sugar and freeze as above. Whipped cream may be placed on the top, adding greatly to its palatableness.

BLACKBERRY FRAPPE.

To one-half ounce each of blackberry syrup and raspberry syrup add the juice of one lemon. Into this put a soda glass full of shaved ice. This frappe needs only to be shaken in a milk shaker and should not be strained.

GRAPE EGG PHOSPHATE.

Take two ounces of orange syrup, one ounce of grape juice, one egg and three dashes of phosphate; add a little shaved ice and shake well; pour through a strainer and then add soda enough to fill the glass, and serve.

LEMON FRAPPE.

Make the ordinary lemon water ice, rich in fruit flavor and well sweetened, and then freeze to a mushy consistency.

ORANGE FRAPPE.

To one ounce of orange syrup, take one-half tumbler of shaved ice, one tablespoonful of powdered sugar, one-melhalf ounce of orange syrup, two teaspoonfuls of lemon syrup, one teaspoonful of raspberry syrup, one-quarter of an ounce of acid phosphate solution. Fill up the glass with soda water, stir well, strain into another glass and serve.

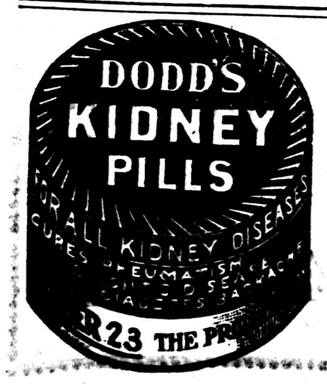
WATERMELON SUNDAE.

Take a long glass dish and lay on it a neat slice of the heart of a ripe watermelon that has been freed of seeds. On one end of the dish put a small ladleful of pineapple water ice, at the other end place a similar quantity of orange water ice. Pour over all a little strawberry syrup and ornament with a maraschino cherry at each end of the dish.

New Use for Socks in Chicago.

Henceforth socks will be worn on the feet, nor around the family savings. Postal savings banks have come.—Chicago News.

Lots of us never get any bouquets thrown at us till the day of the funeral.



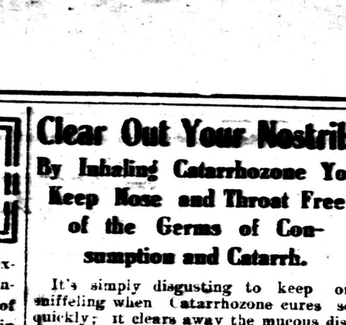
Clear Out Your Nostrils

By Inhaling Catarrhozone You Keep Nose and Throat Free of the Germs of Consumption and Catarrh.

It's simply disgusting to keep on sniffeling when Catarrhozone cures so quickly; it clears away the mucous discharge, frees the nostrils and air passages of offensive matter, cures the catarrh thoroughly. Mrs. W. F. Breach, of Chapman, writes: "I have used a great many catarrh remedies but none of them ever helped like Catarrhozone. It cleared out my nose and throat, and stopped a ringing noise in my ears. Catarrhozone is very simple and pleasant to use, and many times better than any other catarrh remedy." Your druggist has Catarrhozone; get it to-day. Two months' treatment guaranteed to permanently cure costs $1; sample size, 25 cents.

FOR THE THIN ARMED GIRL.

The girl who frets because her arms are as thin as sticks should partake of a nourishing diet, even though she may want to maintain a slim figure. She also should rub into her arms every night the particular fattener she finds most effective—cream skimmed from milk, almond oil or the special brand of cold cream she buys. She should put into her evening frocks sleeves made of filmy fabric, which will veil the arms to the elbow only just sufficiently to disguise the fact that the arms are lean without hiding their pretty color. If the color needs to be improved the arms may be treated with cold cream and powder before the dance, but every vestige of the cosmetic must be rubbed away before the dress is put on. The process of rubbing should be undertaken at least three-quarters of an hour before party time. It is a good plan for the girl whose arms are too thin and inclined to look scarlet to put on her long kid gloves some time before she starts for the party to warm the arms and leave them of a delicate color and one that will match the hands.



PEACOCKS GETTING SCARCE.

The fad of the Eastern rich of having peacocks to enhance the beauty of their parks has just brought people in this country to realize how scarce these birds are. Ol Hunter, a local horse buyer, recently promised a friend in Pennsylvania that he would send him a peacock. When he gave the promise Mr. Hunter thought it would be no trouble to obtain one, as a few years ago they were plentiful in Decatur county.

He started out the other day to buy the fowl, but before he succeeded in finding one he drove more than one hundred miles. Inquiry developed the fact that peafowls are bought up as rapidly as possible by the Easterners at fancy prices. Mr. Hunter's specimen attracted as much attention here in this city as some rare bird from a foreign country, as it was the first seen here for years.—Greenebury Correspondence Indianapolis News.

American and Canadian scientists tell us that the common house fly is the cause of more disease and death than any other agency. Wilson's Fly Pads kill all the flies and the disease germs too.

THINKING AND WALKING.

(Montreal Herald.)

The average American never walks, because he thinks it saves time to ride. The average Canadian is about the same, only not quite so much so. Therefore the observation of Mayor Gaynor that he has always done his best mental work while walking should appeal to both as putting rather a new view on the case. If walking is not a waste of time, but a help to the profitable enjoyment of it—and every man who has accustomed himself to the exercise knows that that is what it is—then perhaps the rushing trolley car is not quite so time-saving as it looks.

Have You a "Wheezy" Chest?

Means your trouble is deep seated. To delay is dangerous. All the inflammation will be drawn out in one day by applying Nerviline. It penetrates through the pores of the skin, relieves inflammation and thus prevents serious consequences. For sore throat, weak chest and tendency to colds, no prescription is better than Nerviline. For nearly fifty years it has been Canada's great household remedy. Twenty-five cents buys a large bottle.

HIS STAR OF MERCY HAD SET.

Little Arthur was very proud of his membership in the "band of mercy." He wore the badge, a small star, as if it were a policeman's insignia, and could often be heard reproving the other boys for their cruel treatment of dogs and cats.

But one day a lady of the neighborhood was astonished to find him in the very act of tormenting the cat most cruelly. She protested, "Why, Arthur, what are you doing? I thought you belonged to the band of mercy.'"

"I did," he said, "but I lost my star."—From the Metropolitan.

THE FOREIGN KNIFE.

(Ottawa Citizen.)

The European foreign element in Ottawa, especially the Pollacks, have been getting somewhat out of hand lately, and on Friday night there was a serious stabbing affray. The use of the knife and revolver has become altogether too common among these people in Montreal, Toronto and Hamilton, but so far they have given little trouble in the city. Use of the knife or the gun should be put down with a strong hand by the local authorities, and the most effective manner in which to do this is to deal out a few stiff sentences to early offenders.

MONEY WEARS OUT QUICKLY.

Wastage Through Circulation on British Gold and Silver Coins.

It is the duty of each loyal subject not merely to refuse gold coin that is under a certain weight but to break it.

"Every person," the act reads, "shall, by himself or others, cut, break or deface such coin tendered to him in payment and the person tendering the same shall bear the loss."

But in spite of this act it is a risky business interfering with coins which you may suspect to be under weight or spurious. Some months ago a Grimsby woman offered a half sovereign in payment of goods to a local shopkeeper. The latter put the coin in a testing machine, and as it broke in two, refused to take it.

The coin, however, was pronounced by experts to be perfectly genuine, and when the case was taken into a court of law the shopkeeper was ordered to refund ten shillings to the customer.

Money, both gold and silver, wears out at a startling rate. It is reckoned that there is usually a hundred million pounds in gold coin in England, a very large proportion of which is locked in the strong rooms of banks. Yet of that which is in active circulation the wastage is so great that during every twelve months seventy thousand pounds worth of gold and silver are rubbed off into fine dust.—Pearson's Weekly.

SAFETY FOR CHILDREN DURING HOT WEATHER

Every mother knows, or should know, the danger her baby runs during the hot summer months. Summer complaints come quickly and develop so rapidly that often before the mother realizes her baby is ill he is beyond all help. Every mother of small children should keep a box of Baby's Own Tablets in the house. A Tablet now and then will keep baby's bowels working regularly and his little stomach sweet—this is the secret of keeping baby healthy and of warding off cholera infantum, diarrhoea, dysentry and all other dreaded summer complaints. The Tablets are guaranteed free from all injurious drugs and may be given to the newborn babe with perfect safety. They are sold by all medicine dealers, or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

A FLAT WORLD.

(Vancouver Province.)

The ancients thought the world was flat,
I'm really not surprised at that,
We'd find it flat, I dare say,
If we were living in their day.
Just think, they had no autos then,
No show girls to delight the men,
No pipes to smoke and no cigars,
No cocktails served at handsome bars,
No bridge to play and no pink teas,
No liners speeding o'er the seas,
No yellow journals and no flats,
No women's monstrous picture hats,
No tariff problem to attack,
No gowns that button up the back,
No end seat hogs with manners rude,
No monkeying with the price of food,
No ice bills, no cold storage eggs,
No bunco steerers and no yeggs,
No trolley cars with clang and whirr,
No Teddy to keep things astir—
Say, is it any wonder that
The ancients thought the world was flat.

PILES CURED at HOME by New Absorption Method

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment, and will also send some of this home treatment free for trial, with references from your own locality, if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write to-day to Mrs. M. Summers, Box P. 8, Windsor, Ont.

NEW BED NEEDED.

"During the days of gold fever in California," said an old sea captain, "our ship was so crowded that you could hardly get a place to sleep. 'Captain, said a man when we were three days out, 'I have just got to have some place to sleep.'

"'Where have you been sleeping?' I asked.

"'I have been sleeping on a sick man,' he passenger said, 'but he's getting better now.'"—From Success Magazine.

Electric Lamps of Low Tension.

The German General Electric Society nom manufactures metallic filament lamps to be run at the low tension of 14 volts, giving lights of 10, 16 and 15 candlepower. They cost about half the price of metallic filament lamps made for tensions of 110 and 220 volts, and are said to be very durable. Their alimentation is rendered possible by means of transformers, which reduce the filaments have to be long and thin, but those used with low tension are shorter, thicker and cheaper. It is asserted that the light yield of a lamp is increased when used at low tension.

Minard's Liniment Cures Distemper.

A REMEDY FOR HICCOUGH.

(European Edition of the N. Y. Herald.)

Hiccough is a sudden and spasmodic contraction of the diaphragm, determining a brusque shock to the walls of the abdominal and thoracic cavity, and is accompanied by a rough and inarticulate sound caused by the sudden closure and sonorous vibration of the vocal cords.

Among the numerous remedies employed against this disagreeable symptom there is one recommended by Dr. Petit, of Beaumont, which although not really new is but little known. It has the merit of being extremely simple and is said to be remarkably efficacious.

It consists simply in swallowing as quickly as possible a tablespoonful of powdered sugar without any admixture with water. The hiccough will be immediately stopped. If it comes on again, the same remedy again will be found successful.

What is the action of the powdered sugar? Probably it sets up a kind of reflex action. The sugar certainly plays no specific role in this case, and it is probable that any inert powder would have the same effect.

Dr. Petit has made use of this remedy for some years, and it has rarely failed. Accordingly he recommends recourse to it even when the case of hiccoughs may have resisted all the standard remedies.

JUNE BRIDES

What more appropriate Wedding Gift for a young housekeeper than a set of

E. B. EDDY'S INDURATED FIBREWARE

Comprising Tub, Pail, Dish Pan, etc.

Handsome in appearance—Lasting a lifetime

All Grocers.

A MAN OF MANY JOBS.

British Official a Sort of Universal Provider to the Public.

The British Postmaster-General is what Londoners call a universal provider, a regular department store of public functions, says the Telephone Review.

He will insure your life, give you a little bank to hoard your pennies in, take care of your savings, sell you an annuity, a postal order or a foreign draft, invest your spare capital in a nice little Government bond and pay a weekly pension to your aged mother or aunt.

He carries letters and other mail mattermatter, transmits telegrams, cablegrams and wireless messages, maintains an enormous staff of messenger boys and conducts an express company business for every sort of parcel, from a halfpenny packet up to shipments of eggs, dressed poultry and fresh fish.

He collects all the worn copper coins for the British treasury. He has factories for making his supplies, and an electric central station of his own in London for lighting his offices, bringing the current through his cable ducts. He will send you a license for a dog, a carriage, a motor car, a private brewery, a male servant, a gun, or a family coat of arms. Or he will put in your telephone and take care of your hellos.

At a dinner the other night the Postmaster-General confessed that he sometimes doubted whether he had any human personality at all. When he thought of his own functions, he said, he was appalled by them. In his official capacity he is responsible for more property than anybody else in the United Kingdom, employs far more people than any individual or corporation (212,364 at the last report), prosecutes more malefactors every day than the Public Prosecutor, and sends out every week more apologies for himself, and explanations of his actions, than all the rest of the British population combined.

Some time ago the engineering staff of the postoffice wanted to trim some trees down in Sussex. The Postmaster-General notified their owner, Sydney Buxton, saying they would be trimmed. Sydney Buxton did not want them trimmed, but the Postmaster-General was firm, and had the law behind him. When Sidney Buxton and the Postmaster-General get together on this matter, however, there was no difficulty, because at that time Sydney Buxton and the Postmaster-General were the same person.

LAMENTING THE GALLERY GOD.

Daniel Frohman's lament for the gallery god is not altogether without justification. The "high-class" theatres are the poorer for his absence. He was usually a keen critic and a far better censor of morals than self-appointed mayors or police officials are wont to be.—Providence Journal.

The genuine Wilson's Fly Pads are by far the best fly killers made. Every housekeeper should use them. All Druggists, Grocers and General Stores sell them.

UNREAD REMBRANDTS.

On a recent voyage Chief Engineer Galloway, of the ocean liner Lapland, was showing a Texan over the ship. They got to talking and Galloway said it seemed a pity that American millionaires were bringing so many European art treasures to this country nowadays.

"It's hardly right," he argued, "that men who just happen to have the money should be able to take Rembrandts and Van Dycks from countries that have had them for generations."

"Thats so," agreed the Texan. "Those fellows just go over to Europe and buy 'em up, don't them? Why, say, Galloway, not one in ten'll eevr read 'em!"—Saturday Evening Post.

Minard's Liniment Cures Garget in Cows.

IN A THUNDERSTORM.

Deaths from lightning average about five in a million each year, in the United States, and they occur more frequently in proportion, in the country than in the city. The safest place during a thunderstorm is said to be a trolley car; the most dangerous an open window or the shelter of a tree.—Boston Transcript.

The man who stints his wife to keep up his club dues has no business to wonder why marriage is a failure.

AN AUTHOR'S PET.

Signor Gabriel D'Annunzio is not only a great writer, but a man of great originality. At his villa at Settignono, near Florence, he had tamed a little salamander which would get upon the writing table, which he considered belonged to him and his master. The salamander was a general pet, and was looked upon as the household god. Three years he lived with the poet, and then, like all pets, he died, much to the grief of his master, and the French contemporary, from which we take the foregoing, tells us that the author of "Francesca da Rimini" actually shed tears.

That D'Annunzio's grief for his little friend did not end with tears is evidenced by his study to-day, says the London Globe. By the side of the hearth which the salamander loved so well, D'Annunzio had him buried, under the great mantlepiece. The opening of the little vault is closed by a black marble slab upon which in letters of gold can be read: "Beatae salamander sacrum." No visitor who calls at the Villa of Setignano fails to have his attention drawn to the little tomb, and on the writing table, where the salamander took his ease in happier days, the visitor will notice a little key in silver gilt inclosed in a silver coffer. It is the key of the iron door of the tiny tomb. D'Annunzio, who revels in myths and legends, does not comprehend why the salamander shall not yet rise again.

Wire Wounds

My mare, a very valuable one, was badly bruised and cut by being caught in a wire fence. Some of the wounds would not heal, although I tried many different medicines. Dr. Bell advised me to use MINARD'S LINIMENT, diluted first, then stronger as the sores began to look better, until after three weeks, the sores have healed, and, best of all, the hair is growing well, and is NOT WHITE, as is most always the case in horse wounds.

F. M. DOUCET.

Weymouth.

MAY'S PINK FLOWERS.

You will find the wood lily in the woods.

Turk's cap lily is blossoming in the lowlands.

Rocky woods show the pdetty trumpet honeysuckle.

Low and sandy spots appeal to painted cup (figwart).

Pink azaleas are lovely, but persist in growing in swamps.

That pretty crowfoot, the wild columbine, is found in woodlands.

To find milkwart, (fringed polygala) penetrate into the depths of the wods.

Calypso, a lovely pink orchis, has the unkindness to actually hide itself in bogs.

Moss pink (phlox subulata) clothes whole hillsides in the rocky woodlands.

Rhododendrons are beginning to turn some mountainous woodlands into things of beauty.

EDUCATING A CAT.

It's a job.

So much depends.

They are very easily frightened.

Ordinary punishment is but wasted.

Cuff or hit a cat, and you paralyze the timid thing.

Give it raw beef for breakfast. This will not interfere with its hunting capacity—will, indeed, whet its appetite.

HOW MANY CORNS HURT YOUR FEET?

If you haven't tried Putnam's Corn Extractor, who haven't used the article that will remove corns, callouses and sore foot lumps in the shortest time. Don't waste another cent in plasters, pads or salves—get the guaranteed Corn Reliever, Putnam's Painless Corn and Wart Extractor. It acts quickly, never pains, removes the corn forever. Price 25 cents.

TOO BIG A COMPLIMENT.

Miss Henrietta was not a sylph by any means, but she prided herself upon the neatness of her well-rounded figure, and when she appeared on the hotel veranda one summer day with a cluster of white oxeye daisies pinned against the crisp freshness of her green linen frock, gallant old Colonel Floyd was moved to make her a pretty speech.

"What charming posies!" he remarked, with a Chesterfieldian bow. "They suit you exactly. You look like a Virginia hillside."

He was mystified at the frigidity with which Miss Henrietta received this tribute of homage.—Youth's Companion.

ISSUE NO. 27, 1911

WOMEN WANTED.

WOMEN WANTED, TO TAKE ORDERS in spare time; no experience necessary. Our lines especially used by mothers and girls. Apply, Dept. A, British Canadian Industrial Company, 228 Albert street, Ottawa.

AGENTS WANTED.

AGENTS WANTED—A STUDY OF other agency propositions convinces us that none can equal ours. You will always regret it if you don't apply for particulars to Travellers' Dept., 228 Albert street, Ottawa.

FARMS FOR SALE.

FOR SALE—SPLENDID FARM, 100 acres, frame buildings, near City of London; cheap under mortgage. Easy terms. Apply at once, London Loan Company, London, Ont.

THE EARTH'S CORE.

At a meeting of the Seismological Association at The Hague Prof. Weichert asserted that his studies of the varying velocity of earthquake tremors passing through the interior of the globe led to the conclusion that the earth consists of a central core of iron or steel about 5,530 miles in diameter surrounded with a stony shell 930 miles in thickness.

Between the outer solid rind and the inner layer of rock covering the metallic core he thinks there is a layer of liquid or plastic material lying a little less than twenty miles below the surface of the earth.—From the Scientific American.

Minard's Liniment Cures Colds, Etc.

THE CANADIAN NEWSPAPER DIRECTORY FOR 1911

We have just received from the publishers, A. McKim, Limited, of Montreal and Toronto, a copy of the 1911 Edition of the Canadian Newspaper Directory.

This is the seventh edition of this valuable work, which fills a very real need on the desk of every business man, whether he is an advertiser or not.

The Canadian Newspaper Directory lists and describes 1,526 periodicals in Canada and Newfoundland. Of these 136 are daily, 1,102 weekly or semi-weekly, 285 monthly or semi-monthly, and 23 are published less frequently. This is a considerable increase over the last edition.

In addition to this, the Directory supplies a comprehensive Gazetter, giving the population, the chief industries, the railway, telegraph and banking facilities and other interesting features of every newspaper city, town and village in Canada.

This work contains over 475 pages. It is splendidly bound and is certainly a credit alike to the publishers and to Canadian newspapers generally.

A. McKim, Limited, are particularly well qualified to edit and publish this, the standard book of reference on Canadian publications. They are the pioneers in the Advertising Agency field in the Dominion, the McKim Agency having been founded in Montreal in January, 1889 twenty-two years ago, by Mr. Anson McKim, who is still at the head of the business.

During all this time they have been the acknowledged leaders in this line in Canada, and the Agency business has been developed from a very small beginning—then performing only the functions of the middle-man—to a very large productive enterprise, which runs into the millions.

It goes without saying then that no other Agency is in closer touch with the publishers of the Dominion than McKim's and they are therefore able to get the most reliable information. The price of the 1911 Directory is $2.00.

THE SWISS GUARD.

In answer to a question as to the reason for calling the Pope's bodyguard the "Swiss Guard," a correspondent says: In short, because they are natives of Switzerland. The guard came into being in the reign of Pope Julius II., who asked his friend Peter van Hertenstein, canon of Lucerne Cathedral, to send him 200 Swiss men at arms to protect his person. The assembly at Zurich consented to the enlistment of the men, and in January, 1506, the guard, commanded by a young nobleman, Casper von Silinen, entered the Eternal City.

In the 400 years of its existence the guard has made an honorable record. They fought well when fighting was necessary, but of late deadly weapons have been laid aside and the function of the body now is to act as a guard of honor to the Pope.—From Switzerland.

When you want to clear your house of flies, see that you get Wilson's Fly Pads. Imitations are always unsatisfactory.

NO TIME WASTED.

(From Success Magazine.)

Olaf Larson, working in a millinery warehouse, backed into an elevator shaft and fell down five stories with a load of boxes. Horror-stricken, the other employees, rushed down the stairs only to find him picking himself unharmed out of the rubbish.

"Ess de boss mad?" he whispered, cautiously. "Tell 'em Ay had to come down for nails anyway."

Minard's Liniment Cures Diphtheria.

PREFERRED SAL.

A Missourian from the Ozarks recently went to the city to see the sights. He had never been in a big city before. He walked down the street, looking in the windows and enjoying himself hugely. At one place he saw a sign, "Woman's Exchange."

The mountaineer hurried into the store, which was filled with various speciments of feminine handicraft.

Is this the woman's exchange?" he asked.

"It is," replied a very tall, very gaunt and very spinsterlike person behind the counter.

"Be you the woman?" and he he eyed her keenly.

"I guess I am."

"Waal, I guess I'll keep Sal," he said apologetically, hurrying out.—Spokane Review.

More Greenbacks Than Gray Matter.

Belle—So Alice is going to marry that young DeMillion. Quite a feather in her cap.

Ethel—Yes: a goose feather.