# GOOD TEA BREWING

A certain family of inveterate tea drinkers used always to inquire on the occasion of new people coming to the neighborhood, "Do they keep a good teapot?"

"Alas!" exclaims a correspondent of the Lady's Pictorial, "how seldom nowadays could the question be answered in the affirmative! For my own part, being something of a fogey, I look back with keen regret to long past days when tea making was tea making, and every self-respecting hostess took the matter seriously.

"Even though one fine flunky carries in a silver kettle and another equally fine fellows at his heels with a heavily laden tray, though they offer me sandwiches in their dozens, cakes and bonbons innumerable, nothing makes up for the flavor, the aroma, of the old Behea and Souchong.

Then the fragrant leaves were five or six shillings a pound; now the people buy some latter-day mixture at a normal price. Then the hostess made the tea herself with water from a kettle on an adjacent fire; now it is left to the tender mercies of Jeames or the cook.

"No one knows or cares whether it is weaks or strong, or how long it has been dawing before its arrival in the drawing-room, and even then the dispenser of hospitality has to be reminded more than once before she tears herself away from some more congenial occupation. Shades of our grandmothers! Is it any wonder the tea when you get it is undrinkable? Either hot water bewitched, scalding to the tongue or a stewed decotion tasting of the teapot and warranted to injure the strongest digestion.

"For the golden age of tea making we must go back many years to a time when the mistress felt some pride in sitting behind her own tea urn, a position the eldest daughter alone presumed to occupy in her absence, and, incidentially, it may be remarked, there is no occupation more becoming to a charming woman than that of presiding over a well appointed tea table.

It is to be feared that nothing less than some commercial catastrophe bringing the price of tea up to alarming figures will ever convince middle class housekeeprs of the wastefulness of an unconsidered teapot. We may be very sure that in the days when Dr. Johnson used—as Bowswell tells us—to drink enormous quantities of tea at all hours, it was no vapid, mawkish fluid he enjoyed, but a stimulating beverage, pleasant and exhilarating, or he would hardly have lived, in spite of naturally feeble constitution, to the ripe age of seventy-five.

"If statistics are to be trusted English people are the greatest tea drinkers of Western Europe. We regard our yearly increasing consumption of tea with complacency and rejoice to think what a sober people we are becomming and how much better it is for the national well being than an excessive use of alcoholic drinks. This is all very agreeable and very wise, but I would like also to put in a plea for better tea, for a fair priced and more carefully made beverage. Depend upon it, even more tea would be drunk, even fewer whiskeys and sodas imbibed. If each lady saw to it that really good tea was served in her house."


## Catarrh Makes Your Head Ring

Catarrh germs spread to the ear passages, congestion follows, and the organs of hearing are so disturbed as to cause unpleasant noises, hawking, dropping to the throat, and the foul odor that makes people's breath offensive. No remedy can compare with Catarrhozone. It is simply little drops of healing which the air carries to the remotest parts of the breathing apparatus. Catarrhozone removes the cause of catarrh, destroys germs that excite inflammation, prevents the formation of offensive secretions, and restores health quickly. Catarrho- of the throat, lungs and nasal passages, a delight to use for deafness, head noises, bronchitis and throat trouble and catarrh, 25, 50c and $1.00 sizes. Sold everywhere; refuse any substitute for Catarrhozone.


## SIGHTS OF BOKHARA.

### Traveller Calls It a Perfect Picture of the Unspoiled East.

Bokhara, that strange capital at the back of the world on which every road in Asia is said to be converged, might well be called the mecca of Central Asia. It is more than that, for besides being a religious centre it is also a great capital and trade centre.

The name of Bokhara is well known, yet it has been visited by but few. Fifty years ago it was as impregnable as Lhasa, and of the few travellers who penetrated to within its walls fewer still ever came out again.

"Bokhara is completely surrounded by a wall, and I had to enter by one of the eleven gates," writes Prof. D. Carruthers in the Wide World Magazine. "It by chance I had been benighted I should have had to stay outside or at least leave my caravan behind and enter by the tiny door beside the main gate, through which a man can literally only just squeeze.

"Once within the walls the whole pageant of the east burst upon me—intense light and shade, brilliant colors, the richness of the great men and the squalid poverty of the beggars, the cleanliness of the mosques and the filth of the streets, the aching glare of the cloudless sky and the cool shade of the deep bazaars.

"Nowhere in the world, I claim, can such a perfect picture of the unspoiled, unregenerated east be seen as in Bokhara. It is as if a chapter of the 'Arabian Nights' had been put upon the stage. Here one looks down through a long vista of years and sees the east as it was long before the west existed.

"Let us stand a minute beside the 'pool.' This is the very heart of the city and is situated in a square surrounded by giant madresas and a motley crowd of booths and shops. Here at middday the people of Bokhara congregate to pray in the mosques near by and to take a meal on the terraces that surround the pool. Men of every eastern race assemble here.

"The 'pool' itself is nothing but a large stone reservoir of filthy water. Under a brilliant sky and shadowed by great trees it makes a fitting foreground to the gay costumes of the men, the dark bazaars, and the madresas piled up behind. When I saw men on the steps of the tank washing themselves in this water I felt surprised, to say the least. But when further along I noticed men filling their water skins from the same supply I realized that east is really very far from west.

"The terrible deeds that once made Bokhara a byword are now prohibited by the Russian Government. Prisoners are not permitted, for instance, to be dragged through the streets by galloping horses. Nor are they thrown from the top of the high tower called the Minar Katan. This was the usual punishment meted out to evildoers in the old days. Watched by thousands of spectators, the poor wretches were flung from that giddy height on to the flagstones beneath.

"Bokhara has many chambers of horrors, unwholesome for western eyes to see and the description of which would certainly be unfit for publication. Perhaps the most horrible of these is a pit where prisoners were tortured by vermin, which were so numerous and ravenous that in the absence of human prey they were fed on chunks of raw meat."

Send for free sample to Dept. H. L., National Drug & Chemical Co., Toronto.



TRY MURINE EYE REMEDY
For Red, Weak, Weary, Watery Eyes and GRANULATED EYELIDS.
Murine Doesn't Smart—Soothes Eye Pain
Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, $1.00
Murine Eye Salve, in Aseptic Tubes, 25c, $1.00
EYE BOOKS AND ADVICE FREE BY MAIL
Murine Eye Remedy Co., Chicago


### They Know Not Harbors Who Know Not the Deep.

The ships now in the harbor lie asleep
And have forgot how sea-wind puffs the sails
There cast upon the decks. Yonder the deep
Lies brooding and the lost gull weakly flails

The calm with listless wing, that fain would be
Wet with the spindrift of a scudding prow.
He sickens, pale Odysseus of the sea
Shaped for the storm, o'er windless waters now.

So have I fallen in thin arms asleep,
And my soul sickens and I restless lie
Adventure-struck, and hungry for the sweep
Of rhythmic oars and islands drifting by.

Awaken, let me go! It is not pride:
Bright Lucifer into the darkness hurled
Was happier than angels quiet-eyed.
God in me urges; yonder glooms the world.

The sailor seeks the haven but a day,
His life spills on the sea; then sweeter sleep,
And dearer thou for yearnings far away,
They know not harbors who know not the deep.

### CARE FOR THE CHILDREN.

(Montreal Herald.)

The children of our city are a trust, given to us by an Almighty Power for our own good and their own. Primarily it is true, the trusteeship for each child is reposed in the parents; and happy indeed is the child who has never to look further. But the thousands and thousands of Montreal children whose parents are unworthy or incompetent have no one to look to but us, the citizens of their city, and their claim is absolute. It were better to slay them as the Spartan rulers did their weaklings than to allow them to grow up to a destiny of ill-health, moral perversity and intellectual death. We are doing almost as little as we possibly can for them now; let us take up our duty and fulfil it properly.

### IT SOUNDED THAT WAY.

Dr. W. T. Hornaday, director of the New York Zoological Park, wrote home to his family when he was on one of his holiday trips in Montana: "There are many beautiful streams and lakes in this State. The most difficult water we have had to find thus far is Woman's Pocket Lake. Tenderfoot Creek did not make us much trouble, nor Tin Cup Creek, nor even Graveyard Creek. We are spending the night at Dirty Woman's Ranch. Tomorrow we shall cross Froze-to-Death Creek, also Hanging Woman and Killed Woman Creeks, and shall camp the next night beside Hell Roaring Creek."

"It sounds," commented the director's daughter, "as if father were going to the bad."—New York Press.


Minard's Liniment Lumberman's Friend.


### WORKING FOR A KING.

(Chicago Tribune.)

The laymen who are to take an active part in the coronation of King George will be figures in an imposing pageant, but will reap no substantial rewards. Henry Scrymgeour Wedderburn, Esq., will sweat beneath the weight of the royal standard of Scotland, and the Duke of Newcastle will support his Majesty's right arm while he is holding the sceptre, but they will get no pay for their services. Not so with the dean and chapter at Westminster. They will instruct the king and queen about the ceremony and assist the Archbishop of Canterbury at the coronation. That will not be hard work, but see what they are to get in return.

A third of a ton of wine, being eighty-four gallons; 100 manchets (rolls) and fish "according to the king's bounty." Let us hope, for the sake of dean and chapter, that his bounty will be measured only by the resources of the fish market.

But that will not be all. The outer as well as the inner man has to be cared for. They will get ten yards of scarlet and six ells of dark colored cloth, six yards of sarcenet and two pieces of double worsted for each of the dean's three chaplains' robes. They will also fall heir to the chairs, cushions, tapestry, carpets, cloth and all ornaments with which the church may be embellished.

### VICE VERSA LATER.

Knicker—What is a swimming-hole?

Bocker—A body of water entirely surrounded by boys.—Christian Register.

## Spring Medicine Essential

### Doctors Agree That the System Should be Housecleaned in the Spring.

Not only outside, but inside as well, your body must be frequently cleaned. Otherwise it becomes loaded with waste that clog up the wheels of health. Much better to set in time. Use Dr. Hamilton's Pills; they strengthen and regulate the bowels, assist digestion, enrich the blood and thereby fortify the nerves and lay the foundation of lasting good health.

Dr. Hamilton's Pills bring vim and vitality so much sought for to-day; they infuse a feeling of freshness and spirit in those who have been ailing for years. Really no medicine so potent. Price 25c at all dealers.

### TRUTH IN ART.

(New York Herald.)

Unquestionably the present trend of taste is in the direction of truth. The modern artist tries to paint things as he sees them and not as some one else has seen them before him. It is true that he requently sees things through distorting spectacles, but, provided his work be honest, that fact does not detract from its interest. No two men see things in precisely the same light, and it may be that those whom we call "color blind" are the only ones with a clear vision. The terms "freak" and "crank" have oftentimes been used to characterize men of great genius.


Minard's Liniment Co., Limited.
Yarmouth, N. S.

Gentlemen,—In January last, Francis Leclare, one of the men employed by me, working in the lumber woods, had a tree fall on him, crushinghim fearfully. He was, when found, placed on a sled and taken home, where grave fears were entertained for his recovery, his hips being badly bruised and his body turned black from his ribs to his feet We used MINARD'S LINIMENT on him freely to deaden the pain, and with the use of three bottles he was completely cured and able to return to his work

SAUVEUR DUVAL

Elgin Road, L'Islet Co, Que


### NO SECRET TELEGRAPHY.

Many persons are of the impression that wireless telegrapy is particularly subject to "tapping," but as has been pointed out by Marconi and others, says the Scientific American, no telegraph system is absolutely secret. Any one familiar with the Morse code can read ordinary messages entering any telegraph office. At Poldhu, on a telephone connected to a long horizontal wire the messages passing on a Government telegraph line a quarter of a mile away can be distinctly read. It has been shown that it is possible to pick up at a distance, on another circuit, conversation which may be passing through a telephone, or telegraph wire. On one occasion an investigator was able to interfere, from a distance, with the working of the ordinary telephones in Liverpool.


## A GOOD MEDICINE FOR THE BABY

Baby's Own Tablets is the one medicine that can be given little onec with the firm knowledge that nothing but good will result. The tablets are sold under the guarantee of a government analyst to contain no opiate nor any other drug which will harm the youngest child—they cannot possibly do harm; they always do good, and once a mother has used them she will never again give her little ones castor oil or the "soothing" stuffs which simply drug baby into temporary relief and in the end do harm. Mrs Philias Paradis, Frampton, Que., writes: "Send me two more boxes of Baby's Own Tablets. I have used them for constipation and have always found them very good. My baby is certainly progressing under the Tablets." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.


### WOMEN AND CHILDREN SOLD

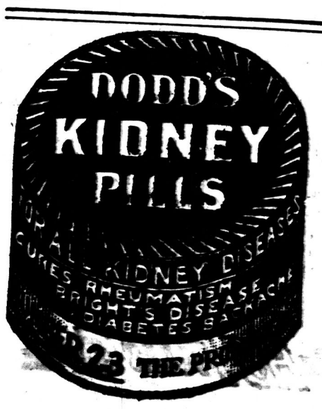
Rev. E. E. Lehenstine, writing to The Christian Herald from the Chinese famine district, says:

"Saddest of all has been the sale of women and children. Even in China, it is generally considered disgraceful for a man to sell his wife, and the sale cannot take place openly. This year not only does the sale take place quite openly, but the purchaser is even regarded as a benevolent man, no matter how nefarious his object in the purchase may be. Those most in demand are girls from the ages of twelve to sixteen; most of these are bought as slaves for lives of degradation. One is constantly seeing children offered for sale on the streets. A child under ten can be bought for anywhere from a dime to a quarter, and of course many are given away, if the parents can find some one who will promise to support them."

### THE OLDEST MAP.

After some controversy about the age of various maps that have come down to us from ancient times it has ben finally determined by saavnts that the oldest is in the form of a mosaic in a Byzantine church at Malaba, in Palestine.

It is about 1,700 years old and purports to be a map of a part of the Holy Land.



### HEALTHGRAMS.

BY DR. HYMAN COHEN.
(Assistant Chief Medical Inspector, Chicago.)

Excessive function produces decisive failure.

Play is the tonic of existence.

A clear body is an inducement to the soul to stay on earth.

Why hurry? Your destination is fixed, take time to live while you may.

Dark, airless, overcrowded tenements are the charnel houses of th working class.

Good halth is the best form of life insurance.

Life first originates in water; impure sewage contaminated water exterminates it.

One-third of the population of cemeteries consists of children under 5 years of age.

The little tots could not have walked the distance from the home to the cemetery if we had not pushed them all the way.

Open the windows and doors of your parior and let your children meet the universal parents of life—sunshine and air.


Ask for Minard's and take no other.


### THE HOUSE FLY CAMPAIGN.

(Ottawa Journal.)

If Ottawans could have placed before them in some unmistakable form the mortality figures caused by the house fly alone, there is no doubt but that every man and woman would join to the utmost in the campaign initiated by His Excellency Earl Grey for the purpose of their suppression.

That this suppression is possible, and with co-operation, even easy, is shown by the example of England. Although the British climate is more suitable for the house fly than the Canadian, they are hardly enough of a nuisance there to cause the necessity of using window screens. This because the places where flies breed are carefully covered or disinfected. In this way Britain is saved much expense, sickness and death.

A general individual effort, coupled with a closer civic inspection of stables and back yards, and with care in covering and handling garbage, should reduce the house fly pest to a minimum this summer. But as the breeding time is here, the work must commence immediately.


THE MODERN WAY OF HOME DYEING

Is to use ONE Dye that will color either Wool, Cotton, Silk or Mixed Goods Perfectly, You will find this in

DY-O-LA
ONE DYE FOR ALL KINDS OF GOODS

Send for Sample Card and Story Booklet 89 The JOHNSON-RICHARDSON CO., Limited. Montreal, Can.

With this Modern Dye all you have to do is to ask for DY-O-LA then you CAN'T make a mistake and use the Wrong Dye for the goods you have to color.


### Seven Ways to Serve Rhubarb, Spring's Delicious Health Food.

Take the oldfashioned pieplant for instance. There are ways and ways of cooking it, and the more we eat of it in the spring the better we feel—at least so grandmother says.

When rhubarb first comes it is tender and red and makes a pretty dish. It should be cut into tiny pieces and put over the fire with very little water and stewed but a few moments. Add sugar to suit the taste.

A famous old cook uses this recipe for rhubarb pie: Peel rhubarb and cut fine. Line pan with pastry, fill as full as possible. Add a little grated lemon peel and 1½ cups sugar which has been mixed with a heaping tablespoon flour. Cover with pastry, sprinkle top with sugar and bake until the pie can be turned on the pan—about ¾ of an hour.

To make fritters cut stalks up in small pieces. Beat a pint of flour to a smooth paste with ½ a pint of water, add a pinch of salt, a pint of milk and two well beaten eggs; stir the rhubarb into the batter. Put a large tablespoon lard into a thick-bottomed frying pan. Melt the fat, and when boiling hot put in the batter by spoonfuls and keep each spoonful separate. Flatten the tops of the fritters and when one side is browned turn them over. When they are done enough drain.


A Good Grade

Of Sugar costs but little more than a poor grade. In

St. Lawrence Sugar

you get the BEST that money can buy. Its recognized economy—its delightful flavor and its crystal purity make it a favorite wherever it is used.

Order St. Lawrence Sugar and note the decided superiority there is between it and the ordinary nameless sugar. St. Lawrence Sugar Refining Co., Limited, Montreal.


### THE BLOTKINS FAMILY.

Have you ever met the Blotkins?
They're the oddest little folks.
They're shut up in a bottle, and
They look like funny jokes.
Perhaps they're not as tidy
As a body'd like, but then
What else can you expect from people
Coming from a pen?

Now first, you must your mother ask
If you may let them out;
Then find a sheet of paper, that she
Doesn't care about.
Next, dip your pen right in the ink,
And shake it twice, my dear,
And with a skilful stroke or two,
A Blotkin will appear.

The queerest thing about them,
That will make you quite perplexed,
Is that no one can imagine
Just which one is coming next.
Perhaps you'll want an ostrich,
And you give your pen a jog,
When, just as like as not, you'll be
Surprised to find a dog.

There are birds and beasts and turtles,
Sniders, too, among the lot;
And you can't mistake the species;
You can tell one by the blot.
You'll find them most amusing
On a dismal day, I think;
And they will gladly leave for you
Their bottle home of ink.

—Pauline Frances Camp

Hubbubs—I love the early spring. Everything looks so fresh and clean around here. Subbubs — Yes, we've had a couple of detectives out here securing the country for a burglar.


THE RIGHT WAY

In all cases of DISTEMPER, PINK EYE, INFLUENZA, COLDS, ETC. of all horses, broodmares, colts, stallions, is to

"SPOHN THEM"

on their tongues or in the feed put Spohn's Liquid Compound. Give the remedy to all of them. It acts on the blood and glands. It routes the disease by expelling the disease germs. It wards off the trouble no matter how they are "exposed." Absolutely free from anything injurious. A child can safely take it. 50c and $1.00; $5.50 and $12.00 the dozen. Sold by druggists and harness dealers.

Distributors
All Wholesale Druggists
SPOHN MEDICAL CO.,
Chemists and Bacteriologists
GOSHEN, IND., U. S. A.



EDDY'S "SILENT" MATCHES

ARE THE MOST MODERN AND PERFECT
A SURE LIGHT, THE FIRST STRIKE

They make no noise or sputter—a quiet, steady flame. The match for the smoker, the office and the home.

All good dealers keep these and Eddy's Woodenware, Fibreware, Tubs, Pails and Washboards.

The E. B. EDDY Co., Limited,
HULL, CANADA


### THE AGE OF THE EGG.

The California Board of Health has passed an edict which obliges egg dealers to stamp on eggs they offer for sale, their age.

It appears that the cold storage interests of California have been imposing on the populace and the B. of H. is determined to break up the practice. Protests from consumers have been made showing that eggs which said consumers bought for fresh eggs had been evolved by hens in the decadent past and instead of being fresh were merely historic relics.

Hereafter California restaurant proprietors will be obliged to state the age and social standing of eggs which they offer for sale on the menus so that the innocent consumer may know just what he is consuming.

Egg offerings on menus will then probably read something after the following style:

Fried eggs (right off the nest),
Boiled eggs (nearly fresh).
Scrambled eggs (aged five days).
Piffled eggs (old enough to stand alone).
Omelett (vintage of 1910).
Embalmed eggs (valued not so much for their itrinsic worth as an edible as for the historic associations which cluster about them).

### A VALUABLE WATCH.

(Pele Mele.)

"They say Rockefeller is so rich that his fortune increases by a thousand francs every time his watch ticks."

"Good gracious! If I were he I should be in a continual fright lest some one should steal my watch."


Keep Minard's Liniment in the house.


### WOMEN AND MONEY-MAKING.

The woman who wants to make money to-day must be prepared to work, and work hard, by an ordered system for a definite end. This is the only possible method: to make money by home employment, and at odd hours at the worker's will, is frankly "impossible!"—London Madame.


ARE YOUR CORNS TENDER?

Why keep them—why suffer when cure can be had in twenty-four hours by using Putnam's Painless Corn and Wart Extractor? Its healing balms and soothing qualities relieve the pain in a few hours, the hard kernel of the corn is dissolved away. Absolute satisfaction in a 25c bottle of Putnam's Painless Corn and Wart Extractor.


### AN ELECTRIC CARPET.

The latest electric invention is the electric carpet for heating rooms. It was originated in Paris. The under side of the new carpet consists of a network of steel wires through which the current is equally distributed in all directions. It is said that the cost of the new form of heating will be less than that of any known system; indeed, it is estimated that a room fitted withone of these carpets can be heated at a total cost of a penny an hour.

### TIT FOR TAT.

(London Opinion.)

"Dear Clara," wrote the young man, "pardon me, but I'm getting so forgetful. I proposed to you last night, but really forgot whether you said yes or no."

"Dear Will," she replied by note, "so glad to hear from you. I know I said 'no' to some one last night, but I had forgotten just who it was."


ISSUE NO. 18, 1911



### HELP WANTED.

WANTED — WOODWORKERS, MAchinists, moulders. State age and experience, and if married or single. B. Bell & Son Co., Limited, St. George, Ont.

LIVE MAN OR WOMAN WANTED for work at home, paying $2.00 or $3.00 per day, with opportunity to advance. Spare time can be used. Work not difficult, and requires no experience. Winston, Limited, Spadina avenue, Toronto.

### WOMEN WANTED.

WOMEN WANTED, TO TAKE ORders in spare time; no experience necessary. Our lines especially used by mothers and girls. Apply, Dept A, British Canadian Industrial Company, 228 Albert street, Ottawa.

### AGENTS WANTED.

START TEA ROUTE TO-DAY. SEND postal for circulars, or 10c for samples and terms. Alfred Tyler, London, Ont.

AGENTS WANTED—A STUDY OF other agency propositions convinces us that none can equal ours. You will always regret it if you don't apply for particulars to Travellers' Dept., 228 Albert street, Ottawa.

### BE AS WISE AS THE PESKY FLY AND SWAT HIM.

(Niagara Falls, N. Y., Journal.)

It may be that the fly hasn't much sense, but he has a pretty shrewd idea of taking care of himself. He knows a swatter when he sees one descending and is lively in getting out of the way. Then he can walk on the ceiling, or up the window pane, and do other stunts that make him hard to swat. Whether it is sense or what not, something tells him human beings are his enemies.

Now, if the fly knows that much, doesn't it seem a little strange that some humans are slow to recognize that fly is their enemy? Just think! If man had as much sense in proportion to his size as the fly has wouldn't he make short work of that dangerous little pest! But after all these years of civilization man is just beginning to learn to swat his enemy. Yes, it't a slow old world.


Minard's Liniment used by Physicians


### CHOOSING A DOG.

It's important.
The color must be right.
It's nonsense to match a dress.
It's equally foolish to match furs.
No, choose a dog that "goes" with anything.
The black dog supplies the necessary "touch of black."
A black "Pom" is, indeed, a clever addition to any costume.
He is also a solace indoors or out—dear little fuzzy wuzzy.

### NO DOUBT ABOUT IT.

(Sydney Bulletin.)

Teacher (to new pupil)—Why did Hannibal cross the Alps, my little man?

My Ltitle Man—For the same reason as the 'en crossed th' road. Yer don't catch me with no puzzles.


PAINT TESTIMONY

When you paint this spring let this testimony help you. All over this broad Canada are thousands of customers holding up high with gratitude the old reliable brand of

RAMSAYS PAINTS

guaranteed to preserve, to protect, to beautify, never to peel, crack or chalk, always living for the lifetime of pure paints and always sold at the right price. Ask about them, and write us for Booklet ABCDE free, a handsome Booklet on house painting. You should have it.

A. RAMSAY & SON CO.,
THE PAINT MAKERS, Montreal.