3 Ways to Cook ROUND STEAK

ROUND STEAK AND DUMPLINGS.—A Savory Brown Stew. Cut one pound of lean round steak into inch cubes, rub two ounces of suet into a stewpan, shake it over the fire until it is partially melted and remove the cracklings. Dust the meat with a tablespoonful of flour, throw it into the house fat and shake until each piece is seared, then add another tablespoonful of flour and one pint of stock or water; stir until boiling, and add a teaspoonful of kitchen bouquet, a teaspoonful of salt, a slice of onion and a dash of pepper. Cover the stewpan and push it over a very slow fire to stew gently for one hour. Put half a pint of flour in a bowl, and a saltspoon of salt and two level teaspoonfuls of baking powder. Mix and add sufficient milk to moisten. Roll this dough quickly into balls the size of an English walnut, drop them over the top of the stew, cover the kettle, and stew slowly for twelve minutes. Dish the dumplings around the edge of the plate, put the stew in the middle, and dust it with chopped parsley.

STUFFED ROUND STEAK.—Take a round steak an inch and a half in thickness and pound. Sprinkle it well with salt and pepper. Make a plain bread dressing, spread it over the steak, roll it up, tie closely and put it in a frying pan with a little water and a lump of butter the size of an egg. Cover closely and allow to boil slowly one hour then let it brown in the pan, basting frequently. When done, dredge a little flour into the gravy and pour over the meat. Serve in slices.

ROASTED ROUND STEAK.—Make a mixture of battered crumbs, a tomato minced and pepper and salt. Spread this mixture over a round steak and roll this up as you would a sheet of music, first skewering it and tying it securely with stout twine. Lay in a roasting pan, sprinkle over and around it a few minced vegetables—such as carrots, a turnip, some peas and string beans—add a cupful of well seasoned stock, cover closely and roast, allowing twenty minutes to the pound. When done transfer the meat to a platter, remove the strings but not the skewers, and keep the meat hot while you thicken the gravy left in the pan, using brown flour for this purpose. Pour over the steak and send to the table.

PILES CURED AT HOME BY NEW ABSORPTION METHOD

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality, if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write to-day to Mrs. M. Summers, Box P. 8, Windsor, Ont.

DESTRUCTION OF RATS.

The following method for the destruction of rats, adopted by M. de Kruyff, of the Agricultural Bureau of the Dutch Indies at Buitenzorg, Java, is given in a recent consular report. All visible rat holes were first stopped with earth to ascertain which holes were inhabited. Half a teaspoonful of carbon bisulphide was poured in each of the holes found to be inhabited and, and after a delay of a few seconds to allow the liquid to evaporate, the mixture of vapor and air was ignited. The result was a small explosion, which filled the hole with poisonous gases and killed all the rats almost instantly. A pound of bisulphide is sufficient for more than 200 rat holes; 131 dead rats were found in 43 holes, which were opened after the operation. It is further stated that satisfactory results in exterminating porcupines have been obtained by this method.

TRY MURINE EYE REMEDY
For Red, Weak, Watery, Inflamed Eyes and Granulated Eyelids.
Murine Doesn't Smart—Soothing Eye Pain
Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, $1.00
Murine Eye Salve, in Aseptic Tubes, 25c, $1.00
EYE BOOKS AND ADVICE FREE BY MAIL
Murine Eye Remedy Co., Chicago

SENSATIONAL SERMONS.

(Pittsburg Gazette-Times.)

It will be interesting to learn whether in this case the result will be so successful as to justify the means. Ministers have been known to anounce sensational titles for sermons just to draw the crowd, and then when the pews were filled they have delivered quite conventional discourses. The Saginaw preacher will probably discover that young men hear enough about baseball and kindred sports on week days, and that non-churchgoers are not to be attracted by such specious devices. When the occasional churchgoer does attend, he is as much opposed as anybody to witnessing a vaudeville performance! What he wants is a real sermon. If he gets a pulpit song-and-dance instead, he feels that he has been bunkoed and the chances are he won't go to church again in a hurry.

A Guaranteed Corn Cure for 25 Cents

Putnam's Painless Corn Extractor is guaranteed to remove hard, soft or bleeding corns in twenty-four hours without pain. Take only Putnam's; it's the best. Price 25c per bottle.

REFLECTIONS OF A BACHELOR.

(New York Press.)

What makes a man a good citizen is he's afraid not to be.

The loveliest girl at a party belongs to the mother of every one there.

The more a man can eat the more he'd think it was gluttony for anybody else.

A low-priced clergyman can marry people, but it takes a high-priced lawyer to unmarry them.

A man's succes in politics depends upon his being able to say everything without meaning anything.

Minard's Liniment Cures Colds, &c.

PROCEDURE.

(Puck.)

Foreign Enemy—Then you think it is useless for us to attack the country by way of New York?

Assistant—Certainly. Our investigations tell us that it is impossible. First we would have to pass a trained army of customs inspectors, then a squad of quarantine officials, and what was left of us would be swept away by a picked delegation of reporters asking us how we liked the country.

EASY.

(Good Housekeeping.)

Physician—Have you any aches or pains this morning?

Patient—Yes, doctor, it hurts me to breathe. In fact, the only trouble now seems to be with my breath.

Physician—All right. I'll give you something that will soon stop that.

Minard's Liniment Cures Distemper.

LITTLE HELPS IN CARING FOR THE WARDROBE.

The wardrobe that is properly cared for, brushed, mended and folded will not only last as long again as the one that is allowed to take its own way to the rag bag, but will give the wearer an air of being well groomed, even though the garments have not cost the maximum amount of money.

To begin with, ready-made garments should never be worn until they have bee carefully looked over. Buttons, hooks and eyes should be securely fastened with a few extra stitches; buttonholes that are too large or too small should be made right; all thread ends should be fastened and snipped off; seams, hems, etc., should be looked over and where the machine has skipped stitches the needle must be used; wherever raw edges appear they must be made neat and trim with needle and fine thread.

Whatever method of fastening skirt and shirt waist together you affect, it should be attended to before wearing even once, for these is nothing that looks so slovnly as a waist and skirt parting company in the back. A man once told a girl he asked to marry him that he was first attracted to her by her neat and trim appearance on shipboard. "Your skirt and waist were never divorced, and your shoes were never run over."

Speaking of shoes, take the advice of an experienced woman who declared that frequent visits to the shoemaker—and the dentist—had done more ot turn her out a well-groomed woman than any other thing.

One should have trees for every pair of boots and shoes, if possible; if not, do the next best thing and stuff them out with paper when not in use. Standing in a row on a low shelf in the closet is the best way to keep them in shape; if this be not convenient, keep them in shoe boxes, away from the dust. Do not keep them in shoe bags that hang on a door or wall, as this crumples the soft leather.

Never put away a pair of shoes without brushing off the dust and dirt. Unless you have been walking in the mud you will only need a soft felt rubber to keep them clean. In brushing be sure to remove the dust that gathers between the buttons and on the tongue of laced shoes. It is well not to wear the same pair of shoes day after day if it can be avoided; both feet and shoes need a change and rest.

Beaded and embroidered dancing slippers should be kept in boxes, with a piece of tissue paper between, so the beads will not rub the leather or satin, and that the embroidery may not be soiled. White canvas, kid or buckskin shoes must be cleaned before wearing with one of the many preparations sold for the purpose. Do not think because you have to clean them anyway you may as well get them soiled a little more. This is a mistake; a very dirty shoe never looks so good a color, though the cleaning be ever so thorough.

Keep a supply of laces and buttons on hand, for you may need them any moment. If patent buttons are put on when the boots are new they will nearly always last as long as the shoes.

For black shoes, be sure to find a blacking that will not injure the leather, and with the very best it is well to have them occasionally blacked by a professional cleaner, as men's shoes are blacked.

Bonnets and hats require special care; one or two soft brushes are needed and should be used every time the hat is worn. If you have not a hat trunk a special box is needed for each hat. If a hat has been worn in damp weather the crown should be fitted with tissue paper to keep the shape, and it should not be put away until dry.

If there are feather trimmings, it is well to hold the hat before the fire or over the feather to bring back the curl. Furs and feather boas should be well shaken before putting away, and, if damp, dried thoroughly, or they will smell musty.

Coats and heavier shirt waists should have each one a hanged to keep the shape; there are hangers that have a place for the skirt as well as the coat. The skirt to a tailored suit should not be worn in the house any more than is absolutely necessary, for it soon gets "kneed" and otherwise out of shape, giving the wearer a very slovenly appearance.

If frequent visits to the tailor for pressing are not convenient it can be done at home with a bit of extra trouble.

Be careful to clean all the spots with naphtha, ammonia or other cleaning fluid, then press on the wrong side with a damp cloth and very hot iron, using the iron until the cloth is quite dry. If there are plaits they must be well basted and pressed on the wrong side.

Stockings and dress shields should be changed and washed daily. Gloves should be kept in a long, narrow box, so they may lie at length and not be rolled. In mending them be very careful to use thread or silk of the extract shade; a glove outfit includes all fashionable shades. Wash white ones before they become too soiled and they will keep their color better.

Furs need a great deal of care. Do not fold them flat, but lay them loose in drawer or box, and if damp stretch them unwrinkled and preserve the stiffness. Some girls use a flat piece of cardboard and wind their veils on that, others roll them closely together. No matter how you do it, keep them flat, straight and in shape.

Before sending clothes to the laundry look them over carefully and darn every broken thread, for if you do not you will find a hole of considerable size when it comes back to you. Missing buttons, hooks and eyes, tapes, etc., are better done when the clothes are clean.

It is well to have all your underwear marked, even though you may live at home and your washing is not sent out. Even when visiting, stocking and handkerchiefs have a way of being exchanged, and the best way of claiming lost articles is to have the name mark on every garment. There are woven colored initials of various sizes, which can be sewed on in inconspicuous places and serve admirably as a means of identification.

SHADY.

He—Don't you think she has rather a good complexion?

She—It strikes me as being just a trifle too impressionistic.—Sydney's.

"WAS FADING AWAY"

A Young Woman—Scarcely Thirty—Seemed to be Dying on Her Feet.

DR. HAMILTON'S PILLS CURED

"I think it should be the duty of the schools to teach children how to keep well," writes Miss Naomie E. Naydon, a well-known and highly-esteemed resident of Bristol. "Ignorance of the laws of health and the use of improper remedies destroyed my vigor, and led me to the verge of invalidism. I was, as a girl, ruddy and strong. Nothing seemed to affect me until I was about thirty. Then gas began to form in the stomach. I suffered with bloating and a general failure in strength set in. If I went upstairs my breath hurt. My system was very irregular and until I grew pretty bad I didn't pay much heed to my condition. Then I got blue, worried all the time, wakened up at night and couldn't get to sleep again. None of the medicine I took helped me. One day I was reading of a very interesting case like mine cured by Dr. Hamilton's Pills. I took the same treatment. It was just right—didn't physic me to death, but took hold of the weak, sick parts of my system and set things right. It seems as if Dr. Hamilton's Pills have made me young again and all my color, spirits, vigor and health of former days have returned to stay."

Every girl and woman should use Dr. Hamilton's Pills regularly. They help a woman in many ways. Beware of the dealer who asks you to take an inferior pill on which his profit is larger than on Dr. Hamilton's. Sold in yellow boxes, 25c per box, all dealers, or The Catarrhozone Co., Kingston, Ont.

THE SAUSAGE.

Story Told of Lord Northcote, Late of Australia.

The death, the other day, of Lord Northcote recalls a story told of him when he was Governor-General of Australia. One evening he was strolling through an avenue of sombre to a friend's house to dinner, when he was suddenly pounced upon by a maid-servant, who kissed him effusively and pressed a little parcel into his hand.

"Here's a sausage for you. I can't come out to-night, as master has company," she whispered, and as mysteriously disappeared.

When he got to the house he found one of his servants loitering by the gate.

"What are you doing here" asked Lord Northcote.

"I'm waiting for my sweetheart," the man stammered.

"Where is she?"

"In service here."

"Ah, then I am right. Here is a sausage from your sweetheart, and she wishes me to tell you that she cannot come out to-night, as her master has company."

Seeing that the man looked nervous, he added kindly: "She also gave me a kiss for you; but perhaps you would rather wait until you see her. Here are five shilling instead."

SUFFERED THREE YEARS

Till Dr. Morse's Indian Root Pills cured his Kidney Trouble

There are few diseases that cause more acute suffering than Kidney Trouble, and Mr. F. A. Thomas, of Sudbury Ont., is one of those who know it. He writes:

"For over three years I suffered from kidney disease. First I thought I had sprained my back, for suddenly the pain would catch the small of my back and it would be impossible for me to straighten myself up for several minutes. A dull ache across the kidneys was always present, my urine was thick and cloudy, and passing it caused a burning, scalding pain. Tried medicines, but they failed. I was advised to try Dr. Morse's Indian Root Pills, as they had cured my wife years before. A few boxes affected a complete cure. I now enjoy the blessings of good health, which is due to this remedy."

Don't neglect kidney trouble—it's too dangerous as well as too painful. That old, reliable family remedy, Dr. Morse's Indian Root Pills, has cured thousands and will cure you. It is equally effective in curing constipation and its attendant evils, biliousness, indigestion and sick headaches, and in purifing the blood. 25c a box at your druggist's. 10

POOR WOMAN.

See her shop.

She starts blithely out.

She jauntily enters shopland.

She clutches, say, $50 in her hand.

The $50 is to freshen up her wardrobe.

First thing she spies a very good-looking brocade.

Conscious of her wealth she condescendingly asks the price.

The man behind the counter answers "35 per yard; with more gold they cost more."

She flees and, coming upon the furs, remembers that she needs a new fur piece.

Ah! there's the prettiest little tie, simple and modest, and no doubt moderate in cost.

She recovers her poise, and with an almost nonchalant manner says: "Ah, very pretty—and the price?"

"That little imperial Russian tie?" asks the saleswoman. "That's one of our best things, though small. $450."

Many a white lie has left a black mark behind it.

DODD'S KIDNEY PILLS
23 PILLS

ORIGIN OF THE UNION JACK.

The commodore of Rear Admiral Beresford, of the British navy, which was taken from the Mariner's Mirror, in which he defines as a mystery his inability to trace the "origin of the practice of British royal ships flying on a flagstaff at the bowsprit end a small replica of the national flag" would have caught his comprehension if he had been a Scotchman, and especially as he seems, unwittingly, to have used the very phraseology of its original use. Very innocently he thus gives it as "the smawle little flagge with a red crosse at the end of our bowlespittes."

King James I. of England always signed acts of Parliament officially, Jacques I. (pronounced Jack).

The "Union Jack I."—The historical key to the conundrum is as follows:

1—The original English flag carried the emblem of St. George, a red cross on a white field.

2—The original Scotch flag carried as its emblem that of St. Andrew, which was diagonal cross on a blee field.

3—The original flag of Ireland carried as its emblem that of St. Patrick, which was a diagonal red cross on a white field.

King James imposed the English cross upon the Scotch flag, uniting both flags in fond companionship, it being a union, and not of force as a conquest. In 1801 the Irish flag was added to the former combination, thus perfecting in historical order the British flag of the present time. Thus it happened that should each sub-nation have its local parliament or congress, the flag will remain equally the flag of each, as well as of all combined.

Well, Well!

THIS is a HOME DYE that ANYONE can use

I dyed ALL these DIFFERENT KINDS of Goods with the SAME Dye.

I used DY-O-LA

ONE DYE FOR ALL KINDS OF GOODS

CLEAN and SIMPLE to Use.

NO chance of using the WRONG Dye for the Goods one has to color. All colors from your Druggist or Dealer. FREE Color Card and STORY Booklet 19. The Johnson-Richardson Co., Limited, Montreal.

HELPFUL SUGGESTIONS.

The color of almost any washing material may be set by soaking it in water to which a spoonful of ox gall has been added to each gallon of water.

Don't throw away the half-burned pieces of wax candles; tie them up in small squares of thin cloth and use as ironing wax. They are excellent.

An olive oil bath is very fine for a palm or fern. Put two tablespoonfuls at the roots of your palm or fern and you have no idea—unless you have tried it—what the improvement will be.

To whiten wooden floors add two tablespoonfuls of paraffin to the hot, soapy water used for washing a floor. It will cleanse the boards, and will also destroy any insects that may be lurking in the cracks of the wood.

Keep a few pieces of camphor gum in your linen closet; it will aid in keeping the linen white.

If fish is wrapped well in oiled paper it will not impart a flavor or oder to other foodstuffs in the refrigerator.

In making a baked custard warm the milk before adding the eggs, and there will be less danger of the dessert turning watery.

WOMEN NEED GIN PILLS

Port Dufferin, N. S.

"I was troubled with Kidney Disease for several years. My back was weak. I had terrible headaches, and was so restless that I could not sleep at night. At last a friend told me about Gin Pills. I, at once, got a box and after taking them, I felt better. After three boxes I was cured.

ETHEL BALCOMBE.

"Write us for free sample of Gin Pills to try. Then get the regular size boxes at your dealer's, or direct, price 50c a box, 6 for $2.50. Money refunded if Gin Pills fail to cure. National Drug Co., of Canada, Limited. Dept. H. L., Toronto.

WHEN SOMEBODY FAINTS.

If somebody faints this is what to do, according to The Woman's Home Companion:

"If due to the effect of bad air in a close room or the shock of hearing bad news, loosen the cloth of the patient, sprinkle cold water on the face and chest and put a cloth, wet in very cold water, at the back of thet neck and lay the patient down with the head slightly lowered. If the victim happens to be sitting upon a chair, or has fallen back upon one in an insensible condition, grasp the back of the chair down near the seat and tip it back slowly until the head is well lowered, and the lower limbs elevated. This treatment, and sufficient fresh air, will, as a rule, restore consciousness quickly. It may be wise to administer a stimulant, such as aromatic spirits of ammonia, if obtainable; 20 drops in a tablespoonful of water is a dose which should be repeated in ten minutes if necessary."

AT A DISADVANTAGE.

"I suppose you will miss your boy while he is at college."

"Yep," replied Farmer Corntossel. "I dunno what I'll do without him. He got the live stock so they wouldn't move unless he give 'em the college yell, an' I can't remember it!"—Washington Star.

Even the bakers don't all sleep on floury beds of ease.

That Splitting Headache will vanish if you take "NA-DRU-CO" Headache Wafers. Clean, quick, sure relief, and no question they contain nothing injurious to the heart or nervous system. 25c a box, at all druggists. National Drug and Chemical Co. of Canada, Limited, Montreal.

ISSUE NO. 45, 1911

Every Woman

Should know about the wonderful MARVEL Whirling Spray. The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it. If he cannot supply the MARVEL, accept no other, but send stamp for illustrated booklet—sealed. It gives full particulars and directions invaluable to ladies. WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

JAPANESE SHOE POLISH

100 SHINES FOR 10¢

STAMMERERS

The Arnott Institute treats the CAUSE, not the HABIT, and permanently cures the most hopeless looking cases in four to eight weeks. Write for proofs, references and information to 12

THE ARNOTT INSTITUTE, BERLIN, ONT., Can.

KITCHEN TIPS.

When stewing fruit add a pinch of salt to every pound, and you will find the flavor much improved.

Choose lamp wicks that are soft and loosely woven. Soak them in vinegar and dry thoroughly before using them.

Old brass can be made to look like new if scrubbed with a hard brush dipped in strong ammonia and rinsed with cold water.

If you want to paper a wall that has been whitewashed brush over every part with equal quantities of vinegar and water, or the paper will not stick.

To prevent eggs from cracking while boiling it is said to be a good plan to pierce the broad ends with a pin before puting them into the water.

An excellent way to keep salt dry in damp weather: To four ounces of well-dried table salt add one teaspoonful of corn flour, and mixed well together.

SCHOOL TEACHERS.

(Philadelphia Record.)

We think that in the primary schools especially there is no question but that the average woman teacher renders better service than the average male teacher. In discussing the operation of equal pay for equal work the Boston Post says:

It is suggested, with great pertinence, that if men are better qualified for the duty, instead of lessening the number of male teachers, such a regulation would increase it. The economical reason for appointment of female teachers because they are paid less is removed. Men will be given their places if the men can do work better.

But can they do it better? In many relations they cannot do it as well as it is done by the women. Here is a place where the quality of the sexes as regards compensation may properly be insisted upon.

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN,

Schr. Storke, St. Andre, Kamouraska.

IF YE LOVE.

The New Testament writer who told us that the man who does no love his brother whom he has seen cannot possibly love God whom he has not seen told us a profounder truth than many of us have given him credit for. So true is it that this statement will work equally well no matter which way we may put it. These two things, the love of God and the love of man, must always go together; as one lives so must the other. If the love of God is a real thing in any man's life, just as sure as it is there will it radiate out from there. No evil device has ever been contrived that will keep it hidden. If the fire of the love of God is kindled in a human heart it will burn its way until it reaches the very end of the world. The only way to make missionaries and missionary churches is to requicken in human lives the love of God. Out of that will grow brotherhood and sympathy and kindliness and every other social grace that men can need.

Who contributed the greatest sum to the "men and religions forward movement?" Well, if you lived in Kansas you would know. It was A. A. Hyde, of Wichita, and Mr. Rockefeller was among the contributors, too, adds the Springfield Republican.

ARTIFICIAL SPONGE.

It is said that the Germans have recently succeeded in making artificial sponge, which takes the place of the genuine article in many respects. Pure cellulose and zinc chloride make a pasty, viscuous mass, which is mixed with coarse rock salt. A quantity of this is then placed in a mold and then pierced with needles penetrating into the interior in all directions. The salt is then removed by a prolonged washing, and the result has the appearance and qualities of sponge, absorbing water in the same manner and drying when its interior is freed of the water. It may also be used for filtering purposes.

Minard's Liniment Cures Diphtheria.

THE BAD MOUTH.

Cut it out.
It's a disgrace.
It is a confession.
How much meanness is there!
Study the many mouths you meet.
There's the very ugly bulldog mouth.
Disappointment and melancholy may be seen.
Sneaking and other ugly propensities are too often evident.
The bargain hunter's mouth is usually a painful study in hardness.

BONDS

A NON-SPECULATIVE INVESTMENT

¶ There is no element of speculation in the purchase of a Bond. This does not mean that the value of your holdings cannot increase. It means that the element of risk and the chance of loss are practically eliminated.

¶ Many, in fact most, of the Bond issues we have offered our customers in the past have appreciated in value. The demand for a certain bond, paying a good rate of interest and of unquestionable security, forces the price up in the same manner as an increasing demand forces up the price of any commodity.

¶ We would like to send literature to any one interested in this safe and profitable form of investment.

ROYAL SECURITIES CORPORATION LIMITED
BANK OF MONTREAL BUILDING
YONGE AND QUEEN STS.
TORONTO
R. M. WHITE - Manager
MONTREAL-QUEBEC-HALIFAX-LONDON, ENG.

SAW A GHOST.

(Woodstock Sentinel-Review.)

A young woman in Montreal the other day saw ghosts and told some of her friends about it. It was afterwards learned that about the time she was seeing the ghosts the spirit of her lover was passing from its earthly tabernacle. He had been accidentally electrocuted. This is something for the Society of Psychological Research to investigate. Many similar cases have been investigated; yet we are as much in the dark as ever. It may be taken for granted that the young woman saw something. There are too many similar cases for the story to be dismissed by a simple denial. The question is, what did she see, and what was the relation between her vision and the passing of her sweetheart? Had she ever seen ghosts before? Is there any probability that the seeing of ghosts at this particular time was merely a coincidence?

Shiloh's Cure STOPS COUGHS HEALS THE LUNGS PRICE, 25 CENTS

THE RATTLING WINDOW.

That Quebec has one of the highest death rates in the world from tuberculosis was one of the statements made in the report of the Royal Edward Institute. One of the causes ascribed for this state of affairs was that people kept their houses too warm in winter, and with this kept out the fresh, wholesome air. The window that rattles in the winter blast may be better for the people who look through it than is the one which is a credit to the house-builder.

Minard's Liniment Cures Garget in Cows.

A POSER.

"I believe I'll open a dramatic school," said the seedy-looking man.

"Why? You never have been on the stage, have you?" asked the preacher.

"No."

"Then how do you expect to be able to teach people to act?"

"It's simple enough. You're teaching people how to be angels, aren't you? Have you ever been in Heaven?"

PURE CANE SUGAR

Owing to the large daily consumption by every person, the purity of the Sugar you use is important.
The purest Sugar in the world to-day is

St. Lawrence Sugar

It is made from Pure Cane Sugar, and its positive purity is unequalled.

Government Analyst Guarantee

MILTON L. HERSEY, M.S., LL.D., Provincial Government Analyst, writes:—"I have analyzed St. Lawrence Sugar, and find it contains 99.9[illegible] to 100 per cent. of Pure Cane Sugar, with no impurities whatever."

Try St. Lawrence Sugar to-day.

THE ST. LAWRENCE SUGAR REFINING CO. LIMITED, MONTREAL