CAROLINA GRITS BREAD

Beat one egg with a large coffee-cup of cold hominy. Stir one tablespoontat of butter into this and a little sait, then add one pint of fine, washed, raw grits, from which the water has been thoroughly drained, and one and one-half cups of water. Mix well and bake in a greased pan for half an hour.

OATMEAL ROCKS.

One cupful of sugar, one-half cupful of butter, one-half cupful of lard, two eggs, two cupfuls of oatmeal, two cupfuls of flour, one-half teaspoonful of emnamon, ne level teaspoonful of baking powder. one level teaspoonful of soda, one-half cupful of milk-either sweet or sourone cupful of chopped seedless raisins. Put baking powder in the flour and sift twice. Dissolve the soda in a tablespoonful of warm water and stir in the milk. When the ingredients are well mixed. the consistency is about as stiff as can be well stirred. Bake in a large dripping pan, using a heaping teaspoontul of the mixture for each cake; drop quite a way of granulated sugar; put in a eask standing in a cool place, and bottle in four months.

DROP CHEESE BISCUIT.

Make a baking powder dough thin enough to drop into tiny cake tins, and enrinkle with grated cheese before bak-

PANNED FISH

Clean well and season with pepper and ealt one small fish and roll in fine breadcrumbs. Have a frying pan smoking hot, with just enough grease in it to keep the fish from sticking: lay in the fish and brown quickly on both sides Then cover close and set back to cook more slowly from ten to twenty min utes.

COLLSEN'S CREAM.

Cut half a pound of marsh mailow into small pieces and soften in a double boiler. Whip one and one-half cups cream and one-half cup powdered sugar one cup blanched almonds minced. dash of salt, the softened mershmailow and two tablespoonfuls of rich pineapple juice; now put in a jar on ice till ready tiny angelica shamrock leaves and bits of green candy mints.

MASHED CARROTS.

Serape and cut carrots into bits and boil until tender in two waters. Drain, run through a colander and mach fine. Ad a tablespoon of butter melted, heat very light, season with salt and pepper and serve very hot.

VEAL TONGUE.

Scald and peel a veal tongue, make set eral slits and insert strips of bam. Fry on both sides in hot lard and add sliced carrots and onions, a spoonful of flour. a hash of parsley and sait and pepper to taste. Put in enough water to cover

PECANS IN JELLY.

One quarter box of granulated gelatin, one-half cupful of cold water, one-half cupful of boiling water, one-quarter cupful of orange juice, one-quarter cuptul of lemon juice, one-quarter cupful of sherry (or grape juice may be used.) Soak the gelatin in the cold water five minutes; dissolve in the boiling water and add orange and lemon juice and wine. Pour one-half the mixture into an enameled pan, and when beginning to set arrange pecan mests on it about one inch apart. When firm add the remaining jelly. Chill. When ready to serve cut in cubes and decorate with whipped cream (may be omitted).

BRANDADE OF CODEISH.

Fresher a piece of sait codfish and then boil it. drain the fish, pound it and add peper and sait and hashed gartie; also some good olive oil, which should be put in drop by drop. Put in a pot over a very gentle fire (this is essential.) Continue to add oil, always drop by drop, using about half a pound of out for a large piece of codfish. Add a half glass of cream while stirring. Serve immediately.

Minard's Liniment for sale every-

CONSOLATIONS OF THE POOR "We must always look on the bright

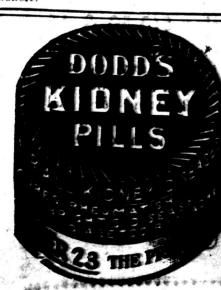
side," said Mayor Grice, of Fort Wayne, discussing a party setback with the Indianapolis Star. "We must all take a lesson from Hiram Husk.

"Hi Husk, you know, visited Long Island, and had his pocket picked at a side show.

"I should think,' his wife succred, on his return home,"that you'd have a purty peer opinion of Coney arter bein' robbed of your purse like that!'

" Yes, that's right, said Husk, but I come out better'n some folks did. Why, Maria, the old banker's ward in the piece, beautiful Thais, had all her jools swiped, and then the banker's wife throwed vitrel in his face durin' the same act I had my wallet stolen."

It isn't always the fellows with the broadest shoulders who carry off the



MARRING THE FLOWERS.

of Old Fashion Popular Names.

What a pity it is that new va of flowers cannot be named in the pretty homely way of their far off amestore instead of by the overpowering syllables that are generally bestowed on them. It has been said that, "roughly speaking, all new flowers since the sixteenth cenarity writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash, "whitney will be a proper digestion and disordered states ash, "whitney will be a proper digestion and disordered states ash," writes Mr. En P. Whitney "In section of poor digestion and disordered states ash, "whitney will be a proper digestion and disordered states as a proper digestion and disordered states are a proper digestion and disordered states are a proper tnry are the blossoming advertisements of Swedish botanists, German profe American millionaires, and Scottish gardeners." They always Latinize the names, too, and Latin flower names are so hard and unsympathetic, a great contrast to the Greek, which are always beautiful. It is a delight merely to say such words as croeus, anemone, narcissus hyacinth, iris, daphne, asphodel.

But the best names of all are those popular names that were given to comas are still allowed to bloom in an ancient garden at Tarring, which is said to have been originally planted by Thomas a Becket. In the old names the flowers have a personality of their own, they are living and beloved. Mignonette means little darling, meadow-sweet is like a caress, traveller's joy and speedwell are kindly greetings to the warfarer. You know that flowers must

have been an inanimate part of daily life when they were named for the things in daily use-gloves or slippers, mirrors or girdles. What a charming name is foxglove, and the French popular name is equally delightful; the blossoms are "les doigtiers de Notre Dame." Some of the old world flowers were

directly personified as in "ragged Robin" or "sweet William" or "sweet Naney," others were fragrant with thoughts of sacred things, as "star of Bethlehem" or 'Marygold," while others again whisper of travel, when travelling was a rarity. 'Blackamoor's beauty" is said to date from the Crusades, and "southernwood" carries with it suggestions of all the aromatic spices of the South. Even to-day in spite of the tendency to give ugly names to exquisite blossoms we sometimes find a touch of pretty sentiment in the naming of flowers. At a flower show in Normandy last summer I saw some lovely new varieties of the iris, and I thought that the spirit of the entente cordiale must have been present at their christening. "King of the Blue." "Smiling Mary," "Village Maid," "British Queen" were some of the names, in English of course, and the most surprising of them all, "Gold Cup of Thunderbolt," was doubtless full of kind intentions. Nor was the great republic of the west forgotten, for "Longfellow" and "Beauty of America" were blooming side by side with "Mrs. Gladstone" and "General Gordon."- New Orleans Times-

Minard's Liniment Cures Burns, Etc.

CHOOSING A KITTEN.

They said. "Now choose which you want

And they meant to drown the rest I

wish the mother would go to sleep, And not sit there and stare at me so— She heard, and she understands, I know

I suppose they think that it takes too much milk, And meat, and things to feed all four, been more, But it's such a few kittens, only four!

Shall I keep the one who is saying "Please!" Or that funny one, who is just half Or the one with the stockings up to his

And patches all the way down his back, Or the dear little white one, over there, Or the dear little white one, over there, Who does not seem to suspect at all? At least, if she does, she does not care, For she's actually playing with a ball! I cannot choose—I must keep them all!

HOW DAYTON LADIES CURE THEIR CORN-PINCHED TOES.

Miss M. Lukey, of Zena avenue, Dayton. Ohio, writes: "Before using Putanm's Painless Corn Extractor" I was quite laid up with corns, and could not even stand the pressure of a loosely buttoned shoe. I applied Putnam's "Extractor," and in a very few hours obtained relief. In a miraculously short time was completely cured. I take pleasure in recommending your Putnam's to my friends." All druggists sell Putnam's Corn Extractor in 25e bottles.

STRAIGHT ADVICE.

A correspondent who had just heen much entertained by the etories lawvers have told us in this incident from his own experience:

A farmer friend of mine went to an attorney at the country ceat, put before him the cause of his dispute. and asked him if he would handle the case.

"I should be glad to," replied the "We are sure to win it lawyer. "So you really think I have a

good case. Why, it's a cinch. Its dead open and shut. I can guarantee that I'll get a verdict in your favor.' 'Justly or by trickery?'

"Justly and equitably, sir. You can't lose." 'Thank you for your advice. ain't goin's to law this time. I've just given you the other eide of the case, an' since you're so sure it'll win I'd

better drop it. Thanks jest the same.

Dealer.

AN IDEAL ARTESIAN BASIN. This term is applied by C. E. Siebenthal, in Paper No. 240 of the Hydrographic Department of the United States Geological Survey, to the San Luis Valley in Southern California. Its length, north and south, is about 150 miles, and its greatest width about 50 miles. Although the streams that flow down into it from the bordering mountains disappear as soon as they reach the alluvial slope, there is an abundance of water underground contained in beds of fine sand varying from one feet to 20 feet in thickness, and separated by beds of blue clay from one feet to several hundred feet thick.

No less than 3,224 wells already ex-

BAD DREAMS CLIEFD

Remedy That Cured

the morning I had a very unples hour or so after eating I experienced pain in my right side, gas formed in the stomach and caused great distress. Even in warm weather my hands felt clanimy, and still worse my system was seldom regular. Brooding and despendency would now and then get hold of me and completely unman me. When un-fit for work I tried Dr. Hamilton's mon flowers not only in old England, but Pills: In my case their wonderful curs throughout Europe, such homely things tive power was like magic. So mildly did they work upon my system I at first thought they wouldn't benefit. But a few doses proved how much they helped the stomach, how quickly they brace up digestion. Food tasted natural, my appetite improved, my face looked clear and bright, and day by day as I gained in health, so I gained in spirits. To-day I am as sound, healthy, vigorous and well as any man could be. Dr. Hamilton's Pills did it all."

Beware of the dealer that may try to sell you an inferior pill to Dr. Hamilton's, which are sure to help and cure. Sold in yellow boxes, 25e box. All dealers or The Catarrhozone Co., Kingston, Ont.

THE TALE OF THE SARDINE

The sardine has been honored with a history, the writer being no less a personage than a member of the Societe Academique, of Nantes.

The sardine in the early days was brought in in small boats. Then came a police ordinance in 1738 in the interest of the poorer classes against the menopolist. Owing to the police ordinance the sardine was a source of livelihood to the Bretons. Joseph Cilin, whose name is still revered in Nantes, first prepared the fish with oil. His venture was a great success, and he had many imitators.

In 1835 there was something like a crisis in the sardine industry. Millet, who was the chief curer, had his factory indicted as a nuisance, but the difficulty was overcome by removing it from the centre of the town to the shore. Although the fame of the sardine was firmly established, it was only in 1855 that it received its apotheosis. Then it was shown in the Paris Exhibition.

Mrs. Max-Can't afford to let me go to the seashore. Why not? My board there wouldn't cost much more than it does here.

DIPLOMATIC HUSBAND.

Mr. Max-I admit that, my love; but think of all the money I'd have to spend entertaining myself in your absence.-Boston Transcript.

St. Joseph, Levis, July 14, 1903. Minard's Liniment Co., Limited.

Gentlemen,-I was badly kicked by my horse last May and after using sevwould do. My leg was black as jet. was laid up in bed for a fortnight and could not walk. After using three bottles of your MINARD'S LINEMENT was perfectly cured, so that I could start on the road.

> JOS. DUBES. Commercial Traveller.

A WASTED DISCOURSE.

(Canadian Courier.)

The visit of Dr. Orr to Toronto, and nis highly instructive address on Bibical literature, have been regarded with some caution, both by the higher critics and their friends. The reverend visitor has been implored to be "explicit," lest the wayfaring man, to say nothing of the newspaper reporter, should misre-present his views on the early chapters of Genesis.

This desire for a decisive attitude recalls the consternation experienced by worthy Hamilton pastor, years ago. He nad been preaching at Grimsby Park with the laudable desire to show that the latest discoveries in science were quite in harmony with the salient points of Biblical history. He admitted, however, that the "day" of Creation did not mean what we moderns understand by the monosyllable. As he was leaving the

auditorium, he was accosted by a dear old lady who exclaimed tearfully: "Oh, Dr. B-, I am so thankful that am not like you-I believe in the Rible "

What the well-known D. D. said is

Wigg-Hello! old man. I never saw you looking better. Wagg-Weil, 1 do feel in prety good shape. You see, I've

been too busy this summer to go away

THIS is a HOME DYE that ANYONE Good morning!"-Cleveland Plain used

explanation. These compositions are almost for the left hand, the reason given by a writer in the Etude being that the right hand gets plenty to do in the average piano piece, but that the left hand is often comparatively idle.

Players sometimes disable the right hand and water the left hand are the left hand had been a left hand are the left hand had been left hand are the left hand had been left had been left

hand and wrist with injudicious and ex essive practice. It is then that the left hand piece comes in for its share of attention. If one cannot present one's self to the exacting teacher to a lame right hand one need not lose the lesson on that account; hence the necessity of the left-hand piece.

study? The answer given by the writer is that it is not needed if correct and dequate technical training is being pursued. By adequate is meant the equal training of hands, wrists and arms in the same exercises, the left hand doing exactly the same things as the right. Both hands should be able to play trills, scales, chords and betaves with equal facility and power.

If the player has had no such foundational training there may be a wide difference between the facility of the two hands. He may have played much salon music, which usually requires far less activity in the left hand than in the right hand. In this event the mastery of a few left-hand pieces will be of real benefit. There is quite a list of compositions of this character.

Dr Morse's Indian Pills positively cure Constipation and all kindred & resulting troubles.

RELIGION AND SHORT RATIONS. "I suppose," said Collector Loeb, "that in the past a good many people looked on a strict observance of the customs laws from a selfish and worldly point of view. They are like Aunt Mary Persim-

"Aunt Mary called one day on the village lawyer.

'Well, old lady,' he said, 'what can I do for you?" "'Ah wants to divorce mah husband,' said Aunt Marv.

"'Divorce old Uncle Bill,' eried the lawyer. 'Good gracious! Why?' "'Because he's done got religion, dat's why,' said Aunt Mary, 'an' we ain't had a chieken on de table fo' six weeks."

WHAT MAN IS MADE OF

We all remember, probably, "what little boys are made of, made ot," but it has taken a European scientist quite a while to figure up what the average man is made of, and to state it in coinmercial terms. This averame man in health, he finds, has the material for 13 pounds of tallow candles, one pound of nails, carbon sufficient for 800 pencils, skin to make bindings for 16 octavo books, bone for 500 knife handles, 28 violin strings, 20 teasponfuls of salt

and one pound of sugar. In the market the average man would fetch about \$4.50, as raw material, or about three cents a pound live weight. He is, therefore, says the Pathfinder, not worth half as much as the same weight of pork.

BETTER THAN SPANKING

Spanking does not cure children of bed wetting. There is a constitutional cause for this trouble. Mrs. W. Summers, Box W. S. Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your dream, still I cannot rid myself of its children trouble you in this way. Don't hlame the child, the chances are help it. This treatment also cures adults and aged people troubled with urine difficuties by day or night.

THE POPE AND THE PIGEON.

The illness of the Pope recalls to the London Globe a story which went the rounds at the time of the illness of Leo XIII. Every day at a certain hour a pigeon, after the manner of Noah's dove, used to come to the study of the pontiff, who, no matter what the business in hand was, would go to the bird and feed it. On the day that the Pope was seized with his fatal illness the pigeon came as usual, but found the window closed. The bird flapped its wing against the pane and then struck the glass with its beak. The Pope heard it and ordered the window to be opened and his camerier to feed it. The bird would not eat, but perched itself on the dving pontiff's eouch, and theer demonstrated its delight at seeing its old friend and protector.-New York Tribune.

REFLECTIONS OF A BACHELOR (New York Press.)

It's a short sermon that makes no snoczing.

A man gets back from a family picnic with more horrors to tell than if he were home from the wars.

Maybe the reason a woman spends all her pocket money the minute she gets it is she hasn't any pockets.

The way to win a woman's undying affection is to remark to her upon her new gown when it is made over.

Just what you really think of a man who imagines you admire him wouldn't surprise him any more than what he really thinks of you would surprise you.

The question may be asked, is the left hand piece needed as a technical

LATE INVENTIONS. An electric meter has been invented for measuring the flow of steam

Artificial wood for matches made from straw, has been invented by Freuchman. To a Massachusetts man has granted a patent for a nelectric lamp

NA-DRU-COL

No all NA-DRIFCO prop

Marined Dang and Cheshed Company of Carely, Blacket .

EDDY'S KITCHEN-WARE

Ideal in Every Way For the Various Needs

of the Busy Housewives

These utensils are light and durable, have

no hoops to fall off or rust, will not taint

water, milk or other liquids and are imper-

vious to the same. They will stand any clim-

ate and any fair usage. Made in Pails, Tubs,

"Try Them. They'll Please You."

Keelers, Milk Pans, Wash Basins, Etc.

25c. a ben. If your drugglet has not yet ato

and reflector for inspecting the inside of shoes In Erance there has been invented flouriess bread-making machine that transforms the while wheat into dough. A swiveled clamp by which a funnel may be fastened of a bottle to leave

one hand free when liquids are poured is a Californian's invention. The bottom and sides separate and can be adjusted to any size desired in a baking pan invented by a Pennsylvan-

A barrel-shaped packing case that has been patented by an Illinois man can be folded for transportation when empty and used many times.

A Pennsylvanian has equipped the head of a piano tuning hammer with a ratchet so that it will not have to be lifted from a peg every time it is A California inventor's wave power

motor consists of a small truck with a broad tail. A wave, striking the tail, pushes the affair up a trake and a piston in the head of the truck compresses air in a evlinder

Minard's Liniment Cures Dandruff.



Sufficient Reason. The Judge-Madam, why do

object to telling your age to Antique Witness-I am afraid the truant officer might overhear it and make me go to school.

A TERRIBLE DREAM

Her face is drawn, her eyes are haggard and sunken, and her expression is that of a woman on the verge of nervous prostration.

"What in the world is wrong" asks the astonished friend. "I never saw anyone look so terribly."

"It is all because of a terrible nightmare I had last night," explains the sufferer. "It simply shattered my nerves, and although I know it was merely a effects. I dreamed I was called upon unexpectedly to plan a dinner for Dr. Wiley, Dr. Woods Hutchison and Upton Sinclair."-Life.

nl Belgrade, Servia, a grou of women has petitioned the authorities to prohibit gambling under severe penalty than those now in force. As a scoff to this a number of men are now petitioning for the compulsory closing of all milliners' shops, adducing that they are a greater source of domestic discord and ISSUE NO. 38, 1911

RABLE

The E. B. EDDY

Co., Hell, Canada

AGENTS WANTED

LAXATIVES

A LINE FOR EVERY HOME—
Write us for our choice list of agents' supplies. We have the greatest agency proposition in Canada to-day. No outlay necessary. Apply E. C. L. Co., 225 Albert street, Ottawa.

WANTED, REPRESENTATIVES OF either sex, locally, on big Holiday Inducements; sell at sight; \$2 per day and commission; experience unnecess J. L. Nichols Co., Limited, Toronto,





CARE OF GOLD FISH.

Editor,-Will you please tell me now I can keep my gold fish alive? I have had two lots and all have died, in spite of good care.

Have pure water, well water if you can get it, and change the water in the globe once a week. Always keep a bunch of moss in your globe, as the fish like to nibble it, and it keeps the water sweet. Give the fish a sait bath once a week, which keeps them in good health. Use one teaspoonful of salt to one quart of water and keep the fish in it 15 minutes. Once a day feed them with prepared fish food. If you follow these rules you will have no trouble. Many gold fish are killed by too much attention.

SEPTEMBER

Welcome Good for you! How did you shake J. P.? You do look mighty good to us. We had almost forgotten how sun shine looks.

Do be bountiful with Nature's gifts. Let us have good measure "pressed down.

And by so doing you may reduce the cost of living. It may be you "have come into the kingdom" for this very purpose.

There's one blot on your 'scutcheon,

though-hunters use you as an excuse for shooting our feathered friends, Minard's Liniment Relieves Neuralgia

RECORD FOR SIZE

Senator La Follette, himself one of the directest of speakers, has a natural horror of speeches of the rambling, bor ing kind. In a recent session a certain Senator.

after elaborating in a speech of two hours a statement that would have been better made in a speech of two min utes concluded. "And that's the situation, gentlemen

in a nutshell.' "Gracious," said Senator La Follette. sotto voice, "what a nut!"

ACCENT ON THE BOX. Wife-John, wasn't that a good box of cigars I gave you on Christmas?" Husband-I never saw a better box,

SAVES YOU MONEY

my dear.-Judge.

To buy the Sugar that saves you money means a great deal to every home, as so much is used by every person, every day. BECAUSE less of this Sugar is required for sweetening than other Sugars, and as it has the greatest amount of sweetening to the pound, the Sugar that saves you money is



ght, and, when bought this way, sub Try St. Lawrence Sugar to-day and SAVE MONEY.

Sunday

LESSON XIII

Commentary. 1. this history is no but it is supposed

under Cyrus. Dan

territy won for hin

and honor. He wa

the three presidents of the one hundred or catraps, of as n only this, but the to place him over the himself might be of the duties of gov erence shown to Da of the other officers an extent that they him removed. They remisences in his per It is very probable to the king because venting the other ing themselves at There was but one they could bring an Daniel, and that wa ligion. This was, in he was faithful to h

IL Faithful Danie (va. 10-17). 10. Dar that the king's decre He knew the import He knew that, hum was inevitable if he God. Windows--We that windows, such then unknown. Thos simply openings in th permanent bars as a lattice-work doors th or closed. Chambe raised above the flat one corner, or upon to the building, with giving free circulation Bible. Toward Jerus his prayer at the ded ple had asked the 1 prayers of his people or in strange lands, i with their faces towa Jew was accustomed face toward the tem attitude indicating h estness. Three times twelve and three o'cle last were the hours fices. Gave thanks courage and submission as a basis for thank! circumstances. As h He made no display

did exactly as he had

To have ceased to pro

den himself in prayer

men assembled-They

tumultuously, as the w

knew Daniel's hours

eagerly came together

in the act forbidden by

firmation of the deer

12. Spake before t

brought their charge respected officer, Acce .which altereth notthat the king could r and hence his decrees tently be changed, it thee. . nor the decree according to the decre was looked upon as a the only one of who should be made. Danie petition three times a garding both the king He acknowledged a high of man. He served the hence to refrain from as the decree provided late his conscience, 14 with himself- He disc the trap that was set foolishly allowed his itself in his consenting object of worship for a heart on Daniel to deli been suggested that : condemning the executi mer edict to a similar Daniel might have save or. Compare Esth 8, 11 15. Know, O King strong determination t should not fail to earr 16. The King comman exhibition of the author and n god. While King ing worshiped as a goo mercy of conscienceless compelled to do their him into the den of lionthat the lions were ke

He will deliver thee T expressive of the king Darius serving God fore the wicked decre whom the decree did n serving God "continual III. Daniel delivered Fasting-The sadness away his desire for food of the ordinary pleasu were desired, and his much troubled to sleep haste Two motives mg make an early and ha the den of lions, 1. His 2. The hope that he migh

pose of executing crimin

execution was in keepir

toms of the times. The r

be inflicted the same da

was pronounced. The de

dungeon, underground

PRACTICAL SU Topic-Prayer restricte I. To flatter and deceive II. To secure the deat I. To flatter and deceive A plot was planned and company of the highest : ential officers of state honoring the king, but in bie favorite officer. Dariu his position and power, a fere attacked him on They managed to bring their iniquitous device ar him in such a way that compelled to sacrifice his tier or compromise his ow and violate the sacred tra a decree published forbide tion to be asked of God birty days, except of King was designed to bring