What to do for POISON

OPIUM

(By a Physician.)

Opium poisoning may be known by the contracted pupils of the victim, and by the slow breathing. At first the breathing is slow and full, but it gradually grows slower and shallower. The "pin point" pupil is the most characteristic symptom.

Give emetics—a teaspoonful of mustard in warm water or a tablespoonful of syrup of ipecac.

Remember that opium poisoning may result not alone from the drug in its original form, but from laudanum, morphine, paregoric and the various soothing syrups and cough cures that depend upon opium for their action.

PURIFICO WRITE FOR PROOF
CURES
CANCER AND TUMOR
Canadian Branch: Purifico Co., Bridgeburg, Ont.

RETURN OF BIRDS.

Many Things Which Are Hard to Explain.

The coming and going of the birds is more or less a mystery and a surprise. We go out in the morning and no thrush or finch is to be hard; we go out again and every tree and grove is musical; yet again, and all is silent. Who saw them come? Who saw them depart?

Yonder bluebird, with the earth tinge on his breast and the sky tinge on his back—did he come out of heaven on that bright March morning when he told us so softly and plaintively that, if we pleased, spring had come? Indeed, there is nothing in the return of the birds more curious and suggestive than in the first appearance, or rumors of the appearance, of this little bluecoat.

The bird at first seems a mere wandering voice in the air; one hears it call or carol on some bright March morning; but is uncertain of its voice or its direction; it falls like a drop of rain when no cloud is visible; one looks and listens, but to no purpose.

Not long after the bluebird comes the robin, sometimes in March, but in most of the Northern States April is the month of the robin. In large numbers they scour the fields and groves. You hear their piping in the meadow, in the pasture, on the hillside. Walk in the woods and the dry leaves rustle with the whirr of their wings, the air is vocal with their cheery call. In excess of joy and vivacity they run, leap, scream, chase each other through the air, diving and sweeping among the trees with perilous activity.

In that free, fascinating, half-work and half-play pursuit—sugar making—the robin is one's constant companion. When the day is sunny and the ground bare, you meet him at all points and hear him at all hours. At sunset on the top of the tall maples, with look heavenward, and in a spirit of utter abandonment, he carols his simple strain. And sitting thus amid the stark, silent trees, above the wet, cold earth, with the chill of winter in the air, there is no fitter or sweeter songster in the whole round year.

Another April bird, which makes her appearance sometimes earlier and sometimes later than the robin, and whose memory I fondly cherish, is the Phoebe-bird, the pioneer of the fly-catchers. In the inland farming districts I used to notice her, on some bright morning about Easter-day, proclaiming her arrival with much variety of motion and attitude, from the peak of the barn or hay shed.

Another April comer, who arrives shortly after the robin redbreast, with whom he associates both at this season and in the autumn, is the "golden-winged woodpecker," alias "highhole," alias "flicker," alias "yarup." He is an old favorite of my boyhood, and his note to me means very much. He announces his arrival by a long, loud call, repeated from the dry branch of some tree, or a stake in the fence—a thoroughly melodious April sound.

The song sparrow, that universal favorite and firstling of the spring, comes before April, and its simple strain gladdens all hearts.

May is the month of the swallows and the orioles. There are many other distinguished arrivals, and indeed nine-tenths of the birds are here by the last week in May, yet the swallows and orioles are the most conspicuous.

With June the cup is full, our hearts are satisfied, there is no more to be desired. The perfection of the season, among other things has brought the perfection of the song and the plumage of the birds. The master artists are all here, and the expectations excited by the robin and the song sparrow are fairly justified. The thrushes have all come, and I sit down upon the first rock, with hands full of the pink azaleas, to listen. With me the cuckoo does not arrive till June; and often the goldfinch, the king-bird, the scarlet tanager, delay their coming till then. In the meadows the bobolink is in all its glory; in the high pastures the field sparrow sings his breezy vesper hymn, and the woods are unfolding to the music of the thrushes. —John Burroughs in Toledo Blade.

When Your Eyes Need Care
Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c.
Murine Eye Remedy Co., Chicago

TWO CAUSES, ONE EFFECT.

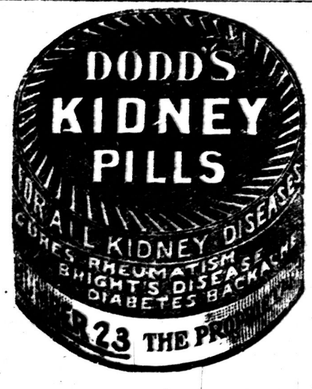
(Exchange.)

One morning at breakfast Joey announced that he had the misfortune to fall out of bed the night before.

"That was because you slept too near where you got in," said Ethel, who likes to reason about things that happen to Joey.

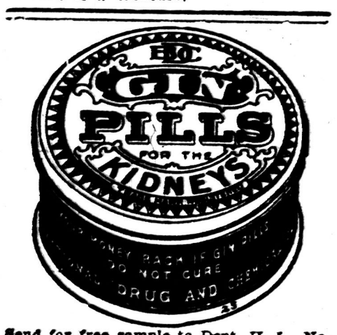
"Pooh! That wasn't it," he retorted, with scorn. "It was because I slept too near where I fell out."

"If those California women run for office do you think they would be guilty of purchasing votes?" Not unless they got green trading stamps with them."—Houston Post.



FEEDING AN ARMY.

The feeding of an army of soldiers is no trifling matter. It must be done effectively yet economically. The men must be given food which nourishes and provides staying power. Temporary stimulation is useless to those who have to endure the fatigues and trials of a soldier's life. Some people would fall into the common error of giving the men large quantities of meat and bread, but those who know, and calculate on scientific lines, do not diet soldiers with an excess of meat; they select the best of all foods—the Greek Currant. This may be a surprise to those who think there is nothing to equal animal food. In reality the best and most nutritious of all diet is grape sugar, which provides the greatest sustaining power at the least cost and that is why experts abroad feed their soldiers on a diet consisting largely of Currants. They have before them the facts that Currants are pure grape sugar and therefore all nutriment, that they are palatable and easy of digestion, and that they are four times as nutritious as lean beef. Then the element of cost is most important. Currants are cheap, especially when their great value is taken into consideration. What is effective with the soldier must be so to all who use up their tissue either in brain work or physical labor. A liberal diet of Currants in the household means health with its attendant happiness, and economy in expenditure. In every way the currant is a treasure.



Send for free sample to Dept. H. L. National Drug & Chemical Co., Toronto.

THE MIRACLE.

A baby seed all dressed in brown,
Fell out of its cradle one day;
The west wind took it with loving arms
And carried it far away.

He laid it down on a bed of leaves,
And hid it with blankets white;
And there it slept like a weary child,
Through the long, dark winter night.

It woke at last, when the springtime came,
And stretched its arms on high,
And it grew and grew through the live-long day,
Toward the sun and the clear, blue sky.

It drew its food from its Mother Earth,
And it drank the cooling shower,
Till the small, brown seed was changed at last
To a sweet, wild, wayside flower!
—Harriet H. Pierson in May St. Nicholas.

Marion Bridge, C. B., May 30, '02.

I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.

NEIL FERGUSON.

CONCRETE HOUSE IN HOLLAND.

At Sandport, in Holland, the first house of two stores built of concrete in the Edison system has been erected. The builders set up molds, having the appearance of caissons, as high as the first floor. The cement was then poured into the molds and allowed to remain. When time had been allowed for the cement to harden, the mold was removed, and the same process followed for the second storey. In one month the house was finished, and it is claimed that building in that way costs about one-half of the sum that would be expended on a house put up in the ordinary way. It seems that the concrete is made by a secret process, and the molds can only be obtained through the patentees or other nominees. One of the largest buildings ever constructed of concrete is in Buffalo. It has a height of ten stories, a length of 588 feet and a width of 100 feet.

ELECTRIC TRAIN AS WAITER.

An electrical engineer of Paris gave his little daughter a toy for Christmas which performs actual service as well as being a source of amusement to her. It consists of a miniature electric train, which carries dishes along the passage from the kitchen to the dining room, running to the centre of the dining table.

By touching a button on a circular ivory indicator messages are electrically transmitted to the kitchen for such articles as bread, knives, forks, water, napkins, etc. The cook places them in the car and the train is started for the dining room. The outfit cost about $200, and the train will easily carry a load of 25 pounds.—From Popular Mechanics.

Minard's Liniment Relieves Neuralgia.

WOMEN DOCTORS IN SIBERIA.

A number of influential Siberians are petitioning the Ministr yof Education in St. Petersburg to allow women to be admitted to the medical faculty in the University of Tobolsk. The petitioners point out that there is a wide field for women doctors in Siberia, where it is often difficult for settlers to get medical aid.

There are many Mohammedans in the country, and it is explained that only women doctors can come to their help in illness, as they do not permit men to see their wives and daughters. Many women have entered the medical profession in Russia proper, and there are a great many women practising dentistry, a department of surgery which does not seem to have attractions for the English woman.—Moscow correspondence London Standard.

Well, Well!

CLEAN and SIMPLE to Use.
NO chance of using the WRONG Dye for the Goods one had to color. All colors from your Druggist or Dealer. FREE Color Card and STORY Booklet 16. The Johnson-Richardson Co., Limited, Montreal.

HOW DARE YOU LOSE FAITH.

You're human dodo—a brother to the great auk—a derelict drifting from out of the dead past into the twentieth century.

You're a heritage from barbarism—a throwback—a relic of the dark ages. There is no place for you.

Bigotry, incredulity, doubt and pessimism are behind us.

We have cast off the shackles and bonds which imprisoned the soul of primitive man.

We have emerged from the ugly shell of yesterday. We are wing-wearers and faith-bearers who venture all things.

We believe, we achieve, we dare. We command the seas to serve.

We train the force of the air, probe the mountain-side, ride beneath the river, talk across the oceans, master lightning, shift the course of streams, split continents, solve the secret of the violet, transplant bones, make dead hearts beat again and stilled lungs pump anew.

We pour stone into moulds, and over month a mammoth temple rises against the heavens.

We chat with friends a thousand miles away. We have turned the sun into a portrait painter. We picture spuming falls and speeding trains. We trap men's voices.

We see the heart beat through the living flesh. We know of what wheat is made. We extract rainbows from foul-stinking tar.

We do not feel the saw that cuts our bones.

We journey in the clouds, upon the sea or over land.

And yet you dare assail our faith—you who have seen all this, whose every hour is a miracle—seek to dull our hope and check us in our onward climb.

Silence, you fool! This is the greatest epoch since the birth of time. Until now there was no humanitarianism, no civilization, no progress.

Man has at last come to realize his destiny. Imagination is beating against the stars. No horizon is too far for our feet, no adventures too perilous for our courage.

But if we were all of your ilk, if we had waited for you to cleave the way, to point the light, to fire the beacons, we would still grope blindly in the wake of superstition and cowardice.

Look about you! There stands a school-house—here a newspaper—yonder a university—beyond, a laboratory.

In the distance belch the chimneys of a steel mill. Under foot, trains are speeding. To the west, behold a hospital—to the east, a refuge for the fallen—to the north, a free library—to the south, a garbage furnace.

White-suited men are cleaning the streets. Filth and decay are hid from sight, piped and led from contact. Sentinels are guarding you against the plague and epidemic.

And still you croak and sneer in the radiant face of progress.

Out of our path! We'll have no stumbling blocks. If you cannot construct, don't obstruct. Change your sneer into a cheer.

Face the dawn where promise is breaking into fulfillment.

We want no pessimists in the twentieth century.—Herbert Kaufman in Woman's World for April.

Minard's Liniment Cures Burns, Etc.

HEAT KILLS BABIES.

(Buffalo News.)

A "survey" for babies such as has been in progress in Berlin, Dresden, and other large German cities and is now to be undertaken in Boston, has led to the discovery that heat causes more deaths than poor milk. Adherents of the old-time poor-milk theory were loath to abandon their hoby and attempted unsuccessfully to prove that the heat first spoiled the milk and then the milk then killed the babies.

But the ever-ready chart of the statistician was hauled out in the court of science and showed so conclusively how closely the mortality curve followed the temperature line that even the milk-theorists were obliged to admit that heat is the principal factor in the death of babies during the summer months. Of course impure milk is dangerous, but heat is more deadly still.

The State and city governments attempt to remove the second most important factor in infant mortality and totally overlook the most important cause. They make no provision for the need of taking babies away from the hot city during the summer months. Such work should be just as much a function of the health department as the inspection of food or the quarantine of contagious diseases.

NEVER TAKES A DARE.

(Stamford, Conn., Despatch.)

Benjamin Kaufer, of Stamford, has the reputation of never taking a dare when anybody wants to make a bet on the result.

Some of his friends dared him to eat eight eggs right after a hearty dinner, and breaking the shells he had them down in two minutes. When they dared him to have his head shaved, and now Benny hasn't a hair on his head. He collected bets both times.

JUMBO'S BAGGAGE.

"What's that long, snaky thing he swings around in front of him?" she wanted to know.

"That's his trunk," explained her father.

"Then I suppose that little one behind him is his suit-case."

Little Margaret was watching the elephant at the zoo.—Woman's Home Companion.

DANCING WITH THE DUMMY.

"When in Rome do as the Romans do," like many another proverb has its limitations. At a dance given in a local institution for the deaf and dumb recently, many outside guests, not afflicted with the loss of hearing and speech, participated.

The music was tuneful and inviting and after carefully observing the motions of the hands of the mutes as they requested young ladies to dance with them, an interested young man, a visitor, approached one of the prettiest girls and went through the form of manual speech.

She arose and nodded acquiescence and proved a most delightful dancer. A second and third dance was solicited and granted, and a fourth engaged on her dance card.

During the intermission before the fourth dance they sat three chairs apart. He observed that she seemed distrait, little interested in the actively fingered conversation around her. Just as the overture to the dance began a breezy sort of youth rushed up to her and said:

"Hello, Madge, give me this dance, will you?"

To which she answered, "It's engaged; I promised it to that dummy sitting over there."

Shiloh's Cure
STOPS COUGHS HEALS THE LUNGS PRICE, 25 CENTS

ONE ON HIS HUMOROUS DAD.

A man who writes humor tried a new joke on his wife in the presence of his 8-year-old son and got the worst of it. Said he: "This afternoon three men looking for charity came to the door. To the first one I give ten cents, to the second I gave ten cents, and to the third I gave a nickel. Now what time was it?" "Where did you get all that money?" asked his wife. "It's a joke. What time was it?" he said. After a short time she gave up. "Why," said the humorist, "it was a quarter to three." "I think you're wrong," his wife told him. "It was 25 to 3. You didn't dispose of a quarter but loose change." "All right; wny don't you write jokes?" he growled. And just then the small son "Say, I think yu're both wrong. Ma's nearer than you are, pop, but she doesn't just hit it. It was half-past two." "Well, for the love of Michael, how do you make that out?" asked the father, while the mother just stared. "Just look at your watch and you'll see the clock is five minutes fast," replied the boy.

MAXWELL'S
LAWN MOWER

adds to the pleasure of possessing "a well kept lawn".

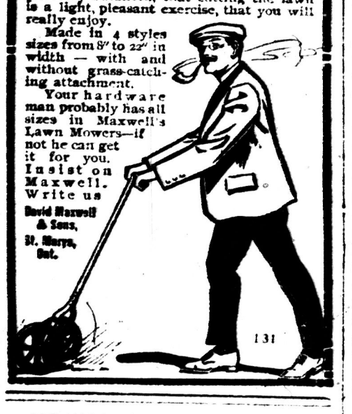
You'll notice the difference in the Maxwell Lawn Mower the first time you cut the grass with it.

Crucible Steel Cutter Knives cut clean and close, and hold their edge. Cold rolled steel shafts mean easy running. The whole mower is so compact, so strong and perfectly balanced, that cutting the lawn is a light, pleasant exercise, that you will really enjoy.

Made in 4 styles sizes from 8" to 22" in width — with and without grass-catching attachment.

Your hardware man probably has all sizes in Maxwell's Lawn Mowers—if not he can get it for you. Insist on Maxwell. Write us

David Maxwell & Sons, St. Marys, Ont.



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HE WAS TALKED TO DEATH.

(Houghton, Mich., despatch Youngstown Telegram.)

"Now that you have a chance to get a third husband, for God's sake don't talk him to death."

So read the note which Henry Juntunson, a prosperous Otter Lake farmer, wrote to his wife just before putting a noose about his neck and then setting a revolver shot through his brain. The body was found hanging in a shed.

Juntunson was the woman's second husband. Several children survive him.

WISE OLD GEORGE.

(Cleveland Plain Dealer)

She—And how did you like the meeting, George?

He—Fine. Especially the talk by that pretty little Mrs. Featherly.

She—Mrs. Featherly! Why, the silly creature hasn't an idea in her rotten head.

He—Maybe not, my dear, but she's awfully cute.

She—On second thought, George, you needn't go with me again.

OPTIMISTIC APHORISMS.

(Rochester Times.)

It's well to look for the worst. You'll generally get it, anyway.

The egotist is the man who thinks he is better than you know he is.

When the easy mark awakens, he seldom slumbers.

Diplomacy will land more plums than a kicking.

The modest man is more apt to be admired than respected.

The honest man is one of the noblest works of God, but is least appreciated.

Let us a little permit nature to take her own way; she better understands her own affairs than we.—Montaigne.

Sick headaches—neuralgic headaches—splitting, blinding headaches—all vanish when you take
Na-Dru-Co Headache Wafers
They do not contain phenacetin, acetanilid, morphine, opium or any other dangerous drug. 25c. a box at your Druggist's. 123
NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED.

SPOHN'S DISTEMPER CURE

FOR
PINK EYE DISTEMPER CATARRHAL FEVER AND ALL NOSE AND THROAT DISEASES
Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy; 50 cents a bottle; $5.00 the dozen. Sold by all druggists and harness houses. Distributors—ALL WHOLESALE DRUGGISTS.
SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

SOLUTION SIMPLE.

A lady in the centre seat of the parlor car heard the request of a fellow-passenger directly opposite, asking the porter to open the window, and, scenting a draft, she immediately drew a cloak about her.

"Porter, if that window is opened," she snapped, testily, "I shall freeze to death——"

"And if the window is kept closed," returned the other passenger. "I shall surely suffocate."

The poor porter stood absolutely puzzled between the two fires.

"Say, boss," he finally said to a commercial traveller near by, "what would you do?"

"Do?" echoed the traveller, "Why, man, that is a very simple matter. Open the window and freeze the lady; then close it and suffocate the other."—Ladies' Home Journal.

Maypole Soap
CLEANS AND DYES
Gives rich glowing colors, fadeless in sun or suds. Dyes cotton, silk, wool or mixtures. Use it yourself at home. No trouble—no muss. 24 colors—will give any shade. Colors 10c, black 15c, at your dealer's or postpaid with booklet "How to Dye" from

106
F. L. BENEDICT & CO. Montreal

THE NEW GOSPEL TRAINS.

The Chicago, Rock Island & Pacific is running an agricultural demonstration train of six cars over its lines in Arkansas.

A special "good roads" train is being operated by the St. Louis and San Francisco on an itinerary which will cover the entire system. The train consists of four cars carrying exhibits of models of road construction and the lecturers who will demonstrate them. The progress of the train is being widely advertised throughout the territory served by the Frisco, and every effort is being made to attract large audiences and impress upon them the importance of good roads. Over three hundred stops have been scheduled.

The Louisiana State University is running a "farmers' demonstration train" over the railways of the State, which consists of ten cars, the longest train of the kind which we remember to have heard of. Co-operating with the university are the State Agricultural College, the State Board of Health, the State Board of Education, and the United States Department of Agriculture. Besides the animals and farm exhibits, there is a school exhibit and a general health exhibit. This train makes comparatively long stops, the schedule over the Vicksburg, Shreveport and Pacific providing in most cases for only three towns a day.

Do not give your family food made with alum baking powder. Use Magic Baking Powder. Costs no more than the ordinary kinds and is guaranteed not to contain alum. All ingredients are plainly printed on each package. See if they are on the brand you are now using. All up-to-date Grocers sell and recommend "Magic."

GLIMPSES OF THE PAST.

At a recent sitting of the Academy of Science in Stockholm, Dr. Otto Froedin gave the result of his explorations carried on within the past two years near Alvastra, in Eastern Gothland. The doctor's story is fascinating, although the data upon which his conclusions are based is wanting. He states he came across in this place a lake dwelling, which, he says, was without doubt one of the first settlement of the Scandinavians in these parts. The inhabitants were peaceable agriculturists who had created a settlement difficult of access to the natives, a warlike race, living by the chase and fishing, with one of their principal towns about 15 kilometres from the lake, or just ten miles. It is now only a marsh, and in some parts dry, thus permitting the doctor to carry out his explorations.

Minard's Liniment Cures Dandruff.

HIS PROFESSION.

"Now Robert, what do you intend to do when you become a man?" questioned Aunt Ellen, as she looked approvingly upon her small nephew.

"I'm goin' to be a soldier," replied the boy, promptly, "'cause then I can fight whenever I want to without being spanked for it."—Youth's Companion.

ISSUE NO. 17, 1912

HELP WANTED.

Wanted

Cylinder press feeder at once. Apply Canada Ready Print Co., Hamilton, Ont.

JAPANESE SHOE POLISH
100 SHINES FOR 10¢

WINE FED HENS LAY MORE EGGS

A French chicken farmer claims that a small quantity of wine increases the egg-producing capacity of hens to a considerable degree. He divided a flock of twelve hens sixteen months old into two groups of six.

Each group was fed with exactly the same amount of grain, bread, etc., but the bread given one group was soaked with wine. In the four months of the test the wine fed hens laid 148 eggs more than the other six.

In another test twelve hens of the same breed but only eight months old were fed in the same way, and the wine fed hen won by eighty-seven eggs. —From the Popular Mechanics.

PILES CURED AT HOME BY NEW ABSORPTION METHOD

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality, if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write to-day to Mrs. M. Summers, Box P. 8, Windsor, Ont.

Concrete Poles in New Zealaad.

Reinforced concrete telegraph poles are being used by the Postal Telegraph Department of New Zealand on the line between Auckland and Hamilton. Over 1,200 of the poles have been set up. They measure 36 feet high, and taper from six by eight inches at the base to six by six inches at the top. The poles are claimed to be only slightly heavier than the wooden poles they have replaced.

Minard's Liniment for sale everywhere.

GAS AND ELECTRICITY.

In the city of Manchester the discussion has been waged for some time as to the relative merits of gas and electricity as a means of illuminating the streets. Two very active companies have been rivals for the contract, and the claims made for their respective concerns had the effect of embarrassing the official having the matter in charge. As a way out of the difficulty each of the rival companies was assigned to a district, and will take charge of the matter of keeping the streets lighted for a given period. The officials will then make an investigation into the subject of cost of installation, cost of maintenance and the quality of the illumination and other points, and on this basis will arrive at a conclusion.

CANCER Old Sores, Lumps in Breast, Growths removed and healed by a simple Home Treatment
No pain. Describe the trouble, we will send book and testimonials free.
THE CANADA CANCER INSTITUTE, Limited
10 Churchill Ave., Toronto.

ONE GOOD THING.

(Montreal Herald.)

A clergyman who was not averse to an occasional glass hired an Irishman to clear out his cellar. The Irishman began his work. He brought forth a lot of empty whiskey bottles, and as he lifted each one looked through it at the sun. The preacher, who was walking on the lawn, saw him and said, "They are all dead ones, Pat."

"They are," said Pat. "Well, there is one good thing about it, they all had the minister with them when they were dying."

Some men are ambitious to do good, some to make good. There's a difference.

THE "NAME" IS YOUR PROTECTION

Reliable merchants everywhere display this box and sell STEELE, BRIGGS' SEEDS.

Look for them—accept no other.

Steele, Briggs' are the best grown. No matter what you need in seeds, this name stands for highest quality.

Behind every packet is the strongest seed reputation in Canada. Thousands of successful growers everywhere use STEELE, BRIGGS' SEEDS year after year because they are sure of what they are buying.

Look for this box at your local store. If your local dealer cannot supply you order direct.

STEELE, BRIGGS SEED CO LIMITED
WINNIPEG TORONTO