SANOL'S

ANTI-DIABETES

SANOL is the "RELIABLE CURE" for Gall Stones, Kidney Trouble, Kidney Stones, Bladder Stones, Gravel, Lumbage and all diseases arising from Uric Acid. Price $1.50.

SANOL'S ANTI-DIABETES is the only remedy which has a record of complete cures of Diabetes. Price $2.00

For sale at all leading druggists.

Send for free literature.

The Sanol Manufacturing Co., Ltd. Winnipeg, Man.

WORSE AND WORSE.

"Sitting by Governor Hodges," said a newspaper correspondent, "reminds me of the first time I saw the Kansas governor. He was only state senator then. He was called to Leavenworth to inspect the penitentiary and I had to go down and write it up—met the governor for the first time. The warden, by way of giving a special treat to the prisoners, had collected 700 or 800 of them in the assembly hall and in an offhand way requested the senator to address them.

Mr. Hodges wasn't as proficient in politics then as he is now. He was plainly embarrassed and hesitated a minute. 'My fellow citizens—' he began.

"That didn't sound right, and he commenced again. 'My fellow convicts—'

"By that time the prisoners were smiling. Mr. Hodges dropped his formal manner, and smiled, too. 'Well, I don't know exactly how to address you boys,' he amended, 'but I'm mighty glad to see so many of you here!'"—Kansas City Star.

CHILDREN IN THE HOME

When there are children in the home it requires constant attention to keep them free from the many childhood ailments which come so quickly—some of them proving fatal, while others leave the little one cross, restless and weak. To keep little ones well Baby's Own Tablets must be kept in the house. These Tablets regulate the stomach and bowels, break up colds and fevers, expel worms and make teething easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Those Ridiculous Corsets.

Illustrated advertisements lead one to suppose that to be anything near in fashion one must be in a tube-like thing called a corset. This corset of the moment extends some six inches above the waist, and perhaps three-quarters of a yard below it.

The impossible figures on whom these are represented are standing and sitting in the pictures.

But how can any woman, however supple, sit in a corset which presses her frame from the waist downward to within hailing distance of the knees? The girl who, seeing an advertisement of one of these corsets, came from the country in order to be fitted, thinking she could achieve an ultra fashionable air by wearing one, found that when she had got it on she could not sit down. It was returned for alteration, but the Autocrat of Whalebone sent it back, explaining that she would soon be able to manage it.

However, that proved inconclusive, and there lies the expensive appliance shut away useless in a drawer. An elderly woman supplied herself with one of more moderate length, and found that every time she leant back in her chair the corset pushed into the seat and pushed itself up on her shoulders, a very uncomfortable experience. These are some of the inconveniences of trying to improve upon Nature's masterpieces.

Only One "BROMO QUININE."

That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a cold in one day. Cures Grip in two days. 25c.

EUROPE'S WAR BURDEN.

(Philadelphia Record)

Germany is ready to entertain any "concrete proposals" that may be made by Great Britain respecting a cessation, or partial cessation of naval armaments. This was the one really pacific passage in the speech of Chancellor von Bethman-Hollweg in the Reichstag in submitting the bills to increase the army and taxes. Notwithstanding his expressed belief, however, that a European conflagration in all probability will not occur, the Chancellor doubted the phacticability of the suggestion for "a year's naval holiday" made by the First Lord of the British Admiralty. This is the way of European statesmen. With them peace is always assured, but always dependent upon the possession by the most pacific nation (meaning their own) of the heaviest battalions and the strongest fleet. European statesmanship has evidently been bankrupted by hearkening to the obfuscatory arguments of the militarists.

Minard's Liniment Relieves Neuralgia

BUTTING IN.

(Ottawa Journal)

The demand for goats is increasing in Canada, so much so that the department of agriculture is trying to find out how many goats there are in the country and how the supply of goats can be raised to within striking distance of the demand.

It may puzzle some people to understand just why goats should come butting in at this time in Canada's history. The goat is not a handsome animal. It is liable to become cantankerous. It is not a sweet singer. Its milk is much inferior to that supplied by the cow and comes in smaller quantities.

Then, why the goat? Is the Canadian cow falling down? Is the cost of living so high that a cheaper kind of milk is demanded? Are the people being driven to settle on those rocky portions of the country on which the goat thrives? Surely not. The goat is butting in.

CANNOT TEACH SOME PEOPLE.

(Buffalo News)

It would seem as if the experience of the last century in thousands of places should satisfy the most skeptical of the definite value of vaccination but there are those who would not be persuaded if one rose from the dead. The only thing to do is to ignore them and enforce the application of that which is found effective in fighting the smallpox curse.

CARBOLIC POISON.

Vinegar Used Either Externally or Internally.

"Accidents will happen in the best regulated families," and occasionally some one will accidentally swallow or spill over himself carbolic acid. In such cases one has to act with promptness and vigor, especially where one is a long way from the doctor and cannot afford to wait for his arrival.

Heretofore alcohol was been the great antidote to carbolic acid poisoning. But alcohol is not always at hand; and even when it is its use requires great discrimination, or as much harm as good may be done by its administration.

Readers will be glad to know that common cider vinegar is equally good, and that it is an article which may be found in practically every well-regulated household. Where the acid has been spilled over the skin the vinegar may be applied pure, and will quickly restore the natural condition of the skin that has been injured, removing the soreness and other ill-effects. If the acid has been swallowed the vinegar should be diluted one-half or two-thirds, and given slowly in teacupful doses.

SHILOH

quickly stops coughs, cures colds, and heals the throat and lungs. :: :: 25 cents.

THE OLD "CABBY."

Pathetic Story of Affection for Horse.

The charming, though pathetic, story was told of an old Paris cabman and his old horse, says the Paris correspondent of the "Daily News and Leader."

"Father Mathieu" is the cabby's name, and he is just 70 years old. Although he is often ailing, he nevertheless mounts to his seat every day, whips up—ever so lightly—his old mare "Manon," and picks up sundry fares, who are in no hurry, for the taxis pass him as though his cab did not move at all. He has nothing but scorn for these soulless machines.

Yesterday Father Mathieu, having lunched very frugally in a little eating house, was preparing to make his rheumatic ascent to his box when he noticed a well-dressed young man regarding the horse with joy written on his face.

He explained to the astonished old man that ten years before he had been an officer in a Hussar regiment and Manon, then a fiery charger capable of jumping anything, had been his favorite mount.

"What do you want for it?" he asked, but the old cabby would not hear of it. He wanted to finish his days with his old friend.

The ex-officer, whose name is M. Leignen, was greatly touched by the proof of the old man's affection.

"You shall finish your days to-gether," he said, "but not as you expect to do. You and Manon shall go immediately to my chateau in Gascony, where there will be hospitality for both of you."

The old man and his horse will soon be on their way to their rural retreat.

HAD SORE 4 YEARS

Zam-Buk Healed It In Few Weeks

Have you some old wound or sore which has defied all doctors' remedies? If so, yours is a case for Zam-Buk!

Mr. Oliver Sims, of Purvis, Man., writes: "I had an old irritating sore on my forehead that had troubled me for four years. Zam-Buk was recommended to me, and in a marvellously short time it healed the obstinate sore perfectly. You may depend upon it that after this proof of its power we will never be without a box of it."

As a rapid and certain healer of ulcers, abscesses, piles, inflamed places, cuts, burns, bruises, scalp sores, eczema, eruptions, etc., you can get nothing to equal Zam-Buk. All druggists and stores at 50c. box, or post free for price from Zam-Buk Co., Toronto. Try Zam-Buk Soap for tender skins and baby's bath. 25c. tablet.

INVESTIGATION WANTED.

(Montreal Gazette)

Some working girls across the border are raising their voices against statements made concerning their morals and other conditions by ladies who have been "investigating" their lot in some of the big centres of population. The girls say they are making an honest living and should not be slandered by people who do not have to work. Few will find fault with their complaint, and not many would object if they started an investigation of the mode of life of the idle rich with their up-to-date dancing, cigarette smoking, champagne drinking and divorce court experience. Such an investigation would make interesting reading for many classes.

Minard's Liniment Cures Burns, Etc.

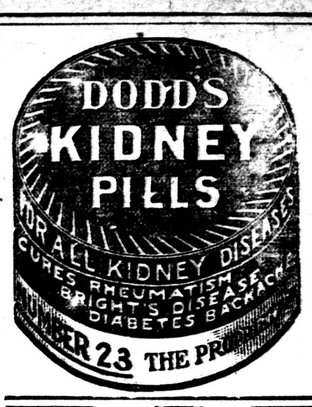
DON'T OVERDO YOUR WORK.

(By A Physician).

This is spring housecleaning time. The annual turning inside out of the house may be health-making or health-breaking. It may be done sanely or insanely! The subject may seem a strange one for consideration by a physician, at first thought. But there are scores of women who are obliged to seek the doctor after the annual scrub-out for the simple reason that they have not done it sanely. In other words, it is part of the duty of the woman in the home to stop before she overdoes her strength. In her effort to preserve health through cleanliness in her house she must remember that it is possible to over-estimate her own endurance, thereby paying an unreasonable, unnecessary price for clean windows, dustless floors, bright walls and shining woodwork. The woman works until she drops; tries to get two days' labor into one and makes herself the slave, instead of the mistress, of her household duties, is in the health-breaking business. The woman who maps out her work according to her strength forbids her ambition to run away with her calmer judgment and divides her duties into reasonable daily doses is health-making for her whole family.

Many a long illness could be traced to an overdose of work which might have been cut up into sections to fit the muscles and strength of the woman called upon to do it.

Carry a little of your sane judgment into your spring house cleaning and save a doctor bill or a nervous breakdown.



A USEFUL COURT.

(New York Sun)

A keen and general interest will be felt in the working of the Morals Court which sat for the first time in Chicago yesterday. Its purpose, as we understand it, is to prevent rather than punish the sort of offences that come before it, to reform characters rather than merely to check and interrupt temporarily evil courses and careers. In the matter of women of the town, in particular, salutary and fruitful efforts are awaiting from it. In wise, prudent and thoughtful hands such a tribunal should be able to accomplish much; nor should it be discouraged by many failures. A little improvement, a little gradual gain: that is how the reclamation of character works, and not by cataclysms.

Unsightly Warts Removed

The operation is simple and painless—just apply Putnam's Wart and Corn Extractor. For fifty years it has been curing warts and will cure you too. Try Putnam's Extractor, 25c at all dealers.

LIBELLING THE SCOTSMAN.

A young Scotchman resident in London persuaded an elderly uncle from the Highlands to accompany him to a service at St. Paul's Cathedral. As soon as the introductory voluntary began, the nephew—desirous of diverting his uncle's attention from the playing of the "kist o' whistles," that abomination of strict Presbyterianism—handed the old gentleman a Book of Common Prayer. Absolutely unused to liturgies of any kind, the uncle opened the book somewhere in the midst of Collects, Epistles, and Gospels, and was soon observed to be rapidly turning over the pages in an excited kind of way. The climax soon came. Hastily closing the book and handing it back to his nephew, the old man took up his hat and stick and hurriedly walked down the nave. The nephew followed. Safely outside the building, the explanation came. The uncle's eye had lighted on the word "collect," then a snippet of a prayer," then two "snippets from God's Word," then the word "collect" again, an dso on, page after page. "If they were going to have as many collections as that," said the old man, "I shouldn't have had a bawbee left."

Minard's Liniment Cures Dandruff.

MOON STRUCK.

The moon was falling on the lake.

"Dearest," he murmured.

She sighed happily. The moon was still falling. His arms trembled slightly about her waist.

"I was just going to propose—" he ventured.

"Oh," she sighed again, and hid her face on his shoulder.

"That we get up and go home—"

"Oh," she sighed again. The moon was falling rapidly.

"In about four hours" he ended triumphantly, bringing the other arm to bear. And the splash made by the moon was plainly audible 40 miles away.—Dubuque Herald.

DIET FOR STOUT PEOPLE.

A diet for the unusually stout persons should consist of non-fattening foods only, says a physician. To such are allowed clear soups in small quantities, flat fish, lean meat, chicken and turkey, eggs, fruit, green vegetables, no potatoes, peas or beans, a very little dry toast or dry biscuit, water hot or cold, skimmed milk, unsweetened lemonade, mineral waters, tea and coffee without sugar, white wines and spirits if ordered.

Minard's Liniment for sale everywhere

SHELL PINK.

—It sounds old.
—But it is very new.
—It has, indeed, been revived.
—Shell pink hat facings are noted.
—Shell pink bobbing gowns are here.
—Shell pink foundations evening dresses are new.
—Black, cream and other colors are lovely over this shade.
—Indeed, shell pink is too pretty to have been overlooked so long.

BOTH FLY.

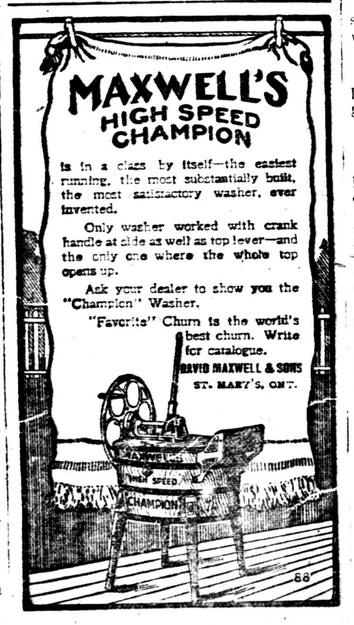
(Buffalo Express)

"Young man, you must learn that time is money," counselled the father.

"Well, dad, at least, I have noted points of similarity between them."

"In what way?" asked the encouraged parent.

"You know the expression 'time flies.'" replied the Young Hopeful.



RAGE FOR GREEN.

How long the rage for green will last it is difficult to say, but for the moment the evening dresses are in the most violent of grass greens.

Green mosseline de soie, transparent upon the neck and arms, with green charmeuse, rolled 'round the figure, without a visible waistline, is one of the favorite evening dresses of the hour. There is not a dinner party where at least one of these green satin dresses is not seen.

The bodice is arranged with chiffon above, with the line of satin across the bust outlined with glittering green stones. These stones are to be found in every coloring at the big establishments, and have become very popular as a finish upon the neck and sleeves of all transparent materials.

Forty years in use. 20 years the standard, prescribed and recommended by physicians. For Woman's Ailments, Dr. Martel's Female Pills, at your druggist.

242 DAYS BEFORE MIRROR.

Lovers of statistics may be interested to know the calculations just made by a well-known authority here to the amount of time the average woman spends before her mirror between the ages of 6 and 70.

He reckons that between 6 and 10 years she remains on the average seven minutes before the glass every day; from 10 to 15 years a quarter of an hour; from 15 to 20 years 22 minutes; from 25 to 30 years half an hour or 35 minutes. At this period the maximum is reached.

The downward curve allows 24 maintes between the ages of 35 and 40 years. Finally, between 50 and 60 the elderly woman finds six minutes enough to study her reflection.

The figures of a lifetime reach the total o 3 9,575 minutes, or nere than 242 days.—Paris Cor. New York Times.

PILES CURED AT HOME BY NEW ABSORPTION METHOD

If you suffer from bleeding, itching, blind or protruding piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write today to Mrs. M. Summers, box P 8, Windsor, Ont.

TOMATO CULTURE

New Pamphlet By Dominion Horticulturist.

Almost anyone with a garden or farm in a temperate climate can grow tomatoes with greater or less success, but there is a great difference between the extent and quality of the crops grown by different persons in the same locality. These differences are due to several causes, among which the varieties grown and methods of cultivation practised are perhaps the chief.

According to experiments carried on for years at the Experimental Farm at Ottawa, Earliana, of which there are several strains, is the best early sort, but Bonny Best, Challs' Early Jewel are also good early kinds. Of later varieties Matchless, Trophy, Livingston's Globe and Plentiful rank high.

It is the early fruit that makes the profit. In growing plants what should be aimed at is the production of a stocky, sturdy plant which will have some fruit set upon it when set in the field. After planting the chief work is cultivation, which should be done both ways in the plantation.

In order to protect tomato plants from diseases, of which there are several, they should be repeatedly sprayed, even when quite young, with Bordeaux mixture. These and many other points, which cover practically the whole field of tomato culture in the greenhouse, as well as in the garden and field, are fully treated in pamphlet No. 10 of the Central Experimental Farm, prepared by the Dominion Horticulturist, Mr. W. T. Macoun. This work is for free distribution to all who apply for it to the Publications Branch of the Department of Agriculture at Ottawa.

A NOBLE WOMAN.

A noble woman does not descend to sarcasm, hints, innuendoes nor any speeches of covered poison.

She unconsciously tries to render herself agreeable to whomsoever she is with.

She is polite to her own children.

She never makes a weapon of her power to be disagreeable in order to gain her own way.

She is low-voiced.

She never dresses conspicuously.

She never reads the letters of other people, no repeats what she has heard of other people's affairs.

She is true to her convictions, firm in her self-respect, faithful and unchanging in her love, gentle in her manner, unobtrusive in her relations to others, and the more one esteems her.

In a word, the false auistocrats are among whose familiarity breeds contempt: the aristocrats of the spirit are they who, the nearer you come to them, the more highly you hold them.—Dr. Frank Crane in Woman's World for April.

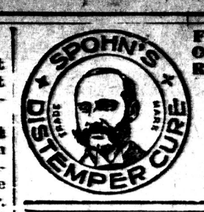
THE USUAL KIND.

(Harper's Weekly)

"How fast is your car, Jimpson?" asked Harkaway.

"Well," said Jimpson, "it's keeps about six months ahead of my income generally."

Something is wrong when a man measures his means by his meanness.—Chicago News.



FOR PINK EYE DISTEMPER, CATARRHAL FEVER AND ALL NOSE AND THROAT DISEASES

Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy. Sold by all druggists and harness houses. Distributors—ALL WHOLESALE DRUGGISTS.

SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

ISSUE NO. 17, 1913

HELP WANTED.

CAPABLE MAN WANTED TO TAKE charge at night of Three Set Woollen Mill. Must be able to control help, preference given to one having practical experience in carding or spinning. Apply, Box 65, Hamilton, Ont.

WANTED—GIRLS FOR FINISHING Room. Good wages and constant work. Apply to Kingston Hosiery Co., Ltd., Kingston, Ont.

HOW TO MAKE SARDINE PUFFS.

Prepare some puff pastry. Pound the sardines and mix with a little anchovy essence and lemon juice, add also a dust of cayenne. Cut out the pastry and place in patty pans; put the mixture in the centre, and place another round of pastry on top; brush over with egg, and bake quickly for a quarter of an hour.

3% OR 6%?

We Will be Pleased to Mail Upon Request Letter Dealing With This Subject

THOS. W. FORWOOD & CO.

Members Toronto Stock Exchange

90 King St. W., Toronto

BAD ROADS DID IT.

A farmer old, so we've been told,
With a team of horses strong,
Drove down the road with a heavy load
While singing his merry song.
But his mirth and song was not so long,
For his horses gave a leap,
As he ran amuck in the mud he stuck
Clear up to his axles deep.
Bad roads did it!

And a wheelman gay went out one day
For a joyful morning spin,
With the weather bright, his heart was light
As he left the country inn.
But he went not far when he felt a jar
Which started his troubles and cares.
He was laid up ill, while the doctor's bill
Came in with the one for repairs.
Bad roads did it!

In an automobile of wood and steel
A millionaire prim and neat
Went out for a ride by the river's side
In style that was hard to beat;
But, alas! he found that the broken ground,
And the cuts, and the holes so great
Had smashed a wheel of his automobile—
What he said we cannot relate.
Bad roads did it!
—Harry Ellard in Cincinnati Commercial.

To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a Liniment was required, and have never failed to get the desired effect.

C. A. KING, M. D.

PRACTICAL HUMANITY.

(Rochester Herald)

Five hundred persons at Indianapolis are to refund the losses of five hundred persons in that city who had their belongings ruined by the floods. That is the principle of the brotherhood of man vitalized.

Shiloh 25¢

"The Family Friend for 40 years." A never failing relief for Croup and Whooping Cough.

APPROPRIATE.

(Buffalo Express)

"What do you mean by sending me on such a fool's errand?" asked the indignant youth.

"Whom would I have found better fitted for the mission?" asked the cynical maiden.

NOT THE LAST.

(Puck)

"Does your wife always have the last word?"

"Um, no. I most always say: 'Yes, dear,' or 'Very true, dear.'"

NEW WRAPS.

They're chorister variations.

Some of them reach the knees.

The shorter length is preferred, though.

They are all scant at the lower edge.

Little armholes are one of the features.

A Medici collar is seen on some of these wraps.

A narrow shawl collar ending in revers is another finish.

And some of them have no collar at all, being simply draped.

FITS CURED Send for free book giving full particulars of TRENCH'S REMEDY, the world-famous cure for Epilepsy and Fits—Simple home treatment. 25 years sucess. Testimonials from all parts of the world; over 1,000 in one year.

TRENCH'S REMEDIES, LTD., 419 St. James Chambers, Toronto

TRUSTING THE WOMEN.

(Philadelphia Record)

Chicago has gone to the front in appreciative acknowledgment of the superiority of women as teachers of the young and in administrative ability in school management. Miss Ella Flagg Young is the Superintendent of Schools in that city, and the Board of Education has recently elected Miss Elizabeth W. Murphy to the position of Assistant Superintendent, with a yearly salary of $4,000. Miss Murphy was chosen on the recommendation of Mrs. Young. This is as it should be. Women have intuitive ability as teachers. From the time the youngsters are taught to walk and talk to the time when they are done with primary school instruction they should be kept fast, so to speak, to the apron strings of the mothers, and daughters of the land. It is safe to predict good result as the outcome of the Chicago experiment.

It's the CLEANEST, SIMPLEST, and BEST HOME DYE. one can buy--Why you don't even have to know what KIND of Cloth your Goods are made of.--So Mistakes are Impossible.

Send for Free Color Card, Story Booklet, and Booklet giving results of Dyeing over other colors.

The JOHNSON-RICHARDSON CO., Limited, Montreal Canada.

A GAME OF CHANCE.

(Buffalo Express)

Amundsen succeeded in reaching the South Pole by the strange chance of taking only remaining route of three which were supposed to be available to explorers. Scott, who was in the field first, had chosen one of the others and another expedition had taken the next most likely route. Amundsen had no choice, yet he reached the Pole with comparatively easy going. Scott had trouble nearly all the time and, in the end, perished. The third party was turned back by obstacles.

Arctic and Antarctic exploration apparently is to be a great game of chance for many years to come, if not forever, regardless of the remarkable progress science has made in helping the adventurous.

PILES CURED IN 6 TO 14 DAYS.

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

US.

A man's best things are nearest him,
Lie closer about his feet;
It is the distant and the dim
That we are sick to greet.
For flowers that grow our hands beneath
We struggle and aspire—
Our hearts must die, except they breathe
The air of fresh desire.
—Lord Houghton.

THE CLEAN-UP.

(Washington Star)

"Did you find anything in that house?" asked the footpad.

"Nothing worth while," answered the burglar. "But it's bad luck to come away empty-handed, so I brought along the watchdog and a lot of burglar alarm apparatus."

DON'T MISS THIS

A splendid 10 cent Household Specialty is being introduced all over Canada. It is appreciated by the thrifty housewife who wants things "just a little better." Send post card to-day. Simply say:

"Send Package of Household Specialty Advertised in My Newspaper"

That's all! You will be delighted! Pay if satisfied—we take the risk. Address P. O. 1240, MONTREAL, CAN.

This Offer Expires June 1st, 1913. SEND TO-DAY!

We have prepared a Special Folder dealing with

"A 7% Profit Sharing Bond in a Well Established Industry"

We consider these bonds an exceedingly good investment from the standpoint of reliability and good interest yield.

Copy mailed on request

National Securities Corporation

LIMITED

CONFEDERATION LIFE BLDG., - TORONTO, ONT.