NEW LIFE

GAINED BY SANOL

Dear Sirs:—

SANOL not only cured me, but it put new life in me and no one but a person who has suffered with their Kidneys, like I have, could appreciate what it is to take a medicine that is a cure after years of torture.

I will be pleased to answer enquiries from anyone who writes me.

Yours gratefully,

G. DENBIG,
83 Lansdowne Ave., Winnipeg.

SANOL, not only cures Gall Stones, Kidney Stones, or Gravel, but will strengthen the Kidneys and build up the system as the above letter shows. Price $1.50.

Sold at all leading Druggists.

Literature free from:

THE SANOL MANUFACTURING CO., Ltd., 975 Main St., Winnipeg, Man.

The Housekeeper

Some nice sandwich fillings may be made out of peanut butter with ripe pimenta; sardines made into a paste, white lemon juice; and jelly mixed with stoned and chopped raisins.

To make caudle, beat up an egg with a wineglassful of sherry, and add to it a pint of fine hot gruel. Flavor with sugar, nutmeg and lemon peel.

Use round corset lacing for padding scallop embroidery. No extra stitching or basting is needed. Fasten the lacing to the material where you begin buttonholing.

Hard water stains can be removed from the bathtub by taking equal parts of soft soap and whiting. Apply with a soft rag, wash with warm water and polish with chamois. The tub will look like new.

When baking pies requiring a little thickening for the juice, mix the needed amount of flour with the same quantity of sugar and sprinkle evenly over the contents of the pie before putting on the upper crust.

A cooling lotion for sunburn and freckles is made with six ounces of rose water and two drams of tincture of benzoin.

To remove tea and coffee stains from linen rub glycerine well in them and then wash out in the ordinary way.

To overcome the odor of stale cigar smoke in a room burn coffee grounds in the centre of the room.

In winter time, drop a tablespoonful of salt down the waste pipe of the kitchen before retiring at night. The sale prevents freezing and often saves a plumber's bill.

Hard work will not spoil the hands if this simple rule is followed: After washing, rinse the hands in clear water and rub them over with a piece of lemon, rinse again and rub over with glycerine and rose water.

CHILDHOOD AILMENTS

Ailments such as constipation, colic, vomiting, etc., seize children of all ages and the mother should be on her guard against these troubles by keeping a box of Baby's Own Tablets in the house. If any of these troubles come on suddenly the Tablets will cure them, or if the little one is given an occasional dose of the Tablets he will escape these troubles. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ARE YOU TOO STOUT?

Here's the Latest Cure for Your Trouble.

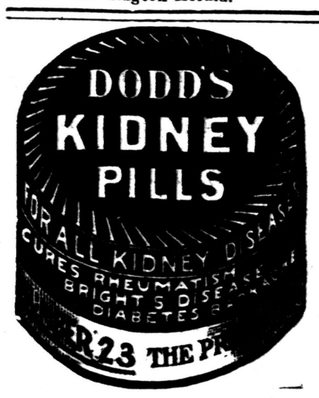
The latest remedy for obesity has been set forth by Dr. Galish, a German physician. He claims one of the main causes for an increase of weight is the late dinner hour. Food taken in the evening and then followed by the repose of the night is the best thing in the world for the forming of adipose tissue, and those who lament their increasing weight should stop that particular form of pleasure the first thing.

His treatment in a dietary is as follows: In the morning the patient must take a cup of tea with buttered toast, and if he is too hungry to wait for luncheon he may take an egg and some bread and butter at 10 o'clock. At 1 o'clock the meal consists of meat, vegetables, salad and a little compote. In the afternoon some coffee with a little white bread and butter. And in the evening there is only a small piece of bread and butter.

For the first two or three days the patient will feel extremely hungry in the evening, but this soon passes off and he gets into the habit of eating more at the first two meals, this being counteracted by exercise in the afternoon.

It is claimed for Dr. Galish that his patients lose one or two pounds a week.

"A man may adore every hair on his wife's head." "Well?" "But he regards those on her dresser with mixed emotions."—Washington Herald.



NEW FALL FASHIONS.

Autumn Styles Are Exceedingly Picturesque.

(By Maybelle Mortimer.)

The autumn styles are exceedingly picturesque, but they do not show many startling changes from the summer modes.

Gowns are caught up either in front or back so that they will accentuate the so-called natural figure which is flat in the back and slightly rounded from below the bust to knees in front.

All the velvety pile clothes will be worn much and the wool velvets are particularly beautiful. The French call them "peau de peche" and in truth they are as velvety as the "skin of a peach."

Tailored gowns will be worn more this winter than last but instead of the conventional shirt waist the Russian blouse effect in plaids and bright colors will be worn with black, grey or brown skirts.

Black promises to be the most popular of all colors for tailored frocks with brown and dark blue coming next.

Young women will wear plaids but they must be worn with great discretion to give a chic effect.

Fur will be worn more than ever; evening gowns as well as street dresses being profusely trimmed with it. All kinds of fur will be used and as the higher grades are so expensive as to be almost prohibitive the cheaper grades will be very popular even with the best dressers.

Hats will be larger and turned back from the face—a rather trying fashion.

The "slash" will still remain with us. All tailored skirts will be slashed somewhere about the hem. Shoes and stockings will match the gowns except when black is worn, then one may expect to see fancy hose with black low shoes.

Fancy waistcoats will be worn much with dark coats and skirt and belts. Sashes will be seen on almost all gowns.

50 ORGANS CHEAP

We have some fifty first-class organs on hand, at prices from $12.50 to $35. These instruments have all been overhauled by our own workmen and are in first-class condition. A few great bargains are: James organ, walnut case, 5 stops, $15. Dominion organ, 8 stops, $20. Bell organ, 9 stops, $25. Send for complete list, giving full description stating what terms you would like. Heintzman & Co., corner King and John streets, Hamilton, Ont.

MOUNTAIN AIR.

British Invention Supplies Its Effects to Invalids.

Get your mountains by machinery! That is, if you cannot travel hundreds of miles to get them and their wonderful effects, for it is not the quality of air at 3,000 feet, scientists say, that benefits people with lung troubles, but the quantity, the rareness of the atmosphere requiring strenuous effort on the part of the lungs to keep the system supplied, and the exercise involved strengthening them just as boxing makes for big biceps.

The English device in question consists essentially of two parts—a closed reservoir through which the individual breathes, inhaling against the weight of four to six inches of water, and a vacuum or suction equivalent to twenty to twenty-five inches of mercury, into which the individual exhales. A suction mask for fitting over the nose and mouth connects by rubber tubes with the vacuum and the water.

Until one has attempted to derive his air supply from this apparatus he is unable to appreciate how simple an affair is the natural manner of air getting. In the first place, it is extremely easy to fill the lungs with air when no obstacle intervenes, but when one must pull against six inches of water the breathing is truly labored. Exhaling by machinery is no less complicated, though a great deal easier, for one breathes into half-inch tubes having a vacuum pull equal to twenty to twenty-five inches of mercury, which insures rapid and complete emptying of the lungs.

For people with small lung capacity, equally with cases having weak lungs, the device is said to be invaluable, for its continued use in doses of fifteen to twenty minutes twice a day increases to a remarkable degree the capacity of these organs. It also is of great value for persons whose work keeps them bent over a desk all day, serving to correct the evil effects upon the lungs of sedentary labor.

Minard's Liniment Cures Dandruff.

What Hands Are Made For.

Hands were made so that there would be something to hold high in the air when held up by a bold highwayman on a lonely road.

Hands were made to give fortune tellers and palmists a chance to make a living.

Hands were made to tell the time with in the old clock's face.

If there were no hands the fifty-six billion boys in the world would have to go unspanked each day.

If there were no hands the cornetist next door would be obliged to keep still.

Hands are made to hold a week's wages—for a moment.

Hands are made to hold cigars or cigarettes and other hands.

TO ENSURE WORLD PEACE.

(London Advertiser.)

The European powers are watching each other while they try to regulate their semi-civilized neighbors, without getting into trouble themselves. The United States is trying to keep out of war, while its Government protects the interests of its citizens in Mexico, and makes its too lively neighbor keep the peace. On both sides of the ocean international problems are worrying statesmen. An international court of appeals, and an international constabulary to enforce its decrees, seems the ultimate remedy.

Neuralgia's Burning Pain Checked—Then Cured

Stronger Proof of Cure Could Scarcely be Found Than This.

WORST CASES CURED AT HOME.

"To be really cured of Neuralgia is a marvel to me," writes Davidson E. Plummer, from Kingston. "During the six weeks Neuralgia held me in its grip I suffered agony. When I had used almost every remedy, hope fairly died within me. Twice every day the attacks would recur. Had the pain been persistent I could not have borne it. I was away out in Alberta when the attack came, and was probably not robust enough for the conditions of life in that new country. I just had to suffer, as nothing seemed to subdue that awful burning pain. But relief was coming all the same, coming thousands of miles, for some new people came in from the Maritime Provinces and they brought with them a number of the Catarrhozone Company's medicines; among them was a dozen bottles of Nerviline. Hearing of my sad plight, they sent me two bottles. At first the effect of Nerviline seemed to fluctuate. Hope would rise, then followed despair, but within twenty-four hours Nerviline's victory was assured. The first bottle cured, and I am still well. The second bottle I have also used for colds, earache, toothache, sick headache and other internal disorders. I will never be without Nerviline again."

No home is either safe or complete without Nerviline. Family size bottles, 50c.; trial size, 25c., at all storekeepers and druggists, or The Catarrhozone Co., Buffalo, N. Y.

Mr. Punch Speaks.

Glass buttons, we are told, are being used for summer frocks. Is this, we wonder, the first step towards glass dresses? Frankly, we are getting nervous.

Ceylon newspaper men must really be careful or the pleasant custom of giving wedding presents will be discontinued in their little island. In an account of a local marriage ceremony we read that the bridegroom "was the recipient of a large number of valuable and other presents."

And one cannot help feeling rather sorry for the gentleman who, having an almost new motor car to sell, decided to advertise it in a Cingalese sale catalogue. After a glowing account of its many virtues comes the refreshingly frank confession, "Only drives a few miles."

Ther is a growing feeling among Sir J. M. Barrie's fellow baronets that this popular author should now, out of respect for the dignity of his rank, cease to associate himself with the literary profession.

"Wife disappeared in 191. Mr. Sensuke Saito now asks for a divorce."—The Japan Times.

We think such patiense should be rewarded.

Overseas Daily Mail.

We are surprised.—London Punch.

PILES CURED AT HOME BY NEW ABSORPTION METHOD

If you suffer from bleeding, itching, blind or protruding piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write today to Mrs. M. Summers, box P 8, Windsor, Ont.

Would You ?

OLD, YET NEW.

(Pittsburg Gezette-Times.)

Give science time and it catches up with the procession. Accompanying the announcement of the birth of an heir to the Duke and Duchess of Roxburghe is the statement that, desiring a son, they consulted and acted upon the advice of Dr. Leopold Schenck, of Vienna, who has specialized in pre-natal influences, and who told the mother that "the principal thing to do to insure the birth of a male child was to avoid all food containing sugar." Yet all these years the sweetness of girls has been the burden of song and story.

Minard's Liniment Cures Burns, Etc.

Cause of Complaint.

A bookseller in New York purchased a lot of books at a sale. Finding several sets of Charles Dickens' works in this stock he decided to make a special price on them, so he put all of them in the large show window with the following sign in very large letters:

"Charles Dickens' Works All Week for Four Dollars."

An Italian who had drifted down that way walked up to this window. Reading the sign, he said: "Dese countree allee wrong. Americana he work ze week, zee zix: one, two, tree, fo, five, zix—zix days fo for dol!"

GREAT WAVES IN HISTORY.

Golden Age of Greece, Thirteenth Century in Europe.

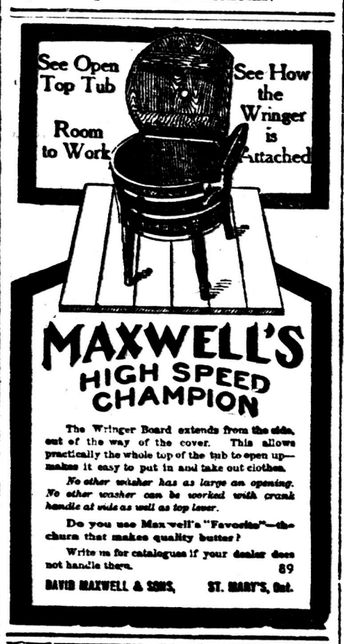
Have you ever stood on the sea beach and watched the rollers come sweeping to the shore? If so, you have probably noticed that every now and then one of them will be bigger and nobler than the rest—will come in with a mighty thunder and a glory of high-flung foam, and magnificent in its towering strength, dash far up on the shining sand.

Well, when you stand on the beach of time and watch the centuries as they come rolling in, you will see that ever and again one is mightier than the rest, topping them in greatness.

One of these great waves of the ocean of time was the golden age of Greece, one was the thirteenth century in Europe, and another was the sixteenth century in England, the age of Elizabeth.

Several decisions of immense importance to the entire future of England were made during Elizabeth's reign. For one thing, England became definitely a Protestant nation. For another with the crushing of Spain in the defeat of the Great Armada, she took command of the seas, which she was henceforth to rule as her own domain. And she also became a sharer in the New World with all its tremendous possibilities, beginning that career of colonization which has given her the largest empire of the civilized world. Then, too, she took her place as creator of a great literature.

It was certainly a marvelous time, and the more one reads of it the more inspiring it becomes.—From Hildegarde Hawthorne's "Books and Reading" in September St. Nicholas.



The Summer Passes.

The summer passes with garnered grasses,
And fruits grown yellow in orchards old,
With birds south ranging and woodlands changing
Their emerald arras to yellow gold!

In vain our crying, in vain our sighing,
She will not linger, she will not bide;
Yonder, yonder, 'tis hers to wander
Back where 'tis ever summer tide!

Though she bereave us, still she will leave us
A royal guerdon to clasp and keep,
While, like one holy, the earth sinks slowly
Into her long white winter sleep.

'Mid withering roses in garden closes,
And the soft requiem song of streams,
A lovely story, a fading glory,
The summer passes away in dreams!

—Clinton Scolland in New York Sun.

St. Isidore, P.Q., Aug. 18, 1904.

Minard's Liniment Co., Limited.

Gentlemen,—I have frequently used MINARD'S LINIMENT and also prescribe it for my patients always with the most gratifying results, and I consider it the best all-round Liniment extant.

Yours truly,

DR. JOS. AUG. SIROIS.

BLAMING THE GIRLS.

(Montreal Telegraph)

We believe that the present day young women are as much to blame as the men. There is no blinking the fact we are in an age of revolt against domesticity on the part of our women. The majority of our girls refuse to take an interest in household work. They scorn economy and the quiet life. They want a "position" in the city. They have expensive tastes. Their beau ideal is a young man with plenty of money, an automobile, and a never-ending capacity of giving them "a good time." The average young man is unable to fill this roll, and rather than attempt to do so he remains a bachelor. In justice to the girls, however, it must be said that young men have the same tastes and tendencies, and prefer to be luxurious and extravagant on what will suffice for one, rather than be forced to economy by dividing it between two.

MUST EDUCATE EUGENICALLY.

(Buffalo Express)

Not everything that is done in the name of eugenics is eugenical. Some of the new laws are travesties on eugenic principles. Doubtless the young people of Pittsburg are going elsewhere to be married. That is always the effect of any increase stringency in licensing requirements. Education must precede popular acquiescence in such statutes. There should be no haste in adopting the new system and when it comes it should be adopted by all the states, so that persons who would be refused a license at home may not go elsewhere and be married, as occurs under our beautiful lack of divorce system.

THE GREATER SIN.

(Montreal Herald)

A fifteen yead old boy from St. Catharines, Ontario, has been sent to the Kingston penitentiary for three years. Has this crild ever committed a sin against society equal to that which society has just committed against him?

2 IN 1 SHOE POLISH 10¢

The Modern Shine! Easier to Use Better for the Shoes

Spirit of the Rural Press.

The bride is a refined young lady of culture, as also is Mr. Smith, the groom.—Mayville Booster.

To keep ants away from the refrigerator, tie a woollen string around each leg saturated with turpentine.—Corydon Republican.

The choir at the Presbyterian Church was full and the music was excellent.—Blairstown Banner.

A young man by the name of Clement fell from a street car yesterday evening and was quite severely stunned and bruised. The car kept on its way—evidently not knowing of the accident.—Wausau Pilot.

Measles are in the neighborhood at this place, but we hope there will not be an epidemic of them, as it is such a busy time to be sick.—Scottsville Times.

Minard's Liniment Relieves Neuralgia

Care of Canaries.

—For baldness, wash the head with salt and water, rub with lard.

—For costiveness, give a little castor oil in sweetened fresh milk.

—For loss of voice, gum-water with paregoric and green food will restore it.

—For diarrhoea, give a little rhubarb, powdered chalk and ground ginger mixed with the seed.

—During the period of moulting, keep warm, feed with raw scraped beef and hard-boiled yoke of egg.

—For pip, apply sweet oil; prick the ulcer with a needle, then bathe with warm water. A little magnesia or camphor may be used in the drink.

—For asthma, mix a little sulphur with the seed, or dissolve a small quantity of camphor in the drinking water. Supply lettuce, chickweed, watercress or other green food.

—For huskiness, give him boiled milk to drink instead of water for several days; then mix some finely-scraped beef with a little water and a hard-boiled yoke of egg.

Tooth 200,000 Years Old.

Little by little the secret is being probed of the mysterious woman of 200,000 years ago whose skull, found some months ago at Piltdown, Sussex, by Charles Dawson, fascinated and puzzled scientists the whole world over. Mr. Dawson had been indefatigable in his pursuit of the mystery ever since the discovery of the skull in a chalk pit, and he has now been richly rewarded. While digging with two friends, one of the latter found a canine tooth belonging to the skull. In form it closely resembled the Smith-Woodward restoration, but is smaller in size and more pointed. It bears the same evidence of having chewed roots and gritty substance as the teeth already found in the jaw.

Dr. Morse's Indian Root Pills

owe their singular effectiveness in curing Rheumatism, Lumbago and Sciatica to their power of stimulating and strengthening the kidneys. They enable these organs to thoroughly filter from the blood the uric acid (the product of waste matter) which gets into the joints and muscles and causes these painful diseases. Over half a century of constant use has proved conclusively that Dr. Morse's Indian Root Pills strengthen weak kidneys and 41

Cure Rheumatism

The Doctor's Guess.

They were speaking of the doctor's diagnosis, and the remarkable causes sometimes held responsible for certain ills, the other day, when Congressman Dudley Doolittle of Kansas broadly smiled. He said he was reminded of a certain case in his home state.

Some time ago, acording to the story told by the senator, a member of a brass band that was playing at a summer resort, suffered with a sore throat and consulted the local physician.

Just as soon as the patient mentioned that he played in a brass band an enlightened look swept over the features of the doctor. Giving the patient some medicine, he told him that he must have absolute rest for one week, and at the end of that time to call again.

A week later the musician appeared at the office of the doctor and announced that he was quite well.

"Good!" gleefully exclaimed the doctor. "I thought if you refrained from playing the cornet for a week your throat would come all right."

"But, doctor," interposed th wondering patient, "I don't play the cornet."

"Well, the horn then," smiled the satisfied doctor. "It's just the same."

"Neither do I play a horn, doctor," was the startling rejoinder of the musician. "I play the kettledrum."—Philadelphia Telegraph.

Minard's Liniment for sale everywhere

NOT STARVING YET.

(Philadelpaia Record)

An English scientist has raised the old cry that population is outstripping the production of food, and that in the not distant future, perhaps before the end of the century, posterity will be hard pushed to secure wheat enough for its daily bread. Why worry so much about posterity? Does not the Englishman know that the Canadian Northwest, which is not yet producing 200,000,000 bushels of wheat a year, can, when more fully developed, easily grow five times that amount? Then there is Siberia, whose possibilities are enormous, not to speak of Australia and other countries whose resources have hardly been scratched. With better agricultural methods the United States could produce vastly more when than it does. Every generation has its own problems, it must solve for itself, and the present seems to have more than its fair share. Let the people of the twenty-first century tackle thier own troubles when they arise.

TIGHT MONEY.

(Brantford Courier)

"Tight money" the bank managers say. Yes, money is truly tight when men of repute capital have to go knocking at the doors of the head office to secure legitimate loans for legitimate business.

Money is loose, however, when a stranger drops in. Yes, money is truly loose, when strangers leave their cards with the managers, submit a letter of introduction and walk off with a roll of bills, of astonishing proportion.

Truly there should be no more talk of stringency on the money market.

ISSUE NO. 39, 1913

HELP WANTED.

WANTED—SECOND-HAND IN WOOLLEN Mill Dye House, working on raw stock and piece dyes. This is a good opportunity for a bright young man. Apply. The Slingsby Manufacturing Co., Ltd., Brantford, Ontario.

WANTED— SPINNER OR GOOD piecer on heavy woollen yarns; night work. Apply to the Slingsby Manufacturing Co., Limited, Brantford, Ont.

WANTED—GIRLS FOR FINISHING underwear. Apply, Kingston Hosiery Co., Ltd., Kingston Ont.

Ancient Asbestos.

There was a winding sheet of amianthus in the Vatican library, soft and pliable in the hand, and showing indications of ignition upon one corner. The cloth, however, did not suffer. This burning is taken as showing that some combustible fibre had been intermingled. Marco Polo, in the thirteenth century, reported a cloth which the natives of territory now included in Russian Siberia claimed as having been made of salamander skin. Marco Polo satisfied himself, as it seems, that he had to do with a miner substance. In fact, he found out something as to its manufacture. In this same general region of country asbestos is to-day known to exist.

We are not to regard asbestos as a single, definite mineral. Nor are we to understand that there is a fixed chemical constitution. Certain forms of hornblende and serpentine, if fibrous, are regarded as asbestos.—Cassier's Magazine.

Lord's Day Alliance Active

Very busy with the good work, but no more efficient than the old reliable Putnam's Corn Extractor, which cures corns and warts in one day. Fifty years' use proves the merit of Putnam's. Use no other. 25c at all dealers.

Presence of Mind.

An Englishman in travelling through Ceylon was the guest of a dockyard official at Trincomalee.

"The dinner was excellent," he says, "but when it was about half over I was startled by hearing the wife of my host tell the native servant to place a bowl of milk on a deer-skin near her chair.

"Althoun she spoke as calmly as if giving an ordinary order, I knew at once there was a snake somewhere in the room, for they prefer milk to anything else. As a hasty movement might mean certain death, we all became statues; but, for all that, my eyes were inspecting every nook and corner, with a peep under the table. However, it was not until the milk was placed on the deer-skin that the snake appeared. And then to our amazement a large cobra uncoiled itself from my hostess' ankle and glided toward the bowl, when, of course, it was immediately killed.

"But, just fancy the nerve of the woman, though she fainted when the thing lay dead on the floor. How many could have remained motionless in such circumstances?"

Cheese Aged by Electricity.

A Dutch electrician in Rotterdam has hit upon a unique way of aging cheese. If you are going to have a party, for instance, and you do want some nice old cheese, go right and make it fresh, and then apply electricity.

It seems that if currents are passed through a fresh cheese for twenty-four hours, that cheese at the end of the time is "just as good as old."

Later on much is expected from this in the way of being able, through electricity, to give any cheese any age or any taste that is desired.

FITS CURED Send for Free Book giving full particulars of TRENCH'S REMEDY, the world-famous cure for Epilepsy and Fits—Simple home treatment. 25 years' success. Testimonials from all parts of the world; over 1,000 in one year.

TRENCH'S REMEDIES, LIMITED
410 St. James' Chambers, Toronto.

Mittens Worn for 4,000 Years.

There is not a great deal of definite information on the subject, but what there is seems to prove that men and women in the long ago seemed to consider that they had to wear a covering for their hands quite as much as we moderns do.

For instance, brilliantly colored mittens are among the clothing of mummies entombed for 4,000 years. Some of them are long, others short; some of silky, thin goods and others heavy. Evidently they had them for all times and all weather.

Proofs seem to show also that trousseaus are ancient of origin. Costly affairs, too, in days when Egypt was in her prime and when Rome ruled the world.

CRIME DOESN'T PAY.

(Philadelphia Record)

The culprits in the last two big jewelry robberies in New York have been apprehended. It is true that occasionally a robber gets away with his plunder, but with all the limitations upon the sagacity of the detectives, who rarely do anything as interesting as Sherlock Holmes used too, most of these gem robbers are captured and the business can hardly be recommended to any young man who desires to keep out of the penitentiary. Probably criminals are not a reflecting class; they are not ordering their lives with a proper regard for the future. If they were more sagacious they would realize that on the whole even work is better than a career consisting of prison sentences separated by brief intervals of liberty and crime.

An optimist is merely a man who doesn't believe his warm friends are all dead.