ITCHING ECZEMA SPREAD OVER WRIST

Would Burn. Suffered Great Pain. Grandchild Also Afflicted. Used Cuticura. Now Perfectly Well.

Poulamon, N. S.—"I had eczema on my right wrist for over a year. It broke out like a rash. It would itch and burn and I had to scratch. The skin was broken and the blood came through. Sometimes it spread all over my hands and I suffered great pain when I put them in water. I began to use Cuticura Soap and Ointment and they gave me quick relief, healing my wrist and hand in a few months.

"My grandchild was also afflicted with that trouble. He had it on his head, face and hands. We began to treat him with Cuticura Soap and Ointment and he began to improve. So we continued the treatment for a few months and he is perfectly well." (Signed) Mrs. Joseph Fougere, May 28, '14.

Sample Each Free by Mail

With 32-p. Skin Book on request. Address post-card "Cuticura, Dept. D, Boston, U. S. A." Sold throughout the world.

A Pretty Experiment.

How quickly the body eliminates waste matter may be seen by the following simple and pretty experiment: Eat a tablet of lithium citrate. Then take a clean platinum wire, hold it in a colorless flame of a Bunsen burner and note that it gives no coloration to the flame. Now cool the wire and pass it along the skin of the forehead, or after rinsing the hand in distilled water draw the wire across the palm and again hold it to the colorless Bunsen flame. Note the beautiful yellow color, due to the presence of the sodium. Next take blue glass and observe the yellow flame through this. The cobalt glass absorbs the yellow sodium rays, and the lilac flame of potassium now shows. About a half hour after taking the lithia tablet make the same test as above with a clean platinum wire. The vivid red flame of lithium is now obtained. In one short half hour the lithium entering at the mouth has been absorbed into the blood and carried to all parts of the body and is being excreted through the skin.—New York World.

Differences in Fuel.

Fuel commences to burn when it has reached what is called the ignitation point which varies greatly with the different kinds of fuel. Coal gas does not burn below a red-heat of iron, and carbon, such as charcoal, has a still higher igniting point. A piece of iron heated dim red will ont ignite a gas jet, but if the iron is heated till is approaches orange color it will lit the gas. The igniting temperature of coal burned in locomotive fire boxes is about 1,500 degrees Fahrenheit. Fire box temperature is about 3,000 degrees Fahrenheit.

Corns Drop Out Instant Relief

Paint on PUTNAM'S CORN EXTRACTOR tonight, and corns feel better in the morning. Magical, the way "PUTNAM'S" eases the pain, destroys the roots, kills a corn for all time. No pain. Cure guaranteed. Get a 25c bottle of PUTNAM'S EXTRACTOR to-day.

THE FARMERS AND THE RED CROSS SOCIETY

We publish to-day an appeal on behalf of the Red Cross Society, by Dr. James W. Robertson.

Dr. Robertson is still best known to the farmers of Canada as Professor Robertson. He began his official public service at the Ontario Agriculture College nearly thirty years ago. Twenty-five years ago he went to Ottawa as Dairy Commissioner for the Dominion. The Dairying Service of the Department of Agriculture soon became known and trusted throughout Canada. From Prince Edward Island to Alberta, farmers profited by the Illustration Dairy Stations and the Travelling Instructors. The output of cheese and butter in Canada added to the reputation of its rural workers.

Other public services of continuing and growing value were inaugurated, while Professor Robertson was commissioner of Agriculture. Among them were the Live Stock Branch, the Cold Storage Service, the Seed Grain Competitions, Trial Shipments of Fruit to the United Kingdom, and Extensions of Markets.

Besides there were the Manual training Movement, the School Gardens, Household Science, and the Consolidated Rural Schools.

In more recent years, Dr. Robertson was chairman of the Royal Commission on Industrial Training and Technical Education. Farmers in all provinces are familiar with the Survey of Farms by the Commission of Conservation and the Illustration Farms of its Committee on Lands, of which he is chairman.

In these and many other ways, Dr. Robertson has given the farmers of Canada the best that was in him. He says he is their debtor, for many opportunities, for much kindness and for warm appreciations. But they are his debtors too. And he now reminds them of that for the first time in order to establish his right and privilege to appeal to them for this worthy cause.

Minard's Liniment Cures Dandruff.

His Last Look.

A church in the north of Scotland requiring a pastor had a beadle who took an active interest in all that concerned the church. One of the candidates after the last service for the day was over stepped into the vestry to put off his gown. He thought he would have a look at the church and, meeting the worthy beadle putting things to rights, said:

"I was just taking a look at the church."

"Aye, tak' a guid look at it," said the beadle, "for it's no likely ye'll ever see't again."—Dundee Advertiser.

The Housekeeper

Fine ginghams and percales will emerge from the tub with gloss and dressing of new material if dipped in sweet milk instead of starch.

Roast turkey left from dinner makes delicious salad, mixed with celery seasoned with capers and dressed with mayonnaise The usual directions call for equal parts of meat and celery, but there is no hard and fast rule. The amount of the meat on hand and the taste of the family are strong considerations.

The meat from roast fowl of any kind makes a delicious souffle. An old rule calls for two cupfuls of meat chopped fine, a cupful of bread crumbs, a cupful of white sauce beaten creamy and added to the mixture and the whites beaten stiff, folded in at the last minute. Bake about 15 or 20 minutes and send directly from the oven to the table.

To polish kitchen knives nicely, mix a little bicarbonate of soda with the brick dust, and rub them thoroughly.

When a roast is small it is best to start it on top of the stove. Heat the pan very hot, put the roast in and turn it frequently. The quick searing holds the juices.

Heat your plates before putting hot pies on them when first taken from the oven, says an exchange. The hot pies on cold plates cause a sweat that makes soggy under crust.

If when preparing carrots they are boiled briskly five minutes then put under the faucet and cold water run on them a minute, the skins will slip off as do those of boiled beets. Then they can be cooked in the usual way. This does away with the task of scraping them.

In Tropical Countries Liver Chill Very Common

In northern latitudes also the liver is a very unruly organ and requires careful watching. The concentrated vegetables juices in Dr. Hamilton's Pills act directly upon the liver and stimulate its action to a normal basis. The blood is purified, the skin grows clear, headaches disappear and robust health is firmly established. No medicine for the stomach, liver or kidneys can compare with Dr. Hamilton's Pills, 25c. box at all dealers.

APPEALS TO THE FARMERS

Our country, with its allies, is waging a great war for justice, for the protection of small nations in the employment of their rights, for continued and growing freedom, and for the maintenance of its pledged word of honor. Much destruction and desolation are being caused. Lives are being lost by the thousand. Canada's first contingent is now in the thick of it. Some will fall sick; many will be wounded; some will pay the last full measure of devotion to their country and its cause.

The Red Cross Society exists to succor the sick and wounded in war. It needs more money to provide more beds and hospitals in Great Britain and France; it needs more money to pay more Red Cross nurses; it needs more money, and more things made by women, to supply to Clearing Hospitals, Base Hospitals and Recovering Hospitals.

I appeal to farmers to send me sums from $1 to $50, during the first week in May. Every $50 provides one additional hospital bed with the giver's name over it. By sending me about $10,000, you would serve your country well, bring credit to yourselves, and make us all very proud of you. For the sake of the wounded boys, make the gift substantial. It will be an investment towards the recovery of some Canadian soldier who stood in our stead that our cause might be upheld.

Faithfully your friend, James W. Robertson, Chairman, Red Cross Society at Ottawa.

Safety Lights.

The use of matches and candles, etc., by repair men in making alterations or repairs in buildings is a dangerous practice. Numerous fires have been started by their use, and one of the most serious of recent fire losses is charged to the use of a candle to supply light while changing a gas meter. The gas pipe was broken, the gas caught fire from the lighted candle, and caused a loss to property of over $150,000. For work of the above nature, the use of the storage battery electric lamp is strongly advocated. It is portable, the light is ample, and it is safe even amidst dangerous gases.

Minard's Liniment Cures Burns, etc.

SUMMER'S COMING!

(Detroit Free Press)

Pretty soon now the picnic baskets will be brought down from the attic, and the streets will be filled with happy-faced throngs intent on getting away for the day to inviting spots where the dreary cares of city routine are forgotten and nobody gives a hang for the petty things that have perforce filled the mind for the last six months.

The weather man doesn't know it yet but spring is with us and summer is just around the corner. Even the skies cannot forever be clouded. Sooner or later these bone-searching winds must give way to balmy air and invigorating sunshine and we'll all be happy.

Summer is the only season of true joy. Winter is a make-believe, a time for deluding one's self into thinking one is alive while one is really but hibernating. Wake up; summer's coming.

NOT ALL BAD.

(Montreal Mail)

A Turk fighting with the Canadians has died of wounds. A national character which can produce a liberty-loving hero like this must have something in it, after all.

JUST SUITS MY NEEDS BUILDING UP THE SYSTEM

This is the Way Thousands of Women Are Speaking of Dr. Chase's Nerve Food.

"I want to state that I have never taken anything to do me so much good as Dr. Chase's Nerve Food," writes Mrs. Edson Brock, Trenholmville, Que., "and I am never without it in the house. I was so nervous I could not sleep, but now I sleep soundly at nights and wake up feeling refreshed and ready for the day's work. I used the Nerve Food for months and found that it just suits my needs, and has built up the system wonderfully. I know it is Dr. Chase's Nerve Food that has brought about the great change in my condition, and am thankful for it.

"My husband was a great sufferer from itching piles and has been entirely cured by Dr. Chase's Ointment."

We are constantly receiving letters like this in regard to Dr. Chase's Nerve Food. Everywhere it is being used because of its great restorative and reconstructive influence on the nervous system. Men and women who are run down in health, tired, nervous and discouraged, find in this great Food Cure the means of nourishing the exhausted system back to health and vigor.

Headaches, indigestion, sleeplessness, nervous irritability, lack of energy and vigor—all tell of nervous exhaustion, and indicate the need of such treatment as Dr. Chase's Nerve Food.

Instead of affording mere temporory relief by stimulating the nerves, Dr. Chase's Nerve Food builds up the system by supplying the ingredients from which Nature forms new rich blood and revitalizes the wasted nervous system. Put Dr. Chase's Nerve Food to the test when you are feeling tired out and discouraged, fill the body with new rich blood and new nerve force, and you will realize again the joy of good health. 50 cents a box, six for $2.50; all dealers, or Edmanson, Bates & Co., Limited, Toronto.

The Ice Jewels.

The fairies were out in the storm last night
For yesterday's barren trees
Now fill the valley with glittering light
As they toss in the morning breeze.
So hurry and let us explore
Where the paths of the woodland run—
Wieh the jeweled branches a-sparkling o'er
At the touch of the morning sun!

And who are the fairies, you bid me tell,
That have done this wonderful thing?
Why the woodland fairies we know so well
In summer and fall and spring.
And how can the summer days
Endure in a wintry storm?
Oh, the fairies are wise in all their ways,
And, of course, know how to keep warm!

For weeks ago when the cold winds drove
The flowers to their winter naps,
From the milkweed silk the fairies wove
The warmest of their wraps.
On a moonlit autumn night,
In a circle under a tree,
They made them garments more soft and white
Than ever we mortals see.
The warmest of their wraps.
On a moonlit autumn night,
In a circle under a tree,
They made them garments more soft and white
Than ever we mortals see.

And so last night—in the cold and the rain—
As dry and warm as you please.
To make the woodland pretty again
They hung the ice on the trees.
For the fairies never shirk,
But whether with ice and snow
Or flowers and leaves, they're always at work,
And aren't you glad it's so?
—St. Nicholas.

Barn Roofing

Fire, Lightning Rust and Storm Proof

Durable and Ornamental

Let us know the size of any roof you are thinking of covering and we will make you an interesting offer.

Metallic Roofing Co. Limited

MANUFACTURERS TORONTO and WINNIPEG

Easy to Cool Water.

Water in moderate quantities may be cooled to icy temperature in a very simple manner. Secure a test tube, such as is generally used by chemists, and half fill it with nitrate of ammonia salts, fill up with water, cork tightly. Shake till the salt is dissolved. Be careful to wipe the outside of the tube dry in order that all trace of the nitrate may be removed. Place this tube in a glass of water and stir as you would with a spoon. The water is rapidly chilled The nitre of ammonia salts can be bought of any chemist.

The Gentle Exterior.

"What I admire," said the statesman, "is the hand of iron in the glove of velvet."

"Yes, indeed," replied Miss Cayenne. "It is much more unusual than the head of bone in the hat of silk."—Washington Star.

War and Aeroplanes.

The art of war has been robbed by the aeroplane of the element of surprise which afforded Napoleon dramatic opportunity for the display of his genius. His object was to discover the weak spot in the enemy's lines and, having discovered it, to hurl upon it all the forces at his command. His success depended upon the speed and sureness with which the great blow could be struck. A premature revelation would have spoiled all. But a coup of the sort is no longer possible, for a manoeuvre on the one side is met instantly by a manoeuvre on the other. War now consists of a series of parallel movements; its art has changed. It would be scarcely an exaggeration to say that it does not exist. The two armies turn about each other like boxers in the preliminary phases of a fight. They pivot clumsily to catch each other at a disadvantage, and that is practically all the art of it.—London Times.

Uses of Silver.

The largest single use for silver, outside of the manufacture of silver plated war, is estimated to be in the manufacure of photographic plates, films and paper. The manufacture of films for moving picture use has now become an enormous business, and it is probable that in the future this will bring the largest consumption of silver. The silver is used in photography for making the light sensitive emulsion and is principally the bromide of silver.

Minard's Liniment Relieves Neuralgia

Clearing for Action.

When a warship is cleared for action not only is everything moveable on the decks removed or made secure, but every article made of wood is, as far as practicable, thrown overboard. Sofas, tables, chairs, pianos, all the furnishing of officers' quarters, in fact, are hurriedly put over the side by the bluejackets, and in a few minutes as much as £1,000 worth of stuff is floating round the Dreadnought. At the moment that a warship is preparing to fire not a single soul is to be seen on the decks. All the sailors are below working the guns and getting the ammunition ready.—London Answers.

A Declining Art.

"Don't you want your boy, Josh to be a good speller?" asked the school teacher.

"I dunno," replied Farmer Corntossel. "About all the notice a good speller gets nowadays is bein' called on occasionally to decide a bet."—Washington Star.

His Desire.

"Where did you last work and how long?" demanded the colonel. "Did you quit of your own accord or were you discharged, and——"

"Loogy huh, boss!" sourly returned Brother Bogus, "I isn't puhposin' marage to yo'; I's axin' for a job."—Puck.

THE PARENTS AT FAULT.

(Rochester Herald)

The boy or girl—especially the girl—who goes out upon the streets at night to take his or her initial steps in a vicious life, does it usually because there is lack of parental authority at home. By holding parents responsible for the delinquency of their offspring, much of this delinquency might be prevented.

THE EDITOR, HE KNOWS.

(Guelph Mercury)

The London Advertiser asks the rather pointed query "Have you interned your winter coat yet" which is equivalent to inquiring, "Have you a new pair of pants?"

"When I was a boy," said Mr. Waterstock, "I wanted to go to sea and be a pirate." "And you changed your mind," replied Miss Cayenne, "to the extent of deciding to remain on land."—Washington Star.

A cupful of vinegar added to the water in which colored clothes are washed will often prevent color running.

For You—a wonderful Book on Farm Drainage—FREE!

Do you know you can take as much crop off 100 acres properly drained as you can off 200 acres not drained and save half the labor? It's a fact. Do you know that proper, inexpensive tile drainage assists pulverization—lengthens the season—prevents surface washing—makes your land lighter to work—prevents drought and increases the quantity and improves the quality of your crops?

Why not have us send you, today, free of charge, a very interesting booklet on this subject? Much to learn—nothing to pay. Don't neglect anything that will help you grow better, bigger crops. Proper drainage means as much as two dollars in your bank account for every one that goes there now, and the Government loan you money for the Tile if desired.

Write us today. Mention this paper. Your book is waiting.

Dominion Sewer Pipe Co., Limited SWANSEA, ONTARIO

REVERSIBLE SENTENCE.

Read Backward or Forward They Tell Same Story.

Scandalous society and life make gossips frantic. This reads backwards. Frantic gossips make life and society scandalous. Apply the same rule to the others given below:

Solomon had vast treasures—silver and gold, things precious. Happy and rich and wise was he. Faithful served he God.

She sits lamenting sadly, often too much alone.

Dear Harry—Devotedly yours remain I. Have you forgotten twenty dollars check? Reply immediately, please, and hand to yours, Grace Darling.

Man is noble and generous often, but sometimes vain and cowardly.

Carefully boiled eggs are good and palatable.

Love is heaven, and heaven is love, youth says. All beware, says age. Trying is poverty and fleeting is love.

Exercise take; excess beware.

Rise early and breath free air.

Eat slowly; trouble drive away.

Feet warmish keep; blend work with play.

Adieu, darling! Time flies fast; sails are set, boats are ready. Farewell!

Matter and mind are mysteries. Never mind. What is matter. Matter is—never mind. What is mind? Mind is—never matter.

Honesty and truth are good and admirable qualities, as sympathy and love are endearing traits.

Politics and religion avoid arguing in. Here is good and sound advice.—Philadelphia Inquirer.

To be Expected.

"I've been reading Shakespeare. Hadn't poor Hamlet a dog's life?"

"Well, wasn't he a Great Dane?"—Baltimore American.

SICKLY CHILDREN PROMPTLY CURED

Baby's Own Tablets are an ideal medicine for little ones. They regulate the bowels and stomach and promptly cure constipation, indigestion, cold and simple fevers, expel worms, cure colic, and give baby health and happiness. Concerning them, Mrs. Fred. VanGorder, Dunnville, Ont., writes: "I have used Baby's Own Tablets for my four children and find they always give perfect satisfaction." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont

FIFTY YEARS.

(Philadelphia Record)

It would be impossible to name any 50 years of greater changes in the world than the half century that has elapsed since the death of Abraham Lincoln. Stanley published his "Lectures on the History of the Jewish Church" in 1862, and in speaking of verified predictions he mentioned casually that the catastrophe of the dissolution of the American Union was predicted several years in advance. Froude published the first volume of a treatise to prove the impracticability of the Federal political system, from Greece to the Americas, but the second volume was never issued; events here made it absurd. But who could have anticipated 50 years ago that the wounds of war, on the face of nature and in the heart of man, would heal so fast? Who could have anticipated the rise of the German Empire, and the present war? It is difficult to measure moral progress, but there are bases for computing that the world's moral progress in material things. If any "Fifty years of Europe" were worth "a cycle of Cathay," the last 50 years would pre-eminently be that period.

It's a Good Letter, After All.

Some one has advanced the opinion that the letter "e" is the most unfortunate letter in the English alphabet because it is always out of cash, forever in debt, never out of danger and in hell all the time. For some reason he overlooked the fortupes of the letter, so we call his attention to the fact "e" is never in war and always in peace. It is the beginning of existence, the commencement of ease and the end of trouble. Without it there would be no meat, no life and no heaven. It is the centre of honesty, makes love perfect, and without it there could be no editors, devils or news.—Fourth Estate.

Had ship's anchor fall on my knee and leg, and knee swelled up and for six days I could not move it or get help. I then started to use MINARD'S LINIMENT and two bottles cured me.

PROSPER FERGUSON.

Chrysanthemums of Japan.

Although the chrysanthemum has reached its highest form of development in Japan, and is still reverenced as the imperial emblem, it was taken to Japan from China, where it has been brought to its highest state of cultivation. At the imperial chrysanthemum party given by His Majesty the Emperor of Japan in November every year one sees the most marvelous blossoms known to the floriculturist. The number of blossoms from one root is amazing. In one case no less than 700 flowers were seen growing from one plant. The festival of the chrysanthemum dates back to the Heian era, when the great ones of the empire used to call at the imperial palace and drink to the health of the imperial house from sake cups in which floated petals of the beautiful flowers.

An Unknown Hero.

A group of patriotic and very enthusiastic boys was assembled around a hoarding outside a well-known London hospital. A passer-by was asked by one of them, "Please, sir, can you tell us which general it is who is in this hospital."

"General" replied the man, "I don't know of any general in this hospital."

"Oh! yes sir look for yourself," cried all the boys together. The man fixed his gaze on the hoarding and read, "General Lying-In Hospital."

The sailing traffic of the world was at its height in 1860, when it reached 14,800,000 tons. In 1912 it was a little more than 963 tons.

ISSUE NO. 17, 1915

HELP WANTED—FEMALE.

WANTED—GIRLS OF GOOD EDUCATION and character to train for nurses. Apply to Wellandra Hospital, St. Catharines, Ont.

FOR SALE.

BARBER SHOP—TWO CHAIRS—POOL room, three tables; books will show average two hundred month; best town western Ontario; thousand cash; five hundred time. J. H. Duncan, Hanover, Ont.

FARMS FOR SALE.

BALLURE, McNISH HOMESTEAD; 200 acres, Elgin County; rich clay loam soil, underdrained, well fenced; 25 acres beech and maple; original growth; 5 acres orchard; two storey frame house, seven bedrooms, parlor, sitting and dining room, kitchen and summer kitchen, two cellars; hard and soft water at house; bank barn 50 x 75; drive barn; shed; hen-house; five miles west of St. Thomas on Talbot Road; R. R. No. 1; telephone. Price $18,000; about one-third cash. Has been in present family 63 years. Write owners or John A. Moody, P. O. Box 428, London, Ont.

$12,000 ONE HUNDRED ACRES grain and stock farm between Burlington and Appleby. Solid brick house, two bank barns, splendid water, clay loam. Owner will take house part exchange and leave $6,000 mortgage. Send your requirements. Have large list of farms in Ontario and Western Provinces on easy terms. Apply, J. R. La France, 209 Clyde Block, Hamilton, Ont.

TWO ADJOINING SECTIONS—SASKATCHEWAN—five miles from elevator; beautiful creek; for quick sale at assessed value. H. B. Harrison, Owen Sound, Ont.

FARMS FOR SALE—IN COUNTIES of Victoria, Peterboro and Haliburton; $500 up. Train and Crowe, Kinmount.

3 ACRES—MOST SUITABLE TO ANYone in the chicken business; large brick dwelling and good outbuildings, 1½ acres; large, well-built, solid brick dwelling; good barn, and land of the best; some fruit. Apply, C. F. Saunders, Burford, Ont.

GEOGRAPHICAL PUZZLES.

Where Were Ultima Thule and the Lost Atlantis Located?

A most puzzling geographical mystery has come down from ancient times. This is the old qpestion as to the identity of Ultima Thule. It was about 400 B. C., that Pytheas, a citizen of Massila, sailed on his famous voyage. He discovered Albion and then continued farther north until he reached a spot which he named Ultima Thule. What this country was has never been determined. It may have been Shetland, Norway or Iceland.

Another ancient puzzle is that of Atlantis. It is commonly believed nowadays that this vanished continent did once actually lie beyond the pillars of Hercules, and there are theories unending concerning it. Some regard the Canary Islands as fragmentary remains of it, others think that the supposedly lost land was really America; but, in considering these speculations, it is well to bear in mind the fact that the first mention of the country was made by Plato, and many scholars are sure that the philosopher merely indulged in an imaginative flight. The solitary evidence that Atlantis ever existed is his reference to it.—Chicago Herald.

A WOMAN'S MESSAGE TO WOMEN

If you are troubled with weak, tired feelings, headache, backache, bearing down sensations, bladder weakness, constipation, catarrhal conditions, pain in the sides regularly or irregularly, bloating or unnaturel enlargements, sense of falling or misplacement of internal organs, nervousness, desire to cry, palpitation, hot flashes, dark rings under the eyes, or a loss of interest in life, I invite you to write and ask for my simple method of home treatment with ten days' trial entirely free and postpaid, also references to Canadian ladies who gladly tell how they have regained health, strength, and happiness by this method. Write to-day. Address: Mrs. M. Summers, Box 8, Windsor Ont.

When Iron Doesn't Rust.

Iron which is actually in service in buildings and similar structures, it is found, often behaves in a rather unexpected manner as regards its tendency toward corrosion, writes L. C. Wilson in the Engineering Magazine. Those parts immersed in a few inches of water may corrode with great rapidity, while other parts placed a considerable distance under the surface will remain in practically perfect shape almost indefinitely. Similar conditions are found in parts buried in the ground. The explanation is to be found in the fact that both water and oxygen are necessary to produce corrosion. If, therefore, iron parts are immersed in water or buried in the ground to a depth greater than that to which oxygen can penetrate, they will be preserved because the conditions for corrosion have not been attained.

A little observation will show that "busy" iron, as it has been termed, does not rust as readily as that which is not in service. Perhaps steel rails are the commonest example of this and it is well known that little or no corrosion is seen in lines on which the traffic is fast and heavy.

Minard's Liniment for sale everywhere.

Immunity of Children.

Professor Armbruster asserts that the reason very young children are relatively immune to infectious diseases is that their hearts beat so much more rapidly than those of older persons that the blood flows swiftly through the arteries, and this swiftness of flow makes it difficult for micro-organisms to gain a foothold in the blood stream.—New York World.

Offtimes many things fall out between the cup and lip.—Greene.

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores.

Zam-Buk