HEALTH WRECKED THROUGH LA GRIPPE

It Generally Leaves the Patient Debilitated and an Easy Victim to Other Diseases.

One of the foremost medical writers says: "It is astonishing the number of people who have been crippled in health for years after an attack of la grippe or influenza." The real danger from this disease, which sweeps over Canada every winter, is during convalescence, when the characteristic symptons, the fever, the catarrh, the headache and the depression of spirits pass away. Grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration and even consumption. It is a condition that calls most emphatically for a tonic for the blood. Dr. Williams' Pink Pills are a tonic especially adapted to meet this need, as they purify and enrich the blood. They tone up the nerves and give vigor, strength and health to the debilitated system. Mrs. Howard D. Chaffey, Indian Island, N. B., says: "For several winters in succession I was attacked by la grippe, which left me weak and badly run down. In each case I used Dr. Williams' Pink Pills with the most beneficial results. Last winter when the trouble was again prevalent I took the precaution of fortifying my system with Dr. Williams' Pink Pills and escaped the trouble, while many of my neighbors were down with it. In fact, I enjoyed the best of health all spring and feel sure this medicine will so fortify the system as to prevent the trouble."

These Pills are sold by all medicine dealers or may be had by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

THE CALL.

By a Canadian Soldier.

(From the London Daily Mirror.)

I hear the clear note of the bugle
And the roar of the calling drum,
And I feel the swing of the marching men,
And a deep, deep voice says, Come.
For the arrow of duty points forward,
Though the heartstrings quiver and break,
Yet the voice of my calling country
Is one I may not forsake.
For my manhood heeds and listens
And bends an attentive ear,
And though war's alarm may bring me harm,
My road lies plain and clear,
It stretches wide from my own fireside,
At the far end stands the foe;
And though grim death meets my eager breath,
I am ready and glad to go.
For England asks for the sons she lent
To the East, West, South and North,
And who stands by when a mother's cry
Is bidding her sons "Stand Forth"?
The shades of the past stand clear at last
For the flag by land and sea;
What was duty for Wellington, Nelson and Moore
Is doubly duty for me.
For they handed down the hard-won crown
That is made for the victor's brow.
And the glory of deeds afloat and ashore
Is one to remember now.
Then God send England the strong right arm,
To prosper well in the fight,
And show that the sea-girt island
Is backed by the Empire's might.

—Queen's Own.

BETTER THAN SPANKING

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 8 Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

OUR NAVAL LOSSES.

(Toronto Star)

The great battle squadron that forms the striking force of Britain stands intact—after five months, as ready to throw its preponderant forces upon the German navy as it was on the day the war began. The strategy of the enemy has not succeeded, and his losses have actually been greater than ours, while his ability to sustain them has been much less. Britain vessels have been in the open everywhere, exposed to submarine attacks and mine dangers, while German cruisers have kept pretty much in seclusion. But it is Britain's secondary fleet that has been taking all these risks. Past this outer defence the enemy has been unable to reach.

This is what it means when we read in a despatch that "the vessel lost was an old one of an obsolete type." It means that while the loss injures us it does not benefit the enemy—does not affect that fighting fleet set apart from the first day of the war to smash German sea-power and waiting ever since always ready for the grand clash.

Minard's Liniment Cures Colds, Etc.

PRACTICAL ROMANCE.

(New York Sun)

"Show the $50,000" is reported to have been the first thing a "correspondence" bride said on meeting the bridegroom at Grafton, W. Va. He showed the money, so they were married. It would be interesting to watch the future fortunes of this pair. According to sentimental standards it was not a good beginning, but perhaps the sound sense of realities that the lady displayed may augur better for martial peace and prosperity than a whole lot of flimsy declarations of unselfish devotion. Love at first sight backed by a sufficient to meet the demand of the butcher, the baker and the candlestick maker is apt to wear much better than the impulse which has mere empty hope behind it. Romance with a greenback for every page has a good chance of keeping up its interest to the last chapter.

ONLY TWO COURSES.

(Toronto Star)

[illegible] by the leader of a [illegible]

The Housekeeper

To make the task of ironing easier dissolve a small piece of white laundry wax (the size of a small lump of sugar) in the hot starch. Before ironing, sprinkle the clothes with hot water. The iron will run smooth and the clothes will have a delicate gloss.

To clean velvet, stretch it out, pile upward, over a basin of boiling water. As the steam rises through the velvet have a second person brush it briskly with a clean brush.

To keep suet, take out any skin there may be and then put the suet in a sauce pan and place it on a warm but not hot, fire, and let it melt gradually. When quite melted pour it into a pan of cold water. When quite hard, wipe it dry, wrap it in white paper, and when wanted for use it may be rubbed on a grater.

If moths are in a carpet, spread a damp towel over the part and iron it dry with a hot iron. The heat and steam will kill the worms and eggs.

If a calendar seems too pretty to destroy, paste a piece of sandpaper over the calendar pad and use it as a match scratcher.

One of the best acids for cleaning fingernails is lemon juice—a dessert spoonful of the juice to a cup full of warm water. This will remove stains.

Poultices of wormwood, hops or tansy are good for sprains.

Stains on ivory knife handles may be removed with salts of lemon.

To frost a bathroom window, dissolve Epsom salts in vinegar, making as strong a solution as possible. Apply this to the inside of the window panes with a brush and when dry give it a coat of white varnish.

Always use a knife dipped in boiling water to cut frosted cake.

Tommy—Pop, what is cleverness? Tommy's Pop—Cleverness, my son, is merely not attempting to do the things we know we can't.

He Wants All The World to Know It

DODD'S KIDNEY PILLS CURED JEAN BAPTISTE TAPP.

Quebec Man Who Suffered From Kidney Disease for Many Years is Again a Robust, Healthy Man.

L'Anse-a-Valleau, Gaspe Co., Que. Jan. 24.—(Special)—"I am happy to tell you Dodd's Kidney Pills made me well." So says Jean Baptiste Tapp, a well known and highly respected resident of this place. And so thankful is Mr. Tapp for the benefits he has received from Dodd's Kidney Pills that he wants the whole world to know it. He wants others who suffer as he did to know the cure.

"For many years I suffered from kidney disease," Mr. Tapp says. "It started from a cold, and gradually grew worse. My skin had a harsh, dry feeling, my appetite was fitful, and I perspired freely with the slightest exertion. I had flashes of light before my eyes, and I was always tired and nervous.

"Finally rheumatism was added to my troubles, while attacks of sciatica and neuralgia followed. The doctor who attended me and the medicines I tried, failed to help me till I decided to use Dodd's Kidney Pills. I took four boxes in all, and to-day I am a robust man in excellent health."

All Mr. Tapp's troubles came from sick kidneys. That's why Dodd's Kidney Pills cured them.

Condors in Chile.

The majesty condor is, air men evolved, the largest flying creature in the world, it figures in the Chilean national arms as a symbol of strength. The following is one of the native devices for killing it:

The hunter, having covered himself with the skin of a newly slain ox, would lie on his back on the ground, while his companion would hide himself not far away. Down would swoop the condor to feast upon the carcass, butdirectly the claws touched the body they were seized from within the oxskin by strong gloved hands that held the bird a prisoner. Then the partner would break cover and slay the captive with what Chaucer would have called "a yerde smerck" from a

MILITARY TRAINING.

(Montreal Evening News)

From the educational standpoint military training means physical precision, vigor and alertness, mental control and spirit of independence, benignly combined with sense of discipline. Such training will make men more efficient in peace as well as in war.

But a "soldier nation" is a thing apart. It inevitably results in aggressive militarism the spirit of conquest or domination, which is so inconsistent with the world's progress. The defence idea and the German spirit of conquest are poles apart. An argument for the former is a condemnation of the latter.

THE EDITOR KNOWS.

(Kingston Standard)

With due humanity we quote the following as being what the Japanese consider the secret of the "sweet home." "The husband commands, the wife must obey; but the wife sometimes may command, and the husband must obey." Jolly good common-sense, born of experience.

OUR BASIC INDUSTRY.

(Stratford Beacon)

Interest in agriculture seems to be greater in Canada now than it has been for some years, and if the war turns attention to agriculture more permanently it will be one compensating advantage for the disturbance it has occasioned in business. It is our basic industry in this country. We have forgotten this during the last few years.

RELIGION WAXES IN WAR.

(New York Sun)

In easy prosperity the spiritual nature like the physical body waxes flat. Faith dwindles when "fashion" reigns. But man is a coward. In days of stress he turns to religion for strength and consolation.

THE REASON.

(London Free Press)

There are 27,000,000 Germans in the United States. No doubt many of them have votes, which accounts, we may fairly presume, for the remarkable outburst of friendship which the courageous William Government is NOT manifesting towards Great Britain.

Danger Signals Warn You of Approaching Paralysis

Slowly and Surely Exhaustion Goes on Until Collapse of the Nerves is the Natural Result.

You may be restless, nervous, irritable and sleepless, but you think there is nothing to be alarmed at. You have no appetite, digestion is impaired, and there is weakness and irregularity of other bodily organs. You feel tired in body and mind, and find that you lack the energy to attend to the daily task.

MRS. ALLAN.

You may not realize that these are the symptoms of nervous prostration and the danger signals which warn you that some form of paralysis is the next step of development.

Dr. Chase's Nerve Food is the most successful restorative for the nerves that has ever been offered to the public. This has been proven in many thousands of cases similar to the one described in this letter.

Mrs. Thos. Allan, R.F.D., 3, Sombra, Ont., writes:—"Five years ago I suffered a complete breakdown, and frequently had palpitation of the heart. Since that illness I have had dizzy spells, had no power over my limbs (locomotor ataxia) and could not walk straight. At night I would have severe nervous spells, with heart palpitation, and would shake as though I had the ague. I felt improvement after using the first box of Dr. Chase's Nerve Food, and after continuing the treatment can now walk, eat and sleep well, have no nervous spells and do not require heart medicine. I have told several of my neighbors of the splendid results obtained from the use of Dr. Chase's Nerve Food."

Dr. Chase's Nerve Food, 50 cents a box, 6 for $2.50, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

MISUSE OF NATIONAL NAMES

"Indignant Scot" Takes Up the Old Story of Use of "English."

(Montreal News)

"A Ballantrae" writes to The Evening News" once again protesting against the constant use of the word "English" in the war despatches when the word should be "British" and in support of his protest sends the following from the Weekly Scotsman, of Edinburgh, which we republish with pleasure:

Like "A Loyal Scot," London, I have lived in the South of England for a number of years, and experienced the same annoyance caused by the use of the words "England and English" for Britain and Britain.' They are constantly in use both in the Press and on the Eng- of the man in the street. Indeed, English boys and girls are thus taught in the schools, and little else can be expected of them.

How is the wrong to be righted? Well, it might be in many ways, some of them very drastic, but, until the milder efforts fail, I need not mention them, nor advocate their application.

One way I suggest for the consideration of the Scottish people is this—make absolutely sure that no one but a patriotic Scotsman represents you in the British Parliament, one who is pledged to at all times and under all circumstances bring the attention of the powers that be to this disregard of the Treaty of Union. The common people here know no better but have some hazy notions that Scotland was conquered, that all the inhabitants wear kilts, sleep in beds built into the wall, and drink whiskey. The Scottish Press might well set the heather on fire, and in a thousand-and-one ways contribute to the utter cessation of this objectionable practice The fault is entirely that of the people and the Press of Scotland, coupled with an anglicised nobility, who prefer London to Edinburgh; but if the two former would arise in the land, and England would soon learn that Scotland is not England, and never will be even in name. name.

I enclose a few verses on this subject, suggested entirely by the mis-use of national names that I have witnessed since the war began:—

STILL "ENGLAND."

The "English Navy, in its might,
Is out upon the main;
The "English" Army—some in kilts—
Is at the front again.
The dogs of war are loosened
And gathered to the fray,
But the British ships and British troops—
I wonder where are they?

'Twas "England" that declared the war,
And "she" will see it through—
How kind she is to Britain,
Doing all there is to do!—
We Scots and Irish do not count,
We're nothing in the scale;
I wonder, if the Scotsmen fled,
Would "England" have turned tail?

"England" will stand by Belgium,
And France and Russia, too;
But "English" papers never say
What Britain means to do.
For "treaty obligations"
We are told that "England" fights,
Yet our country's name is Britain,
As all know, by treaty rights.

To treaty obligations
We Scots have aye been true;
And over every clime on earth
Fought for the red, the white, and blue.
Still Englishmen continue—
And it's to their lasting shame—
To speak and write of Britain
Falsely under "England's" name.

When blood has flowed like water,
And, 'midst the heaps of slain,
Lie Brawny Scot and stalwart Celt,
Who victory help to gain,
The glory will be "England's"
Like every other thing—
'Tis "England" this and "English" that,
Flag, Navy, Army, King.

Still, let Scots do their duty
In Britain's day of war;
A greater cause than "England's"
Nerves Scottish hearts by far.
For Britain and the Empire
We Scotsmen draw the sword;
And not like hired mercenaries,
As if "England" was our lord.

W. M. COCKBURN.

The people who live up to their ideals are apt to look down on the rest of us.

THE BRITISH NOTE.

(Chicago Tribune)

The British may not have set the facts forth accurately, but, if they have, it must be conceded here that their nation exigency demands the fullest use of protective measures. Great Britain has taxed itself for generations to obtain such control of the seas as would enable it to adopt such military measures as might be needed in war. Germany has taxed itself for generations to provide an army which would carry the war into the other nation's territory. Each has succeeded in its programme.

Battles are fought almost everywhere except in German territory. Ports are closed except as the British permit them to be open. The United States cannot expect Great Britain to give up its advantage unless a case free from equivocations and deceits can be established by this nation. If we engage in contraband trade we may as well expect that there will be interference with other trade.

TAKE NOTICE

We publish simple, straight testimonials, not press agents' interviews, from well-known people.

From all over America they testify to the merits of MINARD'S LINIMENT, the best of Household Remedies.

MINARD'S LINIMENT CO., LTD.

EFFACING TIME.

(Des Moines Register and Leader)

Rather a striking quotation from the late John Muir was made at the burial of this author and naturalist who died in California the day before Christmas. "Longest is the life that contains the largest amount of time effacing enjoyment; of which was made by John Muir and quoted by his friend.

It suggests a point of view that with all our strenuous interest in life we are likely to miss. Time need not worry us when we are absorbed with the joy which makes us forget time. We become unmindful either of its dragging or of its flying when we concern ourselves with work that is a ready delight. Every new year, while it lasts, ought to be just as good as eternity for us. We can only live in the present anyway.

But we have formed a habit of looking ahead and anticipating the end of our day or our week or our year, and of looking back and regretting the beginning. And we lose a good deal of the passing moments in this rather futile occupation. So war as we know it might turn out that time is only an illusion anyhow, invented by mortals who are sighing for eternity. The wisest course seems to be to grasp the little section of existence before us that the philosopher have such difficulty in defining and live it to the best of our ability for "steady delight." This would really end a lot of our dismay about the flight and passing of time.

Minard's Liniment Cures Diphtheria.

THE ZEPPELIN.

(Pittsburg Gazette-Times)

The experts who have been writing and speaking so freely about the war ever since it began have not been vindicated by all the developments, but their opinion of the zeppelin as a military factor still holds good. It is that the big dirigible is a disappointment. To date the Zeppelin's only achievements have been the dropping of a few bombs on undefended cities, the demolishing of some houses and the killing of a score or so of non-combatants. When there was real work to be done such as the reduction of a fortress, the Zeppelin was conspicuous by its absence.

EASY NEW YORK.

(Pittsburg Gazette-Times)

Over in little old New York buffalo nickels are being passed off for $5 gold pieces. And yet they talk about hayseeds.

Puts a Stop to All DISTEMPER

CURES THE SICK

And prevents others having disease, no matter how exposed. Absolutely safe for all ages of horses. All good druggists and turf goods houses.

SPOHN MEDICAL CO., Chemists, GOSHEN, IND.

FOR RAIL SAFETY.

(Philadelphia Record)

On the Long Island Railroad experiments that seem to be entirely convincing have been made with a device that will automatically prevent an engine from entering a block on which there is another train. This would prevent all collisions, whether head-on or rear-end. At the end of each block is a piece of third rail with which the locomotive maks electric connection. If the block is clear the current that passes through the locomotive is not strong enough to cause any result, but if there is a train on the block the current is short-circuited, blowing the whistle, shutting off steam and setting the brakes.

IF POSITIONS WERE REVERSED.

(Detroit Free Press)

While the British foreign minister is conciliatory and friendly, he does not give away his case, and he makes it plain that the limit of possible concession is to be the point where concession will begin materially to prejudice the interests of his own country. In short, he intimates that his government is willing to do anything within reason to please and placate America, but that justice to itself and its cause must stand first and be of paramount importance. Which, we take it, is about the stand the American people who wish its own foreign minister to take, were the positions of the two countries reversed.

$200.00 IN GOLD GIVEN AWAY FREE

LPAPE	NREOGA	UPML	ATSWRYREER
CPANE	ROYRER	YERAPRORE	ERFA

Can you arrange the above sets of jumbled letters into the names of eight well known fruits. If so, YOU CAN SHARE IN THE DISTRIBUTION OF THE ABOVE PRIZE. It is no easy task. But by patience and perseverance you can probably make out some of them. To the person who can make out the largest number we will give the sum of One Hundred Dollars. To the person making out the second largest number the sum of Fifty Dollars. To the person making the third largest number the sum of Thirty Dollars. To the person making the fourth largest number the sum of Twenty Dollars. Should two persons send answers equally correct, the first two prizes will be divided between them (each receiving $70.00). Should three send in equally correct answers, the first three prizes will have to be divided (each receiving $50.00). Should four persons send in equally correct answers, the whole sum of $200.00 will be divided (each receiving $40.00). Should more than four persons send in equally correct answers, they will receive a share in the prize money in proportion. WE DO NOT WANT A CENT OF YOUR MONEY, WHEN YOU ANSWER THIS ADVERTISEMENT [illegible] as soon as answers are received. WE DO NOT [illegible] WITH AT ONCE. Address [illegible] CO., Dept. 28, [illegible]

SHAM PLANES.

Those of Russian Armies Will Carry Twenty Men.

A great deal has been heard concerning the British and German aeroplanes, but the great Sikorsky biplanes used by the troops of the Czar have been overlooked.

These machines, invented by a famous Russian named Sikorsky, are by far the biggest aeroplanes being flown in the war—in fact, they are the largest in the world. They stand 16 feet high, and are about 100 feet wide

The Sikorsky can carry almost as many passengers as a Zeppelin airship. Twenty men can be accommodated in the large passenger cabin, which is constructed of metal and contains numerous windows. In this machine three engines are fitted, which give a total of nearly 1,000 horsepower, for, owing to the Sikorsky biplane weighing in itself one and a half tons, and having so large a crew to carry, demands high power to pull it off the ground and keep it in the air.

The weight of the machine has necessitated an elaborate landing-chassis composed of numerous springs and pneumatic tubes, so that the huge biplane can alight safely on rough ground at a speed of sixty miles an hour.

ISSUE NO. 4, 1915.

HELP WANTED—FEMALE

LADIES WANTED TO DO PLAIN light sewing at home; whole or spare time; good pay; work sent any distance; charge prepaid. Send stamp for full particulars. National Manufacturing Co., Montreal.

Painting the Lily.

The Stalwart Youth in civil garb was strolling down the Strand,
When the Dear Old Busybody buttonholed him out of hand.
"For shame, my fine young sir," she said, "to waste your hours in play!
Are you idle when your King and country call you to the fray?"
"Yus, I'm aht o' work just nah," said he, a twinkle in his eye;
And the Dear Old Busybody heaved a sad, reproachful sigh.
"Oh, come, my dear young man, and let me drive you straight," she said,
"To the next Recruiting Station!" but he grinned and shook his head.
"Then do let me persuade you," she implored in accents wild,
"Just to join the Territorials!" Again the stranger smiled.
"Now, I cawn't just nah, me lidy, for to tell the 'oly truth
I've a gammy arm that ain't well yet," returned the Stalwart Youth.
"Where did you get that hurt?" she asked. He answered her again:
"Why, I got it in the firin' line upon the bloomin' Aisne!"

—Gilbert Hy. Collins, in London Opinion.

Sore Corns Go!

Absolutely Painless

No cutting, no plasters or pads to press the sore spot. PUTNAM'S EXTRACTOR makes corns go without pain. Takes out the sting overnight. Never fails—leaves no scar. Get a 25c bottle of PUTNAM'S CORN EXTRACTOR to-day.

Fate.

Two shall be born the whole wide world apart;
And speak in different tongues and have no thought
Each of the other's being, and no heed;
And these o'er unknown seas to unknown lands
Shall cross, escaping wreck, defying death,
And all unconsciously shape every act
And bend each wandering step to this one end—
That, one day, out of darkness, they shall meet
And read life's meaning in each other's eyes.
And two shall walk some narrow way of life
So nearly side by side, that should one turn
Ever so little space to left or right
They needs must stand acknowledged face to face,
And yet, with wistful eyes that never meet,
With groping hands that never clasp, and lips
Calling in vain to ears that never hear
They seek each other all their weary days,
And die unsatisfied—and this is Fate!

—Susan Marr Sparling.

Irony.

One summer day, I went my way,
And brought me to a stop
Right straight before the open door
Of an ironmonger's shop.

And, at a whim, I said to him:
"Oh, ironmonger, dear,
Tell me, I pray, why do you stay
Monging your irons here?"

"Well, well, you see," he said to me,
"I mong my irons, for when
I've mung a lot, much coin I've got
To pay my debt to men."

"Oh, then," I said, "the while you ply
Your ironmonger's trade,
For ample fee, pray mong to me
The best iron you have made."

"The iron you seek I mang last week,"
"He said; "but more I'll get."
I hope that dear ironmonger queer
His iron is monging yet.

—Carolyn Wells in Lippincott's.

WEAKENING GERMANY.

(London Advertiser)

The seven hundred thousand prisoners which the Germans claim to have taken are, because of the drain on the already pinched resources of their captors, as good as an army corps to the Allies.

SUNDAY EXERCISE.

(Pittsburg Gazette-Times)

While the strictest moralists say it's wrong to play golf on Sunday they think it's all right to shovel snow or push a baby carriage. The man who really wants to take exercise can generally find some Sunday work to do.

SANATIVE SHAVING Self Shampoo

With CUTICURA SOAP

Assisted in case of irritation of the skin or scalp by light applications of Cuticura Ointment, mean up-to-date care of the skin and hair.

Samples Free by Mail

Cuticura Soap and Ointment sold throughout the world. Liberal sample of each mailed free, with 32-p. book. Address "Cuticura," Dept. K, Boston, U.S.A.

GOD SPEED THE DAY!

(Buffalo Courier)

It may be that, in spite of its horrors, in spite of the terrible toll exacted by the pending stupendous war, the war may awaken in the minds of the peoples of even neutral nations the importance of setting their house in order in harmony with the precepts and principles of Christianity and civilization.

And it may be that the time will come when mankind will regard and treat the great, beneficient products of the soil and of what we indefinitely call nature with the fondness, the fidelity and the simple good sense to which they are entitled as the basis of all human life and human achievement in all fields of human activity. May God speed the day!

Minard's Liniment Cures Distemper.

GERMAN VS. BRITISH.

Showing the Vast Difference Between the Officers.

Many of the German wounded, it is reported, are suffering from small wounds in the back, believed to be the result of genial prods from their officers designed to keep them at their work. An amusing story of Sir Evelyn Wood illustrates the different practice obtaining among British officers. The hero of the anecdote was Sir James Scarlett, in command at Aldershot. On one occasion at manoeuvres he got so far in advance of his men that Sir Evelyn, then a young officer attached to his staff, felt moved to venture a respectful protest—though at first without any effect. The amusing sequel of the incident may be narrated in Sir Evelyn's own words. Three times I respectfully pointed out that he was very far forward, to be rebuffed only with a curt expression beginning with an oath. On the third occasion he turned round and said, "Young man, have I not ordered you twice to hold your tongue? If I like to lead my skirmishes, what the —— is that to you?" Said I, respectfully, "Ten thousand pardons, sir, but it is the enemy's line in retreat you have been leading for the last ten minutes." He was short-sighted, and did not wear glasses, so was unable to see the distinguishing mark, a sprig of heather worn in the shakos of the troops he was attacking." Modern conditions of warfare would hardly admit of the most intrepid leader repeating this exploit, but at Balaclava this same James Scarlett had led the Heavy Brigade, himself far in advance of its front line, against a force three times as large.

Kidneys Wrong?—

If they are you are in danger. When through weakness or disease the kidneys fail to filter the impurities from the blood, trouble comes at once. Backache, Rheumatism, Sciatica, Gravel, Diabetes, Gall Stones and the deadly Bright's Disease are some of the results of neglected kidneys. Dr. Morse's Indian Root Pills contain a most effective diuretic which strengthens and stimulates the kidneys so that they do their work thoroughly and well. Try

Dr. Morse's Indian Root Pills

GERMANY AND IRELAND.

(Buffalo Express)

Even assuming that the allies [illegible] to lose, what has Ireland to expect from the conqueror? True, Germany has been gracious, and superfluous, assurance that she will not invade Ireland to pay or to rule, but thoughtful Irishmen must realize that the day of small nations is past. If Belgium could not maintain herself, how could Ireland, even with as substantial guarantees as Belgium had? If Germany is to rule Europe, she might maintain Ireland as a check on England, but there would be eternal friction between the neighbors and no peace or prosperity for the lesser one.

Minard's Liniment Cures Garget in Cows.

HEROISM IS WORLD-WIDE.

(Montreal Evening News)

It is not peculiarly British to be heroic. Men of all nations in the great war are fighting valiantly and dying game. Every nation, every race, has its roll of honor. But certainly the British, in every generation, have shown themselves equal to any test. The "Birkenhead Drill" stands forever in world records as one of many fine examples of coolness in the face of death.

But other memorable episodes might be cited, among them that of the American jackies who, in that fatal hurricane in Apia harbor, their own vessels doomed, lined the rails to cheer their British comrades fighting their way out in the [illegible]