

CORRUGATED IRON

Galvanized, Best Proof Made from very finest sheets, absolutely free from defects.

Each sheet is pressed, not rolled, corrugations therefore are accurately without warps. Any desired size or gauge, straight or curved.

LOW PRICES—PROMPT SHIPMENT

Metallic Roofing Co. Limited

TORONTO & WINNIPEG

The Housekeeper

Macaroni prepared in any of the various ways in combination with cheese, butter and tomatoes is very nourishing.

To clean white vests, use block magnesia, rubbing it in well and freely. Put the vest in a drawer for several days, then beat and brush it.

To get colors in new cotton fabrics, dissolve one ounce of sugar of lead in eight quarts of water, and soak articles in it over night.

Mix a little vinegar with the stove polish, then the blacking will not fly off in fine dust, and will not take much rubbing to polish the stove.

Polish it with old newspapers.

Slightly stale cake cut in fingers, toasted and spread with jam, makes a very acceptable dainty for afternoon tea.

Cream to whip nicely should be one day old.

To clean white buckskin and chamolins shoes, try lump magnesia. Russet shoes can be cleaned by rubbing them with a banana peel, according to some.

Clean copper by rubbing it with lemon dipped in salt. Rinse in clear hot water and polish with a soft cloth.

The electric iron left with current turned on is responsible for many fires.

BABY'S OWN TABLETS A GREAT BLESSING

Mrs. Jas. E. Maiman, Goggin, N. S. writes: "I gave Baby's Own Tablets to my baby boy for constipation and teething troubles and have found them a great blessing. I think the Tablets should be in every home where there are young children. The Tablets are an absolutely safe remedy for little ones, being backed by the guarantee of a government analyst to be free from opiates and narcotics. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont."

Not Allowed to Read the Bible.

But few people know that in the sixteenth century an Englishman was not allowed to read the Bible, yet it is perfectly true Henry VIII, issued a decree prohibiting the common people from reading the Bible. Officers of state were exempt from this law. Probably the king thought these officials would be none the worse for perusing the sacred works, and noble ladies or gentlewomen might read the prescribed volume if they did so in their garden or orchard, but no one was allowed even to read it to the lower classes.—Westminster Gazette.

LADIES AND THE LAW.

The question whether ladies should be admitted to the practice of law should be considered quite apart from the present question of the legal aspects of the case of Mrs. Laganoff. Generally speaking, the sense of the desire to fit themselves for the appearance which would not weigh with double effect against their appearance in a courtroom as physicians, and yet, on the other hand, we have seen lady physicians vicariously modesty on behalf of the court-room, as witness, or in the most delicate cases, or in physician's offices as patients.

Typographical Error.

One evening when pressed a crowd I addressed In the hall over Prairieville's smithey.

The Hen's Destiny.

"There is water aplenty in a fresh laid egg, but no more air than there is in a summer," said a dealer in eggs. So long as you can keep air out of the egg it will remain sweet and fresh, but no one has ever succeeded in keeping it out by fair means more than six days through an eggshell's pores, and the only way to save that egg then is to eat it. It sounds funny, but the moment you give an egg fresh air that moment you ruin its health.

Girl Dead Beside Lover.

"By the side of a young French cavalry officer, who had been hit in a fight on the Aisne we found the body of a pretty girl," says Sergeant Payne, who is at Bristol, wounded. "Both were dead. Their story was as sad as anything I have heard of in a war full of tragedies. When the young man joined his regiment the girl left a convent school and attached herself to the Red Cross."

The Fatal Hours.

From 10,000 deaths which occurred in an asylum during fifteen consecutive years physicians are inclined to doubt the ancient theory that the early morning hours are the most fatal. The observations were made in patients of all ages and under all conditions, and the result shows that the early afternoon hours included most of the deaths. The least fatal hours were from 7 to 12 a.m.—Washington Star.

Boiling a Fish.

In boiling a fish you should put enough water in a large pot to enable the fish to swim in it if it were a table-spoonful of oil, one of each of a dozen whole black pepper, one blade of mace. Take any fish and sew it up in a net piece of muslin cloth, and let it boil slowly for thirty minutes; the butter made from the liquor in which the fish was cooked and add it to the juice of half a lemon.

Hard Time Ahead.

A Toronto youth has been elected with a gold medal and diploma as being the best boy in the city, and the picture has been framed in the city. He had the best boy in Toronto, and he had the best boy in the world. It is to be hoped his own mother that he physically as strong as he is good for. He has an awful standard to live up to.

The Joy of Good Health Is Now Experienced

Nervousness, Dizzy Spells and Sleeplessness Are Now a Thing of the Past.

This is a cheerful letter from Mrs. Peacock, and it should bring joy to the heart of many a reader of this paper. Dizzy spells and sleeplessness are symptoms of exhausted nerves, and are the bug-bear of many men, who do not know just what treatment to use.



You can read Mrs. Peacock's letter and take courage, for she has proven that Dr. Chase's Nerve Food does me a world of good, and I would be pleased to tell everybody so. In nearly every issue of this paper you will find letters about Dr. Chase's medicine. If this one does not describe your case watch for others.

Carrying the Baby.

Even though parental love may be strong within him the average man has an aversion to carrying a baby in public. It is not because the task is too laborious, but it seems that the ordinary man was not intended to do this duty.

Interest Mind as Well as Body.

Most of the things we ask children to do, in the way of work, are chosen in the dearest sense of the word; they are little bits of jobs we don't want to bother doing ourselves. Now this isn't quite fair. It is hard to get deeply, joyously interested in the little part of a job. We all love best to do things that we can do, as the we ones say, "all by lone."

The Geranium.

For a maximum of beautiful flowers and a minimum of labor and expense, geraniums are unsurpassed. They are sure to be in bloom all winter if given ordinary care. The potted plants that have been under good treatment and that are well grown, strong and vigorous, are the ones to depend upon for winter blooming. It is quite a mistake that a season's growth and flowerless impoverishes geraniums.

Justice to the Jap.

A Japanese policy which seeks to prevent further European encroachment upon Asiatic territory so seriously the policy which we call the Monroe doctrine is being freely conceded to Japan the right to adopt and enforce it and also to multiply the wisdom.

Multiple Mourning.

Turkish casualties this war have an awful depressing effect. Some of the killed leaves so many widows to mourn his loss.

FREE!! \$200.00 IN CASH AND 100 VALUABLE PREMIUMS GIVEN AWAY!

1st PRIZE, \$50.00 in Cash 3rd PRIZE, \$35.00 in Cash
2nd PRIZE, \$40.00 in Cash 4th PRIZE, \$25.00 in Cash
5th to 9th PRIZES, each \$10.00 in Cash.



WAR PUZZLE

The above picture shows a Torpedo Boat Destroyer and an Aeroplane. The Aeroplane belongs to the enemy. It has just dropped a bomb on the deck of the war vessel. Some of the crew have been knocked down by the shock, and some have jumped into the sea. The torpedo boat is in danger. Can you find the torpedo boat in this picture? Some of the faces are harder to discern, but many have done this. If you find the faces you have won the prize. Write down the names of the faces and send them to us with a slip of paper on which you have written the words, "I have found all the faces and marked them." Write these new words plainly and neatly. All cases of ties both writing and pictures will be considered factors in this contest.

Watch Your Colts

For Coughs, Colds and Distemper, and at the first symptoms of any such ailment, give small doses of that wonderful remedy, now the most used in existence.

FREE BUILDING LOTS AT LAKESIDE

To advertise this Montreal Summer Resort in the heart of the fish and game section of the Laurentian Mountains, we are giving away absolutely free a limited number of 20 x 35 lots, without taxes. To secure this lot all that is necessary is the small fee for the transfer of the title of deed to you and solve the following puzzle. All lots guaranteed high and dry. Fill in the missing letters:

Spohn's Disterper Compound

Spohn Medical Co., Chemists and Bacteriologists GOSHEN, IND., U. S. A.

SEEK MORE, ANYWAY.

There may not be as many English sparrows to the acre as there are under the snow, but there are more in the empty winging when one wants to sleep.

Belgian Congo Savages.

Gambals in War Paint Whom Past in Black Mystery.

In his book "Hunted and Hunting in the Belgian Congo" Mr. R. D. Cooper speaks of the remarkable people who live in the forest wilds: "Threading our way down the stony path, winding in and out among the trees, we began to walk the remaining few miles along the sandy shore to Entabiha. A slight breeze sprang up from the southwest, and very shortly the sun had kissed the Bulegga mountain peaks that rise thousands of feet sheer from the water's edge in the west."

"Gaunt, forbidding sentinels of the Congo! What strange people dwell behind you—the dwarfs and others—with their poisoned implements of war—cannibals with all its attendant horrors—a people that cannot tell us of their past. The ages gone by are all a blank to them. These people are skin to the beasts of the forest, inasmuch as they care only for the present. They live for the present. The past is gone. No records have been written of them."

The war paint of vermilion colored pigments which is smeared all over their bodies adds to the hideousness of these savages, darting from rock to rock, hiding behind trees, lying hidden in the foliage overhead, waging war with all. Tragedy follows tragedy in the Congo, to the south of which lie the snow capped crests of rugged Ruwenzori."

Miscellaneous.

FOR SALE—SPECIAL CHAIR, CABINETS, tables and bath, etc. Call on Smith, Napanee, Ont.

FARMS FOR SALE.

A LEBERTA FARM NEAR VERMILION Valley, splendid soil, tract set-off, \$15 acre, \$8,000 cash, balance easy. Homebake Specialty Company, Toronto, Ont.

SEED CORN FOR SALE.

For No. 1 Seed Corn of many varieties, made and cured for seed purposes, on red or shelled. Apply to J. EDWARDS, F. TELLER, St. Joachim, Ont.

Notice to Farmers.

Butter, Eggs and Potatoes I WANT highest market prices. E. J. Ryan, Toronto, Ont. 256 A, Elm Ave., Toronto, Ont.

How She Escaped.

"Algy fell in love with a girl at the glove counter. He bought gloves every day for a week. To discourage his attentions she became a mantuere."

How She Escaped.

"Then he had his nails manicured every day. I suppose."

Why Not?

"Why not?" "Then she got employment with a dentist."—Houston Post.

The Gossipphone.

Judging from one of its uses we would suggest that the name of the telephone be changed to gossipphone.

Making Shot.

Even among sportsmen there are probably many people who are not acquainted with the manner in which shot is made. The process is carried out at what is known as a shot tower. This is a tall tower of metal or stone, with a tank at the top filled with molten lead. The bottom of this tank is perforated. This slide is pulled from side to side, and every time two holes come opposite each other, a small quantity of molten lead falls through.

Bridging a Difficulty.

Paying teller (to woman with cheque)—"I'm sorry, ma'am, but you'll have to be identified by some one I know."

1900 GRAVITY WASHER

FREE TRIAL

Prove it Yourself!

You don't pay a cent. I'll send you a trial.

Get Rid of Those Pimples

Will help you when all else fails. Unsightly complexions are often a bar to social advancement and business success. Start life with a clear skin and good hair.



Cuticura Soap and Ointment

Will help you when all else fails. Unsightly complexions are often a bar to social advancement and business success. Start life with a clear skin and good hair.

Sample Free by Mail

Cuticura Soap and Ointment sold throughout the world. Liberal sample of each mailed free, with 22-p. book. Address: "Cuticura," Dept. 9, Boston, U.S.A.

ISSUE NO. 10, 1915.

HELP WANTED—FEMALE

WANTED—GRADUATE OF GOOD EDUCATION and character to train for nurses. Reply to Welland Hospital, St. Catharines, Ont.

FOR SALE.

FOR SALE—DENTAL CHAIR, CABINETS, tables and bath, etc. Call on Smith, Napanee, Ont.

FARMS FOR SALE.

A LEBERTA FARM NEAR VERMILION Valley, splendid soil, tract set-off, \$15 acre, \$8,000 cash, balance easy. Homebake Specialty Company, Toronto, Ont.

FARMS FOR SALE—WE HAVE SEVERAL

good farms available, close up to Railway Stations, in the Richmond-Manningville District, in Central Alberta; one dollar down, cash required, interest only payable first 30 days, balance on easy terms, 6 per cent, best district in Alberta for mixed grain and stock raising. Write for particulars to W. J. Ryan, 256 A, Elm Ave., Toronto, Ont.

FOR SALE—204 ACRES, 3-ROOM

and some timber buildings, fruit orchard, etc. Call on Smith, Napanee, Ont.

MISCELLANEOUS.

FOR SALE—SPECIAL CHAIR, CABINETS, tables and bath, etc. Call on Smith, Napanee, Ont.

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ALLIES TO BE

Great Force

Forty Big

London Cable.

London Cable—The progress of the war has been so material that the authorities of France have decided on the commencement of the offensive.

Thereafter a large force

Thereafter a large force was carried out by the British authorities of France have decided on the commencement of the offensive.

The allied army is

The allied army is now being carried out by the British authorities of France have decided on the commencement of the offensive.

More important still

More important still is the fact that the British authorities of France have decided on the commencement of the offensive.

Observation station on

Observation station on the peninsula and the Sappo guns and troops at the Gulf of Adramytti.

PREPARE FOR COAST

Germans Rush 250,000 Into Belgium

French Advance in Goes On.

Paris Cable—The French advance in the Goes On.

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