GILLETT'S
EATS LYE DIRT
CLEANS · DISINFECTS

LAUNDRY HINTS.

Proper Care of Table-linen Preserves It for Many Years.

In the home laundry certain rules should be carefully observed at every washing and ironing of the household linen. Don't use injurious washing fluids or chemicals in the water. Dr not rub the fine goods on the board. Do not use unknown soaps; pick out a good harmless soap and stick to it. Be sure all the soap is rinsed out before hanging the linen up to dry, and hang it in the sunlight.

In the ironing, do not let the irons get too hot before using; try the iron carefully before putting it on the linen, so as not to scorch it. Do not fold in the same creases every time the pieces are ironed. In the ironing, iron on the wrong side, first away from the ironer, and fold the article each time in a different place.

The folding is a most important step in the preservation of good linen. If the napkins and tablecloths are always creased on the same lines the material will begin to show wear in these folds. On the other hand, if the napkins, for instance, are creased, first in four folds and then down in a square, the next time in three folds, the next time in triangular folds and then back to the first method, the wear and tear will be even on all parts of the napkin.

The creasing should be made with a warm iron, not a very hot one, as the heat adds to the wear on the folds. The tablecloths should be treated in the same way.

Much of the linen's life is lost or saved in the laundry; much depends on the washerwoman for its preservation—but once the fraying has commenced its life depends entirely upon the mistress of the house. If she is an expert needlewoman the linen may last a year or more after the frayed edge appears. If she is a poor needlewoman it will probably not last more than a month.

The mending should not be postponed until the first hole appears, for it is much more difficult to mend a hole than it is to mend a frayed spot. After every laundering each piece of linen should be held to the light and the thin places should be strengthened with thin linen thread, which has been shrunk. The ravelling of a left-over piece of linen is best if this process is carefully followed the holes will be a long, long time is coming, because they have been forestalled.

Linen treated in this way has no chance to wear out. Its fibre is bolstered up by mending wherever it becomes thin.

Minard's Liniment Co., Limited.

Dear Sirs,—I had a bleeding tumor on my face for a long time and tried a number of remedies without any good results. I was advised to try MINARD'S LINIMENT, and after using several bottles it made a complete cure, and it healed all up and disappeared altogether.

DAVID HENDERSON.

Belleisle Station, Kings Co., N. B.
Sept. 17, 1904.

In Eating.

Be happy.
Chew well.
Eat slowly.
Eat warm food.
Eat nutritious food.
But don't neglect variety.
And don't forget to have fruit.
Vegetables are also among necessities.
Don't overdo the bread side of your diet.
Bread, toasts, cereals and prepared breakfast foods are practically the same.
One of these foods is quite enough for any one meal—and bread is not the staff of life.
Furthermore, in eating one requires sound teeth, regularity, a cheerful mind, and one should not exercise violently within an hour.

A Maligned Bird.

Long ago the phenomenal power of the stomach of the ostrich was immortalized in the idiom of all the world's great languages. To have the "stomach of an ostrich" is the synonym for incomparable digestive power, the supreme flight of gastric laudation. Those omniverous beings of the dime museum who devour hardware in public for so much per week are always down on the bills as "human ostriches."

Well, to make a long story short, the whole thing from beginning to end is nature faking, pure and simple. As a matter of fact, the ostrich, if not a confirmed dyspeptic, has a most delicate digestion. The largest single entry in ostrich mortality records is acute indigestion. The successful feeding of ostriches in captivity requires constant care.—British Press.

The Western Judge that decided that a "pretty girl is not an attractive nuisance" never had one call him on the telephone during business hours.—Rochester Union and Advertiser.

Corns Cured Quick

Applied in 5 Seconds

Sore, blistering feet from corn-pinched toes can be cured by Putnam's Extractor in 24 hours. "Putnam's" soothes away that drawing pain, eases instantly, makes the feet feel good at once. Get a 25c bottle of "Putnam's" to-day.

INFLAMMABLE BOMBS.

Substances Used in the Making of These Deadly Explosives.

The incendiary bomb used by the Zeppelin aircraft, as a rule, is conical, of ten inch diameter at the base, wrapped round with tarred rope and having a metal handle at the apex. The base is a flat cup, into which a pierced metal funnel is fitted, having the ignition device and handle fitted at the top.

The funnel is generally filled with thermit. The latter, upon ignition, generates intense heat and by the time of the concussion has taken the form of molten metal, having the extraordinary high temperature of 5,000 degrees F. The molten metal is spread by the concussion.

Outside the funnel is a paddling of a highly inflammable or resinous material, bound on with an inflammable form of rope. The resinous material creates a pungent smoke.

There is generally some melted white phosphorus in the bottom of the cap, which develops nauseous fumes. In some cases celluloid clippings are added, and occasionally a small quantity of gasoline.

$1,000.00 Reward Forfeited If Remedy Fails

We hope this notice will reach the eyes of people who are troubled with constipation and bowel trouble. Dr. Hamilton's Pills have been guaranteed to cure any case within three days, and the above reward will be paid for any case resisting this greatest of all remedies.

No prescription ever written could surpass Dr. Hamilton's Pills of Mandrake and Butternut. For years they have been curing the most obstinate cases of constipation, biliousness, headaches and sour stomach. Here is your chance to test Dr. Hamilton's Pills. If they fail—your money back for the asking. Be sure you get the yellow box, and insist on being supplied with only Dr. Hamilton's Pills of Mandrake and Butternut, 25c at all dealers.

A Plea for Indoors.

We have run the nature fad, as we have so many others, literally into the ground. We are fond of God's out of doors. We love the fields and woods and streams, too, but so much of this have we heard that we are tempted to make a strenuous plea for indoors, good old indoors—the indoors that is slowly going out of fashion. Let us pause for a moment in our consideration of nature and our enthusiasm for all her varied and wonderful exhibitions of life and make clear to ourselves just what indoors stands for. In the first place, it stands for home. A wigwam by the riverside is not a home; a tent on the lawn or in the canyon is not a home; a portable shack or hut or cave is not what represents home to us or to the world at large. Indoors is identical with the house, and a house is a man's castle, be it small or mean or large and palatial. All out of doors cannot kindle the emotions of joy, love and reverence which that magical word "home" awakens.

Indoors stands for sanctuary, for privacy. We can flee indoors when we want to shut out the world and to find peace.—Margaret Woodward in Countryside Magazine.

Minard's Liniment Cures Burns, Etc.

A Superstitious Musician.

Schumann was always inclined to superstition. When he visited Beethoven's grave at Vienna he found a rusty steel pen lying on it. This he carefully and reverently preserved and afterward used in writing his B flat symphony, believing that it would bring him inspiration. But this superstition, harmless enough in its early years, became accentuated later in an alarming manner. He began to take an unhealthy interest in table turning and spirit rapping. He was, moreover, intensely influenced by dreams and omens. One night he dreamed that the spirits of Mendelssohn and Schubert appeared to him and gave him a theme which he afterward wrote down and developed.

TO TRIFLE WITH CATARRH IS TO RISK CONSUMPTION

Usually it comes with a cold. Being slight it is neglected—but the seed is sown for a dangerous harvest, perhaps consumption. To cure at once, inhale Catarrhozone. It destroys the germs of catarrh, clears away mucous, cleanses the passages of the note and throat. The hacking cough and sneezing cold soon disappear, and health is yours again. Nothing known for colds, catarrh and throat trouble that is so curable as Catarrhozone. It cures by new method that never yet failed. The one dollar outfit includes the inhaler and is guaranteed to cure. Smaller sizes, 25c and 50c. Sold everywhere.

Fishlines Sixty Miles Long.

The most of the halibut are caught with the hook and line. The fishing, however, has nothing gamy or sporting about it. The lines are dropped down into the sea in such a way that the baited hooks rest on the bed of the ocean. The lines are of great length. Some of them are sixty miles long. When loaded with fish it takes the steam engine on the vessel the better part of a day to wind them up. They are divided into sections ,each section having a float or buoy that rests on the surface and is marked by a flag in the daytime and at night by a light. The line lies right on the bed of the sea. Attached to it are hundreds of hooks, and each hook is baited. The halibut swallows the bait and is caught on the hook and held there until the line is drawn up. These fish always feed on or close to the bed of the ocean.

Many a man has been left because his watch wasn't right.

FLEET FOOT SHOES for Playful Children

NOTHING BETTER FOR SUMMER WEAR

Worn by Every Member of the Family

A LITERARY RIDDLE.

Why Does a Woman Write Differently From a Man?

Why is it that you can always tell a story written by a man from one written by a woman? I saw the thing put to a rather severe test within the last month, with results that were startling.

Ten men and women, all of whom do considerable novel reading, had had dinner together. One of the men asked the question I put at the top of these paragraphs. He was in his own home and went to some trouble to prove that the sex of authors is an easy thing to determine.

Giving to each of the nine others a pencil and piece of paper, the host proceeded to read extracts from twenty different books and magazines, selecting parts in which proper names would not identify the story. As he read each person wrote down his guess as to whether the author was a man or a woman.

Of the 180 answers made by the nine persons to the twenty tests all but eight were correct. As he kept the books from which he read concealed it was impossible to get aid with the eye.

But, although everybody guessed right almost every time, no one could still give a good definition of the conundrum. Why does a woman write differently from a man?

Minard's Liniment for sale everywhere

Cliff of Natural Glass.

A cliff of natural glass can be seen in Yellowstone Park. It is half a mile long and from 150 to 290 feet high, the material of which it consists being as good glass as that artificially manufactured. The dense glass which forms the base is from 75 to 100 feet thick, while the upper portion, having suffered and survived many ages of wind and rain, has naturally worn much thinner. Of course the color of the cliff is nat that of natural glass—transparent and white—but is mostly black and in some places mottled and streaked with brownish red and shades of olive green and Brown.—Exchange.

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentry and stomach troubles are rife at this time and often a precious little life is lost after only a few hours' illness. The mother who keeps Baby's Own Tablets in the house feels safe. The occasional use of the Tablets prevents stomach and bowel troubles, or if trouble comes suddenly—as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ANTIQUES

Centuries before the potter's art had developed into a recognized industry in articles intended for use or ornament in the home, carved and shaped stone objects were in request, and they served admirably for the then limited range of requirements. One of the earliest recorded uses in this direction was the primitive "mortar and pestle," the original machine in which cereals and other foodstuffs were pounded The earliest form of "mortar" was a block of stone with a cavity scraped on its top surface, and the first "pestle" was a round pebble which would lay comfortably in this cavity. The grain or other foodstuff was pounded into its required state with these instruments.

Some ten years ago, while workers in the potters clay fields of Cornwall were mining, they discovered deeply embedded in the clay a block of granite about thirty inches square upon each face of which were two or more of these cavities, probably a culinary utensil of prehistoric man.

Among stone vessels of ancient origin still preserved to us, one of the most interesting is the immense winecup known to this generation as the Warwick vase. There is a doubt as to the origin of the Warwick vase, some authorities attributing it to Lysippus of Sicyon, a Greek sculptor, who flourished in the fourth century, B.C., and was one of the most famous of the early Greek artists. He rose to eminence from a very humble position through his efforts to faithfully depict the human form, especially the male figure, Hercules, being his favorite study. Alexander the Great paid a glorious tribute to his skill, when he said: "None shall paint me but Apelles, and no one make my statue but Lysippus."

Other authorities suggest a Roman origin for the vase, and the early part of the second century, A.D., as the period. This is possibly from the fact that the vase was discovered in 1770, while draining the lake of Pantanello in the grounds of the Emperor Hadrian's villa, near ivoli. As Hadrian Augustus, A.D., 177, 138, was a great patron of the arts of his time, there may be good grounds for this argument.

The vase is modelled as a Bacchanalian Trophy, in the form of a winecup of most generous proportions. It is of while marble, and stands five feet seven high, and five feet eight in diameter It holding capacity is one hundred and sixty-three gallons. The handles are formed of twisted vine branches, which are continued round the lip and from which, at intervals, clusters of grapes are suspended. The lower part is draped with panther skins, upon which are ranged bacchanalian sceptres and heads of Silenimale attendants of Bacchus—and a bacchante. Acanthus leaves connect the bowl with the stand, which has a plain, square base.

Sir William Hamilton, when British Ambassador at Naples, secured this treasure, and passed it to his son-in-law, the first Earl of Warwick, hence its present name.

Most of the antiques in stone were so beautiful in form, outline and tone that they have served as models for artistic handicrafts of later times, and just now very extensive use is being made of them in tdaptations of art stoneware or articles for use and ornament for the home.

Ways of the Mole.

No animal is more wonderfully adapted to its kind of life than is the mole. Moleskin is famous for its exquisite softness. The finest velvet cannot bear comparison with it. This is evidently a provision of nature for enabling the little animal to pass rapidly through its narrow underground galleries without impediment or friction going backward or forward with equal ease. It fits its burrow like a piston and pushes itself swiftly with hind feet. The burrows and nests, too, are lined with fine, soft vegetable fibers.

Minard's Liniment Cures Dandruff.

A WONDERFUL UNDERTAKING

The Selkirk tunnel will be through in the fall, according to the C.P.R. officials. This is another of the notable things to which the company has put its hand—a tunnel six miles through a mountain whose peaks pierce the clouds—a tunnel which presented engineering difficulties almost unique.

This work will give the public an alternative route through the mountains; it will save six miles of snow sheds; it will eliminate danger, and it will minister to the comfort and convenience of the public. The cost will be $12,000,000 or more. That is about the only big work the C.P.R. has been engaged in lately, but it is interesting to recall that in the years before the war the company used to spend between $25,000,000 and $35,000,000 per annum in the development of the West. If, as a high official of the C.P.R. remarked, the C.P.R. took a dollar out of the West, it put that dollar back again in some form or other. It would hardly be believed but the C.P.R., since its inception, has spent over $200,000,000 in the development of the West.

Out of the Mouths of Babes.

One Monday morning little Jennie observed the kitchen assistant putting the clothes on to boil preparatory to washing them. Running upstairs, she exclaimed: "Oh, mamma, we are going to have boiled clothes for dinner!"

* * *

"Willie, you'll be sick," said his mother, as he handed up his plate the third time for more of the turkey.

"Can't help it, mamma," he replied. "That old turkey pecked at me once, and this is the only chance I have to get even."

* * *

One day little Mabel chanced to see a bald-headed man for the first time. "Oh, mamma," she exclaimed, "there goes a man with ingrowing hair."

* * *

"When are you going to get married, Laura?" said a visitor teasingly.

"Oh," replied the little four-year-old miss, "don't let that worry you. I'll see that you are invited to the wedding."

* * *

"Don't you think you have a good mamma to spread such nice, large slices of bread with butter and jam for you?" asked little Harry's grandma.

"Oh, I don't know," rejoined the incorrigible youngster "She'd be a heap sight gooder if she'd let me spread it myself."

* * *

As small Joe was being tucked into bed one chilly night, he said:

"Oh, but it's cold! I wish I had a refrigerator at my back."

"Why, Joe," said his mother, "a refrigerator is an icebox."

"Oh, yes, so it is," said he. Then after a moment's pause he continued: "I guess I meant a perambulator, mamma."—Chicago News.

The Submarine.

To get a submarine ready for diving water is admitted into the "ballast" tanks. To keep the vessel on an even keel water is taken into the trimming tanks. By means of these tanks the vessel is made to sink or rise and to preserve the right position.

DRS. SOPER & WHITE

SPECIALISTS

Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases.

Call or send history for free advice. Medicine furnished in tablet form. Hours—10 a.m. to 1 p.m. and 2 to 6 p.m. Sundays—10 a.m. to 1 p.m.

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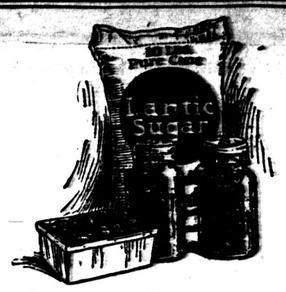
Please Mention This Paper.



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the pure cane sugar which dissolves at once. Order by name in original packages.

2 and 5-lb cartons
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PRESERVING LABELS FREE
Send red ball trade-mark cut from a bag or carton to

Atlantic Sugar Refineries Ltd.
Power Bldg., Montreal 43

Sons of Butchers.

Three of the stained glass windows in the hall of the Butcher Guild, London, contains the portraits of Cardinal Wolsey, William Shakespeare and Daniel Defoe in recognition of their connection with the meat trade.

The cardinal was the son of a "respectable" butcher at Ipswich, in Suffolk, and "the immortal bard" assisted while a youngster a butcher in his native town of Stratford-on-Avon.

Defoe, nowadays known as the author of "Robinson Crusoe," but in his day an adventurer and secret agent of his government, was the son of a butcher in Fore street and a member of the guild.—London aMil.

Minard's Liniment Relieves Neuralgia.

The Double Balls.

Shuangh chi'u-er, although the name may sound like a disease, is not a form of writer's cramp. On the contrary, "their" purpose is to prevent it. The words mean "the double balls," and shuangh chi'u-er are two iron balls an inch or so in diameter, which nestle in the right hand of every Chinese man of letters for hours each day, one being revolved about the other until they are worn bright. They are just large enough to make a handful, and the action of shifting one about the other brings the fingers into play and lends them that suppleness and digital dexterity which are necessary in the manipulation of the Chinese lettering pen or fine-pointed brush. Of what a simplicity!

THE FAMOUS PRODUCTIONS OF
FLORENCE
AND
ROME
ARE REPRODUCED IN THE NEW
ART STONEWARE
NOW ON VIEW AT
ROBERT JUNOR'S
62 King St. East
HAMILTON, ONT.

Excitement.

People who easily get excited don't usually live nearly so long as people who keep calm. Excitement, in fact, wastes the vitality and affects one's health to a very great extent. This is true, too, of all who seek excitement, whether physical or mental. Excitement makes the pulse beat above the ordinary rate, and one's reserve of energy is used up so much the quicker. Occasional excitement, however, is very good for one's health, especially where the pulse is slow, but the natural condition of the body should be one of calmness and regularity.

The Kings of Denmark.

The dust of the Danish kings is kept in a great cathedral at Roskilde, an old town twenty miles from Copenhagen. Every year the entire royal family always pays a visit to Roskilde in obedience to an ancient custom. On one of the pillars are marks showing the height of Peter the Great, Nicholas the Iron Czar, Alexander II. of Russia, the King of England and many other kings. The cathedral was built in the eleventh century. It has two mighty towers, which can be seen at a long distance. The oldest grave is that of King Harold I., who died in 987.—Exchange.

Music is the sensual pleasure without vice.—Dr. Johnson.

ISSUE NO. 31, 1916

HELP WANTED.

WANTED—GIRLS TO WORK ON knit underwear seamers and finished stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmerman Manufacturing Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont.

WANTED — HOUSEMAIDS AND waitresses. Previous experience not necessary. Apply, "The Welland", St. Catharines, Ontario.

WANTED—YOUNG GIRL TO ASsist with house work; wages $15. Apply to Mrs. K. Bethune, 310 Queen street south, Hamilton, Ont.

WANTED—EXPERIENCED MAN TO take charge of Five Cop Winding Machines, and to look after Yarn. Must be good manager of help. Good position open to competent man. Only those with general experience need apply. The Slingsby Manufacturing Company, Ltd., Brantford, Ont.

MISCELLANEOUS.

WANTED—GIRLS OF GOOD EDUCAtion to train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

PERSONAL.

$25.00 REWARD WILL BE PAID conditionally, where Creola fails to prevent Appendicitis. Positive cure for Indigestion, Constipation Dyspepsia. Write for particulars and testimonials. John Galbraith, 91 Cronyn Ave., Toronto.

GIRLS WANTED

Experienced knitters and loopers, also young girls to learn. Clean work and highest wages.

CHIPMAN-HOLTON KNITTING CO., LIMITED,
HAMILTON, ONTARIO.

WANTED
Platen and Cylinder Press Feeders
Steady Work; Union Wages.
APPLY TIMES JOB DEPARTMENT
Hamilton, Ont.

FOR SALE
A HIGH BRED, SOUND BAY HACKNEY
Well broken, thoroughly reliable, a lady can drive; also complete outfit, including phaeton and runabout. Apply,
J. M. EASTWOOD,
Times Office, Hamilton.

SCIENCE NOTES.

About 95 per cent. of the platinum comes from Russia.

A card system has been inaugurated for the protection of the electric light users in Chicopec, Mass. Each consumer is to be provided with a card and each time the meter is read the amount will be recorded. In this way the consumer can keep a separate account.

The City Council of Argenta, Ark., is considering an ordinance requiring the meter records of the public utility companies to have certified copies of their readings with consumers when the reading is made.

To prevent skidding and slipping in damp weather the streets of San Francisco are sanded by a machine mounted on a motor truck.

The coal operators early this year stated that the present labor cost of production is $1.80 per ton.

The efforts being made to educate the public to the necessity of care in the matter of fire prevention are bearing fruit, as shown by recently compiled figures. Fire losses in 1915 decreased $52,755,000 as compared with the 1914 record for the United States and Canada. The total losses by fire last year were only $182,836,000, as compared with $235,591,000 the previous year.

In Asia tusks are possessed only by the male elephants.

Half a million is a conservative estimate of the number of maimed in American industries every year.

The value of the annual orchard products of the United States reaches a total of $140,000,000.

The American hen produced during the last census nearly twenty billion eggs, and the product has been increasing since that time.

The world's present potato crop is approximately large enough to fill two-thirds of the Panama Canal.

The Summer "Life-Savers" are fruit, cereals, and green vegetables. Meat in Summer overtaxes the liver and kidneys, potatoes cause intestinal fermentation. Get away from the heavy Winter diet; give Nature a chance. One or two Shredded Wheat Biscuits, served with milk or cream or fresh fruit, make a deliciously nourishing, satisfying meal. Such a diet means good digestion, good health and plenty of strength for the day's work. All the goodness of the wheat in a digestible form. For breakfast with milk or cream; for luncheon with fresh fruits.

Made in Canada