

HELPS FOR HOUSEWIVES

A good home-made remedy for cockroaches is to make a paste of flour, borax and eucalyptus oil and scatter about their haunts.

Save all lemon rinds and drop them into the vessel in which dish towels are washed. It whitens and makes them smell fresh.

A piece of sandpaper over which a little borax has been sprinkled will be found very useful for cleaning iron on ironing day.

When purchasing a roast of veal have the butcher lard it with salt pork. This will make the meat juicy instead of being dry, and it will have a fine flavor that can be had in no other way.

Hot vinegar will remove paint from glass. Soak blood stains in kerosene oil and then wash out in cold water, before putting into the wash.

Common juice and salt or powdered salts of lemon will remove iron rust, ink and mildew stains.

When an elderdown comfortable has lost all its elasticity, hang it out in the balmy sun for a few hours and all the life will come back to it.

When preparing baked custard, always pour boiling milk on the beaten eggs.

Sixty grains of quinine in one quart of hay rum make an excellent hair tonic.

The mouth of the milk bottle should be carefully wiped off before the milk is poured out.

Eucalyptus oil will remove grease, including machine oil, from any fabric without injury.

To clarify drippings, when pouring hot into a basin, add a little boiling water.

Sunset and Twilight

Twilight is a phenomenon caused by atmospheric refraction. When the sun gets below the horizon we are not immediately plunged into darkness of night.

Although the sun is below our horizon, rays of solar light are bent or refracted by the terrestrial atmosphere and continue to furnish some slight illumination.

The process continues with diminishing intensity until the sun is so far below the horizon that the refracting power of the atmosphere is no longer able to bend the rays enough to produce a visible effect.

The time after sunset that the sun reaches such a position varies with the latitude of the place. There is less twilight at the tropic zone than at the temperate or frigid zone. This is due to less time taken by the sun's rays to pass through the atmosphere, at the tropic zone, at the sun's rays being perpendicular and at the temperate and frigid zones oblique.

STORMY WEATHER HARD ON BABY

The stormy, blustery weather which prevails during February and March is extremely hard on children.

Conditions make it necessary for the mother to keep them in the house. They are often confined to over-heated, badly ventilated rooms and catch colds which rack the whole system.

To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly.

This will not fail to break up colds and keep the health of the baby in good condition till the brighter days come along.

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Co., Brockville, Ont.

Bullets and Aeroplanes.

Observers have been surprised to discover the slight effect bullet holes, even in great number, have on the effectiveness of the wings of the aeroplane.

It is usually assumed that its sustaining power is proportional to the area of the plane, but it is also known that its shape is also an important factor, but the injurious effects of the holes is not in proportion to the diminution of the area produced by them.

The efficiency of the ship's sails is not much affected by the holes, and Vassallo, in 1894, experimentally proved to his own satisfaction that sails are improved by perforations. Eye injuries to the motor of an aeroplane are less dangerous than would naturally be assumed, provided that the pilot retains control of the vessel. He can descend by guiding and can advance nearly four miles in a descent of one mile.

Lazy Livers Come from Lazy Living—sometimes from food follies that tax the overworked digestive organs. Get back to Nature by eating Shredded Wheat. It puts you on your feet when everything else fails. It supplies the muscular energy and mental alertness that put you in fine fettle for the day's work. Delicious for breakfast with milk or cream, or for luncheon with fruits. Made in Canada.

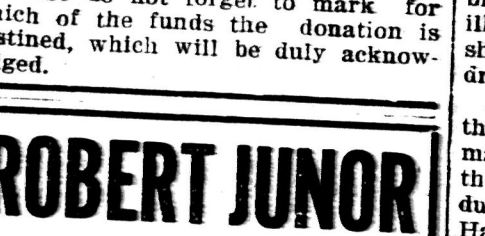
THE SERBIAN MINISTER OF THE HONOR TO CONVEY HIS WARMEST THANKS TO ALL THE BENEVOLENT DONORS WHO GENEROUSLY HAVE SENT UNTIL NOW THEIR CONTRIBUTIONS THROUGH THE SERBIAN LEGATION FOR SEVERAL RELIEF FUNDS EXISTING IN SERBIA.

At the same time the Serbian Minister has to announce that several Relief Funds in Serbia are sending through him their appeal to all benevolent men and women, fathers and mothers and all philanthropic institutions, painting the horrible suffering of the Serbian refugees, the starvation of the population staying at home in Serbia, the painful scenes of the desperate mothers and frozen children. Many thousands of refugees are dispersed in the villages of Greece, in the Albanian desert or in the rocky hollows of Montenegro, without home, without food! The life of these refugees is now nothing else than a slow dying out. This help will be a real help only if it comes as quickly as possible. Such appeals have been made from the following funds: The Serbian Archbishop of Belgrade's Relief Fund for the families of the fighting men, the St. Helen's Relief Fund for the Orphans, whose fathers were killed in the war, the Parliamentary Fund for the Relief of Serbian Refugees, the Serbian Red Cross fund for the Wounded Soldiers.

Generous donors, who would help any of the above mentioned funds are kindly requested to send their contributions through the Serbian Legation, 195 Queen's Gate, London, S. W.

Please do not forget to mark for which of the funds the donation is destined, which will be duly acknowledged.

ROBERT JUNOR 62 King St. East HAMILTON, ONT. CHINA POTTERY GLASSWARE Antiques



Inspection and Correspondence Invited.

The Coffee Cup in Persia.

The expression "to give a cup of coffee" has in Persia a somewhat ominous significance. This is due to the fact that the coffee cup is one recognized medium for conveying poison.

Some years ago the governor of Assaifa, having long been at daggers drawn with the chief of a powerful mountain tribe, determined in this way to put an end to all trouble. He professed to entertain a great degree of friendship and esteem for the chieftain and invited him to visit him at his palace.

The chief unsuspectingly came, accompanied by his two young sons. For a week they were royally entertained. But at last one morning when the chief came into his host's presence he was coldly received, and an attendant stepped forward, handing a single cup of coffee in his hand, which he offered to the guest.

The latter could not fail to understand that he was doomed. Preferring, however, steel to poison, he declined the cup and was reupon, at a signal from his host, stabbed to death.

Minard's Liniment Cures Burns, Etc. A MOCKERY OF MARRIAGE. (Pittsburg Gazette-Times)

People enter into the married state with little thought of its real meaning and with sufficient regard for its solemn obligations. In many instances it is more of a hamper than a blessing, and the grotesque antics of a certain married couple make it a farce.

Minard's Liniment Cures Dandruff. TRENCH HUMOR. Soldiers of Three Nations Showed It in This Instance.

There is humor as well as tragedy in the trenches. Not all of the time of the men at arms is spent in the death of the enemy, although that is the main object in view. Sometimes the soldiers change of blossoms which seem almost impossible to the outsider. The interesting incident which occurred the day before the British made their attack last September in the vicinity around Loos.

When the German trenches were near to the English a board with this printed on it was shoved into view by one of the Very. "The English Are Fools," probably the Englishmen did not believe the accusation, but they did not fire on the board.

It disappeared and shortly popped up again with this addition: "The French Are Fools." Still the British did not fire, nor even shout their disapproval. So the board went down once more behind the earthenworks only to come up with a third line reading: "We Are Fools." At this the British shouted.

The comedy was not yet ended, however, five minutes afterward the board with the fourth black inscription was poked above the top of the trench. The last line read: "Why don't all Go Home?" The British rejoined with uproarious applause. It did not meet with unanimous approval. All showed their disapproval.

Next day, however, the order to charge was given, and the British troops rushed into the Loos using their bayonets and machine fire in return. So the four nations killed each other while, perchance they were not one man of them who did not wish fervently that he was at home and engaged in some peaceful occupation. Rochester Times.

They Vanish Quickly if Nervine is Well Rubbed in.

When the throat tickles, when it hurts to draw a long breath, when you feel as if a knife were stuck in your side, it's time to draw out the congestion that will soon become pneumonia.

An ordinary cough syrup has no chance at all—you require a powerful, penetrating liniment.

Nothing is known that possesses more merit in such cases than Nervine.

Rub it liberally over the sides and chest—rub it in hard.

The warm, soothing effect of Nervine will be apparent in five minutes. Nothing like it for quick relief.

ANTIQUE'S

An antique of the "household word" type is the old blue-willow pattern. Where will one find a home without a specimen of blue-willow, possibly regarded as an antique, or maybe a family heirloom.

Its age and origin as a pottery decoration is the cause of much trouble to collectors of it. The story it illustrates is a veritable "picture show"—and just as silent—with the grammatis personae as follows:

A Chinese Mandarin—Koonsiee, the mandarin's daughter; Chang, the mandarin's secretary and suitor for the hand of Koonsiee; Ta-ji, a duke of high degree, a rival of Chang, Handmaids, spies, soldiers, boatmen, gardeners, an emperor or two, and a pair of doves for the "immortal emblems of constancy" role at the end of the play.

Scenes—A mandarin's home, a humble dwelling, an island of the Robinson Crusoe type, a rice field, a terraced garden, an orange and a citron grove, a turbulent river—the Yangtze-Kiang, if possible, and a bridge to span it.

Properties—A box of jewels, a distaff, for the emblem of purity; the half of a coconut shell, for overseas mailbox duties, and a couple of boats.

As this "Bill of Play" was all that Thomas Turner, of Caughley (Coalport, Shropshire, England), china works, had to guide him, when at the end of the eighteenth century he commissioned Thomas Minton to engrave the copper plate for printing the first production of this delightful episode in oriental life, the reader must be content to draw his own conclusions from the pattern on the plate in the same way that the screen tells its story at the picture show.

The blue willow-pattern plate gave Charles Dickens a happy inspiration on the occasion of a visit to a Staffordshire pottery town the birthplace of millions of blue willow pattern plates.

After seeing a plate made, he wrote in "Household Words" as follows: "That astounding blue willow, with knobbed and gnarled trunk, and foliage of blue ostrich feathers," "that blue bridge, which spans nothing, growing out of the roots of the willow, and the three blue Chinese going over it, into a blue temple, which has a fine crop of blue bushes sprouting out of the roof; and a blue boat sailing above them, the most of which is burglariously sticking itself into the foundations of a blue villa, suspended sky-high, surmounted by a lump of blue-rock, sky-higher, and a couple of billing blue birds, sky-highest—together with the rest of that amusing blue landscape, which has—in defiance of every known law of perspective, adorned millions"—of plates and dishes.

AIR SIGNALLING. Devices Used by the Aviators in the European War.

When we read what the airmen write about their experiences during the present war, we learn that the chief purpose of most of their flights is not to drop bombs on the enemy, but rather to locate the enemy's artillery and to aid their own artillery in directing their fire.

The aviator is often sent up at the order of the commander of a battery to ascertain whether his guns are overshooting the mark, do not reach, or are too far to right or left. It is imperative that he be able to communicate his information almost instantaneously.

HE COULDN'T GET IN A WORD. (Harper's Magazine)

Blanche met Carolyn at a ball and they were talking of one of the young men. "I don't care for him at all," remarked Blanche. "He's a regular bore." "Why, I thought he was perfectly lovely." "Well," said Blanche, "he yawned three times while I was talking to him." "Perhaps he wasn't yawning," suggested Carolyn. "He may have been trying to say something, dear."

It is an amazing monument to the dogmatism of the cars that Petrograd has flourished as it was built in defiance of the laws of trade and of nature itself.

As a port it is immeasurably inferior to Riga, which has a much longer open season, for Petrograd is icebound from early November to the end of April. As a building site it has been repeatedly and disastrously flooded by the Neva.

The highest elevation within the bounds of the city is less than fifteen feet above sea level, and the cellars have to be baled out nearly every spring when the ice melts and the wind blows.

And the rigorous climate constantly snaws at walls and columns until the city has been twice and thrice rebuilt by the cars.

Many of the most imposing structures are held together only by streams of iron clamps, and the huge bowler on which Peter rides his bronze horse is ever crumbling away.

The stones of the streets are continually sinking below the level, and the great Cathedral of St. Isaac never ceases to settle on a foundation of which nearly \$1,000,000 was sunk. No less than six tiers of piles were driven for the beautiful column of Alexander, yet that eighty foot monolith, the tallest and largest in Europe, has to be clamped in iron.

As a dwelling place Petrograd remains the most awful of any great city in the civilized world, with a mortality of twenty-eight to each year of population, and within ten years its death rate actually exceeded its birth rate.—Argonaut.

The Appetite of Youth Quickly Restored

Appetite is useless unless digestion is good. Dr. Hamilton's Pills make tremendous appetite and keep digestion up to the mark as well. The liver, bowels and kidneys are stimulated, health quickly follows.

Dr. Hamilton's Pills instil vigor and snap into the system, make folks feel you had a stomach, forget your days of sickness if Dr. Hamilton's Pills are used. Insist on having Dr. Hamilton's Pills. 25c per box, no other medicine so good.

AUTUMN SUNSET. BY ARTHUR L. PHELPS.

This evening came the colour glowing and spread. Working again that ancient wonderment. The wheel of fate, the mill of destiny, some warning sign only half suppressed.

The vast and cloudy pageant of the sky. Most from some strange caravan, that sailed in crimson, going down the west.

Stirred me. A great and silent loneliness. Smote in my heart its level of a night. A dull fear grew, and all the shaven might of solemn grandeur made it more, not seemed that brushed by me, passing very near.

The white cottage of the stricken year. From The Canadian Magazine for February.

Bullet Wounds in Stomach.

In some experiments with bullet wounds it was determined that when a hollow organ such as the stomach is perforated by a bullet, it sustains no damage if it contains fluid than if empty. The author fired a .303 bullet at a sheep's stomach, in the one case when it was full of water, and in the other case when it was empty, with the following results.

The aperture in each wall of the empty organ was .02 in.; the aperture in the first wall of the full stomach was also 0.2 in.; but that in the second wall was 0.7 in. From that it follows that a man hit after a full meal would have less chance of recovery than had this occurred when the organ was empty.

Bullet wounds of the lung, provided no large vessels are touched, are seldom fatal in man or beast.

Minard's Liniment for sale everywhere

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Makes Delightful Porridge

Many women who have purchased a package of Dr. Jackson's Roman Meal have discarded instructions to make the porridge without stirring. They made a porridge instead of a delightful porridge.

The flux of Roman Meal has been changed into a tasteless and odorless resin by driving oxygen out of it by electricity. It stirred while hot this resin comes mixed oil, and making the porridge taste of linseed. The family will not eat it, and are deprived of the nutritious food on earth, and the most precious family treasure, in justice to porridge as directed on the package. At grocers' 10 and 25 cents a package. Made by Roman Meal Co., Toronto.

Gargoyles of Notre Dame.

The gargoyles of Notre Dame are commonly associated with the medieval spirit and queer obsessions of old Paris. As a matter of fact, most of them were executed under the direction of Viollet le Duc when the cathedral was restored, no earlier than the middle of last century.

Mr. Henry Heims, who is an authority on architectural subjects, declares that most of the gargoyles carved for Notre Dame at the time of the restoration were done by an Englishman named Frampton, "though I believe this fact is now remembered by very few."

Better Than Spanking

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box 2, Windsor, Ont., will send free to any mother her own, and some treatment, with full instructions. Send no money but write her to-day if your child is in trouble. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

Sages Are Not Really Wise.

Sages are not really wise. Bill read in Folly's eyes more than puts out their pupils. Wisdom that escapes the schools.

Food Value of Milk.

One quart of milk costing eight cents is equal in food value to any one of the following: Five bananas, costing 5 cents. Eight oranges, costing 23 cents. Ten eggs, now costing 30 cents. One dozen apples, costing 3 cents. Five ounces of cornmeal, costing one cent.

Five ounces of dried beans, costing 2 cents. Fifteen ounces of boneless codfish, costing 14 cents. Eleven ounces of fat round beef, costing 15 cents. Seven ounces of full cream cheese, costing 9 1/2 cents. Six and one-half ounces of prunes, costing 6 cents. Four and one-half ounces of walnuts, costing 17 cents.

WANTED—SPRINGERS FOR KILLING WANTS—WANTS—WANTS

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PROBE INTO THE CAUSE OF OTTAWA

Statements Differ as to Cause of the Reading in Which Blaze Started

COL. SHERWOOD

Commissioner of Dominion

Makes Report on the Fire

Some dozen witnesses

Some dozen witnesses

Some dozen witnesses

Some dozen witnesses

Some dozen witnesses

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