Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Colic, all Teething Troubles and Diarrhœa. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

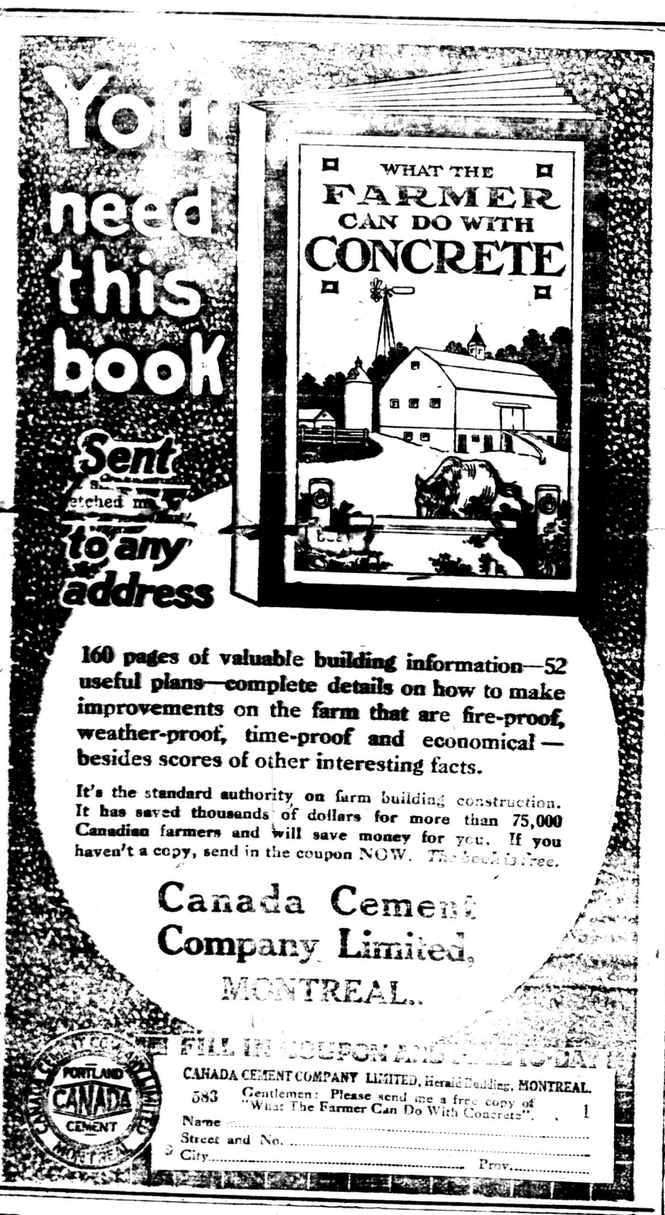
LOOKING AFTER SOLDIERS FAMILIES

(1) Rear ... to r... (standing)—Miss ... Mrs. ... Tailey ... Ben... (Sitting).—Miss ... Mrs. ...derson, Miss Reid ... Sm... Mrs. Ross.
(2) Fil... (3) ...ce staff.
(4) Miss ... Reid ... the presiding spi... ...e R. ...f Committee. L... ...l R... ...oom.

Montreal's birthplace of ... Montreal ... of over $1,613,... ...ays whirlwind ...914, and the ... the Montreal ...s considered ... economical ... of Montreal ...enty-seven ... which a...e ...s acting ...supervision ...assistant ... visitors ...periodical ...s at the ...h cases ...ener ...ought ...though ...allowances ...nd to be in sufficient ... and at times, ...se of illness, immediate ... be given. The mothers ... seen expert advice on hygiene and the care of infants and encouraged to keep their children regularly at church and school (twenty prizes are given for the best school reports) are taught principles of thrift and given free legal advice. The slogans under which the lady visitors work are such as "Provide Opportunity not Charity—and be a friend," "Guard Fund—do not patronize—do not promise' and 'Your service is personal, patriotic and civic. Let it be kindly loyal and efficient."

The French speaking families are cared for by French speaking ladies, each ward having a French-Canadian, as well as an English-Canadian head. During the summer months lectures have been given in the both languages on hygiene and domestic economy, and the Parish Priests, the Ward Alderman, Ministers and Teachers are encouraged to take an interest in cases in their district or parish. There is a Patriotic Burial Fund and Cemetery Lots a storage for furniture, and baby outfits and clothing for special cases. Over 300 doctors give their services without charge.

A wonderful system of card indexing and filing enables the Relief Committee to handle all cases with promptness and efficiency. There are between forty to seventy-five advices each day of changes in address, desertion, births and deaths, illnesses or discharges. In one single month 1,500 removals have been notified. The average daily attendance is about 300 mothers. Great care has to be taken that the Fund is economically spent and that no duplicate or unnecessary payments should be made, and this is only possible when the office organization is businesslike. The filing room alone occupies the time of three ladies. So efficient, however, has been the Montreal administration, that the Boston Charity Organization Society has asked for a report and it is likely that the Montreal methods will be adopted in this and other cities of the United States.



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17

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17

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for sale by E. T. CARTER

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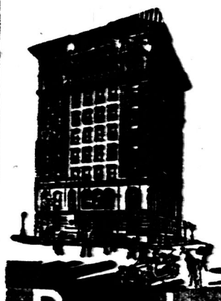
Capital Paid up - $3,000,000



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Bank of Hamilton
ESTABLISHED 1872

Grand Trunk Railway System
TIME TABLE

No 69 to Hamilton	Departs	7:40 a.m
No 71 to Hamilton	"	8:20 a.m
No 73 to Hamilton	"	5:20 p.m
No 65 to St. Thomas	"	10:55 a.m
No 67 to St. Thomas	"	8:43 p.m
No 126 to Canfield Junction	"	8:15 a.m
No 128 to Canfield Junction	"	5:30 p.m
No 122 to Port Dover	"	10:55 a.m
No 124 to Port Dover	"	8:42 p.m
No 72 to Port Rowen via Pt Dover and Simcoe	Departs	7:10 p.m

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