AND HIGH FREQUENCY GENERATOR Duilds up the system and steadies the nerves through Electrical Vi

bration, Internal Exercise, Violet Ray and Ozone, a perfectly natural Highly invigorating and stimulating because it purifies the blood, re

moves congestion, and gives the body a deep vibratory massage. Offers the sick a method of treatment, in the home, which has been decidedly successful in cases of Rheumatism, Lumbago, Headache, Earache, Neuralgia, Catarrh, Throat Ailments, Skin Diseases, Hair and Scalp troubles, Coitre, Exhausticn and many more. A wonder worker for development of strength and vitality and for most Nervous Condi

Helpful and convenient. Its use becomes a pleasant, beneficial habi which tones up the body and mind to a healthy, normal condition. Small size, with two applicators and case \$18.00 Larger Size, with two applicators and case \$35.00 Same with Faradic attachment and case \$40.00

Tiberal discount to doctors. For further particulars Write

VIOLET RAY VIBRATOR CO., 188 JARVIS ST., TORONTO, ONT.

ANTIQUES

The collector of "old china" does other's development and progress.

not include "Mason's ironstone" case next goes over it with an iron instrunot be said to be quite complete. To ment and rubs it carefully with puthe china collector the name of irou- mice stone without chalk. Finally stone china is as inseparable from the the skin is gradually dried, tightening name of Mason as the willow pattern being occasionally required. is fro m the color blue. The willow pattern has been produced in red, in yellow and in various other colors; ironstone china has been made in severai places and from different formulas, but it is the "blue" willow and "Mason's" ironstone that is needed to satisfy the ceramic collector. Its bmmense popularity and wide distribution even from the earliest days of ics manufacture (invented 1804, perfected and patented 1813), are vouched for by the remnants of services which are to be found throughout the world's public museums, in collectors' cabinets and in old nomesteads. (The writer has seen many specimens of this ware in Canadian homes during the last five years). Its continuous hold upon public favor for over a century is accounted for by the regularity of its existence, the same in body and glaze, in form, in pattern and in color schemes; it is the same to day as it was in its infancy. It is this makes it so easily distinguishable from all other productions of its kind, and gives it its place in the collector's cabinet, the dealer's catalogue and the housewife's cupboard and plate

"See! everywhere the room is bright With glimmers of reflected light From plates that on the dresser shine." -Longfellow.

During the craze for utilizing plates for wall decorations, after the manner of plaques, the quaint designs and peculiarly interesting colorings of old "Mason" specimens caused them to be much sought for, and perhaps next to the redoubtable willow it was more entitled than any other ware to the fondly cherished traditions usually culminating in the positive assertion that "they have been in our family since the time of my great-great-grandmother." Be it noted that it is invariably the "grandmother" whose carefulness has preserved these precious heirlooms (possibly to counter-balance the credit given to the "grandfather" as the "clock" preserver), the grandfathers being nowhere in the economics of the china pantry.

"Plates, platters and pitchers" are frequently met with in Mason's ironstone, and vases and punch bowls are well regarded antiques. The most peculiar example of this ware known is perhaps the "four-post" bedstead in to be guiled out out of our moments by the possession of a well-known col-lector in England. The very large despise a man who gave as little acpunch bowls were sometimes used as tivity and forethought to the conduct ington possesses one of these.

Clever Fish Hawks.

Turks around the Besphorus amuse make away with it to the little ones. existence. Robert Louis Stevenson.

Of course a woman can keep a secret. That is, she can keep it going, to the foolish.

Preparation of Parchment.

Parchment is the skin of sheep or other animals prepared in sheets to render them fit for being written upon. The heavier parchment, used for drum-heads is made from the more perhaps to keep alive the in-skins of asses, older calves, wolves terest in antiques than does any and goats. All these are similarly other class of collector, though one prepared. The skin, being freed can scarcely disassociate this cult from from the hair, is placed in a lime pit that of "period furniture" hunting, to cleanse it from fat. The pelt is then stretched upon a frame, care befor the very good reason that the two ing taken that the surface is free industries they stand for have from from wrinkles. The flesh is pared their very inception been close to off with a circular knife, after which each other, and each necessary to the it is moistened and whiting spread over it. Then the workman, with a The collection of old china that does large pumice stone, subs the skin. He



2 and 5-lb. Cartons 10 and 20-lb. Bags

Don't buy sugar by the"quarter's worth" or "dollar's worth' when you can buy

Lantic Sugar

in these full weight original packages, containing the "fine" granulation every housewife

"The All-Purpose Sugar"

. The Business of Life.

Life is a business we are all apt to mismanage, either living recklessly from day to day or suffering ourselves aquariums for gold fish. South Kens- of any other business. But in this, which is the one thing of all others, since it contains them all, we cannot see the forest for the trees. One brief impression obliterates another. There is something stupefying in the recurthemselves by playing pitch and catch rence of unimportant things, and it is with the hungry fish hawks. They only on rare provocations that we can throw high in the air a lump of raw rise to take an outlook beyond daily meat, and the hawks sounce upon the concerns and comprehend the narrow meat before it strikes the ground and limits and great possibilities of our

A word to the wise is worth two

Fruit jars—all glassware
—wholesome and sparkling when cleaned with

Old Dutch

Cleanser

A VOLCANIC MONUMENT.

One of the most remarkable rocks in the world is that known as the "balancing rock," which stands on the bank of the Willamette river a short distance above the city of Portland. Ore. Rising from a broad base is a small column roughly round in shape. Just above this is a huge mass of rock bearing a tree on the summit, the total height of rock and column being about a hundred feet.

Although a great deal larger and heavier than the pillar on which it stands, the big rock is very accurately balanced. For how many centuries this odd freak has stood not even the wisest scientists are able to determine, but it has evidently been there for a very long period.

The entire rock is of a volcanic nature, and the most singular thing about it is the fact that the knob and pillar are entirely disjointed from one another. Wind and weather no doubt are slowly wearing the "balancing rock" away, but the process is so imperceptible that, failing some unforeseen catastrophe, the monument will probably endure for many centuries .-Wide World Magazine.

DON'T GO INTO CONSUMPTION---

CURE YOUR CATARRH NOW When your throat rattles, your lungs and chest are sore, your throat is stuffed with cold-don't fear concould be better. Catarhozone is nature's own remedy. It heals and lungs, or bronchial trouble. Prescribed by many specialists and used by thousands every day. Get the dollar outfit, it lasts two months, and is guaranteed. Small size 50c; trial size 25c. Sold everywhere.

BULBS IN A BOWL.

An Easy Way to Cultivate Miniature Floating Gardens.

as crocuses, has been tried with good of unkindness in that simple sensuccess. After securing the bulbs the next thing is to get one or two rather large corks. Through these holes are bered and the bulbs fitted into the openings in such a way that the under side, from which the roots spring, is scar the lower part of the cork.

Now obtain a large shallow bowl and fill this with pure water. Float the corks, with the bulbs in place, on the surface and set the whole thing aside in a rather shady position for two or three weeks. At the end of this time it will be noticed that the roots are growing down into the water. Thencoforward a place in a sunny window should be selected.

The upper shoots of the bulbs will start to grow rapidly, and at this time it is a good plan to arrange a littl mess to hide the upper surface of the corks, or if preferred, however, grass or some other seed, such as cress, may be sown to provide a green covering.

There is nothing to do but to keep the bowl well supplied with water and chang this now and again. Finally the flowers emerge, and then the effect is extremely pretty. The bulbs may be planted, in this way any time up to early January, though naturally the sooner they are started the earlier they will bloom.—S. Leonard Bastin in St. Nicholas.

You must admit that the appropriation in question is much needed." "Yes," replied Mr. Grabwell. "And my particular community is the one that needs it. I may add that, such bein' the case, unless the appropriation is spent among us deservin' people, maybe there ain't goin' to be any appropriation."-Washington Star.

I bought a horse with a supposedly incurable ringbone for \$30.00. Cured him with \$1.00 worth of MINARD'S LINIMENT and sold him for \$85.00. Profit on Liniment, \$54.

MOISE DEROSCE. Hotel Keeper, St. Phillippe, Que.

A Bird's Barbed Wire Fences.

There is in Central America a brown wren about the size of a canary which builds a curious nest. It selects a small tree with horizontal branches prowing cless to ther. Across two of the bronches it has sticks fastened together with the floor until a platform about and feet hold by two feet wide has been constructed. On the end of this platform mearest the tree trunk it then builds a huge dome shaped nest a foot or so high with thick sides of interwoven thorns. A covered passageway is then made from eggs or young is assured.

Minard's Liniment Cures Garget in

Creditor-You say you can't pay me that twenty thousand you owe me. Why don't you marry Miss Oldgirl; she's worth twice that amount? Brokeleigh-Can't do that, old chap. But, I say; you might marry her yourself and pay me the difference.—Boston

Transcript. Many an Irishman preaches Home Rule, but his wife practices it.

ROBERT JUNOR 62 King St. East HAMILTON, --- ONT. CHINA, GLASSWARE

FURNITURE PORCELAIN

SPECIALTIES **DINNER SETS** IN "WEDGWOOD" AND

"MASON'S IRONSTONE"

A Queer Sentence.

A monkey exhibited at a museum established at Tacubava, Mexico, was condemned to be shot under judicial sentence. It seems that the animal bit a man, who died from the results of the bite. The family of the deceased brought complaint before a judge, sumption—use Catarrhozone and get who, was foolish enough to institute well. It clears the throat, cures criminal proceedings against the monhacking, relieves tight chest and sore key and sentenced him to be shot. ness in the bronchial tubes. To clear | Lnckily the manager of the massum away Catarrh of the nose, nothing brought influence to bear and sucseeded in obtaining a change of the sentence to perpetual imprisonment. soothes-cures every form of throat. The monkey is now enduring the punishment of his crime behind the tars of an iron cage at the museum. Minard's Liniment Cures Diphtheria.

No Pity There.

Undutiful boys may see themselves held up as before a mirror in the folin giving testimony in a court of justice, when asked some questions in A novel way of growing bulbs, such mother smile." There is a biography years or more.



INSTINCT OF BLACKBIRDS.

While residing in the country some years ago and walking out one evening, I found a nest of young blackbirds. The young birds were almost fledgad. Taking them nome with me, I put them in a cage and the next morning hung them out under a tree, and in about an hour I saw the old birds at the cage. evidently delighted to find their young. The old birds came regularly every two hours and fed them with worms and grubs. This continued for two days, the old birds trying all in their power to get the young ones out. On the third day I noticed the old birds bring a berry, which young ones, two of war died that evening and the rest next day. The old birds then left off coming. berries on examination proved to be the seeds of the Atropa belladonna or deadly nightshade. This convinced me of what I had heard about these birds destroying their young if allowed to feed them in imprisonment. I am told that other birds have the same instinct.-Liverpool Post.

She (romantically)-Would you risk your life for my sake? He (ardently)-I'd beard a lion in hie den with a cafety razor! -- Chicago Herald.

Knee Joint Stiff Three Years

Anyone we'll a man, a may recove dency through her have s man ly, and in my early days. Les. of 1139th ages were of remarkable beauty nully. About three weeks ago the pain wardly and outwardly. Religion manand stiffness settled in my left knee joint. I was lame and walked with a very distinct limp. Nerviline was the nest to the end of the platform brought to my notice and I rubbed it in as crooked a manner as possible. into the stiff joint four or five times a Across the outer end as well as at day. It dispelled every vestige of short intervals along the inside of this pain, reduced the swelling, took out tunnel/are placed cunning little fances the stiffness and gave me the full use of thorns with just enough space for of my limb again. I don't believe the owners to pass through. On going there is a pain-relieving remedy, not out this opening is closed by the a single liniment that can compare owner by placing thorns across the with Nerviline. I hope every person gateway, and thus the safety of the with pains, with sore back, with lameness, with lumbago, with neuralgia-I do hope they will try out Nerviline, which I am convinced will quickly

sold by any dealer, anywhere.

and permanently cure them." If Nerviline wasn't a wonderful painless remedy, if Nerviline dida quickly relieve, if Nerviline wasn't known to be a grand cure for all rhoumatic conditions, it wouldn't have been so largely used as a family remedy for the past forty years. No better, stronger, or more soothing liniment made. Get the large 50c. family size bottle; small trial size 25c.;

Uniting the Family.

How many households have a family hour—a definite time in the week when all the members of the family gather in perfect serenity for an interval of genuine communion? Although civilization brings many advantages in its train, it has the great fault of tending to disrupt family intercourse. Each member has too many individual activities. Fathers have their business; cons, their business or education; mothers, their domestic duties or ocial occupations: daughters, their tusiness, their education or their

All these things are right and wor thy in themselves, but they do not tend to weld the family. If members | W ANTED-HELP FOR WOOLLEN mill; Carders, Weavers, Fullers and tend to weld the family. If members of a family will make it a rule to devote themselves for one hour in the week wholly to one another the spirit of family life will be quickened and strengthened. Often the members of a ways work and steady work assured. We have several openings for inexperienced help, where energy and ability will bring promotion. Wages paid to apprentices while learning weaving. Special inducement to family workers. Write, strengthened. Often the members of a family pursue parallel courses that do not intersect. It is mere platitude to point out that great events—travel, marriage, death and the like--must inevitably cause disintegration. But so long as the family is together under one roof the spirit of union and common interests should be fostered .-Youth's Companion.

Absolutely Painless COPIS No cutting, no plasters or pads to press the sore spot. Putnam's Extractor Go! makes the corn go

out the sting overnight. Never failsleaves no scar. Get a 25c bottle of Putnam's Corn Extractor to-day.

The Earliest Maps.

It was among the Egyptians that the first maps appeared. They were wooden tablets on which land and sca, reads and rivers were fairly accurately outlined. The evidence of such maps is not only furnished in the old Egyptian papyrus rolls, but some of the actual maps have been discovered. lowing anecdote: A young Irish girl L was once contended that the Greeks were the inventors of the art of cartography, but it has been proved that reference to the prisoner, replied: "Ar- the Egyptians and Bablyionians onterah, sir, I'm sure he never made his dated them in this respect some 2,000

Minard's Liniment Cures Colds, Etc.

Altitude Lessens Power.

The curious fact has been demonstrated that high altitudes, apparently have a marked effect on the power obtainable from a gas engine. Recently one was erected several thousand feet above the sea level, but upon testing failed to give the desired power. An investigation followed, and the loss in power was attributed to the height at which the engine was operating. The general conclusion was reached that a gas engine loses about 1 per cent. of its indicated horsepower per 1,000 feet of elevation .- Popular Mechanics.

Minard's Liniment Cures Dictemper. Sincerity in Art

Only an honest book can live; only absolute sincerity can stand the test one small onion coarsely chopped and of time. Any selfish or secondary motive vitiates a work of art, as it vitiates a religious life. Indeed, I doubt value of the stable, fundamental human virtues and qualities-probity, directness, simplicity, sincerity, love. There are just as much room and need for the exercise of these qualities in the making of a book as in the buildng of a house or in a business career How conspicuous they are in all the enduring books-in Bunyan, in Walton, in Defoe, in the Bible! It is they that keep alive such a book as "Two Years Before the Mast." which Stevenson pronounced the best sea story in the language, as it undoubtedly is.-John Burroughs.

BETTER THAN SPANKING

Spanking does not cure children of cause for this trouble. Mrs. M. Summers, Box W. 8, Windsor, Ont., will tions. Send no money but write her today if your children trouble you in chances are it can't help it. This treatment also cures adults and aged peotroubled with urine difficulties by

JEWELED EOOKS.

Ancient Volumes Bound in Gold and Incrusted With Gems.

Dibliophilists will tell you that the pokbinding of the uncients has never been equaled, let alone surgassed; they had to lay ery, writes the take with machinery at and copper to the description is, the massive time, being carrie, in imper lal processions.

The books projected in the middle ages were of remarkable beauty nuscripts were enriched with illumina tions themselves, while their covers were of silver, gold or enamel, incrusted with gems. These books were generally bestowed as splendid gifts by bishops and princes on monastic houses and churches, where they tere laid on the altar or chained to

The dakes of Burgundy were renowned for their libraries. The "Boof Charels the Bold was bound in red velvet set with five large rubies. Another Burgundian book was velvet bound and set up with fifty eight pearls of great size. The library of Philip the Good of Burgundy surpassed al other book collections of the time. It contained nearly 10,000 volumes, at richly illuminated on vellum, with bindings of damask, satin and velvet, incrusted with jewels, with clasps of gold and gems.-Pearson's Weekly.

You can't make a vegetarian mad by telling him his goose is cooked.

ISSUE NO. 28, 1916

HELP WANTED.

GIRLS WILLING TO WORK ON British Army Orders, knitted underwear. Seamers, plain stitchers and learners. Bright, healthy employment, Good wages. Zimmerman Mfg. Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont.

WANTED — HOUSEMAIDS AND waitresses. Previous experience not necessary. Apply, "The Weiland", St. Catharines, Ontario.

W ANTED-YOUNG GIRL TO AS-sist with house work; wages \$15. Apply to Mrs. K. Bethune, 310 Queen street south, Hamilton, Ont.

MISCELLANEOUS.

WANTED-GIRLS OF GOOD EDUCA-tion to train for nurses. Apply. Wellandra Hospital. St. Catharines. Ont.

Prince Henry the Navigator.

The kingdom of Portugal counted in its royal house one of the men who told first rank in scientific attainment and practical application. He was the son of John I. of Portugal and Queen Philippa, who was an English princess. He spent his life in sending out ships without pain. Takes on voyages of discovery, and it was through this Prince Henry, called "the Navigator," that Columbus got his idea of seeking for a new land across

WANTED Platen and Cylinder

Press Feeders Steady Work; Union Wages.

APPLY TIMES JOB DEPARTMENT Hamilton, Ont.

FOR SALE A HIGH BRED, SOUND BAY HACKNEY

Well broken, thoroughly reliable, a lady can drive; also complete outfit, including phaeton and runabout. Apply, J. M. EASTWOOD,

Times Office, Hamilton.

Beefsteak Smothered in Tomatoes

Some day when the oven is being used for other cooking plan to have for dinner round or planked steak cooked with tomatoes, and for this dish either fresh or canned ones can be utilized. Place the steak in a slightly greased baking pan which has a close fitting cover. Cover it with tomatoes, sliced if fresh or just turned cut of the can if canned. Add also a small piece of bay leaf, together with salt and pepper. Cover the waple closely and cook for an hour and a if we fully appreciate the literary half without removing the cover of the baking dish. Add no water, as ti tomatoes are moist enough."

PERSONAL.

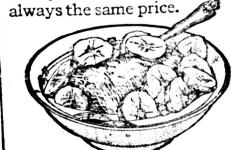
PERSONS SUFFERING OR THREAT-ened with tuberculosis, appendicitis. incigestion, constitution, dyspepsia, anorexia, hemorrhoids, weak stomach, liver, kidneys. Write for particulars. liver, kidneys. Write for particulars. John Galbraith, Cronyn Ave., Toronto. Canada.

Where He Made His Money. Years ago a gentleman settled in the

south of England and became very popular in the neighborhood. The county families could never discover how he had made his money, but were bed-wetting. There is a constitutional satisfied by his solemn assurance that it was not in trade. Nothing could exceed the ordinary gravity of the desend free to any mother her success- meanor which indeed caused him to ful home treatment, with full instruc- be placed on the commission of peace, but now and then, without any apparent provocation, he would burst into this way. Don't blame the child, the such a laugh as no one ever heard before except in one place. Where they could have heard it puzzled the county families for five and twenty years, but at last he was betrayed unconsciously by his own grandchild, who, after a visit to a travelling circus, innecently exclaimed, "Why, grandpa laughs just like the clown."—James Payn.

> Tottie Twinkletoes- Ihate to play to a papered house. An audience of deadheads is always cold. Polly Pink-tights-Yes, but think how but it would make those came deatheads !!

For Summer Camp or Bungalow-the ady-cooked, ready-to-at foodthat keeps in any climate, that supplies the greatest nutriment in smallest bulk, is Shredded Wheat Biscuit, the ideal Summer food, because it supplies everything the human body needs in a form that is easily and quickly digested. Combines deliciously with fresh fruits. Always clean, always pure,



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Highest Tri

GERMAN LOSSI

Two battleships che battleship o

The battle cruiser One battle-cruises One battle-cruiser its return was doub

Five light cruise (one possibly a batt Six destroyers see Three destroyers it is doubtful if the One submarine su

London, July 7.form the Lords Con Admiralty that the fleet was brought t 31st of May, 1916, to Jutland bank, off t

In these words John R. Jellicoe, co of the home fleets, o the Admiralty on which there has bee "The battle-cruise

led by Vice-Admiral mirably supported by fifth battle squadron miral Evan-Thomas. tion under, at times conditions, especially light, in a manner t ing with the best tr service," Admiral Jet Without maps and

the details of the re made clear. It stat of ships and comm which took part in been withheld from the present in accor

usual practice." Admiral Jellicoe es man losses at two b Dreadnought type: LIST IS A MINIM Deutschland type, wh sink—one of them pe ship; six destroyers. three destroyers so d reach port, and a si Commenting on this,

"The conditions of under which the da place, and the approa enhanced the difficul accurate report of the ed or the name of the our forces, after a n am nation of the evid officers who testified vessels actually sink. interviews with a larg these officers. I am that the list shown in gives the minimum n it is possible it is not gards the particular c especially those which ing the night attack. the vessels sunk it is

that many other ships riously damaged by gr pedo attack. "The enemy fought lantry that was expected particularly admired th those on board a disa light cruiser which pas British line shortly aft under a heavy fire, while ed by the only gun left conduct of the officers

entirely beyond praise. The hardest fighting i tle-cruiser fleet, says licoe, the units of whi heavily armored than ent, and he expresses tion of the handling of : and commends Admiral ram, Sturdee, Evan-Th and Leveson, and contin

BEATTY'S FINE LE. "Vice-Admiral Sir once again showed his of gallant leadersnip, tir tion and correct strategic appreciated situations :

forces, then his battle-cr his battleships." Vice-Admiral Beatty's Admiral Jellicoe particula the work of the Enga mander Robinson, which Warrior 75 miles during May 31. He speaks glow splendid control and dril vailed aboard the British "Our superiority over the this respect was very n

efficiency becoming rapi under punishment, while maintained throughout. FORTITUDE OF WO "The fortitude of the we admirable. A boy of the John Travers Cornwall, o ter, was mortally wound the action. lie neverthel ed standing alone at a n

post quietly awaiting order end of the action, with the dead or wounded all arous age was under sixteen as years. I regret that he died. I recommend his co cial recognition, in justice ory and as an acknowledge high example set by him.' Extracts from Vice-Adn

ty's report give the cours before the battle fleet ca