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stir into them on sugar, one tablespon--half teaspoonful of teaspoonful of nuts into two quarts of Pour in baking dish; te oven until custard rm in the centre. This great deal of custard, vs cut down the amnts if desired.

ERING OR THREAT-perculosis, appendicitis, rhoids, weak stomach,
Write for particulars. ronyn Ave., Toronto,

osity of Dolan. were discussing the

SONAL.

"Sure. Dolan was s assented Mike. "A

ful man was Dolan. nan was Dolan. the er, knew," echoed

ginerous man, too, d vo say? Well, I

you anything?" said Malachi, nd in thought, "One o Casev's barroom e friends was drinkto us. Well, men. int to have-rain of

uch about that. Did

a Lacy Liver by give temporary he pill habit is no it. It will put the business in timeeverything else f business. Get habit by eating Wheat Biscuit. ot-weather food. ns more digestible. g, muscle-buildthan beefsteak le tasty, delicious the baked wheat

joy and stomach It supplies the of nutriment in lk, and its daily

he bowels healthy For breakfast or cream, or for vith fresh fruits. in Canada "

HUNS WERE IN AWFUL PLIGHT

Fire On Contalmaison.

No Food—Fleeing Foe in Merchant Sub's. Supply is Teutons' Failure Was in Troops Being Moved to Many Months Before Most With Advice for Combatting Deadly Fire Curtain.

With the British Armies in France, July 11, via London, July 12.-Contalmaison village is again in British possession. It was already hemmed in on both sides, and by bombing attacks Mametz wood, to the right, has been almost cleared of Germans.

The Germans in Contalmaison knew their position was hopeless. When the British guns were lifted they heard the cheers of the British infantry on both sides of the village, and many of them streamed out of the village in a disorderly retreat, only to be caught behind by extended barrages, so their

rout became a shambles. The British were sent quickly into the village, and made a thorough search of the machine-gun emplacaments and dugouts. The men left in Containaison were in a dreadful state, having suffered to the very brink of human endurance and beyond. They were surprised to find themselves alive enough to be taken prisoners.

One man told a tragic tale. With the other men of the 122nd Bavarian Regiment he went to Confalmaison five days ago. Soon the rations they had brought were finished, and owing to the ceaseless British gunfire, it was impossible to get fresh supplies. They suffered great agonies from thirst, and the numbers of dead and wounded increased steadily.

There was a hole in the ground," said this German, whose head was bound with a bloody bandage. "It was a dark hole, which held twenty men, all lying in a heap together, and tained from New Caledonia, which is Gen. Cadorna had some fifty? Why was the only dugout for my company. So is was necessary to take turns in the shelter, while outside the British shells were bursting everywhere.

"Two or three men were dragged out to make room for others. Then those who went outside were killed or wounded. Some had their heads blown off. Some both legs forn off, and some their arms, but we went on taking turns in the hole, although those who went outside knew that it was their turn to die, very likely.

"At last most of those who came into the hole were wounded, some badly; some were lying in blood. "There was only one surgeon. He bandaged some of us, until he had no

more bandages. "The last night we knew the end was coming. Our guns began to fire all together-the dreadful 'drum fire' we call it—and the shells smashed upon the earth about us.

ing and then we heard the British solshouting. Presently two came down into the hole. They had their peckets full of bombs and some in their hands also, and they seemed to And Fumin Wood—Gun wender whether they would kill us. but we were nearly all wounded, and we cried 'Kameraden,' and now we are prisoners."

Other prisoners said the effect of the British fire was terrible at Con- fighting has brought the Germans talmaison, and at least half of the men holding it were killed or wounded, so that when the British soldiers

entered they walked over bodies. Those who escaped were in a pitiful condition. Many lay on the ground, utterly exhausted, with their faces to forward his infantry. Under a fire the earth to blot out the vision of the things they had seen.

Documents captured in the dugouts tell the full horror of the bombardment.

"We are quite shut off from the rest of the world," wrote one German soldier the day before the attack. "The British keep up such a barrage fire on our approaches. It is terrible. "To-morrow morning it will be

seven days since the bombardment began. We cannot hold out much longer. Everything is shot to pieces." Many men speak of the torture of thirst they suffered during the bom-

bardment. "Every one of these five days became a year. Hunger and thirst con-tributed their share. Hunger can be well borne, but thirst makes one almost mad. Luckily it rained yesterday. The water in the shell holes, mixed with the yellow shell sulphur, tarted as good as beer."

BRITISH PATROL BOATS ARE SUNK

Berlin Cable. (By wireless to Sayville)—The Austrian Admiralty announced to-day that an Austrian cruiser had sunk four or five British armored patrol boats. Only nine men from the British vessels were rescued.

The announcement follows: "Our cruiser Novara met a group of four, or, according to the declarations active. On the night of July 10-11, of prisoners, five, armored British patrol boats off Otranto road (at the lower end of the Adriatic). All the patrol boats were destroyed by artil- Han le Fere and Chauny. lery fire. All the steamers sank in fismes, three of them after the explo-sion of their boilers. The Novara was able to rescue only nine members of the British crews."

The Novara is a scout' cruiser of 3,384 tons displacement. She has figured in several engagements in the Adriatic. The Strait of Otranto is between the heel of Italy and the Albanfan coast, connecting the Adriatic and

CANNOT OBTAIN SAYS AUSTRIA: VERDUN GAINS 15 WARSHIPS CANADA NICKEL

Huns Will Get None.

From Elsewhere.

Ottawa Report.—A Government statement issued to-day asserts that cable).-In an article entitled "Why there is no foundation for the state- Austria Struck," a Times corresponments appearing in the press to the dent, presumably Colonel Repington, effect that the German merchant sub- writes from the Italian front: marine now at Baltimore will include in her return cargo nickel refined in Italian or foreign press an appreciathe United States, from Canadian tion of the Trentino according with mines. The German submarine may my views. The popular view is that possibly take back nickel to Germany, but it will not be refined from the Canadian matte; it will be from some ores refined by companies other than the International Nickel Company, which is alone licensed to handle the Canadian ores, and which supplies nickel only to Great Britain or the Allies or United States users manufacturing guns, rifles and munitions

for the allied nations. The allegation that any nickel carried by the German submarine from the United States must necessarily be the product of Canadian ore is based on a misconception of the facts. Major Graham A. Bell, who since the early vasion of the plains and the interrupmenths of the war has been entrusted under arrangement of the British and Canadian Governments with the cuty of supervising the destination and use of all nickel refined in the United States from Canadian ore, has made the following report to the Government:

"There is a considerable quantity excellent dispositions of Gen. Cadorna. of nickel ores obtained through He adds: various copper zincs in the United States. This ore is re and principally by the American Sme-ing & Refinery invade Italy with fifteen divisions, Co. There is also nickel ore ob- when they must have known that refined by the United States Nickel did the Austrians retreat? Because Company of New Brunswick, New Jersey. The quantity, of course, does not compare with the tonnage manufactured from Canadian ores, but there are some hundreds of tons of refined nickel produced yearly from these sources.'

The Government's statement adds that the British Government is satisfied that the precautions taken are sufficient to prevent the enemy from receiving nickel supplies derived from the Canadian ores.

"We stayed down in the hole wait- Get a Foothold in the Dam- strong enough to block the Trentino

Duels Continue.

London Cable.—A day of furious is unbounded. But war is a serious closer to Verdun. On a front of three miles northeast of the fortress, extending from Fleury past Damloup, the Crown Prince, after a four-days' bombardment, this afternoon threw which cost them serious losses, the Germans broke through the French lines, gaining a foothold in the Damloup position and in the Fumin Wood, where their wedge makes its closest

approach to the Verdun citadel. The Crown Prince then renewed with increased violence his bombardment of this region, the climax coming this afternoon. The new attack

was launched with stronger forces. The Germans now have under fire the French second lines on the whole front of attack, apparently in preparation for another attack.

FRENCH REPORT. Paris Cable.—Tuesday night's tion during the day indicating that official communication reads: "On the right bank of the Meuse the Germans this morning renewed their attacks on the front of the the German submarine Deutschland Fleury Station, the Vaux Wood,

Chapitre and Chenois. "After several fruitless attempts, which cost them heavy losses, the enemy succeeded in gaining a noting warships and also acted as a tender. in the Damloup Battery and in some elements of our line in the Fumin Wood. The bombardment is being maintained intensely in the whole

"On the left bank there was less artillery activity. The usual cannonading occurred on the rest of the

"In the region of the Somme our aeroplanes were engaged in fourteen combats yesterday. Four enemy machines, seriously hit by our mitrailleuses, were compelled to plunge abruptly. One of our pilots was able to bring back his machine aflame to our lines and make a landing without

"Our bombing squadrons have been 220 shells were dropped on various railway stations where activity was reported, particularly on those at

HUN ADMIRAL DISGRACED. London, July 14.—A wireless despatch from Zurich states—that Admiral you Holtzendorff, recently retired, has been recalled and attached to the German Ad-

mirality Staff.

This appointment, the despatch adds, is regarded in Berlin as a rebuke to the Admiral'e conduct in the recent battle with the British fleet off Jutland, and an official admission that the outcom was not a German victory.

Nell-Mrs. Bargainhunter is terri-It's all right to be considerate of hadn't heard. What has happened your friends, but many a man has Nell—She has always been passionate-

NOT ROUTED ARE USELESS

When British Centred Their Dominion Government Says British Correspondent On Three French Forts Sweep Terrible Punishment of Ger- Provincial Health Officer Damloup Battery.

Somme Front.

the Italian Offensive.

Time Chosen.

this campaign of 1916 so far.

"The second blunder was the mo-

was generally supposed to be the in-

tion of the lines of communication

raised. In Italy, as abroad, persons

The correspondent says he did not

"The Austrians vretired mainly at

they had effected their object, which

was to compel Gen. Cadorna to make

fresh dispositions, and so prevent the

delivery of a serious attack on the

Isonzo simultaneously with the Allied

"Where the Austrians failed was in

the time chosen. Had General Konrad

waited until Gen. Cadorna was deeply-

committed to the attack on the Is-

cazo, I think the effect of the Tren-

tino sortie might have been serious, it

is a blessing disguised, not deferred.

for time in order to wait for her main

objective. If they can hold the Italians

in the hills another two months, the

snow will begin to fall, and the best

of the season of 1916 will be passed."

the Trentino unconquerable, but

thinks it is not worth cost. He believes

in the wisdom of General Cadorna's

original scheme, and thinks Italy

and continue the general scheme of the

war concerted between the Allies, to

redeem the southern Tyrol at Vienna,

"We British," he concludes, "dearly

love Italy and the Italians. When we

see the Italian armies with light

heart and swift stroke chasing the

Tedeschi out of Italy, our enthusiasm

business, and the head must rule, not

WAS CONVOYED

Neutral Merchantman

Shielded Her in Passage.

Allies May Request an In-

vestigation.

for the convoy ship.

convoy of a steamer.

news of her sailing.

Washington Report.-Diplomats of

Various rumors indicating that the

The State Department already has

submarine might have had a convoy

have reached the State Department,

DEUTSCHLAND

and not at Trent.

The correspondent does not consider

I think the Austrians are playing

spoke of the "Austrian rout."

tion.

with the Izonzo.

offensive.

London Cable.-(New York Herald Paris Cable.—Although the battle in Picardy, which has been raging for ten days, is absorbing most of the attention of the German commanders, they were able to-day to revive the "I have not seen anywhere in the struggle at Verdun, making some advance there, and delivering several sharp local attacks in the Lorraine the Austrians have been fools, and and Vosges sections, probably to contheir armies routed. Austria certainly ceal the transfer of troops to the has made two very great blunders in

Somme region. Having maintained their grip on the "The first was her under-estimation Thiaumont work, but failed to deof the recorded power of Russia, one bouch therefrom, the Germans nov of those fatal mistakes apt to ruin are trying to push forward their left both an army and a cause. The blunflank. Their artillery was busy all der was probably of German inspiraday yesterday, all night, and this morning they worked up the bombardment to a pitch equal to any that ment chosen for the Austrian blow. has gone before. Then the bombard-One must give the Austrians full credit for the skill of their organized ment ceased, making way for the inforces in the Trentino, and the vigor fantry.

One column fought to work its way of the blow. What was the object? It along the railroad which runs around Hill 320 towards the Fleury station, situated in the eastern extremity of the village, but it melted away before "Consequently, when the plains were the French fire, as did another colnot invaded, a shout of triumph was

umn attacking Chapitre wood. Columns debouching from: Vaux fort, however, succeeded in getting a bare footing after intense fighting in see any rout, much as he admired the the Fumin wood to the west, and in the ruined Damloup battery, one of the subsidiary outer defences of Verdun, which lies three-cuarters of a night. It is like that they expected to mile southwest of the village, on the edge of the Laufee plateau.

The advantage which the Germans obtained was not great, since the battery is swept by guns from Souville, Travannes and Bourvaux.

The day's operations on the Somme were confined to completing the work of Sunday and yesterday of clearing the Germans out of these few isolated resitions they still held in the bend of the Somme opposite Peronne. The French troops on the north of the Scmme are continuing their preparation for the next move.

HUNS LOST 2 **DREADNOUGHTS**

Washington, Report.-An Admiralty cablegram to the British proof has been found that two great German Dreadnoughts, Kaiser and Kron Prinz, were sunk by torpedoes during the battle of Jutland, and that they now have been added to the official list of German ships de-

The Kaiser was of 24,700 tons displacement, and carried ten 12-inch, fifty calibre guns. The Kron Prinz carried ten 12inch forty-five calibre guns. She displaced 25,575 tons.

BIG RUSS GAIN.

Turks Driven From Heights East of Baiburt.

Petrograd Cable.-Important successes for the Russians in the Caucathe allied countries received informa. sus are announced in the official communication issued by the War Office to the Chesapeake Capes by a neutral to-night. The text of the statement follows:

merchantman, presumably Norwegian, "After hand-to-hand combats the Turks were driven from heights east was convoyed from Bremen almost of Baiburt, and are now retreating. Swedish or Dutch, which aided in "Our offensive west of Mamakhatun shielding her from detection by enemy continues successfully. After a violent might battle we occupied a series of This information may be communicatheights southeast of Mamakhatun. The Turks attempted to take the ofed later to the State Department and investigation requested. Allied warfensive, but were thrown back. Pressships are said now to be searching ing closely upon the enemy, we took the villages of Djetjeti and Almali."

TWO GIRLS DROWN.

but none of them was ever given credence. One was that a British steamer which put into the Madeira Islands Whitby Ladies Lose Lives had sighted on June 23 in the Atlantic While Bathing. a large submarine bound eastward in

begun consideration of questions in-Whitby, Cable.—A double drownvolving the departure of the Deutschland. To prevent violation of neutraliinto glom occurred this afternoon at ty by forwarding of military information from this country regarding the Deutschland's movements, officials are considering whether the Government should prevent dissemination of ser, a granddaughter of Mrs. Bath, of be the best proof that no party gain U. S. METHODS FOR AUSTRALIA. Whitby, with whom she was visiting, has been obtained by either side. London, Cable.-The Government of the Commonwealth of Australia has decided to appoint a commission to go to the United States to investigate methods curred during a picnic held by a Sunday school class. The girls were all so far from bringing peace, can only of manufacture and production and con-ditions of employment, says a Reuter despatch, from Melbourne. in swimming, and Miss Nevin, who bring a sword to Ireland. To make Australia independent of outwas a good swimmer, was out farside sources for cables and metal ropes, the despatch adds, it is proposed to establish a Government cable works. ther than the others. She evidently took a cramp or became nervous, for she called for assistance, which was Home Rule must come, he suggests at once proffered by Evelyn Ridge, that the Canadian plan of provincial "Baseball is a remarkable game." I "How now?" "A man who has spent though herself not a very good swim-ed his last 50 cents for a seat on the mer. They were only about ten feet bleacher feels perfectly at liberty to from shore when both went down. his health drinking to other ly fond of shopping, and now she finds advise a player who is getting \$10,000 | Their comrades, being unable to that even where the exits are conshe is suddenly color blind, a year."—Kansas City Journal. swim, could not go to their help. swim, could not go to their help.

mans in Jutland Battle.

Can Fight Again.

Rotterdam Cable.—From reliable sources information has been received proving that tremendous punishment was inflicted upon the German fleet in the naval battle off Jutland.

The following fifteen warships are repairing in various shipyards: The dreadnoughts Koenig, Grasser Kurfurst, Markgraf, Kaiserin and Kaiser.

The older battleships Rheinland and lessen.

The battle cruisers Seydlitz, Moltke, Derflinger, Von Der Tann. The light cruisers Regensburg, Stet- pected.

tin, Koln and Frankfurt. It is also stated that the Stuttgart and Munchen are repairing, but no lough, "it is believed that infantile confirmation of this can be obtained. paralysis is spread from one child to Every one of these vessels was more or less battered. It will be months before most, if any, of them will be ready to seek another such "vic-

MANY SHARKS

Seven Seen Together in Raritan Bay.

Summer Resorts Are Being Deserted.

New York, Report.-A flock of seven sharks was seen by fishermen this morning in Raritan Bay. The utmost consternation that has reigned in all of the nearby bathing resorts and along the entire Jersey coast assumed panicky proportions since the killing yesterday of two men and an attack on a boy by

of two men and an attack on a boy by two man-eaters. Six of the monsters were to-day seen speeding into the bay while another was found struggling in the meshes of a net.

One of the two sharks that yesterday crussed the death of two men and nipped away the calf of a boy's leg is believed to have been trapped in Matawan Croek, where the tragedy took place. One of a party of shark-hunters reported to-day that he saw the shark's fin within twenty feet of the spot where the attacks took place. place.
Two big charges of dynamite were

dropped at once, and men, armed with rifles, stood ready along the banks of the creek to shoot the sea monster in case he was blown to the surface.

Beaches fameus for their bathing advertises where the creek is the creek to shoot the sea monster in case he was blown to the surface.

Beaches fameus for their bathing advertises where the creek is the case of the provincial board.

8. Mild cases, showing slight needs

HEROIC RESCUE.

Niagara Falls Man Brings Swimmer From Whirlpool

Niagara Falls, Ont., Report. ---- Prohas taken place in this district in some time occurred on Sunday afternoon, when Lawrence Kelly of this city rescued D. A. Sanson, a Bridge street barber, from death in the whirlpool. There has apparently been an effort made to keep the occurrence a secret, as it was heard of only to-day Sanson was in swimming with several other men, when he was overcome by a cramp. The swift current carried him out into the pool, when Kelly went to the rescue he was about one hundred feet from shore. He went down twice and was gradually losing consciousness when Kelly reached him and towed him to shore. There is a movement under way to secure a Carnegie hero medal and the Royal Canadian Humane Society

BACK ASQUITH.

British Press Approves Home Rule Statement.

approval which is expressed in regard to Premier Asquith's Home Rule statement is another indication of the extent to which the external struggle has reprisal Germany had sent some Britobliterated internal strife. With cer- ish prisoners into captured territory. tain reservations, the London Press acquiesces in the main argument that this is an opportune moment to remove the peril of future strife.

The Times says that the war has made civil war unthinkable, and hopes that this new solidarity of the ing accident that has cast the town Ministers will mark the end of some mischievous attempts to make unnecessary trouble. It also warns Storey's Point, on the lake shore, near against attempts to confound this spehere. Two young girls, Evelyn El- cial emergency measure for Ireland vidge, aged about 16, daughter of Pub- with the normal development of selflie School Principal and Mrs. W. L. government in the dominions overseas. The Telegraph, in a guarded edi-Elvidge, and Clara Nevin, of Wind- torial, finds the lack of enthusiasm to were the victims. The accident oc- cilable. It talks about, "Asquith's soft soap," and asserts that the proposal

> In a letter to the Post, Canon Is borne Troop expresses the hope that the union may be perpetuated, but if and Federal Governments be adopted.

> A broken engagement demonstrates cerned, love will find a way.

Issues a Warning

an Epidemic.

Foronto Report. Observing the legend that "an ounce of prevention is better than a pound of cure," Dr. L W. S. McCullough, provincial chief officer of health, yesterday issued a warning builtein urging citizens throughout Ontario to guard against the possibility of an outbreak in Onturio of the epidemic of infantile paraiysis which is raging in some cities in the United States. Major McCullough stated that in one town in Ontario-the name of which he did not care to disclose several cases had been reported, while others are sua-

"While the cause of the disease in as yet unknown," said Major McCulanother by means of the secretions of the nose and mouth by direct transfer. It is possible also that it is spread by flies which have been in contact with intestinal discharges. It may become widespread in country as well as in crowded city districts, and persons who have been in contact with cases of the disease may harbor the contagion and give it to others without contracting the disease themselves, That is, they are 'carriers.'"

DR. M'CULLOUGH'S SUGGESTIONS Major McCullough suggests that the following methods be adopted to avoid an epidemic:

1. Every case must be quarantined for a period of six weeks. 2. All children who have been in

contact with a case must be quarantined and kept under observation for a period of two weeks. 3 Adult members of the family whe are wage earners may be allowed to go about their work subject to the

regulations of the Provincial Board and on the discretion of the medical officer of health. 4'. Where there is an outbreak, gath erings of children, such as picnics picture shows and playgrounds, should

be prohibited. 5. The source of origin of each cast should be carefully inquired into in order that proper quarantine may be

maintained. 6. In houses where cases appear, all doors and windows should be screen ed the premises kept clean and accumulation of garbage or waste per-

7. All cases should be at once note

8. Mild cases, showing slight ventages were deserted to-day. The dread of the sharks has caused inestinated damage to the seashore establishments. At many places were barriers are being erected and the shore is patroled of paralysis, should be quarantined. The ache, rise of temperature and vomis These are probably one of the chie

sources of contagion. 9. As infantile paralysis is a mose serious disease and in the present epidemic giving a high death rate, the public is urged to second the efforts of the authorities in every way in order to prevent a severe outbreak in

the province. 10. All materials, such as cloths. bably the most heroic action which charges frem patients should be etc., carrying secretions and dis-

burned, boiled or disinfected. . If the disease shows any tendency te spread special quarantine measures may be necessary.

30,000 ALIENS IN EASY LIFE

Interned, Idle, in Britain, Owing to Workers' Views

Will be Grave Problem When War Ends.

London Cable.—Baron Newton Under secretary for Foreign Alfairs explaining in the House of Lords today how 20,000 German prisoners of war are being employed in timber camps and quarries, in making roads London Cable. The very general and other duties, and how others had been sent to France to be employed in accordance with the provisions of The Hague convention, said that as & where they were badly freated. He said that officials of the United States Embassy in Berlin had been barred from visiting their camps.

Lord Newton also commented on the 'spirit of stupidity and ignorance fortered by a certain section of the press." All attempts to employ the more than 30,000 interned aliens in Great Britain had proved hopeless, he seclared. Baron Newton said he had tried to induce the Government to enploy some of these men, but was immediately threate a with a strike of something like 30,000 men.

Unless a more intelligent spirit provailed, Baron Newton asserted, the end of the war would find Great Britain with thousands of these aliens still behind barbed wire, demoralized and broken in health, and constituting a serious problem after peace.

VILLISTAS FIGHT CARRANZISTAS Chihuahua City, Mex., Report. Heavy fighting is in progress between de facto Government troops under General Ernesto Garcia and a large force of Villa bandits at Cerro Blanco, a few miles below Parral, according to despatches received to-day by General Jacinto Trevino.