

DRS. SOPER & WHITE



SPECIALISTS
Piles, Cancer, Asthma, Colic, Rheumatism, Epilepsy, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases.

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Consultation Free

DRS. SOPER & WHITE
45 Toronto St., Toronto, Ont.

Please Mention This Paper.

TENDER FRUITS

Bulletins On Pre-Cooling, Shipment and Cold Storage.

Two most seasonal bulletins have been issued by the Dairy and Cold Storage Branch of the Federal Department of Agriculture bearing upon the pre-cooling, shipment and cold storage of tender fruit. Both bulletins can be had free on application to the Publications Branch of the Department at Ottawa.

In the first of these publications Edwin Smith, B. Sc., in charge of the pre-cooling station at Grimsby, Ont., gives details and advice regarding the pre-cooling of fruit, along with results obtained from experiments. It was only in 1914 that the pre-cooling and fruit storage plant was established at Grimsby. Since that time extensive tests have been carried on regarding conditions for shipment and temperature at various stages in transit. Results and observations are given relative to all kinds of fruit, including tomatoes, and not only in reference to transportation, but also as to the effect on marketing. During 1913, this bulletin states, the fruit laid on the ground rotted in Ontario, the Dominion of Canada imported huge quantities of peaches, plums, grapes, pears, apricots, etc., from the United States, owing to the better and more prevalent care that had been taken. By following the sound contained in this bulletin this state of things will be avoided. Rates, rules and regulations for pre-cooling and storage are supplied.

The second bulletin, for which J. M. Freeman, B. S. A., shares with Mr. Smith the responsibility, not only deals further with pre-cooling investigations, but also goes fully into methods of packing, shipping and storing tender fruit, tomatoes, corn and cucumbers. Both bulletins are suitably illustrated and should command the earnest attention of fruit growers and shippers.

Minard's Liniment for sale everywhere

Varieties of Wrens.

There are many varieties of wrens, more than 150 species in both hemispheres, and they are grouped under the general term "Troglodytes," which is Greek meaning "one that creeps into holes."

The common wren of Europe, which is very like our best known wren, has many pet names. The French give it more than a hundred endearing names, and Germany, Italy and other countries have done nearly as well. In the folklore of those countries the wren is credited with being a transformed fairy and with an amount of wisdom far greater than its size would indicate.

GOOD RICH BLOOD MEANS GOOD HEALTH

Just a Little More Rich, Red Blood Cures Most Ailments.

The lack of sufficient rich, red blood does not end merely in a pale complexion. It is much more serious. Bloodless people are tired, languid, run-down folk who do not enjoy life. Food does not nourish, there's indigestion, heart palpitation, headache, backache, and nearly always nervousness. If this bloodlessness is neglected too long, a decline is sure to follow. Just a little more rich, red blood cures all these troubles. Then you have new health, new vitality and pleasure in life. To get more rich, red blood the remedy is Dr. Williams' Pink Pills. No other medicine increases and enriches the blood so quickly or so surely. This is not a mere claim. Dr. Williams' Pink Pills have done this over and over again throughout the world, and over again throughout the world of people always have a good word to say for this medicine. Miss Gertrude Heather, Kingston, Ont., says: "About two years ago I was suffering greatly with anaemia, so much so that I had to give up my situation. I became so weak that I could scarcely walk without help. I had no ambition, no color, no appetite and was constantly troubled with head aches and dizzy spells. I was taking medicine from the doctor, but it did not do me a particle of good. One day a friend asked me if I had tried Dr. Williams' Pink Pills. Though as the result of my condition I was greatly discouraged, I began the use of the Pills, and thanks to that good friend's advice after using a few boxes I began to feel much better. I was the continued use of the pills I gained in weight, my color came back and I grew gradually stronger. I look so much better that people would ask me what I was taking and I had no hesitation in giving the credit to Dr. Williams' Pink Pills. I am so grateful for what this medicine has done for me that I will do all I can to extend its use."

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Springfield, Mass.

MAKING WATCHES.

Wonderful Feats That Are Performed by Modern Machinery.

The rapidity with which watches are nowadays manufactured has been made possible by the ingenious machinery designed within recent years for the making of all parts of a watch. The speed with which these various parts are turned out is little short of marvelous. Great sheets of brass and steel are cut and rolled into ribbons and punched out into wheels at the rate of 10,000 a day from each punching machine. Workers drill the thirty-one holes in the roof of the watch as fast as they can count.

Brass wire glides into a machine that measures off the length of a part, turns it, puts a screw thread on each end and actually screws it in at the rate of 2,000 a day.

The screws are of such tiny size that fifty gross of them may be put in a woman's thimble, while of others there are a thousand gross to the pound.

Balances are cut from the solid steel, ground down, worked up and drilled with their twenty-five screw holes apiece, at the rate of 100 wheels a day from each machine.

Wheels have their teeth cut, a couple of dozen at a time, some with from sixty to eighty teeth, at the rate of 1,200 wheels a day from each machine. Harper's Weekly.

Irritable Nerves Restored And Health Regained In a Simple Way

The man or woman who is run-down, not feeling up to the mark, perhaps irritable, nervous or sleepless can well afford to learn about the wonderful results the newly discovered blood-food is giving to folks that use it.

There is wonderful power in this new blood-food, and every weak, pale person can be quickly nourished back to health that uses it as directed.

After each meal, with a sip or two of water, you simply take two little chocolate-coated tablets, sold in all drug stores under the name of "Ferrozone."

The effect is noticeable at once. You feel happier, brighter, more contented. That old-time feeling of weariness departs—you forget your "nerves" and no longer get irritable or cross over trifling annoyances. There is a reason for this change and that reason consists of the fact that Ferrozone contains blood-making materials you can get in no other way.

Ferrozone makes the blood thick and sing with new vitality. This ensures lots of nourishment and strength being supplied to every part of the body.

No wonder the eyes brighten and the cheeks radiate color and happiness. With abundance of strength, a keen appetite, good digestion and plenty of sound sleep—all the result of Ferrozone—you quickly feel as if life held new charms and pleasures.

The cost of the service was about fifteen thousand dollars, and its destination, when completed was the palace of Tzarso-selo, near St. Petersburg. It was much-talked-of at the time, but gradually went out of sight, and little was heard of it during the last century.

About ten years ago the writer of these notes compiled memoranda upon the subject, and photographed what was then supposed to be the only remains of the service—five plates owned by members of the Wedgwood family. Subsequent inquiries at the Russian court led to a search among the Imperial Palaces, and some eight hundred well preserved specimens were unearthed, a portion of which were later exhibited in London, Eng.

The order was for a vast "creamware" service for every purpose of the table, and the writer is of opinion there never has been a table service produced, in any kind of ware, in which so many new forms were first introduced as in the "Great Russian Service." Each piece was to bear a different scene, and as the service was for use at the "Grenouillere" (a part of the Palace of Tzarso-selo), a child and a frog were to be painted on the underside as a distinctive mark.

The "child" part of the crest was later on countermanded and the "frog" (grenouille) appeared, painted green, within a shield, inserted into the border which ran around the rim of each piece of ware, instead of underneath, thus forming part of the decoration.

The production of a service of such high character and liberal proportions opened up paths leading to the betterment of the pottery industry of the end of the eighteenth century, and its effect upon art industries generally was beneficial and lasting. For the modeller it largely extended the range of shapes and articles required for table purposes; to the decorator it meant the infusion of new blood and the adoption of new methods of treatment, as the decoration being mainly of the picture order and requiring the services of a greater number of artists than were available, with pottery-painting experiences, other branches of art had to be requisitioned.

The situation is summed up in the words of the Wedgwood catalogue:

HOW TO KEEP YOURSELF LOOKING YOUNG

It has been proven that the woman who protects her skin will keep herself free from wrinkles and marks of age far longer than the woman who says "Oh no, I never do anything for my complexion."

If your skin is not naturally clear and fresh, or if it has suffered from inattention—worry—sickness—age or the ravages of wind, sun and weather, the regular and persistent use of USIT will soon restore to your complexion its natural color and freshness.

USIT is a valuable formula of an old and famous beauty secret. It feeds and nourishes the skin, wards off wrinkles and makes the complexion clear, smooth and faultless. It is not necessary to use any other treatment during the day. Apply USIT at night before retiring, and it will tone the skin and give that silky softness and glowing freshness that alone indicates perfect skin health.

USIT is put up in handsome opal bottles. It may be secured through T. Eaton Co., Limited, 1001 Bloor St. W., Toronto, and other high-class Drug Stores, or direct from us. Send 12 cents (the war tax) today for trial bottle sufficient for six weeks' use. See our exhibit at National Exhibition, Toronto.

USIT MFG. CO., LTD., Toronto, Ont.

to his partner, Thomas Bentley: "Dare you undertake to paint the most embellished views, the most beautiful Landscapes, with Gothic Ruins, Grecian Temples, and the most Elegant Buildings, with the most noble attempts beyond Hut and Windmills upon Dutch Tile at three-halfpence a doz.? And this, too, for the first Empire in the World? Well, if you dare attempt and can succeed in this, tell me no more of your Alexanders, nor of your Prometheuses either, for surely it is more to make Artists than mere men."

Minard's Liniment Cures Dandruff.

A CIVIC ALPHABET.

A—Abandon the care of your back yard and you pave the way for typhoid fever.

B—Better observe a general "clean-up day" this year than have cause for regret hereafter.

C—Civic improvement calls for the best efforts of humanity.

D—Do your work well and disregard the critic.

E—Educate persons not to throw paper or trash on the street, but to place it in receptacles.

F—Fire prevention saves life and property.

G—Good roads will add materially to the prosperity of your town.

H—Hearty co-operation of citizens and club members in work undertaken will effect wonderful results.

I—Improve school rooms and grounds so they will be attractive to both children and citizens.

J—Join civic improvement clubs.

K—Knock on the unsightly billboard and continue to knock.

L—Lead a crusade for the city beautiful.

M—Make your club a factor in your town life.

N—Never say quit when it is a question of health and beauty for your home town.

O—On with beauty, cleanliness and health.

P—Push, pull and perseverance will make your town a model.

Q—Quit criticising and begin working.

R—Request the city authorities to enforce the sanitary laws.

S—See that your premises are above criticism.

T—The tin can districts become germ breeders; banish them from your town.

U—Use every effort to have all eatables that are exposed for sale screened.

V—Vines and roses will beautify your premises.

W—Wage war on flies, mosquitoes and weeds, for they carry and cause disease.

X—Xpect help from every person in the efforts to make your town sanitary.

Y—You are responsible for the appearance of one part of your town. Don't forget that.

Z—Zeal exhibited at the annual clean-up day will put your town in a sanitary condition.—From American Club Woman.

A FRIGHTFUL DEATH SUFFOCATED IN ASTHMA ATTACK

Every sufferer from asthma knows the terror, the abject fear that overcomes them when struggling for breath. The old-fashioned remedy may relieve, but never cures. Best results come from Catarrhazone, which cures asthma after hope is abandoned. It's because Catarrhazone kills the asthma germ that it cures. Choking spells and labored breathing are relieved, suffocating sensations and loss of breath are cured. Every trace of asthma is driven from the system, and even old chronic experience immediate relief from lasting cure. Equally good for bronchitis, throat trouble or catarrh. The large \$1.00 outfit includes the inhaler and lasts two months. Sold by all dealers or from the Catarrhazone Co., Kingston, Canada.

Curious Manx Custom.

On July 5 every year all the officials of the Isle of Man, including the clergy in their surplices, walk to the top of Tynwald hill, and from the top of it the laws made during the year are promulgated in Manx and English. This promulgation of the laws on Tynwald hill is as necessary as the royal assent to the validity of all laws passed by the Manx legislature. This is one of the many relics which the old Norsemen left behind, and it dates so far back that its origin is lost in the mists of antiquity.—Liverpool Mercury.

Minard's Liniment Relieves Neuralgia.

MUST FOLLOW GOOD LEADERS.

The council of the Montreal Board of Trade has declared in favor of daylight saving and will do what it can to prevent the loss of daylight. With Montreal, Toronto, Winnipeg and other cities in line, the rest of the country will follow.

How to Prune Your Trees.

Always use a pole saw and pole shears on the tips of long branches, and use the pole hook in removing dead branches of the alders and other brittle trees where it would be too dangerous to reach them otherwise.

Do not "head back" or cut off the top of a tree except where the tree is old and falling, and then under special instructions.

Be as sparing and as judicious in pruning as possible, and do not raise the branches so high as to make the tree look like a telegraph pole.

Commence pruning the tree from the top and finish at the bottom.

Make every cut as close and parallel to the trunk as possible.

To make the cut perfectly smooth the saw must be well set and sharp.

Leave no stubs, dead and dying, wood, or fungus-covered branches behind you.

Do not fail to cover every wound with coal tar, not allowing it needlessly to run down the trunk.

Do not remove several large branches on one tree at a time. They must be removed gradually, the work extending over several seasons.

A WOMAN'S MESSAGE TO WOMEN

If you are troubled with weak, tired feelings, headache, backache, bearing down, nervousness, bladder weakness, constipation, catarrhal conditions, nervousness, desire to cry, palpitation, hot flashes, dark rings under the eyes or a loss of interest in life, I invite you to write and ask for my simple method of home treatment with ten days' trial of Minard's Liniment. I will send you a copy of my book, "The Woman's Message," and a postpaid, also reference to Canadian ladies who gladly tell how they have regained health, strength, and happiness by this method. Write to-day. Address: Mrs. M. Summers, Box 4, Windsor, Ont.

BEES' SENSES.

Smell Serves for Taste as Well, With Them.

In a pamphlet recently issued by the Smithsonian Institution, Dr. N. E. McIndoo, of the bureau of entomology, states that the sense of smell in honey bees is highly developed and that it also serves as a sense of taste, says the Pittsburg Post. In some instances the bee seemed to distinguish a marked difference in the taste between certain mixtures which the scientist himself could scarcely perceive.

Until recently but little experimental work has been performed to determine whether insects have a true sense of taste, or gustatory sense, as it is termed in science, but the present author has endeavored to show that bees have likes and dislikes in regard to foods and has made a careful study of the structure of the sense organs on the mouth-parts of the honey bee. In his experiments he used something like 5,500 bees, mostly adults, all of which were kept in their normal state.

Even in the higher forms of life it is difficult to distinguish the sense of taste from that of smell, and in his experiments Dr. McIndoo has discovered that in the bee the two senses cannot be separated at all. In fact the sense of taste proves to be merely one phase of the olfactory sense, or sense of smell. In testing the senses of these insects the following substances were the most important ones used: Vinegar, lime-sulphur, kerosene, carbolic acid, formic acid, oil of peppermint, quinine and strychnine, and various other salts. The bees were also given cane-sugar and honey, besides other candies made of various sugars and honey. Dr. McIndoo began by feeding the bees several substances from which five classes were chosen to study the effects; repellent, sweet, bitter, sour and salty substances, the four latter being representative of the attributes of human taste.

The experiments show that bees like honey best of all foods and that they are able to distinguish the differences between various kinds of honey, that they have likes and dislikes, and that they can distinguish in foods differences not perceptible to the writer. Oil of peppermint, which is agreeable to man, is distasteful to bees, while, on the contrary, another substance which the experimenter did not like seemed to please the bees. It was also discovered that the bees must first eat more or less of certain foods before they can distinguish them, indicating that they have a true gustatory sense unless this discrimination is made possible by means of the olfactory sense. Since it was not possible to determine this point by experiment, the author made a thorough study of the sense organs on or near the mouth of the bee. After studying the anatomy of the two general types of sense organs, innervated hairs and pores, the author decided that the bees possess only a sense of smell, although, judging from the experiment to find the likes and dislikes of bees as regards foods, the indications were that bees also had a sense more or less similar to our sense of taste.

During his experiments he also investigated the tactile sense, or the

St. Joseph, Lewis, July 14, 1903.

Minard's Liniment Co., Limited.

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JOS. DUBES,

Commercial Traveller.

To Find the Water Level in Soil.

In the Farm and Fireside is the following advice to the farmer who is about to plant his crops:

"The water level is a term used in speaking about soils. It means the depth in the ground where the soil is saturated with moisture."

"To find it simply take a post hole digger and dig down until water stands at the bottom of the hole. Do this in an ordinary season when the ground has about the average amount of moisture. For most crops the water level should be about three feet below the surface, for alfalfa at least five feet. A water level two to three feet deep is excellent for the majority of farm crops."

Minard's Liniment Cures Burns, Etc.

No Law's Delay Here.

In Perak, to the Malay peninsula, lawyers find no business, for a modified form of trial by ordeal decides all disputes. In place of the legal practitioner the pleader is a native boy who is assigned to one or other of the sides and is given a bamboo tube, in which is sealed the pleading of the person or persons whom he represents. When all is ready two stakes are driven into the bed of a stream, and by the aid of a bamboo pole the heads of the two boys are submerged at the same time. By grasping the stakes they are enabled to remain under water for quite awhile after their natural inclination would bring them to the surface, but at last one of them gives in and, releasing his hold of the stake, comes to the air. He is immediately seized, and the tube he holds is cast aside. The other lad is led ashore, his tube opened, and the document contained therein stands as the decision in the case.

Sillicus—What is the maximum punishment in a breach of promise suit? Sydney—Well, I suppose the defendant might be made to marry the girl.

THE TUDOR ROSE

EMBLEM OF

ROYALTY

FROM HENRY VII, 1485-1509
TO ELIZABETH, 1558-1603

HAS BEEN REVIVED
AS A

DECORATIVE FEATURE
UPON GLASSWARE.

SEE EXAMPLES AT

ROBERT JUNOR'S
ANTIQUE GALLERIES
62 King St. East
HAMILTON, - - - ONT.

sense of touch, of the honey bee, and believes that with the organs for that purpose the bee is enabled to mould in uniform thickness the walls of all its cells. He also investigated the manner in which bees eat liquid foods by capillary attraction and by a pumping force which they possess. Solid substances, which they cannot eat at once, are dissolved by the application of saliva. He discovered that many solid substances, which are not previously smelted by the bees, release odors through the physical or chemical changes brought about when they are dissolved by saliva. These odors are first received by the olfactory organs of the mouth-parts which are the nearest, and for this reason the so-called taste sense seems to be only a phase of the sense of smell of bees.

Dr. McIndoo and the few other scientists who have fed insects foods containing undesirable substances have observed that they refuse such foods after eating more or less of them. From this observation the author has concluded that the insects can taste, although they have not ascertained whether they possess sense organs anatomically adapted for tasting, nor have they considered the role played by the sense of smell in these responses. Dr. McIndoo says that it is impossible to determine whether we taste or smell certain substances when we eat them. Before being eaten by us a food sometimes emits only a faint odor or none at all; but when we eat it a pronounced odor is perceived, showing that in such cases the odorous particles are not given off until the food is taken into the mouth and mixed with saliva. The same principle seems applicable when bees eat candy which contains undesirable substances emitting extremely weak odors.

The author's experiments during four years convince him that the olfactory sense of the bee is much keener than that of man. Finally, he believes that their olfactory sense is highly developed and that it serves them as a sense of smell and taste combined.

Despite the popular interest in Dr. McIndoo's report on his investigation, the publication itself is quite technical and is distributed primarily to libraries, and to entomologists.

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ISSUE NO. 30, 1916

HELP WANTED.

WANTED—GIRLS TO WORK on knit undergarments. We are experienced stitchers preferred. We are learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmerman Manufacturing Co., Ltd., Aberdeen and Galt streets, Hamilton, Ont.

WANTED—HOUSEMAIDS AND waitresses. Preferable experience not necessary. Apply, "The Worker," St. Catharines, Ontario.

WANTED—YOUNG GIRL to assist with house work wages \$2.00. Apply to Mrs. K. Bethune, 316 Queen street north, Hamilton, Ont.

WANTED—HELP FOR WOOLLEN mill; Carders, Weavers, Fullers and Napier Tenders. Good wages paid in all departments, and steady work assured. We have several openings for inexperienced help, where energy and ability will bring promotion. Wages paid to apprentices while learning weaving. Special inducement to family workers. Write, stating full experience, if any, age, etc. to The Slingby Manufacturing Company, Ltd., Brantford, Ont.

WANTED—EXPERIENCED MAN to take charge of Five Cop Windmill Machines, and to look after Yarn. Must be good manager of help. Good wages open to competent man. Only those with general experience need apply. The Slingby Manufacturing Company, Ltd., Brantford, Ont.

MISCELLANEOUS.

WANTED—GIRLS OF GOOD EDUCATION to train for the work of the Hamilton Hospital, St. Catharines, Ont.

GIRLS WANTED

Experienced knitters and tailors, also young girls to learn. Clean work and highest wages.

CHIPMAN-HOLTON KNITTING CO., LIMITED,
HAMILTON, ONTARIO.

WANTED Platen and Cylinder Press Feeders

Steady Work; Union Wages.

APPLY TO TIMES JOB DEPARTMENT
Hamilton, Ont.

FOR SALE A HIGH BRED, SOUND BAY HACKNEY

Well broken, thoroughly reliable, a lady can drive; also complete outfit, including phaeton and runabout.

J. M. EASTWOOD,
Times Office, Hamilton.

Eggs a La Quebec.

Cut an onion into fine dice, fry lightly in 1 tablespoonful of butter, then dash in a teaspoonful of vinegar. Butter a shallow dish and strewn the onion in it. Break five eggs into it, being careful not to break the yolks. Bake in a hot oven until the whites are set. Dust on salt and white pepper and sprinkle with coarse breadcrumbs fried brown in butter. Garnish with parsley and serve in sauce dish.

PERSONAL.

PERSONS SUFFERING OR THREATENED with tuberculosis, appendicitis, indigestion, constipation, dyspepsia, anorexia, hemorrhoids, weak stomach, liver, kidneys. Write for particulars. John Galbraith, Cronyn Ave., Toronto, Canada.

A Royal Snake Slaughterer.

The "secretary bird" is one of the most precious birds in South Africa. It is a royal game, and any person destroying one is liable to a fine of £50. Majestic looking birds, they stand about three feet high, and generally go in pairs. They are of drab color, with black, feathery legs, and are valued for their propensity for killing snakes. Where the secretary bird is seen there are sure to be many reptiles about. The bird beats down its adversary first with one wing and then with the other, at the same time trampling on it with its feet until the snake is sufficiently stunned to catch it by the head with its claws. Then the bird rises far up in the air and drops its victim to the ground to be killed. By this means thousands of venomous reptiles are destroyed.—London Seraps.

A Man's Meal for Five Cents. Living on mush makes a mushy man. A man who works with hand or brain must have a man's food. Two Shredded Wheat Biscuits with milk or cream will supply all the strength-giving nutriment needed for a half-day's work or play at a cost of not over five cents. Simply crisp a few Shredded Wheat Biscuits in the oven and serve with fresh fruits and milk or cream.

London cable says: The official from the Caucasus progress by the Grand Duke. On the right wing the fortunes and successes have been at a number of important 17th the Kuban Cossacks and sustained against the enemy from position. been powerfully organized. eral places not only