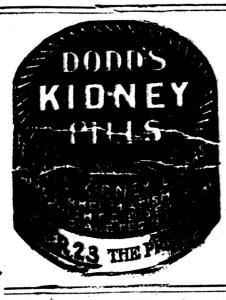
to preserve her complexion, and she finds this an easy task, if she uses Zam-Buk. This herbal balm not only keeps the surface skin smooth and soft, but penetrates to and feeds the underlying tissues. It stimulates the cells to healthy action, and produces vigorous circulation, which by carrying away all impurities creates a permanently clear complexion. How much more satisfying than a temporary complexion produced by powders and cosmetics! 50c. box, all druggists or Zam-Buk Co., Toronto.

GASOLINE FUMES.

The Gas Given Off by This Popu lar Fuel Acts Like an Anesthetic.

Gasoline fumes, in addition to being highly inflammable, are also poisonous to the human being. This fact has only recently been developed by medical authorities and it is possible that its discovery might have the effect of explaining some deaths that have been assigned as probably due to other causes. The fumes are poisonous under certain conditions and it is well to have these conditions thoroughly understood, else there may be more deaths from this cause. Combined with enough air there is little or no danger, but when a person is subjected to the influence of the fumes in a confined place the chances are that they will be affected in a way that might have fatal resultts. So far as their investigations have gone the chemists and medical men who have investigated gasoline poisoning have come to the conclusion that its effects are very much like being overcome with an anesthetic. The victim suddenly collapses and becomes unconscious. During the period when consciousness is lost the people behave very much as do people who have been subjected to ether as an anesthe-



tic. Some of them fight and scream and some of them are perfectly still. As in the case of an anesthetic, the recovery is dependent on the individual. It is not often that there are any bad effects from it, however. In a number of cases that have occurred in Montreal, where the discovery of the poisonous nature of the fumes has been prompt and the victims were able to return to work the next day. In all of these cases, however, restorative measures were commenced immediately on the men being overcome-the victims being men in these cases—so that there is no evidence of what the fumes will do if the person overcome by them is not given immediate attention. That is, there is no positive evidence so far as the Montreal authorities know. There have been cases where deaths occurred which, in light to the discovery that has been made, may safely be assigned to inhaling gasoline fumes. One of these was the case of a man who was painting or cleaning the inside of a gasoline tank and was found dead. Another was the case of a chauffeur who was found dead in a garage where there was no ventilation and where the fumes of gasoline were very strong. It is pointed out that, in view of the universal custom of using gasoline as a cleaning material by women, it would be well to see that the room where it is used, is well ventilated with a steady current of fresh air. There is no danger so long as the fumes are not confined-just as there is little or no danger of explosion when the gas is allowed to mingle freely with the air.



Odd and Interesting Facts.

Dominica has a poiling lake of uncnown depth. Native girls of New Britain are kept in cages until they marry. Nine cubic inches of water frozen vill measure ten cubic inches. A bird that cannot fly is the black

wood hen of New Zealand. Eleven grains of radium were produced in the United States last year. lee is made use of in a Texas orchard to retard the budding until desir-

Many spiders have poison fangs, but few are dangerous to human beings. The world's ski jumping record is held by an American, who covered a distance of just under 192 feet.

In Wales the Hedgegarlic, or, as it is more commonly called, "Jack-bythe-hedge," is often fried with bacon. The Mannlicher-Carcano rifle carried by the Italian soldier is six in. longer than the British rifle and four ounces heavier.

Alligators' eggs are eaten by natives in the West Indies a ndWestern Africa. They are similar to a hen's eggs in shape and taste, but larger. China has the largest bridge in the world, extending five and a quarter miles over an arm of the Yellow Sea, and being supported on 300 stone

No Girl Need Have A Blotched Face

Whether it be in capturing the heart of man, or making her way through the world by the toil of her hands, a charming and pretty face gives any girl a big advantage. Poor complexion and rough, sallow skin are caused by blood disorders. The cure is simple. Just use Dr. Hamilton's Pills a reliable family remedy that has for years been the foremosi blood remedy in America. That soft glow will return to the checks, the eyes will brighten, appetite will improve, strength and endurance will come because sound health has been established. Get a 25c box of Dr. Hamilton's Pills to-day. Sold every where.

Queer Tail of a Bird.

Signal officer of the birds' army corps is the racket tailed humming bird. For his duties nature has equipped him with a pair of purple flags fashioned out of two long and peculiar tail feathers. He wigwags his signals from one tree to another. issues his challenges to battle and courts his mate. When he's not signaling he's sipping honey from the flowers and trying to keep his tail from entangling itself in the briars.

He's a midget of the South American mountains. He has snort wings. which he operates at lightning speed. His tail is a combination of two wirefeathers at the end of each. crosses them near the middle, and sometimes he brings the pair "rackets" at the end to his head, as though trying to fan himself.

The male birds have a sort of love deace which they engage in during the mating season. Then they play all sorts of tricks with the rackets.—Philadelphia North American.

Minard's Liniment Gures Coids, Etc.

How a Bird Dresses.

As bird fashions do not change, two suits a year are quite enough for most birds, but they need to take great care of them. Each separate feather must be cleaned and looked over and the useless ones pulled out. These feathers are not packed close together, you know, but lie loose ,and have places between filled with air. When a bird wants to get warmer he lifts his feathers so that these air spaces may be larger. But if his feathers are tangled or wet and dirty he could not raise them, and soon he could not keep the heat in his little body and would, of course, die.

DRS. SOPER & WHITE

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Odd and Interesting Facts.

Hamburg has an experimental plant that obtains power from the ebb and flow of North Sea tides.

Russia's population will be 600,000, 000 by the end of this century if it maintains its present rate of increase. To prevent skidding and slipping in damp weather the streets of San Francisco are sanded by a machine mounted on a motor truck.

The net investment of the United States reclamation service at the beginning of the present fiscal year was approximately \$100,000,000.

The first sewing machine of which there is authentic record was patented in England in 1755, eighty-one years before the first American machine. The Egyptian vulture was the chief

scavenger of the land of Pharaoh. Cost of government meat inspection in the United States is said to amount to 4 cents per capita annually.

NO VULGAR' DISPLAY.

(New York Times) "Congratulations, my boy," said the attorney, "you have inherited a nice little fortune." "Yes," assented the fortunate youth.
"I suppose you will pay a lot of your debts now?"
"I had thought of it, but I come
to make no change in my mann
living. I don't want to be accus
vulence "finder."



The Daring of **British Fliers**

As for the way in which British aviators bully the enemy's machines when they can get at them, a few specific examples will illustrate it, eays the London Times' correspondent. On Sept. 1 Lieut. --- "encountered a formation of twelve Rolands." Naturally, Lieut. — got away as fast as he could. Did he? Read this: "He dived in among them, firing one

drum. The formation was broken. --- then got under the nearest machine and fired one drum at fifteen yards under the pilot's seat, causing the machine to plunge to earth southeast of Bapaume. Shortly afterwards some more hostile aeroplanes came up in formation. Lieut. attacked one, which went down and landed in a gap between two woods. Several other machines were engaged with indecisive results, and, having expended all his ammunition, Lieut. - returned. It was careless of Lieut. -

to have more ammunition about him; but what is one to say of a man like this, who spends a happy day in that we have conferred chiffon on tackling, first, twelve enemy machines, and then "several" more, diving into grace of the language lies also them like a hawk into a flight of weakness. It does not rise to pigeons, and simply "shooing" them reme utterances. I have been

And that same evening another lieu. In the little cemetery of Chardo tenant took a hand in the game of "L'Eternal est mon berger" can n fluttering Volscians. The covey which rank in loftiness with "The Lor he ran into had only eight birds. He my shepherd," nor "Que votre picked out one-doubtless the old nese trouble point" with "Let not cock, though the report does not say heart be troubled.

2 IN 1

\$21.00

BELIVERED AT

YOUR HOME TOWN

other day our men go bombing aerodrome and they see the energy wheeling all their machines out of sheds-which they know will be ber ed-so our men drop a little lower a bomb the machines in the open. other time they go for a factory "a big explosion occurs." Then it railway station which "is hit in severa places." Or they come down and their machine guns on the sold

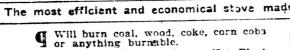
on "the enemy's support lines" or " second line hostile trenches south of Beaumont Hamel." One does not wonder that Germa in their trenches hate our aeroplan What one does wonder at is that now for two months and more this thing has been going on, and that it is only ir bursts, when the protection of lad weather has given the enemy a charce to rull himself together, that the Ger-

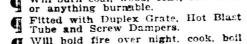
Minard's Liniment Cures Distemer. English and French.

man airmen attempt the intiative

It is truly a graceful speech, French tongue. Plain, homely this of life, so bald and bare and dishe ening in the Anglo-Saxon, are less lovely in the French. Indeed, French word for "rags" is so pr of our daintiest fabrics. But in ing the Bible texts on the tombs

Combination Cooker and Heater





Will hold fire over night, cook, boil and bake equal to the largest range. Has a fine oven of heavy steel sheets closely riveted together. Body of polished steel.

If your dealer has not a sample for your inspection, send \$21 direct to us and we will prepay freight to your nearest railroad station.

HAMILTON STOVE & HEATER CO., LIMITED Canada's Oldest Stove Makers. Hamilton, Ont.

so-which "went down in a spin" (you know how a bird does it sometimes), "falling near Bapaume." The neighborhood of Bpaume seems to have been fairly sprinkled with damaged enemy aeroplanes that day. Another day two officers "encoun-

tered six enemy machines near Cam-

Then follows: "While he was diving at the hestile patrol leader, three hostile machines dived on the tail of Lieut. A.'s machine. One of the enemy machines was engaged by another pilot, while Lieut. B. engaged another and fired two and a half drums into it as it from 16 to 20 hours sleep out of the passed across the tail of his machine. This enemy machine made a vertical dive with a stream of smoke pouring cut behind. Lieut. A, turned and orened fire on the third machine with his front gun, firing about twenty rounds at it. The pilot turned and got under the tail, and Lieut. A. also turned and fired another twenty rounds into it, after which it was seen to dive vertically out of control and to turn on its back. The remaining hostile machines dispersed and were seen to land west of Cambrai."

On another occasion one of our ma- medicines. chines was attacked by four of the enemy, but, "turning sharply, emptied clothing are clean, smooth and enone drum into the nearest at twenty half at close range. The Roland open. turned a complete cartwheel on its right wing tip, and fell out of control. These little exploits are only incidents in the regular daily work of our flying men. Their most important job is spotting enemy gun positions, and other things, so that our own guns may get on to them. On one day 132 targets are thus "dealt with." On an-

Baby's Sleep and Rest

The baby should sleep alone in its own crib, protected from flies Remove all clothing at bedtine and replace by clean, comfortable night-

If the baby cries when it should be asleep, it is either sick, overfell, hungry or uncomfortable. Constant jumping or jarring of the baby is likely to hurt its nerves and

upset its digestion. A very young taby during the first three minths of its life must have

Never rock the baby, use or comforters to put the baby to sleep. Never let a baby suck a nipile unless he is getting food through it at the proper feeding time.

Never give a baby or children food purchased from pushcarts, hokey-pokey, ice-cream wagons, etc. live only the simplest prescribed foods.

Patent medicines or soothing syrups must never be given to bables. Many deaths of babies and children have been caused by sleeping of soothing See that the bedding, diaper

wrinkled; the room should be darkyards' range." when the enemy turned ened while the baby sleeps kept quiet on its side and fell. The pilot then and well ventilated. The windows attacked another machine, which was should always be opened at the top at just above him, firing a drum and a least six inches; in summer-time wide

ON TIME.

(Boston Transcript.) "My tailor has promised to have my suit done to-morrow." "Do you think he'll give it to you on

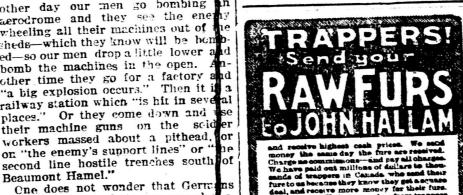
time?

"Oh, no; I'll have to pay cash."



Recipe for Troubles.

Would you like a recipe for the little verations and annoyances of life that keep the mind uneasy and disturbed? Let us give you one. det, out in the silence of some starry night and look up at the stars for a minute or two. Get within their influence for a moment. Take in the spirit of their tranquility and peace. Think what they are and where they are, and you will scon lose yourself in the infinity of their being. You will begin to feel God has made this world big enough for you and that the little cares that vex you are only intruders that you should despise and scorn. Just try it, and if it does not cure you, you are not the man you think you are.



JOHN HALLAM Limited 201 Hallam Building, Toronto.

Finnish Grammar.

Finnish grammar is of a difficulty absolutely repulsive. None of the other languages of the same group is half so hard. Hungarian-nay, even Turkish, despite the vexatious initial imrediment of the Arabic alphabet-is easy in comparison. The syntax is at once provokingly elaborate and perplexingly obscure. It possesses fifteen distinct cases and twenty-four differentiated infinitive forms; but, on the other hand, there is no real distinction between nouns, adjectives, adverbs. prepositions, infinitives and participles, so that the student must not be startled by finding infinitives regularly declined like nouns and nouns taking upon them degrees of comparison like adjectives...

Minard's Liniment Cures Garget in Colvs.

Four Great Musicians.

Palestrina was a revolutionist in his day, but is now virtually obsolete even for the severest classicists, Gluck was as radical an innovator as Wagner. yet it is only occasionally and with difficulty that one of his works can now be briefly requestiated. Beethoven was a madman even to many of the best musicians as late as 1805. when, as that musical veteran. Professor Haupt, himself said, the"Fifth Symphony" was rehearsed in Berlin for the first time and the orchestra dashed the music from the racks, declaring it was crazy and could never be played. Now this same "Fifth Symphony" is considered a model of form, and its composer is the cherished idol of conservatives and classicists.

Magic "Nerviline" Ends Stiff Neck, Lumbago

Any Curable Muscular or Joint Pain is Instantly Relieved by Nerviline.

GET TRIAL BOTTLE TO-DAY.

You don't have to wait all day to get the kink out of a stiff neck if you

rub on Nerviline. And you don't need to ge around complaining about lumbago any more. You can rub such line. It's the grandest liniment, the quickest to penetrate, the speediest to ease muscular pain of any kind. One twenty-five cent trial bottle of

Nerviline will cure any attack of lumbago or lame back. This has been proved a thousand times, just as it vas in the case of Mrs. E. J. Grayden, of Caledonia, who writes: wouldn't think of going to bed without knowing we had Nerviline in the house. I have used it for twenty-odd rears, and appreciate its value as a family remedy more and more every If any of the children gets a stiff neck, Nerviline cures quickly. If it is earache, toothache, cold on the chest, sore throat, Nerviline is always my standby. My husband once cured himself of a frightful attack of lumbago by Nerviline, and for a hundred ailments that turn up in a large family Nerviline is by far the best thing to have about you."

SNEEZING OMENS.

At One Time a Sneeze Was Regarded as a Death Warrant.

Sneezing from very remote times has been regarded with superstition. Our forefathers went to bed again if they sneezed while putting on their shoes. A sneeze to the right was deemed lucky; to the left, of evil portent. To sneeze near a burial place was very unlucky.

Tradition has it that sneezing was at first a fatal sign-every human being sneezed but once and then died-but Jacob petitioned the Creator to remove the sneezing ban and succeeded. Thence arose the once universal custom of saluting a sneezer with "God bless you!" or "May you live long!" The custom still obtains in some parts of Europe.

In England not only was a sneeze blessed, but friends raised their hats to him as well. In an old book, "The Code of Conduct," it is directed that "if his lordship sneezes ye are not to bawl out 'God bless you!' but bow to him handsomely." All over the world the sneeze was recognized. Whole na-

ISSUE NO. 47, 1916

HELP WANTED.

WANTED-GIRLS TO WORK ON W ANTED—GREES TO WORK ON kint underwear—seamers and finished stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wates; ideal factory conditions. Zimmerman Manutacturing Co., Ltd., Aberdeen and Garta streets, Hamilton, Ont.

WANTED- EXPERIENCED COOKgeneral; no laundry work; wages \$25.00; references. Address, 305 Queen street south, Hamilton, Ont.

GIRLS WANTED

Experienced knitters and loopers, also young girls to learn. Clean work and highest wages. CHIPMAN-HOLTON KNITTING CO., LIMITED.

FOR SALE.

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2 POTTER CYLINDER PRESSES—A half sheet Double Domy and half sheet Double Royal size. Make us an offer for them. Well suited for a Country Printing Office. Address, Times Printing Company. Hamilton, Ont.

ione were under orders to make exclamations when their king sneezed. Sneezing was believed to be a sure cure for hiceough and was also looked upon as a sign of sanity. If ancient and universal belief goes for anything it is good to sneeze.-London Tele

Minard's Liniment Cures Diphtheria.

THE DOUBTFUL PART.

(Macon Telegraph) The Big Boss was consulting Nelse, the ajmitor, relative to the qualifications of an applicant for a place as assistant janiter.
"Do you know this boy's reputation for truth and veracity?" he asked
"Yas, suh, vas, suh, I guess I de," re
spended Nelse.
"Well, what is it?"
"Well, suh, he always tells de truth.
I recken; dat is, I nevah is ketched him
in no lie, but 'bout dis her v'ras-ty bizness I'm gwinter to fair wid you, some
say he will an' some say he won't."

say he will an' some say he won't.'

Minard's Liniment Co., Limited.

Gentlemen.—Theodore Dorais, a customer of mine, was completely cured of riceumatism after five years of suffering by the judicious use of MIN-ARD'S LINIMENT.

The above facts can be verified by writing to him, to the parish priest, or any of his neighbors.

A. COTE. Merchant. St. Isidore, Que., May 12, '98.

WHEN WORK IS PLAY.

The Secret of Contentment is Found in Proper Employment.

A philosopher once said that "no man properly employed was ever miserable." And a more truthful statement was never made.

To be properly employed one must be engaged in a business in which he has faith and confidence and for which he has respect. If he doubts the legitimacy of the business, if he must resort to practices which he feels are questionable, if he isn't proud of his occupation, he is not properly employed. If the work he is given to perform palls upon him, if he feels that he ought to be doing something else, if he envies the other employee his things away very quickly with Nervi- Place in the shop or factory, then the work deadens and destroys, and misery follows.

The writers got things bailed up ben they talked about work and play. Too great a distinction was drawn. Play was pictured as something that gave happiness and work as something which one performed only because he was hungry.

The truth it, it is all play or ought to be, for the man who is properly employed is only engaged in playing. He gets as much delight from it as he formerly got from the childish games or should. Certainly there can be no misery where a man has found his

"That get-rich-quick man is an busy as a bee." "Yes." replied Cumrox. 'He's one of those busy bees who can't manage to gather honey without incidentally stinging somebody."-Washington Star.

"The White Flour Pinch"-have you felt it? With the advancing price of wheat "the sevencent loaf is doomed," say the bakers. In its place we have the eight-cent loaf-in many cities only the sixteen-cent loaf. A loaf of white flour bread is not a complete ration. However wholesome and pure, it does not supply all the proteids the human body needs. In Shredded Wheat Biscuit you have all the body-building nutriment in the whole wheat grain prepared in a digestible form It is always the same price always the same high quality

Eat it for breakfast with

milk or cream or with fruits

Made in Canada

NINE TAKE IN A

Heavy G Bulga

SARRA

Main Sal

London, (

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On the ear

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counter-attac

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attacks

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EVER Must Aid War

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It is contemp to ask for volu and not to reso present, althou in the case of I show that they ful occupation.

the Governmenthe entire hon with excupation ganizers of the be able to sel workers.