

## Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Febrile Troubles, and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

*Chas. H. Fletcher*

**In Use For Over 30 Years**

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## Advertise in the RECORD

## Bread Making Contests

### At Rural School Fairs

PRIZES—Free Courses at Macdonald Institute, Guelph  
Free Poultry Raising Courses at Ontario Agricultural College  
Free Cook Books and Magazines

Over 1,500 prizes in all will be offered in bread-making contests which will be held this fall at over 250 rural school fairs taking place in Ontario. It will be a great event at the fairs and will stimulate interest in bread-making among young girls between the ages of 12 and 17 years.

Here is a wonderful opportunity for your daughter to win for herself a Free Course in Domestic Science at the famous Macdonald Institute, Guelph. All she has to do is to bake one double loaf of bread and enter it in the contest at the fair according to the conditions explained below and more fully told in the folder we will send you on request. The loaf must be baked with Cream of the West Flour.

## Cream of the West Flour

the hard wheat flour guaranteed for bread.

This is a splendid flour which makes the biggest, bulging loaves—whitest, lightest and most wholesome bread you ever baked. Is this not a splendid opportunity to interest your daughters in breadmaking?

**Here are the Splendid Prizes** offered for the best loaf of bread baked with Cream of the West Flour. The following are offered at each local fair:

1st Prize—1 paid-up subscription to "My Magazine" for 1 year. This magazine is full from cover to cover every month with articles suitable for young people of all ages. It is published in England. Value \$2.50 per year.

2nd Prize—6 months paid-up subscription to "My Magazine." Value \$1.25.

Extra Prizes—When entries exceed ten a 3rd prize will be awarded of 6 mos. paid-up subscription to "My Magazine." When the number of entries exceeds twenty the judges at the fair will award 4th, 5th, and 6th prizes of one year's paid-up subscriptions to "The Little Paper." This is a wonderful little publication issued every month in England. Its eight pages are packed with highly engaging information and stories relating to history, nature-study, animals, bird-life, etc.

**Important**—The winners of 1st prizes at the fairs automatically become competitors for the Provincial Prizes. The second half of the double loaf is sent to Ontario Agricultural College, Guelph, by the district representative in special container provided. The judging is done by Miss M. A. Furdy of the Department of Breadmaking and Flour Testing at the College.

### Conditions of the Contest

Every girl may compete at the rural school fair in her district, whether or not she attends school, providing that her 12th birthday does not occur before November 1st, 1916, or her 17th birthday does not occur before Nov. 1, 1916. One loaf of bread must be submitted baked in pan about 7 x 5 inches and 3 inches deep, and divided into two loaves so that they may be separated at the fair. The loaf must be baked with Cream of the West Flour. One half will be judged at the fair. The other half first prize loaf will be sent to Ontario Agricultural College, Guelph, to compete in the Provincial Contest. The local contest at the fair will be conducted under the same rules as all the other regular contests at your fair.

The standard by which bread will be judged will be as follows:

1. Appearance of Loaf.....	15 marks
(a) Color.....	5 marks
(b) Texture of crust.....	5 marks
(c) Shape of loaf.....	5 marks
2. Texture of Crumb.....	40 marks
(a) Evenness.....	15 marks
(b) Softness.....	20 marks
(c) Color.....	5 marks
3. Flavor of Bread.....	45 marks
(a) Taste.....	25 marks
(b) Odor.....	20 marks

Each loaf must be accompanied by the part of the flour bag containing the face of the Old Miller (important) and an entry form must be signed by the girl and parents or guardian stating date of birth, P.O. address, and giving name of dealer from whom Cream of the West Flour was purchased. The form will state:

Write for free folder giving full and complete information about every feature of this great contest.

Address **Campbell Flour Mills Co., Limited, (West) Toronto**

Cream of the West Flour is sold by **M. J. F. Waters, Cayuga**; **W. E. Beemer, Fisherville**; **F. R. Edie, Canfield**.

### County Council Concluded

Tooley-Stewart—That the report of the Road and Bridges Committee be received and read.

—Carried.

Cayuga, Aug. 15th, 1916.

To the Warden and Members of the Ail of which is respectfully submitted, The Road and Bridge Committee beg leave to report as follows:

1. That we have sold all the old plank by auction and realized \$67.75 and paid auctioneer \$3.00 leaving a balance of \$64.75 which has been deposited with the Treasurer.

2. We also recommend payment of \$4.20 to Peter Murphy for replanking Cayuga bridge, also James Barrick for filling holes on each end of County Bridge with man and team, \$8.00, also Jake Fovale repairing Callaghan Bridge. We also acknowledge receipt of \$11.84 from James McAlpine balance from Callaghan Bridge. All of which is respectfully submitted.

Johns Root, Chairman, R.R. B. Hart, Clerk.

That the report of the Road and Bridge Committee be adopted as read.

—Carried.

Cayuga, Aug. 15th, 1916.

To the Warden and Members of the County Council.

Your Good Roads Committee beg leave to report as follows:

1st—That the Treasurer be authorized to pay accounts in connection with bridges on County Good Roads System on the recommendation of the Good Roads Committee.

2nd—That the machinery in the machine shed at Hagersville be insured for the sum of \$1000.00.

3rd—That the Bridge on the Fisherville side be completed and that Hamilton Bridge Company be paid the sum of \$1418.00.

4th—Present two bridges are under construction, one on the Rainham Road in the Township of St. Cayuga and one on the Hamilton and Perry Doer Road near Jarvis.

All of which is respectfully submitted.

Wm. B. In, Chairman.

That the report of the Good Roads Committee be adopted as read.

—Carried.

Raibley-Hart—That the report of the Committee on the purchase of Military outfit and equipment for the 11th O. S. Battalion be received and read.

—Carried.

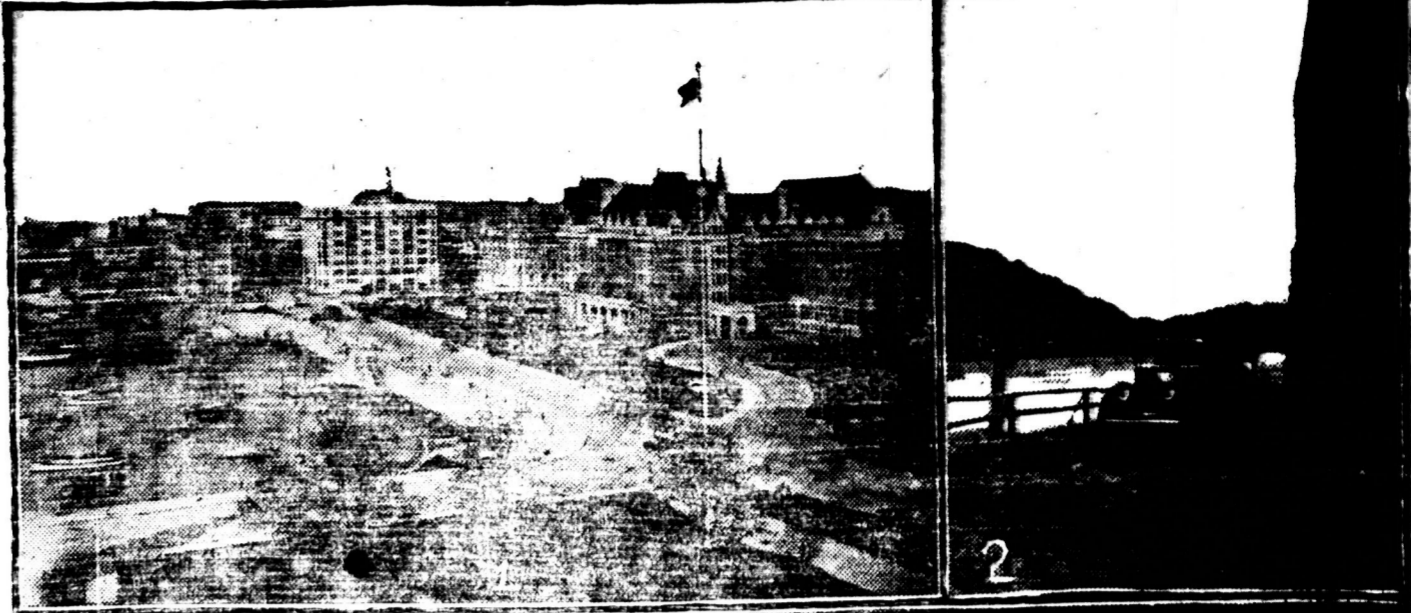
Cayuga, June 26, 1916.

To the Warden and Members of the County Council.

Gentlemen—We the members of your committee on the purchase of military outfit and equipment for the 11th Batt. C. E. F., met at Cayuga on the above date, all the members present and also Major Cowles representing the 11th Battalion.

(Continued on Page 5)

## THE ISLAND OF WONDERLAND



(1) James Bay Embankment and G.P.R. Hotel, Victoria, B.C.  
(2) On the way to Cameron Lake, Vancouver Island.  
(3) Fishing on Cowichan River, Vancouver Island.

EVERY year a larger and ever increasing number of motorists, and those who wish to spend their vacations in an entire change of environment, make their way to the Island of Vancouver—the gateway of which is Victoria, the capital city of British Columbia—the best known tourist resort in the Pacific Northwest. It is entirely different from any other territory known to automobilists. True, it is in Canada, and reached by the Canadian Pacific via road and magnificently appointed steamers, but it is British as if it were one of the British Isles. This is realized immediately one lands from the steamer in Victoria, and by the way this very landing is interesting and affords an excellent example of the courtesy of Canadian customs officials, and the extreme ease with its automobilists, who are residents of the United States, can enter into this, to them, foreign country.

But to return to one's first impressions upon leaving the steamer at Victoria. As the steamer glides to her berth through the unique Inner Harbor, considered one of the most picturesque in the world, there immediately looms up on the right, the magnificent Parliament buildings of British Columbia—one of the architectural features of Canada. They are situated overlooking the harbor, facing James Bay embankment and the City of Victoria.

The six-horse tally-hos and the thirty-passenger and smaller sight-seeing cars lined up on the side streets, all competing for business in a vigorous and somewhat unfamiliar manner, is another indication that we have with us in a short space of five hours, been transplanted into a new and invigorating environment. The City of Victoria is the starting point of the Island highway, which brings the automobile in close touch with the main portion of Vancouver Island, and all its summer and fishing resorts; its quaint villages, enterprising towns, agricultural settlements, wonderful forests, reached by tributary highways, and the commencement of the Canadian highway, the terminus of which is at Alberni.

It is an easy matter to spend a week in the City of Victoria, and to take an entirely separate and distinct, and at the same time most interesting tour, every day. In fact, during the past summer, enthusiastic automobilists from California, Utah, Washington, Oregon, and even Eastern Canada spent from two to five weeks in this city and island, and left with the greatest possible regret.

Mr. Frederick Wagner, in the Seattle Times, thus describes his first visit to Victoria and the Island: "Picturesque and rugged in its matchless beauty of unlimited variety; wealthy in magnificent driveways and offering unsurpassed hotel accommodations, with lavish hospitality ever conspicuously present—that is Vancouver Island, in the Canadian province of British Columbia, paradise of motorists and nature lovers, and destined to rank as one of the world's greatest touring fields.

"Nature painted the gorgeous setting for this scenic wonderland, and the people of Vancouver Island have capitalized it by constructing a system of splendid highways that is dotted with attractive hotels where excellent accommodations are to be obtained. And they have supplemented this work by a display of genuine hospitality that is justly entitled to be classed as a valuable asset in the exploitation of their country.

"The chain of mountains that penetrates Vancouver Island and the beautiful valleys, with their numerous streams, lakes and luxuriant vegetation, combine to set before the eyes of the traveller a variety of scenic splendor that beggars description.

"Go where you will on Vancouver Island and you will find scenery that causes you to marvel at the lavishness of nature.

"The coastline of the island is very beautiful, being indented with deep bays and fjords. The western coast differs somewhat from the eastern coastline, for on the ocean side a number of canals reach far inland, as if to aid the miner and the lumberman to get his product to market with ease; while on the other side of the island there are many pleasant bays and several beaches, where summer homes and resorts are to be found."

## McClary's Pandora

Range reservoir is seamless and clean enough to use in cooking, and preserving. See the McClary dealer.

MADE IN CANADA  
for sale by E. T. CARTER

### PARISIAN SAGE

PUTS HAIR ON YOUR HEAD AND KEEPS IT THERE

What's the use of being bald? What sense is there in deliberately allowing your hair to turn gray?

Do you want to look old before your time? Give up the thought; old age will come only too soon.

Look after your hair. PARISIAN SAGE will kill the dandruff germs, and is the only preparation, so far as we know, that is guaranteed to do so.

Man or woman, no matter how old you are, PARISIAN SAGE will make you look young.

Come in and get a large bottle to-day, it only costs 50 cents, and your money back if it does not cure dandruff, stop falling hair, or itching of the scalp. It will make your hair luxuriant, bright and beautiful, and it is the most refreshing, pleasant and invigorating hair dressing made.

For Sale By  
**J. R. Seater, Jarvis**

## School Supplies

### TO THE CHILDREN

Get your Scribblers, Note Books, Drawing Books, Slates, Slate Pencils, Lead Pencils and Pens at The Record Stationery Store. We have a good Supply of Inks, White Paste, Mucilage, etc. Paste, 5c; Mucilage, 5c a bottle.

### MATHEMATICAL SETS, COMPASSES, etc.

Come and Let us Show You

## THE RECORD STORE

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