# Island of Serpents

Less than thirty miles east of Sulina, the second important Black Sea port of Roumania after Constanza, is the tiny island of Serpents, around which cling many fantastic legends of fascinating interest as well as several historical episodes which at one time threatened to become of international moment, says the National Geographic Society bulletia.

Unike the monotonous reaches of reed-covered marshland which stretch for fifty miles along the Roumanian and Russian shores to the north and south of the Sulina mouth of the Danube and seldom attaining an eleration of more than two feet above the level of the Black Sea, the Island of Serpents, or Fido-nisi, thrusts its precipitous cliffs above the water to ights ranging from fifty to a hundred feet. It is a mere fleck of rock in a sea whose depth a few yards fom

the shore is twenty fathoms. The felet is scarcely more than mile in circumference, but has been a son guiding ships to the Danube w many centuries, its elevation ling in such striking contrast to the life land of the great river,

ancient times Pido Nisi had a variety of names, but Gracian poets and travellers referred to it most frequently as Lunes, or the White

using MINARD'S ENT in our home for a numer of years and use no other Linment but MINARD'S, and we can commend it highly for sprains, bruises, pains or tightness of the chest, soreness of the throat, head-selle or snything of that sort. We will not be without it one single day, for we get a new bottle be-fore the other is all used. I can mmend it highly to anyone.

JOHN WALRFIELD. Laffave Islands, Lunenburg Co., N. S.

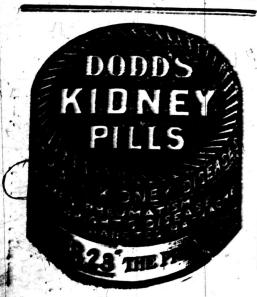
ses fowl which at certain seasons of the year swarmed over its cliffs. It was on this island that Thetis, the marine goddess, is supposed to have carried the ashes of her son, Achilles; hence the temple erected tere in honor of the hero of the an war. Another legend relates that Thetis snatched the body of tentiles from the funeral pyre, that he was restored to life, and that thereafter he lived on the island with Iphigenia, the daughter of Agamomnon, who had been sayed from sacrifice by the goddess Artchis.

One of the most poetic descriptions of the island and its temple is given by Arrian in the account of his voy. age around the Black Sea in the second century of the Christian era. He

"It is related that Thetis gave this seland to Achilles, and that he still inhabits it. His temple and statue, both of very ancient workmanship, are even there. No human being dwells on it. It has only a few goats, which mariners convey to it as votive offerings. Other offerings or sacred sifts are suspended in honor of Achilles, such as vases, rings and pre-

"Seabirds, divers and fowl innumerable frequent the island, and the birds sione have the care of the shrine. Every morning they repair to the sea and, dipping their wings in the waves, sprinkle the temple and afterward sweep with their plumage its sacred pavement."

The name Island of Serpents grew out of the fact that numerous black kes from four to five feet long were discovered here by mariners. Many of the reptiles are said to have fallen in the cisterns of the island



and polluted the waters, which are now undrinkable.

The Amazons are supposed to have attempted to seize this island on one occasion, but the ghost of Achilles appeared and so terrified the horses of the female warriors that the riders were thrown and severely trampled upon, whereupon the expedition was abandoned.

This meager rock brought England and Russia to the verge of war sixty years ago, following the treaty of peace which ended the Crimean conflict. The island was not mentioned in the terms of the treaty, and when Turkey sent a small party to relight the lighthouse, which had been dark through the struggle of 1858-6, Russia attempted to take control of the beacon which stands as a guidepost to the Danube's mouth. England protested and sent a fleet across the Black Sea to enforce her demands in behalf of her then recent ally, the Sultan. Russia, after a brief threat of resistance, yielded.

The island passed into Roumanian hands when that nation threw off the Ottoman shackles in 1877.

### An Unlucky Showman.

Punch and Judy originated in China about 1,000 years before ('hrist. The Emperor Mir of the Chow dynasty was one day making a tour through the empire when an entertainer named Yien Shi was brought into his presence to amuse the ladies of his court. During the performance the puppets cast such significant glances toward the ladies that the angered emperor ordered the originator of the "puppet" play to be executed.—London

### Spanking Foesn't Cure!

Don't think children can be cured of Don't think children can be cured of bed-wetting by spanking them. The trouble is constitutional, the child canFREE not help it. I will send to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night Address.

Mrs. M. Summers, WINDSOR, Ontario.

### TOMB OF MANY KINGS.

Bones of Sixty Monarchs Lie in the Isle of Iona.

On the little misty, stormy swept island of Iona in the Hebrides to the west of Scotland, lie the ruins of the monsetery whence came the men who Christenized the British Isles. The island has changed but little from what it must have been in those remots times. The same dense fogs still veil it, rising from the warm gulf stream, the same westerly gales howl over it, and in the little sheltered grassy hallows the simpie people live and nil the soil as they did in the days of St. Columba, who founded the monastery. Their implements may be more modern, but they age the rame stient, kindly Ceits.

Iona is the most fertile and beautiful of the Hebridge, of which there are some 500 scattered about the waters to the west of Scotland. Only about 100 of

west of Scotland. Only about 100 of these islands are inhabited at all, and the greater part of these latter support less than a dashi people each. It is a region of rain and mist, with rare dear days that are like the infrequent laugh of a sad but kindly nature-god. The atmosphere of the archipelago is made for dreams and silence. It seems out of the modern world.

dreams and silence. It seems out of the modern world.

Iona has been a sacred spot time out of mind. Long before the earliest missionary came to Britain, it was a place consecrated to the early Druide ceremosles. After St. Columba founded his colony, the ground was held so holy that kings bade their subjects bury them there. The cones of sixty monarchs, Irisi, English and Norse, lie under the sed of Iona is day. One spot, known as the Fomp of 'he Kings is still marked by a row of monuments, fenced in by an incongruous modern iron railing. It lies in a bare plain, whose surface is dotted with other stones and monuments, half covered with grass, leaning sadiy half covered with grass, leaving sadly awry. It is a long time since those

swry. It is a long time since those stones were raised.

In spite of a gloomy climate, Iona is beautiful. The soil is so fertile that for centuries its fertility was regarded as miraculous, due to the atmosphere of heliness rather than the soil. Behind its sea cliffs, the swale rises and falls in dimpled green heliows; the beaches are white with shell and sand. The sixty kings have chosen a fair resting place.—Exchange.

# FIELD CASHIERS **PAYMASTERS**

IN FRANCE

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# FOREIGN CHEQUES

THE BEST WAY TO SEND MONEY TO THE BOYS IN THE TRENCHES

### THE PEASANT'S RIDDLE

and How the Sicilian Kept the Promise He Made to the King.

A Sicilian laborer told us this story. He says his mother told it to him when he was a child. It sounds like one of Grimm's tales and is undoubtedly very old folk love:

"My mother told me that once there" was a king who saw a peasant working in a field and asked him how much he earned. And the peasant said, 'Four carlini a day.' 'What do you do with your 4 carlini?" asked the king. 'One I eat, the second I put at interest, the third I return, and the fourth I throw away.' This puzzled the king, and he asked the peasant what he meant. And the

"'I buy my food with one. I feed my children with the second, and that is putting money out at interest. I feed my old father with the third, and that is paying back what has been given me. I give the fourth to my wife, and giving her money is throw-

card will bring free samples CUTTCUE SOAP which give

quick relief and point to speedy healment. Then whynotmake these sweet. pure, supercreamy emollients your every-day toilet preparations and prevent little skin troubles

For free sample each address post-card: "Caticura, Dept. N. Bostos, U. S. A." Sold throughout the world.

becoming serious.

"'That's a good riddle,' said the king, 'and I must tell it to my friends. Promise me that you won't tell any one the answer till you have seen my face a hundred times.' So the peasant promised, and the king went back to his palace and asked them the riddle. Nobody could answer, but one remembered seeing the king talk to a peasant and asked him about it. But the peasant said: '1 can't tell you. I promised the king I wouldn't tell the answer till I had seen his face a hundred times." 'Oh, that's easy!' said the king's friend, and he took a hun-

"So the peasant told the king's friend the answer to the riddle, and the king's friend went back to the palace and said to the king, 'I can guess your riddle now,' and he did. Then the king became angry and said: 'You couldn't have guessed it. That peasant has broken his promise!' So the friend had to tell the king how he had fooled the peasant.

dred lire out of his pocket and every

piece of money had the king's face

ped on it.

### Paste This On Your Mirror.

If your boy goes to the Front: He has twenty-nine chances of coming home to one chance of being killed.

He has ninety-eight chances of recovering from a wound to two chances

dying.

He has only one chance in 500 of loswill live five years longer because of physical training.

He is freer from disease in the army than the civil life.

He has better medical care at the front then at home.

In other wars from ten to fifteen men died from disease to one from bullets. In this war one man dies from disease to every ten from bullets. This war is less wastful of life than any other in history.
Only 10 per cent. of all Canadians disabled for further service has been physically unable to engage in their former oc-

cupations.

If your hoy is one of the 10 per cent.

the government will re-educate him inanother vocation at which he can earn

TIN'S BIG PART.

# Very Useful is This Metal in Our

The threatened shortage of tin is a reminder of the importance of that metal and of the part it has played in the commerce and industries of the world from remote times. In all the books of history treating of the anclent world it is recorded that the Phoenicians made voyages beyond the pillars or the gates of Hercules- the straits of Gibraltar-and sailed as far to the north as that land now called England, bringing back among many other commodities tin from Cornwall. Tin was an export of prime importance from the British islands centuries before the invasion of British by the legions of Caesar.

Tin is referred to in the Bible, and scholars have learned that copper was alloyed with tin by the Egyptians of Christ. Piny has something to standing of the difference between tin

At a much earlier period the Greek with tin, called it "hermes."

ings in the world, and perhaps those white sand, and indulge in sea bath-

Red Rose Tea in

always fresh, always

the sealed package is

good, always worth

the price on the label.

Kept Good by the

Sealed Package

Old Tea Looks All Right

Old tea and fresh tea, poor tea and good

tea, all look alike. No wonder a woman

often gets a bulk tea she doesn't like.

that were next discovered and opened were in Saxony and Bohemia. It is believed that the manufacture of tinplace, or, as it was begun in Bahemia early in the 17th century, that it spread from there to Saxony, and it was introduced into England in the latter half of the 17th century. Tinplate consists of iron or steel

rolled into very thin sheets which are then coated with a composition of tin and lead constituting from 75 to 90 per cent. of the composition. There have been processes and improvements in those processes for coating the iron sheets with the tinlead mixture and these processes of 'tinning" are very interesting. The use and production of tinplate have enormously extended with recent years, not only because of the remarkable growth of the canning business, but because of the popularity of tinplate for making containers of many shapes and sizes for a great variety of articles."

Tin is found in ores with many other metals and minerals and in lumps and grains in alluvial gravels. It is found in Siberia, Australia, Guiana, and, in fact, most parts of the world, out the notable workings, those whic. furnish the great part of the supply which the world consumes, are in Bolivia and the Straits Settlements. A large amount of tin is consumed in the manufacture of tin foil, tons of

which are used annually in the tobacco trade, and another extensive use for tin is in "silvering" the backs of mirrors. In being used in this way it is mixed with copper. Tin is also used in the making of bronze, brass and pewter.-Washington Star.

## SERIOUS ILLNESS AVOIDED

Many a serious illness has been avoided by the prompt use of Dr. Williams' Pink Pills. These pills actually enrich and purify the blood, and in this way build up the system, tone and strengthen the nerves and invigorate the vital organs.

Serious diseases generally come from some simple disorder that has been neglected. Therefore any thinning co the blood should be looked upon as a warning sign, and more serious illness should be avoided by the use of Dr. Williams' Pink Pills. In the case of young girls and women the blood is peculiarly liable to get out of order-to become thin and watery—and to lead to a general breakdown in health. This can be avoided by the occasional use of Dr. Williams 'Pink Pills, which are suitable for the most delicate constitution. These pills will give you a new appetite, improve your digestion, tone and strengthen weakened nerves, banish depression and lack of energy, clear the complexion of pimples and blotches, cure pain in the back and general weakness, cause the disappearance of headaches, dizziness and heart fulttering. Give these pills a fair trial and you will soon note a wonderful change in your condition. Your spirits will brighten, good health and strength will return, and you will feel like a new person. You can confirm these statements by enquiring as thousands and thousands of hope-less sufferers have been restored to new health and energy by using Dr. Williams' Pink Pills.

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams. Medicine Co., Brockville, Ont.

### HELIGOLAND.

### Once Fashionable Watering Place is "Bristling Fortress."

Some places, like some people, have greatness thrust upon them, and much greatness has, especially of late, been thrust upon the little island of Heligoland, which rises abruptly out of the the North Sea some thirty-four miles northwest of Cuxhaven. The Germans, since the cession of the island to Germany by the United Kingdom in 1892, have spent vast sums of money on it, in the effort to make it an effective naval base. They have built a sea wall of steel, granite and concrete, twenty-five feet high all round it; they have constructed a harbor for submarines at great exat least 1600 years before the coming pense; they have honeycombed the rock of its mighty cliffs two hundred say about tin, and students of his feet high, with galleries; in fact, they writings believe that in his time the have done everything that could be Romans had no very clear under- done to transform the island into a "bristling fortress." What they have and lead, but they knew there was a done, however, is as nothing com-difference, because they called lead pared with what they have been cred-"plumbum nigrum" and tin, "plum- ited with doing, by those who, with a bum album." The early Greeks called sorry knowledge of the facts insist on tin "kassisteros" and the Hebrews regarding Heligoland as little less than the key to the naval and mili-It was about the fourth century tary strength of Germany. Germany that the Romans, having come to a has, of course, done much to the isvery fair understanding of the proper- land since the outbreak of war; but ties of tin, called it "stannum," which how much is a question which could remains its technical or scientific never, probably, be answered to everyname to-day. Its symbol in chemistry body's satisfaction, because nobody, is "Sn," an abbreviation of stannum. except the German authorities, knows.

The Heligoland, however, of the alchemists, who long experimented days before the war was open enough vith tin, called it "hermes."

for anybody to see. Many visitors in the tin deposits in the south of the summer months of each year England are the oldest known work- wont to seek at its shelving beach of

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THOS. FRENCH

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and in walking about on the green Oberland. And the first thing that struck the new visitor must surely have been the smallness of the place, a little triangular piece of land, just a mile long, and barely a third of a mile across, only one-fifth of a square mile in all. Centuries ago, however, Heligoland was at least five times its present size, and a place of no little importance. Like so many islands, it had a peculiar attraction for the peoples of the surrounding mainlands. They stood in awe of it, and mythology early claimed it for its own. Here the Forseti, the god of justice, had a temple, as had also, according to another tradition, the goddess Hetha, 1 a special object of veneration amongst the Angles of the mainland. Later on it was the realm of the pagan king. Radbod, and it was hither that Sir Willibrod came, in the seventh century, preaching Christianity. But all the while the ownership of Heligoland was in dispute. Sea rover fought sea rover for possession of the island, un-til at last it became a flef of the dukes of Schleswig-Holsien. Even then, however, it had little rest, for, whenever the dukes of Schleswig-Holstein found themselves in need of ready money, they had a way of hypothecating Heligoland for loans advanced in the free city of Hamburg. Ceded to England in 1814, the island was, as already noted, transferred to Germany in 1892, and the Heligolanders did not welcome the change. They are not, as one writer clearly points out, Germans in any modern sense; neither have they, by race or language, any affinity with the Dutch Frieslander. They are, indeed, generally supposed to be survivale of the Saxons who remained behind when Hengist and Horse and his followers set sail for England. But one

break of the war.-Christian Science Minard's liniment Relieves Neuralgia

within forty-eight hours of the out-

### Coilege St. Toronto

Rospital for Sick Children

ITS CHRISTMAS MESSAGE Dear Mr. Editor:-

Thanks for your kindness in allowing me the privilege of appealing to your readers this Christmas time on behalf of the Hospital for Sick Children, the 'Sweetest of all Charities," which has as its mission the care of the helpless the sick, the crippled and the deformed There never was a year in the his tory of the Hospital when funds to

carry on the work were more needed Your purse is the Hospital's Hope. Your money lights the candles of mercy on the Christmas trees of health that the Hospital plants along the troubled roadway of many a little

so I am asking you for aid, for the open purse of the Hospital's friend is the hope of the Hospital at Christmas, just as the open door of the Hospital's mercy is the hope of the little children throughout the year.

Calls on generous hearts are many in these times. Calls on the Hospital are many at all times, and especially when food and fuel and drugs and service costs are soaring high. YOU know the high cost of living. Do you know the high cost of healing-of helping the helpless to happiness? What you do to assist is the best investment you will ever make.

Do you realize what this charity is doing for sick children, not only of Toronto, but for all Ontario, for out of a total of 3,740 in-patients last year 646 came from 254 places outside of Toronto. The field of the Hospital's service covers the entire Provincefrom the Ottawa to the far-off Kenora -from the borders of the Great Lakes to the farthest northerly district.

The Hospital is doing a marvellous work. If you could see the children with crippled limbs, club feet, and other deformities, who have left the Hospital with straightened limbs and perfect correction, your response to our appeal would be instant. In the Orthopedic Departments last year a total of 330 in-patients were treated; and in the Out-Patient Department there were 1,346 attendances.

Let your money and the Hospital's mercy lift the burden of misery that curses the lives, cripples the limbs and saddens the mothers of the suffering little children.

Money mobilizes the powers of help and healing for the Hospital's drive day and night against the trenches where disease and pain and death assail the lives of the little ones. Remember that every dollar given

to the Hospital is a dollar subscribed to the Liberty Loan that opens the prisons of pain and the Bastilles of disease, and sets little children free to breathe the pure air, and to rejoice in the mercy of God's sunlight. Will you send a dollar, or more !! you can, to Douglas Davidson, Secretary-Treasurer, or

J. ROSS ROBERTSON. Chairman of the Board of Trustees

The only man who has more friends to he needs is the man who doesn't need any.

## ISSUE NO. 50 1917

SITUATIONS VACANT.

YOU-CAN MAKE \$25 TO \$75 weekly, writing show cards at home. Easily learned by our simple method. No canvassing or soliciting. We sell your work. Write for particu-

AMERICAN SHOW CARD SCHOOL, 801 Yougo Street, Toronto.

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WANTED - PROBATIONERS train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED-LOOM FIXER ON CROMP-TANTED-LOOM FLABIL OF ton and Knowles Looms, weaving heavy blankets and cloths. For full particulars, apply The Showsby Manuparticulars, apply The Slinesby Manu facturing Co., Ltd., Brantford, Ontario.

MONEY ORDERS.

DOMINION EXPRESS cheques are accepted by Field Cashiers and Paymasters in France for their full face value. There is no better way to send money to the boys in the trenches. ing, in climbing the high red cliffs

### MISCELLANEOUS.

FARMERS WANT HUTTER-GET REliable churn and recover it nif it churns easier, quicker, sanitary; you will be money ahead to put your other churn out, as well as saving yourself all the hard work. If no dealer in town, order from Reliable Churn Co., 141 King street east Toronto. street east, Toronto.

RAW FURS WANTED-ALSO BEEF hider, tallow, wood, sheepskins, horse hides, calfskins; reference, the Bank of Montreal; I have bought furs since 1873; ships me yours. Henry O'Brien, opposite Y.M.C.A., Third Street, Collingwood, Ont.

### FARMS FOR SALE.

159ACRES—PARTS OF LOTS 25 AND 26, in third concession, township of Haldimand, County of Northumberof Hullimand, County of Northumber-land, 24 miles from Grafton onlies from Cobourg; large brick house, 10-rooms; large barns and poultry houses; 20 acres in apples, 10 in cherries; two-wells and clstern; also running water in pasture; rural mail delivery and tele-phone; price \$7,500; immediate possession; owner overseas. Douglas Ponton, 10-King street east, Toronto. owner overseas. Dougla King street east, Toronto.

AT A SACRIFICE—4.00) ACRES LUMber, ties and ranch; 3,000 acres lumbre and fruit lands; in Buckley and Lakelse Valleys. Address, Box 789, Prince-Rupert R. Rupert, B. C.

65 ACRES \$4.500-TWELVE MILES storey brick house; hank barn; half a mile to school; two miles to station; great bargain. It acres of wheat lacking well. Choice warm sand loam. T. A. Faulds, 39 Victor Street, London, Ont.

county; four miles west of Gait; 150 acres excellent wheat land; two-storey frame house; good bank barn. George P. Moore, Galt, Ontario, Executor of J. D. Moore Estate.

### POULTRY WANTED.

may be forgiven the paradox, for, according to all reports, the civil population of the island was removed write for complete price list. Waller's, within forty sight house of the same was removed.

WE HAVE THE BEST MARKET IN
Western Ontario for good live or
dressed poultry. We supply crates and
remit promptly. Get our prices before
selling. C. A. Mann & Co., London,

### BUSINESS CHANCES.

JUST TWELVE SALES EARN 519
premium and 55 in cash; opportuity to clear several
Christmas; write quick for dethils. For
ter Phonograph Company, Foster, Que

### New These.

Black velours with a black check, aimost invisible, running through the Boquet veils—hexagon meshes with horers, chenille dots and 'lower patterns. Military overcoats for men—coats with high straight shoulders, flare skirts and belts that butten in wont. Soft crown velvet hats with trimmings of black braid and hanging tassels, Autumn silk petticoats of red. purple, rose, blue, gray or green taffeta or Jersey silk with finely pleated flounces.

Minard's Liniment Cures Burns, Etc.

### China and the Tartars.

The Manchu Tartars, who conquered the early Chinese, have left the impress of their former manner of life upon many styles seen to-day in Chinese fashions of clothing. For instance, the official coats, as seen in China at the present time, are made with very peculiar sleeves, shaped like a horse's leg and ending in what is an unmistakable hoof, completely covering the hand. These are known as horseshoe sleeves. This is owing to the intense love of the early Tartars for horses, from whom they were practically inseparable during their generations of wild wandering before settling down in China proper. The old queue is also said to have been worn in imitation of the horse's tail and also as a useful halter to tie about the horse when the Tartar curled up beside his beloved dumb friend for a sleep.

Minard's Liniment Cures Dandruff.

### Guest Dessert.

All in an ice-cold sherbet glass-Halved marshmallows. Diced fruit. Chopped nuts. Grape juice. Whipped cream. Cherry.

In sizing up their friends the only distinguishing mark some people can see is the dollar mark.

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Please Mention This Paper.

B

From 800

Halifax, 1 dreds of pe ands are in of a frightf which follo treme north

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