

ON ARTIC WARRIORS

Not Recruited From People of Polar Regions.

Battle history halts at the Arctic Circle. Beyond that human life is so difficult to sustain that its wilful waste is unthinkable. The Lapps and Samoyeds of Arctic Russia, like the eskimos of North America and Greenland, are so often compelled in times of dearth and famine to sacrifice their aged weaklings that this form of death has become a vague religious and social triumph with them.

The armies of the great white Czar, like those of the King-Emperor, says Pearson's Weekly, are not recruited in such distant places; indeed, the men are of such meagre stature and intellect that a military training is next to impossible—certainly not a thing to be persevered with in the days of a great campaign.

The population of Arctic Russia, both in Asia and in Europe, sons that cause rheumatism. cutside the official and mercantile classes, contains few elements which are truly Slavonic, but in tains to all the people living in his statement: Serbia, which is always portrayed as a land of ice and snow and unhealthy marsh.

The Siberian battalions, which have won so great a fame in the Russian campaigns, are drawn manly from territory as near the equator as Great Britains It is undeniable that their winters are once, eased the pain and took the stiffteribly severe, but in the hot sum- ness out of my muscles. mer crops of the utmost value can be sown, ripened and harvested. run like I did forty years ago." It is not impossible to lead a ro-Russia.

through hurricane and blizzard but their value is rather to the explorer of the inhospitable North than to the soldier. As hunters they are wonderfully clever, yet they are curiously formal in administering the coup de grace.

They will apologize to the fierce white bear which they have cornered before advancing to a close attack with bone-tipped arrows and spears, a duel in which the terns or shapes of the flags and then odds seem decisively on the bear destroying the man. They are therefore not cowards in any sense, and few British sportsmen would risk their lives against bear and wolf and walrus protected only by futile weapons and their own personal dexterity.

They are free from national duties and taxation, and their intercourse, even with fur traders of blood alien to their own, is very meagre, indeed. There are dialects spoken by those tribes which have never been interpreted and never reduced to writing, and their ideas of the great world outside the tundras and steppes are Interesting Trade News From very crude.

A generation may pass before the story of the Grand Duke's great campaign filters north, and even then it will be incomprehensible to persons to whom a crowd of even a hundred human beings would be a marvel. Now and then stray whaler or exploring ship comes within sight of the shore camps and a little barter by means of signs is carried on, but the inland dwellers have not even this communication with the outside world.

It isn't every fellow who can fall in his own estimation without hurting himself.



Hallam Sullding, Toronte

Why They and Falling

Show Varied Colors.

The earth's atmosphere is now lieved to have three fairly distinct strata, the first, extending up to about forty-five miles, having nitrogen as the eading constituent, the second, with its upper limit at about 125 miles, being chiefly hydrogen, and the third, at a rietic Fund has 25 guardian accounts greater height, consisting of a very thin as, which has been named "geocoron-

Dr. Alfred Wegener has attempted to explain the striking differences of color in meteors or "shooting stars" and says that meteors coming from outer space are not sufficiently heated in the exceedingly light gas to become luminous.

Their fail through the hydrogen layer couses them to become incandescent, and before they reach the lowest stratum most of them are completely dissipated. A few of the largest, however, penetrate the nitrogen atmosphere, a very small number reaching the earth's surface.

It is found that the deep falling meteors pass through three stages of coloryellow-white, green and deep red—and it is concluded that the green is due to incandescence of the hydrogen and the red to that of the nitrogen. Dr. Alfred Wegener has attempted to incandescence of the hydrogen and the red to that of the nitrogen.

Only the first stage is seen in the quickly dissipated meteors, the white, yellow or something reddishness being evidently the glow of the metor substance.—London Family Herald.

AMERICAN COLONEL GIVES FREE ADVICE TO RHEUMATICS

SAYS IT'S SHEER FOLLY FOR ANYONE TO SUFFER THESE DAYS.

Rheumatism can't be cured so long as your system is weak and run down. You must first build up and get strength to fight off teh disease.

Ferrozone cures because it builds up, because it renews the blood and dissolves the Uric Acid and the poi-It is proved right here that Ferro-

zone does cure. Col. H. M. Russ, of Edwards, St. the minds of insular Britons the heroes of the Civil War, was comreputation of Arctic dwellers per- pletely restored by Ferrozone. Read

"I couldn't get around without a cane, and then only with difficulty. "Rheumatism took complete control of my limbs.

"Suffering was more intense than hardships on the battlefield. "When my doctor had done his best

got Ferrozone. "Then came a quick change. "Ferrozone gave me comfort at

"I am well to-day.

cured me completely. I can jump and Be sensible about your case. If your bust life in the Siberia of military present medicine is useless give it up.

Don't experiment again. Ferrozone The real natives of the Arctic is known on an suces to be a cure and industrial use, especially fans, that does cure. Why not get a supply and industrial use, especially fans, stored the arctic is known on an suces to be a cure and industrial use, especially fans, stored the arctic is known on an suces to be a cure and industrial use, especially fans, and industrial use, and indust is known on all sides to be a cure of electrical appliances for domestic can endure hunger and fatigue— to-day. The sooner you begin Ferro- stoves, irons, ovens, pumping outfits, can march in their own fashion zone the quicker you will get well. and motors of from 1 to 25 h.p. Price 50c per box or six for \$2.50 et all dealers, or direct by mail from The Catarrhozone Co., Kingston, Ont.

Ship Signals at Sea.

There are various ways in which ships signal at sea. The most general method in daylight is by code flags and pennants, these being arranged according to an international system of signals. But sometimes, owing to weather conditions or distance, it is not easy to distinguish the colors, patother methods have to be adopted. Chief among these is a system of exhibiting cones, balls or drums, various orders and positions representing different things according to the recognized international cede. One combination means, Show your ensign; another, Is war declared? Another, War is declared. Another, Beware of terpedoes, or channel is mined. Another, Enemy is in sight. Another, Keep a lookout; enemy's ships reported about disguised as merchantmen, and so on.-Exchange.

Minard's Liniment for sale Everywhere.

COMMERCIAL NOTES.

British Export Cazette. The revised customs tariff for Mex-

ico has come into force. Real and imitation jewellery is in large demand in Egypt. A British consular agency has been established at Bahia de Caraquez. Ecuador.

British goods are rapidly replacing those of German origin in South Rus-Trade in Cyprus is increasing. Last

year imports were £588,019, against £496,744 in 1914. There is little demand for large gas

ranges in France, but small gasolene and oil stoves would find a good mar-Morocco imported British goods to £2,044,456 in 1915, an increase of

£267,980 on the total for the pre-war year 1913. Japan is shipping cotton bootlaces to Australia in large quantities, and to avoid duty on the completed article the tage are being chipped separ-

Italy's imports from the United Kingdom from January to May were valued at £17,180,000, against £6.-809,000 in the corresponding period of last year.

An American-Argentine Company lately established in the Sierras Bayas district, Argentina, for the manufacture of cement. will comnerce production shortly.

Since the war started the United States has increased its mercantile marine from 2,405 vessels of 1,076,152 gross tons to 3,135 vessel sof 2,194,470

Many stocks of razors in Chile are entirely sold out. Former supplies were largely from Germany, and to- be rinsed will preserve the color.

FROM BIRTH TO BURIAL

The Hamilton People Care for Their Soldiers' Dependents in a Comprehensive Way.

riotic Fund finds room for its energles everywhere. In Hamilton the Canadian Pat-

for children in Homes, for women who are not able to handle their own money. To these accounts are deposited the proceeds of sales of properties made on behalf of soldiers. The number of these accounts is increasing monthly, many of the dependents having recently asked that the Fund be to some extent their bankers.

The Hamilton Fund owns a cemetery plot in which has been buried, since the formation of the Branch, 78 children, wives and other dependents of men of the C.E.F.

The Fund has at the present time an employment department, where are listed those desirous of obtaining sitnations, and each day some of these are brought into contact with people desiring their services.

The social service work extends far afield, everything being done that is possible to protect the women, to restore to their home such as have gone astray, and to strengthen the moral fibre of the weak. A few illustrations a home. For a time it appeared that will show how thoroughly the officials of the Fund do this work:

An enlisted man had been earning been always a bad manager. There sent to an Industrial Home tempor- of money earned by herself by her arily and the family placed on a better daily work in a factory.

tal imports amounted to nearly 8,500

Japan ordered 800.000 cotton looms from England prior to the war; only 90,000 have been delivered. The British ban on iron and steel has prevented delivery of the remainder. As many as 65 new companies were

dozen annually.

(£11,000,000 at normal rate of exchange), against £4,000,000. Bolivia's trade during the first four

was wholly in exports.

favoring the increasing importation dealers.

to New Zealand increased from. £400, is laundered to prevent the yellow 000 in the first half of 1914, and a similar amount in the same period of 1915, to £630,000 in that of 1915. Higher prices were to some extent responsible.

Japan imported iron of various kinds during the first half of the present year to the extent of £5,700,000 more than in the corresponding perlod of last year. The United Kingdom. were the chief suppliers.

The British participation in trade of Ceylon rose from 38.7 per cent, in 1913 to 42.2 per cent, in 1915: and that of British Possessions from 36.6 per cent. to 31.9 per cent; while the trade of foreign countries declined from 30.7 per cent to 25.9 per

Copper is reported to have been discovered in Newfoundland.

Marion Bridge, C B., May 30, '02.

I have handled MINARD'S LINI-MENT during the past year. It is always the first Liniment asked for here, and unquestionably the best toward culture. seller of all the different kinds of he confided to Miss Reba Gordon, who Liniment I handle.

NEIL FERGUSON,

How to Make Starch.

This is the way to make plain boiled starch: Allow two tablespoonfuls of starch to a gallon of water. Wet the starch with cold water until it is of the consistency of cream. Then pour over it the water, which is bubbling. Stir constantly until smooth and boil for five minutes. Add an inch of candle—to a gallon—or a tablespoonful of lard to give a very smooth starch. This is the foundation for all starching, excepting that done with uncooked starch. If a very stiff starch is desired a tablespoonful of gum arabic water to a quart of starch gives good results. To prepare gum arabic water pour two cups of boiling water over a quarter of a pound of gum arabic. When the gum is dissolved, strain the solution into a bottle, cork and keep on hand for use in the laundry.

Minard's Liniment Cures Burns, Etc.

Veal en Casserole. Fry out in the casserole several cubes of salt pork with an onion; place a thick slice of meat in this and add a can of tomatoes and bay leaf, if at hand. Season and cover. Cook in oven one and one-half hours and serve in caserole with plain boiled rice for vegetable.

A cupful of vinegar added to the water in which colored clothes are to

The Hamilton Branch of the Pat- footing generally. The man has since returned. The daughter had been brought home and the affairs of the to visit Junor's, the House for Gifts. See our display of China, Art Pottery, Cut Glass and An-

family are in such a position that the man himself has felt free to again offer himself for enlistment. Another man, an exceptionally desirable type of soldier, left his little family, at the time of the second contingent, happily situated in a nice home with a warrant officer's pay and allowance. All seemed to go well un-

til the wife developed a mental trouble which made it necessary to remove her to an asylum for insane. The fund took charge of the household placed the four children in care of a competent housewife, kept the home intact, the insurance paid and made application for the return of the enlisted man. The prompt atention to the case will undoubtedly result in a permanent cure of the unfortunate woman and the man will in his own home to welcome his

wife when she is able to return. In one case a wife had so misconducted herself that it finally became necessary to take proceedings through the Children's Aid Society. and her two small boys were placed in this meant the final collarse of the woman's will power, but repeated interviews, some small kindly acts, \$15 a week. His wife, apparently had some little payments of old accounts. the adjustment of back taxes, relies were five children and with the man's from pressing creditors, brought from enlistment she was in receipt of \$70 the soldier's wife a promise that she a month. She immediately contracted would work and remove herself from debts for a baby carriage and furni- the companions who had caused her ture, and the end of each month much trouble. This woman has now found her without any ready money. for months past been working stead-The eldest child, a girl of eleven ily, visiting her children regularly, he had been in "No Man's Land." years, did some of the buying and the buying clothes for them, and deposit- The only food he had had was grass consequence was extravagance. The ing monthly with the Patriotic Fund and daisies. Think of it. A week in Hamilton Fund arranged with a lady her separation allowance and assignhelper to receive the allowance from ed pay. This is being used towards or drink, with a big bombardment gothe fund and disburse it on account the payments on her home, and in of the children. The eldest child was addition she has made some deposits

Drooping, Tirad, Weary Try This Remedy!

Don't give in to that depressed, played out, don't care sort of feeling. Better days are ahead. Cheer up, do formed in Russia in July against 23 as the other fellow is doing, tone and in the same month of 1915. The total strengthen your blood, and you'll feel capital, too, was 105,880,000 roubles like new again. You'll dance with new found energy once you use Dr. Hamilton's Pills. They will quickly fill your system with energy, bring months of the year amounted to £8,- back the old appetite, restore that 031,200, an increase of £3,064,000 over long lost complexion, make you feel the total for the corresponding period like a kid again. A wonderful mediof last year. The increase, however, cine, chucked full of health bringing qualities. You need Dr. Hamilton's Shortage of coal in Venezuela is Pills. Get a 25c box to-day at any

Use for Glycerine.

Tea stains on linen should be rub-The importation of cotton goods in- bed with glycerine before the article discoloration.

Glycerine should be added to hot lemonade in place of augar for a cold. It makes the remedy more efficacious. When black kid gloves become shabby rub them with equal parts of glycerine and black ink. This is a good dressing for black leather of any sort. Wet shoes rubbed with this are not so hard when dried as if allowed to the United States, Sweden, and China dry first. Fill shoes with paper to absorbe some of the dampness and to help them keep their sliape. Use a few drops of glycerine and a

small lump of borax to a quart of water when wiping off paint or oilcloth if you wish to have the polish of new articles.

Minard's Liniment Cures Dandruff.

His Writings.

Every Sunday morning Mr. McGlebe walked up to Central Park from his boarding house in the West Twenties and looked at monuments and things. After the walk it was his habit, when the opera season was on, to look at the Metropolitan oill for the coming week. He inclined himself slightly

sat next to him at the table, "but I am waiting until something of Mazzini's is sung."

"What did he write?" asked Miss Gordon, one of those strange persons

who never try to mask their lack of information. "His best," I think," said Mr. Mc-Globe, "are 'Dio e il Pepolo' and 'Pen-

siero ed Azione.' At least those are the ones which appear on his monument in the West Drive. But I never appreciated by modern theatregoers." -New York Sun.



bombs. Five of the party got back. It was assumed that the other twohad been killed or wounded. Two days later a lone figure was seen walking

about between our own and the enemy lines. Both sides fired at him. The man rushed like a scared rabbit into a big shell hole. Five days later a worn, dishevelled, khaki-clad, dirty, unshaven man came over the parapet. Rough but kind words of cheer greeted him-as well as a stretcher. The poor fellow was light-headed. For a week, without either food or drink, "No Man's Land" without either food ing on intermittently from both sides and both friend and foe-your identity unknown to either-firing at you!

THE HOUSE

FOR GIFTS

When in Hamilton do not fai

tique Furniture, Pictures, etc. You

Hamilton, Ont.

'NO MAN'S LAND."

What It Means to Get Lost in Be-

tween the Lines.

A London paper says: Seven men.

including a N.C.O., went out to ex-

plore an enemy sap. The

awaited them. The Boche

SOUTH SIDE

Boche

will be made welcome.

62 KING ST. E.

Winter Walking.

Winter walking diminishes greatly but strengthened by such convincing the time spent in the open air by those who ride in automobiles. It comes near putting bicycles out of water outings.

All of which means that more walking instead of less ought to be done in cold weather. There is no other way of moving about the open air which keeps a healthy human being's feet so warm and brings such a glow of warmth from the body itself. If the pedestrian is properly clad, especially in respect to keeping dryshod, all of the effects of winter walking should be beneficial.

With a little care and discretion such exercise can be made as agreeable as it is wholesome. Usually there is no dust. Often the temperature is neither too low for comfort por too for vigorous exercise without weariness or lassitude. Rightly timed and kept within

bounds, winter walking is a good preeaution against the ill effects of sedentary life and too much indoor air .-Cleveland Leader.

DRS. SOPER & WHITE



SPECIALISTS Piles, Eczema, Asthma, Catarrh. Pimples, Oyspepsia, Epilepsy, Rheumatism, Skin. Kid-ney, Blood, Nerve and Bladder Diseases.

Call or send history for free advice. Medicine furnished in tablet form. Fours—10 a.m. to 1 p.m. and 2 to 6 p.m. Sundays—10 a.m. to 1 p.m. Consultation Free DRS. SOPER & WHITE

25 Toronto St., Toronto, Ont. Please Mention This Paper.

LOVERS' SECRETS.

Should They Tell of Former Heart Affairs?

A dear girl friend recently asked "Should I tell Jack about my me: brief and unhappy engagement to that other man?

Did I think, she asked, that a comfession of the unpleasant experience that she suffered when she was little more than a child, not through folly, see them advertised. I guess he is not but through sheer inexperience, would make her Jack love her less?

Would it cauze him bitter unhappi-The question whether engaged couples should confess to each other is a

very big one. Still, I will give my own honest views, just as I gave them to my friend, for they do apply to the average nice girl.

Yes, think it well over, and then, if there is anything to tell-well, tell him all about it. If the man is sensible, he will see that the instinct prompting his sweetheart to tell him of what happened before they met is just the outcome of her whole-hearted love for

When a girl is really and truly in love she feels that she must tell everything—that she simply cannot retain a secret from the man she loves. A man really can't quite understand how tremendous is his sweetheart's craving to open her heart to him entirely, to lay bare the best and the worst in her na-

With a woman, to love is to give. She gives everything, glorying in the giving.

The girl who is whole-heartedly in love cannot help thinking that it would be nothing short of machine to her love to hide a single meident of any moment concerning herself from

ISSUE NO. 1, 1917 HELP WANTED

WANTED—GIRLS TO WORK ON hait underwear—seamers and finished stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmerman Manufacturing Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont.

WANTED-LADIES TO DO PLAIN and light sewing at home, whole or spare time; good pay; work sent any distance, charges paid. Send stamp for particulars,—National Manufacturing Company, Montreal.

WANTED—A GOOD GENERAL SER-vant for small family; highest wages; comfortable home. Address, Mrs. John Eley, 25 Homewood Avenue. Hamilton, Ont.

WANTED-HELP FOR WOOLLEN WANTED—HELP FOR WOOLLEN mill spinners, and weavers. We also have several openings for inexperienced help, where energy and ability will bring promotion. We will engage several female apprentices to learn weaving. Splendid opportunity to learn trade which always offers steady employment at high wages. Special inducements to family workers. Writa, stating experience, if any, age, etc. to Slingsby Mfg., Company, Ltd., Brantford, Ont.

FOR SALE.

FOR SALE AT A BARGAIN

POTTER CYLINDER PRESSES—A half sheet Double Demy and half sheet Double Royal size: Make us an offer for them. Well suited for a Country Printing Office. Address, Times Printing Company. Hamilton, Ont.

PRINTING.

CARDS PRINTED, YOUR NAME. As many as winted at rate of 30 for 15c. post paid. Low Price, Good work, J. Layton Cain, Woodstock, Untaria.

the knowledge of the only man who matters. She feels that it would be obtaining the most priceless thing in the wide world by false pretences if she did not tell him every tiny thing about

herself. Now, no reader must be angry with me, or think that I do not appreciate her lover at his true worth, if I just point out that, by confessing about any previous affair, a girl is applying some

sort of test of her man's love. If-please forgive the if-he loves as he should do, then his devotion will be proof that his girl loves him with all others, to care for her always in the future.

But if it happened that he did not use. From steamboats to canoes, love deeply and sincerely enough to there is almost entire cessation of hear all about the other man-who, as was the case with my friend, was met long before the girl ever realized that such a person as "Mr. Right" existedwithout losing some of his respect and regard for the girl, then I would say seriously that it would be better for their future happiness if they parted

There is an old-age tradition that permits a man as many flirtations or 'affairs" as he wishes before his marriage. His dallyings are recognized preliminaries to finding the right girl -the one whom he can honor above all others. This may not be right, but it just is so.

There is a silly saying: "The more oves a man has shed, the more he'll honor the woman he'll wed." just so long as men are content to apply that code of morality to themselves, it is only just that they should let it apply in some measure to the girl they love, if necessary.

Minard's Liniment Relieves Neuralgia.

Blundering Reporters.

"Drunkenness is folly," carnestiy exclaimed Bishop Mages in the House of Lords on a celebrated occasion. How horrified was the prelate to read in the papers next morning that he had given utterance to the very bacchanalian sentiment, "Drunkenness is jelly."

Lord Salisbury was a master phrase maker, but one of his best points was speiled when a careless reporter turned his reference to "manacles and Manitoba" into the meaningless "manacles and men at the bar."

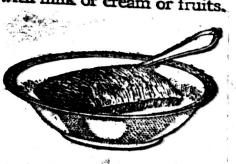
Lack of knowledge of familiar quotations is a prolitic source of misreporting. For instance, a speaker once made use of the well-known lines from Milton's "L'Allegro": But come, thou goddess, fair and free,

In heaven yelept Euphrosyne. The brilliant reporter deputed to take him down" was in despair. He could not make head nor tail of this mysterious utterance. But, following the sound as far as possible, he seized his pen and produced the following: But come, thou goddess, fair and free. In heaven she crept and froze her

knee. The speaker was taken down in ricre senses than one.—Tit-Bits.

A man claimed he was cured of the drink habit by using Peruvian bark

Putting Punch in Preparedness is not a question of guns and shells alone —it is a question of men and you have to build men out of food. Be prepared for the critical moments in life by eating Shredded Wheat, a food that supplies the greatest amount of muscle-building material with the least tax on the digestive organs. For breakfast with milk or cream or fruits.



Britain a Terms :

WIL: Russia H to F

London. and France the terms of the peace pr allies, the As the Foreign here that t spatched by other nations agreed in pr bal alteratio sitate further It is expec has been for President W very shortly. Russia's re proposais wa the French ter despatch

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will be a Cer

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OFFER Amsterdan on the Germ. on's note. Berlin says: Germany has mas festival

to President