

# CUTICURA HEALS. ITCHY PIMPLES

On Face. Badly Disfigured.  
Used 2 Boxes Ointment  
and 3 Cakes Soap.

"I had a bad itchy lot of pimples on my face which made it badly disfigured. They were inflamed and came to a head, and I could tear my skin as soon as a little heat came near them. I could hardly sleep.  
"When I saw Cuticura Soap and Ointment advertised I sent for a free sample which did so much good that I bought more, and I used two boxes of Cuticura Ointment and three cakes of Cuticura Soap when I was healed."  
(Signed) Miss Bertha Nilsson, Stockholm, Swed.  
If you have a good complexion keep it so by using Cuticura Soap daily and Cuticura Ointment occasionally.  
For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

## A COLONY OF BEES.

Its Members, Their Product and the Heat of a Sting.

A colony of bees in summer consists of from 50,000 to 100,000 individuals. Each colony contains a queen, several hundred drones and the balance workers. The latter are neuter or undeveloped females, and they do all the work of the hive, gather their food from the flowers, which consists of honey and pollen. They also gather propolis, a resinous substance used to stop cracks and holes in the hive.  
It is not generally known that honey is not thick and syrupy when first gathered. It is called nectar by beekeepers and looks like water. When first gathered it can be shaken from the combs easily.  
Sometimes it is necessary to shake bees from a brood comb, and the bees as they fall are so deluged by the watery nectar that they look like the proverbial "drowned rats." This, however, does no harm, as they at once proceed to clean each other, and when bees clean up they do a good job. I have put out a dish from the table that was daubed with honey, and in a very short time it was as clean as a whistle.  
Many persons are very much afraid of the business end of the bee, and those who are not used to bee stings suffer pain when stung. The sensation of a bee sting can be compared to the prick of a needle point in the flesh, and then try to imagine that while just under the skin the needle is heated white hot and held there for about five minutes. Beekeepers will agree that this statement is not overdrawn. Beekeepers working about the hives every day are seldom stung, as they know the habits of the bees and avoid their stings. In time one becomes more or less immune to the poison.—George Shiber in New York Sun.

Minard's Liniment Cures Garget in Cows.  
**THE DRUG MENACE.**  
Society Facing an Exceedingly Dangerous Human Element.

In rigorous effort to suppress the illegal sale and use of habit forming drugs the New York police are now arresting annually about 900 persons and securing 700 convictions. Of those fully 75 per cent. have had previous police records, which include every crime in the statutes. This is an official statement, one of sinister portent. It means that law abiding society is facing a human element more and exceedingly dangerous—so grave, in fact, that one of the most important duties of the police lies in stamping out this traffic.  
The danger is by no means confined to large cities like New York; it is probably growing in towns and villages all over the country. Police investigations have revealed an appalling increase of drug addicts. More than one-half of those confined in the city prison, the Tombs, were victims. Men and women following virtually every business trade and profession were included. Even school children became addicted to the habit of using these drugs.  
It is with full knowledge of such occurrences that the police are doing everything possible to stop illegal traffic in drugs. Criminals of this class present a problem even more difficult than the old time bank robber and general crook. The police may arrest 1,000 offenders annually, but the problem will not be solved until boys and girls are taught the terrible results which follow upon the use of habit forming drugs. It is at this point that teachers of physiology and personal hygiene must lend powerful co-operation.—Century Magazine.

Minard's Liniment Cures Diphtheria.

**FLAGS OF IRELAND.**  
Prior to 1798 National Color Was Blue.  
The universal belief concerning the flag of Ireland is that it has always been "the harp without the crown" imposed on a field of green, and that green has from time immemorial been Erin's color.  
I venture to say that ninety out of every hundred persons will assert, in answer to a query, that the harp on a green background has constituted Ireland's national design these many centuries, this belief obtaining generally among the Irish themselves.  
In opposition to this belief it will appear strange to the northern part of Ireland and blue in the southern provinces.  
It may, indeed, produce a bit of a shock to many who have been wedded to the notion that "the Emerald Isle," "the shamrock so green," "our green isle beyond the sea" and other similar expressions were indissolubly and forever connected with the country's national colors.  
But, as a matter of fact, the green flag made its appearance in 1798, the year of the uprising, so that as flags go it is comparatively new. Green, you know, is a blend of the orange and the blue, and it is asserted that green was adopted in 1798 by the United Irishmen to typify the union of north and south, orange being the color affected in the northern part of Ireland and blue in the southern provinces.  
In point of antiquity the real Irish flag is the "spear and serpent," which appears in the arms of the O'Sullivan. It is said to commemorate the incident of Goodall Glas, the ancestor of Mil-

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**Peggy.**  
My Peggy is a young thing,  
Just entered in her teens,  
Fair as the day, and sweet as May,  
Fair as the day, and always gay;  
My Peggy is a young thing,  
And I'm not very old,  
Yet well I like to meet her at  
The waiking of the fauld.  
My Peggy speaks sae sweetly,  
Whene'er we meet, sae sweetly,  
I wish nae mair to lay my care;  
I wish nae mair of a' that's rare;  
My Peggy speaks sae sweetly,  
But she gars a' my spirits glow  
At waiking of the fauld.  
My Peggy smiles sae kindly  
Whene'er I whisper love  
That I look down on a' the town,  
That I look down upon a crown;  
My Peggy smiles sae kindly  
It makes me blyth and bauid,  
And naething gives me sic delight  
As waiking of the fauld.  
My Peggy sings sae saftly  
When on my pipe I play,  
By a' the rest, that under sangs best;  
My Peggy sings sae saftly,  
And in her sangs are sauld  
With innocence the wale of sense,  
At waiking of the fauld.  
Alfred Ramsay.

## FREQUENT HEADACHES

People with thin blood are much more subject to headaches than full-blooded persons, and the form of anaemia that attacks growing girls is almost always accompanied by headaches, together with disturbances of the digestive organs.  
Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment with Dr. Williams' Pink Pills will do this effectively, and the rich, red blood made by these pills will remove the headache.  
More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are under-nourished and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so.  
You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**Science Jottings.**  
It has been discovered that wood can be preserved from destructive worms by injecting pure turpentine into it by means of a syringe or other instrument.  
The illumination of the Statue of Liberty in the New York harbor is accomplished by the use of 250 lamps, each of 250 watts capacity.  
Within the twelve months ended March 31 the British and Foreign Bible Society distributed 11,000,000 Bibles and tracts printed in 497 different languages.  
An electric lamp on the phonograph helps the orator to guide the needle to its proper place on the record.  
The average passenger train earns about \$1.40 per mile. The cars and locomotives weigh about 350 tons.  
The resources of the State of Arkansas are being boosted by means of an exhibition train, accompanied by 125 residents of the State.  
A large insurance company claims that out of 100 average healthy men of 25 to 65; Fifty-four will be dependent upon relatives, friends or charity; 36 will be dead; five will still be earning their daily bread; four will be wealthy and one will be rich.

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# All Pure Tea Free from Dust "SALADA" Black-Mixed-Natural Green.

Who, tradition says, was cured of a snake bite by the rod of Moses.  
Next to that comes the flag of Fionn MacCumhail's militia, the golden sun set on a blue ground, and the weight of opinion among all Irish students of research seems to favor this as the true national flag. Indeed, blue was always Ireland's national color until 1798.  
Quite a number of other flags have figured in Irish history, and each of them has its line of enthusiastic supporters. Not the least popular among these is the flag exhibiting three golden crowns imposed on a blue ground, which figures at the present day in the arms of the Province of Munster.  
This flag was accepted after the Norman invasion in the year 1170 as the ensign of Ireland, the three crowns representing the kingdoms of Desmond, Ormond and Thomond. It was retained until 1547, when Henry VIII. abolished it and substituted the harp. Coming down to more recent times, it is found that the Parliament of Ireland, of which Henry Grattan was the head, did not recognize green, although it did accept the harp. That parliament's flag was a golden harp on a blue ground.  
At the time of the Union with England in 1801 a new flag was evolved, apparently for the express purpose of incorporating it with what is now known as the union jack, but it does not seem to have caught the popular fancy any more than the act of union.  
This was the red saltire on a white ground, which was christened St. Patrick's cross. Apparently it was taken from the arms of Trinity College at Dublin though how Dublin came by it is a mystery.  
The tricolor of green, white and orange—the orange and green, with the stripe of peace between—is the recognized flag of the Irish Nationalists, whose aim is complete independence.—James T. Doyle, in Baltimore American.

**A Painter's Retort.**  
Shortly after Franz Lenbach had painted the portrait of Emperor William I. a privy councillor called on him to express the Emperor's satisfaction. There was only one criticism to make—would the professor be so kind as to paint more distinctly the buttons on the uniform, which were only indicated vaguely? Lenbach looked at him a moment over his glasses and said:  
"Look here, Mr. Councillor, I paint heads, not buttons (ich mal' nur kopfe, aber keine knoepfe)!" Tell his majesty that!" The Emperor when this answer was brought to him laughed heartily.

**LATEST PLANES ARE MARVELOUS**  
Can Do With Ease What Was Impossible.  
**Powerful Motor, Small Wings, the Secret.**

The race for improvements in fighting planes between the allies and the central powers has been nip and tuck all the way, writes Will Irwin in the Saturday Evening Post. Late in 1915 the Germans sprang the first well recognized type of what the British call a scout machine. It was the famous Fokker, an exact copy of the French Morane—a return to the monoplane principle, which had been abandoned early in the war. Being able to fire through a propeller, it had supremacy until the French perfected a similar device.  
The French then answered with a biplane of greater speed and greater practical ability. That killed the monoplane idea—at least for the time being. The latest machines are all of the biplane type. The new models have come out so fast that a layman has difficulty in keeping up with them.  
Even the fastest, most agile machines of a year ago will be out of date this summer. In July, 1916, in the Verdun sector, I watched a squadron of scout machines maneuvering. They handled themselves like a flock of wallows. Yesterday, at an aviation base near the front, I watched two aviators, but lately sent up from school, go through their morning practice. Travelling across the sky at an incredible speed, they seemed to turn in their own length; they rolled over on their axis as a swimmer rolls over in the water; they flipped their noses downward and dived; they brought themselves to level with a sharp twist.  
Compared with those swallow machines I watched last year they seemed like humming birds. For the constructors, in planning this new type of machine, made an accidental discovery; an airplane is a motor on wings.

**IN THE TRENCHES.**  
Names w' the air o' the mountain and glen in them,  
Names w' the sound o' the pibroch's day in them,  
Names w' the ding o' the dour kilted men in them,  
Oh, but they're beautiful, Sheila, my own.  
Names w' the smell o' the haggies and peat in them,  
Names w' the flavor of whiskey sae sweet in them,  
Names w' some docs o' Ben Lamond's broad feet in them,  
Famous for fetchin' the hale warld o'er.  
Names w' the thochts o' the Bible and Burns in them,  
Names w' the hearts o' the heather that burns in them,  
Names w' the kilt o' the bag-pipes let loose in them,  
Whaur can ye beat them the hale warld o'er.  
MacDonald, MacDougal, MacNab and Macwan,  
MacFarlane, MacFavish, MacKinnon, MacBean,  
MacCulloch, MacCrimmon, MacLeod and MacIsaac,  
MacGregor or MacKenzie, MacDuff and MacKay,  
Hamilton, Chalmers, Scott, Laing and Dunbar,  
Graham, Gordon and Watson frae dark Ross, Reid and Dalrymple, Craig, Angus and Burns,  
Monro and MacFarlane (that's Irish by turns),  
Campbell and Stewart, Dunlop and MacNeil,  
With the Cameron men frae the land o' Lochiel.  
—Anon.

Of course, unhappiness is the cause of divorce, and much of the unhappiness is due to the circumstance that the wife has nothing to do at home in the daytime and the husband has entirely too much to do downtown at night.—Houston Post.

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# SOME EGG LORE

**How to Test, How to Beat, How to Boil.**  
Are the eggs for which you pay 40 cents better than those which cost 20? Test them to see.  
Good handling makes eggs shiny. Those direct from the farm are dull. If an egg is stale some of the water of its composition has evaporated through the porous shell, air has entered, and the egg is light.  
To test, put in a deep pan of water. First—if it floats it will float.  
Second—if stale it will be light enough to stand away from the bottom of the pan or stand on end.  
Third—if fresh its weight causes it to sink.  
This test will make you wish eggs could always be bought by the pound, as in some places, instead of by the dozen.  
Because the egg-shell is porous and readily absorbs impurities from a dirty shell, the air eggs should always be washed before being put away.  
Second test: Hold egg before a candle. If rest, put in a deep pan of water. Around the yolk of an egg is a thin tissue, which holds the yolk together. When decomposition occurs the yolk together with the membrane and becomes mixed with the white. By holding the egg before a strong light the yolk can easily be seen as a dark spot.  
Break the yolk has broken its membrane and this dark spot cannot be noticed.  
There is also a tissue around the white of an egg which, in beating, the white must be broken into infinitesimal parts before the egg will become light and fluffy.  
A few grains of salt dropped into the water before beating will at each turn of the beater help to cut this membrane. The whites then "beat up" much sooner.  
Table for cooking eggs without keeping time or temperature:  
Two or three eggs—five to ten minutes. Three to five eggs, one and one-half pints of boiling water. Five to eight eggs, quart.  
Put the eggs into the water while it is boiling and immediately set the dish away from the fire. Fifteen to twenty minutes will be required to cook the eggs. After that time the water will have reached 140 degrees and will do no more cooking, but will keep the eggs warm a long time.

**Minard's Liniment Cures Distemper.**  
**CONTINENT OF MARVELS.**  
Some of South America's "Great-est in the World."

Bring on the superlatives! We write of South America, the continent where are the world's greatest mountain ranges, densest forests and largest rivers.  
Just for instance, the Amazon river system has over 50,000 miles of navigable waterway, enough to fit the two loops around our planet. It can be navigated for 2,500 miles by ocean steamers, a greater distance than from New York to Panama.  
The Rio de la Plata is 120 miles wide at its mouth.  
And notwithstanding all Colonel Roosevelt's discoveries South America still has the largest unexplored area of any continent.  
Almost everybody knows that Brazil is larger than Europe or the continental United States, but the size of the "little" republics is not so well known. Texas could be lost twice in "little" Venezuela and still leave room for Kentucky and Tennessee.  
Peru could comfortably swallow California, Oregon, Washington, Nevada, Arizona, Utah and Idaho.  
And it is over 2,000 miles from one end of Chile to the other—almost as far as from New York to Glasgow!  
Gold is found in every state of South America, and from Potosi alone the famous "peak of silver" in Bolivia, more than \$2,000,000,000 in silver has been mined in the last three centuries.—World Outlook.

**RELIEF AT LAST**  
I want to help you if you are suffering from bleeding, itching, blind or protruding piles. I can tell you how, in your own home and without any one's assistance, you can apply the best of all treatments.  
**PILES TREATED AT HOME**  
I promise to send you a FREE trial of the new abortive treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.  
**MRS. M. SUMMERS, Box 8, Windsor, Ont.**

**Ironing Kills the Germs.**  
One need not worry about receiving infection in clothes sent to a laundry even though they be washed with those of other families in which there may be infectious diseases. Such, in substance, is a report just issued by the United States public health service, after an investigation by M. C. Schroeder and S. G. Southerland of the New York department of health.  
For whatever disease germs are not killed in the washing will be killed in the ironing. In fact, the ironing kills more germs than the washing.  
There is, however, danger in having clothes washed by a laundress at her own home, for, "owing to the close quarters in which the laundresses live, there is possibility of reinfection of the clean linen if communicable diseases are present among the members of the laundress' family."

**"Undertakers."**  
In England in 1614 undertakers were men of influence who undertook for a consideration to get such persons returned to Parliament as would prove submissive to the royal will of King James I. The three chief undertakers of 1614 were Lords Bacon, Somerset and Neville. Then there were undertakers in Ireland in 1608. They were English and Scotch colonists sent to North Ireland and were each allotted 2,000 acres of land. They were men of capital and undertook to pay a mark a year for every six acres and to admit no recusant for tenants; hence the name as applied to them. But neither the histories nor the dictionaries give any reason for calling the men who bury our dead undertakers.

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**ISSUE NO. 37, 1917**  
**WANTED - PROBATIONERS**  
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**LADIES WANTED TO DO PLAIN**  
light sewing at home; whole or part time; good pay; work sent any distance; charge prepaid. Send stamp for particulars. National Manufacturing Co., Montreal, Que.  
**MONEY ORDERS.**  
SEND A DOMINION EXPRESS Money Order. Five dollars costs three cents.  
**FOR SALE**  
A CHOICE DAIRY FARM IN THE County of Huron. Buildings No. 1 with plenty of water. Full particulars. Apply to F. Barber, Kelowna, Ont.

**THE STATELY ELK.**  
It is the Most Beautiful of Our Remaining Wild Animals.  
Now that the buffalo survives only in a few preserves the elk is the most interesting as it is the most beautiful of our remaining wild animals. In this day of Americanism it would be a fine thing if this typical American animal should come to be known by his Indian name of wapiti. The wapiti is the largest of the red deer family and closely resembles his smaller brother, the European stag. The wapiti is not properly an elk, as the European elk is more closely allied to the American moose.  
The wapiti is now numerous only in the states of Wyoming, Idaho and Montana, though nearly 4,000 head are thought to remain in Colorado, and considerable numbers are scattered through western Canada. The Campfire Club of America and other organizations and individuals are working for its preservation. The favorite home of the elk is the Yellowstone National park, where he has no rifle to fear and where cougars, coyotes and timber wolves are kept under control. In the park and its vicinity are probably 50,000 head, distributed in two main herds.  
During the summer months the elk live high up in the mountains, generally at an elevation of 8,000 to 11,000 feet. The grassy plateaus offer an ideal summer range. Even on the wooded sides of the highest ravines there are parklike glades where the elk late in the afternoon come out to feed. It is difficult to imagine more beautiful sight than is then afforded by these stately and graceful animals. Although their number in the park may sometimes reach as high as 60,000 head, it is rare for visitors to see a single specimen. Visitors are taken in stages around a regular route arranged for viewing the natural phenomena of that great outdoor museum.  
The elk dislike to be pursued by tourists with cameras and keep away from the stage routes. If visitors would leave the highways of the park and seek out its byways, either on foot or by pack and saddle trips, they would have a marvelous opportunity to study the greatest exhibit which survives of our mountain wild life—not only the elk, but mountain sheep, deer, beaver and many other animals.

**Minard's Liniment Cures Colds, etc.**  
**Odds and Ends.**  
Certain German naval authorities are experimenting with electrical machinery for gathering peat.  
Berean College students, numbering 1,400, are being sufficiently fed at a cost of 17 cents per day, and those at Carlisle School at a slightly lower cost.  
Pittsburg's pay-roll amounts to about \$1,000,000 per day.  
The manufacturing capital of the Southern States is nearly 60 per cent. of that of the entire country in 1899.  
The world's consumption of cotton last year amounted to 24,500,000 bales at 500 pounds to the bale.  
It has been computed that 25,000 vehicles pass Forty-second street and Fifth avenue, New York, each day.  
According to data compiled from various sources by the United States Bureau of Labor Statistics, the number of strikes and lockouts during the year of 1916 was 3,323, as compared with 1,229 in 1915.  
Apart from thousands of lives destroyed by fire, the United States sustains an annual loss from this cause of at least \$300,000,000; a per capita loss nearly ten times as great as that found in the leading countries of Europe.

**Don't Waste, Don't Starve—there is plenty of food for all if you will only do your bit in preventing waste. Demand the whole wheat grain in breakfast foods and bread. Shredded Wheat Biscuit is 100 percent whole wheat—nothing wasted, every particle utilized. It contains more real nutriment than meat, and costs much less. For any meal with milk and fruits.**

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**STILL PREPARING FOR NEW**  
British Fliers Far German Line  
Take Record Number Photograph

London Cable — That a by the British is imminent near on the German line is shown by tonight's headquarters, which read:  
"Our aeroplanes have their bombing operations and night. Yesterday in the air previous and last night, activity continued all day in co-operation artillery, despite vigorous hostile aeroplanes. A record of aerial photographs were of aerial at great distance line.  
"Though the enemy's showed themselves distinct our fighting machines on the east of the line, five chimes were brought down and nine others were driven of control. Seven of our missing.  
"A strong party of the deavored to raid one of Klein Zillebeke during but was driven back by loss before reaching our positions and individuals are working for its preservation. The favorite home of the elk is the Yellowstone National park, where he has no rifle to fear and where cougars, coyotes and timber wolves are kept under control. In the park and its vicinity are probably 50,000 head, distributed in two main herds.  
During the summer months the elk live high up in the mountains, generally at an elevation of 8,000 to 11,000 feet. The grassy plateaus offer an ideal summer range. Even on the wooded sides of the highest ravines there are parklike glades where the elk late in the afternoon come out to feed. It is difficult to imagine more beautiful sight than is then afforded by these stately and graceful animals. Although their number in the park may sometimes reach as high as 60,000 head, it is rare for visitors to see a single specimen. Visitors are taken in stages around a regular route arranged for viewing the natural phenomena of that great outdoor museum.  
The elk dislike to be pursued by tourists with cameras and keep away from the stage routes. If visitors would leave the highways of the park and seek out its byways, either on foot or by pack and saddle trips, they would have a marvelous opportunity to study the greatest exhibit which survives of our mountain wild life—not only the elk, but mountain sheep, deer, beaver and many other animals.

**Minard's Liniment Cures Distemper.**  
**CONTINENT OF MARVELS.**  
Some of South America's "Great-est in the World."

**RELIEF AT LAST**  
I want to help you if you are suffering from bleeding, itching, blind or protruding piles. I can tell you how, in your own home and without any one's assistance, you can apply the best of all treatments.  
**PILES TREATED AT HOME**  
I promise to send you a FREE trial of the new abortive treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.  
**MRS. M. SUMMERS, Box 8, Windsor, Ont.**

**Ironing Kills the Germs.**  
One need not worry about receiving infection in clothes sent to a laundry even though they be washed with those of other families in which there may be infectious diseases. Such, in substance, is a report just issued by the United States public health service, after an investigation by M. C. Schroeder and S. G. Southerland of the New York department of health.  
For whatever disease germs are not killed in the washing will be killed in the ironing. In fact, the ironing kills more germs than the washing.  
There is, however, danger in having clothes washed by a laundress at her own home, for, "owing to the close quarters in which the laundresses live, there is possibility of reinfection of the clean linen if communicable diseases are present among the members of the laundress' family."

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