MAGIC
BAKING POWDER

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The only well known medium priced baking powder made in Canada that does not contain alum and which has all its ingredients plainly stated on the label.

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WINNIPEG TORONTO, ONT. MONTREAL

Life in the Gunroom

The one place in a warship where pleasure in life finds its most joyous expression is the bubbling, exuberant, devil-may-care gunroom.

Here live the sub-lieutenants, the midshipmen, the assistant paymasters (otherwise A.P.'s) and all the other junior and irrepressible officers. With such a tenantry one may easily guess that dull quietude never clouds the gunroom's day—and certainly not its nights.

For the most part those who have their habitat in it are mere boys in so far as years are concerned, though made capable by long training of taking on a man's job and doing it efficiently.

A midshipman in charge of a picket boat may be a model of smartness and restrained dignity. He will handle his little "command" with an air of more than greybeard confidence, rap out his orders in tones that have just the right amount of "bite" in them, and generally appear so staid and competent that one might think all the boyishness had been trained out of him, writes "Jackstaff" in The London Mail. But see that same midshipman a few hours later acting as a "dog of war" in the gunroom, and there will be nothing of the prematurely grown-up discernible about him.

Gunrooms themselves have changed with the ships. Instead of being dark, uncomfortable holes below the orlop deck, as in old times, they are now comfortable enough as a rule, though better in some vessels than in others. But gunroom law and gunroom ways have altered little.

The senior sub-lieutenant is ruler of the mess, and he wields a more autocratic power within his turbulent little domain than does any king, kaiser or sultan on earth. Being unquestionably the all-highest within his own particular sphere, whatever he says goes—and a bad time often happens on anyone who tries to stop it, for his subjects must yield him unquestioning obedience—or suffer the consequences of their insubordination.

Like all absolute monarchs, the "senior sub" has myrmidons to enforce his will, the said myrimidons being a number of midshipmen who act as "dogs of war"—that is their time honored and official title. When the "senior sub" desires anyone removed from his presence he orders, "Dogs of war, out So-and-so," and the "dogs" gleefully obey his behest.

Promptly they fall upon "So-and-so"—an avalanche of hefty youth—and if he is as big as a church out he has to go, neck and crop, from the gunroom. Naturally this "outing" business does not go through without some commotion.

Whenever the marine sentry on the half-deck outside hears the gun room furniture begin to fly around he knows that the "dogs of war" have been unloosed and that "dogs" and their quarry will soon come hurtling madly through the door. A man may be "outed" for breaking the rules, or just because the "senior sub" thinks he ought to be "outed." The "sub" has not to give any reasons for his decisions to anybody.

When after dinner the "sub" picks up a fork and strikes an overhead beam with it or sticks it into the table all the junior members of the gun-room must leave it helter-skelter. And they obey the signal in the quickest possible time, tumbling over each other in their eagerness to get out, for the last to leave will be grabbed by the "dogs of war," who in their own effective way teach him the desirability of being quicker in his movements next time. All this is the outcome of buoyant roystering animal spirit, which intends no harm and succeeds in accomplishing some good.

Every young officer has to "go through the hoop," and it does not hurt him, either. Rather is he all the better for the rough-and-ready disciplining he gets at the hands of his exuberant messmates of the gun room, who certainly possess this virtue, that they are no sycophants and will not tolerate any fellow "putting on side," whoever he may be. And there is no better way of teaching any person than by letting all the nonsense be knocked out of him by those of his own kind.

If a midshipman does anything for which the commander thinks he should be punished, the "bloke" does not treat the matter as seriously as he would if the offender were a senior. "All right," he says, 'take Mr. Lanyard to the senior sub and tell him to give him half a dozen." And the senior sub sees that Mr. Lanyard gets "his dose" in full measure. A cane or a dirk scabbard—preferably the latter because it hurts most—is the gun room's favorite chastising weapon, and the "laying on" is done so lustily that, once experienced, it is never forgotten.

In favor of this custom it should be said that the offender gets what is due to him—and there is an end to the matter. The fault does not count against him permanently as it would if "logged." As to why he got "cobbed" it might be that Mr. Lanyard did not bring his boat alongside smartly enough or in some other way he showed slackness in carrying out his duties; nothing which deserved to be permanently recorded against him, but which for his own good and the good of the service could not be wholly ignored.

The navy, you see, does not allow its young officers to start the wrong way, and for putting them in the right way gunroom discipline is the most effective and convenient method.

Minard's Liniment Cures Distemper.

Just a Suggestion.

Before a man is hired to work at certain munitions plants he is required to give a complete account of himself and to answer a series of printed questions on a regular form.

The most important question of all appears at the head of each pedigree form. It is printed in bold faced type and inquires, "Where shall we ship your remains?"

Many a prospective workman gets "cold feet" when this significant inquiry greets his eyes.—New York Sun.

Debt is the prolific mother of folly and crime.—Beaconsfield.

Peaches

are the most valued treasure on the preserve shelf.

Lantic pure Cane Sugar, with its fine granulation, is best for all preserving.
10, 20 and 100-lb. sacks.
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Send us Red Ball Trade-mark for free copies of our three new Cook Books.

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MONTREAL

Lantic Sugar
"Pure and Uncolored"

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NO MAN'S LAND.

Out there is a place, where horrors grow apace,
And grim, game humor laughs at the stricken sky—
Whose only natural grace, is a dead man's ghastly face,
And shattered forms of heroes who laid them down to die.

Nameless land of shot, of reek and deathly rot,
Between two muddy ditches coming like a line,
To show each side in truth what it can do sans ruth,
Where no tears, but blood makes the earth so salt and brine.

Your sand or solid rock, the trend of many a shock,
Is stain'd red o'er and o'er in many a place;
For when a charge is made, and men are blade to blade,
And the hate-blood in their veins begins to race.

They struggle in your pits, shell-scarred from many fights,
And leaves their sick'ning trail of red behind;
The changes, the retreats, as each faction fiercely meets,
They leave with you their toll of War's Eternal Grind.

All alone, with no-man's claim, not even in a name,
Yet, fought for as a precious, gloried prize;
"No-man's" suits you well, for what man would own a hell,
Where ghosts of armies dead shall ever whitely arise.

And, coldly pointing on, the dead, to the ghostly road ahead,
That shimmers in its ghastly, shining light,
"Everyman's" the name it bears, everyman its burdens share,
From "No-man's" and the centre of the fight.

—Serhoucla.

Spanking Doesn't Cure!

Don't think children can be cured of bed-wetting by spanking them. The trouble is constitutional, the child cannot help it. I will send to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Address.

FREE

Mrs. M. Summers.
BOX 8 WINDSOR, Ontario.

Making a Garden.

Agriculture is nearly as old as man, and since it began it is probable that farmers have been studying out balanced rations for domestic animals, but even yet few housekeepers have any real scientific ideas on feeding the family. Your state agricultural college or the department of agriculture, Washington, can help you out in this, and you should take the matter into consideration in making yor garden and see to it that your vegetables include the most nutritious and health-giving properties. Every farmer knows that when a horse works all day he should receive certain feed, and when he is idle—in rainy weather, for instance—he gets different rations. How about a man or a child? Do you know how to set your table to get the maximum results and keep perfect health? Do you serve the same food to the men working in the heat of the harvest field, to the boy going to school and to the babies? Your garden should contribute to the health and happiness of each.—Reclamation Record.

Minard's Liniment Cures Colds, etc.

Now She Hates Her.

Now she hates one of her oldest friends. Yesterday she was downtown with this friend, and just before noon she said to the other lady, "Well, I am going over here and catch my car." Then the other said to her: "Well, I am going home, too; I'll go over on Main and catch mine. I am awfully glad I ran across you, and I want you to come to see me real soon." Martha said she would, and the two parted. A few minutes later Martha went into a place to get a bite of something to eat, and what do you think? Yes, there she was—eating lunch. "I didn't want her to ask me to go to lunch with her," Martha explained to us after she returned from town, "but I don't see why she wanted to slip away. I don't see why she wanted to pretend that she was going home. I am sure I am able to buy my own lunch, but I want her to return those patterns she borrowed, and I never expect to set foot in her house again."—Claude Callan in Fort Worth Star-Telegraph.

A Marvellous Medicine For Little Ones

Mrs. Delvina Pelletier, Ste. Perpetue, Que., writes: "I have much pleasure in stating that Baby's Own Tablets have been a marvellous medicine in the case of my baby. I have been using the Tablets for four years and don't think there is anything to equal them." In using the Tablets the mother has the guarantee of a Government analyst that they do not contain one particle of opiates or other harmful drugs—they cannot possibly do harm—they always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Cleaning Shiny Serge.

If anybody could invent a process to remove the shine from a worn suit his or her fortune would be assured. The shine cannot be permanently removed from any material, but it can be so treated that it will keep its shiny face in the background for a little while. First of all brush the garment well. Then purchase a lump of ammonia from a drug store and dissolve it in one pint of boiling water. With an old stocking—this is better than any other cloth—dipped in ammonia solution rub the shiny part backward and forward. Wash off the ammonia with a brush and clean hot water. Hang the suit up to dry in the shade. When pressing the garment wet it with hot (not boiling water) instead of cold. Lay the cloth on the suit and press with a hot iron until dry. Then wet the cloth again and iron lightly, but not enough to dry the cloth. It is this latter treatment that gives the material the dull new finish to take the place of the old shine.

Every man should measure himself by his own standard.—Horace.

Your good looks may be your fortune. Who knows? Then why not keep your complexion fresh and clear, your hands soft and white, your hair rich and glossy. Cuticura will help you. Used every day for all toilet purposes, Cuticura Soap clears the pores of impurities, while little touches of Cuticura Ointment prevent little skin troubles becoming serious. Absolutely nothing better or purer.

Sample Each Free by Mail. Address post-card: "Cuticura, Dept. N, Boston, U. S. A." Sold throughout the world.

Summer Over Oysters Ripe

Now comes the welcome oyster, after a short summer breathing spell, to relieve the variety of the fruits of the soil with the finest fruit of the sea.

The oyster men who have examined their beds say the oysters are in the pink of condition. They are so fine that there is talk of putting up the price lest the oysters blush when put on the table alongside of high-priced steaks and roasts. Carloads of the first September oysters will be eaten raw as soon as they are out of the shell. But there are hundreds of palatable ways of preparing them. Here follows some good recipes:

FRIED OYSTERS.

For frying, large oysters should be selected. Parboil them just enough to plump them, but not enough to curl the edges much. Drain carefully, and lay the oysters in the folds of a towel to absorb all moisture. Season each oyster with salt and white pepper, dip in fine breadcrumbs, then in egg beaten with one tablespoonful water, and again in crumbs, being careful to coat every portion of each oyster thoroughly. Fry in deep hot fat, and drain on unglazed paper.

OYSTER COCKTAIL.

For each cocktail into each glass put one and one-half tablespoonfuls tomato catsup, one teaspoonful Worcestershire sauce, one teaspoonful lemon juice, three drops of tobasco sauce, and five small oysters. Serve very cold. To serve them at their best, oyster cocktails must be prepared individually. Serve in glass sherbet cups if the cocktail glasses are not at hand.

OYSTER FRITTERS.

Drain and chop a pint of oysters. Mix with them the strained oyster liquid, adding enough water to make two scant cupfuls. Mix to a batter with two cupfuls of flour and a teaspoonful salt. When it is smooth, stir in a tablespoonful of olive oil and two eggs well beaten. Drop a spoonful into hot fat and fry a delicate brown. Drain a moment on unglazed paper and serve hot.

OYSTER PIE.

Drain the liquor form a quart of oysters; scald, strain and add two level tablespoonfuls butter, salt and pepper to taste, half a cupful rich milk and bread crumbs to make slightly thick. Boil a few minutes, then put in the oysters and cook until the edges begin to curl. Remove from the fire, and when slightly cool add the beaten yolks of three eggs. Line a buttered baking dish with rich paste, fill it with uncooked rice to support the top cover of paste. Put on the top paste and bake in a good oven until nicely browned. Then carefully lift off the top, remove the rice and fill with the oyster mixture. Put on the top, let get very hot in the oven and serve at once.

I was cured of Rheumatic Gout by MINARD'S LINIMENT.
Halifax. ANDREW KING.

I was cured of Acute Bronchitis by MINARD'S LINIMENT.
Lt.-ol. C. CREWE READ.
Sussex.

I was cured of Acute Rheumatism by MINARD'S LINIMENT.
Markham Ont. C. S. BILLING.
Lakefield, Que., Oct. 9, 1907.

HAVE YOU A BAD SORE?

If so, remember these facts—Zam-Buk is by far the most widely used balm in Canada! Why has it become so popular? Because it heals sores, cures skin diseases, and does what is claimed for it. Why not let it heal *your* sore?

Remember that Zam-Buk is altogether different to the ordinary ointments. Most of these consist of animal fats. Zam-Buk contains no trace of any animal fat, or any mineral matter. It is absolutely herbal.

Remember that Zam-Buk is at the same time healing, soothing, and antiseptic. Kills poison instantly, and all harmful germs. It is suitable alike for recent injuries and diseases, and for chronic sores, ulcers, etc. Test how different and superior Zam-Buk really is. All druggists and stores at 50c. box. Use also Zam-Buk Soap. Relieves sunburn and prevents freckles. Best for baby's bath. 25c. tablet.

PHILADELPHIA BROILED OYSTERS.

Pick over and drain one pint of oysters, tip each in melted butter, then into fine cracker crumbs seasoned with salt and pepper. Butter an oyster broiler and lay the oysters in; broil until the juice flows, then serve on hot buttered toast. Pour a brown sauce over the oysters.

BROWN SAUCE.

Melt a rounding tablespoonful of butter, and when it begins to color stir in one rounding tablespoonful of flour and cook until frothy, then turn in one cup of oyster liquid and cook three or four minutes. Season with salt and pepper.

Mother and Son.

She had presented white feathers to consumptive young men in civilian clothes; she had bothered wounded soldiers with her effervescent amiability; she had suspected every soldier's wife she met of secret drinking; she had pried into the private affairs of munition workers; and now she was busy teaching young mothers how to bring up their children.

One morning she saw a small boy standing at a street corner, looking very disconsolate and not very well nourished.

"Haven't you any home, little boy?"

"Yessum!"

"Father and mother?"

"'Course I have!"

"Do your parents look after you properly."

"Dad does."

"Well, look here, little man, you bring your mother along to the Central Hall to-morrow to hear my lecture on the upbringing of children, will you? By the way, what is your name?"

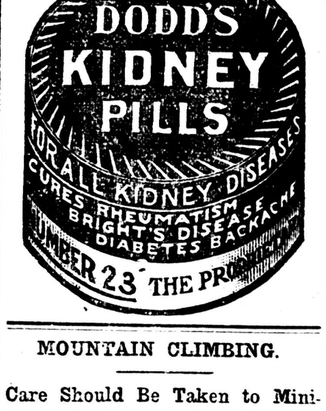
"Oh, stop talking nonsense, mother!" exclaimed the boy. "Surely you know your own child!"—Pittsburgh Chronicle.

Minard's Liniment Cures Garget in Cows.

NETTING U-BOATS.

How the Work is Done by Britain's Trawlers.

A submarine net is made of wire rope, about as thick as a lead pencil, and the meshes are of great size—about 10 or 15 feet square. The net has floats on top that keep bobbing up and down like a float on a fish line and on the bottom are weights that keep the whole thing in a perpendicular position. The submarine cannot submerge to very great depths on account of the pressure—200 feet being about the limiting depth. It sails innocently along, therefore, until it pushes its nose into these meshes. The net now trails along on both sides of the submarine—its progress revealing the fact that something below is supplying the motive power. Perhaps the net suddenly stops; that means that the hidden submarine has stopped, its navigators having made the horrible discovery that they are trapped—or perhaps the net has become twisted in the propeller. Under these conditions the wise submarine rises to the surface. It surrenders, becomes the property of the enemy, and its crew are mads prisoners. If it does not take such action, one of two things will happen. The enemy will wait upon the surface until the submersible comes up, or if it starts moving the enemy will follow until the inevitable uprising. But perhaps the surface commander gets impatient. In such a case he can let a bomb down in the water, which will explode when it touches the roof of the submarine. Of course, the submerged Germans know that this bomb is likely to drop at any minute; the "psychology" of such a situation tends to persuade the imprisoned crew to surrender.—World's Work.



MOUNTAIN CLIMBING.

Care Should Be Taken to Minimize the Danger of Accidents.

At least three-fourths of the accidents that occur in mountaineering are the results of foolhardiness.

More than half of the entire number of accidents happen to persons climbing without guides, some to climbers attempting a dangerous or impossible route with guides, and there are still other forms of folly. One may carelessly engage an incompetent guide or an overbold one, who will undertake an ascent under unfavorable conditions.

Eliminating these contingencies there remain certain risks which must be taken by every climber who ascends difficult mountains.

However fihe the weather, there is the possibility that a sudden storm may render the descent perilous, though even then the chances are ten to one that a skillful climber with first class guides will return in safety. Furthermore, on certain mountains there are places where a party is exposed to danger from avalanches or falling stones.

The risk may often be reduced to the minimum by waiting for the best of weather or by making a very early start.—All Outdoors.

ISSUE NO. 38, 1917

HELP WANTED.

WANTED — PROBATIONERS TO train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED MEN FOR GENERAL MILL work: previous experience not essential. Good openings and advancement to steady men. For full particulars apply "Slingsby Mfg. Co., Ltd., Brantford, Ont."

MONEY ORDERS.

PAY YOUR OUT-OF-TOWN ACcounts by Dominion Express Money Orders. Five dollars costs three cents.

FOR SALE

A CHOICE DAIRY FARM IN THE County of Brant. Buildings No. 1, with plenty of water. Full particulars. Apply to F. Barber, Kelvin, Ont.

SALESMEN WANTED.

WANTED SPECIALTY SALESMAN in every city and town, to sell 6 fast selling, 25 cent to $3.00 articles; no competition in these articles. An attractive and big money maker for agents for whole or spare time. No selling experience necessary. Write to-day for full information. The Britannia Specialty Co., Box 192, Hamilton, Ont.

Trouble On the 'Phone.

A new use for the trouble department of a telephone office has been discovered. The family had not had their telephone very long, and everyone took a deep and abiding interest in it. On the outside of the directory they had noted the words, "Trouble, call No. 4217."

It had been a hard morning, and everything had gone wrong. Finally the lady of the house, in desperation, turned to her trusty telephone and called 4217.

"This is the trouble department," answered the operator sweetly.

"Is this where you report your troubles?" asked the lady.

"Yes, ma'am."

"Well, I only wanted to report that our cat got drowned in the cistern this morning; the baby is cutting a new tooth; the cook left without warning; we are out of sugar and starch; the stovepipe fell down; the milkman left only a pint instead of a quart to-day; the bread won't raise; my oldest child is sickening with the measles; the plumbing in the cellar leaks; we have only enough coal to last through until to-morrow; the paint gave out when I got only half over the dining-room floor; the mainspring of the clock is broken; my three sisters-in-law are coming to visit to-morrow; the dustman has not called for two weeks; our dog has the mange; the looking-glass fell off the wall a little while ago and broke to pieces; and I think that my husband is taking considerable notice of a widow lady that lives next door. That's all to-day, but if anything happens later I'll call you up and tell you about it."

Minard's Liniment Cures Diphtheria.

SEW IN THE STREET.

Women Who Mend Clothes Right There While You Wait.

In many towns of China one may have his garments mended on the street and "while he waits." Native sewing women are to be seen on low stools, perhaps on the sidewalks, mending articles of masculine attire.

The accomplishments of these street seamstresses are somewhat limited, their efforts with the needle being for the most part confined to "running." Other branches of needlework are practically unknown to them. As a consequence, their efforts are better appreciated by native workmen than by foreign travelers.

They are never short of patrons among the former, for these are often natives of other districts and, having come to the city to engage in business, have no one to mend a rent for home, they are glad to avail themselves of the services of the street needlewoman. For this class of customers the itinerant sewing woman answers every purpose.

Generally speaking, these women are wives of boatmen and laborers who live in the houseboats which line the creeks of many Chinese cities and towns, and their needles are a great help toward the solution of the problem of maintenance in a crowded city or town.

The Clever Brahman.

Speaking of the great power the Brahmans in India possess in localizing thought, a prominent Brahman once said: "We would consider a game of chess as played in this country mere child's play. An ordinary Brahman chess player would carry on three or four games at a time without inconvenience. The usual game played by the Brahmans consists in checkmating with one pawn designated when the play begins. I have seen a man perform a long problem in multiplication and division, at the same time noting the various sounds and discussions going on about him in the room. I have seen a man compose a triple acrostic in Sanskrit in a given meter, at the same time having three well versed men trying to overthrow him in his arguments on religion."

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