THE BEST COFFEE.

How to Make It for the Finest Regults.

Epicures. in love with trouble, and counting a palate-thrill worth any amount of pains, are advised that absolutely perfect coffee demands that there shall be no pause betwixt the roasting and the drinking.

That is to say, writes Martha Mc-Cullost-Williams in Southern Woman's Magazine the bean, roasted a warm, delicious deep brown, and cracklyerisp all through, must be ground while piping hot, put into clean, newly-scalded pot, covered instantly with freshly boining water, permitted to boil up once say for haif a minute then set aside to keep hot and settle for the space of 10.

The pot lid must be down tight, the spout closed with a wisp of soft paper or cotton. Pour into cups that have been filled with boiling water and let stand five minutes. There should, be either Domino sugar or rock-candy crystals at the bottom of the cups. It sounds incredible, but is none the less a fact, that coffe poured upon the sugar has a finer flavor and aroma than if the sugar is dropped in afterward. The reason may be that the sugar takes up the essential oil of the bean, which is extremely voiatile. I do not know anything beyond the fact-which is attested by years of ardent coffee drinking. And though I have not gone to the trouble of roasting coffee, grinding it hot each time, I have taken to heart the lesson of the sugar, and, invariably, at

Minard's Liniment Co., Limited.

Gents.—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINARD'S LIMMENT.

Yours truly. VILANDIE FRERES.

my own table, put it in the cup before the coffee.

Coffee, common or breakfast variety demands four things. Namely, sound weil-roasted coffee, reasonably freshly ground, a clean pot, fresh water and proper boiling. A level tablespecuful to the cup of water, with one over for the pot makes fairly strong coffee. It wanted very strong. heap the spoonfuls, and be sure not to exceed in water. It is best made very strong where hot milk is used otherwise the resultant drink will be washy, Cream, moderately used. goes well with weaker coffee. But that which is very weak, or overboiled, or not boiled at all, can by no doctoring ever be made into a drink fit for right human beings.

It is a crime against one of God's best mercies to clear coffee with eggs. egg shells, isinglass and so forth It will clear itself beautifully, given half a chance. Use cold water, and after measuring set the pot where it will be 15 minutes in coming to the boil. Take care it does not boil over -nor longer than two minutes. After that, set it where it will keep boiling not, but without simmering, for 10 minutes. The grounds will settle of their own motion, and the resultant liquid be jewel-clear, of a pure amberbrown. Any sort of coffee is better if poured into the cups from the pot it was made in-because at eachodecanting something of flavor escapes. Herein, I think, lies In part the reason for regarding drip coffee as better than boiled .

A Government expert is almost any man you meet, to hear him tell it.

THIS IS THE AD. OF THE

THE HOUSE OF PLENTY , AND THE

THE HOUSE OF COMFORT Teronio's Famous Hotels

THE HOTELS WITH THE COME ATMOSPHERE.

Particular attention is paid by the management to the comfort of Ladies and Children travelling alone.

OUR CAFETERIAS ARE OPEN

DAY AND NIGHT. Pure Food with Sanitary Surrou

ings, Served at Reasonable Prices THE WALKER HOUSE, Front and York Streets. THE HOTEL CARLSRITE,

Front and Simone Streets TORONTO Some Things in Iceland.

lectand is far from being a dreary waste, for it expects large quantities of the finest grade of word in the world, besides quantities of hides. skeepskins, feathers, oil, fish and fish products and, curiously enough, many iorses. The island has several natural resources that have never been de-veloped, among them great sulphur dedosits. One of them contains not less than 250,000 tons of practically pure sulphur. There are extensive deposits of copper ore. This, while of a low grade, could be worked at a huge profit since the water power is anlimited and always at hand wherever the copper is found. There are also large deposits of geyserite, which is equal to the best Arkansas honestone. In addition there are several sections rich in agates and chalcedony, which are widely used in making jewels for the bearings of watches and electrical instruments. None of them has ever Leen worked.

BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during the hot weather than at any other time of the year. Diarrhoea, dysentery, cholera infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be slice. hept in homes where there are young children. An occasional dose of the Tablets will prevent stomach and bowel troubles, or if these troubles come suddenly the prompt use of the Tablets will cure the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The De Williams Medicine Co., Brockville, Ont.

THE NEW HATS.

Latest Modes From Fashion's Centres.

Perhaps the most distinctive of the new hats is the wide-brimmed sun hat, a style that is particularly becoming to the young girl. Wider in front, the brim of white linen is bound with linen

of cherry red.

The crown, also of white shirred linen, has upon it flat cherries en applique, cur from linen of the same bright hue: round the bottom of the crown is a nar-row abod of cilk ribbon held in a knot

The whole effect is one of simplicity, with good lines and distinctive coloring. The color scheme might, of course, be changed to suit any summer frock if one does not care for this cherry and white combination.

Another hat has a glorious patch of

color on a high green straw crown. This patch is made of the quaintly crude fruit before mentioned. Scariet, orange, vived green, and bright purple are the colors suggested for this model, while round the crown lay down is a narrow band of velvet ribnon the same shade of recommendations. of velvet ribbon the same shade of green as the hat. The brim is of the mushroom type, also bound with velvet, and
lined underneath with georgetis.
Satin, again, is the material that is
used to make a chapeau of a distinctly military type, and it is not unlike that worn by the French gendarme who used to greet the English boat when it

arrived at Calais. To the average woman it is very becoming, the brim inclining as it does softly over the face, and the lines that are formed when viewed from the side quite common.

Minard's Liniment Cures Burns, Etc.

Collectors of Prizes.

Two Irishmen, who had been beys together in the same village, did not see each other for several years, but finally met again.

"You remember my brother Michsel?" said Pat. "He's turned out a fine athlete and has just won a gold medal for a 100-yard sprint. "Good for him," replied Dennis. but to you mind my uncle Magnire at Ballybently?"

Pat was quite sure that he had never heard of him.

"Well," resumed Dennis, "he's got gold medals for a half a mile, five miles and ten miles; three silver cups for swimming, a marble clock for wrestling, two silver belts for boxing and a heap of prizes for cycling." Shure, he's the champion athlete. indade." said Pat, with enthusiasm. "Not at all! not at all!" exclaimed Dennis. "He keeps the local pawn-

SPANKING DOESN'T CURE!

shop."-Pittsburgh Chronicle,

Don't think children can be cured of bed-wetting by spanking them The trouble is constitutional the child cannot help it. I will send to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but wright me to day. wright me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Address.

Mrs. M. Summers BOX & Windsor, Ontario

Dream Leave.

When the night is hushed and still

To the mothers wrapped in dream,

Down the vaily, round the hill,

Through the heath, across the stream,

Come the sixfoot fighting med

Laughing little boys again.

They have set away their swords. They have laid their belts aside; For an hour the battle-lands Go without their garb of pride.

In the glass the sands run back. Backward spin the cree, ing years Down the dim and shadowy track, Through the wood of smiles and tears, To where beylood bold and blithe Hides from Time his hungry scythe.

Youth her empire seaffirms, Bramble-torn about the inces.
Grubby-handed gathering worms.
Green and sticky climbing trees;
Boyhood with its brown legs hale
Takes the kiss of sun and air.

Up the stairs of old they crowd. Answering the mother-call.

Merry step and laughter loud Ringing back from roof and wail.
While the mother hearts awake
To the music that they make.

And the trophies that they bring! Not the spoil of any foe, But the bird with broken wing, Or a may-bough dropping at Or a wound to be made well Where some proud young climber fell.

Ah! the bugies blow them back.
Long before the East is red.
To adventure and attack.
Round their sleeping brother-dead;
Belt and sward they bind again,
Boys no more, but fighting men.
—W. H. O., in the Scotsman, Edinburg

linard's Liniment Relieves Neuralgia

A Cup In Perfection

Fresh From The Gardens Sealed Packets Only

Black-Green or Mixed

Try a Packet To Day

Your Children at Table.

Teach them these manners is you would have them well bred: Not to take their seats at table until the grown-ups do: To keep elbows off the table and feet off rungs of the chairs. Not to tip their chairs back nor sit

with legs twisted around them. To be just as polite at home as abroad. To eat soup without a noise, moving the spoon away from instead of toward

To break off and butter a piece of bread only large enough to make a bite, instead of buttering the whole Never to talk with food in the

mouth. If obliged to cough or sneeze, turn the head away from the table. To place the knife and fork side by side on the centre of the plate when finished.

Not forgetting to neatly fold

napkin This seems like a long list, but by taking a few prints at a time, as each point becomes a fixed habit, all effort

Remember, really graceful table manners will never be accomplished unless begun in childhood.

Minard's Liniment Cures Dandruff.

SOME RECIPES

GYPSY STEW.

Cook together smail carrots, new onions, green peas and potatoes until tender, then add two slices of dried salt perk, fried brown, to the drained vegetables and season well with salt, pepper and good rich milk heated to the boiling point. Serve hot.

BAKED ONIONS.

Selevt onions. Peel and sock in cold water for an hour. Put in beiling salted water and cook for one-half hour. Place in baking dish and dot With butter and bake in moderate oven until tender. Pour over white sauce and arrange in deep dish with chopped beets that have been buttered.

BEAN LOAF

Cook kidney beans enough to measure two cups. Add half a pound of grated dry cheese and a cup of breadcrumbs. Salt to taste and form into a loaf. Bake, basting with meat stock or with bacon fat and hot water. Serve with tomato sauce.

BANANA PUDDING. Peel and chop bananas and mix

them with an equal measure of rye bread-crumbe. To a quart of fruit and crumbs add a quarter of a cup of sugar, a tablespoonful of butted, the juice of a lemon and half a cup of milk. Steam for two hours and serve with any pudding sauce.

SMOKE TUCKETTS

CURRANT BUNS.

Rub a quarter of a cup of butter substitute into two cups of flour. Add a cup of warm milk in which half a yeast cake has been dissolved, and two tablespoons of sugar. Mix thoroughly and place in a warm place to rise. When it has risen add two ounces of cleaned currants, form in eight or ten buns, brush with beaten egg, let rise again and bake.

BROWN BREAD (NO EGGS OR BUT-TER). Two cupfuls sour milk in which dis-

soda; pour over one cup brown sugar (white will do), add two cupfuls graham flour sifted with one-half teaspoonful of sait; add floured raisins. Pour into greased bread pans and hake in moderate ovens. This makes two loaves. JOHNNYCAKE.

One cupful cornmeal, one cupful flour, one-half cupful sugar, one cupful sweet milk, one-half cupful lard. two eggs, two teaspoonfuls paking powder.

Queer Names of Flowers.

The names of some of our prettient flowers are so queer that they seem amusing to us. Nasturtium, for example, comes from the Latin word meaning "twisted nose." Verbena is from the Latin for "twig," and lavender is derived from the Latin word lavare. to wash, and is really the same word as "laundry." Lavender probably got its name because it is put away with newly washed clothes. Cornflower undoubtedly gets

name because it grows among the rows of corn. Goldflocks looks like a of the sweetest blossoms and one of the essiest from which bees get their honey.

Anemone is our "wind flower." Its name comes from the Latin word anemos, which mrans "wind," and the anemos, is really a wind flower, growing best in exposed, windy places. Orchid is named for the Greek word orchis, which means "bag." Orchids always have curious little hage. Kansas City Siar

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine. Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts thru the Bloed on the Mucous surfaces, expelling the poison from the Blood and healing the dis-

eased portions.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Meditine at once and get rid of catarrh. Send for testimonials free.

F. J. CHENES & CO., Toledo, Okio. Sold by all Druggists, 75c.

His Only Solution.

Richard was playing with a top ma chine. His mother heard an unusual commotion and hurried to the room. On entering she found poor Pete, his doll, with a broken head. In reply to her questions as to what had happened to Pete, Richard only shook his head and mumbled each time: "Ritchie, ruff-neck."

Canadian Masons In England

H. S. Carmichael, Passenger and Freight Manager of the Canadian Pacific Ocean Services, was instatled W. M. of the Canada Lodge at the installation ented in Canada.

banquet held recently in London, England, attended by the Rt. Hon. Sir Edward Clarke, Sir Gilbert Parker, General J. G. Ross and many other Canadians and English representative men inter-The Canada Lodge No. 3527 on the Register of the United Grand

Lodge of England was founded in 1911, in order to provide a Masonic centre for Canadians resident in

H. S. CARMICHAEL, W. M. Greaf Britain and Brethren from the Dominion visiting the Old Country. The object of the founders was also to form a bond of union between the Brethren of the Dominion and the Brethren of the United Kingdom in the strong hope and confidence that Freemasonry might so even still further ssist in the great work of forming these bonds of "indissoluble attachment" which shall forever unite the component parts of the British Empire. The Lodge has now 282 members, many of whom are Dominion members resident in all parts of Canada. No fewer than 150 are initiates of the Lodge.

205 members of the Lodge are on active service in H. M. Forces. Mr. Hugh Strain Carmichael, the newly-elected W. M. of Canada Lodge, he a native of Giasgow. He has been connected with the Transatlanite steamship trade since 1883, when he joined the staff of the State Line, which in 1891 was taken over by the Allan Line. In 1895 he commenced his long connection with the Canadian Pacific Company at Glasgow, transferring to its Liverpeol office in 1903, when the company established its satiantic passenger service. In 1908 he was promoted to be general per agent for Great Britain and Europe. Since the establishment, in 1915-16, of the Canadian Pacific Ocean Services, Ltd., which manages the entire fleet of the C. P. R. and Allan Lines. Mr. Carmichael has occupied the position of passen or and freight manager, and has his head-quarters at Waterloo Place, London, England.

To renovate black lace wash it in strong vinegar, rinse in cold coffee and press before quite dry with a piece of flannel laid over it. A small bag of camphor gum plac in the piano will protect the felt from moths.

To make really good coffee, put the coffee in a saucer and place it in a fairly hot oven for about three minutes, before using. This brings out the flavor.

To freshen fish put in an earthen or granite pan 3kin side up and cover with cold water. The juice of a lemon stirred thick is good for hoarsen

Mustard oil put into alcohol is good for rheumatism in the joints, when chronic. Mix a little baking soda with bluing and it will never streak the clothes.

If one is troubled with round shoulders, hold up your chin and carry ; our head high. Then the shoulders cannot bend and curve.

Without Pura Blood Health Is impossible

Owing to faulty action of the kidneys and liver, the blood becomes filled with disease germs that imperii health. The first warnings are backache, soive one and one-half teaspoonfuls of dizziness, headache and lack of energy. Act quickly if you would avoid the terrible ravages of chronic kidney complaint. Get Dr. Hamilton's Pills to-day; they cure kidney and liver troubles for all times to come. No medicine relieves so promptly, cures so thoroughly. For good blood, clear complexion, healthy appetite, use that grand health-bringing medicine, Dr. Hamilton's pills. Get a 25c. how today.

Saved by a Cookbook.

There is a story of a man, desper ately ill, who, having passed the crisis of his allment, needed only, so the doctors asserted, an incentive to recover. He had dire misfortunes and had lost all interest in living Neither his business nor his motorear por his children por his wife sufficed to ture him back to the trials of temperal existence. Then some inspired relative thought of the coekbook. She put it into the hands of the sick man as he lay withering on his pillow. He turned it over languidly; then he riuttered the pages with transparent fingers. Presently he asked to be propped up little yellow head. Honeysuckle is one in bed. Before long he was whispering fervidly of what he was going to eat when he not well—those pig hocks with damplings, hot waffles and sirup. schnittbohnen with sour sauce. What were rissoles and ramekins and bannocks? And why had he never known about toad in the hole? These were the sentiments that woold him back to life.—New York Mail.

Minard's Liniment for sale werywhere

CHIC HATS The Hat for Fall and the Hat for

Now. One plain large hat is simply ribbon banded, and few things are more evident of the spirit of the times than these plain, almost untrimmed, hats which form such suitable and pretty complements to cotton fracks

This one is of natural-colored liseret, the encircling band of ribbon emphasizing the deepest one of the em-

broidery. Such hats need wearing at just the right poise, no hint of tilt being permitted; though in others a return to the upward slant at the side is clearly fore-shadowed. For this, however, we shall probably have to wait until the approach of early autumn, and, certainly such a change would be completely out of harmony with such simple cotton gowns as those claiming

our attention to-day. A eailor shape is especially made up in a fabric. A hat of this kind in pale beige silk ep is entirely veiled with a pavy blue open mesh veil of square fishnet in a heavy weave. This is used over the crown and hanging down the back, while a fine mesh veil in navy blue is worn over the face. The coarser veil is attached to the crown, tucked in at the top and tied around the base of the crown with a narrow navy blue gros-grain ribbon. This hat is most practical and is of the type that may be worn traveling, in the motor, or in town.

An early fall model is of white vel-

SMOKE TUCKETTS

crown is outlined at the top by a cord made of many strands of cream white embroidery silk. This Tam-o shanter carried out in black, navy blue or taupe velvet, would be equally smart and practical throughout the early To come back to now, a hat of leg-

horn is a very up-to-date example of an old world favorite, for the crown is given height by its unbroken swathing with black charmeuse.

PLANES SAVED FRANCE. They Proved Their Great Value

After the Belgian Invasion Began. "Had it not been for the French air service," says Burton J. Hendrick in the World's Work, "France would

have been destroyed in the first few weeks of the great world war. "For years the French general staff had expected an attack through Beigium. The strategic railreads which the Germans were so painstakingly building up to the Belgian frontier could convey no other meaning. Yet the Frenchmen still believed that the main onslaught would come across the French frontier and had made their plans for their greatest resistance in this region. France entered the war i with only about 100 army airplanes. but Germany, which had foreseen the

ISSUE NO. 34. 1918

HELP WANTED

We have several vacancies for experienced and inexperienced hands, in various Departments in our Mill. Will be pleased to furnish full information. Write us for particulars. Several positions open with opportunity of advancement. The Slingsby Mfg. Co., Ltd. Brantford. Ont.

MISCELLANEOUS

SEND A DOMINION EXPRESS Money Order. Five dollars costs

with honey and the white of an est CHOICE SILVER BLACK BREEDING

FARMS FOR SALE

CHOICE FARM ADJOINING GRIMS-BY town, consisting of one hundred and eighty acres; must be sold at once to close up an estate. Apply to D. B. Calbick, Winona, Ont.

T WO-HUNDRED-ACRE CLEARED farm for sale—County Durham; good soil, fair buildings; convenient to railway station and village; four thousand will buy; easy terms; possession after harvest; G. P. McKay, 44 Victoria street, Toronto.

FARM, CROP, STOCK, IMPLEMENTS oats, tem corp. ten wheat; forty acres oats, tem corp. ten wheat; halance hay and pesture; twenty cows, four horsest county road. Apply F. A. Staples, R. R. No. 1, Woodstock, Ont.

AGENTS WANTED.

AGENTS WANTED - YOU CAN make it your county, with our fast selling Combination Cooler. One salesman backs \$335.55 the first month. Another agent sells 20 in two hours. Others cleaning up \$16 daily. No capital necessary. Goods shipped to reliable men on time. Territory going fast. Write essary. Gaeda shipped to reliable men-on time. Territory going fast. Write-quick to secure your field. Combination Prouncie Ca., 131 Main street. Foster.

MISINESS CHANCES

OR SALE-50 BARREL PLAN SIFter mill, in Markdale; good water-power, J. W. Ford, Markdale,

FOR SALE, AT WALLACEBURG-AN evaporates plant, well equipped; was operated last year; adjoins railway and convenient for shipping; also convenient to ship by water; about two acres of land in connection. Communicate with John S. Fraser, Barrister, Wallacoburg.

part this new instrument was to paly. nad a much larger equipment. "Yet a few days after the Beigian invasion began French aviators flying

near the Belgian-German frontier saw a sight that immediately caused a change in the French operations. The Germans were crossing the frontier in enormous numbers, and the fact became apparent that in this section the main attack was to come. This news. flashed to General Joffre, caused that sudden alteration in his plans that made possible the successful battles of

early September. "Had it not been for this operation the French army would have concentrated for the Germans in force on the Alsace-Lorraine frontier. and the whole territory, from Belgium to Paris and Calais, would have been left open to the German onslaught-that is the war war would have ended according to the calculations which had been so carefully made in Ger-

many."

RED TRIANGLE'S WORK On Troops Trains From the Great

At present, when every available man is being recruited from the homes of Canada and rushed to France to help in the last blows against the Hun, the services of the Y. M. C. A. on board troop trains is of special interest to the parents and

friends of the soldiers. A report received at Triangle Headquarters, dealing with a trip on a troop train conveying several hundreds of men, is typical, and conveys a vivid impression of the value of this service.

The two Y. M. C. A. secretaries accompanied the men from the West and they speak of the splendid physique of these Albertan farm boys, "true as steel."

Three sing-songs were held each evening, beginning with popular songs and closing, generally by request, with well-known hymne. learned in Sunday School and church. The last night on the train, after an address on the temptations the boys would meet overseas, and the necesnity of living pure lives and thinking pure thoughts, one young fellow rose vet in Tam-o'-shanter style, with a to his feet and asked the other boys close-fitting shirred velvet brim. The to join him in putting their trust in God who was able to give strength in the trials they were soon to face.

> Parents living en route were wired ahead so that they could come and have a word with their boys, whom, in many cases they had not seen in years. A Y.M.C.A. canteen for the men was operated, and every et made to dispose of supplies the least possible margin of press, and it was found possible to sell some lines below cost . Over 2,000 letters and posteards

were written on Y. M. C. A. station-

ary supplied free.

Many acts of personal service were

rendered by the Red Triangle men.



On Ne

GARNE Forces M fence

With the Br cable: A ca order, signed on the necessit The order ass ments essentia of the war ar where our figl spirit of offeit document was since which til German forces tled down by t the "spirit of o certainly is not have been fight Marne Rivers. "It is essenti beginning, "tha whatever rank. should be imbu the war canno

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of their leaders to atrictions and the

For example grain fields and ate special working conclusion, the