Marmalades

marmaianes are similar to jellies, the distinction being that jellies are made from the cooked out juice only. while marmalades are prepared from the juice with some of the fruit included. Good marmalade is clear and fellylike in consistency, with the pieces of the fruit or peel suspended in it. The same fruits are used as for jellies, since in these also pectin and acid are required.

The fruit or peel should be boiled for a short time until tender, otherwise be shrivelled and tough. Sometimes the fruit or peel rises to

the top of the jar. This may be overcome by letting the marmalade cool somewhat in the preserving kettle. Just how much this should cool can be determined by pouring a small quantity of it into a jelly glass and observing whether the slices tend to rise. If they do the sample should be returned to the kettle and the whole allowed to cool a little more. A little practice will teach the operator when the marmalade is cool enough to pour.

The jars should be boiled for fifteen minutes before they are used When the marmalade is cool pour hot melted paraffin over the top to seal it and then put on the cover. GRAPE MARMALADE.

Best results will be obtained if about one-half the grapes are a little underripe. Wash and stem the fruit. Separate the skin from the pulp and cook the pulp in an agateware saucepan until the seeds are liberated. Pass through a sieve or colander to remove the seeds. Place the skins in

Minard's Liniment Co., Limited. great benefit from the use of MIN-ARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of Inflammation.

W. A. HUTCHINSON.

a saucepan, add a scant half pint of water for each quart of skins, and boil until tender. A thin slice or two of lemon may be added if desired: When tender, add this to the pulp, and measure the mixture into a preserving kettle. Bring to a boil, and then add one pound of sugar for each quart of material. Cook over a steady fire until the "jelling point' is reached, as indicated by the flaking or sheeting from the spoon. Pour into hot, freshly sterilized jars, cover and

CRAB APPLE MARMALADE Wash the fruit, remove the cores and cut or chop into small pieces. Place in the preserving kettle and add just enough water to show at the top of the fruit. Cook until the fruit is tender. For each quart of material add one and a half pounds of sugar and cook over an even fire until the "jelling point" is reached. as indicated by the flaking or sheeting from the stirring spoon. Pour into hot, freshly sterilized jars, cover and

VEGETABLE MARMALADE. Vegetable marmalades may be made

at small cost from products from the home garden. The vegetable marmalades contain a smaller proportion of sugar than those made from iruits. They are made of combinations of vegetables, sugar and fruit acid Lemon juice is usually used and other fruits are sometimes added.

Each of the following receipes makes about one pint of marmalade. CARROT MARMALADE.

Two cups ground carrot, one and one-half cups of sugar, two lemons, two teaspoons ground ginger root. Cook the carrots until tender. Add the sugar. Quarter and cut the lemons in thin slices. Cook slowly until

> MAKE YOUR OWN LAGER BEER At home—no special equipment

-from our pure and popular Hop-Malt Beer Extract, Conforming to Temperance Act This is a food Beer, more de-licious nourishing and better than any mait beverage you can buy in bottles. Drink all you want of it. Easy to make. The drink that "cheers but does not inebriate." Rich, creamy foam, natural color, snap and sparkle. Your friends will contirm your opinion—"The best I ever tasted." Large can, makes 7 gals. \$1.75 Small can, makes 3 gals, 1.25 Sample can, makes 1 gal. 50c Send money orders or postal ote. Prepaid throughout Can-Agents wanted everwhere. HOP MALT COMPANY, LTD. DEPT. W.R.S. 92 King St. West

thick, without stirring. Pack in hot, freshly sterilized jars and boil (process) for five minutes in steamer hot water bath.

CARROT, RHUBARB, GREEN PEPPERS.

One cup ground carrots, threequarters cup chopped peppers, one lemon, one cup unpeeled rhubarb, one cup sugar, ginger root if desired. Cut the rhubarb in one-quarter inch slices and make according to directions for carrot marmalade.

RIPE TOMATO MARMALADE.

Twelve medium sized tomatoes, one and one-half lemons, one and three-quarters cups sugar. Peel and alice the tomatoes thin. Remove as many seeds as possible and make according to directions for carrot marmalade,

> PIKER BETS. (Exchange)

Wife—Anchie's been gambling again, mother. I think he has lost his senses.

Mother—Indeed! I had no idea they played for such small stakes. Women With Weakness

Find New Strength For all special weakness from which girls and women suffer, no surer remedy exists than Dr. Hamil-

ton's Pills; they maintain that bracing health every woman so earnestly desires, they uproot disease and bring strength that lasts till old age. The blood is richly nourished by Dr. Hamilton's Pills. Appetite increases, weakness and secret ills give way to surplus energy and reserve TIROT.

No pale girl, no ailing woman can afford to miss the enormous good that comes from Dr. Hamilton's Pills; get a 25c box to-day.

Science Notes. Last year 6624 motorcars were ex-

ported from the United States to yar-

lous parts of Asia. A new coaling plant at Trenton,

Mo., enables a railroad locomotive to be coaled in 30 seconds. The sparkplugs of the automobile need cleaning occaseionally, and the

job is not exactly an attractive one. The task is simplified by means of a new feature. You press a small plunger mounted upon the plug and the contact points are at once cleared as the soot deposit.

Veivet was developed and originated from fur in China. Thence velvet-making was introduced into India and in the fourteenth century into Italy, where that cort of fabric especially appealed and where the art of velvet-making reached its height.

In California five tomato vines cov-

Spineless cactus is designed to play

conservation.

Disciplinary Garden.

The city ouf Somerville, Mass., has established a disciplinary garden. Those compelled to work this garden are youths who have been caught trespassing in, or in some way injuring, a garden or park. In referring to this novel arrangement the Youth's Companion says: "The idea has grown out of a practice of the Somerville police to make some sort of restitution to those whom they have injured."

\$100---REWARD---\$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrah. Catarrah being greatly influenced by constitutional conditions is catarrah. Catarrah being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrah Medicine is taken internally and acts thru the Blood on the Mucous Surfaces of the System thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrah Medicine that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Teledo, Ohio. Sold by all Druggists, 75c.

French Names in War News.

(By Julian Park, of University of Buffalo.)

ENGLISH. Amiens-Ah-mi-an (g). Aisne-Aine.

Avre-Avr. Belleu-Belleuh. Braisne-Braine.

Braches-Brash (long a). Cantigny—Can (g) tiny (long a and i).

Corbie-Corbi (long i). Courcelles_Courcell. Fere-en-Tardenois — Faire-en (g)

Tardnwa. Fismes-Fime (long i). Grivesnes-Griveyne. Joncherry-Zhon (g) sherry. Montdidier-Mon (g) diday. Moreul-Moreaul.

Morisel-Morizel. Moriancourt-Morian (g) coor. Oise-Wase (long a). Pacaut-Paco (long a). Sairy-Salsogne — Sairy-Salson (g)

(long a). Soissons-Swasson (g). Vesle-Vaile. Ville-en-Tardenois - Ville-en (g) Tardnwa (long a).

Woevre-Waivr. (In nasal sounds, start to say ng, but stop before the g sound in completed.)

Minard's Liniment Cures Colds, &c.

MAMMA NOT ASLEEP.

The maid was dressing four-year-old Bobby. His mother was resting in an adjoining room. When she over-heard her small boy say a naughty word, she called in severe tones, "Bobby, what do you say?" Quick as a flash he replied, "You are supposed

to be sleeping, mamma." You never can tell. Many a bluff old chap doesn't get any farther than



for over 40 years Hirst's Pain Ambago, fame back, neuralgia, speams, toothache and similar complaints. Buy a battle, read the directions on the circular parliage. At dealers, or write us. BIRST REMEDY COMPANY

MMIT'S Panily Salve, (50c), 35¢ mmit's Pected Syrupotitors.

Physicians Give Free Advice to Parents.

It's a matter of general interest just now how one's physical condition can be got into shape to best receive the benefits of the summer season. Especially is this true of the children. They have become run down by a winter of unnatural manner of living because of ill-considered food and much time spent indoors. Spring cimes with its sunshine, its fresh vegetables and all else invigorating, but the children are in no condition to receive nature's remedies.

Many parents call in the family physician. Many other parents take advantage of what the physician told them when he was first called in consultation. All good family physican's say: "Give the children Castoria." Healthy Healthy

parents know this remedy of old, for they took it themselves as children. It was more than thirty years ago that Castoria made a place for itself in the household. It bore the signature of Charles H. Fletcher then, as it does to-day. The signature is its guarantee, which is accepted in thousands of homes where there are child-

SMOKE TUCKETTS

Much is printed nowadays about big families. Dr. William J. Mc-Crann, of Omaha, Neb., is the father of one of the much-read-about-familvies. Here is what he says:

As the father of thirteen children I certainly know something about your great medicine, and aside from an important part in food and fodder | my own family experience I have, in my years of practice, found Castoria a popular and efficient remedy in almost every home."

Charles H. Fletcher has received hundreds of letters from prominent physicians who have the same esteem for Castoria that Dr. McCrann has. No only do these physicians say they use Castoria in their own families. but they prescribe it for their patients. First of all it is a vegetable preparation which assimilates the food and regulates the stomach and eating howels. and Castoria Look sleeping. too. lit allays fethat out for verishness and prevents loss of sleep. and this absolutely, without the use of opium, morphine or other baneful

narcotic. Medical journals are reluctant to discuss proprietary medicines. Hall's Journal of Health, however, says: Our duty is to expose danger and record the means for advancing The day for poisoning innocent children through greed of ignorance ought to end. To our knowedge Castoria is a remedy which produces composure and health by regulating the system, not by stupefying it, and our readers are entitled to the

FOUR EGGLESS CARES SPICE CAKE

Cream together four tablespoonfuls partly melted butter and haif-cupful sugar, then put in half-cupful molass es and half-cupful sour milk into which a heaping teaspronful soda has been dissolved; stir in two cupfuls sifted flour, one cupful chopped raisins one teaspoonful cinnamon, nutmer and cloves.

WAR PRUIT CAKE.

No one need go without fruit cake for Christmas dinner with this cheap recipe on hand: Two cupfuls brown sugar, two cupfuls hot water, two tablespoonfuls lard, one package raisins, one teaspoonful salt, one teaspoonful cinnamon, one teaspoonful nutmeg. Boil ingredients five minutes after they begin to bubble. When cold add three cupfuls flour, one teaspoonful soda dissolved in teaspoon hot water. Bake in :wo loaves 45 minutes in a slow oven.

EGGLESS, SUGARLESS GINGER CAKE.

One-fourth cupful melted butter, one cupful molasses, one cupful sour milk, two and one-third cupfuls flour two teaspoonfuls soda, two teaspoonfuls ginger, half teaspoonful salt. On: fourth cupful sugar improves it, but it is good without.

SUMMER COMPLAINTS KILL LITTLE ONES

At the first sign of illness during the hot weather give the little ones Baby's Own Tablets, or in a few hours they may be beyond aid. These Tablets will prevent summer complaints if given occasionally to the well child and will promptly cure these troubles if they come on surdenly. Baby's Own Tablets should always be kept in every home where there are young children. There is no other medicine as good and the mother has the guarantee of a government analyst that they are absolutely safe. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Really Tame.

To whom it may concern: The stories that John Hartness is telling around are false—that George Hartness is beating him is not so. The trouble was John Hartness put a bucket on my stove. It had ice and snow on it, and a hole in it. I told him to take it off, it would break the stove covers. He would not. and George Hartness came from the other room and told him to take it off, that it was leaking, but he wouldn't. So George went to take it off and John Hartness struck him with the bucket and then came for him. deorge Hartness took him down and held him iown and asked him if le would be have himself. No blows were struck. -Mrs. L. M. J. Hartness.-Hopkinton (Ia.) Leader.

UP-TO-DATE. (Birmingham Age-Herald)

"She seems interested in that aviator.
"That it hardly the word for it." "She says she loves the very air he flies through."

Minard's Liniment Cures Diphtheria.

Worth Knowing.

When velvet gets crushed from pressure hold the parts over a basin of hot water, with the lining of the article next to the water. The pile

will soon rise and assume its orginal When linen becomes slightly scorehed when ironing, wet a piece of cloth with peroxide, place over scorched

part iron over it and scorch will dis-Celery leaves may be dried, pulverized and bottled to use as seasoning.

Beans, milk, peas cheese and peanuts are substitutes for meat in food Place a bottle of sassafras oil in

your home medicine closet. When one gets burned use this freely. Will give almost instant relief.

You pay the same war tax on a pound of cheap, poor tea that you pay on Red Rose. In other words you pay 10 war taxon a cheap tea which will make perhaps 150 cups to the pound and you pay the same 10 tax on a pount of Red Rose which easily makes about 250 cups.

You will find today more value, more economy, more real satisfaction in Red Rose Tea than ever before.

It is truly a war time tea.

T. H. Estabrooks Co.



Heal Two Weeks Old Baby Of Skin Trouble.

"When about two weeks old say bely terned blue, and in a couple of days broke out in a man. Then she turned vone count for sever said on the turned on the top of her head, and on her arms and himThe olds was sed and she acceptable till she made it "I wrote for a free ample of Cuti-

curs Soep and Ointment. It was a great relief, so I bought more, and I great renes, so I hought more, and I used two cakes of Cuticuta Steep and three bease of Cuticuta Cinturnit when she was healed." (Signed) Mrs. Alfred Ryan, 167A St. Martin St., Montreal, Que., August 16, 1917.
For every purpose of the tellat Cuticuta Steep and Cinturnent are suprema.

For Free Sample Each by Mail ad-dress post-card: "Cuticum, Dept. A. Besten, U. S. A." Sold everywhere.

APPLE OMENS.

Many Queer Superstitions About the Fruit.

There is a mint of quaint and superstitious customs connected with the apple which would make capital reading if all the instances on record could be gathered between the covers of a volume. The apple in times past has been used as an omen of luck-good and bad-success in love and marriage and in come cases to ward off

In times past the apple has played a prominent part in the traditions of Scotland, and even now in the Highlands the peeling of an apple to reveal the letter of a young girl's future husbands name is regarded with superstitious awe. The romantic maiden procures a large apple and proceeds to pare it. If the peel breaks then there is a calamity ahead and an interrupted love. If it breaks twice once while being pared and again while being thrown, then it means mere disaster, for the twice-parted

peel means twice-parted love. But if the peel be safely taken from the apple, safely tossed around the head three times, and safely thrown to the ground so that it becomes an agent of fate, and as such will help the girl in deciphering the first letter of her future lover's name.

FOR SALE GROCERY, BOUT AND Shee Business, long established. D. L. Gilmour, Collingwood, Ont. of her future lover's name.

More generally known, and at the same time more weirdlike and fearful in character, is the celebrated is believed will be seen peeping over

Many of the traditions which were taken so seriously by our ancestors have developed in this enlightened age into pastime for merry social gatherings. Some of the old Hollowe'en customs which are still believed in some parts of the country, are turned into forms of popular amusement. A notable example of the custom is hanging a stick horizontally by string from the ceiling, and putting a candle en one end and an apple on the other. This stick being made to twirl rapidly, the merrymakers succession leap up and snatch at the apple with their teeth, no hands being allowed, but it frequently happens that the candle comes around before they are aware and scorches them in the face or smothers them with

grease. A more serious and recent custom, however, consists of a bowl of wa-



ter, with a number of apples floating about. Fond mothers have to drop forks into the water from a distance of about four feet with the hope of piercing an apple. If this is done successfully it is said to protect their children from catching cold.

GOING SWIMMING?

Ther Here Are Some Pointers for You.

Hot weather will drive you to the hathing beach, but don't throw caution off with your ciothes.

Cool off before you plunge into the water. The snock of a sudden plungs into cold water often causes cramps. Erter the water slowly; wet your head first. Don't stay in the water more than few minutes at a time until you are accustomed to it. When the water is very cold, with

the breeze blowing the warm surface water offshore, make your stay in the water briefer still. If a bather has been dragged from the water, apparently drowned, wipe

the mouth and nostrils, quickly open the clothing sufficiently to expose he chest and waist. Separate the jaws and teeth and keep them apart by inserting something hard between the teeth-a piece

of wood, or cork, or anything to keep the mouth open. Then take a position astride the natient's hips, with elbows resting on the knees and your hands over the

body ready for action. Make pressure on the base of the chest until the flow of water from the lungs is clackened. Relax and again make pressure, alternating relaxation and pressure until the lungs are empty. This should not last longer than 30 o- 40 seconds and permits the entrance of sufficient air to stimulate respira-

Minard's Liniment Cures Garget in

ISSUE NO. 35, 1918 periences and income in our Mill. Wil various Departmente in our Mill. Wil be pleased to furnish full information Write us for particulars Several post Write us for particulars. MIRCELLANEOUS

DOMINION EXPRESS MONEY Order for five dollars costs three CHOICE SHARE BLACK PREEDING Power Drag Saw, complete for cutting wood. State price and condition.
Address Jas. Aikins, Box 33. Niagara-on-the-Lake, Out.

FARMS FOR SALE.

CHOICE FARM—ADJOINING GRIMS-BY town, consisting of one hundred and eighty acres; must be sold at once to close up an estate. Apply to D. H. Caibick, Winona, Ont.

T WO-HUNDRED-ACRE CLEARED farm for sale County Durham; good soil, fair buildings; convenient to railway station and village; four thousand will buy; easy terms; possession after harvest. G. P. McKay, 44 Victoria street, Toronto.

F ARM, CROP, STOCK, IMPLEMENTS
—two miles Woodstock; forty acres
oats, ten corn, ten wheat; balance hay
and pasture; twenty cows, four horses;
county road, Apply F. A. Staples, R. R.
No. 1, Woodstock, Ont.

112 ACRES — MORE OR LESS-LOT
12 T. Concession 2. Eramosa, near
Special for sale; on the premises is a
good stone house, up-to-date bank barn;
good stables, with water; closed in shed,
slio, piggery; hennery, sheep pen, never
failing well, windmill, good orchard;
farm in good state of cultivation, well
farm in good state of cultivation, well
fenced, well watered; five miles from
Fergus, ten from Gueiph; school-house
and two churches close by. Apply on
premises, Mrs. Lena Leybourne, Rockwood, R. R. No. 3. Ont.

DUSINESS CHANCES.

FOR SALE 50-BARREL PLAN SIF-T ter mill, in Markdale; good power. J. W. Ford, Markdale.

NOR SALE, AT WALLACEBURG-AN evaporator plant, well equipped; was eperated, last year; adjoins rallway and convenient for ahipping; also convenient to ship by water; about two acres of land in connection. Communicate with John & Fraser, Barrister, Wallaceburg, Out

\$3,000 BUYS MANUFACTURING plant with boiler engine. Worth \$6,000. Built solid stone; fire proof; three stories; 16,000 square feet; well lecated; cheap particulars write, John Nash, Owen Sound, Ont.

How to Cut a Bottle. A simple method of accurately cutspell of eating an apple before a look- ting a bottle is to place it upon some ing giass with a view to discovering level foundation and fill it with linquirer's future husband, who it seed oil to the point at which you de-Then take an iron rod of as great a diameter as will pass into the bottle, make it almost white hot, and dip it into the oil. After the lapse of a few moments a sharp crack is heard, and the bottle is found to be neatly cut as if with a diamond. If the bottle be very thick and the crackling sound not heard in a few moments, a little cold water threwn on the outside will

accomplish it. Minard's Liniment Cures Distemper.

Unframed Pictures. To fasten unframed pictures on the wall so that the wind cannot tear them loose, take a narrow ribbon and brass tacks and, beginning at one corner, fasten the picture, then stretch the ribbon to the next corner of the picture, then another tack, and so on clear around the picture. Use ribbon to harmonize with the color in your picture and the effect will be pretty.

Her Veil.

It's the chiffon-bordered veil which is smart. It may fall loosely over the brim of the hat.

Or it may be draped and hang down at the back. It may be of Shetland finish, or of soft shadow lace, or a hexagon or scroll mesh-but it should have the border, a deep, hemstitched affair, of

chiffon, to be quite the fashion. And as to colors, one may choose any hue she likes, or black or white.

THE JOY OF MOTHERHOOD

Came to this Woman after Taking Lydia E. Pinkham's Vegetable Compound to Restore Her Health



Ellensburg, Wash "After I was married I was not well for a long time and a good deal of the time was not able to go about Our greatest desire was to have a child in our home and one day my husband came back from town with a bottle of Lydia E. Pinkham's Vegetable Compound and wanted me to try it. It brought relief

from my troubles. I improved in health so I could do my housework; we now have a little one, all of which I owe to Lycia E. Pinkham's Vegetable Compound. Mrs. O. S. Johnson, R. No. 3, Ellensburg, Wash.

There are women everywhere who long for children in their komes yet are denied this happiness on account of some functional disorder which in most cases would readily yield to Lydia E. Pinkham's Vegetable Compound.

Pinkham's Vegetable Compound,
Such women should not give up home
until they have given this wonderful
medicine a trial, and for special advice
write Lydia E. Pinkham Medicine Ca.
Lynn, Mass. The result of 40 years
experience is at your service.

Retrea

With the British Cable - There has ing to-day along the British front, Arres, virtually th

Again the British The battle raced all day lon and yards to t British force, which during the night a tack at daybreak. into the enemy po round between Br Albert and had a thousand prisoners The Germans a nection betwee where the British

ing them and whe

ened with being le

town of Albert h hands of the Britis the enemy hard. Along the Arrasbankment and on heavy fighting con On the northern front the British s positions and capt ing terrible losses They then pushed points. They occ rench, well to th bankment, and w similarly at other time beating down hunched by the en regain his valuable

A counter-attac north of Courcelle broken down by th Boche gained a sin despite his evident do so. The value along the embanks seen. The countr railroad runs along made-to-order ridg and controls consi ed ground on eithe To the south, fr to the Ancre, the a been sweeping ba rds, attacks a being repeated aga ish patrols have be but at the moment British lines are dred yards west of neighorhood , of Be

GERMAN ATTA

cote, on the road and Puisieux-au-M Word has just b Germans laund ater-attack aga tions on the outs but after sharp f off. In the face of from blazing mach man ranks withe persed. ENEMY USED

The British are

le-Grand, but patro

town. The Boo here, as well as a carried out by t have been seen r front from the rea relieve General Ot assed seventeenth At Achiet-le-Gra in such strength tired for a short outskirts of the te themselves for the pouring bullets int who in their eage thing no matter right into the c formed by the tow

Southwest of Mir

at latest reports h

has back to the R

front of the British where. The batt a scorching sun, th the dusty, shell-ch shirted, or witho the sweat streami naked bodies. At many places dead, mowed down lay baking in the usual debris which field. Efforts are

burial parties to c

but within the zon

it is not often pos this task. MANY PRUSO The total number is still uncertain, at least 3,000 have comparison with the the prisoners to-da hungry and thirst; an Austrian artili rived at the cages that usually surrou peror Charles' arm dier servant with got lost in the mixu annoyance of bot they were put in s

Incidentally, the took occasion to n trian soldier, but marks showed cles The Austrian of been at this front a battery of Aust sponse to question he did not dislike "You may think I managed to get them." he remark

BRIGADE COMMA Among other pr commander,