

War-Time Cookery

FREE

Send name and address for new "War-time Cookery" This book contains recipes chosen by the judges as the best and most practical recipes submitted in our recent cash prize competition. It is intended to assist in the conservation of food and to effect savings in home cooking and baking.

Approved by Canada Food Board ADDRESS: E. W. Gillett Co. Ltd. TORONTO, CANADA

ERROR AT SEA

Whales and Porpoises Taken for U-Boats, Torpedoes.

There is peril in being a whale or a porpoise in the North Atlantic these days. If you are a whale, particularly a spouting whale, you are apt to be mistaken for a submarine; and if you are a porpoise you are apt to be taken for a torpedo.

Fitting Expiring Sentiments

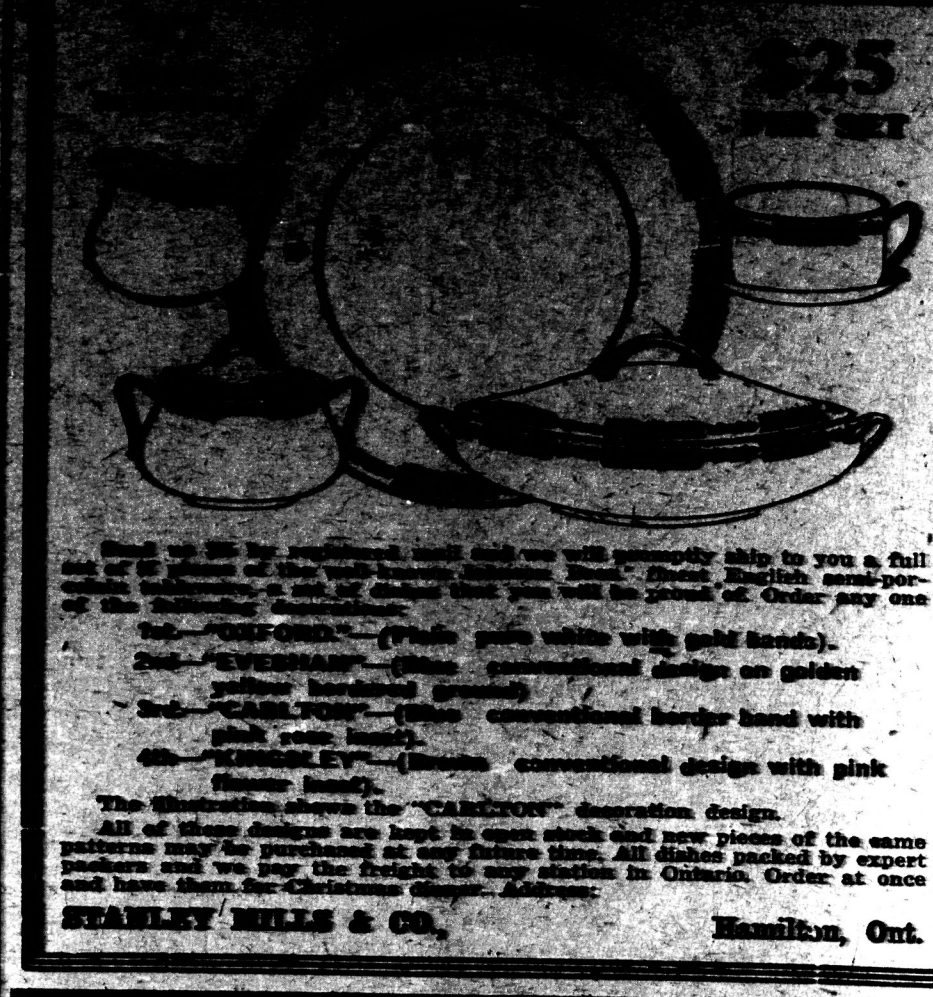
To Vespaian is attributed as an expiring sentiment. "An emperor returns to the sea to complete his work, undisturbed by the enemy, that menaced all who traveled in great waters.

In Tropical Countries Liver Chili Very Common

In Northern latitudes also the liver is a very unruly organ and requires careful watching. The concentrated vegetable juices in Dr. Hamilton's Pills act directly upon the liver and stimulate its action to a normal basis.

A HORRIBLE CRIME

Touton Conqueror Tried to Destroy Siberian Race. Prof. Voyslav M. Yovanovitch, of the University of Belgrade and a representative of the Serbian Government in Washington has made public a memorandum presented to the International Socialist Bureau in Stockholm by the Serbian Parliament.



WORTH KNOWING

Try roasting the morning egg (in the oven, of course) instead of boiling it, and you will like the change. If a pinch of baking powder is added to the meringue for lemon pie it will not fall when done.

PEELS OFF A CORN WITHOUT ANY PAIN

Is it magic, no, scientific—a wonderful combination discovered that will shrivel up the toughest old corn you ever saw.

SPANKING DOESN'T CURE!

Don't think children can be cured of bad-habits by spanking them. The trouble is constitutional. The child cannot help it. I will send FREE home treatment with full instructions.

VEGETABLE SOUPS

Some Good Pointers for the Housewife. Vegetable soups may be made tasteful by a little care in the preparation. The wise woman will have a store of helpful accessories in her pantry.

HANDSOME MEN

World's Palm Given to the Abyssinians. "To speak of the pure old Egyptian type is an incorrect as to assert that the old type of the Pharaohs is extinct-to-day," said Prof. W. Max Muller.

WANTED

WOOLLEN MILL HELP WANTED. Fuller on blankets, this is a high-class steady position at high wages. For particulars apply to Slingsby Mfg. Co. Ltd., Brantford, Ont.

HELP WANTED—MALE

MEN WANTED—TEAMSTERS. heading mill men, and men to work in the bush. Apply to the Wallaceburg Co-operative Co., Limited, Wallaceburg, Ont.

HELP WANTED—FEMALE

MAID FOR GENERAL HOUSEWORK. Small family. Apply to Mrs. Davis, 384 Hess Street, South, Hamilton.

MISCELLANEOUS

IT IS ALWAYS SAFE TO SEND A Dominion Money Order. Five dollars costs three cents.

FOR SALE

FOR SALE—BEAGLE AND FOX. twelve, females ten, Wood, Woodlands, Inlington, Ont.

FARMS FOR SALE

TOWNSHIP OF MARKHAM—CLOSE TO Elgin Mills post-office, one mile from Metropolitan car line; containing 100 acres, good buildings and barns; price \$12,000.00. Must be sold to close an estate; terms arranged.

Napoleon's First Love

The little French town of Auxonne is not associated in the popular mind with Napoleon; but, as Miss Betham-Edwards reminds us in "Unfrequented France," he spent some years of his childhood there.

He Got Even

He lived just over the Tyed border, and naturally hated spending money. Therefore, when a friend in the south sent him an unstamped letter he was much annoyed at having to pay two postage stamps.

BABY'S BATTLES FOR HEALTH

Mothers you can win the battle for the health of your little one if you will fight it with Baby's Own Tablets—the ideal childhood medicine.

Grandpa's Movement

The small grandson was sent to the garden to call his grandfather to dinner, but, intent upon his work, the man paid little attention to the child.

The Duckbill Platypus

The female duckbill lays two to three eggs about three-quarters of an inch long, enclosed in strong, flexible, white shells.

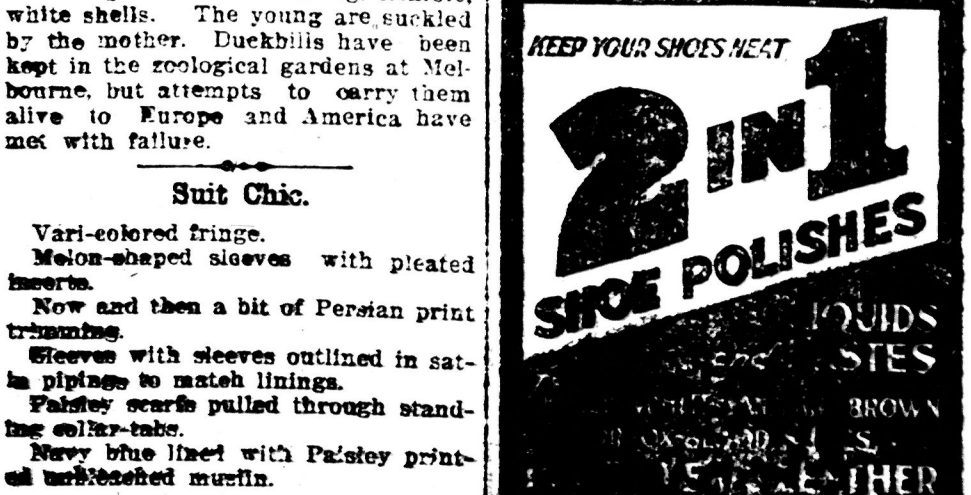
Suit Chic

Vari-colored fringe. Men-shaped sleeves with pleated fronts. Now and then a bit of Persian print trimmings.

Best Persian Camels

The best Persian camels are the powerful one-hump kind, which are bred in the Province of Khorassan.

KEEP YOUR SHOES NEAT



SOME UNSUNG HEROES

So many are the men in all trades, the callings deserving high places among the world's benefactors to-day that many will be overlooked. The followers of the sea must not pass unobserved in the throng of heroes.

For Spanish Influenza

THE LIMENT THAT CURES ALL AILMENTS—MINARD'S THE OLD REMEDY—TRY IT MINARD'S LIMENT CO., LTD. Yarmouth, N. S.

LOOK FOR EDDY'S NAME ON THE BOX

Whenever you buy matches, see that the name "EDDY" is on the box. It is your best guarantee of safety and satisfaction. More than sixty years of manufacturing experience is back of it.

rate is from two hundred to three hundred a day.

There are concentration camps where half of inmates have died. This is not a case of an epidemic, which has claimed countless victims. They died of cold and hunger.

Over 100,000,000 People in Europe Face Starvation

Reliable Experimental Station tests show that fertilizers have increased yields of grain, potatoes, etc., from 25 to 120 per cent. The 1917 report of the Board of Agriculture, England, records the fact that in a general report...