er chest, it is surely essential that the remedy be conveyed direct to the iffected part. It's because the healing vapor of Catarrhozone is breathed into the sore, irritates throat and nehini tubes that its balsamic fames kill the germs and destroy the cause of the trouble. These are are reasons why Catarrhozone never yet falled to cure a genuine case of Caharra, Asthma, Bronchitis or Throat

The wonderfully-soothing vapor of Catarrhozone instantly reaches the furthest recesses of the lungs, produces a healing curative effect that is impossible with a tablet or liquid. which goes merely to the stomach. and fails entirely to help the throat

Catarrhozone Just Breathe It

To permanently cure your winter Ills your coughs sneezing and Catarrh, by all means use a tried and proven remedy like Catarrhozone. But beware of the substitutor. Large outfit lasts two months, costs \$1.00, small size 50c, trial size 25c, at dealers

RULERS OF BELGIUM

(Home Chat.)

Quite a sensation was caused when the morning papers announced the other day that the King and Queen of the Beigians had flown over to England to pay their respects to King George and Queen Mary on the occasion of their silver wedding.

Naturally, it was all kept a deadly secret beforenand, and even the airmen who brought the royal couple across were only told just before the flight who their passengers would be. Queen Elizabeth, who is an ardent amateur photographer, had her camera with her, and took many photographs from the scaplane, and wrote

many questions on a slate to her pilot. She told him she wished to fly over the Boulogne steamer and wave her hand to some friends of hers on board. Unfortunately, the boat was not to be

Queen Elizabeth will always stand out as one of the bravest and most eroic women of the great war.

"The Little Queen," as the Belgians call her, has scarcely left her husband for a day since their retreat from Brussels. While he is leading his men h battle, she is busy tending the sick and wounded, caring for the poor, and cheering the widows and orphans.

Even when the Queen came over to en the understanding that King Albert would wire for her if there was "anything happening" in Belgium.

She had scarcely landed when the wire came, and as soon as the royal children were in safe hands she returned at once to Belgium and her kusband.

Again and again Queen Elizabeth has visited the trenches, and in all the hospitals behind the Belgian line she is a well-known and much-loved figure. The patients all adore her. She has the habit of asking each one of them If there is anything at all she can do for them, and then she writes down their requirements in a little book. If there is anthing which a soldier particularly wants or has a longing for, that is obtainable, it is nearly always sent to him at once, as a present from the Queen.

Many times the hospitals under Queen Elizabeth's direction have been subjected to bombardment from the air. Some time ago in one week a hundred people were killed, , but her majesty absolutely refused to leave her post of danger.

King Albert and Queen Elizabeth certainly need some "looking after" when they are in "first line," so utterly do they disregard their own safety m the face of danger. And many anecdotes are told of their visits to the trenches.

One day when the King was at the head of his army in the first line of fire, he was standing in a particularly dangerous spot with shells bursting round him.

"Sire," said the colonel of the regiment, "if you were a simple soldier I "Scold me, then--scold me," replied

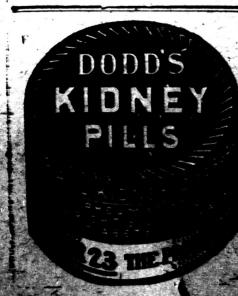
the King, with a laugh. "Sire, I scold you!" said the colonel

in a severe tone. On one occasion, when Queen Elizaboth visited the Belgian trenches

three soldiers did not recognize her. "Come along, madam. Make yourself at home," said one of the men; and another produced a sack, which the Queen sat down on, and, "making herself at home," chatted to the soldiers, and distributed chocolates and cigarettes amongst them.

Presently another soldier came up, Queen!" said he. And immediately they all rose and stood at attention. When her majesty had departed one

of the men asked the soldier who had fetched the sack whether he would sell it as a souvenir.



loded not far off Queen took out her

Undoubtedly the most popul in the Belgian army is King hero and King of the De little Belgrum.

Before the war he was scarcel heard of over here, in Belgia was a popular King of literary and a devoted husband.

Now everybody knows that Electric also an engineer, and was stands the construction of ships and stands the ships and ships and ships are ships and ships and ships are ships and ships and ships are ships are ships and ships are ships and ships are ships are ships and ships are ships are ships and ships are ships are ships are ships and ships are ships are ships and ships are ships are ships are ships and ships are ships are ships are ships and ships are ships are ships are ships and ships are ships and ships are ship

steamboats and aeroplanes. He has driven railway trains, and wishing to enter more entirely bits the lives of his people, has even were in the mines. His majesty is also

skilled chauffeur. The King and Queen of the B both speak perfect English. Would you like a pen picture of the King and Queen's temporary "pelace" at La Panne? This is the Hea. Lady

Byng's description of it in the National Review, after she visited the majesties: "Three of the most hideous jerry built villas it was possible to co with the sea, the trenches and with entanglements up to the door on to side, and on the other the duses.

Such is the "palace" King Albert and
Queen Elizabeth have lived in for the

past three years. By a strange coincidence this little of the country, but still valiantly hold ing out against the German hordes, in the very place where Leopold I. was proclaimed King of the Belgians.

"It is a pity," King Albert once re marked, "the place has such a silly name, for it will be very historic in

days to come." At this same jerry-built "palace," in 1915, Gen. Foch, then commanding the French army in the north, hanched with their Belgian majesties.

So interested were the royal hosts in the general's conversation that they very nearly forgot the object for which they had invited him, which was to hand him the insignia of the order which had been conferred on him.

The general had already taken leave.

and was seated in his car, when King Albert ran out of the villa, jumped on the step of the car and hurriedly

A Health Saving Reminder. Doort Wall MINARD'S LINIMENT

THE OLD RELIABLE. MINARD'S LINIMENT Ct. Ltd., Yar-mouth, N. S.

handed over the precious casket, with apologies for his absence of mind. The little Princess Marie Jose is said to have very strong views, on the

Kaiser and all Germans. "I detest Brussels now," she oute said. "It will be necessary to have it disinfected before I return to it." Princes Marie Jose in the only daughter of the King and Queen of the Belgians. She was twelve years old on Aug. 4, and is at present at a school of art at Poggio Imperiale, just out-

The King and Queen of the Belgians have two sons the elder, the Duc de Brebant, who is at Eton, and the younger, the Comte de Flandre, is at the Royal Naval College at Dartmouth with Prince George, the fourth son of our own King.

It was last year that Queen Eliza-beth visited Florence with her little daughter before taking her to the school at Poggio.

It was the first time the Queen had stayed at the beautiful old Italian city, with its memories of Dante, Savona-rola, Michael Angelo and other great worthies, and she was enraptured by all she saw.

"Is it possible that the enemy can raid Florence?" she asked. And was told that the greatest precautions had been taken by the responsible authorities of the city to make it as difficult as possible for a raid to take place while her majesty and the princeps

were there.

Queen Elizabeth smiled as she listened to the reply which was made to her. They had misunderstood her.

"It was not for myself or my daughter that I asked," she said. "It was for the sake of all the marvellous treasures and beautiful buildings you have here that I inquired."

Mipard's Liniment Cures Burns, Ele

and recognized her majesty. "Oh! the The South American Territorial

(New York Sun.)



PIRH RECIPES.

Take a fairly thick slice of codfish, shred it and parhoil it. Cut up small one onlon and four tomatoes and fry them in one ounce of margarine; add a teaspoonful of flour and stir well. then add a cup of water, some chopped persley and pepper; stir until it boils, then add the flaked fish. Simmer for

Serve in a border of mashed pota-At the first sign of it. It's Healing A FILLETED BAKED HADDOCK. it is a conqueror, and the other be-

A haddock weighing about two pounds makes two good-sized fillets. Grease a casserole dish, put in the fillets cut in four, season with salt, pepper and lemon juice and pour over a little melted butter or margarine and half a pint of milk. Bake in a hot oven for twenty minutes. Sprinkle with breadcrambs and grafed cheese, and let the fish get trown on the top. Serve hot in the conserole. CURRIED PRAWNS.

These can be quickly prepared if you have a the of prawns at hand. the currie sauce chop an enior and a few sites of apple finely and fry them in one ounce of margine, Stir-in half a dessertspoonful of curry, powder and the same of flour. Salt

to thete. Add a quarter of a pint of stock or milk, cook gently for twenty minutes, stir in the prawns, add a few drops of lemon juice and a little chut-ney, and when heated through serve with a border of rice. This sauce can be used for any left-over fish.

Minard's Liniment for sale everywhere

Blobbs-Wigwag is a mechanical genius. He is now tinkering with a we shall hear from this moment on motorcar designed to run either on the footsteps of cur triumphant fuland or water. Slobbs Sort of yacht- ture echoing down the corridor of hismobile, eh?

to feet that perspire profusely and alum; talcum, 10 parts; of alum, two parts. Dust the aly with the powder once or

trong being you if you are suffer-be from bleefing itching, blind or matrucker Ples. I can tell you how, your own home and without any-

PALES TREATED AT

en from your own locality if on will but write and ask. I assure noney but tell others of this offer.

MRS. M. SUMMERS, Box & Whadeor Unt

Victor Hugo's Prophecy. (Boston Transcript.)

It is the function of the true poet to be a prophet as well. Victor Hugo was a great poet, and a republication in The Paris Pigaro of a speech which be made in the French National Assembly just after the German might had fully humbled France, and had possessed itself of Alsace and Lorraine, proves that he was a prophet is well. The speech was delivered at the session of the National Assembly, on the let day of March, 1817. And this is a startling extract from it:

M. Victor Hugo From this day on there will be in Europe two nations cause it has been conquered.

M. Thiere-True! M. Dufaure, Minister of Justice-Very true!

M. Victor Hugo Of those two nations one, the victorious nation, Germany, will have empire and slavish obedience; it will have the military yoke the brutalization of the barracks, discipline resting even upon souls, a Parliament whose power is tempered by prison terms for its or-atore. That nation, the victorious nation will have an Emperor with the trade-mark of military manufacture upon him as well as that of divine right. He will be a Byzantine Caesar plus the Teutonic Caesar. That nation's watchword will be Dogma, and the sabre will be is sceptre. In it, speech will be muzzled, though will be garroted, and Conscience will be flung to her knee no tribune, no press, nothing but the shadow of

For it will be the other nation, the onquered one, that will possess the

Q, my hearers the hour will sound We shall feel in our very souls that day of mighty revenue approaching; tory! Aye, from to-morrow France

A Famous Wheat Grower

duce the best wheat of this conthems is once more demonstrated by the fact that at the International Soil Products Exposition at
Kannes City the other day, the aweepslakes prize for the best half bushel
of hard spring wheat—a \$500.00 sliver cup—was awarded to a Western
Canadian fairner, Sunger Wheeler, of
Boothern, Sankintchessen. This is the
third flue that Mr. Wheeler has wen
the hember prize, one of the most
covered amongs wheatgrowers the
whole continent over, at this exposition. He was awarded the recepstion at Witchita Kannes, in 1914,
said again at Denver, Chicarate, in
1915. Wheat from the store was at believes, affects we the
whole prize for wheat at the exposition at Witchita Kannes, in 1914,
said again at Denver, Chicarate, in
1915. Wheat from the store was at believes, affects for sanction was at believes, affects for a factorial was at leath
the factors was a factor of wheat prizes,
in a famous whence of wheat prizes,



me but one thought—to gather together, to accumulate reresume her forces, to regenself, to become once more rest France, the France of \$92, the ce of the Idea, the France of the

Then, all at once, the hour will ne when France will stand up in her might. Oh, she will be formidable then! With one bound, you will see her seize Lorraine back again, seize Alsace back again!

But will that be all ? No! She will telze—I tell you to hear me—Treves Mayence, Cologne, Coblenz. No!" and "No!

(Interruptions, houts of "Go on!") M. Victor Hugo-France will Treves, Mayence, Cologne, Coblenz, and all the left bank of the Rhine!

Minard's Liniment Gures Dandruff.

Worth Knowing.

A variation in the sandwich box with a gherkin or two, mixing them with mayonnaise and spreading them on thin slices of buttered bread. The stuffed olives are especially good for this purpose.

A washing fluid which is easy to make and inexpensive is made from a pound of sal soda dissolved in a galion of water, and about a teacupful of the resulting fluid is used to a boiler of clothes.

Rust may be removed from nickel plating by covering the spots with mutton tallow and letting it stand for several days. If this treatment is followed by a rubbing with powdered rottenstone and then a thorough washing with strong ammonia, succeeded by clear water and a final polishing with dry whiting, stubborn cses will yield.

For poor man's pudding with raisins allow two tablespoonfuls of rice to one of sugar, one scant tablespoonful of butter and half a cupful of seeded raisins. Mix all the ingredients together, grate a little nutmeg over the top and pour into an earthern pudding dish. Cook in a moderate oven very slowly until the mixture takes the consistency of thich rich cream, stirring up from the bottom every 10 or 15 minutes. When the proper thickness is obtained, brown the surface quickly and stand it aside to become cold.

His Narrow Escape.

"Say," said a citizen, entering the police station, "I ain't an alien enemy and don't want any trouble. A little girl just asked me how many stars were in the American flag, and I didn't know. The grocer didn't know, and two other men didn't know. I don't want to be one of those things they call a pro.

"Oh, I guess you are all right." the sergeant, in a fatherly way. "By George!" said the sergeant to himself as the citizen departed, "I've had a narrow escape! Suppose he had asked me how many stars there

Are Your Bowels Stagnant? Have You Indigestion?

When a Quarter Will Buy You Guaranteed Remedy, Why Not Use It To-day?

Many a person carries around, in their eystem a cesspool composed of half-digested, putrid, decaying food that the overloaded stomach can't get rid of because of constipation. No wonder that anaemia, blood rashes, headaches and rheumatism are so common. No better cure is known than Dr. HAMILTON'S PILLS OF MANDRAKE AND BUTTERNUT Taken at night, you're well next morning. They flush out the system, sweeten and tone the stomach, improve digestion, filter and purify the blood, restore lost complexion, give vim, buoyancy and robust good health to young and old. To look, feel and always be at your best, use DR. HAM-ILTON's PILLS regularly, 25c per box

The Uses of Sphagnum Moss

(Experimental Farms Note.) These plants (for there are many species of Sphagnum) grow best in a climate that is moist and only moderately warm in summer. They are one of the chief forms of vegetation to be found growing in the swampy region known as "Muskegs." Sphagnum bogs occur principally in Newfoundland, the Maritime Provinces. Northeastern Quebec, Labradar and the western parts of British Colum-

The Sphagnum plant consists of a stem and branches which are clothed with small, numerous, overlapping leaves. They differ from most other mosses in being entirely devoid of rootlets. Another peculiarity of the Sphagnum is that the leaf never has a central vein or midrib. The outer part of the stem as well as a considerable part of the leaf is composed of a large number of special "absorbent cells" which are able to take up and hold water like a sponge. The amount of water absorbed varies according to the species, but ranges from ten to twenty times the weight of the dry Sphagnum. Owing to the ability of these cells to absorb the water required by the plant for its development the presence of rootlets is unnecessary. Sphagnum usually grows in a situation where the soil underneath is permanently damp. Sphagnum or Bog Moss has been used for a considerable period as a nacking material for plants. Owing to its power of retaining moisture, it helps to keep rooted-plants in a fresh condition until they errive at their destination. It is also extreme-ly useful when dried as bedding mat-

erial for horses. But it is owning to its use since the beginning of the war in the form

ISSUE NO. 52, 1918

HELP WANTED-MALE

MEN WANTED - TEAMSTERS, heading mill men, and men to work in the bush. Apply to the Wallaceburg Cooperage Co., Limited, Wallaceburg, Ont

HELP WANTED-FEMALE

MAID FOR GENERAL HOUSEWORK. small family. Apply to Mrs. Davis.
384 Hess Street, South, Hamilton.

MISCELLANEOUS.

BUY YOUR OUT-OF-TOWN SUP-PLIES with Dominion Express Money Orders. Five dollars costs three

FOR SALE-BEAGLE AND FOX hounds, cross, eleven months, Males twelve, females ten, Wood, Woodiawa Islington, Ont.

FOR SALE.

FOR SALE-BUSH LOT 81/2-LOT 2 concession 10. Tecumseh: 100 acres concession 10, Tecumseh; 100 acres near Beeton. Apply John McCoy. 46 King Street East, Hamilton.

GALLOWAYS COWS WITH CALVES at foot; also young stock for D. McCrae, Guelph, Ont.

FARMS FOR SALE

TOWNSHIP OF MARKHAM—CLOSE to Elgin Mills postoffice; one mile from Metropolitan car line; containing 100 acres, good buildings and barns; price \$12,000.00; must be sold to close an estate; terms arranged.

COUNTY OF NORFOLK—CLOSE TO town of Waterford; we offer to

town of Waterford; we offer to close an estate, three farms, two of 100 acres each and one of 400 acres; buildings and houses; price \$50.00 per acre; terms arranged; immediate possession can be given. INION TRUST COMPANY, LIMITED. Richmond and Bay streets, Toronto.

FOR SALE OR TO RENT. STORE AND DWELLING FOR SALE

or rent; best business corner in Mount Forest, where successful business has been done for thirty-six years. W. J. Gilroy, Mount Forest, Ont. STORM WINDOWS FOR SALE.

GET OUR PRICE LIST SHOWING cost of windows glazed complete.

Any size. Halliday Company, Box 61 A.

Hamilton.

of absorbent pads for dressing wounds that Sphagnum has recently gained an importance hitherto unknown. Cotton is so largely in demand for the manufacture of explosives that some substitute had to be found and in any case cotton wool has an absorptive power of only four to five times its own weight. Of the species of Sphagnum found growing on this continent four are used for this purpose. When collecting the moss great care should be taken to have it free from any admixture of leaves, twigs or roots of other plants which may be growing in the immediate vicinity. Each handful should be squeezed gently to remove excessive moisture, but care should be taken not to break the main stem. The moss should be spread in thin layers to dry; before the drying process is complete it should be gone over carefully and sorted, after which the dried moss may be packed into bags or light boxes for despatch to the depot where it is required. The final making up into pads of the sizes required should be left to be done by the experts of the War Department. At the present time Scotland is turning out these pads at the rate of four millions per month, while Can-ada during the year 1918 was asked to supply twenty millions of such

SOME CHANGE!

In Prices of Feed Twenty Years Ago and Now.

We recently had occasion to look back in Volume 8 of the Advanced Register, which covered the period of about 1897, or just over twenty years ago. In this volume we find feference to Food Tests or Tests for Economic Production. In the regulations for this Economic Test we find the following schedule of prices for feed as specified at that time by the Executive Committee of the Association. The prices fixed upon for use in computing these Economic Tests were as follows with the Nov. 1918 prices of several feeds listed also for compari-

J4.	Price	Per Ton.
		Nov. 1918
Ensilage	\$ 2 00	\$
Bran	10 00	. 44 0
inseed Oil Meal	18 00	60 0
ea Meal	15 00	
Alfalfa (Green) .	4 00	
Ground Rye	12 00	
Middlings	12 00	44 6
Hav	8 00	
otton Seed Meal	20 00	64 (
Corn Meal	12 00	64 (
Ground Barley	13 00	54 (
Gluten Meal	12 00	60 (
Ground Oats	13 00	62 (
Hominy Meal	11 00	70 (
Roots (except Car-		
rots)	2 50	
Corn Stalk Fodder	4 00	*
Fresh Cut Soilage	50	
Carrots	4 00	
-Holsteon	-Friesia:	n World.

"Well," exclaimed Noah as they landed on Ararat, "this trip has been indeed been a success." "In what "We have conducted the enwav?" tire excursion without a fight or an accident."-Washington Star.

DRS. SOPER & While



Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatiam, Shin, Kla-ney, Blood, Nerve and Bladder Disease. Call or send history for free natvices. Madici

DRS. SOPER & WHITE 25 Toursto St. Breatt, Oak

Mention This Paper

MAIN C

Those in Stay Till

30,000 a

Hom (By John W. Da the Canadia London, Cable. pressing question Canadian Ministe is that of facil troops to Canad occasion for cont

with the overse; The Canadian portion of Germ and the disposit the main must ments. But in o their rearn the are carrying out tion operations. mobilization is transportation are that 20,000 go home this ary and thereafte The sources separate drafts serve battalions have seen service available for the sary; non-comb of Category B or These demobili being carried ou the general plan time ago. The m ous camps to at Kenamael Par

in France are land, but this I owing to the troops in Franc soldiers in Engla tial chance of ge hoped this will the establishmen camp in France from France to The Canadian will be demobil will enable Cana extend a welc battalions. Pla worked out to done without objection to th by interchanges by which all so area will be col talione identifie tory. Thus infa

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Troops availab

Officers from the expectation demobilization w in their numeric adian demobiliza the provision that trial requirement area shall be a The Overseas with requests for viduals or soldie class, such as n etc. So far as th out slowing up th chinery, these re but the prime red is that full advar shipping capacity the Overseas next two or thr the requests by clates for the men of special only be complied throwing the or in France into co pivotal men in t administrative w professional men in Canada is call

advanced. DANCING IN N.Y

be released until

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Red Cross R Fifth Greatest Soc

Now York Repo invaded Figh av the Red Cross, its length. Ever represented in th moth festival. In its specificat ty" of the "Gree World," was the

ever promoted in

listed the service bands and closes e'clock until midn thoroughfares in making took plac The party began by Henry D. Davis War Work Counc Sons and daughte tions, all in nativ

line. The flags with three or four from the building Sidewalks were j ing line to curb. Red Cross nurs dress uniforms led appeared at inter length. Soldiers the in great nur the tumultuous ap and who lined th