Sets New Standards of Living. Mark 10: 1-31.

Commentary .- I. Sacredness of martage (vs. 1-12). The question of the Pharisees as to the lawfulness of a gives simply an outline of the Ten regard to the conditions of discipleman's act in putting away his wife led lesus to state the principle which prerailed in the beginning and had never been abrogated, that marriage was to continue during the life of both parties yet?" (Matt. 19: 20). The mere outto the contract. Divorce was allowed ward observance of the law had not met the time of Moses only because of met the deep longing of his soul. the hardness of the heart of the people. The husband should "leave his father and mother, and cleave to his wife," and nothing should put asunder what God had joined together. It is a reproach to any nation or state to allow desired to help him. one thing thou times greater than what he left. They divorces to abound. If God's plan was lackest—Because Jesus loved the fully followed, divorces would be

II. Christ and the children (vs. 13-16). It is probable that Jesus was in some house giving instruction (v. 10), bring peace to his soul. There was and parents, who esteemed Jesus high- one thing that stood between him and If as a teacher, brought their children. "infants" (Luke 18: 15), to him "that has, and give to the poor—The young as should put his hands on them, and man was rich and he loved his riches. pray" (Matt. 19: 13). It was a Hebrew custom for the patriarchs to lay their more easily give up everything else hands upon the heads of their children than this. God demands of us a full in blessing them (Gen. 48: 14), and these parents who brought their children to Jesus expected large results from his put: ng his hands upon them. As Jesus was discoursing upon matters of importanc; and the disciples thought the bringing in of the children into his presence would be a serious interruption, they sought to keep the parents away; but Jesus opened wide the way for the children to be brought to him and did for them more than their parents could have wished, for he took them up in his arms and

III. The rich young ruler (vs. 17-22). 17. Was gone forth—Jesus had been in a house in Perea, honoring child. kood by blessing infants and chowing the way into the kingdom. He was probably setting out toward Jerusalem. There came one—He was a ruler either of a synagogue or a member of the Sanhedrin (Luke 18: 18), and was rich. Running—This act of running showed the young man's eagerness to speak with Jesus. Orientals are not given to haste except upon urgent business. Kneeled to him—in reverent acknowledgment of Christ's spiritual authority. Such homage was not paid to Jewish meters. Good Master—This was not s mere formal mode of address, but was sincere and courteous. What shall I do-The young ruler had the idea of God while he trusts in riches. 26. that he must perform some extraordinary act to receive his heart's desire. Inherit eternal life-He had honor. wealth and authority, yet his soul was almost insurmountable. 27. with knew what human life might include, wanting. Neither his wealth nor his had named "The Retreat." not satisfied. He realized that his men it is impossible—Man cannot and what the soul is worth, and who position completed his life. His was His gardener, who was an old soldier from the same reciment on he change his own heart. It requires could tell him how to enlarge the one the transforming power of divine and ennoble the other, and who took grace to change the affections and a tender, loving interest in him.

LMOST everybody is living

under a tense nervous

strain during these trying

times, but the burden rests par-

ticularly heavy on the women in

the home. Whatever their em-

ployment about the house, the

mind has much time to dwell on

the dreadful things that might

There is nothing so wearing on the

nerves as worry and anxiety. Nerve

force is consumed at an enormous

rate, and as the nerve cells become

starved and depleted you find your-

self unable to rest or sleep. You soon

get so you can only see the dark side,

and become down-hearted and dis-

M.D., the famous Receipt Book author.

happen.

whether he was calling him good as a ambitions. God can so re Thou knowest the commandments dom of God. The ruler had been trained in Jewish V. Rewards of discipleship (vs. 28-

21. Jesus beholding him loved him -He saw before him a young man of excellent qualities and of great promise, striving for something better than he then possessed. He loved Him and young ruler, he told him exactly where the difficulty was, even though it would give the young man pain. His observance of the law did not eternal life, sell whatsoever thou His wealth was his idol. He could surrender. Our withholding anything from God shows that we do not trust him fully and not consider him our highest good. treasure in heaven. -In contrast to the treasure the young ruler had on earth. There was a better use for his wealth than to hoard it. By meeting this condition the young man would have found the true riches. follow me-He would not be in a position to follow Jesus until he had taken the cross which was presented to him. 22. sad-"Sorrow-(Matt. 19: 22); "very sorrowful" (Luke 18:23).

IV. Danger in riches (vs. 23-27). 23. how hardly-With what difficulty! that has riches—It is difficult for those who have riches to refrain from trusting in them, and they who trust in riches cannot enter into the kingdom of God. 24. astonished—A truth, new to them, was being uttered by our Lord. children-A term of endearment, how hard is it-The measure of the difficulty is set forth in the next verse, 25, it is easier, etc.-It has been thought that "the eye of a needle" is the small gate in a large one, used only by people and not large enough for beasts of burden; but it seems more reasonable to take the poverb literally, as expressing, not the difficulty, but the impossibility, of one entering the kingdom who then can be saved—It seemed to before him, with a soul not yet stain- feet light of rabbinic teaching after the disciples that the hindrances to entering the kingdom were many and standing in the presence of him who in all its struggles some element was had built a snug little villa which he

matter of courtesy or was recognizing nature that his heart will not be set him as a divine teacher. None good upon his wealth, of which he conbut one, that is, God-Jesus did not siders himself only a steward, and he deay either his goodness or his divin- will use that wealth in relieving the ity. He wished to draw his questioner needy and in carrying forward the on to a right view of his own divine work of the Lord. Even so every character. If God alone was abso- wrong disposition can be removed, lutely good and Christ was good in the and the new creature in Christ Jesus same sense, then Christ was divine, 19. will be entirely at home in the king-

doctrines and in the law. Jesus here 31). Hearing the words of Jesus with Commandments. 20. All these have I ship, Peter, speaking for the other observed—He was a moral young man disciples, as well as for himself, deand had high regard for God's law. He clared that they had left all asked another question, "What lack I and followed Him and asked what they should have (Matt. 19: 27). Jesus clearly showed them that in leaving all for His sake they would be abundantly rewarded. The benefit would not come from the mere leaving of these things, but from leaving them for Jesus' sake. The value of what one receives, who has left all to follow Jesus, will be a hundred who leave all for Jesus are richly provided for here with homes, with fathers and mothers, and brothers and sisters in the Kord. The Master made known the side that seemed unfavorable, as well as the favorable side. Persecution would be their lot if they would fully follow the Lord, but they would be blessed in the midst of it (Matt. 5 10, 11). These promises had to do only with the present life. The young ruler had inquired how to secure eternal life, but in rejecting the conditions, he lost the hundredfold in this life, besides that eternal life for which he longed. We can not estimate the value of eternal life. In the kingdom of glory many who were looked upon as of small account in the present life will be "first," and many of those who were looked upon as superior here will be "last" there. God's estimate of character is absolutely right.

Questions—What did Jesus say about divorce? State His attitude toward children. Who came running to Jesus? What question did He ask? Give Jesus' answer. What was the attitude of Jesus toward him? How did the young man receive the directions which Jesus gave him? In what way does wealth hinder entrance into Christ's kingdom? What question did Peter ask Jesus? What promise is given to those who leave all for Jesus' sake?

PRACTICAL SURVEY. Topic.—The cost and rewards of Christian service.

I. Man sensible of his need. II. Destitute of true riches.

III.A warning to others.

1. Man sensible of his need. The rich young ruler was an inquirer after the most momentous matter that can engage the attention of man. To come to Jesus was a noble, manly act. Here was a young man with his life

he Burden

ot Anxietu

falls on the Women

Headaches, neuralgic pains, indi-

gestion and failure of the vital organs

to properly perform their functions

are among the symptoms which tell

of exhausted nerves and low vitality.

you if you will only give it a chance.

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remains for you to put it to the test.

enthusiastic in recommending this

treatment for the nerves. But you

will understand after you have ex-

perienced the benefits that are to be

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sleeping better, appetite and dises-

tion will improve and you will know

again the joy of good health.

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### The MARTIN-SENOUR GO.

GREENSHIELDS AVENUE,

There was something noble and true in that life, struggling in the impered by the evil which is in the world, eternity and heaven, and feeling that regiment, on returning from the army, noble desire. He had a thirst for truth ing shown over the place for the first and a reverence for goodness. He He felt the para-mount importance of eternal life. He believed that the character of the pre- on the entrance. sent life determines the future life. He believes that obedience to God was

the first principle of righteousness. He had faith that Jesus would show him the way of life. He was not lacking in right desires, moral character, earnestness, reverence, humility, tender spirit, and yet orthodox belief. The very attractiveness of this unredeemed soul made Jesus keenly desirous to redeem it, and he would not Pills will still all disturbances of deceive him as to the cost of disciple- this character, and by restoring the ship, but would declare plainly its stomach to its normal action relieve

II. Destitute of true riches. In the heart of the seeker after true wisdom | correction of irregularities of the dithere was a sore conflict. The great Teacher brought before him the fact that he was the Divine Master and laid his claims upon him. He taught him that if a man is to enter the kingdom of God, he must make that first and supreme. His character was reckoned according to its defects to the exclusion of its excellencies. His question had been, "What shall I do?" and the answer was, "Be free.' Here was the crisis of his career. Part of his sorrow was the discovery which he was making of his own heart, of his guilty hesitation and inexcusable weakness, and his real slavery. In that one interview with Jesus he saw the world's power over him, and while he yielded to it he loathed it. To him the words of Jesus would have applied, "I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed" (Rev. 3;

III. A warning to others. The young ruler was a sad example of, one who went far towards happiness and yet fell short of it. So impressive a scene as this needed some explanation and was well suited to be the basis of important teaching. The disciples were to learn from incident that moral uprightness was a different thing from gospel piety. It was not merely world-surrender, but self-surrender, that Jesus required. The great lesson for them was to live for the soul, for the inner and spiritual world. They were to rest assured that every saint will receive what is essential to happiness, usefulness and spiritual advancement, and will be rewarded according to his character and work.

There are two kinds of tea; ordinary tea and Salada. Salada is more economical since it takes so much less to make a satisfying infusion.

#### Prehistoric Man Found

The remains of a prehistoric man have been found near Mexico City, buried under three meters of volcanic lava. It is supposed they are at least 10,000 years old as the oldess records of Mexico make no mention of an eruption of the volcano Ajusco.

"Advice doesn't cost anything," remarked the Wise Gigs. "No, not unless you try to follow it." Simple Mug.

A colonel of a well-known Highland time by the colonel was asked by the

needs of latter what he thought of the place. "Fine! But I dinna like that," said the old soldier, pointing to the name "Why?" replied the colonel."What's

the matter with that? "Weel, sir," replied the veteran. drawing himself up. "ye ken ye never heard that played on oor bugles."

They Soothe Excited Nerves-Nervous affections are usually attributable to defective digestion, as the stomach dominates the nerve centres. A course of Parmalee's Vegetable the nerves from irritation. There is no sedative like them and in the gestive processes, no preparation has done so effective work, as can be testified to by thousands.

#### Building a Trench.

Trenches on the western front appear to the civilian eye which is fixed upon photographs to be just a ditch backed by dugouts. In reality, details a trench correspondent, an enormous amount of work and scientific study is required for the establishment of a complete winter trench.

For every mile a trench over 6,000. can fill a bag with earth and lift it to place 25 times in a night, when all the work of sepairing trenches is done. It would take a battalion eight months to do this work.

A mile of trench and its concomiant protection demands 12,000 six-foot stakes, 12,000 small pickets, 6.250,000 sandbags, weighing 1,000 tons in all; 86,000 feet of corrugated iron, 1,125,-000 feet of lumber, etc.

A Real Asthma Relief. Dr. J. D. Kellogg's Asthma Remedy has never been advertised by extravagant statements. Its claims are conservative indeed, when judged by the cures which it performs. Expect real relief and permanent benefit when you buy this remedy and you will not have cause for disappointment. It gives permanent relief in many cases where other so-called remedies have utterly fail-

Passing of London Landwark.

Another fine old London landmark, St. Olave's church, in Southward, is to be closed. It derives its name from Olaf, the Christian Viking of whom Longfellow sings in stirring strain, writes a London correspondent. But England possesses churches with Danish associations of a diffent kind. When these pagan sea rovers invaded England and were caught, the ancient English piously to flay them and nail their skins to their church doors. In the College of Surgeons are three grim relics of the sort, one taken from a church at Hadstock, Essex; a second from Copford in the same county, and a third from the north door of Worcester cathedral.

No news is good news, but by the same token you can't convince a that no luck is good luck.



### Dairy Produce-

tter, choice dairy \$ 0.48 rgarine   lb	5. A
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#### Toronto Cattle Markets Receipts: 47 cars-479 cattle, 750

current, 1,001 nogo, 11 51				
Export cattle, choice	13	00	133	
Export cattle, medium	12	00	2.3	
Export bulls	9	25	1.1	11
Butcher cattle, choice	10	75	12	
do., medium	9	00	15	
do., common	7	25	8	-
do. cows, choice	9	25	11	1.1
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do., bulls	8	75		
Feeding steers		00	1)	
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Stockers, light,		75	_	51
Milkers, choice	80	00	135	-
Springers, choice	80	00	135	-
Sheep, ewes,	14	00	16	
Bucks and culls	7	50	12	
Lambs	19	00	21	
Hogs, fed and watered			79	
Hogs, f.o b.			10	

The fickle populace always change with the prince.—Claudianus



**SPECIALISTS** 

They knelt basket. Neil Laura unpack

cut blue suit v inside the coll name. Benez shirt; also col and shoes. thought of do gloves and col pon my v is a regular Jo fine for me." 'I thought gr best disguise a plained, shyly.

Of course! did you get the man? She parried the scissors. W He was not t did you get th "Well, if you quaint touch them."

He was "Laura!" he ci 'Are you hor No! Enchan "Don't be "What did you To cut my l give away of a "How can yo asked, unguard was hopin "Oh!" she shocked tone t

No one will "I don't min sary. She wa never did such it it would be doing it at all. "You won't your mind to i a time, and it's We hav**e all** ni I must get !

"Do you hat "Please!" she only distress n Neil sighed. you will cut my "How can 1 s

"I'll sit. on t candle up. You They took th She hesitated a 'Fire away," "I-I don't k seems like a sir "No. but God

said Neil. "Begi up. Lift the h snip the ends sional technique shove him h breathing, a litt a few tentative eve he saw the grave, concerne

**A GOOD** 

Depends Upon Rich, F

and to digest it

blessing. Good

preciated until cannot afford strong medicine stomachs. II do not be persua can dure yourse digested foods tonics. There stomach that is part of the rod blood that the s to assimilate an the blood goes body and impro tion not only re the stomach but necessary to goo stomach is weak with sour rising ing of pressure nausea after es treatment with Pills. So many cured by this me ferer from stonia You will so good digestion a in other ways i dali. Darlin ave "For upwards of great sufferer whi a gradually eral health, leav anaemic conditie able money with other, but failed benefit, and had try Dr. William thought it would

One day But she them that she please her I beg the time the bo ticed a slight im myself gaining. and my appetite distressing sym; ously followed ea in all about a do I am a stronger in my life. Wh the pills I weig now I weigh 167 letter as you cl reach some poor as I was." You can get D

thorugh any des mail at 50 cents \$2.50 from The I

Con Brockville.