

"Woe unto you that are full, for ye shall hunger."

Luke 6: 25.

Not spiritually (although even the penalty of remorse may follow your neglect of this national warning) but ye shall hunger in the trying physical sense in which hunger now grips the peoples of Europe.

We know "it is difficult to talk to the belly which hath no ears," and it is just as difficult to persuade a person who has a full dinner before him to-day that he may want for food next month.

But you may as well let this fact sink into your mind—the last people that Canada and the United States will allow to suffer for want of food are our fighting men, and if a sufficient exportable surplus of food cannot be raised and saved by voluntary efforts, then very drastic rationing measures will be enforced.

It may astonish you to learn that in 1917 Ontario did not grow enough wheat for its own needs. Consequently every Ontario farmer

whose land is suitable, has been urged to sow 5 acres more spring wheat this year so that Ontario's demand for wheat shall not be met at the expense of that portion of the Western crop that should more rightfully be shipped overseas.

For this same reason every householder who has a garden or a piece of vacant land is being urged to grow vegetables, because the more vegetables that are grown and eaten in Ontario, the less wheat and meat there will be consumed, and that being so, the Ontario wheat crop should then be sufficient to feed our own people, and leave more Western wheat and other foods available for export.

If you have not yet decided to plant a vegetable garden make up your mind to do so now. You will not regret it. There is still lots of time. Potatoes and beans may be planted up to June 1st and these are the best substitutes for wheat and meat.

For good, practical advice upon how to lay out and cultivate a Vegetable Garden, write for a free copy of the booklet entitled: "A Vegetable Garden for Every Home." This has been prepared by the Ontario Department of Agriculture for the guidance of citizens who will respond to this call for increased production.

Mail This Coupon NOW

Organization of Resources Committee,
Parliament Buildings, Toronto

Dear Sirs:
Please send me a copy of your booklet "A Vegetable Garden for Every Home."

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Address _____

ORGANIZATION OF RESOURCES COMMITTEE
In Co-Operation with Canada Food Board

Western Canada's Live Stock Trade Increasing



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The effects of the increased production campaign in Western Canada are already noticeable. All over the country farmers are expanding and improving their herds, selling many others, desiring to emulate their neighbors, desiring to produce as much food as possible, more and more farmers are finding that mixed farming in Western Canada pays. Of course, this is not a new realization. The most successful farmers of the West are those who have divided their attention between grain grow-

ing and live stock raising, but the possibilities of quick returns with the former have blinded many to the advantages of the latter. Notwithstanding the high prices now being obtained for wheat, oats and other grains, prices which a few years ago were undreamt of—mixed farming is becoming increasingly popular among the farmers of Western Canada. Nothing is too good for them. They have money to invest and are investing it wisely with an eye to the future. The country is continually being scored for well bred animals. Just now word has been received that more than a hundred pure bred Aberdeen-Angus females and sires and the best herds of Iowa and Illinois have been loaded for shipment to Western Canada. These are choice specimens from the herds that have been producing the grand champion carcasses and individuals at the International Live Stock Show; they will become seed stock for the farms and ranches of the Prairie Provinces. The investment of pure bred stock in Western Canada is going on continually—from day to day, from week to week. To-day it is Aberdeen-Angus and Shorthorns, yesterday it was Jerseys and Herefords; last week all these and others breeds as well. One day dairy cattle predominate, another day beef cattle, and another day purpose animals. They are brought from Eastern Canada, from all parts of the States, from England and Scotland, and even from other parts of Europe. Already possessing some of the largest and most valuable herds of particular breeds of cattle, the Western Provinces of Canada bid fair to become one of the greatest cattle countries in the world. They have every advantage for the raising of cattle economically—healthy climate, low priced lands and which grow nourishing foods, an abundance of clear water, convenient markets, etc. And, what is more important, these advantages are beginning to be fully recognized by the settlers, who are making use of them to their own and the country's profit.

—R. J. C. S.

CHURCH NOTES

Knox Presbyterian—
REV. A. W. FARE, B. A., MINISTER
12 a. m.—Steadfastness, or how to live in war time.
8 p. m.—Are you appreciated.
W.M.S. at Miss Abramam's on Saturday at 3 p. m.
Choir practice Friday 8 p. m.
You are cordially invited to these services.

Wesley Methodist—
REV. H. L. SMITH, Pastor.
12 a. m.—A great opportunity.
8 p. m.—Sinners and the Sin Bearer.
Sunday School 11 a. m.
Adult Bible Class at 11 a. m.
Epworth League on Wednesday evening at 8 p. m.
All are welcome.

Garnet Methodist—
Service at 2.30.
Sunday School at 1.30 p. m.
Epworth League and Prayer Meeting on Thursday evening at 8 p. m.

St. Paul's Anglican—
REV. J. HIRST ROSE, L. Th., Rector
SUNDAY—
Sunday School—10 a. m.
Morning Service—11 a. m.
Evening Service—7 p. m.

FRIDAY—
War Intercessions—8 p. m.
Choir Practice.
Women's Auxiliary meets every Tuesday at 2.20 in the School Room.
A.Y.P.A. meets Tuesday evening at 8 p. m.
Holy Communion on First and Third Sundays of each month.
All are welcome.

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