CAN BE AVERTED BY FEEDING THE STARVED NERVES WITH RICH, RED BLOOD.

Nourish your nerves that is the cally way you can overcome life's worst misery, nervous exhaustion. The fits of depression and irritation, the prostituting headaches, the weakness and trempling of the legs, the unsteady hand and the imperfect digestion that mark the victim of nerve weakness, must end in nervous breakdown if

Neurish your nerves by the natural process of filling your veins with rich, healthy giving blood. Your nerves ere crying out for pure blood and the mission of Dr. Williams' Pink Pills is to make new, rich blood. This explains why these pills have proved successful in so many cases of nervous disease that did not yield to ordinary treatment. For example, Mr. Wilfrid Donald, West Flamboro, Ont., says: Before I began the use of Dr. Willians' Pink Pills I was in a serious condition. I was not only hadly run down, but my nerves seemed to be completely shattered. I slept badly at night, and when I got up in the morning was as tired as when I went to bed. I seemed to be on the verge pted the act. Selfish, worldly-minded of a nervous breakdown. At this stage people can not understand the reason I began the use of Dr. Williams' Pink why Christians give money for the Pills. In the course of a few weeks I feit much relief, and continuing the missionary work in foreign lands. use of the pills they completely restored my health. I can now sleep the acts of devotion and self-sacrifice soundly, eat well, and am enjoying of others, would not do the least thing complete freedom from the old nervous for the relief of their suffering eltroubles.

You can get Dr. Williams' Pink Fills through any dealer in medicine, fifteen cents each, would be forty-five or by mail at 50 cents a box or six dollars. Since a penny, or denarius, boxes for \$2.50 from The Dr. Wil- was a laborer's daily wages, the value flams Medicine Co. Brockville, Ont.



LESSON IX.

Warns and Comforts His

Friends.-Mark 13: 1- 14: 9. COMMENTARY.-I. Destruction of Jerusaiem and Christ's second coming foretold (13: 1-37). 1-23. Having finished his teaching in the temple, Jesus went forth with his disciples to go toward Bethany. When his attention was called to the temple structure, he told his disciples that it. should be so thoroughly destroyed that not one stone should be left upon another. To the inquiry of his discipies as to when this should take place, Jesus declared that with that generation the destruction of the temple and city would be accomplished. His prohecy had its fulfilment at the end of time. me ye have not always is within forty years from the time and within forty five days he was to made? Where did Jesus attend a nands of the Roman army under Titit was uttered. 24-37. The prophecy ascend to the Father. Mary had im- feast while in Bethany? Who were concerning the second coming of the Son of God. The time of his coming is wholly unknown, but it is made clear that his coming will be sudden and there is need for men to be always watching with full preparation made to meet him at his coming. To the child of God the coming of Christ the second time will be an occasion of great gladness, but to the sinner

it will be a time of terror and regret. II. A Plot Against Jesus (14: 1, 2). I. atter two days-The disciples were sware that the Passover was only two days away, for these words were spoken on Tuesday preceding the Friday of the crucifixion of Christ. The disciples knew when the feast would occur, but their minds did not grasp what was awaiting their Master. passover-One of the principal feasts of the Jews. It was observed in commemoration of the departure of the Israelites from the land of Egypt. Pharaoh, king of Egypt, was unwilling for the Israelites, who were his slaves to leave Egypt, and the Lord sent a series of ten plagues upon the Egyptians. The last of these was the death of the first born of every family. At God's command the Israelites slain a lamb according to their families and had sprinkled the blood upon the door-posts and lintels of their nouses. The angel of death who slew the first-born of the families "passed over" the homes where the blood was sprinkled, without slaving a child. The Israelites were saved and protected by the blood, unleavenel bread- The Passover was held on the fourteenth of Nisan, corresponding to the sixth of April, and was followed by a feast of seven days, during which no leaven was allowed in Jewish homes, from which fact the feast took its name. The Passover and the feast of unleavened bread are so closely related, that they are sometimes spoken of as a feast for eight days, chief priests-Those who had been high priests and the heads of the twenty-four courses of priests, scribes-Teachers of the Jewish law, takes him by craft-The chief priests and scribes, the leaders of the Jews, were eager to have Jesus put to death, but they were prevented from making an open assault, because of the many from Galilee, and others. who were is hearty sympathy with Jesus. They decided to be on the watch for ar occasion to put Jesus to death without causing any general excitement or opposition. 2. not on the feast day-The Passover. It was customary for the Jews to punish criminals on public feast days, in order that the act might be witnessed by as many as possible for the effect upon the people. In this case, however, they feared to have the execution public for many of the people were friendly to Jesus. As greatly as they desired to put Jesus out of the way, they were unwilling to encountor the opposition of an aroused popuince. The common people heard Jesus "ladly, and many from Galilee were resent at Jerusalem and were friend.

III. The Anointing at Bethany (14: 3. Betheny-On the eastern slope the Mount of Olives two miles from resalem. Simon the leper-Possibly "elative of Mary, Martha and Laza-It is not clear who Simon was, But it is thought that he was one who

# Dramatic Ocean Greeting

HOUGH a mere land lubber the was too strong for W. H. Bosweil, of the nger Dept., C. P R Charing Cross, London, England, and when he joined up he decided to follow the footsteps of his viking ancestors. Followed a period of training at one of Britain's great naval bases, after which he posted to a patrol boat and found his sea legs. That patrol beat has proved a friend in need for mar-the surer of the little company, raised passengers and crews objection to Mary's self-denying and sent adrift on the others of the disciples to share his

had been healed of the leprosy by our

Lord. A feast was served here (John

12: 2), and many came, not only to

see Jesus, but also to see Lazarus,

whom Jesus had raised from the dead

(John 12.9) a woman-It was Mary,

the sister of Lazarus (John 12: 3) als-

baster box— A cruse or flask made

from a hard and brilliant substance

which was found in Alabastron, a

town in Egypt. ointment of spikenard

-It was a fragrant an deostly per-

fume procured from the spikenard

plant which grows in the Himalayan

region of Asia. poured it—It is pro-bable that Mary broke the seal and

let the liquid flow upon Jesus' head

From John 12: 3 we learn that she

tai n-anner of reclining upon couches

at meals with feet away from the

table, it would be convenient for Mary

to anoint the Savior's feet and wipe

them with her hair. 4. had indigna-

tion-Judas, because of his love of

money and because he was the trea-

loving deed, and doubtless influenced

feelings this waste-Their misappre-

honsion of Mary's act was twofold: 1.

They did not know that the anointing

was for his burial. 2. They, and

Judas, particularly, could not compre-

hend the devotion and love that prom-

support of the gospel at home and for

Thousands who are ready to criticize

low men. 5. three hundred pence-

Three hundred denaril, estimated at

of ointment would be equivalent to

nearly a year's wages, given to the

poor-Judas pretended to deplore this

waste out of sympathy for the poor,

L let her alone—Jesus knew both

the love and devotion of Mary, and

the wickedness of Judas, and at once

defended her from the unjust cen-

sures of the disciples. a good work

-It was a good work because of the

motive that actuated it, because of

its purpose and because of the per-

son to whom it was directed. "Here

was no waste at all, no waste as re-

gards the poor, for there were abun-

dant opportunities to help them; no

they could help the poor at any time;

no waste as regards the woman, for

this deed would be told as a memor-

ial of her; no waste as regards the

always-There will ever be opportun-

IRED out after sewing!

hand or machine. It is not so

much on account of the muscular

exertion as because of the strain

on the eyes.

You feel tired all over, because

the nerves are exhausted. The

optic nerve, which controls sight,

is extremely sensitive, and when

in constant use consumes nerve

force at a tremendous rate. If

the nervous system is not in

good, healthy condition this

strain is more than you can

stand, and you have headaches,

and feel all tired out.

What a common experience,

whether the work is done by

waste as regards the disciples.

value of Mary's ointment .

anointed his feet also. From the Orien-



W. H. BOSWELL

ocean's wide expanse by the herrible Hun, and when the "Calgarian" was sunk she picked up one of her boats with survivors. One of the first to come aboard was Comma Kendall, the mavigating officer, and a hearty greeting took place between the gallant C. P. O. S. captain and the erstwhile C. P. R. "round the world rate expert." which resulted in the latter loaning the former a clean collar, on the understanding that it would be returned to him, so that when in the days to come his children ask, "Father what did you do in the Great War," he will point with pride to the glass encased collar and say, "Son, that was my collar, worn by Capt. Kendall. of Dr. Crippen and 'Empress of Ireland' fame. whom I helped save from a watery grave when the 'Calgarian' went down in

no ground for the disciples complaint. she hath done what she could—She had not stinted ner gift. Her love for the Master prompted her to the greatest act of devotion of which she was capable. It is clear that she prized the ointment highly, else she would not have offered it as a token of her | Judas. supreme affection . These words of Jesus, "She hath done what she could," have been an inspiration durhis Master for about one third the ing succeeding ages to acts of devotion and Christian heroism, and will continue to be to the end of time. to the burying-It seems probable that Mary's prompted by love, was an unconscious prophecy of Christ's death; yet he may have revealed to her that event as near at hand. 9. throughout the whole world-A declaration that the gospel shall be preached far and wide, shall be spoken of for a memorial-This prophecy is being literally fulfilled, and the simple slory of the anointing of Jesus, with the attendant circumstances, has stirred the hearts of millions to a deeper devotion to Jesus Christ and to his cause among men . Judas had nothing but criticism for her act; Jesus had nothing but commendation and appre-Lord, for he was pleased to regard ciation and said that her act would it as a burial gift." 7. poor with you be gratefully remembered and reity for the exercise of charity toward | ported wherever the gospel should be the poor. They will form a greater preached throughout the whole world. QUESTIONS.—Who were plotting or less part of the world until the against Jesus' life? Who was willing

proved her opportunity, and there was a present at the supper? What act was performed by Mary? What was the value of the ointment and for what purpose was the anointing? Who disapproved of her act and for what reason? What words did Jesus speak in approval of Mary's course? Draw some contrasts between Mary and

PRACTICAL SURVEY. Topic-How to meet the crises of

I. Derotion of friends.

II. Unjust criticism .

I. Devotion to friends. "Mary anointed Jesus as the Sovereign of her heart, the King of her soul, and the Lord of her life, the Messiah of the nation and the Saviour of men." Her action was deeply symbolical. It was the gospel in figure. In it Jesus saw symbolized the greater offering he was about to make, prompted by a deeper love than hers. He distinctly foresaw the great progress which the gospel would soon make in the world. To Mary that act was a most delightful exercise: to the disciples a most important lesson; to Christ a most gratifying deed, and to the world most beneficial teaching. Mary alone grasped the thought that Christ's early ministry was drawing to a close. She had sat at his feet and had divined his teaching more deeply than his chosen disciples had done. They did not understand her act until Christ lifted it into the light of truth. Mary's act bespeke her earnestness. It de-

Many people feel the same way

after a shopping tour, from riding on

a train, or doing any work which re-

quires the continued use and focus-

sing of the eyes. Many are wearing

glasses when what they really need

is a nerve restorative, such as Dr.

Chase's Nerve Food, to build up the

By supplying to the tired, wornout

nerves the elements from which new

nerve force is created Dr. Chase's

Nerve Food reconstructs the wasted

nerve cells. Headaches, dizzy spells,

sleeplessness and tired feelings soon

disappear, and you find yourself feel-

It is worth your while to give this

treatment a thorough trial, for the

whole system is benefited, and the

exhausted nervous system.

ing better in every way.

results are lasting.

Dr. Chase's Nerve Food

& Co., Ltd., Toronte. On every box of the genuine you will find the portrait.

and signature of A. W. Chase, M.D., the famous Receipt Hock Luther. 12

box-do not pay more at all dealers or Edmanson, Bates

monstrated the deep and tender attachment of her soul which yearned to lavish her all upon him. It represented deep heart feeling, loyalty and consecration. Her love reached the hidden truth of things, before the things themselves had been revealed. Here was love overflowing with gratitude exalted by reverence. It was wholly love. Her devotion was original, fearless and unmindful of criticism. To the eye which searches all hearts it was noble, august and important. Jesus plainly and powerfully asserted the superior worth of the heart's deepest feeling over any outward acts, making the whole spiritual meaning of the gifts consist in the disposition of the giver. II. Unjust criticism. Judas was a trusted official, who abused the confidence reposed in him. It was manifest that the spiritual side of Jesus' ministry had for him no value. It was he who took the lead in assigning wrong motive to Mary's conduct. In him we have an example of deep hypoerisy. Judas' talk about the poor was mere pretense to hide has avarice. He was rude and unmannerly in the

presence of deep piety and devotion. His hypocritical objection was cleverly invented. He knew the unselfishness of his Master and knew that his heart. was always moved in behalf of the needy. He ventured to set up the general claim of the poor in opposition to the personal claims of Christ, forgetful that things of highest value have not a market price. His nature was sadly false and selfish. Mary's devotion ripened and revealed his character. The venom of his avarice battled against the perfume of her love. Judas stood alone in his covetousness and hypocrisy, though all the disciples were guilty of murmuring against Mary. He stigmatized her action of a purposeless waste. He was angry because her act of love was above his standard, though he assigned himself a good motive while passing censure upon her. The prominent feature in Mary's character was her power to love; in Judas it was his devotion to money getting. There was a striking contrast between the money box and the alabaster box; petween the anointing for burial and the plan for betrayal; between Mary's record through the ages and the terrible record which stands with Judas' name.

The Beauty of a Clear Skin-The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves in blemishes on the skin. Parmalee's Vegetable Pills in acting upon the liver act upon the blood and a clear healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying.

### MANSARD'S ROOF.

#### By It the Architect Won His Son's Life From Louis XIV

The great hall of the Hotel de Ville of Aries, designed by Mansard, is the wonder and admiration of every one who has seen it on account of the groined roof.

In regard to this a neighboring cafetier tells a somewhat grim story. King Tomatoes, th. ...... Louis XIV. happened to be passing through the city just at the time Mansard was superintending the completion of his creation. The roof was supported by a powerful pillar. The monarch admired the work and congratulated the architect on his design. At | Hea that mement the architect was passing | Sho through great domestic tribulation. He had a son under sentence of death, so he thought it would be a good opportunity to intercede on behalf of

Mansard threw himself at the feet of the king and said: "Your majesty sees in the center that massive column? If you will spare the life of my son I will remove the unslightly pillar, and the roof shall stand without support." "Mansard," replied the king, "if you accomplish that miracle I will pardon your son, but if you fail I will hang you with him "

The architect removed the pillar without great difficulty and with the result desired. The cafetier is a phiicsopher, and he concludes his story with the reflection that had not Mansard's son been a scamp the hall at Arles would be just like any other

Corns and warts disappear when treated with Holloway's Corn Cure without leaving a scar.

## Wattle.

-What is it?

-"Arcasia Mollissima." -Its home is Australia.

-It thrives in South Africa. -The common name is "black wat-The tree is valued for its useful

Wattle bark contains a large amount of tannin. -This gives weight and strength to

all kinds of leather. -South Atrica nas a 200,000-acre area of black wattle plantations. The average yield per acre in five tons of bark and 30 tons of timber.

## For Aching Feet.

For burning, swollen feet soak them every night in a solution of bicarbonate of soda in the foot tua with sufficient very hot water to cover the feet. Keep adding more hot water as needed. After this, rub well into the bunion and other sore joints ichthyol ointment. Wrap feet in cloth, or put old stockings on to protect the bed. Use some kind of foot ease in your shoes.

The increased cost of fine teas has tempted some to try cheap, inferior teas to their sorrow. It is a real economy to use Salada Tea, since it yields a far greater number of cups to the pound and, besides, has that unique satisfying flavor.

# Old Folks' Coughs Catarrh, Brenchilis **Ouicide Cured**

THIS TELLS OF A METHOD THAT CURES WITHOUT USING DRUGS Elderly people take cold easily. Un-

like young folks they recover now.F. That is why so many people past middle life die of pneumonia Couga Syrups seldom do much good because they upset digestion. Any doctor knows that a much more ef-

fective treatment is "CATARRII-OZONE," which heals and soothes the irritated surfaces of the throat. In using Catarrhozone you do not take medicine into the stomach - you simply breathe into the throat, nose and lungs rich piney balsamic vapor, so full of healing power that colds, catarrh and bronchitis disappear al-

most instantly. The germ-killing balsamic vapor mixes with the breath, descends through the threat down the bronchial tubes, and finally reaches the deepest air cells in the lungs. All parts are soothed with rich. pure, medicinal essences, whereas syrup the affected parts could not be reached and harm would result with drugs.

A Catarrhozone Inhaler in pocket or purse enables you to stop a cold with the first sneeze. Large size costs \$1.00 and supplies treatment for two months, small size, 50c; trial size 25c; all storekeepers and druggists, or The Catarrhozone Kingston, Canada.



		•
1	TORONTO MARKETS	Š.
	TOTAL MARKET	
١.	FARMERS MARKET.	
ı	Dairy Produce.	0.49
١		U 37
1	Margarine. lb	0 45
Ì.	Margarine. lb. 0.35 Eggs, new laid, doz. 0.42	0 39
l	Cheese, lb	0 35
١	Do. fancy, lb	/2 73
١	Manle syrup, harr gallon	
١		0 25
١	Turkeys, 1b 0 29	0 34
ı		0 4
1	Milk-fed chickens 0 35	0 31
ı	Ducks, lb	
ı	Fruits—	0 8
١	Ap les, bkt 0 25	3 1
ı	Do., bbl 0 25 Strawberries, box 0 25	U 3
1	Pineapples, each 0 25	0 3
ı	Vegetables—	
١	Asparagus, Can., bunch	0 1
١	Beans, waxed, small box	0 2
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1	Do., new, bunch	0 3
1	Do new bunch	U i
1	Carrots bush	1 0
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Do., common 19 00	20 00
Veal, choice 22 00	23 50
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Heavy hogs 19 (9)	6 70
Shop hogs 25 00	27 50 25 00
Mutton 29 00	
Lamps	22 00
Toronto Cattle Mark	ets.
Export cattle, choice\$14 00	\$15 25
Export cattle, medium 13 00	14 00
Export bulls 11 00	12 25
Butcher cattle, choice 10 50	11 25
Butcher cattle, medium. 9 00	16 25
Butcher cattle, common 7 00	3 00
Butcher cown, choice 10 00	12 25
Butcher cows, medium 9 00	9 50
Butcher cows, canners 5 75	6 09
Butcher bulls 9 00	9 50
Feeding steers 9 25	10 50
Stockers, choic 9 00	
Stockers, light 7 25	
Milkers, choice 90 00	
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Beef, forequarters, cwt. ... \$17 00 \$19 00

Carcases, choice .. ...

#### Calves ..... 13 00 15 00 OTHER MARKETS.

Springers, choice ..... 80 00 1::0 00

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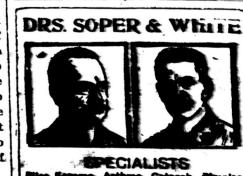
Hogs, f.o.b..... 19 00

WINNIPE	G GRAI	A EXC	HAN	GE.
Fuctuations	on the	Winn	ipeg	Grain
Exchange yes	te.uay w	ere as	C.lot	W.2
Oats-	Open.	High.	LOW.	Cuse.
May	0 841/2	0 85%	7 84%	0 500
July	. \a0 80%	0 83%	1 80%	0 534
Flax-	1			
May	3 78	3 84	3 78	2 54
May	3 80	3 841/5	3 89	2 34
aTo 8114c sol	d.			

MINNEAPOLIS GRAINS. Minneapolis-Corn-No. 3 yellow, \$1.50 to \$1.60. Oats—No. 3 white, 75% to Flour unchanged. Bran, \$18.25 to \$33.5. DULUTH LINSEED.

Duluth-Linseed, \$3.95 to \$4.07; arrived, \$3.95; May, \$3.95 bid; July, \$4.00% bid; October, \$3.60 bid.

You never can tell. Many a young man who says he is looking for an opening is really looking for a way



here are youse?" Neil, felt relieved you? he asked. Cause if you w.

Wat's his name You tell me if y No sir! I'm a f tell me. Tell me wh wit', anyhow."

The boy's face cle tigan, he said. "T wit lat cheeks and "Sounds like him "Come on, then." "Come on a minut for me"

'Sure! Said to tel come to meet you, a quarter if I'd bring I thought maybe it wesn't goin' to let Where is he?" a "Back room of a street.

"Sure!"

Neil debated inw might portend. It that Hartigan should out while they were had, surely he would emissary from whom warning. It must h that had kept him. been taking chances ning, and in his diffic there was nothing i tinue to take them. "Lead on, Macduit

"My name's Mui the guide. The found Hartiga promised, in the bas oon on the corner of and Sixth avenue. A the ex-policeman's Neil, ilartigan's c young triend was so He was the only room. Out of deferenblinds were pulled do tric lights turned on Hartigan sat by a glass of beer and a l

before him-the latt to that strange law that men may not d eating on a Sunday looked out on Twe Hartigan was conti around the edge of t was wit large on l

"Hey boy!" he er Good work!" quarter and waited M. eit down "What'll you have around the blind. A vadue anxiety "Oh, hever mind "What's up?"

ell you!" pressingly, "You w Neil Ottoway dilla' sen no more than Neille heart went "I /-rtainly am of Hardigan we woman done it!" Neil's joy collapse went on, peeking

Did a Good 1 For an

"Soon as I left you

HOW TWO MEN WORTH OF DODD'S Henry Burkhart, of

Sent Rodd's Kidne; and His Friend, Fox Valley, Sask. cial.) - Latell every from kidney troub! Kidney Pills." The of Mr. Henry Burkh "I took Dodd's b eight months," Mr. tinued, "and now i fo

to a friend who live who I knew suffered "My friend wrote some more of Dodd' the doctors could de him. He said Dos

were the best medic taken. "I would not be Kidney Pills." In the sparsely se West, where doctors Kidney Pills have lor ed place in the family The conditions which newly-settled prairie kidney trouble one o ont ills, and the set

ed the splendid rest rom Dodd's Kidney about them.