O win this war every ounce of the strength of each of the allied nations must be put forth to meet the organized, trained and disciplined efficiency of the Central Powers—that gigantic, ruthless force which is the result of fifty years of planning and preparation.

And every ounce of every allied nation's strength is in the hands and brains and hearts of the individuals of each nation, because they are free peoples.

Now the individuals of each nation must live as well as fight, therefore a proportion of the effort and material of each nation must be diverted from war purposes to living necessities.

So the less each individual takes for himself or herself for personal use the more effort will there be left for fighting and winning the war.

Every cent you spend represents that much effort because somebody must do something for you in order to earn that cent-somebody's effort must be given to you instead of to the war.

Therefore the less you spend—the less of somebody's effort you take for your individual use—the more will you leave in the national surplus for war effort.

The war can be won only by the surplus strength of the allied nations. The money each individual saves represents that surplus strength.

So the truly loyal Canadian will use less, spend less, and save more, to help to win the war.

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Keeping Biennial

By the term "biennial "vegetables is Selection and Wintering of Bienniel less skill. free from the Publications Branch, De able for timber cutting and hay balpartment of Argiculture' Ottawa. The ing. regetables must be store! over the first winter and replanted for seed production the following spring. Some well-known vegatables of this class are beets, cab bage, carrots, celery, parsnips, salsify, and turnips. Seed from these can easily be grown in Canada if the vegetables to was sent on to Italy to another section be so used are kept in good condition over of the same unit. In the fullness of the winter. Unless a rigid selection is made, each year, of specimens which are true to type, it will not be long before a larger proportion of the crop will not be true to type : hence great care should 1.3 taken to select well-shaped, medium sized roots, typical of the variety, of beets. of the journey on foot. When I sumcarrots, parsnips, salsify, and tarnips, moned up enough courage to open it and turnips, firm-headed cabbage true to the noble bird simply formed fours type, firm stalked and disiase-resistant and departed at the double. plants of celery, and firm, shapely onion I should say it had quite an exciting bulbs. If this is done and varieties are journey round Italy and France." kept far enough from others so that they will not cross the crop, Caradian grown seed should compare rayorally with imported seed in regard to purity, as it does

outer characterfaties. The methods of wintering vegetables for seed will vary in different parts of Canada, but in most places it will be necessary to give some protection. When possible, it is best to store them in a frost time. proof cellar. But, if necessary, the ve- he thought of the service. The etables may be stored outside, both in stranger replied that he liked it very small and in large quantities, except in well except the incense, to the use the case of onions, which must be kept dry, and stored in a cool piace where there is little or no frost.

The road from Tillsonburg through Courtland and Delhi to Simcoe and east to the county boundary of Norfolk, and that from Port Dover, through Simcoe and Waterford and north to the county boundary have been designated as intercounty roads to be maintained by the

Reigning House of Japan-Began With Emperor Jimmu.

The present Japanese dynasty is by far the oldest in the world, for Yoshihito claims to be the one hundred twenty-second monarch of an unbroken line, dating from the seventh century before the Christian era, says the St. Louis Post-Dispatch. The early history of Nippon, as recorded in the holy book, Shinto, begins with the dynasties of the gods and is wholly mythical in nature. The dawn of real history begins with the reign of Jimmu Tenno, whose memory is revered today by all the sons of Nippon.

Jimmu the Great forced the savage tribes to accept civil institutions and extended his beneficent sway over the entire country. He established his capital at Kioto. He formulated a code of laws, established courts, encouraged industry, and laid the foundation for that marvelous advance made by the Japanese during the nineteenth cen-

The title of mikado, which means "honorable gate," was derived from Jimmu. From the days of this ruler Japanese power in the Orient increased. The successors of Jimmu like the great emperor himself, were worshiped as gods upon earth. Women were not excluded from the succession to the throne, and there are many famous empresses in the history of

JUST WHAT BECAME OF POND

Foolish Questioner, It Is to Be Supposed, Was Satisfied With Explanation Offered Him.

Speaking at a dinner, Senator J. Hamilton Lewis of Illinois referred to the propensity of some people for asking foolish questions, and told the following story:

One day a city man happened in a country community, and while rambling around he ran across a depression in the earth covering several acres. Some perplexed, he questioned a native close by, and was told that it was the bed of a lost lake.

"You don's really mean it?" returned the city man. "Whatever became of all the water?"

"It was this way," readlly explained the native. "There was a piculc out here last August, and when night came on they had nearly a barrel of pretzels left, which they didn't want to cart back home, so they threw them in the lake."

"Yes, I see," interjected the other as the native paused, "but what had that to do with it?"

"Everything," answered the native. The fish are them, and the salty diet made them so thirsty that they drank

Women in Britain Cut Logs. A quarter of a million women in England are now working more or less regularly on the land, says the London Observer. The great majority are village women who go out from their cottages and work for the farmers. Seven thousand are in the new Land army, which employs women who are recruited for a certain term and sends them wherever they

are required. The women in the Land army enlist either for twelve or six months, In case of twelve months they receive two complete outfits free, consisting of a dress, cordurey breeches, strong boots, leggings, overalls and hat. They also get for the year one jersey and one mackintosh. They are given four or six weeks' free in-Vegetables for Seed struction at a training center. Their pay on the farm ranges from \$2 to \$5 a week.

meant one which takes two seasons to for six months there is no training. produce seed, writes the Dominion Horti- She goes straight away to the land culturist in a leaflet giving advice on the and begins on the work requiring Services of women en-Vegetables for Seed" which can be had rolled in the Land army are avail-

The Goose That Walked.

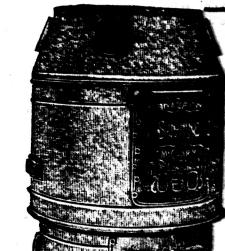
A Canadian soldier, whilst serving on the western front, received a parcel containing amongst other eatables, portions of a cooked goose as a special luxury. By an error the parcel time it was returned to France, having been some weeks on the trip. The soldier, writing home recently, said: "I had a big surprise today . .

for the parcel you posted to me in November last turned up in great style, having performed the latter part

Limited Choice of "Stinks." The late Father Stanton, one of the most loved Anglican priests of the later part of the nineteenth century. once entered into a conversation with a visitor to St. Alban's, Holborn, who had attended the service for the first Mr. Stanton asked him what

of which he strongly objected. "I am sorry for you, my friend." said Mr. Stanton. The other, not unnaturally, asked

"Well, you see," said Mr. Stanton. "there are only two stinks in the next world-incense and brimstoneand you must take your choice be-



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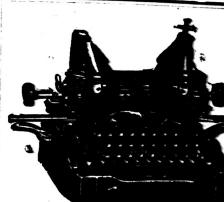
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