

# RICHEST SOIL IN AMERICA

Crescent City, Florida.  
June 25th, 1919.

Florida Land Owners' Association,  
Crescent City, Fla.

Gentlemen:  
Coming from St. Catharines, Ontario, Canada, which is in perhaps the best fruit and truck farming belt in the Province, naturally I am more or less sceptical of lands in any Southern States, but after looking over many tracts in Florida, I have been convinced that the lands offered for me are the RICHEST LANDS I have ever seen. I would be pleased to have any Canadian write me for further verification of this statement and can honestly recommend not only your wonderful lands but the Association as a whole. The easy terms you offer makes it possible for practically any one to purchase and no one need hesitate about buying before they examine the lands as I know you will select only the best, and make a better selection than the purchaser would himself.

Very truly yours,  
David Beaver.

FLORIDA LAND OWNERS' ASSOCIATION, INC.  
7 Prospect St.  
Crescent City, Florida, U.S.A.  
WRITE FOR CATALOGUE

## Heat and Electricity.

The formation of heat through electrical action according to one theory, is an interesting and even a wonderful process. The wind draws out a cloud into a long, narrow strip. In that form, owing to the great amount of surface exposed to the air, the cloud evaporates rapidly, producing intense cold.

Dry particles of snow are then formed, and these, by friction with the water drops, quickly become charged with negative electricity. But the water drops carry positive electricity, and since negative attracts positive a film of water is formed upon each snow particle and is instantly frozen into a layer of ice.

At this thickness its outer surface remains moist, the water not freezing so rapidly there, whereupon the electrical charge changes from negative to positive and the particle is repelled by the water drops and driven to the outer parts of the cloud. Here the increased cold covers it with snow, and friction recharges it anew with negative electricity.

Repulsion is now once more changed for attraction, and the particle rushes back into the cloud, receiving upon its surface another film of water, which is turned into a second ice layer.

This is the growing ballastone darts zigzag through the cloud, piling up its alternate layers of snow and ice, until gravitation gains control and sends it with a jingling crowd of its fellows spinning to the ground.

Minard's Liniment Cures Diphtheria.

## HEART SURGERY.

Daring, Successful Operations Not Unusual Nowadays.

Probably the most daring chapter in modern surgery is that which treats of operations on the heart. The record to the heart is only two or three inches long, but it has taken surgery nearly 2,600 years to traverse it. It is one writer's striking remark. The scientist as well as the layman has looked upon the heart with an almost superstitious awe. Any injury necessarily implied death. Any interference with such an injury could only hasten the end. Yet many shrewd observers in the course of the ages had noted that all heart wounds did not result in instantaneous death.

It was not until ten or fifteen years ago that surgeons began to act upon this knowledge. In exceptional cases death did not result immediately from a heart wound. There were intervals of a few minutes, a few days or a few weeks. Why not utilize this interval

## TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine for all our suffering women."—Mrs. JOHN KOPPELMANN, R. No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will pay any woman who suffers from displacements, inflammation, ulceration, irregularities, headache, dizziness, nervousness, or "the blues" to give this successful remedy a trial.

For special suggestions we refer to our pamphlet which Lydia E. Pinkham will send you free. Write to her at Lynn, Mass. The result will be at your service.

In an attempt to sew up the wound? Medical history now reports many successful operations of this kind. An especially noteworthy one, performed upon an Alabama negro boy in 1902, illustrates the resources of modern heart surgery.

This boy had been the victim of an especially nasty stab wound. The knife had penetrated the apex of the heart and passed into the left ventricle, making a wound nearly half an inch long. When the boy was placed on the operating table in a little negro cabin, the signs of death had already appeared. His feet were cold, and his face showed signs of the utmost distress. The surgeons made a little window-like opening just above the heart. Through this they could readily see the injured organ, the blood spurting from the wound at each pulsation. One surgeon put in his hand, pulled the heart upward and held it while another sewed the wound with a catgut. The operation—performed without an anesthetic—lasted fifty-five minutes. On the sixteenth day the boy was sitting up, in a short time his heart was as good as new.—World's Work.

### A Marriage Test.

One of the ways of telling whether a man is a married man or not is to examine his pockets. In the pockets of a bachelor you will find:  
Half a dozen letters from girls.  
Several bills.  
Three or four old checks for theatre seats.  
Theatrical looking photographs.  
A lot of invitations to dances and parties.  
A tiny glove scented with violet.  
But the married man's pocket will contain:  
An old bill.  
A couple of unposted letters which were given him to post a week past.  
A newspaper clipping telling of a sure cure for crop.  
A shopping list ranging from a box of blacking to three yards of lace.  
Bills.  
More bills.—Pearson's Weekly.

## BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during the hot weather than at any other time of the year. Diarrhoea, dysentery, cholera infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be kept in the house where there are young children. An occasional dose of the Tablets will prevent stomach and bowel troubles, or if the trouble comes suddenly the prompt use of the Tablets will relieve the misery. The Tablets are sold by medicine dealers or by mail at 25c a box from the Dr. Williams' Medicine Co., Brockville, Ont.

### Worth Knowing.

After peeling onions, rub your hands with celery or parsley. It will counteract the odor.  
A large cork will be found very convenient for scouring pans, knives, sinks, etc. Moisten the end in water, dip in some good cleaning powder, and rub.  
After prunes have been soaked overnight, if they are baked in a slow oven they will have a richer flavor of stewed.

### In making coffee, if you will add a dried prune it will improve the flavor and give the coffee a richer color. Some who cannot use coffee without, can use it with the prunes should be hungry to keep on learning the good lessons it has for us. The education that stops is a poor thing. It is the ambition to progress that is the thing of value.

After newly papering the walls in a house where there are small children, fasten an extra piece of the new paper behind the couch with thumb tacks, to prevent soiling of the newly hung paper there.

Minard's Liniment Cures Distemper.

## THE MARSHALL ISLANDS.

Islanders Are Great Seamen and Navigators.

In "Some Recollections" Admiral Sir Cyprian Brlage writes of the Pacific islands among which he made extensive cruises in the early eighties and late nineties. The "Marshall Islanders," he writes, "are great seamen and navigators, and build no canoes, but real ships. These are regularly built of pieces of wood, which, for want of nails and bolts, are sewn together with sennit, plaited of coconut fibre. A canoe has a sloping platform rigged out on each beam. The platform is several feet square, and usually has on it a regularly constructed house of miniature dimensions. It is true, and low in the roof, but big enough to let a couple of men, if not more, lie down inside it.

"The Marshall Islanders make long voyages, and even understand the art of preserving provisions for sea stock. The fruit of the pandanus looks like a coarse pineapple. It is pulled to pieces. These are placed on a mat in the sun until they exude juice. They are then rolled much as a cook rolls dough for piecrust, until there appears what looks like a piece of piecrust soaked in treacle. It has a rather sweet and not unpleasant taste. The "blanket" is made into a roll, is parcelled or covered with a dry leaf, and is then regularly "served" over with coconut fibre sennit. The rolled pandanus fruit, thus treated, will keep for months, and in its wrappings is impervious to salt water.

"The Marshall Islanders even make charts. Four narrow strips of wood tied together make a roughly square frame. Lines of twisted fibre are stretched across the frame at regular intervals and roughly at right angles to each other. On the in-

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We supply cases and pay express. Cash weekly. Write for case now. Don't let your biggest month go by without taking advantage of our prices. Representatives wanted in every locality; write us.

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193 King St. East Hamilton, Ont.

intersection of these lines shells or small pieces of coral are tied to represent islands. I think that the relative bearings are approximately correct. Sir John Thurston, a distinguished Governor of Fiji, a great part of whose life has been spent in the South Seas, told me that most islanders could point correctly in the direction of the islands far distant from their own.

"In several islands one came across material evidence of bygone civilization, which was so completely historic that it lay far beyond the oldest traditions current among the natives of the present day. The language of Tongatabu were of comparatively recent date, and their construction was included in the range of credible tradition, but the great amount of trifling a few miles from Nukunua must be much older.

"Some remains are so colossal in size, and cover such extensive areas, that they could only have been constructed by a very numerous population. On many islands there is a tradition that in former times they were much more densely populated than they are now."

Minard's Liniment Cures Colds, Etc.

## SCROLLS OF THE FALLEN.

Following the decision of the British Government to issue a memorial plaque and scroll to the next of kin of those who fell in the war, the work of distributing the scrolls has begun. The scroll bears the following inscription:

He whom this scroll commemorates was numbered among those who, at the call of the King and country, left all that was dear to them, endured hardship, faced danger and finally passed out of sight of men by the path of duty and self-sacrifice, giving up his own life that they might live in freedom. Let those who come after see to it that his name be not forgotten.

This is followed by an inscription of the soldier's name and regiment. The inscription is surmounted by a device including the royal arms in color with the initials of the King. The scrolls will be accompanied by the following letter from Buckingham Palace over the King's signature:

I join with my grateful people in sending you the memorial of a brave life given for others in the great war.

## Tight Money Finishing Many

Thousands more are being squeezed by aching corns which can be cured quickly with Putnam's Corn Extractor. Being free from caustics, Putnam's is painless. Use successfully for fifty years. Use no other, 25c at all dealers.

## A FRENCH LEGEND.

### Holy Shadow Supposed to Cure Diseases.

It is a French legend, so old that we do not know when it was written, or rather when it grew. We may not believe in the miracle-giving, but in the heart of the story lies an exquisite pearl of truth. And thus runs the old legend.

A very long time ago there dwelt upon the earth a saint so good that the angels themselves came down from heaven to see how a mortal could live so holy and beautiful a life. They found a man going about his daily duty in simple faithfulness, diffusing an atmosphere of love as the star diffuses light, and the flower fragrance without being aware of it. Watching with eager interest, they saw that two words summed up his day. He gave and forgave.

"No," he replied, "that is also the work of God. I pray; I do not convert."

"Would you like to become a model of patience, attracting men by the lustre of your virtue, thus glorifying God?" Still he answered, "No; if men should become attached to me they would be further from God and estranged from Him. The Lord has other means of glorifying Himself."

Filled with astonishment they cried: "What, then, do you desire?" The saint smiled and asked in turn, "What can I wish for? That God give me His grace; with that shall I not have everything?"

"Very well," he said at length, weary of their importunity. "I wish that I may do a great deal of good without ever knowing it."

How were they to carry out such a wish? Finally they hit upon the following plan: Every time the saint's shadow should fall behind him or on either side where he could not see it, this shadow would have the power to cure disease, soothe pain, and comfort the sorrowing.

And so the wish was fulfilled. When the dear old man walked abroad, his shadow, thrown on the ground on either side or behind him, made arid withered vegetation, brought back music to the parched, dried-up brooks, and roses to the pale cheeks of suffering little children, and diffused joy everywhere.

The saint went simply about his daily duties, knowing nothing of the blessedness of his falling shadow. At last his very name was forgotten and he was reverently called "The Holy Shadow."

## Catarrh Cannot Be Cured

by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions.

Testimonials free. F. J. Cheney & Co., Props., Toledo, Ohio.

## SUNDAY BREAKFAST.

### Here Are Some Good Ideas for a Change.

Sunday is a day of rest and mental and bodily recuperation. It is a good start for Sunday enjoyment to give weekday forethought for all needed ministrations to Sunday necessities. First and foremost comes the breakfast. What is easier, what is better to begin the day with an appetizing fish spread? Here follow some suggestive Yankee dishes well worth trying.

Codfish Tongues and Sausages.—These small morsels, cooked in any number of ways, furnish an esteemed delicacy for the breakfast table. Soak in warm water several hours, or until fresh. Scrape off the skin, then boil and serve with egg sauce on toast, or after heating slowly in milk pour a thin white sauce over them and serve on toast with a garnish of sliced eggs hard boiled, or fry in clarified butter, handling delicately in the pan, drain on soft paper and serve with tomato sauce and parsley.

Breakfast Dish of Bloaters.—Cut off the head and tail of the fish, season the skin at the neck with a knife and finger and pull it off. Split the fish with a sharp knife, remove the backbone and soak in cold water overnight, or, if you forget to do that for 20 minutes in water nearly at the boiling point. Arrange the fillets in a baking dish, cover with milk, dot with bits of butter and bake in a hot oven for 10 or 15 minutes. Garnish with a little finely-chopped parsley or sprigs of watercress and serve with fried sweet potatoes or mealy baked potatoes. On a cool morning there are few more appetizing breakfast dishes, while its cheapness puts it within the reach of the most impecunious. For a change, the fillets

may also be broiled over a glowing fire, may be baked in buttered paper cases or cooked on gratin.

Fish Timbales.—Flake as fine as possible a cupful and a half of any cold fish. Add two well-beaten eggs, a cupful of milk and salt and pepper to season. Fill small buttered tins or cups about half full, set in a pan of hot water and bake about 20 minutes. Turn out on a hot platter and pour over them a cupful of cream or tomato sauce to which a tiny bit of mustard has been added. Garnish with parsley. If preferred, the moulds may be lined with freshly cooked spaghetti left long enough to wind spirally around the mould, beginning at the bottom and going up until the top is reached.

### Chinese Tea Houses.

Just as England has highway taverns and as we have roadhouses along our highways, so has China her tea houses. The Chinese do not indulge much in intoxicants, and tea is about the strongest drink they consume. Tea houses there are about as numerous as ice cream and soda resorts are here.

Montreal, May 27th, '19.  
Minard's Liniment Co., Limited.  
Yarmouth, N. S.

Gentlemen,—I beg to let you know that I have used MINARD'S LINIMENT for some time, and I find it the best I have ever used for the joints and muscles.

Yours very truly,  
THOMAS J. HOGAN,  
The Champion Clog and Pedestal Dealer of Canada.

## WHAT OF THAT?

Tired? Well what of that? Didst fancy life was spent on beds of ease. Fluttering the rose leaves scattered by the breeze? Come! rouse thee, work while it is called to-day. Coward, arise—go forth upon the way!

Lonely? And what of that? Some must be lonely; 'tis not given to all To feel a heart responsive rise and fall— To blend another life into its own; Work may be done in loneliness; work on.

Dark? Well, what of that? Didst fondly dream that sun would never set? Dost fear to lose thy way? Take courage yet; Learn thou to walk by faith and not by sight; Thy steps will guided be, and guide-right.

Hard? Well, what of that? Didst fancy life one summer holiday With lessons none to learn and naught but play? Go, get thee to thy task; Conquer or die! It must be learned—learn it then patiently.

## Cream of Almond Soup.

Did you ever eat any cream of almond soup? It is easy to make and well worth trying for its goodness. Get enough almonds to make a cupful and put them in boiling water for one minute. Then pour off the hot water and put them in cold water until the almonds have become thoroughly cold. Remove the almonds and blanch. If the skins stick put them back in to hot water again, and then into the cold. Chop them while one quart of thin cream heats in the double-boiler, and then put them in with a teaspoonful of salt. Simmer ten minutes, and then strain.

If you want the soup especially good add whipped cream before discharging, serving it on top.

## BETTER THAN GOLD.

### Real Treasure of Peru Was the Potato.

The gold of the Incas was the attraction that led Columbus to sail westward, that carried Cortez to Mexico and Pizarro to Peru. The Incas had large stores of the precious metal, representing, no doubt, the accumulations of many centuries. The capture of such a booty, resounded through Europe. Spain became for a time the wealthiest, as well as the most powerful, nation of Europe, and this was ascribed to the gold of Peru.

But Peru held another treasure much more valuable for the nations of Europe than the golden booty of Pizarro. Carrying the potato to Europe was an event of much more profound significance in relation to the subsequent history of the world than sending the Incas' gold to the coffers of Spain. But nobody understood the value of the potato, and its Peruvian origin was generally forgotten before the plant became well known. It is a kind of Peruvian potato we call them Irish potatoes.

The potato was the basis of the

## HELP WANTED—FEMALES

WANTED—LADY FUR SEWER, COM. by Mr. Reid Bros., Bothwell, Ont.

## FARMER FOR SALE

LARGE NUMBER IMPROVED FARMS for about half cost of improvements. Turn out on a hot platter and pour over them a cupful of cream or tomato sauce to which a tiny bit of mustard has been added. Garnish with parsley. If preferred, the moulds may be lined with freshly cooked spaghetti left long enough to wind spirally around the mould, beginning at the bottom and going up until the top is reached.

FARM FOR SALE, 300 ACRES, HALF cash, 100 tillable land, lots of water, some barn, 2 1/2 Good stables, good house, many implements, Horses, cattle, close to Post Office, School, 800 maple trees for group. Sell separately. (See For Sale) Possession any time. Apply to John Smith, McMurick P.O., Parry Sound, Ont.

IF YOU DESIRE TO SELL YOUR farm send me full particulars and have description published in my new Catalogue. No expense whatever to you unless I effect a sale. J. D. Siggart, 205 Clyde Block, Hamilton, Ont.

120 ACRES, PICKERING, EIGHTY grain and stock farm, one ten per acre, or divide; livey barns and 4 fine homes in Markham village. F. K. Rescor, Markham, Ont.

## MISCELLANEOUS

SEND A DOMINION EXPRESS Money Order. Five Dollars costs three cents.

AUTO OWNERS AND MECHANICS. Don't lose your trade. Stamp your name on every car and be insured against loss and theft. We will make for you a Stamp book cost from 25c to 50c. It will last a life time. Send for each letter of your name and the postage. If only your initials are required send 25c. Crown Stamp & Die Works, Waterdown, Ontario.

WANTED—LIMITED NUMBER OF prime rabbit skins, cash, strictly, salted and air dried. Reid Bros., Bothwell, Ontario.

FOR SALE—SHEEP AND HAY. About 250 acres, 1,000,000 fine timber; house, barn, about five acres finest black soil, cultivated garden and hay; post office, church, school, telephone, 10 in. water-main, Canadian Northern Railway, saw mill, planing mill; most beautiful climate in the world; radius 6 miles. Victoria, fine auto road; electric wire soon. Reason for selling, Dr. Barker, Happy Valley, Vancouver Island.

250 ACRES—HURON COUNTY—BEST of land; excellent water; good buildings; price right; near good markets, school; churches, store. Box 164, Seaford.

## HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars. Send your name. Address, Halliday Company, 21 Jackson Street East, Hamilton, Ontario.

## FOR SALE OR EXCHANGE.

HOUSE WITH EVERY CONVENIENCE in village of Grimsby. Gas, electric, car stops at door. Would consider exchange for same or smaller place between Stoney Creek and Brantford. Apply, Box 28, Grimsby, Ont.

ancient Peruvian nation and has attained almost the same importance in other parts of the world within the last one hundred years.—National Geographic Magazine.

## Boring Pole Holes.

The tiresome and time consuming work of digging holes for telegraph and electric service poles is now at an end, says Scientific American. At least, there has been evolved a gasoline driven earth-boring machine which makes an average boring time per hole of one and one-half to two minutes. The equipment is mounted on a horse-drawn truck and is operated by two men. In ordinary soil it maintains an average of 100 holes per day each measuring five feet deep by 24 inches in diameter. The equipment consists of a truck, which carries a gasoline engine, driving mechanism and a huge auger which is slowly rotated and fed downward. The augers are furnished in sizes from 2 to 24 inches.

Minard's Liniment Cures Garget in Cows.

## B. C. WATER POWERS.

The report on the water-powers of British Columbia, which is about to be published by the Commission of Conservation of Canada, places the total estimated 24-hour horse-power of the water-powers of that province at about 3,000,000 horse-power, in round figures. Estimate quantities are on the basis of 24-hour power 80 per cent. efficiency. If comparison is made with other estimates of horse-power giving theoretical quantities, then our estimates should be increased 25 per cent. The report gives 610,000 24-hour horse-power as the amount available on the Columbia River and its tributaries, 740,000 horse-power for the Fraser River and its tributaries, 270,000 horse-power for the Vancouver Island water-powers, 560,000 for the mainland coast and coastal islands, and 250,000 horse-power for the Mackenzie River and its tributaries. In round figures, the total estimated power, including about 400,000 horse-power not counted in the above estimates, because there are economic reasons against its development for an indefinite time, is placed at about 3,000,000 horse-power.

## Dr. Martell's Female Pills For Womens Ailments

A scientifically prepared remedy of purest quality recommended by physicians. Sold every-where in Canada. Price 25c per box. Write for literature to Dr. Martell, 100 Queen Street West, Toronto, Ont.

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