

Citricura

SOAP and LEMON

FOR HAIR AND SKIN

At night smear redness and roughness with Citricura Ointment. Wash off in five minutes with Citricura Soap and hot water and continue bathing a few moments.

Treatment for dandruff and irritation: On retiring rub Citricura Ointment into parts all over scalp. The next morning shampoo with Citricura Soap and hot water. Repeat in two weeks if needed.

Citricura Soap Co., Ontario St. and W. St., Toronto, Ont. Sole agents: "Citricura," 120 Queen St. W., Toronto, Ont.

LONDON TO SPREAD.

To Enlarge for Fifth Time in 2,000 Years.

In its 2,000 years of history, London, England, has enlarged its borders four times. The first time was in the time of King Alfred; the last time was in 1865, when the present boundaries of the area known since 1889 as the County of London were fixed.

In the eighteenth century Tyburn, then the place of execution, and now within a few yards of the Marble Arch, was two miles from London. In the forties of the last century, only a dozen years before the last enlargement of London, Belgrave was covered with field forming part of a swamp that stretched as far as Fulham. A hunting pack "found" in the fields of Pimlico less than a hundred years ago.

The London of 1865, which is the London of to-day, is to be enlarged to the London over which the Metropolitan Police have control—the real metropolis. The London of 1920 will cover 692 square miles, nearly 700 times the size of the London of Queen Elizabeth.

For twenty years London reformers have been agitating for the extension of the boundaries of London and for as many years the Government bodies outside the county, but within the boundaries of Metropolitan Police London have resisted the proposal.

In all that time the movement of population outside of London has been increasing until today there are virtually as many people living outside of

I bought a horse with a supposedly incurable ringbone for \$30.00. Cured him with \$1.00 worth of MINARD'S LINIMENT and sold him for \$85.00. Profit on Liniment, \$54.

MOISE DEROSCE,
Hotel Keeper, St. Philippe, Que.

London as there are in the county itself.

Politics and sentiment, which have tied down the boundaries of London since 1865, have been swept out of consideration. Necessary counts today, London must take within herself the whole of the population lying between Richmond and Romford and Barnet and Purley, or give up the task of providing the ordinary amenities to which every aggregation of human beings is entitled.

The two parties on the London County Council have agreed to the necessity of an immediate enlargement of London to an area nearly 700 miles square, and governing bodies outside are agreed that something of the sort must be done if public necessities are to be met, and Parliament should find in the next session an easy task in planning a new London.

In the municipal elections which are to take place this year the plan will be put before the electors. It is expected that London will be asked to give its decision next March, since that election is specifically mentioned in the Postponement of Elections Act, and Parliament, which meets on the eve of the date, when according to law the election must take place, is not likely to attempt to stop it at the eleventh hour.

Minard's Liniment Cures Colds, Etc.

Safeguard.

Two middle-aged English women were talking of the war and the means they'd adopt to earn a living should married men be forced to join the army.

"Well," said one, "if the worst should come, I can keep the wolf from the door by singing."

"Marie, you can," said the other, "but very earnestly; 'that is, if the wolf has a correct ear for music."

QUEEN'S UNIVERSITY

KINGSTON, ONTARIO

ARTS

Part of the Arts course may be covered by correspondence.

MEDICINE EDUCATION APPLIED SCIENCE

Mining, Chemical, Civil, Mechanical and Electrical Engineering

SUMMER SCHOOL SEPARATE SCHOOL

July and August. December to April

GEO. Y. CHOWN, Registrar.

Mexican Indians.

There were roughly three settled nations prior to the Conquest (with a minor fourth, the Tarascan on the middle west coast, Michoacan). The Aztecs, who had come down from the north some centuries before, and treated the far higher and more peaceful civilizations of southern Mexico about as did the Goths in Rome, or the Manchus in China. Their civilization was about on the level with that of contemporary Europe in organization, though they destroyed and never learned the best of what existed before them. But they were, and still are, a warlike and "Tartar" race. Oaxaca, the California of Mexico, was the seat of a great civilization, of the Zapotecs and Mixtecs, conquered in battle by the Spaniards some time before the Spaniards came. The Bayas of Yucatan are wholly different in race and character; but they are sturdy, laborious and tenacious of their nationality. The Aztecs were in course of conquering them when the Spaniards came. And the racial antagonism of Mayas for all Mexicans is extreme; they do not want them; Mexicans call treacherous the "separations" of Yucatan; but Yucatecos are not Mexicans, and never have been.—Wm. Gates in World's Work.

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentery, colic and stomach troubles are rife at this time and often a precious little life is lost after only a few hours' illness. The mother who keeps Baby's Own Tablets in the house feels safe. The occasional use of the Tablets prevent stomach and bowel troubles, or if trouble comes suddenly—as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Worth Remembering.

Milk that is just on the turn may be sweetened by stirring in as much baking soda as will stand on the tip of a penknife.

One tablespoonful of ammonia to a teacupful of water will clean gold or silver jewelry.

Paint stains that are dry and old may be removed by soaking with chloroform. It is a good plan to first soften the paint with a little olive oil.

Clear boiling water will remove tea stains; pour the water through the stain, holding the kettle high.

To restore the lustre on pearl buttons, wash in warm, soapy water and polish with a nail buffer.

The unpleasant creaking of a door, or the sticking of a draw, may be overcome by rubbing with a piece of soap.

A few drops of lemon juice will make cream frosting very white.

When cream is too thin to whip, add the unbeaten white of an egg.

Never use a cloth duster on gilt frames; dust with a soft brush.

Grease stains may be removed from wallpaper by applying pipeclay mixed to a thick cream with clear water. Allow it to dry on, then brush off.

To restore black serge, wash it in hot suds with a little borax in the water, rinse in very strong bluing water and iron while damp.

Minard's Liniment Cures Diphtheria.

ALWAYS IN TROUBLE.

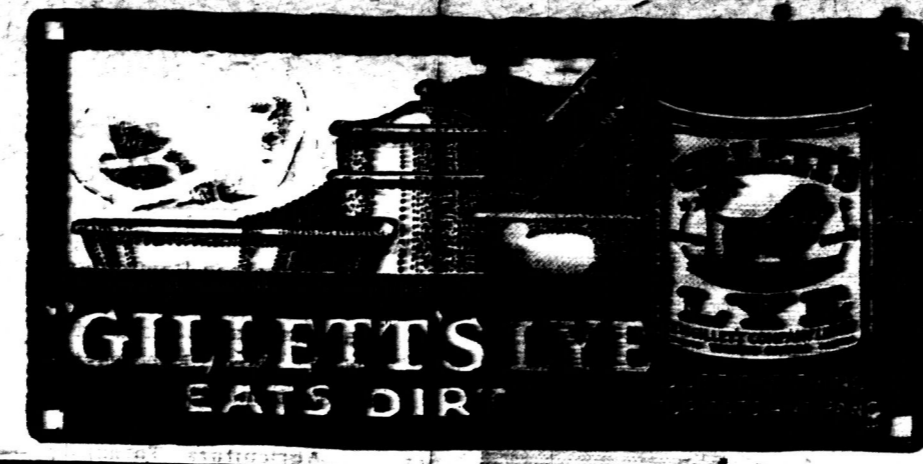
Russia Has Had Much During the Ages.

The backwardness of the Russians can be pretty adequately accounted for by three historical factors. There is, first, the Mongol yoke which rested upon them for nearly two and a half centuries. During the wonderful thirteenth and fourteenth centuries, while England was stabilizing her parliamentary and democratic models were being worked out in the free self-governing city states of Italy and the low countries, the Russians lay flattened under an alien Asiatic despotism. By the time they had rid themselves of the Mongols all legal rights of individuals, local communities and social classes had disappeared, leaving the power of the czars unlimited.

In the second place, for a long time after the Muscovites had freed themselves from the Mongols, their settlements in the rich treeless steppes to the south of them—the famous "black soil" destined to become the granary of Russia and indeed of Europe—were exposed to raids by the nomad Tartars hemming them on the east and south. Until the days of Peter the Great the Russians were for the most part confined to the less fertile forested region of the north, where they were safe from the incursions of the nomads. Let one imagine how our economic development would have suffered had our ancestors been confined to the wooded region of the upper Ohio and the Great Lakes because the fertile prairies from Indiana to the Rocky Mountains lay open to the raids of barbarian horsemen welling up from the great populated area in the southwest!

Then there was the Romnoff autocracy, which in Shakespeare's day crushed the bulk of the people down into serfdom—which later became slavery—and kept them there for two and a half centuries.—Edward Aisworth Ross in Asia Magazine.

In our ambition to rise some of us get to the top while others merely go up in the air.



STRANGE AS FICTION.

Englishman's Life Double of De Morgan Novel.

A little more than ten years ago an Englishman, deep in the sixties, won great renown by going to a hospital. His illness, though severe, was ordinary enough. The use he made of his convalescence distinguished him. Propped up in bed, William De Morgan wrote his first novel. When he was entirely recovered, he wrote another, which was destined to carry on his fame around the reading world.

The book told the story of an engineer returned to London after many adventures. There a mishap in the tube caused him to lose his memory. In the dazed state he lived a new life. By chance he met his former wife, fell in love with her and married her again.

Strange as was De Morgan's tale—critics said only he could make it convincing—London itself has duplicated it from life.

John Arthur Lewis, a returned soldier, was lately hailed into court for absconding with money he had collected for his employers.

His innocence was easily proved. On the collecting trip he had been struck by a van and injured. Bereft of his memory he wandered over England, arrived at his old home, and was introduced by his mother to a young woman, said to be his wife.

One night the German airman dropped bombs, and the shock of the explosion restored his memory. Then all came back, even the uncompleted day's work of last August.

History here modifies the ancient observation as to truth and fiction. Truth is not stranger than good writing. Rather the artist senses probably ahead of the facts and later reality corroborates him. Who knows not at least one Enoch Arden? Tennyson guessed them all.

WORTH REMEMBERING.

Minard's Liniment Cures Garget in Cows.

HIGH FINANCE.

Geniality of James Russell Lowell as Told by Judge Corning.

Judge Charles R. Corning, of Concord, N.H., tells a James Russell Lowell anecdote, which throws a pleasant light on Lowell's geniality, as well as on his gout. Says Judge Corning: "I was spending the winter of 1873-'74 in Spain, and in December there blew in at Barcelona a company of American and British newspaper men. Among them was Edward King, a well-known correspondent of the period. He persuaded me to join the gang and go to Madrid to Alfonso's second wedding. Lowell was United States Minister, and he and King were old acquaintances. Accordingly I went with King to call on the Legation. Lowell had just got better of a painful attack of gout, which he described with more or less detail as he sat before the open fire blowing smoke from his pipe up the chimney. At last he remarked, 'Well, King, it's a devilish bad visitor, the gout. First I had it in one arm, then in the other; then it lodged in my right leg for a week, suddenly quitting for the left leg and ankle. Then the thing would repeat its visit, with a touch now and then in the stomach.' King remarked that the experience required patience, which he interrupted by saying that it wasn't a matter of patience but of philosophy, for after those weeks of first one arm or leg, then the other, I gained courage and thanked God I wasn't a centipede. 'What is the financial condition of Spain?' Mr. Lowell asked King. Well, replied Lowell, 'that has been an interesting subject to me and I have read reports and made inquiries concerning the debt and income, but didn't get anywhere, so I called on the Minister of Finance, to whom I pointed out a reference to a sinking fund. The Minister took my report and spent some time going over the paper, quietly said: 'But, senior, you have called my attention to sinking fund, which obliges me to tell you that our sinking fund was long ago sunk.'"

Vacation Days

Take Along a Gillette

FOR the Gillette owner, life is one long holiday from stropping and honing. It is a round of daily luxurious shaves. The shaving quality of the hard-tempered, keen and lasting Gillette Blade is a never failing source of satisfaction.

You, who are planning a vacation, should include one pleasure you can enjoy twelve months each year—buy a Gillette Safety Razor. Free your holiday from strops and hones.

The new Kit Set—the Pocket Edition Gillette Safety Razor—in a limp leather roll case, complete with twelve double-edged blades and a mirror, takes only a few inches of space in your kit.

Remember how the Gillette was the choice of the soldiers of all the Allied armies. You will need a Gillette to remove your open-air growth of beard.

THE PRICE IS \$5.00

Sailing is Different.

Sailing on the big deep is pretty different than doing the same stunt on land. This was admitted by a landlubber from Pittsburgh, who has just returned from his first voyage with a brand new seacraft story.

"The first day I was out," said the amateur navigator, "the old tub rolled like a bar of soap, and before I knew it I was in the throes of mal de mer. The bunch guyed me and told me my job was driving a trolley car instead of sailing. I had to seek my bunk. I had only been in it a few minutes when the ship's surgeon visited me and callously asked: 'What's the matter?' 'O-o-h, I'm so sick,' I told him, and I rolled over in agony. 'Come, get up,' he said unfeelingly. 'The ship has been torpedoed and we're sinking. I fell out of my bunk and scrambled to the deck. The bunch again derided me. Say, have you ever been seasick?'"

How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE.

HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the Mucous Surfaces of the System.

Sold by druggists for over forty years. Price 50c. Testimonials free. Write to F. J. Cheney & Co., Toledo, Ohio.

Wooden Cannon Yet.

Anyone familiar with modern weapons of war and the high explosives used in them would naturally suppose a wooden cannon of little or no use.

Wooden cannons have been used with considerable success in Cuba, Hayti and the Dominican Republic.

The wood used is very tough, having a wistful grain that curls about the log in such a way that to split the timber with the ordinary means is almost impossible.

The best trees are selected and a piece of the log five or six feet in length and about one foot in diameter is cut. After the bark has been removed and the log made perfectly round, it is swung on a crude trestle and a hole is burned into it from one end. This log is wound with fresh rawhide, which shrinks and hardens. When the cannon is covered another layer is wound on after certain treatment, and this is continued until the weapon has increased several inches in diameter.

When the weapon is treated to a hot blast, which tends further to contract the hide binding it until it becomes almost as strong as wire.

These crude cannons have been employed with effect in a number of instances, and it is astonishing, so it is said, how many times they can be fired before they burst or are otherwise disabled.

Use Wireless Lamp.

A wireless signal lamp has been devised for various kinds of war work, which enables the users to keep up communications under conditions where it would be difficult or impossible to stretch telephone or telegraph wires. A barrage fire, for example, would be no hindrance to signalling by this new apparatus. It can be used between a ground station at the battle front and an airplane at a considerable distance away, flying over enemy territory.

BLED TO DEATH.

Tried to trim a wart with a razor and severed an artery. The only wart cure is "Putnam's," which removes warts, corns, callouses in one day. Insist on getting Putnam's Corn and Wart Extractor, it's the best, 25c at all dealers.

Has Artificial Ventilation.

A French fort at Verdun has artificial ventilation. It is described by Maj. Gen. Charles A. Clement, U. S. A., who visited the firing line. A fort, looked on as the best that French engineering skill could build, was made of re-enforced concrete, extending many feet under ground, and stood near the site of the stronghold referred to. It was smashed to atoms by the Germans, but the French, even as the pieces were flying about, constructed a new, subterranean fort of rock and granite which effectively resisted the attacks of the enemy. This fort General Clement describes as somewhat resembling an anthracite coal mine. He said that the air in the fort's hospital was pure and, despite the fact that no sunlight ever penetrated the place, the conditions compared favorably with those of similar institutions on the surface of the earth.

The foregoing description gives us a glimpse of French efficiency displayed in the defence of Verdun.—Popular Science Monthly.

Something Like a Beard!

Mistakes of military signallers are sometimes amusing. A German prisoner escaped from an internment camp, and to facilitate recapture a description of the man was circulated. The description contained a succession of absurd sounds, which rendered its reception by telephone somewhat difficult. One signaller, after struggling valiantly with the prisoner's name, appearance, etc., finished the message with "height 5 foot 6 all beard and moustache." The possibility of a 5-foot-6 beard wandering about on its lonesome was questioned, with the result that the following correction was circulated: "Please read 'small' for 'all.'"

Poetry Best When Read Aloud.

To the average person, poetry never seems so real nor so beautiful when read to oneself; it requires an appreciative reader to bring out the thoughts and preserve the charm of the rhythm. Stirring stories and poems are remembered longer when read aloud, and surely those of us who were brought up on Dickens, Thackeray and Scott remember best, not those stories we read by ourselves, but rather those which were read aloud by a loved but lost voice in the home.

The fellow who blows his own horn needs no instruction. He is his own tooter.

ISSUE NO. 33 1919

HELP WANTED - FEMALE

WANTED - LADY FUR SEWER, CON-
try fur. Reid Byas, Bowdoin, Ont.

FARMS FOR SALE

LARGE NUMBER IMPROVED FARMS
for about half cost of improvements, \$500 and up; grows in abundance. All kinds of vegetables; auto road. Growing wells, schools, churches, fish, game; well farmed here 31 years; never had crop failure. J. Locking, Emo, Ont., Baley River Valley.

IF YOU DESIRE TO SELL YOUR
Farm send me full particulars and have description published in my new Catalogue. No expense whatever to you unless I effect a sale. J. D. Biggar, 22 Clyde Block, Hamilton, Ont.

120 ACRES, PICKERING, EIGHTY
Markham; 65 Markham, fine grain and stock farm, one ten per acre, or divide; lively barns and 4 fine houses in Markham village. F. K. Reesor, Markham, Ont.

FOR SALE - SHEEP AND HAY
ranch, 255 acres, 1,000 ewes, fine timber; house, barn, about five acres finest black soil, cultivated garden and hay; post office, church, school, telephone, all in water-main, Canadian Northern Railway, saw mill, planing mill; most beautiful climate in the world; ideal for Victoria; fine auto road; electric wires soon. Reason for selling, Dr. Barker, Happy Valley, Vancouver Island.

MISCELLANEOUS

A DOMINION EXPRESS MONEY OR-
der for five Dollars costs three cents.

AUTO OWNERS AND MECHANICS.
Don't lose your tools. Stamp your name on every one and be insured against loss and theft. We will make for you a Stamp hand cut from tool steel, it will last a life time; send 5c for each letter of your name and the postage. If only your initials are required, send 2c. Crown Stamp & Die Works, Waterdown, Ontario.

WANTED - LIMITED NUMBER OF
prime rabbit skins, dressed, stretched, salted and air dried. Reid Byas, Bowdoin, Ontario.

NEEDLES AND PARTS FOR ALL
Sewing Machines. Springs made for Gramophones. J. Jackson & Co., London, Ont.

HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your home. Address, Holiday Company, 21 Jackson Street East, Hamilton, Ontario.

LIVE STOCK.

SAPPHIRE SWINE (BLUE HOGS)
actually blue in color. The blue hogs are no longer an experiment. We have bred them successfully for twelve years before offering any for sale. They mature quickly, grow very large and the females are the most prolific breeders on earth. Write for information. Mention this paper. The Blue Hog Breeding Co., Wilmington, Mass.

PROPERTIES FOR SALE.

FOR SALE - FOR \$100 - COMFORT-
able 5-roomed cottage; concrete frame stable, 18 x 22, and one acre of land, with garden and vegetable; situated in village of Seguin Falls. Also 20 acres of meadow and bush land. For particulars, apply Angus A. McKinnon, Seguin Falls, Ont.

Every Sensation.

The following is from a letter written by a member of the United States tank forces in France: "I ran the gamut of all sensations from fear to hatred, and the latter was what I carried away. Any nation that fills the bodies of the dead with bombs in order to kill the chaps that came out to bury them, has no consideration for me, and that is what the Germans do."

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From that day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.