## CATARRH COLDS BRONCHITIS

CURED WITHOUT DRUGS



It is really impossible to treat Catarrh, unless by inhaling the soothing germ-killing vapor of Catarrhozone. Its rich fragrant essences are breathed from the inhaler to every sore, diseased spot in the breathing organs. Not a single germ can escape the healing fumes of Catarrhozone which acts on the infected kinings of the nose and throat just as an ointment would act on a cut finger. You see Catarrhozone soothes, cleanses, heals. It cannot fails to reach and cure Catarrh: it's simply a wonder on weak throats, bronchial coughs, deafness, buzzing ears, and all other symptoms of Catarrhal

Get Catarrhozone to-day. Complete outfit costs \$1.00 and is sufficient for

three months' use. Small sizes 50c, all dealers or the Catarrhozone Co., Kingston, Ont., Canada.



CHEESEMAKING VERSUS BUTTERMAKING.

Milk from cows kept on poor land is deficient in fatty matter and is. therefore, better adapted for cheesemaking than for buttermaking. Again the more exercise an animal takes the greater will be the waste or breaking up of the tissue of the body. and as this is the source from which the curd in milk is derived, milk produced on land where herbage is scanty will contain a larger proportion of curd than milk produced on land whose herbage is abundant. Thus the milk of unduly exercised cows, in whatever manner the exercise is brought about, whether in search of food on poor land or in any other way, will likewise have a large proportion of casein in it and a small one of butterfat.

In the heated summer term during | tegrates a larger area of rock, which cows are tormented by flies, the evening's milk is always poorer in butterfat than the morning's milk, and on the same principle the bulk of cows fed in the barn is richer in fats than that of cows which roam at large in pastures. The composition of the milk may change in the composition of the food of the animal producing the milk. This is a principle fully established by the results of both experience and experiment. Within certain limits the milk can be made poor or rich by supplying poor and watery or rich food.

FOUNDATION MUST BE SOUND. It is a very serious mistake to breed mares that are unsound or have deformities. There should be straight legs, well placed under the body, good feet and deep roomy middle piece



**QUEEN'S** UNIVERSITY KINGSTON.

ONTARIO

ARTS Part of the Arts course may be covered by correspondence. MEDICINE **EDUCATION** APPLIED SCIENCE

Mining, Chemical, Civil. Mechanical and Electrical Engineering Summer school havigation school July and August. December to April

GEO. Y. CHOWN, Registrar.

Breeding worn-out and broken-down and her own body must be properly sustained. The diet should be oats, bran and shorts, clover, alfalfa and of nutrients in proor amounts to be desirable, especially as a single food. It is possible for the mare to go through the winter on straw, but it will be at the expense of the colt and her own body. No wonder so many

colts are lost every spring. Mares that are not working can be kept in fine condition and produce strong colts on a ration of two or three quarts of oats, or equal parts of bran and shorts, per day, together with 12 or 15 pounds of alfalfa or clover and timothy hay. Some straw may be fed with such a mixture of grain and hay, but if the grain is omitted only the best hay should be given. Alfalfa or clover should be mixed with the timothy, and only half or two-thirds of the amount they will consume should be allowed. It is equally as bad to feed too much hay as too little.

EXERCISE MUST BE PROVIDED. It is important that the mare have plenty of exercise either by work or in a pasture. If well fed and carefully worked up to the time the colts are born, mares will breed better and produce better colts. Severe pulling or strains of any kind, however, must be voided. There may be more injury pming from muddy pastures and Mares allowed to be idle winter are more spt to lose their costs when put to work in the spring than are those that have been steadily in harness. If they are idle all winter they must be very carefully handled when

put to work. It would not need very much strain under such conditions to cause the loss of the colt—less than the average teamster would suppose. According to the care given the stallion is the colt crop affected. Many stailions are destroyed for breeding purposes by indifferent care. They must be properly fed, groomed and worked every day from the close to the opening of the breeding season. This

strengthens the power of reproduction. The hay and grain ration mentioned for mares will also be suitable for the stallions, giving only enough to keep the body in good thrifty condition, by judicious feeding and plenty of exercise, avoid excess of fat. If given proper treatment, many so-called vicious stallions now penned up like wild beasts will change their natures and become docile. When working a stalion see that he has a collar that fits, and give only a little work at first, but gradually and carefully increase the amount of work until he becomes hardened, after which he will be able to do as much as any horse.

#### Hydraulic Cartridges.

It is often difficult and some imes dangerous to use ordinary explosives for mining and excavating in confined spaces, a fact that has led to the development of the hydraulic mining cartridge.

The cartridge consists of a steel cylinder containing numerous small pistons that move at right angles to the axis of the cylinder and expand when water is injected into them with a hand pump. After drilling a deep enough hole the workmen insert the cylinder and then set to work at the

The tiny pistons expand until their free extremities bear against the mass of rock with constantly increasing force and the rock is gradually fractured under tremendous pressure. The

Dr. Martels Female Pills For Womens Ailments



A scientifically prepared remedy of proven worth, recommended by physicians. Sold for mearly half century in Patented Tin Hinge Cover Box with Signature "Knickerbecker Remedy Co." scross side. Accept no other. At your Druggist or by Mail Direct from our Canadian Agents, Lyman Bres. & Cp. Ltd., Toronto, Can. upon receipt of price \$230.

operation, it is said, is not only cheap- brick for the building, which stands

#### For the Housewife.

If the pie filling is wet add a spoonful of flour-it will prevent lumping. Run the cocoanut through the meat chopper the next time you are having fresh cocoanut layer cake-it's easier than grating.

The fish that is split, seasoned and then fried is much better than the one that is fried whole.

Friend eggs form part of the menu in many households at this season of the year-if you put a pinch of flour in the grease in which the eggs are fried, it will prevent the fat from splattering. When you are putting white furs

away for the season remember that cornmeal cleans them very satisfac-

## A Chateau of Dark Memories

St. Germain-en-Laye, the scene of the peace negotiations with Austria, is described by a correspondent in the Manchester Guardian. We read:

"The decision of the French Government to house the Austrian delegates in the old Chateau of St. Germain-en-Laye pending the discussion of the terms of peace with Austria-Hungary shows discrimination as wel as an element of poetic justice. "Those who visited Paris in the

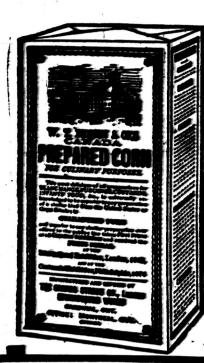
days before the war and made pilgrimage to the ring of small towns -Mariy, Maisons, Lapete, St. Germain and Versailles-hold memories of umbrageous avenues, royal forests. mares will produce inferior offspring, and lordly chateaus. In this district and, besides, they are uncertain as the splendor of the ancient regime breeders. A mare with foal is a heavy still exists. The pave dstreets of St. eater. The colt must be kept growing Germain, the noble houses of stone, jeweled with equisite windows and delicate balconies, curious lamps and richly decorated interiors, speak elotimothy hay. Straw is too bulky, and quently of the entertainment and debesides does not contain the right kind light of the eighteenth century aristocrat. Richmond and Hampton Court are the English equivalents of this aristocratic quarter St. Germain stands high above the Seinc.

"It is a rare jewel in a setting of old chestnut trees. Below, the spa rkling river describes an immense semicircle. Louveciennes, the former home of Mme, de Pompadour, is nearby, but the famous Pompe of Marly that disturbed her rest with its clanking chains has been replaced by a modern contrivance. As one walked through the streets making mental notes of architectural features, the importance of ood taste in building matters made a forcible impression on the mind. There was a cycle repair shop with a yloreated ceiling in the manner of Loius XV., and almost every building now devoted to business contains substantial evidence of

"If the streets and avenues are



# BENSON'S CORN STARCH



## Desserts—Rolls Sauces

BENSONS is pure prepared corn starch, delicate and nourishing, unexcelled for all cooking purposes.

It improves the texture of bread, biscuits and rolls if one-third of the flour is substituted with Benson's Corn Starch. It makes pie crusts light and flakey.

There is a recipe for the most delicious Blanc Mange on the package, together with a dozen other uses. Benson's is the best corn starch for making sauces and gravies smooth and creamy.

Write for booklet of recipes

charming, the aspect of the chateau earlier fortress. The steep pavilion of the British Empire has a million of is grim and forbidding. It is to some extent erminiscent of the Bastille, but the buttressed walls and giant articulations afforded relief



to the sombre mural treatment. As far back as the twelfth century St. Germain was a favorite summer residence of the kings of France; to-day it is an attractive resort for Parisians, and it is a congenial centre for nEglish residents. The chateau owes its origin to a fortress built on the ground by Louis le Gros between the years 1108-1137 to command the River Seine at this point. A distinctive feature of the assemblage of stone is the small Gothic chapel, which was completed in 1238 by Pierre de Montereau. The visitor to the present chapel is depressed by the dour expression of the architecture, which makes a striking contrast to the cheerful design of the other chateaus of the period. St. Germain as it stands to-day is a product of the passion of Francis I. for building.

"This versatile monarch celebrated here his nuptials with Claude, daughter of Louis XII. The arcticests who received instructions in all probability direct from the king, employed er than the ordinary blast but disin- to-day shorn of the speciaus gardens which Du Cerceau shows in the original drawing, now in the British Museum. Louis XIV. was born under the roof in 1638, and after the death of Anne of Austria returned hither no real affection for the place and constantly paid tribute to the merits of the old chateau at Versailles, finally resolving to employ Mansard to design and erect the grandiose palace. The exiled James II. found an asylum here after the revolution of 1688, and fro mthis year until his death in 1701 numerous plots and intrigues were

hatched favoring a second restora-"Finally we come to Napoleon I..



who converted the place into school for cavalry officers, and after his deposition it was used for a time as a militray prison. During the reign of the third Napoleon agitation was rife concerning the restoration of the old chateaus, with the consequence that Pierrefonds was rpaired by Viollet le Duc, and St. Germain underwent complete restoration on the lines of the original plans

Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all drugists, or sent prepaid on receipt of price. Free pamphlet. Address: Free pamphlet. Address:

between the years 1862-1908. Apart from the general character of heaviness, the architecture of the chateau ness, the architecture of the chateau has considerable merit. There are features recalling the fantasies of Chambord, combined with others of the character of heaviness, the architecture of the chateau features recalling the fantasies of Chambord, combined with others of the character of the chateau features recalling the fantasies of the character of heaving the property of the propert

reef of the period is conspicuous by its absence, balustrades, terraces and cupolas of graceful shape, combined with massive chimney-stacks, usurping the place of traditional features. To the Austrian delegates fresh from the fantastic lines of Viennese architecture, the place will be in

subtle meaning. "Two peace treaties were signed there—the treaty between Charles IX. and the Huguenots and the treaty between France and Brandenburg in

#### AN IRISH LEGEND.

When O'Donohue Drives His Horses In Killarney.

When the surface-of the Killarney lakes is ruffled by a gale into foamy whitecaps your boatman will tell you that O'Donohue is driving his horses hard this day.

If you ask him what he means by

## Exhibition Visitors, do not fail to

see our large stock of tires while in We have 30 x 31/2 tires at \$13.75, \$14.50, and \$16.00 and all other sizes at cut rate prices. Tubes \$1.65 and upwards. MODEL TIRE CO. 26 Dundas St. West, Toronto.

Five blocks North of Eaton's Store.

that he will tell you that many years ago, when Ireland was still ruled by Irish kings, a large and beautiful city stood in the place where the lakes to escape the uncongenial atmosphere are now. O'Donohue was the ruler and restrictions of Paris. He had of the region, of which this city was the capital, and his whole domain was blessed with a most exceptional prosperity. It was said that no one in those parts was ever sick or sad.

This remarkable presperity depended upon a simple thing. Just outside the gates of the city there was a sacred well which had to be covered every night else it would be angry. For many years this thing was faithfully done. But one night, when O'Donohue was away everyone in court went on a spree and the well remained uncovered.

No sooner had the sun set than the waters in the well began to rise. They reached the well-curb and poured out over the sleeping city which lay in a deep valley.

When O'Donohue returned to his capital he saw nothing but rippling blue waters. Lashing his team of white horses to a run he plunged into the lakes and perished.

The natives say that when the lakes are clear you may look down and see roofs and spires and that when the wind blows you may hear the muffled ringing of church bells, while every May day O'Donohue may be seen driving his white horses in a scud of foam and spray across the surface of the

## LESS KNOWN **COLONIES**

The British Empire is so vast in area and includes so many different territories that even the names of some of these are unknown to the average reader. These less known possessions are described in considerable detail in an issue of the Financier of a recent date. Do you know anything about Gambia? It is situated on the west coast of Africa, and has been held by Britain for a longer time than she has held Canada. It is 3,000 square miles in area, supports a population of 146,000, and exports nuts, hides, and palm kernels to the value of nearly five millions dollars. Sierra Leone, also on the west coast of the Dark Continent, has an area of 34,000 square miles, and a population of 1,400,000. The territory is well watered and fertile, and the exports amount to over six millions.

The Gold Coast was known to the ancients, having been no doubt visited by the Phoenicians. The Portuguese settled it in 1482. Then came the English and other Europeans, but the whole region fell to England in 1872. The area is 82,000 square miles, the population 1,500,000, and one half the world's cocoa is produced by its people. The trade of the colony is very remarkable, amounting to over \$50,-000,000. A splendid system of public

highways is being rapidly constructed. The largest British territory on the western coast of Africa is Nigeria. The use Murine often. Safe for Infantor Adult.

At all Druggists in Canada. Write for Free courtyard of irregular shape, in supports a population of ten millions;

Rve Rook. Marine Canada. W. S. A. come respects a legacy from the so that this somewhat obscure section at the next station.—

more people than the Dominion of being worked. Gold and other minerals are found Rhodesia is a vast territory of 440,-

000 square miles, situated in Central-Southern Africa, and was named after Cecil Rhodes, the founder of the colony. The southern half is well watered and splendidly fertile, while the northern half is more rugged but fitted for ranching and containing immense mineral deposits. It is also claimed that the land can grow tobacco equal or superior to the best Manila or Virginian product. The Manila or Virginian product. annual gold product is about fifteen millions in value. Such are some of the least known parts of the British Empire, territories capable of almost infinite development. One of the very important problems confronting the statesmen of the Empire in the future is the effective development of these great and wonderful territories. There is no plant in existence that does not grow and thrive within the bounds of this Empire of ours. There is no mineral found in the earth which is DOMINION EXPRESS MONEY ORDers are on sale in five thousand not found within its bounds. There offices throughout Canada. is no industry anywhere which cannot be duplicated under the Union Jack. What is needed is for the British investor to turn the golden tide of his investment from fereign channels and direct it towards the development of the lands beneath the flag.

All the "No Trespassing" signs in the world won't keep the wolf from





At least twice a week, economical and wise housekeepers serve "Clark's" Pork and Beans either with Tomato, Chili or Plain Sauce.

## W. CLARK, Limited

MONTREAL

Manufacturers of Clark's Pork and Beans and other good things.

## Music of Our Indians.

The music of our Indians is solely and simply vocal. It seems to be generally agreed by musical authorities that the Indians' songs have in them nothing borrowed from instruments, nothing of artificial instigation. An Indian melody never serves two sets of words. There is no instance, it appears, where the people have followed our custom of singing the different stanzas of a ballad to the same air.

A large proportion of Indian songs are entirely without words at all. syllables being employed to carry the in other countries, but it has appartones. Perhaps the most striking ently resisted all efforts at acclimixapeculiarity of Indian music is the lack of definite pitch, for there is no such thing as standard pitch among the musicians of the red men.

The nervous lady changed carriages

ISSUE NO. 35, 1919

#### PARMS FOR SALE

have description published in my new Catalogue. No expense whatever to you unless I effect a sale. J. D. Biggar, 26 Clyde Block, Hamilton, Ont.

FOR SALE — SHEEP AND HAY ranch 205 acres, 1,000,000 fine timber; house, barn, about five acres finest black soff, cultivated garden and hay; post office, church, school, telephone, 10-in. water-main, Canadian Northern Railway, saw mill, planing mill; most beautiful dimate in the world; radius 6 miles Victoria; fine acto roads; electric wires soon. Reason for selling, Dr. Barker, Happy Valley, Vancouver Island.

SUSQUEHANNA VALLEY FARMS -Dairy and grain; top prices for milk; modern buildings; state roads; estate property, must be sold; it will pay you to tell us what you want. We are not members of any farm agency. Wheeler & Mabey, Sidney, N. Y.

ACRES FOR SALE-31/2 MILES from Wolseley, Sask.; on main line C.P.R.; 62 miles east of Regina; good district: 1% miles from school; 456 acres under cultivation; pasture of about 100 under cultivation; pasture of about 100 acres; all fenced and cross-fenced; good stone house, also frame house for hired help; implement shed barn and additions and eight bins; excellent water supply; price \$40.00 per acre; \$5,000 cash, balance annual payments, with interest at 7 per cent,; possession in fall. M. G. Croome, Drawer E. Wolseley, Sask.

200 ACRES, FINE STOCK AND grain farm, in Township of Arthur Canada. The commerce totals about \$56,000,000, and the country has infinite agricultural possibilities, while its coalfields are very extensive and extremely valuable deposits of tin are being worked. Gold and other min-

ACRES IN THE TOWNSHIP OF Arthur, County of Wellington, Lot 17, Concession 7, all cleared and in good state of cultivation, new bank barn 55 x 66, log house, two good wells, one mile from Kenilworth, church, school, and good market. For particulars, apply to owner, Mrs. Lynch, 600 Crawford St., Toronto, Ont.

or SALE of ACRES, NORTH HALP lot 6, concession 8, Beverly, 5 miles east of Galt, good buildings, well fenced, weit watered in first class condition.

Beil phone, rural route, school, convenient. A. F. Allan, Galt, Ont., R.R. No. 6.

FARM FOR SALE-50 ACRES, NORfolk County; 11/2 miles from Simcoe; close to electric railway; soil sandy loam, all clear, natural drainage. Frame house, two barns, two good wells, spring creek runs through farm: will sell with or without stock, implements, and crops. This is a first class farm, in a splendid district. Dreher Bros., R. R. No. 4, Simcoe, Ont.

#### MISCELLANEOUS

FOR SALE-FIFTY SHARES ANZAC Gold Mines at sixty cents each. Hyland, 217 George street, Toronto.

FOR SALE THREE GASOLINE ENgines, 3-5-7 h.p., also drag saw and double unit milker. Will sell lot or separate; all new. P. O. Box 343, Montreal.

#### THE MARKET PLACE

AUTO OWNERS AND MECHANICS.

Don't lose your tools. Stamp your
name on every one and be insured
against loss and theft. We will make for you a stamp hand cut from tool steel; it will last a life time; send 30c for each letter of your name and 10c postage, if only your initials are required send 31. Crown Stamp & Die Works, Waterdown, Ontagio.

## HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dellars Company 21 home. Address, Halliday Company, 21 Jackson Street East, Hamilton, Ontario.

#### LIVE STOCK.

SAPPHIRE SWINE (BLUE HOGS)
actually biue in color. The blue
hogs are no longer an experiment. We
have bred them successfully for twelve
years before offering any for sale.
They mature quickly, grow very large They mature quickly, grow very large and the females are the most prolific breeders on earth. Write for information. Mention this paper. The Blue Hog Breeding Co., Wilmington, Mass.

#### PROPERTIES FOR SALE.

F OR SALE—FOR \$1,000 — COMFORT-able 5-roomed cottage comfortable frame stable, 18 x 22, and one acre of land, with garden and vegetables; situation and stables and stables and stables. ated in village of Seguin Falls. Also 200 acres of meadow and bush land. For particulars apply Angus A. McKinnon, Seguin Falls, Ont.

## BUSINESS CHANCES

TO LET-A BLACKSMITH SHOP AT Carluke; a good opening for a good tradesman; first class business stand. Apply J. B. Calder, R. R. No. 2, Glanford Station, Ont.

EDUCATIONAL

### PARK **Business** College

The school for best results. 72 James St. N., Hamilton, Ont.

Thorough courses Shorthand, Clericat, Bookkeeping and Secretariai. Excellent opportunities for Public Scho teachers and High School graduate for full particulars, rates, etc., send for free Circular "A." In estimating value, you must consider service, quality and price—not price alone. It is not so much what you pay; it is what you receive, that is vital to you. We give personal attention, inflyidual instruction, and prepare our students thoroughly for superior positions. Write us to-day. New students enrolled every Monday.

The best is the cheapest in the end. Park Business College A. J. Park F. W. Park

HAMILTON, ONT.

#### Venetian Gondolas.

It was not until the end of the seventeenth century that the Venetian gondela assumed its present simplicity and sombreness of color. A vain attempt has been made to introduce it

Wigg I don't see how that fellow Skinnum can be laughing all the time when he's so crooked. Wagg-Yes; he's so crooked he can't even keep a

Mr. Robert of the Mersey Board has die For about bought the S Lord Swansea Mr. John 1 prietor of the Molesey, a w hostelry, has A Tobacco I smokers willing down prices i Six brothe

through, the guests at a di or at Wycom ers are still o After 25 y as curate and Less, Lambet! field is resign For a gran pendale mah was paid at a George Hotel Finsbury e ing Lieut, Co appreciation 'A man w has a prior c

going to be n ry in refusin Lambeth Cou fund Princese Argyll) has Loan to the Kingston Hil Canon Pow tor of Kilteel prominent in years ago, ar of Parnell, D The nation Birkley, Coun chased by Si son & Co., o

castle, who

There has

manufacture

Scarborough had never k worse condi given is that with fish, wh ing the war. Mrs. Carol Selly Oak aged 102. The Rev. I Gray's Inn, Canon, Brito Supt. A. E. of the best Kent, has r While mad Littlehampto assistant sec weighing 3

Ten memb to a bank a and to the a each of then Certificates. Mrs. Harp ney, had no billeted on b and as man traced in E tained at a Mr. J., F. Crewe, who ter 50 years N. W. Railw the seven st tem who are top hat when The appeal maker, again the murder

Green was Criminal Al did it." We en from the After & wore eight ed with 80 in the prese people, he a the decoration Atherstone. Swanger £73,000 for 1915 estimat Of 1.100 O ed, 150 were and 84 the Henry Pe

est Gate. A pair let gloves, s Sotheby's. Nearly 6 ed, clothac Marine 3 Warspite Sir Haro pointed to gery in the in successi Mr Steph of Messns. one of the lers in the

ecuted at i

murder of

died at Sund Under spe Ear. Howe. Countees He from Conge: for reburial After \$3 Great North who has spe in the signa minus, mas Mr. Willi: House, Shef

73. was a m tion Commit years was lery trade. The Duke cently sold Scotland, h Knight, Fra auction in th 39 Portman Stibbingto rejected an cross from

ground that houses of t continually