St. Catharines, Ont Coaine from St. Catharines, Ontring and Ia, which is in perhaps the
struct and truck farming belt in
inces, naturally I was more
or lessentical of lands in any
Southern Setes, but after looking
any tracts in Florida, it reany tracts in Florida, it reany tracts in Florida, it reany tracts in Florida, it rethe any tracts in Florida, it rethe florida, it rethe any tracts in Florida, it rethe any tr er verification of this stateme and can honestly recommend not only your wonderful lands but the Association as a whole. The easy terms you offer makes it possible for practically any one to purchase and no one need hesitate about buying beone need hesitate about buying before they examine the lands as I know you will select only the best, and make a better selection than the purchaser would himself.

Wishing your Association much success I am

> Very truly yours, David Beaver.

#### PLORIDA LAND OWNERS' ASSOCIATION, INC. 7 Prospect St.

Crescent City, - Florida, U.S.A. WRITE FOR CATALOGUE.

#### SOUPS.

Some Pointers for the Housewife.

In making a soup of good stock it is wiser and cheaper to make enough to last two or three days. When thoroughly cooked, strain and set to cool, then remove the grease, pour on enough stock for one serving and set the rest away to keep cool.

Vegetables or any other edible garnish may then be added. Should any soup be left over strain and set aside to add to the next day's portion, but do not turn it in into the unused stock.

In making stock a quart of water is allowed usually to a pound of meat. To give body to thin soups add a little barley, rice, arrowroot, cornstarch. potato flour rubbed to a cream, with a bit of butter, gelatine or rice flour that has been worked free of lumps with a little water or stock.

If a soup made without tomate needs a little acid to flavor it add the juice of a lemon, orange or ripe grapefruit. Leeks, cucumbers, pounded celery seed, burnt vinegar and sweet herbs ultions for stock making. If one is the proud possessor of an herb garden, them all the flavorful herbs may be dried or preserved in spirits of wine for cooking use.

An odd Oriental fancy is to make a puree of beans so thick that it hardens when cold; then a clear soup is made and slices of the bean curd are put in each portion. It is delicate and very rich and nourishing. Still another idea from the Far East is to make tiny fritters, holding one boiled shrimp each, serving two or three in each places or soup. In Russia a favorite soup has sliced apples poached on top just before serving.

Minard's Liniment Cures Garget in

### TREASURE FROM SEA.

The sea is full of queer things and queer tricks. At Thorpness, for instance, recently, the sea revealed treasure that had been hidden for hundhundreds of coins—gold, siver and bronze-dating from early Saxon times. There were also antique fetch many pounds to their forinquest-which, by the way, is invarercwn property.

Shipden, on to the sands of Cromer ed from wave to wave quite out of conhundreds of gold nobles and silver trol, and in a short time they saw one disapopinted, as the majolica was not

most of which were bought p by antiquarians, who had immediately rushed up to Cromer on bearing

A boy was playing along the rocky coast of North Wales a short time ago, and trying to lift many of the loose rocks saw a sparkling object lying unl derneath one of them. On being fished up this proved to be a valuable gold ring. When inquiries were made it was found that it belonged to an old resident of the district, who had lost it in the sea more than thirty years ago when bathing.

About seventy miles off the coast of Southern California lies the Island of San Nicholas, a horrible spot, all sand and loose pumice stone. No one had landed there for years, and it was always believed that it was uninhabited and uninhabitable. Imagine therefore, the surprise of those who knew this wild and desolate spot to learn, seven or eight years ago, that one man had resided there for some years.

He had been steadily collecting the treasure cast up by the sea from the many wrecks along the coast. He, perhaps, had more reason to think the sea a valuable storehouse than most people, for when he returned to civilization he brought back with him in gold and silver, both coins and bars, upwards of \$180,000, all picked up on the beach. Moreover, he had a fine collection of antiques which brought of the gunners fall out of the boat and him a small fortune.—Philadelphia

#### Color of Pure Copper.

The work of a Swiss investigator suggests that absolutely pure copper may have light gray color like that of moist other metals, since it is found that other coppers which has been ten times distilled in vacuo has only a pale rose color, while the yellow color of gold becomes much lighter under similar treatments.

## If Sleeplessness Is Your Trouble Read This

Sleeplessness is a warning of forces at war within the body—all is not harmony—something needs correction. Nine times out of ten the body is loaded with the poisons of half eliminated and half-digested food. Brain found himself in a seemingly sinking and nerves are irritated, sleep is im-

duces the rapid results of Dr. Hamil-

They flush every impurity from the body, keep every organ working well, remove the evil effect of lost sleep, and set you up in a few days.

Try Dr. Hamilton's Pills to-day, see how much better you feel, see how much easier it is to face the day's Your blood is nourished, your nerves

eed with new vital now health is sent to every part of your It's because Dr. Hamilton's Pills make each organ do the work Nature

that it cures sleeplessness, languor, depression and nervousnness. Isn't there a reason why you should

use Dr. Hamilton's Pills? Sold in 25c boxes by all dealers.

#### Captain's Suicide After Sheoting at Crew.

Full of sad details, a tragedy of the sea came to light at Cardiff. It appears that the little French schooner Augusta, of St. Malo, left Swansea for Calais. The crew consisted of the master, Captain Genereaux Seigneur, about 30, married, and a native of Morthenereds of years. As the tide ebbed the sur-Girondel, the mate, second mate, sands were found to be littered with one A.B., and a boy, and two naval gunners attached to the gun which the little ship carried—seven all told. Shortly after passing the Mumbles they bronze ring and ornaments that will experienced bad weather, which contifued until they were well down tunate finders from collectors. At the Channel, but in a sorry plight, the sails having been torn to ribbons, one fably held on such treasure trove-it of the mests gone, and the schooner was decided that the find was not making no headway, leaking, and at the mercy of heavy seas. Signals of Everyone knows the story of how distress were sent up and the gun was King John's treasure was overwhelm- fired, but there was no sign of any ed in the Wash. Confirmation of approaching vessel to give assistance. this was given a few days ago when When the vessel was in this helpless a solid gold circlet was cast up by the state the ship's boat was lowered and sea at Wolfertan. Before Cromer boarded by the mate and the two gunbecame a pleasure holiday resort its ners. A big sea then tore the schooner place was taken by the old town of and boat apart and the latter drifted Shipden, which now lies beneath the away. Those left on board the waves. These waves brought from schooner watched the boat being toss-

BENSON'S CORN STARCH



Use Cuticura to Keep Your Hair From Falling How many times have barbers given

this advice to men who are losing their hair because of dandruff and scalp irritation. At night rub Cuticura Ointment into the scalp. Next morning shampoo with Cuticura Soap and hot water. A clean, healthy scalp means good hair. Caticura Soap 25c., Ointment 25 and 50c., Talcum 25c. plus Canadian duties. Sold georywhere. For sample each free address: Cuticusa, Dept. N. Baston, U. S. A."

sink immediately. Later the two survivors were rescued by the steamer Gunberk. A tug was sighted and came alongwide, the mate and gunner going aboard of her in order to make a search for the Augusta, and the Gunberg proceeding on her course. As the night was falling the Augusta was sighted and the tug made for her, but when they got within hailing distance the crew of the tug were astounded to see the captain gesticulating frantically and firing a revolver at them. It was a weird, unnerving position, and the tug had to keep away instead of rendering assistance because of the captain's strange conduct. They, however, kept the schooner in view throughout the night, and about 7.30 a. m. they approached again. This time the captain was not to be seen, and the mate and surviving gunner, together with some of the tug's crew, went aboard. An astonishing state of things met their gaze, and they were told a story of tragedy and horror. It seems that when the boat drifted away the captain became frantic because of the helpless position in which he ship. He must have lost is reason, for he got his automatic pistol and started No prescription ever formulated proof his crew, who had to seek shelter wherever they could from him. One

of the men was shot in the upper Mp. By a subterfuge the captain was eventually secured in his cabin, where he was barricaded in, all the timber and heavy articles to hand being piled up against the door and on top of the cabin to present his escape. It was wident that the captain had gone stark mad, for he kept firing bullets. After some time everything became quiet in the cabin, but no one dared to investigate what had happened there. The tug took the schooner is

tow to Cardiff. When the cabin was expects of it, because it ensures harentered a terrible spectacle presented mony, health and vigor to the system. itself. The unfortunate captain was found dead on the floor, with a French service rifle near him. It was evident that he had placed the barrel of the rifle under his chin and shot himself, the bullet coming out at the

top of the head. On the bed was found GRIM TALE OF SEA. the pistol, which was seen to have become clogged owing to a cartridge having stuck in the barrel. The whole

> Minard's Liniment Cures Colds, Etc. WHEN ROTHSCHILD PAID

covered with spent cartridges.

cabin was riddled with bullets and in

indescribable disorder, the floor being

HEAVILY.

Here is an illustration of the tricks in trade to which unscrupulous dealers in antiquities will resort to get large prices for their wares. two parties were Alessandro Castellani, a clever dealer, and Adolph Rothschild of Paris.

Castellani had a superb enamelled ewer, with the dish on which it stood. The Baron on arriving in Rome visited Castellani's shop and was shown the best things the dealer had except the enamelled dish and When everything else had been inspected Castellani drew from a hidden cupboard and dish, but not the ewer. The Baron was so pleased with the dish that he agreed to buy the lot of which it was a part. The Baron paid heavily, lamenting that

there was no ewer to stand on the dish, and departed for Florence. There he was visited by an agent would fit into the hollow of the dish. ed to sell several beautiful majolica pieces. He visited her house and was

fine enough. The old lady seeming-ly chagrined, left the room to order refreshments, and the Baron saw through the open door of a bedroom a ewer, covered by a glass shade, on which rested a wreath of immortelles. When the lady returned the Baron asked permission to examine the

ewer. It was brought out and the Baron saw that the enamel was of the same work as that of the dish he had bought. He wished however, to be certain that the foot of the ewer would fit into the hollaw of the dish. The Baron went back to his rooms had the fish unpacked and found that the foot of the ewer fitted perfectly. The next day the Baron sent the agent to offer the old lady a princely sum for the ewer. He brought back a refusal to selk Eut at last the widow's scruples were overcome. Castellani, with his Italian cunning, had planned the whole affair.

#### Vegetable Diet-

A well-balanced diet does not necessitate much meat. The leaf vegetables, like cabbage, spinach, celery, onions, etc., are now in their prime, and should be used as the basis of a number of appetizing dishes. Supplemented as they can be by a liberal allowance of milk, cereals and a limited number of eggs, the proper food salues are fully maintained.

Choiera infantum is one of the fatal atiments of childhood. It-is a trouble that comes on suddenly, capecially during the summer months, and unless pramps action is taken lit-tle one many sour be beyond aid." Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent all the dreaded summer complaints. They are an absolutely safe medicine being guaranteed by a government analyst to contain no opiates or narcotics or other harmful drugs. They cannot possibly do harm — they always do good. The Tablete are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams'

#### TOWN PLANNING.

Medicine Co., Brockville, Ont.

#### On Compulsory Basis Adopted by Britain.

Town planning in Great Britain has so far advanced beyond the experimental stage that it has now been decided to make it compulsory for every town, having 20,000 inhabitants or more, to submit a town planning scheme for its own area to the local Government Board not later than 1926. Such a scheme must embrace the limitation of possible densities per acre, define the portion of a site area to be covered with buildings, the haracter of the huildings, the lines o erterial reads and the provision of

The British people realize that haphazard growth of towns leads to serious evils, and they are determined to control it. In future, land will have to be developed so as best to serve the has no equal. I would not start on a interests of the community, which, in the long run, is usually in the interests of the landholders themseives. Only the land speculator is adversely affected. If the public wish to put that individual out of business they cannot do it more effectively than by actively promoting proper schemes of own planning. of shrines, temples, churches, halls,

In Canada, the Province of Nova and many other like buildings to the Scotia took the lead in making town planning compulsory in 1915. The large. only other Province which has a compulsory act is Saskatchewan. These from the adjustment of properties of the road and stamp or pinch out the abreast of the old country in town planning progress, though most of our provinces have enabling acts in force.

## No Time for That.

Kathryn came running to her mother, crying as though her heart would break. Between sobs she said that a dog had frightened her Her mother. trying to divert ner attention, said. "What kind of a tail did the dog have?" Kathryn sobbed, "Do you spose I stopped to look at his tail?" have?" Kathryn sobbed,

### "Cold in the Head"

is an acute attack of Nasal Catarrh. may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the All Druggists 75c. Testimonials free.

cure. F. J. Chency & Co., Toledo, Ohio.

### Woodpecker Nests On Sale.

It may cound like a joke to speak of he manufacture of woodpecker nests. but there is actually a factory in Maine that takes many orders for

The bird houses are constructed of nine blocke fifteen inches long and from five to six in diameter. The back of the block is equared to permit of the patent adjustment being properly attached to the tree or placed where the house is to be located, a canopy or postpone it."—Boston Globe. top piece to keep out the weather being made like a roof. A perfect nest is drilled by a reamer. Within three inches of the bottom a corkscrew indentation is made to the bird entrance, as the toes of the woodpeckeare in paire, two before and two b. hind, with sharp, strong claws, the whole structure of the foot making it adaptable for climbing.

The houses are cold to orchard owners, as the claim is made by the ornithologists that the woodpecker's feed consists chiefly of insects and their arvae which the birds get by digging into the bark and wood of trees. The woodpecker's tongue is an important instrument in obtaining this feed, as it can be extended far beyond the bill. its tip being horny and furnished with a barbed filament.

Minard's Liniment Cures Bistemper.



"THE HOUSE OF PLENTY" Walker House

# WOULD ABOLISH MONEY.

#### Japanese Prescription for Bringing in a Paradise of Peace.

We will make here a suggestion which furnishes us a method to prevent the appearance of the rich, and avert the consequent result of the difference between rich and poor. The suggestion consists of the entire disuse of the money over the world. in order to give the strengte for existence a check, to make way with the difference of rich and poor, and thus to promote peace and equality in the THE SAPE WAY TO SEND MONEY public life of mankind.

It is through the medium of the money that wealth is acumulated. and the accumulation entails the difference of rich and poor, with its resultant struggle for existence.

This state of things is most undesirable. The end of mankind is not to be proud of individual talent or ability, but to co-enjoy the peace in the world, just as in a family, and any cause which brings about any inequality in public life must be radically eliminated. It is for this reason that we dare to suggest the disuse of the money to prevent the difference of rich and poor.

What crafty fellow ever introduced the money for use in human life? Of of various valuables, such as gold, silver, jewels, etc., shall be implied in the disuse of the money and their ownership by individuals be prohibited. Such valuables retain their values only when they are used as a means of incquaiity, but will be nothing more than these pebbles on the road when equality is to be prevalent. They may have some value in giving us a good feeling on account of their elegance, then they may be used, under public ownership, for the decoration

#### Minard's Liniment Co., Limited. Gentlemen,-I have used MINARD'S

LINIMENT on my vessel and in my family for years, and for the every-day ills and accidents of life I consider it voyage without it, if it cost a dollar a

CAPT. F. R. DESJARDIN. Sche. Storke, St. Andre, Kamouraska.

common pleasure of the public at away. Most complicated troubles may arise after the enforcement of the disuse of

the money. With the proposed sug- them into brush, leaves or needles. gestien mines, railroads, ships, electric other properties essential to the common interest of a nation shall be transferred to the national ownership, around it. not to say of the nationalization of pensated for, as for the confiscation out quenching it with water and then: of money and several bonds, with a covering it with earth. kind of registration bends newly issued for the purpose, which should have ture makes its appearance in a new you need.

In other regards individuals may try to put it out. If you can't, get is an acute attack of Nasai Catarrn.
Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh Transaction shall be carried on by the exchange of kind in kind, or barter. But as barter is too inconvenient to be enforced, a ticket system may Blood on the Macous Surfaces of the be taken for the remedy of this defect. As has been stated our ideal All Druggists Sc. restimonials free.
\$100.00 for any case of Catarrh that
HALL'S CATARRH MEDICINE will not

the tickets chall be given cash a commit

Minard's Liniment Cures Diphtheria. the tickets shall be given each a certain period of time, say ten, twenty, thirty years or more, during which they can be in use, and after which their circulation ceases.

When this is accomplished, there can be no more complaints, no more dissatisfactions, no more contradictions, and no more misunderstandings, and the world will be reorganized into a paradise of peace.—Seifiro Bawashima in Dal Nippon.

"Why are you looking so sad, old chap?" "My wife leaves for the shore to-morrow. If I look happy she may convenience of the housekeeper who

advantage of our prices.

#### ISSUE NO. 31. 1919 HELP WANTED-FEMALE

WANTED LADY FUR SEWER CON-ey fur. Reid Bros. Bothwell, Ont.

#### PROPERTIES FOR SALE.

ACRES OF APPLE ORCHARD OM a 70-time farm, young bearing trees; sciect varieties; situated on the beautiful Bay of Quinte, Prince Edward County. The finest apple belt in the province. Write for particulars, photosetc. Address Box 267, Picton, Ont.

#### FARMS FOR SALE

63 ACRES - ADJOINING ONTARIO Agricultural College, Guelph; clay loam; bank barn, 2 sites, 2 dwellings, other buildings; one hundred and twentysame district; excellent soil, all under cultivation, except twenty acres hard-wood; bank barn seventy by ninety; hog pens, sneep pens; nine-roomed dwelling; seventy per acre. R. L. McKinnon, Box 99, Guelph.

ARGE NUMBER IMPROVED FARMS for about half cost of improvements, \$500 and up; grows in abundance all kinds of vegetables; auto roads, flowing wells, schools, churches, fish, game; have farmed here 31 years; never had crop failure. J. Locking, Emo, Ont., Rains River Valley. River Valley.

K ARM FOR SALE, 370 ACRES. HALF rame barn, 40 x 56. Good stabling, good house, farm implements. Morses, cattle, close to Post Office, school, 800 maple trees for syrup. Sell separate, (also Ford our ) car.) Possession any time. Apply to lohn Smith, McMurrick P.O., Parry

#### MISCELLANEOUS

by mail is by Dominion ...

AUTO OWNERS AND MECHANICS. Don't lose your tools. Stamp your name on every one and be insured against loss and theft; We will make for you a Stamp hand cut from tool steel, it will last a life time; send 300 for each letter of your name and 10c postage only your initials are required send \$1.00. Crown Stamp & Die Works, Waterdown, Ontario.

WANTED - LIMITED NUMBER OF prime rabbit skins, cased, stretched, salted and air dried. Reld Bros., Both-

FOR SALE - SHEEP AND HAT ranch, 205 acres, 1,000,000 fine timber; house, barn, about five acres finest black soil, cultivated garden and hay; sost office, church, school, telephone, 10-lm, water-main, Canadian Northern Railway, saw mill, planing mill; most beautiful climate in the world: radius 6 miles Victoria: fine auto roads; electric wires soon. Reason for selling, Dr. Barker, Happy Valley, Vancouver Island.

250 ACRES-HURON COUNTY-BEST of land; excellent water; good buildings; price right; near good markets, school; churches, store, Box 164. Swafforth.

#### HOME BUILDERS

Write for Free Beck of House Plane. and information telling how to save from two to four hundred dollars on your new Address, Halliday Company, 21

#### FOR SALE OR EXCHANGE.

OUSE WITH EVERY CONVENience in village of Grimsby. Steam heated, car stops at door. Would con-sider exchange for same or smaller place perween Stoney Creek and Brantford.
Apply, Box 196. Grimsby. Ont.

### PREVENT FIRES.

# Pollow Them Rules and Help the

1. Matches Be sure your match is aut. Pinch it before you throw in

8. Tobacco-Throw pipe ashes and fire before leaving them. Don't throw

3. Making camp — Build a small and gas plants, waterworks and many campfire. Build it in the open, not against a tree or log or near brush. Scrape away the trash from all.

Leaving Camp.—Never leave land, and they shall be equally com- campfire, even for a short time, with-5. Bonfires-Never build bonfires in

the characteristic of temporary transi- slightest danger of their escaping from windy weather or where there is the tional means until an improved fea- control. Don't make them larger than 6. Fighting Fires-If you find a fire.

word of it to the nearest forest ranger at once. The above rules for the prevention

of fires, prepared by the United States Forest Service, are equally applicable to Canada. Their observance would go far towards lessening the tremendous toll taken each year by

Farmhouses Modernized

As farmhouses become adapted to the taste of the women who are, in so many cases, taking over their management, it is found that many of the old institutions of the farmhouse the parior, the many small rooms, the dark halls—are disappearing. Partitions are torn out to make spacious living rooms; porches are added, and everything is arranged for the utmost is also tender of the ffelds. -Exchange.

# Send Your Cream

Best Market in Canada We supply cans and pay express. Write for cans now. Don't let your biggest month go by without taking

Representatives wanted in every locality; write us. H.N.CARR & CO., Ltd. 193 King St. East

Hamilton, Ont

Wilson Wil

mise ( Little Natio

A Washington yielding attitud tions to the 7 taken by Presid to-day with f ators at the Wh sident s nrm po of his callers, spread about th hast few days might accept m would embrace attack in the Se

The four cal Page of Vermon Dakota, McLean Newberry of cate reservations. Article X., relat territorial integr trine, American eration and unco of the United Sta of Nations upon the League Coun-Senators Page upon the Presidcompromise betw who want reserv

ministration Sens treaty in its entir dent indicated th tempt. Mr. Wi said, expressed t reservations mig Great Britain, Fr pan, the smaller r had to be conside minor nations, h ing, undoubtedly servations that the obligation of remain solidly in port of provision: welfare. The treaty has much to protect

as the greater o said to have decl **feel** obliged to r tions that he feb to by them. President Wilso by the Senators stated that he wo promise with the Me wanted the tre League of Shantung award t

The President did

callers to change

eald, the executi

asking any of the pected to vote. Pills for Nervo stomach is the cer system, and when pends healthy ac manifest in distur nerves. If allowe ous debility a da is to restore the action, and there is for this than Par Pills. Thousands ca of these pills in o

Clemenceau ( Confidence i

**Though Opp**on

Over

Deputies gave a vot the Cabinet of M. C ternoon by a vote of M. Clemenceau's jubilant over the vot saying that it spelled Cabinet, as at presen Premier Clemences

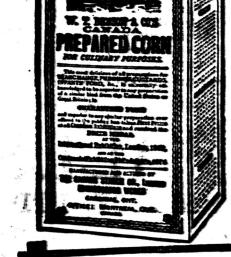
Chamber, said: "T mish. The real bat The Premier was parted, many offi him, and shouting " and "Long live the i Annoyed during to peated interviews ists, in which Jean enne were conspicuoi himself ascended the tense silence, the o slowly up the steps saluted the right and ered at the extreme le battle was gleaming eye, as he said, in a

colleagues from the le nent man is not nece of the French academ The House laughed. Strolling up a bune, the Premier he and then continued: YYou wanted me to have made war. Yo make peace. It is peace than it is to ma question of confidence d all that France co

blame me for not ha

Premier Clemencea wote of confidence, of Boon in the Chamber

**statement** by De Fournier, who discusse policies of the Gaverni M. Clemenceau and a Chamber was crowded. M. Francois-Fournie debate, recalled the me



# Desserts—Rolls Sauces

BENSONS is pure prepared corn starch, delicate and nourishing, unexcelled for all cooking purposes.

It improves the texture of bread, biscuits and rolls if one-third of the flour is substituted with Benson's Corn Starch. It makes pie crusts light and flakey.

There is a recipe for the most delicious Blanc Mange

on the package, together with a dozen other uses.

Benson's is the best corn starch for making sauces and gravies smooth and creamy. Write for booklet of recipes