VERYTHING that you could Lask for, in easy riding, extra mileage, stannch wear and freedom from ordinary tire oubles, you will find in Dominion Bicycle Tires. They are



ELECTRIC LIGHT.

Expert.
In the year 1800, Volta, a famous Italian physicist, discovered that if a plate of copper and one of zinc were placed in weak sulphuric acid. connected by a wire above the seld, there was transmitted along the wire a certain amount of energy, which transmission we speak of as a current of electricity, comparing it to a current of water. As it requires pressure or head to make water flow. so it requires electric pressure to make electricity flow. The pressure of the simple cell described above is called a voit, in honor of its dis-

LL-KLENZ SOLUTELY REMOVES GALLSTONES in and diges of Appendicity, caused by gallaton the what you have tried without results, if you are not raind, with the GUARANTEE, and PROOF

coverer. A dynamo generating 32 volts would have a pressure equal to that of 32 simple cells.

Electric energy passing through line wires will heat them white bot, sence electricity may be used for Current for this purpose usually has a pressure of 110 volts, when supplied by light and power companies, but private plants usually generate only about 32 volts. All current generated by dynamos is alternating when made, i.e., it flows in one direction for half a revolution of the dynamo and then in the opposite direction during the other half, but by fitting the dynamo with a commutator (which means changer) these waves of current may all

ak'n Cetten Rost-Compound.



A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 2, \$5 per box. fold by all drugists, or acat prepaid on receipt of price. Free pamphict. Address: THE COCK MEDICINE CO. 10, OHE. (Fermerly Mindoor.)

be sent in the same direction along the distribution lines. It is then called direct current or D. C. Now alternating current, or A. C.,

may be used for lighting, just as well as D. C. If the alternations are very rapid the light is perfectly steady, but if two slow the lights will fluctuate in brightness, and the light is hard on the eyes. Many light and power companies supply A. C.

However, A. C. cannot be used to charge storage cells and hence private plants which usually have storage batteries must be of the D. C. variety. This is also true of lighting systems for automobiles.

One-horse power will run 30 ordinary tungsten lamps, each giving from 23 to 24 candle-power, while if they are nitrogen filled each lamp will give about 45 c.p., hence it would take only about half as many to give the same light as before. As the ordinary farm probably would not re-

Minard's Liniment Co., Ltd.

Gents.-I have used your. Minard's Linint in my family and also in my es for years and consider it the Yours truly.

ALFRED ROCHAY. Proprietor Roxton Pond Hotel and Livery

mire more than, say, four lights on an average of two hours per day, taking the whole year round, it is easily on that the amount of power remired is very small. The outlay for firing the buildings varies a great seal with circumstances, but probably

\$100 would be a fair average. Where one is too far from the distribution lines of any existing power plant he may install a small plant of his own. The original cost these will run from \$300 to \$500, lepending on size and type, and the at on this amount would be the largest part of the cost of light plant being only a few cents per day.

B. Graham, B. S. A., O. A. Colplaying school at home is a good plan; or taking up other daffatte. he the farm, the cost of running the

PERSON PROPER ONION SAUCE

Boil two onions until tender, pres through a sieve; and one-half teaspoonful each of sugar and sait, and a dash of pepper; melt one tablespoonfut of butter, add one tablespoonful of flour, stir smooth, add one-balf cupful each of milk and cream, and stir constantly until it botis smooth; add the prepared onton pulp, stir thoroughly and heat, but do not boil; remove from stove, stir in two teaspoonfuls of lemon juice and serve. Especially toothsome with broiled chops, steak or chicken. PRUNE ROLY-POLY

After scaking the prunes, stew them in as little water as possible; mash tuem and take out the stones; half a pound will make an ordinary-sized roll. Add sugar to taste, and when the fruit is sweetened make a nice suct crust; spread on it the Truit mixture; wet the edges, roll up quickly, press the edges together to prevent the fruit from squeezing out, tie in a cloth and boil for an hour and a half. This is a favorite pudding with children. LIVER LOAF.

Cut a caif's liver in thia slices, cover with boiling salted water, cook for five minutes, then drain and put through the chopper. Soak one-half of a cupful of fine dry crumbs in cold water for a moment, then squeeze dry. Add them to the liver with one teaspoonful of onion juice, one scant teaspoonful of salt, one teaspoonful of lemon juice, one teaspoonful of mixed herbs and two well-beaten eggs. Turn into a loaf pan lined with thin slices of fat salt pork and steam, for two hours. Serve with tomato sauce.

ORANGE BISCUIT. Beat six eggs and twelve ounces of powdered sugar to a cream and then gradually add four ounces of pastry The Principles Explained by an flour, sifted, and the juice and best of one orange. Beat thoroughly and



tiny wafers spread very thin on buttered sheets. Have the oven moderately heated and bake a delicate color. GIBLET CANAPES.

Use giblets from a chicken intended for dinner. Boil until tender with three slices from an ordinary-sized onion, and salt for a season. When cold, mash to pulp or run through a nutgrinder. Mash or grind one dozen English wainuts or one-half cup of shelled peanuts. Mix thoroughly with ground giblets, adding lemon juice to taste. Spread on toasted bread. These make delicate sandwiches for com-

Minard's Lintment Lumberman's Friend.

She Was a Poor Picker.

"Shame has driven many a man into the ranks," declared Lord Northcliffe, "and in this regard we have to thank the women of the nation for turning many a would-be slacker into an excellent soldier. Sometimes, however, they are overzealous or make fistakes. A case of this sort happened recently on a London bus.

A young man offered a lady his seat. Imagine his surprise when she drew herself up haughtily and exelaimed: "I don't accept favors from slackers."

But he was not taken shack. stead he regarded the lady critically, and then replied:

NO USE THEN. Old Sage—Health is wealth all right. Pessimist—Yes, but you can't get any-thing for it from a pawnbroker.

KITCHEN LOGIC. "Please, mum, there ain't no coal left in the cellar."
"Why on earth didn't you tell me be-"Because there was some then."-The

Keep Minard's Liniment in the house ALL TIRED OUT.

"Money is circulating very fast," remarked the economist. marked the economist.

"Yes," replied the ordinary person.

"by the time a dollar bill gets around to me it is so tired it can't do anything like the work it used to."—Washington



THE WALKER HOUSE

CHILD ENERGY

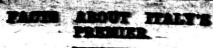
And the Way to Direct It in Right Channels.

The healthy normal child is full of vital energy-indeed it is more than full, it is pressed down and running over! There is just a certain amount of steam that must be let off, somehow, and if it is not let off in the right

way it is sure to be let off in the wrong WAY. The point is, of course, to find the right channel and direct the energy there before the wrong channel is discovered or thought of.

All forms of mischief, not to mention contrarines; and violence, are really the result of this misguided

epergy. The affect is often noticeable when relidays from school have become long and drawn-out and so lost their novel-ty. A child's mentality used to exer-





tasks such as small chores around the house, or amusing but absorbing occupations, as coloring pictures, sewing for dolly or absorbing handcraft work. To let off steam it seems best to choose the amusements that achieve something, so that at the end of one's concentrated efforts something (be it only a smudge of many colors) is really created. Besides, something accomplished is a decided encouragement for future absorption.

Such creative attempts are sure to leave even a boisterous child gentle as lamb and well contented with life. The vital energy has been directed into a desirable channel and now these is not enough left to spill over into mischief, contrariness or violence.

Outdoor romping, too, is one of the best, probably the very best, in its place, of ways and means for disposing of that vital spark, a child's superfluous energy.

Ask for Minard's and take no other. THEIR OWN DOPE.

"The Germans complain that it is "They shouldn't object to that.

# THANKFUL MOTHERS

Thousands of mothers throughout Canada—many of them your neighbors -speak with thankfulness concerning the use of Baby's Own Tablets. Once they have used the Tablets for their little ones they would use nothing else. The Tablets are an absolutely safe medicine for even the youngest baby, being guaranteed by a but Mr. Orlando was the leader of government analyst to contain neither opiates nor narcotics or other harmful drugs. Concerning them . Mrs. David McRobb, Divide, Sask., says:-'I have used Baby's Own Tablets and have found them so satisfactory I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville,

Historic Old Lusitania.

Among the historical mementoes in old Lusitania, which is an ancient name of the western part of Hispania, including a part of modern Portugal. stands off the Rue De Can Roque. It is an ancient church ruin which is the former Carmo Cathedral, a conspicuous object high above the Baixo. The outer walls and piers and arches of the naves still remain. The chancel and chapels retain their roofs, and in the precincts an archaeological museum has been established. Here many relics from ruined ecclesiastical buildings have found a refuge, among others two stone fountains in the Arabic style: one from the extinct monastery of Penha Longa, on the serra of Cintra. The other was brought from Barbary after the conquest, in 1462, and given to Prince Henry the Navigator, who presented it to the Faro church as a holy water receptacle. There it had been lying neglected for years in the cemetery.—Exchange.

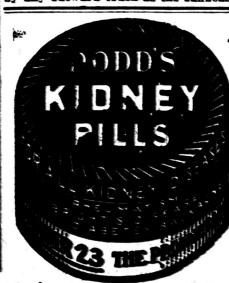
## An Expert.

The minister in a small country town was noted for his begging propensities and for his ability to extract generous offerings from the closefisted congregation, watch was made up mostly of farmers. One day the young sen of one of the members accidentally swallowed a ten-cent piece, much to the excitement of the rest of the family. Every means of dislodging the coin had failed and the frightened parents were about to give up in despair when a bright thought struck the little daughter, who exclaimed: "Oh, mamma, I know how you can get it. Send for the minister: he'll

get it out of him!"-Exchange. Poets are born, not made; so don't be too hard on them. It really isn't

their fault. You never can tell. Burning kisses have prepared many a man for a

Minard's Liniment used by Physicians Truth is an impossible to be soiled by any outward touch as the sunbeam.



PROUT MALLE

Nictor Emmanuel Orlando is reded as the strongest exponent of diberalism in Italy by many of his countrymen, said one of them. He is a man of the people and has arrived at his position of eminence through sheer facos of character and ability. Whatever may happen through politiral change or circumstance, Mr. Orlando will remain a force in the public life of Italy, because he is fearless, and progressive and has the con-

of Rome, and who has the enthusiasm and reverence of all who have stood in his relation to the Premier of Italy has been in the United States on a mission from his government. "To understand Mr. Orlando you must know something of his life, the way in which he has come to the position he now occupies," Mr. Vettetti said to a representative of The Christian Science Moniter. "He is a Sicilian by birth, and was born in 1860 when Garibaldi was entering Palermo, so they gave him the name of Victor Emmanuet. He was a good student, and, although of a peasant family, he acquired a fine education, making a specialty of Italian law, especially the Constitution of the state. He began to write on subjects connected with this department of the law when he was very young, and was soon regarded as one of the most interesting and

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Send in your repairs, I guarantee The Medet Tire & Vulcanizing Co.

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most important writers on the sub-

jects. "Two of his books became, and have remained, standards, one on the constitutional rights of the state, and the other on the administrative rights. The information in these books is presented in the most interesting manner. . Mr. Orlando has been professor of constitutional law in the University of Rome for many years. He began his political career by being elected to the Chamber of Deputies. Here he soon gave eridence of his ability, and became, successively, Minister of Public Instruction, Secretary of Justice, Sec-

retary of the Interior, and Premier. "When the war broke out, he was Secretary of Justice in the Cabinet of Salandra, and he was one of the first to express himself as being in ever of Italy entering the war on the side of the Allies. Italy was in the position of not being obliged to fight, great Liberal body who clearly and promptly saw wherein lay the duty of Italy. With the downfall of Salandra Mr .Orlando was appointed Secretary of the Interior, and was soon facing the diffeiult days following Italian defeat. It was recognized that

TAKING ANOTHER CHANGE. Higgs Geing to work the garden this

year, old man?

Diggs Best I can say is that I'm going to try to work it. It worked me last summer to the extent of 50 bucks.

Dr. Martels Female Pills



ientifically prepared semedy of prowath, recommended by physicians. Sold for smarty half century in Patentad Tin Hinge Cover Box with Signature "Knickerbocker Remedy Co." acres side. Accept no other. At your Druggist or by Mail Direct from our Canadian Agenta, Lyman Bros. & Co. Ltd., Toronto, Can., upon reseipt of price \$2.00.

## Flanders.

The Fiemish form of the name Flanders is Vlaenedren, and the word means the country of the Flemish. The Flanders of the Middle Ages was a self-governing countship, that is a

**Management** How to Purify the Blood

"Fifteen to thirty drops of extract of Roots, commonly called **Helter Stiget's Carathe** Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, consti-pation and bad blood. Persistence in this treatment will effect a cure in nearly every case."
Get the genuine at druggists. idecocamenta

country whose ruler was a count, but being included in Belgium and two previnces in the western part of the latter country are known as East and West Flanders, the latter fronting on the North Sea. Practically all the county ythat formed the Flanders of the Middle Ages is low and level: hence it was commonly called the Low Country, pYres and the British lines out to the North Sea and south for a considerable distance into Northern France are in a country that formed part of old Flanders.

What is defeat? Nothing but education. Nothing but the first step to something better.—Wendell Phillips. A peace too eagerly sought is not always the sooner obtained.—Burke.

Persia in the days when Omer Khayyam was making vain attempts to sell his verses to the magazines, one day bought an indestruction verse the magic fully fashioned by a potter of magic at powers, for his reyal paince. Rhages.

Along came the Tartars, acting like Prussians, and destrowed Rhagas making the royal palace look like the Cloth Hall at Ypres. That was in 1221.

The jar of Enon-Sherouan the Just has just been added to the collection of Macdermid Parish-Watson, New York art collector, after existing only in legend and tradition for nearly seven centuries. Two pieces of it were found on the site of the reyal palace of Rhagas in 1910, and since then other fragments have been uncovered from time to time and the last piece was picked up in 1914. The vase is said to have a value of \$85,000 to \$100,000.

#### CAUSED WORDS.

"The police say that you and your wife had some words," said the magistrate."

"I had some," replied the prisoner. London Opinion.

STAPLE INN.

#### A Picturesque Spot in Historic England.

Staple Ihn was an Inn of Chancery when Henry V. won the battle of agincourt. It was the most popular of the inns among law students in Elizabeth's reign and in the eighteenth century it is said to have given hospitality to Dr. Johnson at the time when "Oddity" left Gough Square. The history of the inn is therefore both ancient and honorable, and its interest becomes unquestionable to at least half the globe's inhabitants, when its association with some of Charles Dickens' characters is recalled. Dickens spent more than a year as clerk in an attorney's office in Gray's Inn and he probably knew the law quarter of London better, if possible, than any other part of the city. Thus it is that the name of Staple Inn is known to countless who have never seen the old black and white houses, or the door in the corner under the plane tree which led to Mr. Grewgious' chambers.

Staple Inn has altered for the better since Mr. Snagsby of "Bleak House" lived in Took's Court, hard by. Being both of a "meditative and poetical" disposition he leved to walk in the inn "in summer time and to observe how countrified the sparrows and the leaves" were. He would certainly have appreciated the little water garden which, since his day, has brought a freshness and charm to the reserve and age of the dark buildings. Except for the right of way which brings a few hurried passersby, Staple Ina seems deserted but for the twittering cheery sparrows and their sooty brothers, the London pigeons. On the seat at the foot of the plane tree Mr. Snagsby may be imagined to be sitting, holding forth to the two 'prentices on how he had heard say that a brook 'as clear as crystal' once ran right down the middle of Holborn, when Turnstile really was a turnstile leading slap into the mea-

Except that the happy event of the little water garden must make it easier for the sparrows to play at country, Staple Inn remains as Dickens described it in his inimitable fashion in "The Mystery of "Edwin Drood": "Behind the most ancient part of Holborn, London, where certain gabled houses some centuries of age still stand looking on the public way, as if disconsolately looking for the Old Bourne that has long run dry, is a little nock composed of two irregular quadrangles, called Staple Inn. It is one of those nooks, the turning into which out of the clashing streets impairs to the relieved pedestrian the sensation of having put cotton in his ears, and velvet soles on his boots. It is one of those nooks where a few smoky sparrows twitter in smoky trees, as though they called to each other, 'Let us play at country,; and where a few feet of garden mold and a few vards of gravel enable them to do that refreshing violence to their tiny understandings. Moreover, it is one of those nooks which are legal nooks: and it contains a little hall, with a little lantern on its roof; to what obstructive purposes devoted and at whose expense, this history Mr. Grewgious occuknoweth not." pied a set of chambers in a corner house in the little inner quadrangle. presenting in black and white over its ugly portal the mysterious inscrip-

1747

In which set of chambers, never having troubled his head about the inscription, unless to bethink himself at odd times on glancing up at it. that haply it might mean Perhaps John Thomas, of Perhaps Joe Tyler, sat Mr. Grewgious writing by the fire."-London correspondent of The Christian Science Monitor.

## CAKES WITH FEW EGGS

An eggless apple sauce sake is made at times it was under the suzerainty of with a half cupful shortening, one cup-France, and sometimes under that of ful sugar, one cupful apple sause, two the empire which then included the cupfuls flour, four teaspoonful's bak-German states. The Flanders of the ing powder, one teaspoonful nutmeg, Middle Ages is to-day divided between one teaspoonful cinnamon, one tea-France and Belgium, the greater part spoonful cloves and a half cupful seeded raisins.

SAND TARTS.

To make one egg sand tarts take 1-2 cup shortening, one cup sugar, one egg, one tablecpoonful water, two cups flour, two teespoonfuls baking powder and a quarter cup almonds. Cream shotening, add sugar, beaten

egg and water. Sift flour and baking powder together and add to first mixture until stiff enough to roll out on board. Roll very thin, cut into squares, sprinkle with granulated sugar and cinnamon, place two or three blanched almonds on each tart and bake in hot even six to ten minutes. HONEY DROP CAKES.

For honey drop cakes take 1-2 cup

ISSUE NO. 25, 1919

HELP WANTED FEMALE

GIRLS AND WOMEN AS WEAVERS Windows, etc. Apprentices paid while instraine, and every assistance gives in teaching beginners this work. Only short experience required to develop efficient works. Pleasant work astisfactory remuneration. For full particulars average stitutes for Result dars apply Stingsby Mfg. Co., Brant

PELIABLE WOMAN FOR SANITORhim one willing to assist with the care of patients. Sanitorium for Conumptives, St. Catharines, Ont.

#### ERLP WANTED-MALE.

SUPERINTENDENT FOR WOOLLEN Mill, for night work. Must thoroughly understand Carding and Spinning, and be a good manager of help. Good position to right man. Apply, stating age and full details of experience, to Slingsby Mfg., Co., Brantford, Ont.

WANTED - BOSS WEAVER. Crompton and Knowies Looms, on heavy work, first class opening to Fight man. Apply, stating age and full details of experience, to P. O. Box, 65, Hamilton.

#### MISCRLLANEOUS

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DOMINION EXPRESS MONEY OR-ders are on sale in five thousand offices throughout Canada.

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But tose your tools. Stamp your name be every one and he insured against loss and theft; We will make for you a Stamp hand cut from tool steel, it will last a life-time; send 20e for each letter of your name and 10e postage, if only your initials are required, send \$1.00. Crown Stamp & Die Werks. Waterdown, Ontaria.

#### NURSING.

NURSING MURSES EARN 25 TO 22 a week. Learn without leaving Send for free bookiet. Royalers of Science Dept. 124. Toronto home. Send for free booklet. College of Science, Dept. 124. Canada.

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CAWMILL TO RENT-WATER POWer—the last owner cleared over \$5,000 a year; only about \$4,000 or \$5,000 capital required to operate L E Weldon. solicitor, etc., Lindsay,

BRICK FLOUR MILL FOR SALE IN Sebringville; about ninety barrels; steam; universal bolters; Hydro obtainable passing mill. John Beck, Sebring-

#### PARMS POR SALE 200 ACRES PETERBORO' COUNTY.

comfortable house, log barn; 123 acres cleared, balance pasture and timber; some crop new in; all for \$800. Write or phone C. P. Deherty, Kinmount, Ont. FOR SALE

### OR SALE SECOND HAND WATERloo threshing outfit. Address Ezra Pritchard, Meaford, Ont.

ROME BUILDERS Writer for Free Book of House Plana, and information telling how to save from two to four hundred dollars on your new home. Address, Halliday Company, 21 Jackson West, Hamilton, Ont.

shortening, 1-2 cup sugar, one cup honey, one egg, one tablespoon lemon juice, three cups flour and four tea-

spoons baking powder: Cream shortening and add sugar clowly; add honey, beaten egg yolk and lemon juice. Mix well and add flour which has been shifted with baking powder. Fold in the beaten white of egg. Bake in greased individual tins in moderate oven 25 to 30 min-

JELLY ROLL

utes.

One egg jelly roll requires one cup sugar, 1 1-2 cups flour, 3 teaspoons baking powder, 1 egg and 6 table?

spoons hot water. Mix and sift dry ingredients; stir in well-beaten egg; add hot water, beat until smooth; pour into large wellgreased pan. Butter should not be more than one-quarter inch thick for cakes to roll nicely. Bake in shop oven. Turn out on sheet of brown paper. well dusted with powdeerd sugar. Beat jelly with fork and spread on cake. With sharp knife trim off all crusty edges and roll up while still warm by lifting one side of the paper. To keep the roll perfectly round, roll up in

cloth until cool. CORNBREAD WITH FISH.

It is an old idea in the South that cornbread eaten with fish will do away with all danger of a fish bone in the turoat. So cornoread is always served with fish, fresh or salt. Whether this notion is correct, combread is undeniably good with fish, and to the South-erner ther are as natural mates as biscuit and fried chicken.

When a man gets to the front it never occurs to him that he might stoop a little and give the rest of us a look.

## EDDYS **Paper Specialties**

THE makers of Matches are also makers of a long line of Paper Specialties. It is likely that you are using some of these products every day - perhaps without knowing it.

The next time you buy TOILET PAPER PAPER TOWELING or PAPER SERVIETTES look for Eddy's name. It is your best guarantee of satisfaction and the besi possible value for your money. Our experience of more than 60 years in business is your safeguard

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