

# DOMINION Bicycle Tires

**WILL SERVE YOU WELL**  
**EVERYTHING that you could ask for, in easy riding, extra mileage, staunch wear and freedom from ordinary tire troubles, you will find in Dominion Bicycle Tires. They are**



Be sure to ask your dealer for **DOMINION TIRES** that have proved their high quality and durability under every road condition.

Sold by the Leading Dealers

**ELBOTRIC LIGHT.**

The Principles Explained by an Expert.

In the year 1800, Volta, a famous Italian physicist, discovered that if a plate of copper and one of zinc were placed in weak sulphuric acid, and connected by a wire above the acid, there was transmitted along the wire a certain amount of energy, which transmission we speak of as a current of electricity, comparing it to a current of water. As it requires pressure or head to make water flow, so it requires electric pressure to make electricity flow. The pressure of the simple cell described above is called a volt, in honor of its discoverer.

## GALL-KLENZ

**ABSOLUTELY REMOVES GALLSTONES**  
 WITHOUT OPERATION. Gallstones, kidney stones, bladder stones, etc., are removed by this simple, safe, and effective method. No pain, no danger, no expense. Write for full particulars to GALL-KLENZ, 144 E. 4th St., Toronto.

over. A dynamo generating 32 volts would have a pressure equal to that of 32 simple cells.

Electric energy passing through fine wires will heat them white hot, hence electricity may be used for lighting. Current for this purpose usually has a pressure of 110 volts, when supplied by light and power companies, but private plants usually generate only about 32 volts. All current generated by dynamo is alternating when made, i.e., it flows in one direction for half a revolution of the dynamo and then in the opposite direction during the other half, but by fitting the dynamo with a commutator (which means changing) these waves of current may all

be sent in the same direction along the distribution lines. It is then called direct current or D. C.

Now alternating current, or A. C., may be used for lighting, just as well as D. C. If the alternations are very rapid the light is perfectly steady, but if two slow the lights will fluctuate in brightness, and the light is hard on the eyes. Many light and power companies supply A. C.

However, A. C. cannot be used to charge storage cells and hence private plants which usually have storage batteries must be of the D. C. variety. This is also true of lighting systems for automobiles.

One-horse power will run 30 ordinary tungsten lamps, each giving from 23 to 24 candle-power, while if they are nitrogen filled each lamp will give about 45 c.p., hence it would take only about half as many to give the same light as before. As the ordinary lamp probably would not re-

quire more than, say, four lights on an average of two hours per day, taking the whole year round, it is easily seen that the amount of power required is very small. The outlay for wiring the buildings varies a great deal with circumstances, but probably \$100 would be a fair average.

Where one is too far from the distribution lines of any existing power plant he may install a small plant of his own. The original cost of these will run from \$300 to \$500, depending on size and type, and the interest on this amount would be the largest part of the cost of running the firm, the cost of running the plant being only a few cents per day.

R. E. Graham, F. S. A. O. A. Col.

Minard's Liniment Co., Ltd.

Gents—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.

Yours truly,  
 ALFRED ROCHAV,  
 Proprietor Ranton Pond Hotel and Livery Stables.

And the Way to Direct It in Eight Channels.

The healthy normal child is full of vital energy—indeed it is more than full. It is pressed down and running over. There is just a certain amount of steam that must be let off, somehow, and if it is not let off in the right way it is sure to be let off in the wrong way.

The point is, of course, to find the right channel and direct the energy there before the wrong channel is discovered or thought of.

All forms of mischief, not to mention contrariness, and violence, are really the result of this misguided energy.

The affect is often noticeable when holidays from school have become long and drawn-out and so lost their novelty. A child's mentality used to exercise becomes restless. In this case, playing school at home is a good plan, or taking up other definite other little

tasks such as small chores around the house, or amusing and absorbing occupations, or coloring pictures, sewing for dolly or absorbing handicraft work. To let steam off seems best to choose the amusements that achieve something, so that at the end of one's concentrated efforts something (be it only a smudge of many colors) is really created. Besides, something accomplished is a decided encouragement for future absorption.

Such creative attempts are sure to leave even a boisterous child gentle as a lamb and well contented with life. The vital energy has been directed into a desirable channel and now there is not enough left to spill over into mischief, contrariness or violence.

Outdoor romping, too, is one of the best, probably the very best, in its place, of ways and means for disposing of that vital spark, a child's superfluous energy.

Ask for Minard's and take no other.

THEIR OWN DOPE.

"The Germans complain that it is a peace of hate."

"They shouldn't object to that. It's just the kind of a war they started out to make."

THANKFUL MOTHERS

Thousands of mothers throughout Canada—many of them your neighbors—speak with thankfulness concerning the use of Baby's Own Tablets. Once they have used the Tablets for their little ones they would use nothing else. The Tablets are an absolutely safe medicine for even the youngest baby, being guaranteed by a government analyst to contain neither opiates nor narcotics or other harmful drugs. Concerning them, Mrs. David McRobb, Divide, Sask., says: "I have used Baby's Own Tablets and have found them so satisfactory I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Historic Old Lusitania

Among the historical monuments in old Lusitania, which is an ancient name of the western part of Hispania, including a part of modern Portugal, stands the ruins of the Lusitania. It is an ancient church ruin which is the former Carmo Cathedral, a conspicuous object high above the Baixa. The outer walls and piers and arches of the nave still remain. The chancel and chapels retain their roofs, and in the precincts an archaeological museum has been established. Here many relics from ruined ecclesiastical buildings have found a refuge, among others two stone fountains in the Arabic style; one from the extinct monastery of Penha Longa, on the serra of Cintra. The other was brought from Barbary after the conquest, in 1462, and given to Prince Henry the Navigator, who presented it to the Faro church as a holy water receptacle. There it had been lying neglected for years in the cemetery.—Exchange.

## ROYAL YEAST

MADE IN CANADA

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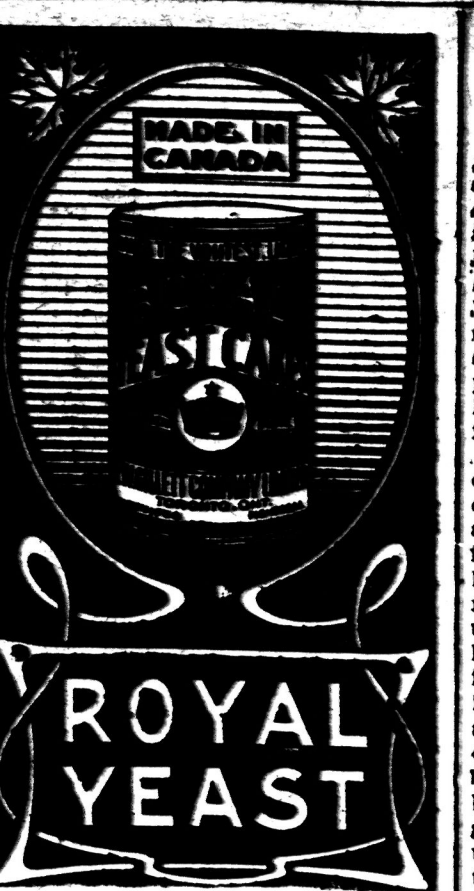
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## ABOUT ITALY'S PREMIER

Victor Emmanuel Orlando is regarded as the strongest exponent of liberalism in Italy by many of his countrymen, and one of them. He is a man of the people and has arrived at his position of eminence through sheer force of character and ability. Whatever may happen through political change or circumstances, Mr. Orlando will remain a force in the public life of Italy, because he is fearless, and progressive and has the confidence of the people.

Leonardo Vettori, who was a pupil of Professor Orlando in the University of Rome, and who has the enthusiasm and reverence of all who have stood in his relation to the Premier of Italy has been in the United States on a mission from his government. "To understand Mr. Orlando you must know something of his life, the way in which he has come to the position he now occupies," Mr. Vettori said to a representative of The Christian Science Monitor. "He is a Sicilian by birth, and was born in 1860 when Garibaldi was entering Palermo, so they gave him the name of Victor Emmanuel. He was a good student, and, although of a peasant family, he acquired a fine education, making a specialty of Italian law, especially the Constitution of the state. He began to write on subjects connected with this department of the law when he was very young, and soon regarded as one of the most interesting and

most important writers on the subjects.

"Two of his books became, and have remained, standards, one on the constitutional rights of the state, and the other on the administrative rights. The information in these books is presented in the most interesting manner. Mr. Orlando has been professor of constitutional law in the University of Rome for many years. He began his political career by being elected to the Chamber of Deputies. Here he soon gave evidence of his ability, and became, successively, Minister of Public Instruction, Secretary of Justice, Secretary of the Interior, and Premier.

"When the war broke out, he was Secretary of Justice in the Cabinet of Salandra, and he was one of the first to express himself as being in favor of Italy entering the war on the side of the Allies. Italy was in the position of not being obliged to fight, but Mr. Orlando was the leader of the great Liberal party, who clearly and promptly saw wherein lay the duty of Italy. With the downfall of Salandra, Mr. Orlando was appointed Secretary of the Interior, and was soon facing the difficult days following Italian defeat. It was recognized that

TAKEING ANOTHER CHANGE.

Higginson, to work the garden this year, old man.

Dign—Best I can say is that I'm going to try to work it. It worked me last summer to the extent of 50 bucks.

Dr. Martell Female Pills For Women's Ailments

A scientifically prepared remedy of proven worth, recommended by physicians. Sold for nearly half a century in Patent Medicine Stores, and by all Druggists. Write for full particulars to Dr. Martell, 144 E. 4th St., Toronto.

Flanders.

The Flemish form of the name Flanders is Vlaenderen, and the word means the country of the Flemish. The Flanders of the Middle Ages was a self-governing county, that is a

How to Purify the Blood

"From thirty to thirty drops of Extract of Sassafras, commonly called Sassafras, or Sassafras Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Perspiration in this treatment will effect a cure in nearly every case. Get the genuine at druggists."

country whose ruler was a count, but at times it was under the suzerainty of France, and sometimes under that of the empire which then included the German states. The Flanders of the Middle Ages is to-day divided between France and Belgium, the greater part being included in Belgium and two provinces in the western part of the latter country are known as East and West Flanders, the latter fronting on the North Sea. Practically all the counts who formed the Flanders of the Middle Ages are low and level; hence it was commonly called the Low Country. France and the British lines out to the North Sea and south for a considerable distance into Northern France, are in a country that formed part of old Flanders.

What is defeat? Nothing but education. Nothing but the first step to something better.—Wendell Phillips.

A peace too eagerly sought is not always the sooner obtained.—Burke.

## STAPLE INN.

A Picturesque Spot in Historic England.

Staple Inn was an Inn of Chancery when Henry V. won the battle of Agincourt. It was the most popular of the Inns among law students in the thirteenth century. It is the eighteenth century it is said to have given hospitality to Dr. Johnson at the time when "Oddity" left Gough Square. The history of the inn is therefore both ancient and honorable, and its interest becomes unquestionable to at least half the globe's inhabitants, when its association with some of Charles Dickens' characters is recalled. Dickens spent more than a year as clerk in an attorney's office in Gray's Inn, and he probably knew the law quarter of London better, if possible, than any other part of the city. Thus it is that the name of Staple Inn is known to countless who have never seen the old black and white houses, or the door in the corner under the plane tree which led to Mr. Grewgious' chambers.

Staple Inn has altered for the better since Mr. Snagsby of "Black House" lived in Took's Court, hard by. Being both of a "meditative and poetical" disposition he loved to walk in the inn "in summer time and to observe how contrived the sparrows and the leaves" were. He would certainly have appreciated the little water garden which, since his day, has brought a freshness and charm to the reserve and age of the dark buildings. Except for the right of way which brought a few hurried passersby, Staple Inn seems deserted but for the twittering cheery sparrows and their sooty brothers, the London pigeons. On the seat at the foot of the plane tree Mr. Snagsby may be imagined to be sitting, holding forth to the two "brentices on how he had heard say that a brook 'as clear as crystal' once ran right down the middle of Holborn, and that Turnstile really was a turnstile leading slap into the meadows."

Except that the happy event of the little water garden must make it easier for the sparrows to play at country, Staple Inn remains as Dickens described it in his inimitable fashion in "The Mystery of Edwin Drood": "Behind the most ancient part of Holborn, London, where certain cleft houses some centuries of age still stand looking on the public way, as if disconsolately longing for the Old Bourne that has long run dry, is a little nook composed of two irregular quadrangles, called Staple Inn. It is one of those nooks, the turning into which out of the clashing streets impairs to the relieved pedestrian the sensation of having put cotton in his ears, and velvet soles on his boots. It is one of those nooks where a few smoky sparrows twitter in smoky trees, as though they called to each other, 'Let us play at country; and where a few feet of garden moat, and a few yards of gravel enable them to do that refreshing violence to their tiny understandings. Moreover, it is one of those nooks which are legal nooks; and it contains a little hall, with a little lantern on its roof; to what obstructive purposes devoted and at what expense, this history knoweth not." Mr. Grewgious occupied a set of chambers in a corner house at the little inner quadrangle, presenting in black and white over its ugly portal the mysterious inscription:

J P T 1747

In which set of chambers, never having troubled his head about the inscription, unless to bethink himself at odd times on glancing up at it, that haply it might mean perhaps John Thomas, of Perhaps Joe Tyler, sat Mr. Grewgious writing by the fire."—London correspondent of The Christian Science Monitor.

## CAUSED WORDS.

"The police say that you and your wife had some words," said the magistrate.

"I had some," replied the prisoner. "But didn't get a chance to use them."

London Opinion.

## RELIABLE WOMAN FOR SANITARIUM.

Sum—One willing to assist with the care of patients. Sanatorium for Consumption, St. Catharines, Ont.

## HELP WANTED—FEMALE.

GIRLS AND WOMEN AS WEAVERS. Windermere, Ont. Apprentices paid while learning. Good wages guaranteed upon completion. This work is only for experienced weavers. Pleasant and satisfactory remuneration. For full particulars, apply Slingsby Mfg. Co., Brantford, Ont.

## HELP WANTED—MALE.

SUPERINTENDENT FOR WOOLLEN MILL, far night work. Must be thoroughly understood Carding and Spinning, and be a good manager of help. Good position to right man. Apply, stating age and full details of experience, to Slingsby Mfg. Co., Brantford, Ont.

## WANTED—BOSS WEAVER.

Cramped and Knowles Looms, on heavy work, first class opening to right man. Apply, stating age and full details of experience, to F. O. Box, 6, Hamilton, Ont.

## MISCELLANEOUS.

WHEN ORDERING GOODS BY MAIL, send a Dominion Money Order.

DOMINION EXPRESS MONEY ORDERS are on sale in five thousand offices throughout Canada.

UTO-CHANGES AND MECHANICS. Don't lose your tools. Stamp your name on every one, and he insured against loss and theft. Will make for you a Stamp book cut from tool steel. It will last a life-time; send 25c for each copy of your name and the postage, if only your initials are required, send 10c. Crown Stamp & Die Works, Waterdown, Ontario.

## NURSING.

NURSING—NURSING NURSING NURSING. Send for free booklet. Royal College of Science, Dept. 124, Toronto, Canada.

## BUSINESS CHANCES.

SAWMILL TO RENT—WATER POWER. The sawmill owner cleared over \$5,000 a year; only about \$4,000 or \$5,000 capital required to operate. L. E. Weldon, solicitor, etc., Lindsay.

BRICK FLOUR MILL FOR SALE IN Sebringville; about ninety barrels; steam; universal mill; Hydro obtainable; passing mill. John Beck, Sebringville.

## PARCELS FOR SALE.

200 ACRES—PETERBORO COUNTY. comfortable house, log barn; 123 acres cleared, balance pasture and timber; some crops now in ground. Write or phone C. F. Deberry, Kilmont, Ont.

## FOR SALE.

FOR SALE—SECOND HAND WATER-POWER—THRESHING OUTFIT. Address Ezra Fritchard, Melford, Ont.

## HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your new home. Address: Builders' Company, 21 Jackson West, Hamilton, Ont.

shortening, 1-2 cup sugar, one cup honey, one egg, one tablespoon lemon juice, three cups flour and four teaspoons baking powder.

Cream shortening and add sugar slowly; add honey, beaten egg yolk and lemon juice. Mix well and add flour which has been sifted with baking powder. Fold in the beaten white of egg. Bake in greased individual tins in moderate oven 25 to 30 minutes.

## JELLY ROLL.

One egg jelly roll requires one cup sugar, 1-2 cups flour, 3 teaspoons baking powder, 1 egg and 6 table? spoons hot water.

Mix and sift dry ingredients; stir in well-beaten egg; add hot water, beat until smooth; pour into large well-greased pan. Butter should not be more than one-quarter inch thick for cakes to roll nicely. Bake in shop oven. Turn out on sheet of brown paper, well dusted with powdered sugar. Beat with sharp knife trim off all crusty edges and roll up while still warm by lifting one side of the paper. To keep the roll perfectly round, roll up in cloth until cool.

## CORNBREAD WITH FISH.

It is an old idea in the South that cornbread eaten with fish will do away with all danger of a fish bone in the throat. So cornbread is always served with fish, fresh or salt. Whether this notion is correct, cornbread is undoubtedly good with fish, and to the Southerner they are as natural mates as biscuit and fried chicken.

## EDDY'S Paper Specialties

THE makers of the famous Eddy Matches are also makers of a long line of Paper Specialties. It is likely that you are using some of these products every day—perhaps without knowing it.

The next time you buy TOILET PAPER, PAPER TOWELING or PAPER SERVIETTES look for Eddy's name. It is your best guarantee of satisfaction and the best possible value for your money. Our experience of more than 60 years in business is your safeguard.

The E. B. EDDY Co. Limited, BRILL, Canada.

Also makers of Indestructible Paper Plates, Washcloths, etc.

For honor drop cakes take 1-2 cup

## ISSUE NO. 25, 1919

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