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ADVICE FOR RHINE GUARDS

British War Minister's Sensible Talk

To Young Troops Off for Germany.

London, England, (Special Cable to Christian Science Monitor.)—Mr. Winston Churchill, Secretary for War, has sent the following message to the young soldiers in the battalions proceeding to the Rhine.

"You are about to proceed to Germany to form a part of the British Army keeping its watch by the Rhine, until the Germans have agreed to and carry out our just terms of peace. our period of training has been completed and you are in every respect Mt. to undertake the serious duties of active service.

"The bridgeheads you will be guarding will enable the Allies at any moment to move swiftly into Germany in case of the failure of the enemy to comply with our rightful conditions. "I am confident that you will bear yourself with modesty and with discipline, observing at all times a correct demeanor toward the inhabitants as many disconnected things as most who should neither be treated with women do? And the worst of our harshness nor familiarity. I am sure that at any moment you can discharge point with pride to what is really one any duty that may be intrusted to of the most vicious habits of our sex.

it might take one-twentieth of a second, but, by repeated experiments, he has found that the time occupied in the one of these vanishing films between get in a wounded man. the instant of its breaking and that of its complete extinction proves a his way to the spot where the man most difficult undertaking, but it has lay, within ten yards of a pill-box

It might be thought that it would be equally difficult to catch a lightning flash, but it must be remembered hat lightening makes an intensely vivid imlightening makes the soft reflection of a soap bubble is evanescent even in the bright glare of an electric spark.

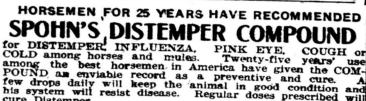
From picturing the image of the flying edge of a broken bubble in the three-hundredth part of a second to photographing nebulae in the heavens by the cumulative effect of several hours of continuous exposure, the modern photographic plate is performing various wonders in behalf of science and showing itself to be one of the most paowerful means in the possession of man to help unlock the secrets

Minard's Liniment for sale everywhere

HOMEMADE TROUSERS

With a Word to the Woman Who Makes Her Own Gowns,

Would men ever get anywhere, do you think, of they fussed around with case is that we are rather inclined to We have all seen the swelling satis-"The increases of pay which have faction with which the comely young lately been given to the armies of schoolma'am, complimented upon a



SPOHN MEDICAL CO., Goshen, Ind. U. S. A.

e a substantial help to you in coming out of the army and the means of making a good start in civil life. "Special arrangements will be made

to help you continue your education and to fit you to take your places in eivil and industrial life on your re-

"There will be good opportunities for athletic sport and games, in which L hope you will try and excel so that It will not be all work and no play.

"Lastly, you will realize that you ire in a special sense the inheritors the glories won by the British armies and that you are chosen to uphold in your own persons and by your faily conduct their high traditions of bravery and fair play. I wish you Sod speed, fine adventure, and wift eturn."

Minard's Liniment Relieves Neuralgia

Extraordinary Photography.

The skill and energy of photographers has been expended in all manner of novel ways. They have, among other things, attained difficult pictures of running horses, jumping athletes, flying cannonballs, flashes of lightning and of the shifting spectral lines of revolving double stars. But there is one thing, it appears, that but one photog- ed to the Lincolnshire Regiment, is rapher has been able to picture, namely, the airy soap bubble.

One scientist, a skilled photogra-pher tells of his ambition to picture a soap bubble in the act of breaking. He has experienced the greatest difficulty, however, in all attempts of this tion to duty on many occasions," Anyone who has ever watched a brilliant bubble in the act of bursting knows how quickly it vanishes. he has, by his fearlessness, devotion

791 Yonge Street

chorus of admiring approbation following the announcement-joined in it, perhaps, and asked to borrow the pattern. But really, viewed in the light of reason, what is there about the feat upon which she should se plume herself?

Suppose that a man should point proudly to his nether garments and say: "Lo! I made these trousers." I have not a mental picture of even the most economical of his fellow clerks or mail carriers, or elergymen, or school teachers, crowding around to admire and cry: "What a splendid way to spend your time out of business hours! And it looks jut like a tailor made."

Which last is just as truly a lie when we tell it to our fellow women as it would be if men told it to men .-Mary Lee Harkness in Atlantic .

CHAPLAIN DECORATED.

Elderly English Clergyman Was Awarded the V. C.

An English clergyman, over fifty, who already holds the D.S.O. and M.C., has now won the Victoria Cross. The Rev. Theodore Bayley Hardy, Army Chaplains' Department, attachthe second clergyman to win highst award for bravery during the present war, and the third since the V C. was instituted. The London Gazette, announcing the award "for most conspicuous bravery and devosays of him:

"Aithough over fifty years of age, The authority mentioned thought that to men of his battalion, and quiet,

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unobtrusive manner, won the respect and admiration of the whole division. File marvellous energy and endur-ance would be remarkable even in a very much younger man."
Several incidents exemplifying his

valor and devotion are quoted. An infantry patrol had gone out to attack an enemy post in the ruins of a village. The Rev. Hardy followed the patrol, and about four hundred yards beyond our front line of posts found an officer of the patrol dangerously wounded. He remained with the officer until he was able to get assistance to bring him in. There was a great deal of firing, and an enemy patrol actually penetrated between the spot at which the officer was lying and our front line and captured three of our men.

On another occasion he worked under shell and trench mortar fire. digging out men buried by a shell Once when our infantry had withdrawn from a wood, and it was bedisappearance of the iridescent film is not more than one-three-hundredths of Hardy came out of it, and on reaching a second. To catch and photograph ad advanced post, asked for help to

Accompanied by a sergeant, he made

Minard's Liniment Co., Limited. Have used MINARD'S LINIMENT for Croup; found nothing equal to it; sure

CHAS. E. SHARP Hawkshaw, N. B., Sept. 1st, 1905.

which had been captured in the morning but was subsequently recaptured and occupied by the enemy. The wounded man was too weak to stand, but the chaplain and the sergeant eventually succeeded in getting him to

Throughout the day the enemy's artillery, machine-gun, and trench mortar fire was continuous, and caused many casualties.

Notwithstanding, this very gallant chaplain was seen moving quietly amongst the men and tending the wounded, absolutely regardless of his personal safety. Rev. T. B. Hardy is vicar of Hutton

Roof, Kirkby Londsdale, Westmoreland. He was for sixteen years master at Nottingham High School, where he is remembered as a quiet, unassuming man. He took a keen interest in gymnastics and all forms of sport. While in Nottingham he held for DISTEMPER, INFLUENZA, PINK EYE, COUGH or CUracies in the city and district, and among the best horsemen in America have given the COM-Londsdale he was headmaster at Bent-few drops daily will keep the animal in good condition and Grammar School in the West his system will resist disease. Regular doses prescribed will Riding of Yorkshire. Born in Loncure Distemper. don, he was educated at City of London University. About eighteen months ago he was awarded the D.S.O. pocupation ought to enable you young pretty gown, announces, "I made it fire. Mr. Hardy's's only son is a cappldiers in the course of a year to myself." And we have all heard the tain in the R.A.M.C. while his daughter is serving with the Red Cross.

The only other army chaplain to win the V.C. in the present war is the Rev. E. Noel Mellish, who brought in a number of wounded under heavy This award was gazetted in One other instance of a clergyman winning the honor is recordedthat of the Rev. J. W. Adams, who saved some men of the 9th Lancers under fire in Afghanistan in 1879.

TEETHING TROUBLES

Baby's teething time is a time of worry for most mother,. Baby's little gums become ewollen and tender; his bowels get out of order and constipation, colic or even diarrhoea sets in. To make the teething period easy Baby's Own Tablets should be given the little one. They sweeten the stomach; regulate the bowels and keep baby good natured. Concerning them Mrs. Marcel D. LeBlanc, Memramcook, West, N. B., writes: "I have used Baby's Own Tablets for the past six years and have found them indispensable. To my mind nothing can equal them in allaying the fever accompanying teething. I would not be without them and can strongly recommend them to other mothers." The Tablets are sold by medicine ching. The early-morning cramp is dealers or by mail at 25 cents a box often brought on by the stretching to from The Dr. Williams' Medicine Co., Brockville, Ont.

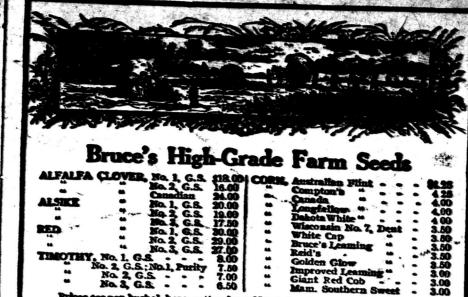
SETTLE FOR CASH

(Philadelphia Record). The proposal is now made to assess Germany about 30 billion dollars and take part in cash and part in bonds. If Germany defaults on bonds, how is the money to be collected? Perhaps the League of Nations could boycott German commerce, and while it would be difficult, it might not be impossible for Germany to get along with no foreign trade. There might be difficulty in getting action by the

League. It would be better to settle for cash even if the amount should be reduced. It is desirable to complete the transaction and not have it dragging along for the next half century. Germany could raise a good deal of money if it had to, and it would make a stalwart effort to raise the money if the Allied and American troops were not withdrawn until it were paid.

In 1871, Germany fined France a billion dollars, and the money had to be paid over before the German army was withdrawn. It did not believe France could raise this amount, but it did; it was the biggest financial operation ever carried through. Germany expected to keep its troops in France for many years, and when it so: the money it was sorry it did not demand a larger sum; it intended to keep its grip on a prostrate enemy for a long

After the war of 1878, Russia accepted Turkey's promises to pay an indemnity. The promises were not kept, and Turkey is still owing a great part of the money. After the enemy's troops have been withdrawn there is



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JOHN A. BRUCE & CO., LIMITED Seed Merchants

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no way of forcing payment except to a tendency to cramps is often caused make another war. We want to get by incipeint hardening of the arteries. through with the war and its settle-

But if it is impracticable to get cash

for the full amount, there are properties that may be taken. For example, there is a very considerable merchant marine in German ports. Every vesset that the Allies and America can use should be exacted. Besides the shipping, there are the German railroads, most of which belong to the Government. The privately owned roads can be taken, too, and the owners can look to the Government of their country for compensation. The railroads could be operated by a commission named by the Allies and America, and the profits used as part of the indemnity. Possibly the same method could be applied to some of the great industrial establishments, but this would involve a good many complications.

The wiser plan would be to settle for cash, a part of Germany being occupied—perhaps its seaports—until the last of the cash is turned over. If Germany defaults on its war debt it can raise a large sum for indemnity, and to secure the removal of the victorious nations.

The Eternal Marathon.

"Man," declared the old fashioned preacher, "is a worm." "And," said the man who had been married three times and who was occupying a small space in a rear pew, woman is the early bird."-Chicago Record-Herald.



CRAMPS.

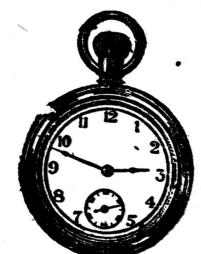
Their Cause and Cure Are Reviewed.

In this article we shall discuss only the local muscular spasms that affect most commonly the calves of the legs. but that sometimes occurs in the thighs, the arms or the wall of the abdomen. Internal cramps, or colic, swimmer's cramp and writer's cramp are affections of an entirely different

nature. A cramp, in this restricted sense, is sudden, painful and very strong contraction of a small part of a muscle; t does not usually cause any movement in the affected limb, for to do that a contraction of nearly the entire muscle is necessary, and then we have what is called a spasm, or a convul-

This contraction is involuntary, although persons who are subject to cramps sometimes brings them on by a voluntary movement, such as stretwhich one is prone on awaking. Very commonly the cramp comes on during sleep, and the intense pain awakens the suffere with a start. The affected part of the muscle forms a hard knot, and if a large part of the muscle is involved the limb may be drawn up. often with cramps than do persons in middle life. In children the cause is usually violent exercise, such as ranning and jumping, but in the elderly

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package. When sold send us the money
and we will send you the watch and a
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When the blood pressure is high, ments and get the world's armies re- cramps often occur, but they cease to trouble if the pressure is reduced. Persons who are rheumatic and gouty are especially liable to be attacked by cramps very likely because hardening of the arteries accompanies their constitutional disposition.

Hamilton, Ontario

The treatment of a single cramp of the calf is very simple; stand on tiptoe in such a way as to stretch the calf muscle and at the same time rub the place where the contraction has occurred. This will put an end to the attack promptly. If the attacks recur frequently, there is probably some constitutional fault that needs correction, and the sufferer should consult his physician.

Minard's Liniment Cures Burns, Etc.

So Says King of the Slickers in Prison.

Blames Greedy Business Men's Faults.

(Chicago Tribune.)

"Take it from me___" "It's Joseph Well, the one and only "Yellow Kid," the erstwhile millionaire slicker, the sartorially select nimble-wit, the maz who made wiretapping famous, in short, the world's greatest "con man" talking.

In the old days it was "Take it from them." Now it is "Take it from me." ber 6162 at Joliet penitentiary Kid man H. Kern, 132 Eastbourne Avenue Weil essayed to give out an interview, last night.

"Take it from me," he said, meaning advice, of course. "If Chicago was to be sold, for a ten dollar note to-night, I couldn't buy a decrepit factory whistle. I'm down and out. I haven't even got my, my-whiskers." There was the slightest trace of a

sob there. Weil was forced to have his trim yellow facial foliage shorn, when he entered the penitentiary to do a strtch for confidence game. "Now there's J. Ham Lewis."

ruminated. "He lost his scat in the senate. But he was allowed to retain his greatest ascet, the object of pride and jealousy the world over, his pink whiskers. I have lost even my Van Dyke."

Except for his tortoise shell glasses, Kid Weil would pass unnoticed among several hundred other convicts who several hundred o shrdl hrd hrdl hrdl daily weave reed into chairs at the prison rattan factory. He has no complaint except against the business men who put him behind the bars.

"If it were not for the separation from my wife and daughter and the disgrace. I would be as contented as the proverbial cow," he continued. "I am well treated here and I like the work-but I am a ruined man." "Have you any advice to give-any

word to say about the slicker business?" he was asked.

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"Only this-Confidence games, or high finance as I prefer to term it, would not be possible were it not for the aid of business men who grasp for riches over night. They are willing helpers in the fleecing game.

"Go to the average business man with a scheme of skinning some one else, offer to take the consequences of the law on your own head and promise him big returns and he wen't let you out of his office until you are willing to take his money.

"Can you imagine a financier lending you \$15,000 without any security? Well that's what they did for me. showed them a chance to get rich quick by beating some one else. They came across with thousands when they wouldn't cash a cheque for \$5 in an honest transaction without identifica-

"No honest man enters a wiretapping game and no honest man expects to get rich over night. To minimize confidence games, I suggest that the 'sucker' should be made equally culpable with the 'con man' when he expects to beat someone else out of the money.

"But"-Kid Weil hesitated and jerked out one of the old time laughs-"Barnum was right."

Minard's Liniment Cures Dandruff. At every stage of life a man finds aimself but a novice.—De Chamfort.

ISSUE NO. 12 1919

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WANTED-FIRST CLASS DAIRY MAN to take charge of thoroughbred herd where register of performance work is carried on; good, permanent position for right man; comfortable home; electric light, 2% miles from city; on trolley line. Write giving all particulars as to age, ex-perience, salary expected, and referperience, salary expected, and references Apply Martingale Farms, St. Catharines, Ont.

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ACRES OF GOOD SANDY LOAM, good barn, frame house, kitchen and woodshed, hen house, hog pen, etc., 2 good wells, 15 acres bush, mostly beech and maple, 11 acres wheat, 15 acres fall playing 33 acres meadow and nasture. plowing, 33 acres meadow and pasture. 44, miles to Rodney. Rural mail and telephone. Price \$5,500. Terms could be arranged. Apply to C. E. Shippey, R.R. No. 2, Rodney, Ont.

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The Matter of Jobs.

It isn't the job that you want to take So much as the job you can get, And the meanest job in the world you The biggest the world's held yet. can make For it isn't the job but the man that And the man makes the job he fils, A poor little job or a job that mounts
Till it outtops them all on the hills.

Any old job is a fine old job
As long as the man who takes it.
Is made of the stuff that can transmute jobs Into the wonderful thing he makes And it isn't to wait and to sneer and sulk. But to grasp what comes, and then Sail in to it. turning it into luck—No, it isn't the job its the men.

The tiniest job in-the world grows fine When the spirit is fine that hold it. And day by day it puts on a shine, And a glory of growth enfolds it. If it's only a bootblack, still there's a chance As your dreams and your hopes are

unfurled To turn yourself as the days advance, To the best bootblack in the world. Baltimore Sun. Tears are the safety-valves of the heart when too much pressure is laid



Or. Martel's Female

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