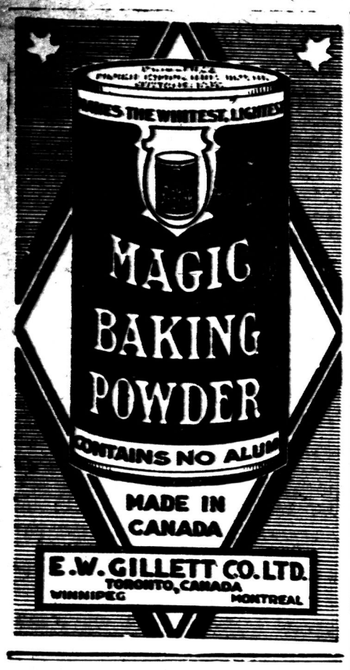


THE YUKON.

Some Interesting Points for Canadians.

(George Brimston. in Dawson Daily News).

Yukon Territory contains 192,000 **square miles.**

More than half of the great area of Yukon is habitable.

Yukon is the last great area for **grazing and** agriculture.

Yukon is a paradise when compared with other parts of the world **where millions** of people have lived **and prospered.**

Yukon Territory and Northern Alberta and Northern British Columbia **are practically** without a railway.

Yukon has transportation for only **about four** months in the year.

Yukon can raise turnips weighing **from 25 to 44** pounds each.

Canada opened up the Hun in **Europe.**

Canada will open up the Yukon with **an electric** railway.

Such action on their part will open **up a** market for Canadian goods.

This is Canada's market with no **tariff well** to climb over to sell her **goods.**

Canadian people will see that this **is done** for their own benefit.

Mineral resources of the territory **have not** been scratched.

The foregoing are facts for you to **study** and take advantage of now.

For further information regarding **Yukon,** apply to the Yukon Development of Interior, Ottawa, and the **Gold** Commissioner, Dawson.

Yukon Territory sent over 600 men **to the** Great War, the largest per **capita** in Canada.

Yukon's patriotic cash contribution **is** greater than any portion of **the British** Empire, per capita.

Yukon's subscriptions to the Victory loan are an example for the remainder of Canada. Dawson last **November** subscribed $318,000 in cash **and** got twenty-one crowns on her **Victory** flag. Dawson and Klondike **did not** get a dollar back in munitions orders and other war purchases—such as flooded the rest of **Canada.** Now Yukon asks for a railway **that she** may send more wealth direct, and for immediate and direct **aid** to roads, mining, and other industries. Is she not entitled to it?

Wood's Phosphodine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old Veins. *Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory.* Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. *New pamphlet mailed free.* THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

Minard's Liniment used by Physicians

DESCRIBED.

"Bolsheviki?"

"That's Russian, for 'agin the government," my boy."

It is a man's own push that usually **get him a pull.**

THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May be Passed in Safety and Comfort.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

Such annoying symptons as heat flashes, nervousnsss, backache, headache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy Lydia E. Pinkham's Vegetable Compound.

If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years experience is at your service and your letter held in strict confidence.

New Uses of Cotton.

The people as yet little understand the wonderful varity of uses to which cotton is no wput. One industry has established at Columbus, Ga., at a cost of $3,000,000 a mill whose machinery is capable of producing 53 different. The government has recently placed orders for many million yards, it having been found possible to substitute a cotton weave for the rubber gas masks and rubber coats which airmen year. Secretary Daniels has ordered the purchase of 110,000,000 pounds of cotton for nevy uses and 200,000,000 yards of cotton gauze for surgical purposes. Chemists making researches believe that within a short time additional uses of cotton will be found; and yet only a few years ago about the only use of American cotton was in the manufacture of sheeting, etc.

How Cloves Are Cured.

In the Spice Islands the cloves are sometimes cured by being smoked over a wood fire until they assume a deep brown color, when the further drying is accomplished by the sun. Occasionally the buds are scalded before being dried. If bright sunny days prevail artificial heat may be dispensed with and the buds sun-dried from first to last. The crop loses about sixty per cent. in drying.

THE BEST MEDICINE FOR LITTLE ONES

Thousands of mothers state positively that Baby's Own Tablets are the best medicine they know of for little ones. Their experience has taught them that the Tablets always do just what is claimed for them and that they can be given with perfect safety to children of all ages. Concerning them Mrs. Joseph Therrien, St. Gabriel de Brandon, Que., writes: "Baby's Own Tablets are the best medicine I know of for little ones. I thought I would lose my baby before trying the Tablets, but they soon made him healthy and happy and now I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Wit and Humor.

"Bertie," said his mother, sorrowfully, "every time you are naughty I get another grey hair." "My word!" replied Bertie; "you must have been a terror. Look at grandpa!"

Magistrate—"How did you manage to extract the man's watch from his pocket when it was provided with a safety catch.' Prisoner—"Excuse me, sir, that is a professional secret. I am willing to teach you, however, for two guineas."

A party of "Waacs" were being shown over a repair factory at one of the bases in France. "This," said the obliging soldier, as they entered a shed, "is the engine boiler." One fair charmer, with a quizzical smile, asked: "But why do they boil the engines?" And her guide softly replied: "To make the engine tender."

A soldier was waiting for the Muddleton train, the only one of the day. After he had waited for an unreasonable time the porter hove in sight. "How long will I have to wait," the soldier asked, "for that bally train?" "How long have you got?" asked the porter, with apparent irrelevance. "Fourteen days." "Well," said the porter, "you'd better walk."

Private Jibson's wife coaxed Jibson to send word of his whereabouts in France from time to time, despite the censor. Jibson proceeded to do so by placing dots under certain letters in his epistle, which, when spelt out, formed a word. Once he made his dots too large and the censor rubbed them out and put some of his own. When Mrs. Jibson deciphered her message this is what it spelt: C-e-n-s-o-r-e-d.

HOW'S THIS?

We offer $100.00 for any case of Catarrh that cannot be cured by HALL'S CATARRH MEDICINE.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the system.

Sold by druggists for over forty years. Price 75c. Testimonials free.

F. J. Cheney & Co., Toledo, Ohio.

Glucose in Fruit.

The presence of glucose in fruit preserves as an adulterant may be discovered by the following method given by Popular Science Monthly: In the case of jam or marmalade it is necessary to filter off the solid matter by running the mixture through a piece of muslin. Allow the solution to become perfectly cool, and then add an equal volume,or a little more, of strong alcohol. If glucose is present a dense white precipitate slowly settles down. Where no glucose has been employed, there is no precipitate, save, in some cases, a very trifling sediment of proteid matter, which, however, is so small that it could not possibly be mistaken for the sediment which glucose produces. The last named is not particularly hamfulr in itself, but is very frequently used as an adulterant in supposedly pure preserves for extra profit.

Keep Minard's Liniment in the house

WHEN WE ARE RICH.

(Spanish River News.)

If any of us don't feel like working—why, we are sick. And we don't have to be at home and in bed in order to be sick.

It is not normal not to feel like working.

We are sick if we are short of normal.

The remedy is easy and cheap—cheaper to apply than not to apply—not only in the cost but in the final economy of doing more with less effort and in eventually earning more.

The salesman, for instance, who feels more like going to a picture show than calling upon prospective purchasers, and thus selling more and earning more, is sick—in the sense that he does not feel normal.

Miss Flora Boyko Tells How Cuticura Healed Her Pimples

"My face was very itchy at first, and after that it was covered with pimples that disfigured it badly. The pimples were hard and red and they were small, and they were scattered all over my face and were so itchy I had to scratch and I could not sleep.

"These bothered me nearly a year before I used Cuticura Soap and Ointment and when I had used five cakes of Cuticura Soap and five boxes of Cuticura Ointment I was healed." (Signed) Miss Flora H. Boyko, Gardenton, Man., Dec. 26, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fail to include the exquisitely scented Cuticura Talcum in your toilet preparations. Splendid after bathing.

For free sample each of Cuticura Soap, Ointment and Talcum address postcard: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

Here is the remedy in one or all of the following four stipulations:

First: Don't eat so much; cut down on concentrated food, like meat, eggs and the like, and eat more vegetables, like cabbage, greens and celery, of character.

Second: Drink at least six glasses of water a day and more in summer.

Third: Sleep with the windows up and without the head covered with the bed clothes.

Fourth: Walk at least part way to and from work. Walk fast and breathe deeply.

The greatest mistake that most of us make is in believing that the more we eat the more strength we give to our bodies and minds.

Excess food of certain type goes to make excess fat, which is the worst kind of excess baggage.

It takes strength to carry this excess baggage around that might be better used in productive effort—working. Some of us become fatigued in carrying this excess baggage around, and the result is that we don't feel like working.

Certain other foods, particularly meat in excess quantities, go to make waste. And if this waste is not eliminated it becomes like clinkers in the furnace—it accumulates in the lower intestines and forms poisons that penetrate the system and produce that don't-feel-like-work feeling, or fatigue after work.

The remedy for improper elimination (constipation) is in eating fruits and vegetables of a fibrous kind, and bread with a large percentage of bran in it. Fibrous fruits, like apples, oranges, grapefruit; vegorous vegetables, like carrots, greens, celery, parsnips, and turnips, not only provide the mineral elements of elimination but form a sweep, or swab, for the lower intestines.

GALL-KLENZ

ABSOLUTELY REMOVES GALLSTONES WITHOUT OPERATION; Cleanses the Liver, Gall Bladder, Stops Stomach Misery, Pains in sides or back, Jaundice, Constipation, Bowel Troubles, Colic, Indigestion, Heartburn, Nervousness, Dyspepsia and signs of Appendicitis, caused by gallstones. No matter what you have tried without results, if you actually want relief, write for GUARANTEE, and PROOF of how it is done for LESS THAN [illegible] CENTS a treatment. F. A. R. CHEMICAL CO. BOX 144 M WINDSOR ONTARIO

Most of the indisposition towards work, and that tired feeling, are a result of confusing stomach emptiness with hunger.

The way most of us eat it would take about ten days of fasting to really get hungry. Fill up the emptiness with bulk of fruits and vegetables and go without a meal or two now and then by filling up on water.

If any of us don't feel like working it is a good plan to keep on working and quit eating. As to what we eat, it is well to follow our own instincts; that is, eat what we want, or what agrees with us, but not so much.

The don't-feel-like-work feeling, or just plain laziness, or fatigue after a normal amount of effort, simply means that we have been using energy, that might have been productive and profitable in digesting needless amounts of food and in resisting poisons that are generated by its accumulated waste.

Ask for Minard's and take no other.

She Had Grown Old.

Frederick's mother was showing him a picture just sent from his cousin, a young woman whom he had not seen since she was a young girl. "Why, mother," exclaimed Frederick, "Cousin Elizabeth is old enough to wear hairpins, isn't she?"

Plant Something.

Have you planted anything.

Don't miss it if you haven't.

The seed you plant yourself means more to you.

Plant something high, like nasturtium or zinnia.

Morning glory rewards you, and so do marigold and gypsophila (baby's breath).

If you want vines, try flowering beans (they grow fast), sweet peas, ornamenetal guordor Japanese hop vines.

The cypress, with its red and white flowers, and the coboea, or cup and saucer, are good vines to plant, and if 'twere done, 'twere well 'twere done quickly! Go to it!

Your Blood.

Have you ever thought what it is?

It is the nutritive fluid of the tissues.

All sorts of valuable elements are in your blood.

Among these are water, fibrine, albumen, chlorides of sodium and of potassium, phosphates of soda, lime and magnesia, and other things.

In your blood are floated minute solid bodies (called "corpuscles") of two kinds, white and red, the latter giving the color to the blood.

The size of the red corpuscles are only 1-3200 of an inch (the white corpuscles are much larger and less numerous). The red corpuscles have great power to absorb oxygen which they get from the lungs and carry all over the body to form new combinations and changes in the tissues, the results of which are poured into the blood.

Women Can Fortify Their Health

With constantly aching backs, weary, dragging-down pains, dizzy and nervous headaches, women have a hard burden to carry. It is wise for every woman to fortify herself against those derangements which are present when extra demands are made upon the system by Nature's laws. No better remedy exists for woman's peculiar ailments than DR. HAMILTON'S PILLS, which possess tonic properties that act upon the proper organs at the proper time. To prevent headache, to overcome dragging weariness, backache, nervousness and pallor—to look well, sleep weel, eat well and enjoy the manifold blessings of sound, regular health, every girl and woman should regulate her system by Dr. Hamilton's Pills, 25c. per box.

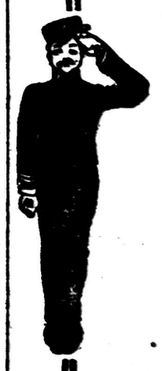
CRAMP IN SWIMMING.

Expert Speaks of This Common Cause of Death.

A cramp in the water is probably brought about as a result of too much muscular exertion together with a low temperature of the water. When the water is fairly warm, one is not likely to have trouble of this kind. The stomach cramps, I believe, is usually the result of entering the water too soon after eating. When a cramp appears, it is simply a vigorous contracted condition of the muscles, whether of the leg, body or arm, a sort of spasm, and the contraction of the muscle quickly draws up or flexes the affected part. To secure relief, you should try to straighten the cramped limb, first inhaling a long, deep breath to carry you over the time consumed in the effort. If the arm is affected, grasp it by the wrist with the opposite hand and try to force it up. If in the leg, reach down with both hands and in a like manner force it out. Always bear in mind the principle of taking a long, deep breath before starting to straighten out the part of the body affected. Excitement only makes matters worse, inasmuch as a cramp is probably due largely to a nervous impulse or a nervous reaction. The self assured state of mind. therefore, The self-assured state of mind, there-is helpful, and by simply keeping calm the chances are that the cramp will relax in a few moments.

The stomach cramp is by far the most dangerous. It causes the knees to be brought up toward the chin and tends to force the air from the lungs, which naturally causes the body to sink. In most cases it is possible to straighten the body by forcing the knees out and to put into practice one's knowledge of proper breathing. In case the knees cannot be forced out one should simply swim the breast stroke, the arms being free striving also to get what air you can in your lungs and at every opportunity vigorously to rub the stomach. A cramp, even of the stomach variety, should not result in a person drowning, if he follows the method of breathing which I have described.—Henry Eltonsky, in Physical Culture.

Parker's Will Do It---



By cleaning or dyeing—restore any articles to their former appearance and return them to you, good as new.

Send anything from household draperies down to the finest of delicate fabrics. We pay postage or express charges one way.

WHEN YOU THINK OF

CLEANING OR DYEING

THINK OF PARKER'S

Our booklet on household suggestions that save you money will be sent free of charge. Write to-day to

PARKER'S DYE WORKS,

LIMITED

CLEANERS AND DYERS

791 Yonge Street - - - Toronto

"Harvester Industrial Plans."

(Chicago Daily News.)

Progressive corporations and enlightened individual employers of labor are evincing a gratifying disposition to meet reasonable demands of labor for a greater stake and a direct voice in industry. The way to lessen and gradually remove the danger of serious unrest and strife in the economic sphere is to "peopleize" or democratize industry more and more, and make the wage-worker feel that he is actually a co-partner in industry and that his interest is fundamentally identical with that of the employer and the directorate.

The Daily News has recorded with sincere satisfaction many signs of this growing sense among employers of the wisdom of taking labor into their full confidence and discussing at round-table conferences the various common problems arising out of the industry that pays wages and dividends. The latest "sign of the times" is the "Harvester industrial plan" of employee representation on works councils at the plants, these councils being charged with the important duty of considering and recommending to the management suggestions relative to working hours, wage scales, recreation, safety, education, Americanization, and so on.

"Details of the scheme show that it is as genuinely democratic and elastic as it was possible to make it at the start. The housands of employees have the opportunity freely to elect their own representatives, while the latter have the right to carry an appeal in any dispute over participation in the works councils to the president of the company. The design is start. The thousands of employees to speak frankly and fearlessly at all times on questions that are vital to them. The decision is reserved for the management, but even here there is, of course, unlimited possibility of development of the idea of friendly co-operation and representation on the directorate through stock ownership and profit sharing.

How infinitely more constructive and hopeful are such experiments than the destructive, hate-inspired attacks on the present social system and the propaganda of class warfare.

Minard's Liniment Co., Limited.

I was very sick with Quinsy and thought I would strangle. I used MINARD'S LINIMENT and it cured me at once. I am never without it now.

Yours gratefully,

MRS. C. D. PRINCE.

Nauwigewauk, Oct. 21st.

Protection.

The "things our grandmothers did" are so often ridiculed that it is pleasant to read this in the American Agriculturist in an article about protection from lightning: "Our grandmothers used to ensconce themselves (as a refuge from lightning) in the midst of a large, thick, feather bed—and this was a wise thing to do, for feathers are a non-conductor." The article goes on: "Rubber being a non-conductor, it is well to slip on a pair of overshoes during a storm, so that if the house happens to be struck, the shock cannot prove injurious. It affords the greatest relief for the nerves if the curtains are drawn down, and the lights turned on, for then one cannot see the lightning."

The Lute.

The lute has vanished. It was one of the oldest of instruments and had a beautiful vibrant tone somewhat like that of the harp. But its size and complexity were against it. It had a long tail, and many strings, and while its size increased its power and range, it also increased its weight and made it cumbrous. The minstrel of to-day plays on the mandolin, the guitar or the banjo, and the lute is forgotten.

Minard's Liniment Lumberman's Friend.

DOMINION Bicycle Tires

STAND UP TO EVERY TEST

Test them for quality and workmanship—test them for speed and mileage—test their sturdy service and easy riding—and you will find Dominion Tires "Unquestionably The Best Tires Made".

Sold by the Leading Dealers

DOMINION RUBBER

ISSUE NO. 21. 1919

HELP WANTED—FEMALE.

GIRLS AND WOMEN AS WEAVERS, Winders, etc. Apprentices paid while learning, and every assistance given in teaching beginners this work. Only short experience required to develop efficient workers. Pleasant work, satisfactory remuneration. For full particulars, apply Slingsby Mfg. Co., Brantford, Ont.

HELP WANTED—MALE.

WANTED—AT ONCE FOR THE SUMMER, young man for country Grocery, inside and on wagon. Apply giving references to F. C. Brown, Ridgeway, Ontario.

MISCELLANEOUS

THE SAFE WAY TO SEND MONEY by mail is by Dominion Express Money Order.

BRED TO SHOW LAYING BARRED Rocks. Tobacco and Garden Plants. Write for Catalogue Chas. Farnard, Leamington, Ont.

FARMS FOR SALE

WESTERN FARM LANDS — IF YOU want to sell your western farm land send me proper description and easiest terms, and I will endeavor to sell it for you. J. J. White, Drawer 495, Orangeville, Ont.

225 ACRES—FOUR MILES FROM Huntsville, Muskoka; one mile from Martin's Siding; school close; good buildings; large sugar bush. W. Harnden, Housey's Rapids, Ontario.

NURSING.

NURSING—NURSES EARN $15 TO $25 a week. Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 124, Toronto, Canada.

FOR SALE

FOR SALE — DAVIS & FURBER Mule. 360 spindles, 2¼-inch gauge, 25 spool drums, 15 ends per spool. Machine in good condition. For full particulars, apply Slingsby Mfg. Co., Ltd., Brantford, Ont.

FOR SALE — CHOICE YELLOW Dutch sets; 6c per lb., f.o.b. shipping point. T. L. Wurm, Zurich, Ont.

PROPERTIES FOR SALE.

DOCTOR'S RESIDENTIAL PROPERTY for sale; exceptionally desirable; hot water heating; all modern conveniences; offices in separate wing; stable, lawns and garden; unusual opening in prosperous town. Apply to Box 324, Paris, Ont.

MECHANICS WANTED

PAINTERS WANTED

at once. Highest wages to capable men. Apply J. J. Thompson, Owen Sound, Ontario.

Read to the Children.

When children read a book to themselves the words do not leave the same impression upon their minds as when they hear them read aloud. When someone reads a book to them they learn how to pronounce those words which puzzled them; and if they do not know the meaning, it is easy to ask.

BARGAINS IN STOCK.

Won't interest the man who is nursing a bunch of sore corns. Give him a bottle of Putnam's Corn Extractor. It is painless, takes out the corn, cures in one day. Beware of substitutes for "Putnam's", it is the best, 25c at all dealers.

The Edibles.

A small grocery stock was being sold off under the hammer, and included in a somewhat eager assemblage was a man who had journeyed full of hope from the far end of the city. Impatiently he waited while odd lots in pipeclay, candles, blacking, and washing soda were sold, he blurted out:—

"Hey, auctioneer, when are ye gaun tae pit up the edibles?"

"Ay, ay," responded that gentleman cheerly, "we'll jist has something in that line. John, hand's up thae packets o' canary seed."

On the Road to Success.

That young man is wise who makes a plan, organizes his ambition, and makes each day contribute something toward its fulfilment. Success often seems delayed, but it is surely on the way for those who are getting ready for it. Over the desk of the boy or girl struggling with hard lessons that may seem at the present quite useless, let it be written in letters of gold: "I will study and get ready, and maybe my chance will come."

GOLDEN PILE REMEDY

DAWN OF A NEW DAY

NO NEED SUFFERING FROM PILES NOW

Golden Pile Remedy will cure your Piles. Try it! The trial is absolutely FREE. Simply send us your name and address, and we will send a liberal free treatment by return mail.

It is a mistake to dose yourself with so-called Pile cures. They will do you more harm than good. Why don't you begin right to-day to overcome your piles? You can do it by using Golden Pile Remedy.

The results from the full treatment, which sells for $1.30, are amazing; the itching, burning and swelling, along with the other well-known symptoms, soon disappear and leave you completely cured.

Write to-day for a free trial treatment and be convinced.

Sold by leading druggists everywhere or direct by mail, price $1.30.

GOLDEN REMEDY CO.

Box 191 Windsor, Ont.