A MOTHER'S TRIALS

Care of Home and Children Often Causes a Breakdown.

The woman at home, deep in houseor in good health. The demands upon a mother's health are many and toils, while hurried meals, broken rest behold the Lamb of God-"Behold, the and much indoor living tend to weaken her constitution. No wonder that nouncement declared both the nature the woman at home is often indisposed through weakness, headaches, backaches and nervousness. Too many visitations as a part of the lot of of Jesus, that they were fully conher health troubles are, the cause is henceforth became-his disciples. It simple and the cure at hand. When teeps her well; when ill she must to do otherwise. He was preparing make her blood rich to renew her the establishment of Christ's kingdom health. The nursing mother more and was not interested in securing a than any other woman in the world following for himself. "They followneeds rich blood and plenty of it. ed Jesus" as truly as their former There is one always unfailing way to master had heralded his coming. get this good blood so necessary to They followed him when there was perfect health, and that is through the little in sight to attract them. They use of Dr. Williams' Pink Pills. These pills make new blood abundantly, and | vinced that he was the 'Lamb of God' through their use thousands of weak, ailing wives and mothers have been made bright, cheerful and strong. If and shame and through suffering, but you are ailing, easily tired or depressed, it is a duty you owe yourself and your family to give Dr. Williams' Pink Pills a fair trial. What this medicine has done for others it will surely do for you.



Oct. 5, 1919. John and Peter Become Disciples of Jesus.—John 1:29-42.

Commentary.-I. Jesus the Son of God (vs. 29-34). 29. The next day-The next day after John the Baptist had received a deputation of priests and Levites from Jerusalem, who had some asking him who he was. John told them that he was "the voice of one crying in the wilderness, Make straight the way of the Lord." and that there was one standing among them who, coming after him, was preferred before him, whose shoes he was 'not worthy to unloose." This was something like six months after John the Baptist had commenced his minfatry. He had preached to the multitudes who came to him from all directions and had baptised many. Seeth Jesus coming unto him-John knew who Jesus was, for his baptism had already taken place. Behold the Lamb of God-John did not introduce Jesus as a king to rule Israel in splendor, but as a sacrifice to die for the of the world. To the Jewish mind the idea of a lamb was familiar. They knew the prophecy of Isaiah which shows the Messiah as a lamb brought to the slaughter. They knew of the Passover feast at which a lamb the deliverance of the Israelites from Egyptian bondage, and they were familiar with the daily sacrifices at the temple. Which taketh away the sin of the world-Provision is thus made for the removal of sin from the heart and life of every believer in Jesus. These words of John the Baptist are a declaration of the fact and officacy of the atonement that was to made. The atonement makes posdble the destruction of sin (1 John 3:8). 30. This is he—This was the Christ of whom John had spoken the day before. He was before me-John the Bantist had lived only about thirty years, but Jesus had always existed. 31. I knew him not-Although John was related to Jesus, he may not have been personally acquainted with him. Whether he was or not, it is certain that he did not know him in his exalted nature, office and mission until his appearing at Jordan for baptism. Should be made manifest-The two-fold mission of John the Bapelst was to preach repentance and to point out the Messiah. To Israel-To

32. Bare record—Was a witness. I saw the Spirit descending—This took place at the baptism of Jesus some time before this (Matt. 3: 13-17); Mark 1: 9-11; Luke 3, 21-22). 33. The same said unto me-There was no uncertainty in John's testimony. He knew that God had sent him to baptize with water, and he knew that he was divinely instructed how to recognize Jesus when he came, Baptize with the Holy Ghost-John's baptism was outward; the baptism of the Holy Ghost is inward and is purifying in its effect. It gives victory over sin, and imparts spiritual power. 34. This is the Son of God-At Christ's baptism this declaration was made from heaven

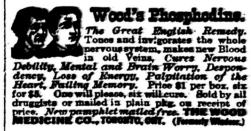
(Matt. 3: 17). II. Becoming followers of Jesus (vs. 35-42). 35. again the next day-The day following the one on which John the Baptist said to the people, "Behold the Lamb of God." The records of his testimony as to Jesus are that on three successive days he declared the people that Jesus was the Messigh. He gave witness of this fact to the priests and Levites who came from Jerusalem. He introduced Jesus to. the multitudes. He declared this

DODD'S KIDNEY

truth privately to two of his disciples. two of his disciples. We are not told how many disciples John the Haptist had. From this chapter we learn that some of them directly became followers of Jesus. From the account of his sending an inquiry from the place of his imprisonment, asking Jesus of old duties and the care of mother- his Messiahship, we know that he had d, needs occasional help to keep disciples then. (Matt. 11:2-6); and he had disciples at the time of his death (Mark 6:27-29). 36. looking upon severe. Her own health trials and Jesus-The verb has in it the thought her children's welfare exact heavy of beholding with intense interest. Lamb of God!"-R. V. This anand mission of Christ. 37. they followed Jesus-The two disciples were so impressed by the declaration, the women have grown to accept these Baptist made and by the appearance motherhood. But many and varied as vinced that he was the Christ and was but natural that they should do well it is the women's good blood that this, and John could not expect them followed him because they were conto take away the sins of the world. They followed him through reproach they followed him to eternal triumph and bliss. 38. what seek ye-"This was not asked to obtain information. was a kind of inquiry respecting their desires; an invitation to lay open their minds, to state their wishes, and to express all their own salvation." rabbi-A Jewish title. Jesus forbade his disciples to accept it (Matt. 23:8). It means master, or teacher, interpreted-John explained the Hebrew term rabbi for the benefit of those who were not Jews. where dwellest thou-They wished to know where he lodged so that they could have an extended interview with him. 39. come and see Jesus gave them a hearty welcome. He recognized their sincerity and devotion. about the tenth hour -According to the Roman method of reckoning it would be ten o'clock in the forenoon, but according to the Jewish method it would be four o'clock in the afternoon. The latter was pro-

40. One of the two.... rae Andrew -Andrew's name is the first mentioned in the list of Christ's disciples. There is no doubt as to the other one. for it must have been John, the writer of this Gospei. He always modestly refrained from mentioning his own name. 41. He first findeth his own brother Simon-The language in the Greek would imply that each of the two disciples sought at once his own brother to bring Him to Jesus, and Andrew succeeded first in bringing his brother Simon. Thus each disciple sought to bring some one to Jesus. This has ever been the method of advancing the cause of Christ. We have found the Messias-There was an expectation at that time that Christ was about to appear. It was wonderful news that Andrew carried to his brother. The fulness of time had come and He who was to redeem the world was slain and eaten commemorating had been found, 42. He brought Him to Jesus-It was through human agency that Simon was brought into contact with the Saviour of men. Thou are Simon-"Though it is the first time that Peter ever saw Jesus, it is not the first time that Jesus, in epirit at least, ever eaw Peter. He knows his parentage, his name and history." Jona-John. Thou shalt be called Cephas-Jesus saw clearly the nature of Simon and what he might fountain of delight in the world to become through grace, and he chang- come. ed his name accordingly. His new name meant rock and stood for sol-

> Questions.—By whom and for what purpose were priests and Levices sent nations are aggregations of individto John the Baptist? What answers did John give to their questions? What was the twofold mission of John the Baptist? What was John's The Holy Spirit aiways individualizes estimate of himself in comparison with his operations. John and Peter be-Jesus? Give reasons why Jesus is came disciples, first, by an individual



called the Lamb of God. How did John recognize the Christ? What is it to be baptized with the Holy Ghost? What great witness was given that Jesus was the Son of God? What did John the Baptist announce to two of his disciples? Who were they and what course did they take?

PRACTICAL SURVEY. Topic.—The claims of Christ upon

all men. I. A universal claim. II. An individual call.

John and Andrew are the only disciples of the Baptist whose names have been preserved to us. The former is the writer of the lesson, and by clear inference the associate of Andrew, whose name he records. They were the first to share the hospitality of Jesus and in the sacred intercourse to discover his true character and Messiahship (John 1: 14), attested to their earlier master by the visible descent of the Holy Ghost. They were also among the first disciples of Jesus with their brothers James and Simon. Later all became members of the apostolic group chosen from the larger company of those who had attached themselves to Jesus. John and Peter were especially prominent and privileged among the apostles. The former came into relations particularly affectionate with the Master.

I. A universal claim. Jesus was the embodiment and manifestation of moral law and moral love. There were blended in him inexorable righteousness and immeasurable compassion. At his cradle "mercy and truth met together," and as his cross righteousness and peace kissed each other." He fulfilled "all righteousness" for himself, and by his sacrifice satisfied its violated requirements for

Remember the Date---**OCTOBER 20-22** National Educational Conference

at Winnipeg PROMINENT SPEAKERS LIVE SUBJECTS

In advance of the definite programme in the form in which it will be issued at the time of the Conference, the Convening Committee announces that the following items are definitely assured:

1-Salutatory Addresses-By His Excellency the Governor-General of Canada, Sir James Aikins, Lieutenant-Governor of Manitoba, and

His Worship C. F. Gray, Winnipeg. 2-"The Lessons of the War for Canadian Education," Hon. Dr. Cody, Minister of Education, Ontario. 3-"The School and the Development of Moral Purpose," Dr. Theo-

dore Soares, Professor of Religious Education, University of Chi-4-"The Development of a National Character Through Education," Sir Robert Falconer, President of University of Toronto

"The Essential Factors of Education," Dr. Helen MacMurchy, Ontario Department of Education. The Boy Scout Movement as Auxiliary to the School in Moral

Training," Dr. James W. Robertson, Dominion Commissioner of the Boy Scouts. 7-"Methods and Ideals of the Canadian Standard Efficiency Training Groups,"

Department of the Y. M. C. A. 8-"The Function of the Public School in Character Formation," Dr. J. F. White, Principal Ottawa Normal School.

9-"Education and Reconstruction," Peter Wright, British Seaman's 10-"The Basis of Moral Teaching." Michael O'Brien, Toronto, Ont.

11-"The School and Industrial Relationships," Dr. Suzzaile, President University of Washington.

12-"The School and Democracy," President John H. Finley, Commissioner of Education for the State of New York, Albany, N. Y. 13-"The School and the Newer Citizens of Canada," Dr. J. T. M. Anderson, Director of Education among New Canadians, Regina,

14-"The Interest of the State in Character Education." Dr. Milton Fairchild, Washington, D. C.

The task of initiating discusions has been assigned to persons representative of all parts of Canada. Among those definitely secured at this date in this connection are:

Dr. Charles McKinnon, Principal Pine Hill College, Halifax, N. S.; Prof. H. T. J. Coleman, Dean of Faculty of Education, Queen's University, Kingston, Ont.; J. J. Tompkins, Esq., Vice-President University of St. Francis Xavier's College, Antigonish, N. S.; Very Rev. Dean Llywdd, All Saints' Cathedral, Halifax, N. S.; Dr. H. P. Whidden, M. P., Brandon, Män.; Prof. Iva E. Martin, Royal Military College, Kingston, Ont.; Prof. W. H. Alexander, University of Alberta, Edmonton, Alta.; Dr. G. W. Parmalee, Deputy Minister of Education, Quebec; R. W. Craig, K. C., President, Winnipeg Canadian Club and Chairman Winnipeg School Board; Dr. John MacKay, Westminster Hall, Vancouver, B. C.; R. L. Torrance, Manager Royal Bank, Guelph, Ont.; W. A. Buchanan, M. P., 'Lethbridge; Alta.; W. McL. Davidson, M. P. P., Editor, Calgary Albertan, Calgary, Alta.; W. G. Raymond, Esq., Post Master, Brantford, Ont.; Prof. C. B. Sissons, Victorias University, Toronto, Ont.; W. J. Sisler, Principal Strathcona School, Dr. Charles McKinnon, Principal Pine Hill College, Halifax, N. S.; Victoria University, Toronto, Ont.; W. J. Sisler, Principal Strathcona School.

Delegates to the Conference should make their hotel reservations immediately.

The following committees are at your services: Reception, Entertainment, Transportation, Hotel Accommodation. Address all Communications to

THE GENERAL SECRETARY, NATIONAL EDUCATIONAL CONFERENCE.

505 Electric Chambers, Winnings.

The purpose of his coming was worldembracing. "There is no respect of persons with God." The provisions of inclusive as the necessity. "All have sinned"; all are redeemed, and all possess an equality of privilege as re-lated to responsibility (Rom. 2: 14-15). No man can egade his moral obligations. Repudiation is not release. The claims of Christ originate, first, in his sovereignty. "He is Lord of all." Second, in his Saviourhood. "He died for all." Relation to him is the essential quality in human character, the supreme factor in human life and the determining element in human destiny. Christ is the central figure and fact of earthly history, the judge of all men and the inexhaustible

II. An individual call. The universal includes the individual. The former is the expansion of the latter. Families, communities, churches and uals. What the latter are, the former must be. The personal is always the determining factor of the universal. call of Jesus; second, by a personal choice. Every person is called to discipleship. "Follow me," is the first requirement. We are to receive the doctrine of Christ and imitate his example. "He that saith he abideth in him ought himself also so to walk, even as he walked." Personal and intimate association with the Master is the essential fact of Christian experience and the first qualification for effective service. He was the master Preacher and personal Worker, and his methods cannot be improved. As Jesus was taught of the Father (John 5: 19, 20), so are his disciples to be taught of him by the Spirit (John 16: 13, 14). As Jesus was sent into the world by the Father, so does he send his disciples (John 17: 18). His disciples share his mission, partake of his joys and sorrows, and share his coming glory.

W. H. C.

A SEPARATION GRANTED

Not by processe of law, but by the silent working of "Putnam's" are corns separated from aching toes. Any corn or wart that "Putnam's" won't sure hasn't been discovered yet. Insist on Putnam's Corn Extractor only, 25c at all dealers.

Satisfied With Little Food.

In the Edinburgh (Scotland) zoothere is a crocodile that is content with a rat or a piece of horseflesh every fortnight. There is an anaconda which arrived more than a year ago and has since steadily refused to food.



It has been proved that there is about as much potash as nitrogen in the surface of a good loam soil, and considerably more in the subsoil. The nitrogen, too, is much more readily soluble and more quickly used up or lost, and is frequently the limiting. element in plant growth. To continue profitable production there must be constant addition to the nitrogen of the soil.

LEGUMINOUS CROPS GATHER NITROGEN.

A leguminous crop will gather sufficient nitrogen to supply the requirements of the crop following. But this cannot always be taken literally. A good cover crop of crimson clover. or vetch, will fix 80 pounds or more of atmospheric nitrogen, as much as is contained in a ton of 4-10-0 fertil-

Legumes not only add to the soil nitrogen, but any crop worked into the soil adds to the organic matter, which makes the soil mellow, easily

Cook's Cotton Root Compound



A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. ONTO, ONT. (Formerly Windsor.)

worked and friendly to plant and bacterial life. This organic matter absorbs water and soluble plant foods, giving both up to the crop as needed. When land lies bare, washing and blowing of the surface soil are destructive, and many dollars' worth of soluble nitrogen phosphoric acid and potash are leached out and lost during fall, winter and spring. A cover crop will check almost all this loss and when plowed down the roots and tops not only give up their plant foods to nourish the following crop, but the weak acids formed in decay set free other insoluble mineral plant food in the soil. Rye and wheat are valuable for the above reasons, though they add no nitrogen to the soil direct-

By a rational use of cover crops and fertilizers sails have been maintained or incraesed in fertility over a period of years without the use of manure.

HOW TO GROW COVER CROPS. To get a good stand with a minimum quantity of seed, sow fresh seed, the high germination of which is guaranteed on the tag; sow as early as contake food of any kind, an example of ditions permit to obtain the maximum abstention surpassed, however, by an fall growth and stooling and to pre-Indian python, which during its 13 vent winter killing. Have as fine, months' stay has not voluntarily taken clean and firm a seed bed as possible, especially for the clovers. Cover the



You can prevent this loathsome disease from running rough your stables and cure all the colts suffering with it when you begin the treatment. No matter how young, SPOHN'S DISTEMPER COMPOUND is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how colts or horses at any age are "exposed." SPOHN MEDICAL CO., Mfrs., Goshen, Ind., U. S. A. eed well and fairly deep on light soil

which is rather dry.

If possible, wait until after a rain to sow small seeds. For early seeding after early potatoes, in tomatoes or truck, or at the last working of corn, sow eight to 12 pounds of good crimson clover per acre, or a mixture of two to three pounds of alsike and flour to five pounds of red or mammoth clover. Eight or ten pounds of red or preferably mammoth clover may be sown alone, but on wet or sour land, or where red clover does not catch, try four to eight pounds of alsike. With the clovers sow three to five pecks of wheat or rye to insure a thick and hardy cover crop and to protect the clovers against winter injury.

In fields where alfalfa has, or may be expected to succeed, 10 to 15 pounds of elfalfa, or preferably scarified sweet clover seed, may be sown instead of other clovers, or several pounds may be included in clover mixtures. Without plenty of lime and inoculation, however, these crops cannot be relied

From one-quarter to three-quarters of a pound of cow horn or common turnips may well be added to any of these clover seedings. The turnips may be fed or plowed down.

LATE SOWN CLOVER CROPS. During September four to six pecks of tye and 15 to 20 pounds of winter vetch is the most satisfactory cover crop to sow. Fine cover crops are often obtained by sowing in good season a mixture of 3 pecks of rye, 10 or 15 pounds of veich and six to eight pounds of crimson clover. After the first of October six to eight pecks of rye alone is most advisable.

Wheat is used extensively as a cov-

er crop and on good land is preferable to rye, but the latter crop can be sowed later, is more hardy and will early, as for notatoes, crimson clover or rye is preferable as a cover crop. since the other clovers are slower to start in spring, and in order to give the largest returns should be allowed to attain some size before plowing. Lime promotes the growth of all common legumes and the presence of lime or its application to sour soils will insure the success of cover crops of clover. Many farmers apply lime to growing potatoes or corn with beneficial results on the following crop. Lime also sets free considerable quantitles of insoluble potash and, by promoting bacterial action, makes the nitrogen in the organic matter more readily available. Thus lime may take the place of some potash and nitrogen in the fertilizer if the supply of organic matter is maintained by man-

ly when used alone, than lime. Phosphoic acid has given greater returns than any other single fertilizing element. Where legume cover crops are grown at frequent intervals and plowed down, possibly supplemented with some well-kept manure, there is little doubt that profitable production may be maintained indefinitely on most good soils by the use of phosphoric acid. lime and a minimum of nitrogen. It is quite certain that by the use of leguminous cover crops the amount of nitrogen required in the fertilizer for potatoes and truck may be greatly reduced and a substantial saving effected, even at normal prices.

ure and crops plowed in. Nothing.

however, will exhaust soil more quick-

\$100 Reward, \$100

Catarrh is a local disease greatl yin-Tuenced by constitutional conditions. therefore requires constitutional treat-ment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE lestroys the foundation of the disease. gives the patient strength by improving the general health and assists nature in loing its work. \$100.00 for any Catarrh that HALL'S CATARRH MEDI TINE fails to cure.

Druggists: 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohlo.

To Save Horse Feed.

A shield has been designed for horses' feed bags which prevents all spilling of grain while an animal is eating—a loss which sometimes amounts to 25 per cent. The device consists of a funnel-shaped apron of cloth, with a sifficiently large opening at the bottom, which fits inside the bag, being attached to the upper edge and extending about half way down into the container. The lower end is gathered by means of a coiled spring and fits snugly about the horse's nose so that no matter how much the animal tosses its head, no grain is lost.-Popular Mechanics.

The Name "Calais."

Calais, urges a correspondent, is surely one of those familiar French names that are and should be Anglicized, as is the case with Paris, Lyons, Marsellaise, Florence. At any rate. Browning thought so when he frankly rhymed it with an English word in his reference to Queen Mary Tudor: When fortune's malice

Lost her Calais. Let us all etick to this for the attempt to give the French sound is seldom a success. There is nearly always the English trick of putting a stress on the first syllable instead of the final one. Brownin's rhyme is not pretty, but it is a good enough guide. -London Chronicle.

STORM WINDOWS & DOORS SIZES to suit your openings. Fitted with glass. Safe de livery guaranteed. Write for Price List [16]. Cut down fuel bills. Insure winter The HALLIDAY COMPANY, Limiter HAMILTON FACTORY DISTRIBUTORS

Modern Version.

While little Helen was at Sunday school they repeated the Twenty-third Psalm and when she arrived home, her mother asked her what she had learned that day. Helen replied without hesitation: "The Lord is my chauffeur, I shall not walk."

"Campletely Discouraged"

dragging down feelings, dizzy, pale and weak, little things an-

noy and "every-thing goes wrong." Look the other and see what Dr. Pierce's Favorite Prescription has done for more than a million women in the last fifty years. What it has done for others it can

do for you. A helping hand to dift up weak. tired over-taxed women -that's what you'll find in Dr. Pierce's Favorite Prescription. It gives you just the help that you need. To be had a liquid or tablets. Tablet form, 50 cents, at all drug

stores. It' is a medicine that's made especially to build up women's strength and to cure women's ailments an invigorating, restorative tonic, soothing cordial and bracing nervine; purely vegetable, nonalcoholic, and perfectly harmless.

You can procure a trial pkg. by sending 10c. to Dr. Pierce, Buffalo, N. Y.

TILLSONBURG, ONT .- "A few years ago had a severe nervous break-down. I would have pains in my head and would suffer with backache. I was ailing for about two years. Had doctored but did not seem to get cured of the ailment. At last I took Dr. Pierce's Favorite Prescription and it did me more good than any medicine I ever took. It built me up and thrive on poorer ground than wheat. I felt better in every way than I had for Where the ground must be plowed two years previously. -- Mrs. L. HEATE.

Majesty of the Law.

"Here, now!" sternly commanded Constable Sam T. Slackputter, the redoubtable eleuth of Petunia. "You. fellers move on there! Scatter out! You're blocking the sidewalk so folks can't get along. And, besides all that, I want to see a little of that there dog fight myself before it is all over. -Kansas City Star.

Equal Right, But No Favor.

"I suppose," said a lady to a trolley car conductor, "if I pay the fare for my dog he will be treated the same as other passengers, and be allowed to occupy a seat?" "Of course madam," the conductor replied politely. "He will be treated the same as other passengers, and can occupy a seat providing he does not put his feet

Spanking Doesn't Cure

Don't think children can be cured bed-wetting by spanking them. constitutions. child cannot help it. free to any mother my shome treatment, with structions. If your children trouble you in this way, send no money, but write day. My treatment is highly recommended to adults troubled with urine difficult ties by day or night. Write for free to a treatment.

Mrs. M. Summers, BOX 8. WINDSOR, Ontario.

Health Improvement in Brazil.

The famous saying "Brazil is a vast hospital" is in a fair way to being outlawed. Yellow fever is stamped out and the government has made ar immense appropriation for supplying quinine to the entire community. To these achievements must be added the labors of the Oswaldo Cruz institute in the realms of scientific prevention of communicable diseases of all kinds -Brazil Medico.

Made Money From Dandelions

Collecting dandelions an Italian woman living in Phildelphia has beer able to save \$2,000 during the last 40 years. It appears that about forty years ago the woman's husband died leaving is widow unprovided for She started to collect dandelions, and soic them to her countrymen in the cary A few days ago she died, and it was found that her savings had accumu lated to a little more than \$2,000.



All Kinds of Whiskers

Whiskers are a variable side issue The closely trimmed whisker, descending to the lobe of the ear on an otherwise clean-shaven face, was long a favorite among sporting men. . Wern lower down the jaw, the whisker changes character and develops into "mutton chops" that blossom in 8 bush manner. Still more preneunced are "Picadilly weepers" of the Lou-Dundreary kind. This last and mutton chop are worn with a mastache while John Bull shaves everything except his hikers.

Cause of Sun's Eclipse.

Eclipses of the sun are caused by the moon coming between the eart! and the sun in such manner as to es scure the sun or a portion of it from the view of a section of the earth, An eclipse of the moon results when the earth comes between the sun and the moon so that the shadow of the earth falls upon the whole or a part of that portion of the moon visible to the

