Alcohol is Poison

Doctors Say It Is a Menace in Any and All Forms

FIVE ounces of alcohol will kill a fullgrown healthy man within ten hours. Taken in smaller but repeated doses alcohol lets him live longer but gets him in the end. All alcoholic beverages are poison, slow or swift.

Medical science has established that alcohol is a poison and a narcotic chemically related to ether and chloroform, and not a stimulant. A man was once brought out of ether who had taken eight ounces, and a man was once brought out of chloroform who had taken 22½ ounces, but no man ever revived who swallowed five ounces of alcohol at a single dose. The unconsciousness or coma produced by alcohol if not broken within ten or twelve hours is followed by practically certain death.



Alcohol as medicine has been expelled from the American Pharmacopoeia by the American Medical Association.

2.51% Alcohol in Beer Makes it Poison

as strong as the beer of the Ontario Temperance Act (2.50 Proof Spirits). The Beer of the Ballot is intoxicating. Three glasses of the Beer of the Ballot contains as much alcohol as a glass of whiskey.

When you are asked are you in favor of beer containing 2.51% alcohol by weight—in shops, bars, or anywhere else, vote

"No!"-Four Times-"No!"

Save yourself, save your family, save your country for the destiny God intended unhandicapped by "booze,"

Be careful—mark your ballot after each question with an X under the column headed "No," or your vote will be lost to Temperance.

Ontario Referendum Committee

ICHN MACDONALD.

D. A. DUNLAP

ANDREW S. GRANT,

For Chairman and Ser tary,

COLL x. elsier Life Diago, Toronto



THE oven is the big feature of a McClary's Gas Range.

The heat is uniform and is confined. Cooking is on view through the wired-glass oven door. A reliable thermometer banishes the risk of overheating.

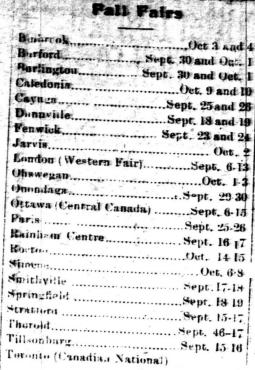
McClary's Gas Ranges are finished in hard-baked black enamel. The whole range, inside of oven included, can be cleaned with a damp cloth.

Many styles and sizes. Let us show them to you.

McClary's Gas Ranges
Sold by E. T. CARTER



St. Harle, Out. The Prince inspecting the Locks



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				Sep	. 23-24

Memorial Hospital

The project for the establishment and maintenance in Dynnville of a county memorial hospital has taken more definite shape during the past week. When it was first mooted, Mr. F. R. Lalor, M. P. expressed his willingness to contribute his sessional indemnity of \$2,500 toward it. Since then the present fall session has been called, and Mr. Lalor has generously donated both indemnities to the worthy object.

Mr. Lalor's gift will be a selection of the county of t

Mr. Lalor's gift will be applied to the purchase of the building, which will be turned over to the Women's Patrioric Society, in trust for the maintenance therein of a memorial hospital for the County of Haldimand. The bullding decided on is the Swayzie homestead on Lock street. During the week this build ing was inspected by the joint committee representing the Women's Patriotic Societity the town Council, the Board of Trade and the Great War Veteran's As sociation, and also by the doctors of the town, all agreeing that it would be suitable for the purpose intended when certain necessary alternations are made.

It is proposed to make application to the County Council for a grant and to proceed as rapidly as possible with the arrangements for the opening and maintenance of the institution, the need for which has been felt for a long time.

GIRLS WANTED

Clean, airy, sunlit workrooms. Short hours—a 47-hour week,

with Saturday half-holiday.

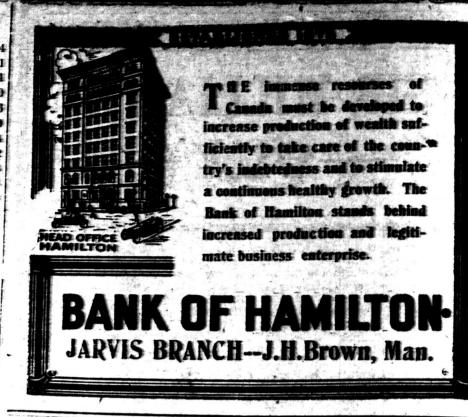
Valuable training in agreeable work for the inexperienced.

A good living wage to beginners which materially increases with experience and proficiency.

Write or call-

MERCURY MILLS

Hamilton - Ontario



题應

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C.P.R.'S NEW RECORD

The re-employment of returned soldiers has been carried out by the C.P.R. so whole-heartedly that according to the official records up to the end of August, actually more returned soldiers have been given employment than left the Company for service overseas. The exact figures are as follows:—

Trade 1	
Total reported as joining the Army	10.538
Re-employed in the service	5,024
Other soldiers given employment Total soldiers given employment to date	
given employment to date	10.567

In finding employment for returned soldiers, the C.P.R. has found by experience that in most cases it is advisable to reinstate them in the same department as that in which they worked previous to enlistment. The freight handler who has ambitions to become a dining car waiter is not encouraged to change his vocation unless he can prove that he learned something about waiting, for in stance, at an Officers' mess during his military life. His military experience has probably made him a better man than before for handling freight but has not qualified him for the skilled trade of a dining car waiter. Baggage men who have served in the Army come back as a rule all the better for their experionce, but the Army training has not qualified them to be sleeping car conductors or ticket elerks, and if they prove to be misfits at a new the only result is friction and discontent. The general experience. newever, is that the normal returned man who goes back to his old or a a milar job is all right, indeed is often improved by the discipline and teamwork which he has learnt in the Army.

The policy of the C.P.R. has been to find a position at least as good as the position given up, and this policy has been carried out in the nigher ranks of the service as well as in the lower ranks. Thus:

Mr. M. L. Duffy, who was Chief Clerk, Freight Department, at London, England, enlisted October 1914, was re-employed March 1st, 1919 as Agent at Glasgow.

Mr. F. A. L. Gascoigne, who was Superintendent Car Service, Mont-

teal, enlisted July 1915, resumed duty as Secretary Treasurer of the Canadian Pacific Ocean Services Ltd., Montreal, in October 1918, Mr. Gerald Hiam, who was District Breight Agent at Fort William, as District Freight, and returned to duty on March 15th, 1919, Mr. W. M. Kirkpatrick, who was Assigned to Treight C.

Mr. W. M. Kirkpatrick, who was Assistant Freight Traffic Manager, at Montreal, and enlisted in Soptember 1915, resumed duty on Behruary 1st 1919, as Assistant Freight Traffic Manager at Winnipper.

Mr. T. M. Leack, who was Chief Surgeon at Moose Jaw, enlisted in February 1916, and resumed duty as Chief Medical Officer at Moose Mr. C. H. Mucklesten, who was Division To.

Mr. C. H. Mucklesten, who was Division Engineer in the Natural R sources Department at Calgary, enlisted in April 1916, and resumed duty as Division Engineer on March 17th, 1919.

Mr. C. G. Ommanney, who was Special Assistant Engineer at Montreal callsted in August 1915.

Montreal calisted in August 1915, and resumed duty in July 1919, as Assistant Engineer in the Chief Engineer's Department at Montreal. Mr. L. C. Ord, who was Assistant Works Manager at Angus Shops, Montreal, calisted in September 2015, and resumed duty in the same

capacity in May 1919.

16. C. W. P. Ramsey, who was Engineer of Construction, Montaged and who took command of the Canadian Overseas Railway.

Construction Corps in February 1915, resumed form as Railway.

Construction Corps in February 1915, resumed duty as Relieving Superintendent on Eastern Lines in March 1919.

The M. J. Robertson, who was Assistant to the Manager of the C.P.R. Real Estate Department, Montreal, enlighted in June 1916.

Mr. H. B. Yewdall, who was Purchasing Agent in the C.P.R. Right of May Department at Winnipeg. enlisted in November 1914, and counsed his former position in June 1915.



Prince Says Good-bye to Quebec at C. P. R. Station