

A Pimple Remover That Never Fails

Dr. Hamilton Stands Behind His Formula

Bad blood is always responsible for pimples, blackheads and humours. Pimples, eczema and boils are the common result.

I contend that to cure these ills, the liver, kidneys, and bowels must receive attention.

Mr. Remedy, known as Dr. Hamilton's Pills of Madrake and Butter-nut, invariably reaches the trouble.

For putting life into sleepy organs, for forcing out every kind of waste and foreign matter, for making health-sustaining blood, where can you find such efficiency as in Dr. Hamilton's Pills?

In a thousand cases I have demonstrated that Dr. Hamilton's Pills cure facial blemishes and skin diseases.

Look upon these pills as the best blood purifier and system builder of the age, and guarantee they will cure every complaint having its origin in a weak or debilitated blood supply.

If Dr. Hamilton's Pills will not cure that tired, rundown condition, if they will not change lack of force into energy and vim, then nothing will.

By creating an abundant supply of rich, nourishing blood they maintain that standard of health so much desired by those participating in the strenuous life we live to-day.

Get Dr. Hamilton's Pills and prove their merit to-day, 25c per box.

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Lamps—Torches. 17. Look on me—Gideon was the leader and his men were to carry out his plan fully and carefully.

18. On every side of all camps. The contemplated attack would bring terror, as it would appear that the Midianites were wholly surrounded. The sword of the Lord, and of Gideon—"For Jehovah and for Gideon."—R. V. 19. Beginning of the middle watch—it was about midnight. Drees, the evening, the middle and the morning. 20. Brake the pitchers—The sound of the breaking of three hundred pitchers at once would seem like a great clash of arms. The sword of the Lord, and of Gideon—This cry from three hundred men of war, accompanied by the sounding of as many trumpets and the glare of as many torches at night was sufficient to strike terror to the hearts of the enemy. 21. Every man in his place round about the camp—To each of Gideon's three hundred men a work was assigned, and each did it. The host ran, and cried, and fled. The Midianites were terror-stricken and in utter confusion. 22-25. In their confusion and terror the Midianites mistook their fellow soldiers for enemies and turned their swords upon one another. They were completely routed and sought safety in flight, pursued by the men of Israel.

QUESTIONS—Give an account of Gideon's call to be the deliverer of Israel. How did the number in Gideon's army compare with that of the Midianites? What was the first test applied to Gideon's army? Describe the second test. Why did the Lord desire to reduce the number of men? What encouragement came to Gideon? Describe the equipment of Gideon's men. How was the attack made upon the Midianites?

PRACTICAL SURVEY.

Topic.—One with God a majority.

I. Gideon's call.

II. Gideon's army decimated.

III. Gideon's victory.

After a notable and decisive victory at Deborah, "the land had rest forty years." Repeated disobedience brought renewed disaster. The history of Israel is the history of the world. In the former study we saw Israel oppressed; in the present lesson we have a foreign invasion, with enemies crowding in on every side. Judges 6: 2 gives us a vivid picture of the pitiable condition. Proud and princely Israel was burrowing in dens and caves. Only by the almost surpassing strategy could the present existence be secured. God's answer to their cry was a prophet, and through him a reminder and reproof. God works through recollection. Mysterious memory places the past in the light of the present. Abraham said to the rich man, "Son, remember." The bitterness of Israel's experience was that it was not fortunate, but retribution.

I. Gideon's call. God found his man. Gideon was doing an honest work in the quietest manner possible (Judges 6: 11) and had held his faith in the midst of universal degeneracy. In the riot of Baal worship he had kept Jehovah's altar. "He had faithful among the faithless been." The beginning of a divine deliverance must be moral, spiritual, religious. The first test applied to Gideon settled the relation to the "idolatry" of his own household and placed him in public antagonism to Baal worship. The name, "Jerubbaal," Baal's antagonist, was not a misnomer. The path of pre-emptive duty always leads to the higher attainments and achievements of life.

II. Gideon's army decimated. In all ages and all events God has jealously to guard his own glory. He will stain

the pride of all human boasting. No flesh shall glory in his presence. "The weak things," the "things that are not," the instruments discarded by human wisdom, he uses for his great purposes. The enemies of Israel were numerous and first on the field. Gideon issued the call to Israel, and Abimezer, his little flock, came up to meet him. All his host was but a handful before the outpost host of Midian and Amalek. Nothing could be more ingenious and convincing than the double sign asked for and granted, perhaps more in view of his own coming decimations, than the greatness of his enemies. The applied tests hit Gideon with a pitiful handful numerically, but every man a hero. Not a fearful one was in all the ranks; every one wise in self-control, and eager in spirit.

III. Gideon's victory. Divine interposition does not preclude the wisest and most effective disposal of the means at hand. Decimated to the point of utter human hopelessness, Gideon disposed of his heroes with the skill of a divinely-instructed strategist. The blaring trumpets, the crash of breaking vessels, the sudden flash of torches, bursting through the darkness, and the appointed battle-cry, will simulate a besieging host. Midian was confused, and destroyed itself. "It is nothing for him 'to have by many or by few.'" "Statistics are nothing, principles everything." W. H. C.

No one need endure the agony of corns with Holloway's Corn Cure at hand to remove them.

First Office Boy—I told the boss to look at the dark circles under my eyes and see if I didn't need a half day off.

Second Office Boy—What did he say?

First Office Boy—He said I needed a bar of soap.

Muggins—Queer a girl can never hit anything she aims at. Buggins—That isn't altogether true. Haven't you ever watched a girl throwing bouquets at herself?

A GOOD MEDICINE FOR SPRING USE

Harsh Purgatives Should Be Avoided—A Tonic Will Restore Your Energy.

Not exactly sick but not feeling quite well—that is the way thousands of people feel in the spring. It is a sign that the trying indoor life of winter has left its mark upon you. Equally tired, appetite fickle, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order, and these symptoms may easily develop into more serious trouble.

Do not dose yourself with purgatives as so many people do in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you that this is true. What you need in the spring is a tonic that will build up the blood and nerve. Dr. Williams' Pink Pills for Pale People does this.

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THE POULTRY WORLD

SOME HINTS BY AN ENGLISH EXPERT.

The success of poultry keeping as a business depends largely upon the owner's ability to keep his birds vigorous and free from disease, so that it is of paramount importance thoroughly to understand what conditions are necessary to ensure good health and productivity.

PREVENTION AND CURE.

The signs of good health in birds are generally a lively manner, clean eyes, bright red comb, and good appetite. Before one can intelligently work for the prevention of disease, which is very much more desirable than its cure when it has appeared, something of the causes which produce disease must be known. The poultry keeper must learn to some degree the art of diagnosis, and then determine what conditions have possibly produced the symptoms which are undesirable.

Thus, where the digestive machinery seems to be out of order, the quantity and kinds of food taken should be considered, as also should the amount of exercise the birds get, the accessibility of gravel or other forms of grit, the question of undue exposure to cold draughts of air, and the presence of parasites of one form or another. Again, where the respiratory organs are apparently affected, the owner should seek out for himself whether the birds have been chilled or are infested with parasitic organisms more particularly multiplying in the organs of respiration.

HYGIENIC CONDITIONS.

The general conditions required to maintain a flock of fowls in good health are, hygienically speaking, much the same as are required for other improved farm animals, except perhaps, that these conditions are more pressing in the case of poultry than in most other stock, as, proportionately to weight, birds digest food more quickly, while their blood also circulates faster and their temperature is higher. A laying fowl has been compared to "a very perfect and delicate machine, running under high pressure," and the comparison is a just one. The machine gets really good action, it runs easily and produces the most remunerative results, if neglected, it is sure to be more costly and disappointing than more ordinary machines would be.

UPON ELEVATED GROUND.

The first requirement of health is to see that the poultry house and yard are located, if possible, upon elevated ground, so that the drainage is good and that the water will not settle under the buildings. A good proportion of sand in the soil is beneficial, as it dries more readily and does not become so muddy in wet weather. Drainage is most undesirable. It conduces to rheumatism and many other ailments.

Under what is known as the intensive system, fowls are sometimes kept in very limited spaces; but in our own experience the best possible results can only be had where the exercising yards are large enough. Where space can be spared, every fowl should be at least 60 square feet of yard space, as this will allow of the ground producing as much grass as the birds will eat under ordinary conditions.

It is a great advantage to have an open shed, facing the south, so that the birds can scratch in the dry during the winter and in rainy spells at other seasons. This helps very much to maintain health and vigor.

VENTILATION.

In ventilating the houses for poultry, care must be taken so to arrange that cold draughts of air do not blow upon the birds. Fresh air is most essential, but the houses can easily be heated without endangering the health of the fowls, when a satisfactory method of ventilation, it is said, to cover the inside walls of board houses with building paper or some other air-tight material.

Cleanliness is a sanitary condition of the greatest value, since accumulations of dirt and excrement provide breeding grounds for parasites of one sort or another. Hence, when constructing the poultry house, every part should be so devised that the house can be conveniently and easily cleaned. All nest-boxes, roosts, etc., should be readily removable, so that they can be taken out of the house for cleaning, and the floor must be quite smooth to allow of scraping and sweeping. Cracks and holes in the woodwork are best filled with something suitable, to prevent their becoming harborage for pests.

CLEANLINESS.

The longer fowls are kept on the same ground, the more they become the risk from parasite diseases, and the more they are kept, the more they are devoted to keeping such "risks" in check. In this connection, disinfection is invaluable. The simplest means of disinfecting the inside of the poultry house, including all perches and other woodwork, is to apply hot lime-wash two or three times yearly. Where liberally and properly used this will destroy animal parasites and bacteria.

Where fowls are infested with vermin they should be treated externally with insect powder of some reliable sort at the time when the houses are disinfected, and insect powder may be strewn in the dust boxes and nests with advantage. The actual ground of the run should be disinfected occasionally. A simple plan is to dig well and dig it, so as to bury all the accumulated excrement and parasite; and it is an advantage if a crop of grass or some other suitable and quickly growing plant can be cultivated on the ground from time to time thus ensuring its getting a complete change.

At the season of the year the fertility of eggs for hatching is a most vital question, so that it seems advisable to consider what conditions tend to increase fertility. Where eggs have to be kept a long time before being set, it is advisable to store them in tightly closed cases and not where they will be exposed to the air. An ideal temperature for the eggs which have to be kept for a time is about 70 degrees F. Temperatures below 50 degrees are risky.

FERTILE EGGS.

Stated as a general principle the fertility of eggs can be increased by giving the hens freedom, exercise, fresh air and suitable food. Where fowls that have been kept rather closely shut up are afforded abundant space with the object of producing more fertile eggs, about a fortnight of the new management should be given before the eggs are kept for sitting.

It is often stated that eggs for sitting sent by train or post should be rested for a few days before being put under hens; but the results of such experiments as have been made to determine the value of this system go to show that better effects are secured by starting the incubation of the eggs directly they are received and without resting them. —William Toogood, Southampton.

THANKFUL MOTHERS.

Once a mother has used Baby's Own Tablets for her little ones she would use nothing else. The Tablets give such results that the mother has nothing but words of praise and thankfulness for them. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N. S., who writes: "I have used Baby's Own Tablets for my children and from my experience I would not be without them. I would urge every mother to keep a box of the Tablets in the house. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and make teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The W. Williams Medicine Co., Brockville, Ont.

OUR DEBT TO ARABS.

Schools of Medicine Established Under Caliphs.

The origin of the Arab race is a matter of conjecture, but the Arabs were a unified political body with a king of their own long before the Christian era, wrote Frederick Simplic in the U. S. National Geographic Magazine. Just now there are perhaps 10,000,000 Arabs, and for convenience of classification they are usually separated into two divisions—"Al Bedouin," or "The Dwellers in the Open Land" (commonly called Bedouins), and "Al Hadir," or "Dwellers in Fixed Localities."

The Bedouins, roaming with their herds all over Arabia and even up into Mesopotamia and Syria, are better known to American missionaries, officials and travelers than the Hadir class. They are nomads from necessity and not from choice, and as the country comes under better rule, roads, trade, and irrigation will undoubtedly reduce the number of Arabs forced to lead this wandering life.

Although Bedouin and Hadir are almost synonymous terms in some