

## MAKE COTTAGE CHEESE

Farmers and Townsfolk May Easily Have Their Own.

**A Nutritive and Inexpensive Food—May Be Made From Sour or Skimmed Milk—Methods of Preparation Described.**

(Contributed by Ontario Department of Agriculture, Toronto.)

There are a great many kinds of cheese made in the world, but the easiest to make is cottage cheese.

A person living on a farm where there is a supply of milk can make not only for their own table but for market as well, while the towns-dweller who buys milk by the quart can use up small amounts left over in exactly the same way.

There is no need of wasting milk in the home just because it has become sour. It is true that small amounts of sour milk are often used when baking, but a person may not wish to use all of it in that way.

It is not necessary to use whole milk for making cottage cheese. Skimmed milk is quite satisfactory, and a small amount of cream may be added to the curd at the time of adding the salt.

There are two methods used in making cottage cheese, the "rennet method" and the "ordinary" or "heating method." We will speak of the heating method, as it is the one most commonly used in Ontario.

To make good flavored cottage cheese it is necessary to have good clean flavored milk free from taints or odors. Have the fresh skimmed milk at a temperature of 65 to 75 deg. F. It can be allowed to sour naturally, or a small amount of good flavored sour skimmed or buttermilk may be added to hasten the souring and help control the flavor.

Allow the milk to stand undisturbed until it has nicely thickened when it will be ready for the next step of the process. Stir the coagulated milk to break it up evenly, then carefully heat it to separate the curd from the whey.

If only a small amount is being heated it may be placed in a double boiler. A larger quantity may be heated in a can or pail, while a cheesecloth is suitable for large quantities. If the water in the vessel surrounding the milk is kept between 140 and 150 deg. F. there will not be the danger of overheating or heating too quickly, which is often the case when the water is boiling.

There is usually a good separation of curd and whey when it is heated to a temperature between 90 and 100 deg. F. If the whey should not be clear when the temperature reaches 100 deg. do not heat higher, but allow the can to stand. The whey will likely become clear in a few minutes.

Avoid overheating the curd as it causes the cheese to be dry and crumbly.

Next, drain the curd. It may be hung up in cotton bags or it may be drained on cheesecloth placed over a rack or strainer.

When the free whey has drained away lift the cloth at one side and allow the curd to roll to the centre, then do the same with the other side. This will hasten the drainage. When sufficiently drained the curd should be salted, using about an ounce of salt to four or five pounds of cheese.

If the cheese were made from skimmed milk it will be necessary to add a little cream. About an ounce of cream for each pound of cheese will be sufficient.

After thoroughly mixing allow it to stand a little while for the salt to dissolve before putting it up in packages.

If a person were making a quantity it might be put up in pound packages by printing it with the butter-printer and wrapping in parchment paper. This is an inexpensive way of handling cottage cheese, but it is not as attractive as the little fibre containers coated with paraffine.

A person who is making butter on the farm might increase the returns from the dairy by making some cottage cheese each week, as there are many people who like cottage cheese but do not know where to get it. Cottage cheese is a food that is nutritious yet inexpensive and much more of it might be used.

Like all other foods, we find people who like it and those who do not, but in many cases the addition of some flavoring has made it acceptable.

Cottage cheese may be used in many ways. It may be eaten with cream and sugar, preserves or maple syrup, or an attractive dish may be made by making a nest of cottage cheese and placing a bit of jelly in the centre. Or it may be flavored by the addition of chopped nuts, olives or pimientos and moulded into any desired shape.

If a person has not a mould, a small box may be lined with waxed paper and the cheese packed in with a knife or spoon. When filled, fold over the ends of the papers and shake the cheese out of the box.

Cottage cheese salads are popular. A very simple salad is made by placing on a lettuce leaf a small mould of a heaping tablespoonful of cottage cheese then adding salad dressing, or a more fancy salad may be made by making the cheese into small balls and rolling them in chopped nuts.

Cottage cheese may also be used as a sandwich filling by mixing it with chopped nuts, celery or dates or any other favoring that may be desired.

Many recipes could be given for utilizing this dairy by-product, cottage cheese, but sufficient has been said to suggest its possibilities.—Miss Belle Miller, O. A. College, Guilford.

## GABY'S PEARLS SOLD.

Paris Interested in Jewels Worn by Famous Dancer.

It was not to be expected that the sale of Gaby Deslys' jewels would leave Paris unmoved. Their beauty was far too great, the romance connected with them far too Gallic. Paris rose to the occasion, as she always does when the unusual takes place, and viewed it from angles poles removed from each other. A man writing in the Temps comments, first, upon the fact that the sale was held on the day on which the Grand Prix at Longchamps was decided, that had been for years the diva's day of days. Then it was that she sang and danced in the open air of the Champs Elysees before an audience select by nature and unreserved in its enthusiasm.

This writer concludes: "But to-day Gaby Deslys reposes in the peaceful soil that is France. Breezes from the nearby sea carry the perfume of the flowers to her grave and throughout eternity the fragile shades of lais and aspasia will come and lay asheaves of asphodel on her tomb, to the end that her name may not be forgotten or her memory unhalloved."

A woman writing in Figaro begins with a commercial description of the sale as it was held in the stuffy auction room of Georges Petit. A crowd had gathered, restless, curious, and avid, having paid for its seats as though a cheap but much advertised drama were to be given. Among them was Gaby Deslys' former dancing partner Harry Pilcer, who jotted down the money each jewel brought on the margin of the catalogue. The reporter concludes: "Those were once beautiful necklaces and each pearl had a soul. But until the cords on which the pearls were strung have been cut and the pearls returned to the sea that gave them, their beauty has vanished, their souls are no more, though Gaby Deslys tried to give them posthumous nobility by bequeathing the receipts to the poor of Marseilles."

But is this latter point of view defensible? Innumerable instances are on record where the value of a painting has been determined not merely by the beauty that was in it or the fame of the artist who created it, but rather by the various nails on which it has hung. Why should not pearls, which men do not create but merely assemble, gain immortality through their very association with an artist who was as human as Gaby Deslys?

## Meteor's Trains.

When a "shooting star" passes athwart the sky it leaves behind it a shining streamer. We do not notice the fact, but astronomers say that the streamer sometimes remains visible for fifteen minutes or more.

At first the streamer is a vivid green or scarlet stream. Presently it assumes a snaky form, becoming more serpentine and irregular until it vanishes.

Belief is entertained that the meteor leaves behind it a tube-shaped layer of highly heated air, which expands and is finally dissipated. The atmosphere along its track is electrified by the transit of the celestial projectile and is thereby rendered brightly phosphorescent. Air currents, blow the tube about, producing the snaky effect.

Observations made simultaneously from stations far apart have proved that the average meteor when first seen is about eighty miles above the surface of the earth, and disappears from view at thirty miles. In other words, it travels fifty miles before the atmospheric friction burns it up. This friction, it is reckoned, raises it to a temperature of something like 3,000,000 degrees, so that, unless of large size, it has no chance to reach our planet.

## Baron Is an Enemy.

Although Canada is no longer at war with Germany, a prominent former resident of British Columbia, in the person of Alvon von Alvensleben, more commonly known as Baron von Alvensleben, has been officially declared to be an enemy of the Dominion. A proclamation to this effect appeared in the Canada Gazette. It describes the baron as a German national and one who is still regarded as an enemy within the meaning of the sub-section of the peace treaty under which the Allied Governments took the right to so declare certain "individual Germans." Baron von Alvensleben cut a somewhat prominent figure on the Pacific Coast in pre-war days, and was believed to be the personal representative in Canada of the Kaiser.

## Burns Wore Big Hat.

A Scottish antiquarian has been making inquiries at a London hatter, "with a large clientele of men of the intellectual classes," as to the size of hat that must have been worn by Robert Burns, whose skull measurement was 22 1/2 inches.

It seems that 3 1/2 is the size for so considerable a girth. According to the same "intellectual" hatter, Sir Walter Scott's hat was a full 6 1/2 inches, his head circumference being 20 1/2 inches.

A Dumfriesshire hatter says no Dumfriesshire man among his customers takes Burns' size in hats nowadays. From hats like these said Scotland's grandeur sprang.—London Chronicle.

## Reindeer as Food.

Captain A. H. Living, of the Dominion Parks Branch, has been appointed to go to Labrador with the object of taking charge of plans to increase and domesticate the reindeer herd there. At the present time there are about 150 head of reindeer in that locality, and it is the ultimate intention of the Department to supply the missionaries and the people of the Hudson Bay territory with both a food and transportation system.

## The Kauri Tree.

The kauri, New Zealand's most valuable lumber-producing tree, will be exhausted at the present rate of cutting in five years. Its principal use is in the spars of ships.

## HARRIS' BUTCHER SHOP

All kinds of Fresh and Cured Meats

Hams, Bacon, Lard, Bologna, Beef,

Pork, Lamb and Veal

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Threshing Orders Delivered.

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All lines of Fresh Groceries.

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Read these articles with care, they may present something you have not thought of before. Patronize the home merchants, whose ads. appear here. They are your neighbors and will treat you right. The money you spend with them stays in circulation in Jarvis and neighborhood and benefits the town.

## Service is The Measure of a Bank's Usefulness

We think we give the best. Our facilities are at the disposal of all our associates courteous consideration and the best terms consistent with sound banking. We are always glad to be consulted.

BANK OF HAMILTON, Jarvis-Nanticoke  
J. H. BROWN, Manager.

## Bring Your Old Shoes to Me for Repairs

I will make them look like new. These are the days when it is necessary to cut down your expenses. I also have a fine line of men's and ladies' shoes to select from.

J. W. NORMAN,  
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## Seldom Will You Find a Combination

of grocery and bakery giving the service and quality of goods I do. I do not fear competition of any nature because the groceries and baked goods I sell cannot be duplicated anywhere.

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## A Drive to and From My Garage is an Economy Drive.

If you spend some money with me you will save money. If I attend to your car it will render a faithful accounting. Oils, Greases and Accessories.

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## Pocket Billiards is a Recreation

It aids digestion. Come in and try it. My shop is clean and sanitary. If you need a shave, haircut, shampoo or massage you will get the right kind of service here. A full line of smokers' supplies and tobaccos always kept in stock.

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Barber and Tobacconist.

## GERARD HEINTZMAN

The piano whose present popularity with music lovers has been won by merit, and by merit alone. If interested first consult any Gerhard owner, then for a quality deal of 100 cents on the dollar consult the district representative.

E. S. McCARTER.

Get your next job of paperhanging, painting or decorating done by me. My long and wide experience in Jarvis is your guarantee of a service well rendered. I also sell wall papers of every description. Look over my samples before buying elsewhere.

W. M. MACHELL, Paperhanger.

## Buying Furniture in Jarvis

You will find my prices right, and I stand back of every piece of furniture I sell. My Undertaking Parlor are well equipped for service—night or day. Call me up or come in and see me.

IVAN W. HOLMES,  
Furniture and Undertaker

## I Am Always Prepared

To do all kinds of Sheet Metal Work, Trimming and Spouting. If I do your work you will be sure it is done right. No job too big or too small. I am always prompt and my prices as well as service is right.

W. A. OWEN,  
Plumbers and Tinmen

## NEW ONE BORN EVERY MINUTE

Mail Order Man Need Not Worry About Keeping His Old Customers.

## HIS FIELD NOT RESTRICTED

Local Merchant, on Other Hand, Must Give Good Values and Service In Order to Hold His Trade.

(Copyright.)

It has been said that there is a sucker born every minute. If this be true, there are 1,440 potential customers of the mail-order houses ushered into the world every 24 hours and the number reaches a total of 325,600 every year.

Of course, as Mark Twain remarked regarding reports of his death, these figures may be exaggerated, but they serve to illustrate the fact that the mail-order houses of the big cities always have new fields to exploit and are not hampered in their dealings by the necessity of pleasing all their old customers. If the mail-order buyer discovers that he has been "stung" and registers a vigorous kick, it means nothing in the young life of the mail order man. Why should he worry as long as there are some 99,999,999 other persons in the United States to whom he may make his alluring appeals.

Ever Get Money Back?

Did anyone ever hear of a mail order house refunding a customer's money if the customer was not satisfied with his purchase? Don't all speak at once, please. The big mail order houses in the cities expect to receive a large number of complaints from their customers. They know that much of the goods which they sell will not come up to the expectations of the buyers, whose ideas as to what they will receive have been formulated from the pretty pictures and alluring descriptions given in the catalogues.

The mail order houses prepare for this contingency by maintaining large corps of clerks whose sole duty it is to answer the letters of irate customers. These clerks, or correspondents, as they are called, exercise all their powers of cajolery in an effort to appease the complaining customer, but if this is found to be impossible, after an exchange of letters

in the Line of Meats  
You cannot beat the OLD VETERAN SHOP. Everything I have in stock is "proven best by every test." I invite your patronage with the assurance that you will be satisfied. Carry a good line of all vegetables in season.

E. MACHELL, Meat Market.

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We carry a full line of 100 per cent. pure drugs and medicines. Big line of toilet articles and sick room supplies and everything usually carried in a first-class drug store. Buy in Jarvis.

JARVIS DRUG STORE

E. T. CARTER, Hardware

## Treasurer's Sale of Land for Arrears of Taxes for the County of Haldimand.

By virtue of a warrant issued by the Warden of the County of Haldimand bearing date the 9th day of September, A.D. 1920, and to me directed for the collection of arrears of taxes due for three years and over upon the lands hereinafter mentioned and described, being in the County of Haldimand. These are therefore to give notice that unless the said taxes, together with all costs and charges be sooner paid I shall on

Saturday, 18th Day of December, A.D. 1920

At the hour of Ten o'clock in the forenoon, in the COURT HOUSE IN THE TOWN OF CAYUGA, in the said County, proceed to sell by public auction the said lands or as much thereof as shall be sufficient to discharge such arrears of taxes and costs and charges incurred.

VILLAGE OF CAYUGA—Joseph McCarthy, Owner—Part Lots 1 and 2 North of Mohawk St. Taxes \$116.75, Costs \$15.75—Total \$132.66.

VILLAGE OF CAYUGA—Charles Henry, Owner—Lots 14, 15 and 16, South Talbot St. Taxes \$70.29, Costs \$15.75—Total \$86.04.

VILLAGE OF JARVIS—Temperance Hall, Part Lot 7, Village of Jarvis, N.-W. H. & Pt. Dover Plank Road, 1384 ft. Taxes \$22.78, Costs \$13.60—Total \$36.38.

LEVI WERNER, Treasurer,  
County of Haldimand.

Dated at Cayuga, September 16th, 1920.

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Boot and Shoe Repairing Store for Prompt Service.  
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A large assortment of Wall Paper patterns, including a large number of high-grade patterns at right prices.  
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MILLER BROS.,  
General Merchants

## Always at Your Service

Anything in the line of Real Estate, Fire Insurance, Loans & Conveyancing will be given the strictest attention by me. If you are considering the sale of your home or farm see me.  
GEO. L. MILLER,  
Real Estate and Insurance.

There is no need to Go Out of town or send your money to mail order houses for anything you need in the line of Groceries or Dry Goods. I aim to keep the latest styles as well as the best goods at the right prices on hand. If I haven't it in stock I will get it.

J. A. BURWASH,  
General Merchant.

I have just opened up and have taken the agency for the Farmers Cockshut line of farm implements, also the Adams' make of wagons. Come in and get my prices on anything you may need, and I will assure you in advance of every courtesy possible in my line.

HERBERT PEACOCK, Implements

## I Have Said It Before and Say It Again.

You can get better prices as well as quality in footwear at my store than in the city. My stock is of the best quality. Also carry a good line of harness, whips, etc. Bring in your harness now for repairs.

A. H. LANGRAN,  
Saddler and Shoes

If You Have a Blowout, Stone Bruise, Puncture or if your tires need re-treading bring it to me and I will show you how to save money on your tire bills. I have a complete vulcanizing and tire repair plant, and the service rendered is your guarantee of good work.

J. W. MORRISON,  
Tire Repairman

## In the Line of Groceries

I always aim to keep my stock fresh and clean. You can always return anything you buy from me that is not satisfactory. I carry at all times the choicest cuts of beef, pork, lamb, in fact, everything in the meat line. I solicit your patronage, guaranteeing to service in advance.

THOS. HARRIS,  
Groceries and Meats

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At C. T. Carter's Everything in Hardware, Builders and Contractors Supplies, Farm Needs, etc. You can depend on any line of Hardware you purchase from me. Coal Ranges, Coal Oil Stoves and Heaters always kept in stock. Full line of Paints.

E. T. CARTER, Hardware