

RHEUMATISM This is just the season when rheumatism with its grinding pain and stiffening of joints gets hold of you. Fight it with TEMPLETON'S Rheumatic Capsules

Hampden Court

It was, just before he became a cardinal that Thomas Wolsey, on Jan. 11th, 1515, took a ninety-nine years' lease of the manor of Hampton Court from the Knights Hospitaller of St. John of Jerusalem, and at once set about building the magnificent pile which remains his most enduring monument.

seasons and not merely to have scattered through it as the central incident, in a half-day's excursion. It is, indeed, properly a place for restful enjoyment rather than for hurried sight-seeing, though a hurried glimpse may well prove a provocation to further visits and more leisurely inspection.

HEALTH FOR THE BABY

The baby of to-day is the man or woman of to-morrow. Thus the success of the future man or woman depends upon the baby's present welfare. If the baby is sickly and undernourished it is not to be expected that he will grow into a strong, active man who will hold his own in the business world a few years hence.

THE ARCTIC TERN.

Birds Are Greatest Daylight Savers in the World.

The greatest daylight saver in the world—the Arctic tern! Many years before the Clumsy Mortal began to puzzle his brain with a scheme to utilize the extra hour of daylight, the Arctic tern had discovered how it was possible to spend over half the year in regions, where the sun never sets. Could the above mentioned C. M. follow his example, the lighting problem would vanish into nothingness. And this is how the ingenious bird manages:

He has his summer home in the Arctic circle, the Land of the Midnight Sun, where, for many weeks, darkness is unknown. When he sees the sun making his way flaming near the horizon, finally dipping for a few hours each day out of sight, he begins to think of his winter home in the Antarctic circle, even though twilight and dawn still overlap so that it is never dark.

This is God's own country in the summer, but it belongs to the Prince of Darkness in the winter," he says to himself, and bids Mrs. Tern and the children prepare for their yearly trip south.

Cook's Cotton Roof Compound

It is a safe, reliable, non-toxic compound. Sold in No. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

Just as flowers respond to cultivation, so will your baby, by the use of Mothers Own Infant Tablets

What their track is over this great distance no one knows. The great flocks of thousands and thousands of these terns which range from pole to pole have never been noted by ornithologists competent to indicate their preferred route and their time schedule. They are slender and graceful, long-winged, and with irregular and hovering flight. First cousins to the bill, they are gray sea birds with red bills.

SAUSAGE RECIPES.

Nothing so quite fills the bill on a cold winter morning as nicely browned sausage in some shape or form. If you are one of those who disapprove of meat for breakfast then apply these sausage suggestions to your winter luncheon menus. They are suitable for either.

Roll each link of sausage in either a thin slice of bacon or of cold boiled ham, fasten it with a toothpick and fry slowly, turning continually until the bacon or ham is crisp. There is just enough difference in the flavor of the two to give the dish piquancy.

Baked half a dozen small apples with the skins on, extricating all of the core and leaving the hole in the centre quite large. Now fry your sausages, not too brown, put one link in the centre of each apple, wet into the oven for a few minutes, sprinkling the apple with just the very smallest amount of sugar, and cover them with the sausage gravy.

This is a nice way to use left-over cooked sausage. Roll the small pieces in left-over mashed potatoes into which a little milk and an egg have been mixed. Shape into croquettes and fry slowly in deep fat.

This is also a suggestion for sausage left-over. Make your omelet, as usual, and just before you turn it, scatter over it your sausage sliced into very thin pieces. Season with a little parsley, if you like, but the beauty of all sausage dishes is that they need very little seasoning because of the highly seasoned forcement in the sausages themselves.

Don't Hawk, Blow, Sneeze, or Cough Use "Catarrhzone"

When germs attack the lining of the nose, make you sneeze and gargle when later you infect the bronchial tubes—how can you follow them with a cough syrup? You can't do it—that's all. Cough syrups go to the stomach—that's why they fail.

But Catarrhzone goes everywhere—gets right after the germs—kills them—heals the soreness—cures the inflammation—makes Catarrh disappear. Not difficult for Catarrhzone to cure, because it contains the essences of pine balsams and other antiseptics—how can you mean death to germs. Large size costs \$1.00 and contains two months' treatment; smaller sizes 25c and 50c, all druggists and storekeepers.

VIENNA'S IMPERIAL PLAY-HOUSES.

Occupying a full square block on the famous Ringstrasse in Vienna stands the Imperial Opera House. Two bronze figures, symbolic of music, adorn the left and right wings of the building. These and the ornamental candelabrae at the entrance were designed by Fritz Zentgraf.

The opera house, erected in 1861-9, is four stories high, with five front entrances and six side ones, built entirely of white stone. It is of Venetian style, principally of the Renaissance period, with a mixture of French architecture of the same time.

Directly on the main avenue is a balcony above the entrance over which are five arches, each having a statue of a renowned musician. At the extreme sides, slightly higher, are two imposing bronze figures seated upon a horse. This section, therefore, projects outward over the leading doorway, the opera house itself seeming like a distinct building. One of the attractive features of the interior are the 128 windows of French style which are latticed above by smaller round openings and railed in completely by white bars.

Scenes depicted from "The Magic Flute" form frescoes in the loggia. The foyer is resplendent in a color scheme of red and gold. Many heavy bronze doors lead into the foyer, some being draped with red plush curtains. An old marble mantelpiece stands at one end, with a carved and gilded grating.

FARMERS' CLUBS & INDEPENDENT DEALERS We are buyers of Ontario grains and sellers of Western Feeding Oats and Barley. GET OUR PRICES L.C. SCOTT & Co. ROYAL BANK BUILDING TORONTO

hour, then strain first through a sieve, then through a fine cheesecloth. Set aside to cool, remove the grease and the fumes is ready to use as the foundation of a cream, tomato, drawn butter or any sauce desired.

Looking Out for Himself.

Pat was one day driving cattle through a country town, accompanied by a collie. The dog, unknown to him, bolted into a butcher's shop and ran off with a leg of mutton. When the butcher issued forth demanding of Pat if that was his dog, "No," replied Pat, slyly eyeing the ering dog, which by this time was alighted out of sight, "he was once mine, but he seems to be doing for himself now."

Another Case of Blood Poisoning

Persisted in paring his corns with a razor. Foolish when corns are so painful and sure with Putnam's Corn Extractor. Use Putnam's only—it's the best guaranteed and painless, price 25c at all dealers.

ST. HELENA

"Saint Helena, the island whose specialty is the entertainment of prisoners, has good reasons for ordering his reported desire to have the Kaiser for a prisoner," says a bulletin from the Geographical Society's Washington headquarters.

Dr. Martel's Female Pills For Women's Ailments

A Scientifically Prepared Remedy, recommended by physicians, and sold for nearly fifty years for Delayed and Painful Menstruation, Nervousness, Headache, Backache, Constipation and other Women's Ailments. Accept no other. At your druggist, or by mail direct from the Canadian Agents, Erno & Co., Ltd., Toronto, Can., upon receipt of price, \$2.

Recipes for Fish

Flounders, politely called "sole" when filleted, have become a fish standby with the housewife, and it is a pity that more of the women do not learn to fillet them at home, as well as the art of serving them in greater varieties of ways. In buying fish, many fish for skin, bones and trimmings, which the fillets are better for keeping than the large flat ones, it is best to scale and clean them, rubbing inside and out with a little salt, then wrap them in a dry linen towel, and place on ice as soon as brought from the market. If they are to be used immediately they can be filleted before being put on ice.

THE FLAVOR OF FISH.

The flavor of a fish depends largely on its feeding grounds, which also influences its color. To fillet a sole lay it on a fish board, head to the right hand; with a sharp knife cut right across the fish just against the ridge of skin which loosens the fillet from the backbone, rolling the meat back over the left hand. Reverse the fish and repeat the operations on the other side. This leaves a fish skeleton. Lay the fillets, skin side down, on the board and run the knife down as close to the skin as possible, then cut the fillets into any shape and size desired.

POILED FISH.

Boiled or "ric" fish should be carefully drained in each case and served in a napkin with the sauce in a hot gravy boat. Boiled fish may be placed on a buttered dish, after draining, dusted with seasoning, dotted with little lumps of butter and dusted with grated cheese, then lightly browned in the oven. A thin cream sauce is often served with fish cooked this way.

Wood's Great Peppermint Cure

Tones and invigorates the whole system, cures colds, coughs, croup, whooping cough, influenza, diphtheria, measles, mumps, scarlet fever, typhoid, cholera, dysentery, and all other ailments of the throat and lungs. Price 25c per bottle, 60c per dozen. Sold by all druggists.

Minard's Liniment Cures Diphtheria

Nothing serious. "Is this patient violent?" "No," replied the asylum attendant. "He merely thinks the walls of the room are papered with Chinese money and he's an American adding machine trying to strike a balance."

Keal worth requires no interpreter, its everyday deeds form its language. —Chamfort.

100 ACRES—1 MILE FROM STONE... 100-ACRE FRUIT FARM, 60 ACRES... 180 ACRES STRONG SAND LOAM... 520,000—150 ACRES ON STONE...

64 ACRES ON RIDGE ROAD, EAST... 98 ACRES ON HIGHWAY, EAST OF... 102 ACRES, ON FORD COUNTY 24...

MISCELLANEOUS

DORCHESTER EXPRESS... RAW FIRMS BY PARCEL POST... BUSINESS CHANCES... FOR SALE—GOOD GROCERY AND FRUIT BUSINESS...

FOR SALE

FOR SALE—GOLDIE-MCULLOCH... KNITTING YARN MADE FOR RED... PAIR PRACTICALLY BLACK FOXES... FOR SALE—BRAND-NEW TALKING MACHINE...

HELP WANTED

WANTED—OAK CABINET WORKERS... WOOLEN MILL HELP WANTED... HE'S WANTED ALIVE IN CEYS... WANTED.

LADIES WANTED TO DO PLAIN

Light sewing at home; whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing Company, Montreal.

THE OLD TRICK.

Second Mate—the cook has been swept overboard, sir. Captain—Just like a cook, to leave without giving notice.

LITTLE BY COMPARISON

"Did the dentist cause you much pain extracting your teeth?" "Not so much as he did extracting his fees."

The truth is mighty, and some fellows only tell it to the highest bidder.

WATERBURY'S COLIC CURE

DODD'S KIDNEY PILLS

I hunted for... covered it... with him... man who... me some... the case... about, and... found the... evidently... it had... covered it... wish it had... were not... the able... scruples... loned and... destroyed... "It can be... tie, in a... the paper... swiftly took... "I think not... seen to be... fortunate... that it was... terest, even... tended... but, being... with the... me, I will... er. He... shock his... "It only... late you, Miss... sion of one... countries... "Thank you... hands gripping... her up... "It is... fatherly... at end... "Well, I don't... lute... after... "That is to... nurry. The... concerned, and... rmed, is one... living in one... part of the... conber that... there is a... put in, with... Carton would... contengency... feel equipped... need not trou... "I have... she had died... Jack, Mr. Ho... succeeded. Car... had not been... "Yes, I thought... said Mr. ... same, you mus... that I regret... taken, and I... should have... patrimony, and... I think the... large proportion... have gone to... lancy to the... came to man... that it is no... there's no use... as proud as... back to the w... no more of... paused for a... would like to... compromise... would be the... that he would... "No, I am... Clyde, then... her with some... stammering... you say him... "Oh, yes, yes... must be going... would wish Sir... and your cons... skated the... and I will tak... Of course, but... He in ignorance... we can't... few weeks or... "A few weeks... Clyde, with a... all the same... Jack would not... was able to... tion?" By her... made it of... paper about... Bramley and... Sir Wilfrid... tinged with... was laid... the man... spending any... any right... the man... tured by... and, she would... back to purch... little man... and had paid... course, would... those who... and, and... take care of... the man... night, she... or were... have been... have been... "He wrote... you, could... he would go... On, if I could... him that night... say to him... ton" and drag... see you? I... love with you... "Are you so... estate to him... turning away... times a day... "Am I sure... something like... that I've had... standing here... ride over to... ton? Yes, I... that I was a... him and yelled... he went, if I... done that, if... there? What... one's hair... been?"