

ECZEMA IN RASH CUTICURA HEALS

On Face and Head, Itched and Burned, Disfigured.

"Last year I became affected with eczema. It started on the cheeks in a rash, and the water spread and made my face sore all around the eyes and partly on my head. The skin was very sore and red, and the itching and burning was so bad that I could hardly help scratching. My face was very disfigured.

"Then I used a free sample of Cuticura. It helped so I bought three boxes of Soap and one box of Ointment, and my face was healed."

(Signed) Margaret Spang, Spangville, Vt., Feb. 11, 1919.

Give Cuticura Soap, Ointment and Talcum the care of your skin.

Box 25, Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot: Lawson, Limited, St. Paul St., Montreal. Only Cuticura Soap shows without tag.

The Queer Negritos

Though the Philippines have many marks of civilization, industry and agriculture in recent years, as set forth in their recent plea for independence, some of the natives of the islands, as do a few Indian tribes in the United States, still present striking subjects for study by ethnologists, according to a bulletin from the U. S. National Geographic Society.

"The Negritos are generally considered to be true aboriginals of the Philippines, and are racially sharply distinct from other numerous tribes of the islands," says the bulletin, which is based on a communication to the society from Gen. C. Worcester.

"They are of low, sometimes even dwarf-like stature, with dark brown, or black skin. Their heads are covered with closely curling hair and many of them have abundant woolly beards. They often have so-called 'pepper-corns' distributed over abundance over their bodies. Their noses are broad and flat, their lips thick, their arms disproportionately long.

"They do not tattoo their bodies, but ornament them with scar patterns, produced by cutting through the skin with sharp pieces of barbed wood, and in order to infect them and make good big scars.

"The men wear small cloths, and the women short skirts reaching from the waist to the knee. They are very fond of brightly colored cloth, scarlet being preferred, but individuals who cannot get cloth, and there are many such, use instead the so-called 'bark-cloth' so widely employed by inhabitants of the islands of the Pacific. Men frequently shave the crowns of their heads in order to let the heat out.

"Throughout the year they subsist chiefly on vegetable products, which they obtain from the virgin forest, and of fish and game. They are wonderful woodmen and display great skill in taking fish and game and in still-hunting their enemies, but their proficiency ends there. They are good at nothing else, and their intelligence is of an exceptionally low order.

"Many of the Negritos point their front teeth, but not by filing them, as is commonly supposed. A chip of wood is held behind the tooth to be operated upon; the point of the bolo is placed in each a position as to be removed, and a sharp blow on the bolo chips a piece from the tooth. The opposite corner is similarly operated upon, and an artistic point is thus produced.

"The music and dancing of the Negritos are especially interesting. Many of them know how to make and to play both the bamboo nose-flute and a kind of jew's harp made from bamboo. Some of them use crude stringed instruments fashioned from single joints of bamboo, the strings being cut from the outer layer of wood, to which their ends remain attached. And being raised up by means of bridges. The distribution of the several kinds of musical instruments above mentioned is more or less local, but the bronze tom-tom, or gano, is in universal use, although some Negritos play it with a mallet, while others beat it with their hands.

Still Doing Great Work For Women

WHAT MISS SIMPSON SAYS OF DODD'S KIDNEY PILLS

Before Taking Them She Could Not Walk—Now She Can Walk and Work, and She Gives All the Credit to Dodd's Kidney Pills.

Ville Marie, Que., Jan. 25th.—(Special)—One more tribute to the great work Dodd's Kidney Pills are doing for the women of Canada comes from Miss Angèle Simpson, well known and highly respected here.

"When I commenced to take Dodd's Kidney Pills," Miss Simpson states, "my heart bothered me so I could not walk.

"Now I can walk and work hard. Miss Simpson is not entirely cured yet, but so great are the benefits she has received from Dodd's Kidney Pills that she is firmly convinced they will effect a complete cure. She has been a sufferer for eighteen years and underwent four months treatment in a hospital before trying Dodd's Kidney Pills.

Dodd's Kidney Pills are a Kidney remedy. They relieve the work of the heart by putting the kidneys in shape to drain all the impurities out of the blood. Pure blood carried to all parts of the body means new health all over the body.

Many of their dances are pantomimic. Their singing is often weird in the extreme.

"These are many stories current to be met with wandering through the forest in a state of absolute nudity, and that they indulge in various obscene dances. I am satisfied that the former series of tales are without foundation in fact. Objectionable dances are very rare among the wild peoples of the Philippines, although they are sometimes indulged in by the Moros, and are common among the Manobos of Mindanao.

"The head-hunting peoples of the Philippines are apparently limited to Northern Luzon. None of the warlike hill tribes inhabiting other parts of the archipelago are known to take the heads of their victims."

RED MISSION IN AFGHAN CAPITAL

Both Governments in Mesopotamia Are Defied.

Tribes Attack British, But Are Repulsed.

London cable: A Bolshevik mission is reported to have arrived at Kabul, Afghanistan, and to have received with great ceremony. Two emissaries from Constantinople are also said to be at Kabul. Ramadan Shalah, the Mesopotamian leader, has adopted an attitude of defiance towards both the British and Arab Governments. He is calling in loans advanced by the Mesopotamian administration to the people, and sending agents far within the frontier to stir up trouble. A band of tribesmen attacked Abu Kemal on January 11, but was beaten off by the British.

British airplanes caused heavy casualties. One plane picked up a wounded British officer and carried him 240 miles to a hospital.

A TONIC FOR THE NERVES

The Only Real Nerve Tonic is a Good Supply of Rich, Red Blood.

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent nerve specialist, "we doctors would not see our consulting rooms crowded with nervous wrecks. Many people suffer from worry more than anything else."

"The sort of thing which the specialist spoke of is nervous, run-down condition caused by overwork and the many anxieties of to-day. Sufferers find themselves tired, morose, low-spirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears, and do not sleep well at night. Headache, neuritis and other nerve pains are part of the misery, and it all comes from starved nerves.

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. Therefore to cure nervousness and run-down health, Dr. Williams' Pink Pills should be taken. These pills actually make new, rich blood, which strengthens the nerves, improves the appetite, gives new strength and spirits, and makes a thin, dejected person bright and cheerful. If you are all "out of sorts" you should begin curing yourself to-day by taking Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

FALL WHEAT IS IN GOOD SHAPE

Has Suffered but Little From the Winter.

Cattle Generally in Good Condition.

The following is a summary of the reports made by agricultural representatives to the Ontario Department of Agriculture:

Fall wheat at present is well protected by snow, and so far has suffered but little from the winter.

Cattle are generally in good condition, notwithstanding the comparatively cold weather, and the rather limited quantity of grain on hand. The good supply of ensilage on hand is credited with helping out the situation more than anything else.

The milk supply is about normal for the season.

Many horses are being carried over a little leaner than usual.

Very little grain is being marketed. Hay is being disposed of at from \$20 to \$28 a ton in the more settled parts of the province, and from \$30 to \$35 in Port Arthur district. In Western Ontario straw is bringing \$10 a ton.

Considerable corn and tobacco yet remain to be marketed in Essex.

Peterboro states that a carload of potatoes was shipped from Norwood by the U.F.O. during the week at \$2.75 a bag. Greenville reports sales at \$2.25 a bag, and other representatives state that the weather of late has been too cold for handling potatoes satisfactorily.

Grey reports that with most of the sweet clover out of the hands of farmers, wholesalers are now offering \$1 a bushel for seed, while holders ask as high as \$2.1.

A number of farmers in Kent are already applying for men for work in the spring.

IF YOUR BABY'S

Present diet is not allowing him to make the progress he should, it is time to give him MOTHERS OWN EXERCISE TABLETS to correct that intestinal indigestion.

"These Tablets are Nature's Remedy for Children."

Sold by all Druggists or sent direct on receipt of price, 25c per box. Address: Mothers Own Medicine Co., Toronto, Ont.

"RED" MENACE IN SOUTH RUSSIA LESS ALARMING

The Bolsheviks Are Now Deep in Enemy Country, With Poor Communications

Denikine's Position Better and People Loyal—Kolchak Heard From

London cable says: The position of General Denikine, anti-Bolshevik leader in Southern Russia, to all appearances, is somewhat better, according to the War Office summary of the situation. The inevitable pause has occurred which must follow any long and rapid offensive such as has been conducted by the Bolsheviks in Southern Russia. The further course of the operations will probably favor the side able to make the best use of the time at its disposal for reorganization.

This naturally will be easier for General Denikine, who is nearer his base and resources than the Bolshevik, who has gone deep into the enemy country and depend for supplies and equipment on partially-destroyed towns.

Much depends upon the support afforded Denikine by the population at his rear. Latest reports seem to indicate that he still commands their full confidence and loyalty. However, his losses of material in the recent retreat are bound to have a grave effect on future operations.

Meanwhile the River Don is so swollen by heavy rains as to render it difficult of passage, and the Don and Caucasus armies have thus gained a valuable respite, which will be used fully in reforming and raising further reinforcements that should shortly be available to replace the casualties.

Moreover, the imminent danger to their country has caused both the Don and Kuban Cossacks to rally wholeheartedly around the Govern-

Europe is Dominant

"Did you ever ask yourself, 'Why is Europe dominant?' inquires a bulletin from the U. S. National Geographic Society.

"South America may have revolutions, nations elsewhere may topple, China with her 400,000,000 may overturn a pre-historic monarchy, and the world goes about its business undisturbed.

"Let a crack-brained nobody shoot at a European prince and every continent rocks with the Armageddon that ensues."

The bulletin quotes from a communication of Dr. Edwin H. Grosvener, who tells why the smallest, but one of the six continents produced "such practical monopoly of universal leadership."

"Of about the same size as Canada or Brazil, one might question, regarding merely territorial extent, whether Europe should be called a continent at all," Dr. Grosvener writes: "Siberia exceeds it by more than 1,000,000 square miles. On the map of the eastern hemisphere it appears insignificant. It is dwarfed on the south by the ponderous bulk of Africa, while Asia, to which it clings,

thrusts it disdainfully away toward the northwest.

"Europe does not equal one-fourteenth of the land surface and is less than one-fiftieth of the entire surface of the globe; yet upon it dwell 450,000,000 human beings, more than one-fourth of all mankind. Nor are all Europeans found in Europe. They and their children have occupied and populated the whole western hemisphere, of which they were the discoverers. They have partitioned and subdued to themselves nearly the whole of Africa. With the exception of China and Japan, they control all seas. During the last 25 centuries from them as from a focus have radiated the art and science and thought of the world.

"In the physical advantages Europe possesses, are revealed the causes which have given to Europeans their unquestioned superiority.

"Almost the whole of Europe is situated in the northern half of the north temperate zone. Its extreme northern point, the North Cape, is 19 degrees from the pole. Tarifa, its extreme southern point, is 36 degrees from the equator.

"Nowhere, except in the farthest boréal limits, does excessive cold oppress body and mind. Nowhere does excessive and continued heat sap energy and enervate the will. No spontaneous prodigality of nature moves the necessity of exertion and

induces sloth.

"Here, where the air invigorates, man must labor if he would survive. The rewards of labor are reasonably sure, but something more is necessary than to satisfy one day's needs. The periodic succession, the rhythmic swing, of the seasons, where winter invariably follows summer, compels him to forethought and make some provision of food, shelter, and clothing for the days to come. Even slight labor and little forethought, neither of which can be escaped, force him toward emergence from the primitive and purely animal state toward higher existence.

"The climate of western Europe is determined by the Gulf stream, the mightiest, most rapid and most beneficent of ocean currents. Its heated mass deflected eastward by the Banks of Newfoundland, reaches the shores of Europe, creating on its way the exhaustless fisheries of the North sea.

"As no formidable barrier to breezes from the sea is interposed, the prevailing winds of Europe, load with ocean moisture, spread hundreds of miles inland, relieving the excesses of the seasons and fertilizing the soil.

"The coast-line of Europe is remarkable for its length and its availability. South America is twice and Africa three times as large, and yet, although Europe is landlocked on its eastern or Asiatic side, it has a seacoast-line longer than that of those two continents combined. North America has double the area of Europe, but, except for what stretches along the inhospitable Arctic, the sea front of the two is nearly the same.

Europe is intersected by numerous, vast, narrow, half-land gulfs and seas which endlessly break its contour and multiply its length.

"No other body of water rivals the incomparable sea which forms the southern boundary of Europe, the Mediterranean.

"The dwellers on the peninsular shores of Greece and Asia Minor were impelled by the circumstances of their lot to venture upon, gradually to understand, and finally to master, the sea. And the sea gave back returns of far greater magnitude than any that could be expected from the land.

"Inevitably the old land kingdoms, Egypt, Assyria, Persia, India, submerged the individual in the mass. As inevitably, in the men singly or in groups of twos or threes wrestled with an over-crowded sea, the sense of personal independence was roused. This was both achievement and revelation. It was the impelling motive at Marathon and in all the struggles for freedom since down to the present day."

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Prevent Chaps

—use warm water and Baby's Own Soap.

Wash in warm water with Baby's Own Soap—rinse well and dry perfectly—and your skin will be soft and never chaps.

"Best for Baby and Best for You." Albert Heaps Limited, Mfrs., Montreal.

- (p) Operations in Persia and in the Persian Gulf since November 6, 1914.
- (q) Operations in trans-Caspia since July 19, 1918.
- (r) Operations of the Aden Field Force between July 3, 1915, and October 31, 1913.
- (s) Operations in Shaik Said, southwest Arabia, on November-10, 1914.
- (t) THE WAR IN INDIA.
- (u) Operations in Tochi Valley and Deraiz between November 28, 1914, and March 27, 1915.
- (v) Operations against the Mohmands the Swatis as follows:
 - (1) Under the command of Maj. Gen. C. F. C. Young near Hafis Kor in April, 1915.
 - (2) Under the command of Brig. Gen. N. G. Woodruff in August, 1915.
 - (3) Under the command of Brig. Gen. W. G. L. Beynon, C. E., S. O. on Landakal Ridge, in August, 1915.
 - (4) Under the command of Maj. Gen. F. Campbell, C. E., D.S.O., in the vicinity of Hafis Kor and Shabkadan from August to October, 1915.
 - (5) Against the Swatis carried out by Malakand Moveable Column which advanced from Chakdara Camp on October 27, 1915.
 - (6) In the Mansud operations between March 2, 1917, and August 10, 1917.
 - (7) Against the Marris between February 18, 1918, and April 8, 1918.
 - (8) Operations at Tsing-Tau from September 23, 1914, to November 7, 1914.

- (w) IN THE PACIFIC.
- (1) Operations against the German Pacific dependencies as follows:
 - (a) New Britain - from September 11, 1914, to September 21, 1914.
 - (b) New Ireland from September 16, 1914, to October 18, 1914.
 - (c) Kaiser Wilhelm's Land on September 24, 1914.
 - (d) Admiralty Islands on November 21, 1914.
 - (e) Nauru on November 6, 1914.
 - (f) German Samoa on August 29, 1914.

A BACHELOR ARMY.

Austria to Forbid Her Forces to Marry.

Vienna cable: Soldiers and officers in the Austrian army are forbidden to marry, and must waive their political rights, under the provisions of the army bill now before the National Assembly. A personnel of the army would be limited to 1,500 officers, 2,000 non-coms, and 30,000 men, who would be permitted to elect councils to protect their interests. The army budget for 1920 places the cost of military activity at one-sixth the average amount appropriated before the outbreak of the war.

Wives and Mothers of Canada

Stratford, Ont.—"I am very enthusiastic in praise of Dr. Pierce's Favorite Prescription as a tonic for expectant mothers."

"I have had experience both with the 'Prescription' and without it, and am in a position to know that there is a vast difference. I was never unwell with my 'Prescription' babies but I was extremely uncomfortable with the others and my suffering was greater when I had not taken the 'Favorite Prescription.' I still always take pleasure in recommending it to expectant mothers."

—MRS. LEOTA M. PEPPER, 114 Grand St.

COULD NOT SLEEP

Hatfield, N. S.—"I was in a run-down, nervous condition for over two years, had been treated by several doctors and only found temporary relief. I could not sleep at night my heart palpitated, and I was almost afraid to close my eyes. Being persuaded, I wrote and stated my symptoms to the Medical staff at Dr. Pierce's Hospital in Buffalo, N. Y. I was advised to use Dr. Pierce's Golden Medical Discovery with the 'Favorite Prescription' and the 'Pleasant Pellets.' I did so with the very best results. I could sleep and became my natural self again. I certainly recommend Dr. Pierce's medicines to all sufferers, for they have done for me what doctors failed to do. They have saved me doctor bills, too."

—MRS. JOHN HOMANS, Clam Harbor.

Could Not Sleep

Toronto, Ont.—"For over thirty years I have been a user of Dr. Pierce's Pleasant Pellets. I have taken them for liver troubles, biliousness, constipation and sick-headaches and always gave me the relief wanted. I am sure the 'Pleasant Pellets' have saved me many a sick spell. I can highly recommend them."

—MRS. HANNA BOWNESS, 60 Stange St.

Marion Bridge, C.B., May 20, '02.

I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.

NEIL FERGUSON.

BRITAIN FOUGHT IN MANY ZONES

Wide Stretch of Campaigns in Late War

As Shown by Recent War Office List.

- (a) Operations in France and Belgium between August 5, 1914, and November 11, 1918.
- (b) Operations in Italy between November 2, 1917, and November 4, 1918.
- (c) Operations in Greek Macedonia, Serbia, Bulgaria, European Turkey and the Islands of the Aegean Sea, between October 5, 1915, and November 11, 1918.
- (d) Operations in Gallipoli between April 25, 1915, and January 9, 1916.
- (e) Operations in Russia since August 5, 1914.
- (f) Operations in Egypt between November 5, 1914, and March 18, 1915.
- (g) Operations with Egyptian Expeditionary Force between March 19, 1915, and October 10, 1918.
- (h) Operations in Hejaz, between November 5, 1914, and October 21, 1918.
- (i) Operations in Darfur between March 16, 1916, and November 23, 1915.
- (j) OPERATIONS IN AFRICA.
- (k) Operations in British, German and Portuguese East Africa, Nyasaland, and Northern Rhodesia, between August 5, 1914, and November 25, 1918.
- (l) Operations under the command of Gen. Botha in German Southwest Africa, and on the adjacent border of the Union of South Africa, between August 20, 1914, and July 9, 1915.
- (m) Operations in Kamerun and Nigeria between August 24, 1914, and February 13, 1916.
- (n) Operations in Nigeria between January 5, 1917, and May 15, 1917.
- (o) Operations in Togoland between August 7, 1914, and August 26, 1914.
- (p) Operations in Mesopotamia between November 6, 1914, and October 31, 1918.

Notable Further Progress of the Union Bank of Canada

Assets Built Up to \$175,000,000 and \$200,000 Added to Reserve Fund—Bank's Position Strongest in its History—1425 New Shareholders.

With assets built up to a total of \$175,000,000 and \$200,000 added to the Reserve Fund, the Union Bank of Canada, at the end of the 15th annual report of the Union Bank of Canada, discloses that the Bank is in the strongest position in its history.

Significant extensions throughout Canada and abroad, aimed to assist in the fastest possible development of the Canadian communications through the management of their banking account, are announced.

The Union Bank of Canada's impressive figures are all the more gratifying in view of the vicissitudes through which the reconstruction period through which the country has been passing.

The total deposits have reached \$135,000,000. Of this amount, interest-bearing deposits which actually represent the savings of the nation, show a satisfactory increase of \$15,000,000 in the year.

This substantial gain was recorded in the heavy withdrawals for public participation in the Victory Loan of 1918. Subscriptions passing through the Union Bank of Canada amounted to \$5,500,000, a great proportion of which was directly withdrawn from deposits.

Current loans in Canada total \$8,500,000 or 18.39 per cent. This substantial sum will indicate that the Union Bank of Canada is doing its part toward meeting increased demand for loans from the Canadian public.

During 1919 the branch bank system was expanded to a total of 359 branches, 89 being opened in the year.

Every endeavor has been put forward to make comfortable re-establishment of the returned soldiers and members of the Canadian Forces in overseas service. 123 staff officers have been re-employed, 139 have not been reported for duty but 688 have been sent into the Bank as well. Each returned officer has been re-instated at an increased salary.

The President, Mr. John Galt, and General Manager, Mr. H. B. Shaw, made a strong plea for national and individual thrift based upon the country's needs of liquidated war loans.

"These conditions in Canada are good," said Mr. Galt. "We are getting high prices for our products. It is a time when we should put forth every effort to increase production and build up reserves against lean years that are sure to come. The war is not paid for. Part of the price will be hard times, though they may not yet be in sight. If we are wise we will prepare for them."



MR. H. B. SHAW
General Manager, who returned the strongest report in the Union Bank of Canada's History.