## SUNDAY SCHOOL LESSON

XI. June 13, 1920. A Shepherd Boy Chosen King. 1 Samuel 16; 1-13. 16-4-13.

COMMENTARY.—I. Samuel's mission to Bethlehem (vs. 1-5). 1-3. Samuel's love for Saul moved him to grieve for him because of his failure and rejection. While he was still mourning over this sad state of his people and their kingdom, the Lord came to him with a rebuke and then sent him to Bethlehem on a most important errand. He told him to take with him a horn of prepared oil, for he had chosen a king from the family of Jesse. Samuel feared what Saul might do to him if he should appoint another to be king in his place. The Lord tod him to arrange to offer a sacrifice there, and call Jesse to the sacrifice and he would show him what to do. Samuel was accustomed to hold religious meetings at various places. It was not necessary for him to reveal to Saul the fact that he anoint one as king. 4. Came to Bethlehem—Bethlehem is about ten miles south of Ramah where Samuel lived. In making the journey he doubtless passed close to the site of Jerusalem. Elders of the town trembled—Samuel was a prophet and one of his duties was to rebuke sin, and the leaders of the city were afraid that some particular wrong had been committed, for which they were about to be reproved. It has been suggested that they feared to receive Samuel, since by doing so they might incur Saul's displeasure. Comest thou peaceably—The people of Bethlehem desired to know whether Samuel's visit to the place meant anything ill to them. 5. I am come to sacrifice unto the Lord—Samuel had not only come peaceably, but he had also come to observe a religious rite. Sanctify yourselves—The people were to get ready for the sacrifices by washing their bodies and their clothes (Exod. 19; 10). Come with me to the sacrifice—The invitation to this religious service was general. He sanctified Jesse and his sons—Samuel gave special attention to the members of this family, that they might be ceremonially clean. It is probable that others were invited to the sacrifice, but only Jesse and his family were present at the feast which followed.

II. The Lord's choice indicated (vs. 6-12. 6. When they were come—the sons of Jesse came into the presence of Samuel. It is quite possible that Samuel made known to Jesse that he was about to anoint one of his sons, but did not say for what purpose it was to be done. Said—To himself. The Lord's anointed is before him—Eliab by his height and his countenance seemed the natural counterpart of Saul, whose successor the prophet came to select; but the day was gone when kings were chosen because they were head and shoulders taller than the rest." 7. The Lord said—Samuel was in direct communication with Jehovah. Dr. Clarke thinks that his communion with God was as close and full as was that of Moses. Look not on his countenance, etc.—Samuel could see only the outside, but God was looking within, and would indicate to Samuel his choice. I have refused him—The Lord had seen all that Samuel saw and had passed Eliab by. The Lord looketh on the heart—God first gave the people a king of stately stature and majestic appearance, such as they would have chosen for themselves (1 Sam. 10; 24); now he will choose "a man after his own heart" on the true ground of his inner moral worth.—Cam. Bib. It is a comforting thought to the true child of God that he looks on the heart and sees all that is there. The wicked may well tremble for the same reason.

8. neither hath the Lord chosen this—These are the words of Samuel as Abinadai was brought before him. The Lord made it clear to Samuel that he was not the one whom he was to anoint. 9. Shammah—He is called Shimeah in 2 Sam. 13:3. 10. again, Jesse made seven of his sons to pass—"And Jesse made seven of his sons to pass."—R. V. The seven included the three who had already passed before Samuel. the Lord hath not chosen these—If Jesse had been told by Samuel that one of his sons was to be anointed, he might possibly have been tempted to doubt the word of the prophet, for the most likely of his sons, as he regarded them, had been rejected. 11. are here all thy children—Samuel was convinced that not all of Jesse's sons were present, for he was to anoint one, and all those who had passed before him had been rejected. there remaineth yet the youngest—He was probably a youth of eighteen years. he keepeth the sheep—It was doubtless necessary for one to look after the sheep, and as it seemed unlikely that this young and inexperienced lad would be chosen, he was left to act as shepherd. He was performing well his humble task when the call came that indicated the way to higher duties. we will not sit down—To eat the sacrificial feast. Samuel's real mission was not yet accomplished, nor would it be until he had anointed one of Jesse's sons for the throne of Israel. By the law of exclusion the son which was absent must be the future king, for he was the only one he had not seen and the Lord's word was that a son of Jesse should be anointed king. 12. he was ruddy—The language indicates that David had auburn hair and a fair complexion. In those lands, red or golden, hair and a fair skin were considered especially beautiful. of a beautiful countenance—Literally, "beautiful-eyed." There was an attractiveness about the eyes of David, in that they were the eyes of David, in that they were keen and denoted intelligence and were full of expression. They denoted that their possessor was of more than ordinary capacity. The eyes tell much of what one is. goodly to look to—Goodly in appearance. this is he—The one of whom it was thought he was much less than the other sons of Jesse was at once indicated as the young man to be anointed.

III. David anointed (v. 13). 13. Samuel took the horn of oil.—He had brought it with him according to divine directions. Samuel had anointed Saul king and probably used the oil with which men were anointed for the priesthood. The oil used on such occasions was carefully prepared. anointed him in the midst of his brethren—It appears that the anointing took place in Jesse's house in the presence of the family. None of the members of the family knew the purpose of the anointing. They might have supposed that Samuel did it to set him apart to make him a student in his school of the prophets. It is probable that David himself did not understand the significance of the anointing, yet Josephus thinks that Samuel took David by himself and whispered to him the reason for it. the Spirit of the Lord came upon David—The shepherd boy had been faithful in the performance of the duties that thus far had devolved upon him. We can not suppose that the thought of kingship had entered his mind. The Spirit of the Lord came upon him as a most fitting accompaniment of the anointing with oil, and he was being prepared in mind and heart for what lay before him. It is recorded of Saul that after his anointing God gave him another heart (1 Sam. 10: 9). so David was being equipped for his work by the coming of the Spirit upon him.

QUESTIONS—What reproof did the Lord administer to Samuel Upon what errand did the Lord send him? Who Who was Jesse? How many sons had Jesse? What did the Lord say to Samuel about judging men? What was the occupation of David? Describe David's appearance. What did the anointing with oil signify? What took place with David after he was anointed?

PRACTICAL SURVEY.

Topic.—The possibilities of youth.

I. Samuel's visit to Bethlehem.
II. Human and divine choices.
III. The anointing of David.

I. Samuel's visit to Bethlehem. Samuel mourned for Saul with a bitterness and persistence which verged closely upon repining and brought at last a sharp reproof from Jehovah. He was recalled from the indulgence of his grief by a new commission and the announcement that a successor to the fallen king had already been chosen from the sons of Jesse, a wealthy husbandman of Bethlehem, and grandson of Boaz and Ruth, whose history we have studied. Samuel was not usually either hesitant or timid and his fear on this occasion finds explanation in v. 14. Saul, bereft of the Spirit of God, was given over to the malign power of the evil spirit to which he had surrendered from his madness should he discover that another had been appointed and anointed in his place. A method of concealment was provided, which involved neither falsehood nor duplicity. The alarm of the elders of the city upon the arrival of Samuel suggests that he was accustomed to visit the cities judicially, which would embrace the punishment of wrong-doers. Jesse's family was uppermost in the prophet's mind.

II. Human and Divine choices. The household of Jesse made a goodly showing at the gathering for sacrifice. Himself a chief man of the city, he was surrounded by all his eight stalwart sons, except the youngest, who appears to have been of small consideration in the family and was accordingly engaged in a servant's task of tending the sheep. There is a tendency in even the best men to be carried away by appearances. In succession all the sons present passed before the prohpet with an adverse decision in each case. No member of Jesse's household had thought it worth while to call David to the sacrificial feast or bring him under the notice of the prophet. Upon inquiry, the feast was delayed until his arrival. God will secure the recognition of His own appointees.

III. The anointing of David. The anointing of David was the last public official act of Samuel. It consummated the preceding appointment and settled the individual of Divine selection. There is no record of any utterance of Samuel on that occasion, and it is not necessary to infer that his brethren understood the significance of the ceremony. Some commentators reasonably conclude that the knowledge was imparted to David and his father. The anointing intervened a new epoch into the life of the shepherd boy, and was followed by a second anointing of the Spirit of the Lord. God qualifies those whom He calls. The lowly duties and effectual experiences of his shepherd life tended to develop those traits of keen perception, self-reliance, courage and confidence so essential to his great life task. No experience in the path of duty is lost. "The beloved," for such is the significance of his name, became the new "root" of the princely tribe of Judah, the first true king of Israel and progenitor of the Christ, who as "David's Greater Son," was anointed in his anointing, and of whose government there shall be no end.

W. H. C.


## What Prominent Ontario Women Say

Tillsonburg, Ont.:—"I found Dr. Pierce's Favorite Prescription very beneficial during expectancy. I felt quite poorly, was nauseated and sick, could not eat anything and I was extremely nervous and weak. I took 'Favorite Prescription' and it soon stopped the nausea, my appetite returned, also my strength and I was soon feeling fine and strong. My baby was strong and healthy and has always been so. I consider 'Favorite Prescription' a great help to the expectant mother and am glad to recommend it."—MRS. AMOS MILLS, Box 238.

### A HAMILTON WITNESS

Hamilton, Ont.:—"A few months ago I was stricken down and was confined to bed about ten days. My strength all left me. It was my first illness since a child. I lost five pounds and felt awfully weak afterward. I could hardly do my work. I was advised to try Dr. Pierce's Favorite Prescription in tablet form. I tried a couple of bottles and before I knew it, I was well and strong and had gained 9½ pounds. I can recommend Dr. Pierce's Favorite Prescription to build one up."—MRS. E. MARTIN, 397 Dundurn St.

After suffering pain, feeling nervous, dizzy, weak and dragged down by weaknesses of her sex—with eyes sunken, black circles and pale cheeks—such a woman is quickly restored to health by the Favorite Prescription of Dr. Pierce. Changed, too, in looks, for after taking Dr. Pierce's Favorite Prescription the skin becomes clear, the eyes brighter, the cheeks plump. It is purely vegetable, contains no alcohol.

## A perfect shave in 3 minutes

is AutoStrop Razor service. Stropping and cleaning without taking anything apart, without even removing the blade from the frame is an exclusive AutoStrop feature.

And the quality of the shave is the kind you are craving for!

Your dealer will demonstrate the AutoStrop Razor to you. He will guarantee to refund your money, if the razor does not prove to your entire satisfaction.

**AutoStrop Razor**
*—sharpens itself*

Only $5.00 — complete with strop and twelve blades in an attractive assortment of cases.

AutoStrop Safety Razor Co., Limited
AutoStrop Building, Toronto, Canada

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## GIRLS! WOMEN! DO YOUR LOOKS SATISFY YOU?

Is your color fresh and rosy?
Does the glow of health shine out in your cheeks?
Do your eyes glisten with health, or are they dull, dark circled and tired?
Alas—your bloodless face indicates trouble. Your watery blood menaces your health. What you need is the toning, cleansing assistance of Dr. Hamilton's Pills. They will clean out the overplus of bile that makes your skin so murky—they will put new life into the stomach, brace up digestion and make you eat sufficient food to get a blood supply ahead.
Good blood always means more strength and vigor—that's why Dr. Hamilton's Pills are so successful in building up weak, thin folks.
You'll feel better at once, your looks will improve and that half dead, lazy feeling will depart, because Dr. Hamilton's Pills enliven and fortify every ailing organ in the body.
Ask your friends, your neighbors—most anyone can tell you of the enormous good done by Dr. Hamilton's Pills, but beware of any substitute.


### The Shah Travels.

The Shah of Persia is on his travels. London will se him and keep him, apparently, for some little time. Europe has memories of the peregrinations of other shahs. They are quaint memories, some of them. There was Nasr-ed-Din, in 1872, and there was Ahmed Mirza, many years later. There would have been a visit, in 1894, on the part of Nasr-ed-Din, but for a Brussels journalist. It happened that, on the Shah's traveling programme becoming known, a Brussels daily published an article which seemed to prognosticate a cool welcome in Belgium. The Minister of Justice of the period thought fit to give the article the publicity of judicial proceedings. The writer was summoned before a Brahant tribunal, but he was exonerated. But the verdict had the immediate effect of keeping Nasr-ed-Din at home in Teheran.


Miller's Worm Powders are complete in themselves. They not only drive worms from the system, but repair the damage that worms cause and so invigorate the constitution that it speedily recovers from the disorders of the digestion that are the result of the work of these parasitic intruders. They do their work thoroughly and strength and soundness follow their use.


### KNEW BETTER.

Proprietor—What did you discharge that reporter for?"

Editor—For lying. I sent him up to interview my mother-in-law, and he came back and said she wouldn't talk.


Warts on the hands is a disfigurement that troubles many ladies. Holloway's Corn Cures will remove the blemishes without pain.


## Asparagus

Asparagus should be cut of equal lengths, and boiled, standing ends upward, in a deep saucepan. Nearly two inches of the heads should be out out of the water, the steam sufficing to cook them, as they form the tenderest part of the plant, whilst the hard, stalky part is rendered soft and succulent by the longer boiling which this plan permits. Instead of the orthodox 20 minutes allotted to average asparagus by cooking horizontally, which half cooks the stalks and overcooks the heads, diminishing its flavor and consistence, a period of 30 to 40 minutes on the plan recommended will render fully one-third more of the stalk delicious, whilst the head will be properly cooked by steam alone.

If the tips are to be used, cut the tender ponts to piece one-mourth of an inch long. The harder portions may be used for soups and sauces. Wash carefully, drain, drop into rapidly boiling salted water, and cook ten minutes; drain. If to be served hot, have the sauce in readiness and serve at once. If the asparagus is wanted cold, drain at once and place on ice. Never allow it to stand in the water in which it was cooked, as this will destroy its flavor and color.

ICED TIPS WITH LETTUCE LEAVES

Epicures ask no better salad than these tips iced and served on lettuce leaves with a French dressing. For a luncheon salad mayonnaise may be used, and a pretty effect is obtained by serving the salad in green pepper cases, with a mayonnaise made a dinty pink with the addition of a few spoonfuls of stewed chilled tomato or a cream mayonnaise.

CREAM OF ASPARAGUS.

Cook twelve stalks of asparagus in one quart of water, add two sprays of parsley, three leaves of mint and two small green onions. When the asparagus is tender, rub through a sieve, mashing and rubbing through as much as possible. Return to the fire, add a teaspoon of celery salt, a teaspoon of paprika, one pint of hot milk and a tiny grating of nutmeg. When it comes to a boil draw to back of stove and add the yolks of two eggs beaten with half a cup of cream. Have a tablespoon of finely chopped parsley in the soup tureen, pour over the hot soup, and serve at once. A tablespoon of flour rubbed smooth in a tablespoon of butter may be substituted for the eggs and cream. In this case allow the soup to simmer ten minutes after adding the flour. If a rich creamy combine is wanted, have half a cup of whipped cream in the tureen, pour in the hot soup, give one stir and serve.

ASPARAGUS TIPS IN CROUSTADES

These are nice served with broiled chicken or chops, or as a separate course following the meat. The croustades can be prepared in advance and heated in a quick oven when wanted. Trim slices of bread two inches thick free from crusts. Cut into squares three of four inches in size. With a pointed knife take from the centre as much crumb as possible, leaving a small square box. Fry a golden brown in a kettle of hot fat; drain. Fill centres with asparagus tips in any good sauce, or a well-made cream sauce.

YELLOW BECHAMEL SAUCE.

Mix two tablespoons of flour and two of buttear; cook until it begins to bubble, add gradually half a cup of hot stock and half a cup of milk. When the sauce boils set into a dish of hot water and stir in the beaten yolks of two eggs, half cup of cooked asparagus tips, a teaspoon of salt, a dash of cayenne and a tablespoon of lemon juice. In place of stock, the water in which the asparagus was cooked may be used. This sauce is excellent served with broiled cutlets or with warmed-over meats. In this case add an extra half cup of asparagus tips.


## She Says She Can Now Do Her Work

MRS. M. MAGNANT GIVES THE CREDIT TO DODD'S KIDNEY PILLS.

Her Back Ached and She Was Always Tired, But She States She Found the Relief She Longed For in Dodd's Kidney Pills.

St. Lina, Alta., June 7—(Special).—"Thanks to Dodd's Kidney Pills, I can now do my work." So says Mrs. M. Magnant, a well known and highly respected resident of this place. Mrs. Magnant was a sufferer from that terrible weariness so many women know. "My back ached," she says, "and I felt so tired all the time." But she used Dodd's Kidney Pills. She persevered with them, taking sixteen boxes in all, with the result given in the glad words of the opening paragraph.

Other women in all parts of Canada make the same statement. They were weighed down with weariness, weakness and pain, and found the relief they longed for in Dodd's Kidney Pills. For sick kidneys are the cause of the great majority of the ills from which women suffer. To treat them the kidneys must be strengthened so they will strain all the impurities out of the blood.

Ask your neighbors if Dodd's Kidney Pills do not help sick kidneys.


### Linen Notes.

Handkerchief linen is very popular.
Both for dresses and for lingerie.
Predictions for the future are
That there will be a more plentiful supply of linen in the market.


No Rest With Asthma.—Asthma usually attacks at night, the one time when rest is needed most. Hence the loss of strength, the nervous debility, the loss of fresh and other evils which must be expected unless relief is secured. Fortunately relief is possible. Dr. J. D. Kellogg's Asthma Remedy has proved its merit through years of service. A trial will surely convince you.


## NOURISHING FOOD AND GOOD HOURS

Help You to Resist Disease—Aid These With a Tonic to Keep the Blood Pure.

The power of your body to resist disease and to fight it after disease gets a foothold, is one of the most precious possessions you have. You weaken this power when you let your general health run down, your blood gets thin and your nerves unsteady.

You weaken it when you worry, when you over-work, when you do not get sufficient sleep, and when you are under-nourished, either because you do not eat the right kind of food or because your digestion is out of order.

You preserve your power to resist diseases when you keep good hours and eat proper food at regular intervals. You further increase and strengthen resistance to disease when you build up your blood and nerves by the occasional use of a tonic like Dr. Williams' Pink Pills, which are free from opiates and harmful drugs of any kind. The value of these pills as a health builder is fully shown by the experience of Mrs. E. C. Taylor, Hanover, Ont., who says: "At various times since I was a girl of fifteen I have proved the value of Dr. Williams' Pink Pills, and after taking about a half-dozen boxes I was restored to normal health. Again after my marriage, and before my boy was born, I felt miserable again, took Dr. Williams' Pink Pills. I had not been taking them long before I could tell that they were helping me. Day by day I could feel my strength returning, and was soon enjoying good health once more. In view of my experience I think I can safely say there is nothing in the way of medicine better than Dr. Williams' Pink Pills."

Dr. Williams' Pink Pills are sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

### LEADS DOUBLE LIFE.

Parasite Known as Cedar Apple Does So.

"It may seem strange that a parasite should attack the stems and leaves of the cedars and produce these tumor-like growths, but this is only one-half of the story," says Frank D. Kern, writing of the parasite known as Cedar Apples, in Boys' Life. "The other half is the climax of strangeness. The parasite leads a double life. In its other stage it lives on the apple tree, chiefly affecting the leaves, but sometimes the fruit. Wild crabapples and cultivated apples are both affected. The apple grower speaks of it as orchard rust, and on the apple it produces an entirely different effect. From its appeaarnce one would never suspect its relation to the cedar apple appear on the apple leaves. On the upper side of these spots small dots develop and later become blackish. On the underside of the leaves delicate feathery projections develop. In the fall, winter and spring, the parasite lives on the cedar. It goes back and forth by means of tiny germs known as spores, which are carried by the wind. The history of the parasite suggests that it would find conditions best where cedars and apples grow together, and such is the case. On the apple this season is a serious disease in some localities. The best method of prevention is the destruction of the cedars in the vicinity. It is not likely that the wind will carry the spore for more than a few miles. The State of West Virginia has a law regarding the destruction of cedars near apple orchards. The parasite does not spread from apple to apple nor from cedar to cedar. Some varities of apples resist the attacks better than others. I have seen Stayman Winesaps practically untouched when Grimes Golden, in the same orchard, were badly affected."

### Worth Knowing.

Cakes seem baund to stick to some pans; if you grease the pans thoroughly, then dust them lightly with flour, the difficulty will be overcome. If you do not feel quite sure of success, stand the pans on a cold, wet cloth for five minutes before trying to remove the cake.

Sour milk, soda and cream of tartar are allowable in any cake, where sweet milk and baking powder are called for. The rule is, half a teaspoonful of bicarbonate and one teaspoonful of cream of tartar to each half-pint cupful of sour milk, and if a fluffy extra light cake is desired, put half a teaspoonful of baking powder to each cupful of flour also.


The Oil of Power.—It is not claimed for Dr. Thomas' Eclectric Oil that it will cure every ill, but its uses are so various that it may be looked upon as a general pain killer. It has achieved that greatness for itself and all attempts to surpass it have failed. Its excellence is known to all who have tested its virtues and learnt by experience.


### A DOUBLE SURPRISE.

The young man with the uncut hair and hungry look had submitted a poem for editorial consideration.

"Well," said the man behind the blue pencil, after a hurried glance at it, "how does thirty shillings strike you?"

"Why—er—really," stammered the rhymster, "that is more than I—er—"

"Well, that's the best I can do," interrupted the busy editor. "I couldn't think of printing a poem like htat for less!"

### REASON ENOUGH.

"Why did you strike the telegraph operator?" asked the magistrate of the man who was summoned for assault.

"Well, sir, I gives him a telegram to send to my gal, an' he starts readin' it. So, of course, I ups and gives him one."


A safe and sure medicine for a child troubled with worms is Mother Graves' Worm Exterminator.


## MARKET REPORTS

## TORONTO MARKETS

FARMERS MARKET.

| | | |
|---|---|---|
| **Dairy Produce—** | | |
| Butter, choice dairy | $ 0 55 | 0 60 |
| Do., creamery | 0 65 | 0 70 |
| Margarine, lb. | 0 37 | 0 40 |
| Eggs, new laid, doz. | 0 55 | 0 60 |
| Cheese, lb. | 0 35 | 0 40 |
| **Dressed Poultry—** | | |
| Fowl, lb. | 0 40 | 0 45 |
| Chickens, roasting | 0 45 | 0 50 |
| Turkeys, lb. | 0 55 | 0 60 |
| **Live Poultry—** | | |
| Chickens, lb. | 0 35 | 0 40 |
| Roosters, lb. | 0 30 | 0 35 |
| Fowl, lb. | 0 38 | 0 45 |
| **Fruits—** | | |
| Apples, doz. | 0 40 | 0 50 |
| Rhubarb, bunch | 0 50 | |
| Strawberries, box | 0 45 | 0 50 |
| **Vegetables—** | | |
| Asparagus, 3 bunches | 0 25 | |
| Beets, new, 2 bunches | 0 25 | |
| Carrots, new, 2 bunches | 0 25 | |
| Cabbage, each | 0 15 | 0 40 |
| Cucumbers | 0 10 | 0 25 |
| Horseradish, bunch | 0 15 | |
| Lettuce, leaf, 6 for | 0 25 | |
| Lettuce, head, each | 0 20 | 0 30 |
| Onions, Bermudas, m'sure | 0 10 | |
| Do., green, bch. | 0 05 | 0 10 |
| Potatoes, bag | 7 50 | 7 75 |
| Do., peck | 1 35 | |
| Parsley, bunch | 0 10 | |
| Parsnips, bag | 2 50 | 3 00 |
| Radishes, bunch | 0 05 | |
| Spinach, peck | 0 50 | |
| Turnips, bag | 2 00 | |
| **MEATS WHOLESALE.** | | |
| Beef, forequarters, cwt. | 17 00 | 20 00 |
| Do., do., medium | 14 50 | 16 50 |
| Do., hindquarters | 28 00 | 31 00 |
| Do., do., medium | 20 00 | 25 00 |
| Carcasses, choice, cwt. | 22 00 | 24 00 |
| Do., medium | 18 00 | 21 00 |
| Do., common | 14 00 | 17 00 |
| Veal, common, cwt. | 14 00 | 16 00 |
| Do., medium | 16 00 | 18 00 |
| Do., prime | 21 00 | 23 00 |
| Heavy hogs, cwt. | 20 00 | 23 00 |
| Shop hogs, cwt. | 25 50 | 27 50 |
| Abattoir hogs, cwt. | 25 50 | 27 50 |
| Mutton, cwt. | 15 00 | 20 00 |
| Lamb, Spring, each | 25 00 | 30 00 |
| Lamb, yearling, cwt. | 13 00 | 17 00 |

SUGAR WHOLESALE.

The wholesale quotations to the retail trade on Canadian refined sugar, Toronto delivery, are now as follows:—

| | | |
|---|---|---|
| Atlantic granulated | 100-lb. bags | $19.21 |
| do No. 1 yellow | " | 18.81 |
| do No. 2 yellow | " | 18.71 |
| do No. 3 yellow | " | 18.61 |
| Redpath granulated | " | 18.71 |
| do No. 1 yellow | " | 18.31 |
| do No. 2 yellow | " | 18.21 |
| do No. 3 yellow | " | 18.01 |
| do No. 4 yellow | " | 17.91 |
| St. Lawrence gran. | " | 19 21 |
| do No. 1 yellow | " | 18.81 |
| do No. 2 yellow | " | 18.71 |
| do No. 3 yellow | " | 18.61 |
| Acadia granulated | " | 19.21 |
| do No. 1 yellow | " | 18.81 |
| do No. 2 yellow | " | 18.71 |
| do No. 3 yellow | " | 18.61 |

## OTHER MARKETS.

WINNIPEG EXCHANGE.

Fluctuations on the Winnipeg Grain Exchange were as follows:—

| | Open. | High. | Low. | Close. |
|---|---|---|---|---|
| Oats— | | | | |
| May | x1 15 | 1 17 | 1 14⅝ | 1 16⅝ |
| Oct. | 0 89⅛ | 0 90⅝ | 0 89⅛ | 0 90⅛ |
| Barley— | | | | |
| July | 1 64⅜ | 1 66⅜ | 1 64⅜ | 1 66⅜ |
| Oct. | 1 44 | 1 45 | 1 44 | 1 45 |
| Flax— | | | | |
| July | 4 55 | 4 56 | 4 50 | 4 50 |
| Oct. | 4 31 | 4 32 | 4 31 | 4 32 |

x—To 1.14⅝ sold.

MINNEAPOLIS.

Minneapolis—Flour unchanged; shipments, 57,132 barrels. Bran, 5,300. Wheat—No. 1 Northern, $2.95 to $3.10. Corn—No. 3 yellow, $1.79 to $1.80. Oats—No. 3 white, $1.02⅞ to $1.04⅞. Flax—No 1, $4.04 to $4.09.

### CIRCLING WHEN LOST.

"The tendency of the person who has entirely lost his sense of direction to circle is well known and has been repeatedly proved by experiment," says George Gladden, in Boys' Life. "The most plausible reason for this circling is that it is due to the unequal strength of the two sides of the body. That is, if the right side be stronger than the left—which usually is the case—longer strikes will normally be taken with the right leg than with the left, and this will cause circling to the right. The circling seems always to occur when one becomes hopelessly lost and is likely to continue until the victim drops from sheer exhaustion. One instance on record is that of a lost man who, after walking steadily for six days and nights, finally stumbled into a camp only about six miles from his starting point. Five miles brought him out of the woods and incidentally would have saved him from the loss of his feet, both of which were so badly frozen that their amputation was necessary.

"Travelling by landmark or by compass, are the only sure ways to avoid circling. Landmarks should be observed carefully and frequently, for as one proceeds they are likely to change their appearance, sometimes very considerably. The importance of the compass to the lost man is, of course, very great, provided he uses it intelligently. And part of that intelligence will be shown by absolute confidence in the instrument for the present purposes. Magnetic variation that is, the difference between the magnetic north, as shown by the compass, and true north may be disregarded for ordinary path-finding in the woods, as the deflection is not sufficient to throw the traveller seriously off his desired course. But beware of local attraction, such as would be established, if the compass were held near any iron or steel object, like an axe or a knife or a belt buckle. To make sure that the needle is not being affected in this way put the compass on the ground and note whether the needle keeps its position in both places. Very rarely a compass will be affected by a mass of iron ore beneath the surface of the ground."


A Cure for Rheumatism.—A painful and persistent form of rheumatism is caused by impurities in the blood, the result of defective action of the liver and kidneys. The blood becomes tainted by the introduction of uric acid, which causes much pain in the tissues and in the joints. Parmelee's Vegetable Pills are known to have effected many remarkable cures, and their use is strongly recommended. A trial of them will convince anyone of their value.